

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 103  
2026-03-12 - 17:56

Dames, 400m Libre

S6-S13  
Liste résultats

Points: AQUA 2025

Rang					Age					Temps	Pts	
1.	FORTIN_S10SB9SM10, Elisabeth				15	Rouge et Or/Université Laval				<b>5:44.49</b>	318	
	50m:	38.73	38.73	150m:	2:03.71	43.51	250m:	3:31.86	44.96	350m:	5:01.74	44.86
	100m:	1:20.20	41.47	200m:	2:46.90	43.19	300m:	4:16.88	45.02	400m:	5:44.49	42.75
2.	PELLETIER_S10SB9SM10, Floren				14	Club De Natation Sherbrooke				<b>5:51.72</b>	299	
	50m:	38.96	38.96	150m:	2:04.39	43.98	250m:	3:35.09	46.88	350m:	5:06.67	47.79
	100m:	1:20.41	41.45	200m:	2:48.21	43.82	300m:	4:18.88	43.79	400m:	5:51.72	45.05
3.	BÉLANGER_S7SB7SM7, Arielle				16	Rouge et Or/Université Laval				<b>6:48.19</b>	191	
	50m:	45.79	45.79	150m:	2:27.62	52.55	250m:	4:12.04	53.16	350m:	5:58.57	53.15
	100m:	1:35.07	49.28	200m:	3:18.88	51.26	300m:	5:05.42	53.38	400m:	6:48.19	49.62
4.	LEPAGE_S8SB7SM8, Lysandre				19	club aquatique st-eustache				<b>6:44.63</b>	196	
	50m:	46.81	46.81	150m:	2:27.82	51.97	250m:	4:11.01	52.60	350m:	5:54.52	52.17
	100m:	1:35.85	49.04	200m:	3:18.41	50.59	300m:	5:02.35	51.34	400m:	6:44.63	50.11
5.	GOBEIL_S7SB6SM7, Alisson				20	Neptune Natation				<b>7:37.37</b>	136	
	50m:	49.04	49.04	150m:	2:42.99	57.83	250m:	4:41.92	1:00.26	350m:	6:41.16	1:00.14
	100m:	1:45.16	56.12	200m:	3:41.66	58.67	300m:	5:41.02	59.10	400m:	7:37.37	56.21
6.	RACINE_S10SB9SM10, Jade				12	Club de natation région de Qué				<b>7:13.81</b>	159	
	50m:	48.45	48.45	150m:	2:36.66	55.52	250m:	4:30.38	57.24	350m:	6:21.89	56.17
	100m:	1:41.14	52.69	200m:	3:33.14	56.48	300m:	5:25.72	55.34	400m:	7:13.81	51.92
7.	BRISSON, Anne-Frédérique S8S				26	Club de Natation des Riverains				<b>7:52.28</b>	123	
	50m:	47.57	47.57	150m:	2:40.40	58.58	250m:	4:40.37	1:02.21	350m:	6:49.84	1:06.76
	100m:	1:41.82	54.25	200m:	3:38.16	57.76	300m:	5:43.08	1:02.71	400m:	7:52.28	1:02.44
hc.	CARON-GUAY_S14SB14SM14, Sara-Jar23					C.N. Dollard-des-Ormeaux				<b>8:39.44</b>	93	
	50m:	57.23	57.23	150m:	3:08.44	1:05.59	250m:	5:18.95	1:04.09	350m:	7:36.19	1:02.74
	100m:	2:02.85	1:05.62	200m:	4:14.86	1:06.42	300m:	6:33.45	1:14.50	400m:	8:39.44	1:03.25