



Prova 33

Masc., 400m Estilos

25 anos e mais velhos

31/05/2026 - 10:29

Resultados

Recordes Nacionais Masters 50m Esc F	5:30.88	Luis Daniel, PACHECO	CNAL	Coimbra	11/04/2026
Recordes Nacionais Masters 50m Esc E	5:14.16	Joao Miguel, SANTOS	CNL	Coimbra	11/04/2026
Recordes Nacionais Masters 50m Esc D	4:59.81	Eduardo Ferreira, SEVERI	FCP	Reguengos de Monsaraz	13/07/2025
Recordes Nacionais Masters 50m Esc C	4:46.61	Pedro Miguel, PINOTES	SCP	Reguengos de Monsaraz	13/07/2025
Recordes Nacionais Masters 50m Esc B	4:43.37	Pedro Miguel, PINOTES	SCP	Reguengos de Monsaraz	19/07/2019
Recordes Regionais Masters 50m Esc F	6:29.38	Paulo Alexandre, SOUSA	LAGAC	Loule	16/07/2023
Recordes Regionais Masters 50m Esc E	6:27.51	Paulo Alexandre, SOUSA	FCF	Loule	13/07/2018
Recordes Regionais Masters 50m Esc E	6:27.51	Paulo Alexandre, SOUSA	FCF	Loulé	13/07/2018
Recordes Regionais Masters 50m Esc D	6:08.14	Paulo Alexandre, SOUSA	FCF	Loule	03/07/2015
Recordes Regionais Masters 50m Esc D	6:08.14	Paulo Alexandre, SOUSA	FCF	Loulé	03/07/2015
Recordes Regionais Masters 50m Esc C	5:34.31	Patrick, SANTOS	INDALG	Dijon (FRA)	18/05/2014
Recordes Regionais Masters 50m Esc B	5:28.54	Patrick, SANTOS	INDALG	Canet En Roussillon (FRA)	01/07/2012

Pontos: DSV Masters 2024

Lugar	Nome	Ano	Licença	Clube	Tempo Final	DSV	Pts
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Escalão B

1.	Renato Filipe, NASCIMENTO	94	26386	Natação de Beja	6:43.09	313	35,00
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100m:	1:31.07	1:31.07	200m:	3:12.25	1:41.18	300m:	5:09.58	1:57.33	400m:	6:43.09	1:33.51
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Escalão C

1.	Carlos Octavio, FERNANDES	88	10817	Académica de Coimbra	5:49.01	544	35,00
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100m:	1:16.85	1:16.85	200m:	2:46.73	1:29.88	300m:	4:30.01	1:43.28	400m:	5:49.01	1:19.00
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2.	Andre Manuel, DIAS	87	224616	Louletano / Loule Aqui e Agora	6:08.49	462	33,00
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100m:	1:16.95	1:16.95	200m:	3:02.23	1:45.28	300m:	4:44.31	1:42.08	400m:	6:08.49	1:24.18
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DSQ	Andre Manuel, FERNANDES	88	208967	CPCD - Póvoa de Santa Iria							-
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O atleta não terminou a prova.

Escalão D

1.	Marco Rafael, FERREIRA	86	107504	Fisica Torres Vedras	6:33.99	370	35,00
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100m:	1:28.97	1:28.97	200m:	3:16.84	1:47.87	300m:	5:06.02	1:49.18	400m:	6:33.99	1:27.97
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2.	Pedro Guedes, SILVA	82	117591	ADRCCI Monte Maior	7:34.33	241	33,00
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100m:	1:46.47	1:46.47	200m:	3:57.20	2:10.73	300m:	6:03.04	2:05.84	400m:	7:34.33	1:31.29
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Escalão E

1.	Patrick, SANTOS	79	26609	Louletano / Loule Aqui e Agora	5:55.28	616	35,00
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Recorde Regional

100m:	1:23.31	1:23.31	200m:	2:59.47	1:36.16	300m:	4:34.05	1:34.58	400m:	5:55.28	1:21.23
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2.	Vasco Nuno, FERNANDES	80	222485	Individual ANL	5:58.02	602	33,00
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100m:	1:21.75	1:21.75	200m:	2:58.17	1:36.42	300m:	4:41.89	1:43.72	400m:	5:58.02	1:16.13
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3.	Joao Filipe, ROMAO	77	107138	Lagoa Academico Clube	7:14.20	337	32,00
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100m:	1:46.02	1:46.02	200m:	3:43.33	1:57.31	300m:	5:42.10	1:58.77	400m:	7:14.20	1:32.10
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Escalão F

1.	Paulo Alexandre, SOUSA	72	106650	Lagoa Academico Clube	6:40.25	398	35,00
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100m:	1:36.76	1:36.76	200m:	3:21.93	1:45.17	300m:	5:15.87	1:53.94	400m:	6:40.25	1:24.38
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