

Coupe du Québec #2
Montréal, 12 au 15 mars 2026

Epreuve 15 Dames, 400m 4 nages
2026-03-14 - 17:00 Cat. générale
Liste résultats Finales

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:35.56	HARVEY, Mary-Sophie	CAMO	Victoria	2025-06-11
Quebec Provincial Age Group Records 17	4:36.48	HARVEY, Mary-Sophie	NN	Rome (ITA)	2017-06-24
Quebec Provincial Age Group Records 16	4:47.55	HARVEY, Mary-Sophie	NN	Edmonton	2016-08-05
Quebec Provincial Age Group Records 15	4:45.36	HARVEY, Mary-Sophie	NN	Kihei (USA)	2014-08-28
Quebec Provincial Age Group Records 14	4:50.79	HARVEY, Mary-Sophie	NN	Saskatoon	2014-07-17
Quebec Provincial Age Group Records 13	4:55.58	HARVEY, Mary-Sophie	MEGO	Sherbrooke	2013-08-05
Quebec Provincial Age Group Records - 125:06.41		HARVEY, Mary-Sophie	MEGO	Montreal	2011-07-28

Essais canadiens - 17: 5:05.36; 18 +: 5:00.92 / Omnium canadien : 5:06.78

Points: AQUA 2025

Rang	Age		Temps							Pts		
Finale A												
1.	BROUSSEAU, Charlotte		18	Club aquatique Montréal							4:59.36	688
	<i>TQ Essai, TQ Omnium</i>											
	50m:	30.77	30.77	150m:	1:45.94	40.85	250m:	3:08.58	45.25	350m:	4:26.73	35.37
	100m:	1:05.09	34.32	200m:	2:23.33	37.39	300m:	3:51.36	42.78	400m:	4:59.36	32.63
2.	BACCUS, Bianca		14	Pointe-Claire Swim Club							5:02.22	669
	<i>TQ Essai, TQ Omnium</i>											
	50m:	31.93	31.93	150m:	1:48.83	40.35	250m:	3:10.89	42.60	350m:	4:28.69	34.56
	100m:	1:08.48	36.55	200m:	2:28.29	39.46	300m:	3:54.13	43.24	400m:	5:02.22	33.53
3.	DAGSAAN, Jady		16	Pointe-Claire Swim Club							5:04.65	653
	<i>TQ Essai, TQ Omnium</i>											
	50m:	32.12	32.12	150m:	1:47.15	39.63	250m:	3:10.33	45.32	350m:	4:30.49	35.75
	100m:	1:07.52	35.40	200m:	2:25.01	37.86	300m:	3:54.74	44.41	400m:	5:04.65	34.16
4.	FERGUSON, Taylor		14	Pointe-Claire Swim Club							5:07.69	634
	50m:	31.43	31.43	150m:	1:46.78	38.93	250m:	3:11.91	48.44	350m:	4:34.39	36.66
	100m:	1:07.85	36.42	200m:	2:23.47	36.69	300m:	3:57.73	45.82	400m:	5:07.69	33.30
5.	KRAUSS, Ellie		17	Natation Gatineau							5:07.72	634
	50m:	32.23	32.23	150m:	1:49.59	41.36	250m:	3:14.70	45.83	350m:	4:35.28	35.49
	100m:	1:08.23	36.00	200m:	2:28.87	39.28	300m:	3:59.79	45.09	400m:	5:07.72	32.44
6.	KARAGIANNIS, Maria-Theoni		18	Club de Natation SAMAK							5:10.61	616
	50m:	31.17	31.17	150m:	1:46.78	39.21	250m:	3:12.31	45.62	350m:	4:34.61	36.55
	100m:	1:07.57	36.40	200m:	2:26.69	39.91	300m:	3:58.06	45.75	400m:	5:10.61	36.00
7.	MOFFET, Raphaëlle		13	Club aquatique Montréal							5:13.14	601
	50m:	32.11	32.11	150m:	1:50.58	41.87	250m:	3:16.71	45.54	350m:	4:38.05	35.86
	100m:	1:08.71	36.60	200m:	2:31.17	40.59	300m:	4:02.19	45.48	400m:	5:13.14	35.09
8.	GORDON, Erika		17	Pointe-Claire Swim Club							5:17.81	575
	50m:	32.93	32.93	150m:	1:52.01	40.48	250m:	3:18.43	46.53	350m:	4:42.20	35.97
	100m:	1:11.53	38.60	200m:	2:31.90	39.89	300m:	4:06.23	47.80	400m:	5:17.81	35.61
9.	BOYER, Mariane		17	Natation Gatineau							5:19.31	567
	50m:	33.17	33.17	150m:	1:55.53	43.54	250m:	3:24.17	44.48	350m:	4:44.96	36.07
	100m:	1:11.99	38.82	200m:	2:39.69	44.16	300m:	4:08.89	44.72	400m:	5:19.31	34.35
10.	MALENFANT, Viviane		18	Club de natation région de Qué							5:20.09	563
	50m:	33.21	33.21	150m:	1:54.40	41.13	250m:	3:19.69	43.74	350m:	4:43.85	37.31
	100m:	1:13.27	40.06	200m:	2:35.95	41.55	300m:	4:06.54	46.85	400m:	5:20.09	36.24

Coupe du Québec #2
Montréal, 12 au 15 mars 2026

Epreuve 15, Dames, 400m 4 nages, Finale, Cat. générale

Rang				Age					Temps	Pts		
Finale B												
11.	PERRY, Ella			12	Pointe-Claire Swim Club				5:14.02	596		
	50m:	33.17	33.17	150m:	1:54.51	42.52	250m:	3:19.57	45.56	350m:	4:40.31	36.28
	100m:	1:11.99	38.82	200m:	2:34.01	39.50	300m:	4:04.03	44.46	400m:	5:14.02	33.71
12.	SHINK, Laurie			17	Club de natation région de Qué				5:14.81	592		
	50m:	33.48	33.48	150m:	1:52.76	41.13	250m:	3:18.28	43.84	350m:	4:39.38	36.11
	100m:	1:11.63	38.15	200m:	2:34.44	41.68	300m:	4:03.27	44.99	400m:	5:14.81	35.43
13.	MONETTE, Mathilde			16	Neptune Natation				5:17.25	578		
	50m:	33.33	33.33	150m:	1:53.39	41.83	250m:	3:19.88	47.72	350m:	4:42.30	37.68
	100m:	1:11.56	38.23	200m:	2:32.16	38.77	300m:	4:04.62	44.74	400m:	5:17.25	34.95
14.	AUGER, Sophie			15	Pointe-Claire Swim Club				5:19.30	567		
	50m:	32.50	32.50	150m:	1:52.70	43.09	250m:	3:21.08	47.47	350m:	4:43.86	36.71
	100m:	1:09.61	37.11	200m:	2:33.61	40.91	300m:	4:07.15	46.07	400m:	5:19.30	35.44
15.	GOSELIN, Mélia			15	Rouge et Or/Université Laval				5:19.54	566		
	50m:	34.13	34.13	150m:	3:21.92	2:07.18	250m:			350m:	4:44.88	37.45
	100m:	1:14.74	40.61	200m:	2:35.95		300m:	4:07.43		400m:	5:19.54	34.66
16.	MASSICOTTE, Anabelle			16	Club de natation Mégophias				5:21.27	557		
	50m:	32.81	32.81	150m:	1:57.74	42.52	250m:	3:23.17	43.23	350m:	4:45.27	36.65
	100m:	1:15.22	42.41	200m:	2:39.94	42.20	300m:	4:08.62	45.45	400m:	5:21.27	36.00
17.	BEAUDOIN, Marie-Laurence			17	Rouge et Or/Université Laval				5:21.51	556		
	50m:	32.65	32.65	150m:	1:53.79	43.72	250m:	3:23.12	46.05	350m:	4:46.63	36.54
	100m:	1:10.07	37.42	200m:	2:37.07	43.28	300m:	4:10.09	46.97	400m:	5:21.51	34.88
18.	LEMELIN, Émie			16	Club de natation région de Qué				5:21.98	553		
	50m:	32.52	32.52	150m:	1:50.70	39.48	250m:	3:18.41	48.37	350m:	4:45.82	37.45
	100m:	1:11.22	38.70	200m:	2:30.04	39.34	300m:	4:08.37	49.96	400m:	5:21.98	36.16
19.	LAMBERT, Jade			14	Neptune Natation				5:23.16	547		
	50m:	33.22	33.22	150m:	1:54.60	40.78	250m:	3:22.89	46.59	350m:	4:48.14	36.19
	100m:	1:13.82	40.60	200m:	2:36.30	41.70	300m:	4:11.95	49.06	400m:	5:23.16	35.02
20.	LETENDRE, Emma			16	Club De Natation Sherbrooke				5:25.82	534		
	50m:	33.41	33.41	150m:	1:54.88	41.70	250m:	3:22.40	46.04	350m:	4:47.82	38.93
	100m:	1:13.18	39.77	200m:	2:36.36	41.48	300m:	4:08.89	46.49	400m:	5:25.82	38.00
Finale C												
21.	GUY, Roxane			18	Club de natation région de Qué				5:14.50	594		
	50m:	35.08	35.08	150m:	1:55.57	42.43	250m:	3:19.82	45.89	350m:	4:40.46	36.62
	100m:	1:13.14	38.06	200m:	2:33.93	38.36	300m:	4:03.84	44.02	400m:	5:14.50	34.04
22.	SHINK, Ariane			19	Club de natation région de Qué				5:16.83	581		
	50m:	33.26	33.26	150m:	1:53.36	42.67	250m:	3:21.53	47.82	350m:	4:42.82	36.23
	100m:	1:10.69	37.43	200m:	2:33.71	40.35	300m:	4:06.59	45.06	400m:	5:16.83	34.01
23.	MARTINEAU, Alyssa			15	Natation Gatineau				5:21.91	553		
	50m:	32.88	32.88	150m:	1:53.37	40.81	250m:	3:21.11	47.18	350m:	4:45.54	35.57
	100m:	1:12.56	39.68	200m:	2:33.93	40.56	300m:	4:09.97	48.86	400m:	5:21.91	36.37
24.	PRICE, Loriane			18	Club de Natation SAMAK				5:22.12	552		
	50m:	32.79	32.79	150m:	1:52.72	41.92	250m:	3:22.47	48.65	350m:	4:47.53	36.42
	100m:	1:10.80	38.01	200m:	2:33.82	41.10	300m:	4:11.11	48.64	400m:	5:22.12	34.59
25.	QUEVILLON, Liliane			20	Neptune Natation				5:23.02	548		
	50m:	32.83	32.83	150m:	1:54.05	41.81	250m:	3:22.40	47.45	350m:	4:47.66	36.43
	100m:	1:12.24	39.41	200m:	2:34.95	40.90	300m:	4:11.23	48.83	400m:	5:23.02	35.36

Coupe du Québec #2
Montréal, 12 au 15 mars 2026

Epreuve 15, Dames, 400m 4 nages, Finale, Cat. générale

Rang				Age					Temps	Pts		
26.	MARCON, Isabella			19	C.N. Dollard-des-Ormeaux				5:23.15	547		
	50m:	34.59	34.59	150m:	1:57.53	43.10	250m:	3:26.03	48.34	350m:	4:49.21	36.19
	100m:	1:14.43	39.84	200m:	2:37.69	40.16	300m:	4:13.02	46.99	400m:	5:23.15	33.94
27.	DESJARDINS, Katelyn			15	Pointe-Claire Swim Club				5:25.96	533		
	50m:	32.67	32.67	150m:	1:56.71	44.19	250m:	3:26.27	44.81	350m:	4:49.77	37.25
	100m:	1:12.52	39.85	200m:	2:41.46	44.75	300m:	4:12.52	46.25	400m:	5:25.96	36.19
28.	FELX, Lily			17	Elite				5:26.04	533		
	50m:	33.36	33.36	150m:	1:56.08	42.79	250m:	3:24.50	46.82	350m:	4:49.99	38.36
	100m:	1:13.29	39.93	200m:	2:37.68	41.60	300m:	4:11.63	47.13	400m:	5:26.04	36.05
29.	SYLVESTRE, Justine			18	Neptune Natation				5:26.25	532		
	50m:	34.63	34.63	150m:	1:58.83	44.27	250m:	3:28.90	46.89	350m:	4:51.83	35.55
	100m:	1:14.56	39.93	200m:	2:42.01	43.18	300m:	4:16.28	47.38	400m:	5:26.25	34.42
30.	BATTISTI, Alicia			18	club aquatique st-eustache				5:29.88	514		
	50m:	33.31	33.31	150m:	1:55.49	43.07	250m:	3:26.13	46.91	350m:	4:52.75	38.27
	100m:	1:12.42	39.11	200m:	2:39.22	43.73	300m:	4:14.48	48.35	400m:	5:29.88	37.13