

Coupe du Québec #2
Montréal, 12 au 15 mars 2026

Epreuve 25 Messieurs, 400m 4 nages Cat. générale
2026-03-15 - 8:30 Liste résultats Eliminatoires

Canadian Senior Records	4:11.41	JOHNS, Brian	UBCDS	Beijing (CHN)	2008-08-09
Canadian Age Group Records 15 - 17	4:12.81	WIGGINTON, Lorne	UCSC	Netanya (ISR)	2023-09-08
Canadian Age Group Records 13 - 14	4:31.72	KIM, Laon	HYACK	Toronto	2023-04-01
Canadian Age Group Records 11 - 12	4:57.84	WALKER, Connor	MAC	Etobicoke	2013-04-26
Quebec Provincial Senior Records	4:18.29	BROWN, Eric	PCSC	Toronto	2024-05-14
Quebec Provincial Age Group Records 17	4:26.67	RUSU, Eduard-Daniel	CAMO	Toronto	2024-07-27
Quebec Provincial Age Group Records 16	4:30.31	BROWN, Eric	PCSC	Toronto	2019-04-04
Quebec Provincial Age Group Records 15	4:36.05	BROWN, Eric	PCSC	Winnipeg	2018-07-26
Quebec Provincial Age Group Records 14	4:43.31	LÉTOURNEAU, Dany	CNCB	???	1990-07-01
Quebec Provincial Age Group Records 13	4:52.64	CHEUNG, Adrian	PCSC	Pointe-Claire	2023-12-08
Quebec Provincial Age Group Records - 125:06.71		BUSTAMANTE, Kevin	CAMO	Montreal	2007-07-22

Essais canadiens - 17: 4:44.47; 18+: 4:36.96 / Omnium canadien : 4:41.82

Points: AQUA 2025

Rang	Age	Temps	Pts
1. RUSU, Eduard-Daniel <i>TQ Omnium</i>	19 Club aquatique Montréal	4:39.05	656 A
50m: 28.98 28.98 150m: 1:39.52 37.63 250m: 2:55.54 40.68 350m: 4:08.56 32.73	100m: 1:01.89 32.91 200m: 2:14.86 35.34 300m: 3:35.83 40.29 400m: 4:39.05 30.49		
2. QUEVEDO, Zergio	20 Elite	4:42.54	632 A
50m: 28.56 28.56 150m: 1:40.00 38.38 250m: 2:58.61 42.49 350m: 4:11.83 32.82	100m: 1:01.62 33.06 200m: 2:16.12 36.12 300m: 3:39.01 40.40 400m: 4:42.54 30.71		
3. CASTONGUAY, Clovis	18 Elite	4:42.99	629 A
50m: 30.08 30.08 150m: 1:42.23 37.81 250m: 2:58.01 39.57 350m: 4:11.11 33.31	100m: 1:04.42 34.34 200m: 2:18.44 36.21 300m: 3:37.80 39.79 400m: 4:42.99 31.88		
4. BERTRAND, Charles	21 Université de Montréal	4:46.69	605 A
50m: 30.37 30.37 150m: 1:42.44 36.59 250m: 3:00.29 40.51 350m: 4:14.13 33.06	100m: 1:05.85 35.48 200m: 2:19.78 37.34 300m: 3:41.07 40.78 400m: 4:46.69 32.56		
5. MENARD, Thomas	15 LMRL Rivière-du-Loup	4:46.99	603 A
50m: 31.15 31.15 150m: 1:44.88 39.05 250m: 3:00.58 39.81 350m: 4:14.37 34.99	100m: 1:05.83 34.68 200m: 2:20.77 35.89 300m: 3:39.38 38.80 400m: 4:46.99 32.62		
6. PLAMONDON, Léo	20 Université de Montréal	4:47.83	598 A
50m: 29.29 29.29 150m: 1:40.65 37.57 250m: 2:59.67 41.77 350m: 4:15.38 34.11	100m: 1:03.08 33.79 200m: 2:17.90 37.25 300m: 3:41.27 41.60 400m: 4:47.83 32.45		
7. VENDITTI, Marcus	16 Pointe-Claire Swim Club	4:48.23	595 A
50m: 29.08 29.08 150m: 1:39.65 37.05 250m: 2:59.40 43.16 350m: 4:16.59 33.13	100m: 1:02.60 33.52 200m: 2:16.24 36.59 300m: 3:43.46 44.06 400m: 4:48.23 31.64		
8. GOULET, Sedrik	17 Neptune Natation	4:49.54	587 A
50m: 29.83 29.83 150m: 1:43.92 39.76 250m: 3:03.95 43.05 350m: 4:18.97 32.72	100m: 1:04.16 34.33 200m: 2:20.90 36.98 300m: 3:46.25 42.30 400m: 4:49.54 30.57		
9. MOSKUN, Nikolas	14 Pointe-Claire Swim Club	4:49.89	585 A
50m: 30.21 30.21 150m: 1:43.37 38.21 250m: 3:02.66 43.19 350m: 4:18.79 32.87	100m: 1:05.16 34.95 200m: 2:19.47 36.10 300m: 3:45.92 43.26 400m: 4:49.89 31.10		
10. COOK, Ronan	15 C.N. Dollard-des-Ormeaux	4:50.08	584 A
50m: 30.43 30.43 150m: 1:44.53 39.72 250m: 3:02.46 38.50 350m: 4:16.72 34.26	100m: 1:04.81 34.38 200m: 2:23.96 39.43 300m: 3:42.46 40.00 400m: 4:50.08 33.36		
11. LORTIE, Justin	18 Club de natation région de Qué	4:50.26	583 B
50m: 28.37 28.37 150m: 1:38.81 37.23 250m: 2:57.93 43.74 350m: 4:16.78 35.67	100m: 1:01.58 33.21 200m: 2:14.19 35.38 300m: 3:41.11 43.18 400m: 4:50.26 33.48		
12. PARENT, Nicolas	18 Groupe aquatique Mille-Îles No	4:51.52	575 B
50m: 30.64 30.64 150m: 1:44.69 39.01 250m: 3:03.42 41.53 350m: 4:19.38 34.54	100m: 1:05.68 35.04 200m: 2:21.89 37.20 300m: 3:44.84 41.42 400m: 4:51.52 32.14		

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Rang					Age					Temps	Pts	
13.	LI YING PIN, Aidan				16	Club de Natation SAMAK				4:52.34	570	B
	50m:	29.98	29.98	150m:	1:47.19	41.36	250m:	3:04.39	38.04	350m:	4:18.92	34.72
	100m:	1:05.83	35.85	200m:	2:26.35	39.16	300m:	3:44.20	39.81	400m:	4:52.34	33.42
14.	COOPER, William				15	C.N. Dollard-des-Ormeaux				4:52.50	569	B
	50m:	31.19	31.19	150m:	1:42.96	36.85	250m:	3:03.52	45.21	350m:	4:21.25	33.92
	100m:	1:06.11	34.92	200m:	2:18.31	35.35	300m:	3:47.33	43.81	400m:	4:52.50	31.25
15.	HANS, Charles				16	Groupe aquatique Mille-Îles No				4:53.63	563	B
	50m:	29.62	29.62	150m:	1:43.25	39.39	250m:	3:02.81	41.37	350m:	4:20.40	34.90
	100m:	1:03.86	34.24	200m:	2:21.44	38.19	300m:	3:45.50	42.69	400m:	4:53.63	33.23
16.	PURDY, Nicholas				19	Natation Gatineau				4:53.80	562	B
	50m:	30.34	30.34	150m:	1:45.06	39.40	250m:	3:04.95	40.76	350m:	4:21.10	34.32
	100m:	1:05.66	35.32	200m:	2:24.19	39.13	300m:	3:46.78	41.83	400m:	4:53.80	32.70
17.	MECTEAU, Zachary				17	Club de Natation des Riverains				4:54.09	560	B
	50m:	29.19	29.19	150m:	1:41.78	39.53	250m:	3:03.35	43.44	350m:	4:20.89	34.88
	100m:	1:02.25	33.06	200m:	2:19.91	38.13	300m:	3:46.01	42.66	400m:	4:54.09	33.20
18.	BOULAY, Noah				18	Club Natation Mustang Boucherv				4:54.47	558	B
	50m:	31.64	31.64	150m:	1:47.16	39.48	250m:	3:06.54	40.76	350m:	4:21.77	33.76
	100m:	1:07.68	36.04	200m:	2:25.78	38.62	300m:	3:48.01	41.47	400m:	4:54.47	32.70
19.	ABERGEL, Julien				17	Pointe-Claire Swim Club				4:55.59	552	B
	50m:	29.80	29.80	150m:			250m:	3:04.47	41.06	350m:	4:21.74	35.58
	100m:	1:04.45	34.65	200m:	2:23.41		300m:	3:46.16	41.69	400m:	4:55.59	33.85
20.	DUMAIS, Darius				16	Neptune Natation				4:56.67	546	B
	50m:	31.24	31.24	150m:	1:47.09	40.56	250m:	3:07.47	42.60	350m:	4:24.10	35.30
	100m:	1:06.53	35.29	200m:	2:24.87	37.78	300m:	3:48.80	41.33	400m:	4:56.67	32.57
21.	BIROLLEAU-SGARD, Charly				16	Natation Gatineau				4:57.82	539	C
	50m:	30.71	30.71	150m:	1:43.73	38.70	250m:	3:03.97	42.55	350m:	4:22.97	35.19
	100m:	1:05.03	34.32	200m:	2:21.42	37.69	300m:	3:47.78	43.81	400m:	4:57.82	34.85
22.	TROTIER, Louis				19	C.N. Dollard-des-Ormeaux				4:57.96	539	C
	50m:	31.87	31.87	150m:	1:47.22	37.36	250m:	3:08.84	43.36	350m:	4:25.98	32.60
	100m:	1:09.86	37.99	200m:	2:25.48	38.26	300m:	3:53.38	44.54	400m:	4:57.96	31.98
23.	GAUVIN, Max				14	BLAST Swim Club				4:58.54	535	C
	50m:	29.89	29.89	150m:	1:46.43	40.80	250m:	3:07.47	43.21	350m:	4:27.32	34.59
	100m:	1:05.63	35.74	200m:	2:24.26	37.83	300m:	3:52.73	45.26	400m:	4:58.54	31.22
24.	QIAN, Hui En				16	C.N. Dollard-des-Ormeaux				4:58.58	535	C
	50m:	30.79	30.79	150m:	1:46.50	38.98	250m:	3:06.71	42.20	350m:	4:24.88	33.59
	100m:	1:07.52	36.73	200m:	2:24.51	38.01	300m:	3:51.29	44.58	400m:	4:58.58	33.70
25.	GOYETTE, Antoine				17	Natation Gatineau				4:58.80	534	C
	50m:	29.93	29.93	150m:	1:43.91	38.75	250m:	3:05.49	43.13	350m:	4:24.14	34.99
	100m:	1:05.16	35.23	200m:	2:22.36	38.45	300m:	3:49.15	43.66	400m:	4:58.80	34.66
26.	BERNIER, Marc-Antoine				20	C. A. Régional De L'Abitibi-Te				4:59.52	530	C
	50m:	31.31	31.31	150m:	1:47.54	39.99	250m:	3:07.98		350m:	4:26.98	35.66
	100m:	1:07.55	36.24	200m:			300m:	3:51.32	43.34	400m:	4:59.52	32.54
27.	LI, Matthew				15	Pointe-Claire Swim Club				4:59.56	530	C
	50m:	30.30	30.30	150m:	1:45.13	40.71	250m:	3:07.06	43.83	350m:	4:25.19	35.92
	100m:	1:04.42	34.12	200m:	2:23.23	38.10	300m:	3:49.27	42.21	400m:	4:59.56	34.37
28.	VLAKOS, Emmanuel				17	Club aquatique Montréal				5:00.14	527	C
	50m:	29.89	29.89	150m:	1:44.40	39.59	250m:	3:06.32	42.79	350m:	4:25.63	35.04
	100m:	1:04.81	34.92	200m:	2:23.53	39.13	300m:	3:50.59	44.27	400m:	5:00.14	34.51

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Rang				Age					Temps	Pts		
29.	LAPLANTE, Félix-Antoine			21	Club de Natation des Riverains				5:00.79	524	C	
	50m:	28.86	28.86	150m:	1:43.51	40.32	250m:	3:05.23	42.33	350m:	4:26.13	36.44
	100m:	1:03.19	34.33	200m:	2:22.90	39.39	300m:	3:49.69	44.46	400m:	5:00.79	34.66
30.	LEBEL, Théo			15	Neptune Natation				5:00.86	523	C	
	50m:	31.15	31.15	150m:	1:46.74	40.25	250m:	3:08.69	44.49	350m:	4:27.08	35.78
	100m:	1:06.49	35.34	200m:	2:24.20	37.46	300m:	3:51.30	42.61	400m:	5:00.86	33.78
31.	HADDALLAH, Mohamed Malik			19	Club de Natation SAMAK				5:01.13	522	R	
	50m:	30.35	30.35	150m:	1:44.58	39.87	250m:	3:09.10	45.65	350m:	4:28.85	34.44
	100m:	1:04.71	34.36	200m:	2:23.45	38.87	300m:	3:54.41	45.31	400m:	5:01.13	32.28
32.	COULTER, Dylan			15	C.N. Dollard-des-Ormeaux				5:03.77	508	R	
	50m:	30.70	30.70	150m:	1:48.33	40.23	250m:	3:10.89	42.66	350m:	4:29.87	35.75
	100m:	1:08.10	37.40	200m:	2:28.23	39.90	300m:	3:54.12	43.23	400m:	5:03.77	33.90
33.	BÉLANGER, Eliot			17	Club de Natation des Riverains				5:03.96	507		
	50m:	31.36	31.36	150m:	1:50.26	42.74	250m:	3:14.04	43.59	350m:	4:32.19	34.52
	100m:	1:07.52	36.16	200m:	2:30.45	40.19	300m:	3:57.67	43.63	400m:	5:03.96	31.77
34.	BÉLANGER, Félix-Antoine			19	Club de Natation des Riverains				5:04.07	507		
	50m:	31.24	31.24	150m:	1:45.89	40.19	250m:	3:09.64	44.85	350m:	4:29.97	35.68
	100m:	1:05.70	34.46	200m:	2:24.79	38.90	300m:	3:54.29	44.65	400m:	5:04.07	34.10
35.	LEVAC, Philippe			19	Club De Natation Sherbrooke				5:04.11	507		
	50m:	30.09	30.09	150m:	1:47.94	42.28	250m:	3:11.00	43.03	350m:	4:31.47	36.33
	100m:	1:05.66	35.57	200m:	2:27.97	40.03	300m:	3:55.14	44.14	400m:	5:04.11	32.64
36.	SIMARD, Colin			19	Mtl Nord Natation				5:05.96	497		
	50m:	29.57	29.57	150m:	1:44.42	41.21	250m:	3:06.41	42.15	350m:	4:28.87	39.22
	100m:	1:03.21	33.64	200m:	2:24.26	39.84	300m:	3:49.65	43.24	400m:	5:05.96	37.09
37.	DZHAMAIEV, Timur			19	Dorval Swim Club				5:09.10	482		
	50m:	31.85	31.85	150m:	1:51.86	40.84	250m:	3:15.60	44.73	350m:	4:35.69	35.03
	100m:	1:11.02	39.17	200m:	2:30.87	39.01	300m:	4:00.66	45.06	400m:	5:09.10	33.41
38.	BUGLI, William C			16	Phoenix Swimming				5:09.72	479		
	50m:	31.24	31.24	150m:	1:46.58	39.84	250m:	3:12.65	48.97	350m:	4:36.14	35.81
	100m:	1:06.74	35.50	200m:	2:23.68	37.10	300m:	4:00.33	47.68	400m:	5:09.72	33.58
39.	MENARD, Elliot			16	Club aquatique Montréal				5:10.97	474		
	50m:	33.43	33.43	150m:	1:56.56	43.10	250m:	3:22.03	43.92	350m:	4:39.24	33.96
	100m:	1:13.46	40.03	200m:	2:38.11	41.55	300m:	4:05.28	43.25	400m:	5:10.97	31.73
40.	BLANCHARD, Émile			16	Neptune Natation				5:11.49	471		
	50m:	30.50	30.50	150m:	1:47.75	41.05	250m:	3:14.41	46.09	350m:	4:36.74	34.46
	100m:	1:06.70	36.20	200m:	2:28.32	40.57	300m:	4:02.28	47.87	400m:	5:11.49	34.75
41.	GOSSELIN, Anthony			17	Rouge et Or/Université Laval				5:12.90	465		
	50m:	32.72	32.72	150m:	1:52.37	41.95	250m:	3:16.76	43.34	350m:	4:37.90	37.22
	100m:	1:10.42	37.70	200m:	2:33.42	41.05	300m:	4:00.68	43.92	400m:	5:12.90	35.00
42.	GUILLETTE, Tristan			17	Club Natation Mustang Boucherv				5:13.39	463		
	50m:	31.42	31.42	150m:	1:51.13	41.49	250m:	3:14.57	44.20	350m:	4:36.63	38.57
	100m:	1:09.64	38.22	200m:	2:30.37	39.24	300m:	3:58.06	43.49	400m:	5:13.39	36.76
43.	ELAISSI, Zacharya			18	Elite				5:14.53	458		
	50m:	32.01	32.01	150m:	1:51.50	41.59	250m:	3:18.96	47.68	350m:	4:40.36	34.52
	100m:	1:09.91	37.90	200m:	2:31.28	39.78	300m:	4:05.84	46.88	400m:	5:14.53	34.17
44.	BOLDUC, François			17	Les Dauphins de Rimouski				5:16.36	450		
	50m:	30.45	30.45	150m:	1:50.40	42.93	250m:	3:18.04	45.14	350m:	4:41.16	36.26
	100m:	1:07.47	37.02	200m:	2:32.90	42.50	300m:	4:04.90	46.86	400m:	5:16.36	35.20

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Rang			Age						Temps	Pts		
45.	LAROSILIÈRE, Jérémie		18	Eau Laval					5:19.63	436		
	50m:	31.56	31.56	150m:	1:50.35	42.45	250m:	3:19.47	47.60	350m:	4:43.99	38.22
	100m:	1:07.90	36.34	200m:	2:31.87	41.52	300m:	4:05.77	46.30	400m:	5:19.63	35.64
46.	MASON, Ethan		19	C.N. Dollard-des-Ormeaux					5:22.68	424		
	50m:	31.35	31.35	150m:	1:53.84	42.90	250m:	3:21.52	44.48	350m:	4:45.96	37.14
	100m:	1:10.94	39.59	200m:	2:37.04	43.20	300m:	4:08.82	47.30	400m:	5:22.68	36.72
47.	GRIFFITHS, Caleb		15	Fredericton Aquanaut Swim Team					5:30.68	394		
	50m:	33.11	33.11	150m:	1:59.79	44.63	250m:	3:29.55	43.33	350m:		
	100m:	1:15.16	42.05	200m:	2:46.22	46.43	300m:	4:15.98	46.43	400m:	5:30.68	
48.	BAZINET, Antoine		17	Club de natation St-Hyacinthe					5:38.42	367		
	50m:	36.31	36.31	150m:	2:04.27	42.97	250m:	3:34.73	45.72	350m:	5:01.32	37.97
	100m:	1:21.30	44.99	200m:	2:49.01	44.74	300m:	4:23.35	48.62	400m:	5:38.42	37.10
disq.	LIU, Jerry		16	Pointe-Claire Swim Club								
forf.nd.	AUGER, Mikael		16	Neptune Natation								