

Baltic States Championships
Riga, 7. - 8.3.2026

Event 26
08.03.2026 - 16:58

Women, 400m Freestyle

Open
Results Final

WA475 : 5:00.14

Points: AQUA 2025

Rank				YB				Time	Pts	RT	Team	
1.	VISOCKAITE Ieva			07	Lithuania			4:25.54	696	+0.76	7.00	
	50m:	30.05	30.05	150m:	1:37.17	34.01	250m:	2:45.53	34.11	350m:	3:53.50	33.72
	100m:	1:03.16	33.11	200m:	2:11.42	34.25	300m:	3:19.78	34.25	400m:	4:25.54	32.04
2.	SVENCIONYTE Stela			08	Lithuania			4:27.45	681	+0.63	5.00	
	50m:	30.27	30.27	150m:	1:37.91	34.19	250m:	2:46.84	34.41	350m:	3:55.18	33.79
	100m:	1:03.72	33.45	200m:	2:12.43	34.52	300m:	3:21.39	34.55	400m:	4:27.45	32.27
3.	KULVINSKAITE Ula			08	Lithuania			4:30.55	658	+0.73	-	
	50m:	31.57	31.57	150m:	1:40.51	34.80	250m:	2:49.05	33.52	350m:	3:57.54	33.87
	100m:	1:05.71	34.14	200m:	2:15.53	35.02	300m:	3:23.67	34.62	400m:	4:30.55	33.01
4.	RAUDSEPP Britt			07	Estonia			4:35.12	626	+0.82	4.00	
	50m:	30.97	30.97	150m:	1:38.88	34.31	250m:	2:48.70	34.92	350m:	3:59.87	35.72
	100m:	1:04.57	33.60	200m:	2:13.78	34.90	300m:	3:24.15	35.45	400m:	4:35.12	35.25
5.	ROOP Adele			09	Estonia			4:38.85	601	+0.77	3.00	
	50m:	31.62	31.62	150m:	1:41.27	35.28	250m:	2:52.84	35.90	350m:	4:04.27	35.67
	100m:	1:05.99	34.37	200m:	2:16.94	35.67	300m:	3:28.60	35.76	400m:	4:38.85	34.58
6.	MALISAUSKAITE Doroteja			12	Lithuania			4:41.51	584	+0.77	-	
	50m:	32.56	32.56	150m:	1:43.98	35.81	250m:	2:56.13	36.02	350m:	4:07.59	35.31
	100m:	1:08.17	35.61	200m:	2:20.11	36.13	300m:	3:32.28	36.15	400m:	4:41.51	33.92
7.	JANKOVICIUTE Kornelija			10	Lithuania			4:43.12	574	+0.59	-	
	50m:	31.87	31.87	150m:	1:43.55	36.04	250m:	2:56.27	36.27	350m:	4:08.75	35.86
	100m:	1:07.51	35.64	200m:	2:20.00	36.45	300m:	3:32.89	36.62	400m:	4:43.12	34.37
8.	NIINEP Karolina			11	Estonia			4:45.45	560	+0.77	-	
	50m:	31.50	31.50	150m:	1:43.09	36.48	250m:	2:56.70	37.08	350m:	4:10.19	36.78
	100m:	1:06.61	35.11	200m:	2:19.62	36.53	300m:	3:33.41	36.71	400m:	4:45.45	35.26