

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 25 Messieurs, 400m 4 nages Cat. générale  
2026-03-15 - 17:13 Liste résultats Finales

Canadian Senior Records	4:11.41	JOHNS, Brian	UBCDS	Beijing (CHN)	2008-08-09
Canadian Age Group Records 15 - 17	4:12.81	WIGGINTON, Lorne	UCSC	Netanya (ISR)	2023-09-08
Canadian Age Group Records 13 - 14	4:31.72	KIM, Laon	HYACK	Toronto	2023-04-01
Canadian Age Group Records 11 - 12	4:57.84	WALKER, Connor	MAC	Etobicoke	2013-04-26
Quebec Provincial Senior Records	4:18.29	BROWN, Eric	PCSC	Toronto	2024-05-14
Quebec Provincial Age Group Records 17	4:26.67	RUSU, Eduard-Daniel	CAMO	Toronto	2024-07-27
Quebec Provincial Age Group Records 16	4:30.31	BROWN, Eric	PCSC	Toronto	2019-04-04
Quebec Provincial Age Group Records 15	4:36.05	BROWN, Eric	PCSC	Winnipeg	2018-07-26
Quebec Provincial Age Group Records 14	4:43.31	LÉTOURNEAU, Dany	CNCB	???	1990-07-01
Quebec Provincial Age Group Records 13	4:52.64	CHEUNG, Adrian	PCSC	Pointe-Claire	2023-12-08
Quebec Provincial Age Group Records - 125:06.71		BUSTAMANTE, Kevin	CAMO	Montreal	2007-07-22

Essais canadiens - 17: 4:44.47; 18 +: 4:36.96 / Omnium canadien : 4:41.82

Points: AQUA 2025

Rang	Age	Temps	Pts
<b>Finale A</b>			
1. RUSU, Eduard-Daniel	19	Club aquatique Montréal	<b>4:31.91</b> 709
<i>TQ Essai, TQ Omnium</i>			
50m: 28.23 28.23	150m: 1:37.16 36.86	250m: 2:51.57 39.45	350m: 4:03.11 32.15
100m: 1:00.30 32.07	200m: 2:12.12 34.96	300m: 3:30.96 39.39	400m: 4:31.91 28.80
2. QUEVEDO, Zergio	20	Elite	<b>4:32.12</b> 707
<i>TQ Essai, TQ Omnium</i>			
50m: 27.83 27.83	150m: 1:36.16 37.03	250m: 2:51.63 40.10	350m: 4:03.10 31.93
100m: 59.13 31.30	200m: 2:11.53 35.37	300m: 3:31.17 39.54	400m: 4:32.12 29.02
3. CASTONGUAY, Clovis	18	Elite	<b>4:39.55</b> 652
<i>TQ Omnium</i>			
50m: 29.68 29.68	150m: 1:40.56 37.01	250m: 2:55.84 39.34	350m: 4:07.56 32.32
100m: 1:03.55 33.87	200m: 2:16.50 35.94	300m: 3:35.24 39.40	400m: 4:39.55 31.99
4. VENDITTI, Marcus	16	Pointe-Claire Swim Club	<b>4:43.31</b> 627
<i>TQ Essai</i>			
50m: 29.43 29.43	150m: 1:39.41 36.03	250m: 2:56.43 41.41	350m: 4:12.40 32.35
100m: 1:03.38 33.95	200m: 2:15.02 35.61	300m: 3:40.05 43.62	400m: 4:43.31 30.91
5. MOSKUN, Nikolas	14	Pointe-Claire Swim Club	<b>4:43.33</b> 626
<i>TQ Essai</i>			
50m: 29.59 29.59	150m: 1:40.46 36.43	250m: 2:58.17 42.08	350m: 4:12.88 31.87
100m: 1:04.03 34.44	200m: 2:16.09 35.63	300m: 3:41.01 42.84	400m: 4:43.33 30.45
6. PLAMONDON, Léo	20	Université de Montréal	<b>4:43.85</b> 623
50m: 29.39 29.39	150m: 1:40.20 37.26	250m: 2:57.91 42.03	350m: 4:12.73 33.68
100m: 1:02.94 33.55	200m: 2:15.88 35.68	300m: 3:39.05 41.14	400m: 4:43.85 31.12
7. MENARD, Thomas	15	LMRL Rivière-du-Loup	<b>4:44.53</b> 619
50m: 30.29 30.29	150m: 1:43.70 38.64	250m: 2:59.52 38.61	350m: 4:12.49 33.42
100m: 1:05.06 34.77	200m: 2:20.91 37.21	300m: 3:39.07 39.55	400m: 4:44.53 32.04
8. GOULET, Sedrik	17	Neptune Natation	<b>4:46.39</b> 607
50m: 29.50 29.50	150m: 1:41.72 38.69	250m: 3:00.70 42.38	350m: 4:16.16 32.71
100m: 1:03.03 33.53	200m: 2:18.32 36.60	300m: 3:43.45 42.75	400m: 4:46.39 30.23
9. BERTRAND, Charles	21	Université de Montréal	<b>4:48.71</b> 592
50m: 29.45 29.45	150m: 1:41.35 38.09	250m: 2:59.28 41.18	350m: 4:15.42 34.84
100m: 1:03.26 33.81	200m: 2:18.10 36.75	300m: 3:40.58 41.30	400m: 4:48.71 33.29
10. COOK, Ronan	15	C.N. Dollard-des-Ormeaux	<b>4:51.71</b> 574
50m: 29.87 29.87	150m: 1:44.08 39.55	250m: 3:03.31 38.96	350m: 4:18.08 33.95
100m: 1:04.53 34.66	200m: 2:24.35 40.27	300m: 3:44.13 40.82	400m: 4:51.71 33.63

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Epreuve 25, Messieurs, 400m 4 nages, Finale, Cat. générale

Rang			Age							Temps	Pts	
<b>Finale B</b>												
11.	BIROLLEAU-SGARD, Charly		16	Natation Gatineau						<b>4:46.90</b>	603	
	50m:	29.25	29.25	150m:	1:41.78	38.07	250m:	2:59.57	40.72	350m:	4:16.47	34.07
	100m:	1:03.71	34.46	200m:	2:18.85	37.07	300m:	3:42.40	42.83	400m:	4:46.90	30.43
12.	COOPER, William		15	C.N. Dollard-des-Ormeaux						<b>4:47.15</b>	602	
	50m:	30.91	30.91	150m:	1:42.94	37.79	250m:	3:02.20	42.88	350m:	4:16.80	32.38
	100m:	1:05.15	34.24	200m:	2:19.32	36.38	300m:	3:44.42	42.22	400m:	4:47.15	30.35
13.	MECTEAU, Zachary		17	Club de Natation des Riverains						<b>4:47.41</b>	600	
	50m:	28.76	28.76	150m:	1:40.89	39.14	250m:	3:01.33	42.86	350m:	4:16.24	33.17
	100m:	1:01.75	32.99	200m:	2:18.47	37.58	300m:	3:43.07	41.74	400m:	4:47.41	31.17
14.	LI YING PIN, Aidan		16	Club de Natation SAMAK						<b>4:49.38</b>	588	
	50m:	30.06	30.06	150m:	1:46.11	41.15	250m:	3:04.13	38.97	350m:	4:17.37	35.23
	100m:	1:04.96	34.90	200m:	2:25.16	39.05	300m:	3:42.14	38.01	400m:	4:49.38	32.01
15.	HANS, Charles		16	Groupe aquatique Mille-Îles No						<b>4:50.94</b>	579	
	50m:	29.56	29.56	150m:	1:42.56	38.75	250m:	3:02.97	42.30	350m:	4:18.73	34.39
	100m:	1:03.81	34.25	200m:	2:20.67	38.11	300m:	3:44.34	41.37	400m:	4:50.94	32.21
16.	QIAN, Hui En		16	C.N. Dollard-des-Ormeaux						<b>4:52.00</b>	572	
	50m:	30.09	30.09	150m:	1:43.88	37.78	250m:	3:02.57	41.37	350m:	4:19.35	32.75
	100m:	1:06.10	36.01	200m:	2:21.20	37.32	300m:	3:46.60	44.03	400m:	4:52.00	32.65
17.	DUMAIS, Darius		16	Neptune Natation						<b>4:52.31</b>	570	
	50m:	29.98	29.98	150m:	1:44.85	39.78	250m:	3:04.38	41.50	350m:	4:20.32	34.10
	100m:	1:05.07	35.09	200m:	2:22.88	38.03	300m:	3:46.22	41.84	400m:	4:52.31	31.99
18.	GAUVIN, Max		14	BLAST Swim Club						<b>4:53.11</b>	566	
	50m:	29.87	29.87	150m:	1:45.99	40.70	250m:	3:06.95	42.55	350m:	4:22.81	32.63
	100m:	1:05.29	35.42	200m:	2:24.40	38.41	300m:	3:50.18	43.23	400m:	4:53.11	30.30
19.	ABERGEL, Julien		17	Pointe-Claire Swim Club						<b>4:53.96</b>	561	
	50m:	29.76	29.76	150m:	1:44.67	40.10	250m:	3:05.28	41.47	350m:	4:20.51	33.70
	100m:	1:04.57	34.81	200m:	2:23.81	39.14	300m:	3:46.81	41.53	400m:	4:53.96	33.45
20.	GOYETTE, Antoine		17	Natation Gatineau						<b>4:53.97</b>	561	
	50m:	29.59	29.59	150m:	1:41.94	37.90	250m:	3:02.11	42.27	350m:	4:19.74	34.02
	100m:	1:04.04	34.45	200m:	2:19.84	37.90	300m:	3:45.72	43.61	400m:	4:53.97	34.23
<b>Finale C</b>												
21.	LEBEL, Théo		15	Neptune Natation						<b>4:42.64</b>	631	
	<i>TQ Essai</i>											
	50m:	29.61	29.61	150m:	1:41.22	36.81	250m:	2:57.68	40.24	350m:	4:10.14	32.65
	100m:	1:04.41	34.80	200m:	2:17.44	36.22	300m:	3:37.49	39.81	400m:	4:42.64	32.50
22.	PURDY, Nicholas		19	Natation Gatineau						<b>4:48.46</b>	594	
	50m:	30.56	30.56	150m:	1:46.11	40.75	250m:	3:04.67	40.55	350m:	4:18.33	33.29
	100m:	1:05.36	34.80	200m:	2:24.12	38.01	300m:	3:45.04	40.37	400m:	4:48.46	30.13
23.	PARENT, Nicolas		18	Groupe aquatique Mille-Îles No						<b>4:49.00</b>	590	
	50m:	30.65	30.65	150m:	1:45.02	39.81	250m:	3:03.34	40.48	350m:	4:17.87	33.99
	100m:	1:05.21	34.56	200m:	2:22.86	37.84	300m:	3:43.88	40.54	400m:	4:49.00	31.13
24.	BOULAY, Noah		18	Club Natation Mustang Boucherv						<b>4:51.61</b>	575	
	50m:	31.56	31.56	150m:	1:46.72	38.93	250m:	3:05.22	40.55	350m:	4:19.37	33.29
	100m:	1:07.79	36.23	200m:	2:24.67	37.95	300m:	3:46.08	40.86	400m:	4:51.61	32.24
25.	TROTIER, Louis		19	C.N. Dollard-des-Ormeaux						<b>4:52.31</b>	570	
	50m:	31.65	31.65	150m:	1:45.17	37.36	250m:	3:04.64	43.16	350m:	4:21.23	33.17
	100m:	1:07.81	36.16	200m:	2:21.48	36.31	300m:	3:48.06	43.42	400m:	4:52.31	31.08

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Rang				Age					Temps	Pts		
26.	LI, Matthew			15	Pointe-Claire Swim Club				<b>4:56.64</b>	546		
	50m:	30.08	30.08	150m:	1:44.69	39.63	250m:	3:05.75	43.29	350m:	4:23.21	35.12
	100m:	1:05.06	34.98	200m:	2:22.46	37.77	300m:	3:48.09	42.34	400m:	4:56.64	33.43
27.	LAPLANTE, Félix-Antoine			21	Club de Natation des Riverains				<b>4:57.69</b>	540		
	50m:	29.61	29.61	150m:	1:44.28	39.65	250m:	3:06.38	42.79	350m:	4:24.15	34.83
	100m:	1:04.63	35.02	200m:	2:23.59	39.31	300m:	3:49.32	42.94	400m:	4:57.69	33.54
28.	COULTER, Dylan			15	C.N. Dollard-des-Ormeaux				<b>4:58.87</b>	534		
	50m:	30.39	30.39	150m:	1:47.82	40.06	250m:	3:07.93	41.73	350m:	4:25.88	34.61
	100m:	1:07.76	37.37	200m:	2:26.20	38.38	300m:	3:51.27	43.34	400m:	4:58.87	32.99
29.	BÉLANGER, Félix-Antoine			19	Club de Natation des Riverains				<b>5:04.24</b>	506		
	50m:	30.39	30.39	150m:	1:45.45	39.56	250m:	3:08.85	43.41	350m:	4:29.26	35.05
	100m:	1:05.89	35.50	200m:	2:25.44	39.99	300m:	3:54.21	45.36	400m:	5:04.24	34.98
30.	BÉLANGER, Eliot			17	Club de Natation des Riverains				<b>5:05.00</b>	502		
	50m:	30.67	30.67	150m:	1:49.42	41.39	250m:	3:13.04	42.85	350m:	4:33.02	33.87
	100m:	1:08.03	37.36	200m:	2:30.19	40.77	300m:	3:59.15	46.11	400m:	5:05.00	31.98