

Torregri Páscoa Cadetes
Vila Praia de Ancora, 21 - 22/3/2026

Prova 24 Femin., 400m Livres Cadetes A
22/03/2026 - 10:55 Resultados

Pontos: AQUA 2025

Lugar	Ano		Tempo final		Pts
1. Isabella Torres Schaab	14	Braga	4:44.90		527
50m: 33.11 33.11	150m:	250m:	350m:		
100m: 1:08.34 35.23	200m: 2:22.92	300m: 3:36.01	400m: 4:44.90		
2. Ana Oliveira Silva	14	Braga	4:58.05		461
50m: 33.53 33.53	150m:	250m:	350m:		
100m: 1:09.82 36.29	200m: 2:25.50	300m: 3:42.37	400m: 4:58.05		
3. Iris Felgueiras Queiros	14	Viana Natacao	5:24.54		357
50m: 35.36 35.36	150m:	250m:	350m:		
100m: 1:15.40 40.04	200m: 2:39.51	300m: 4:03.43	400m: 5:24.54		
4. Victoria Costa Forte	14	Viana Natacao	5:39.42		312
50m: 38.65 38.65	150m:	250m:	350m:		
100m: 1:23.05 44.40	200m: 2:53.56	300m: 4:23.34	400m: 5:39.42		
5. Maria Lemos Oliveira	14	Viana Natacao	5:52.89		277
50m: 38.58 38.58	150m:	250m:	350m:		
100m: 1:22.03 43.45	200m: 2:53.83	300m: 4:25.75	400m: 5:52.89		
6. Maria Miguel Montenegro	14	Desportiva de Viana	6:07.31		246
50m: 46.31 46.31	150m:	250m:	350m:		
100m: 1:26.23 39.92	200m: 3:01.97	300m: 4:37.81	400m: 6:07.31		
7. Leonor Bastos Fernandes	14	Braga	6:07.99		244
50m: 38.90 38.90	150m:	250m:	350m:		
100m: 1:24.65 45.75	200m: 2:59.15	300m: 4:34.59	400m: 6:07.99		
8. Beatriz Oliveira Carvalho	14	Desportiva de Viana	6:09.38		242
50m: 40.26 40.26	150m:	250m:	350m:		
100m: 1:25.80 45.54	200m: 3:01.16	300m: 4:38.06	400m: 6:09.38		
9. Maria Clara Vilaca	14	Braga	6:16.31		229
50m: 41.83 41.83	150m:	250m:	350m:		
100m: 1:29.14 47.31	200m: 3:05.74	300m: 4:44.65	400m: 6:16.31		
10. Ines Goncalves Ribeiro	14	Braga	6:22.43		218
50m: 43.52 43.52	150m:	250m:	350m:		
100m: 1:32.26 48.74	200m: 3:11.03	300m: 4:50.15	400m: 6:22.43		
11. Carolina Sousa Bras	14	Amigos da Montanha	6:24.90		214
50m: 40.63 40.63	150m:	250m:	350m:		
100m: 1:27.59 46.96	200m: 3:06.86	300m: 4:48.08	400m: 6:24.90		
12. Marta Nicole Leite	14	Braga	6:32.08		202
50m: 43.19 43.19	150m:	250m:	350m:		
100m: 1:32.32 49.13	200m: 3:12.06	300m: 4:55.70	400m: 6:32.08		
13. Rita Laranjeira Costa	14	Desportiva de Viana	6:32.30		202
50m: 44.50 44.50	150m:	250m:	350m:		
100m: 1:33.61 49.11	200m: 3:14.63	300m: 4:57.84	400m: 6:32.30		
14. Victoria Sousa Varajao	14	Desportiva Limiana	6:33.84		199
50m: 45.65 45.65	150m:	250m:	350m:		
100m: 1:36.25 50.60	200m: 3:19.06	300m: 5:00.55	400m: 6:33.84		
15. Joana Castro Fonte	14	Braga	6:34.90		198
50m: 43.18 43.18	150m:	250m:	350m:		
100m: 1:32.59 49.41	200m: 3:13.63	300m: 4:56.22	400m: 6:34.90		
16. Ines Borlido Pereira	14	Desportiva Limiana	6:53.95		172
50m: 45.15 45.15	150m:	250m:	350m:		
100m: 1:37.59 52.44	200m: 3:27.29	300m: 5:15.10	400m: 6:53.95		
17. Elena Mendes Costa	14	Amigos da Montanha	6:53.96		172
50m: 43.61 43.61	150m:	250m:	350m:		
100m: 1:35.78 52.17	200m: 3:23.52	300m: 5:11.41	400m: 6:53.96		

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Lugar			Ano			Tempo final	Pts
18.	Joana Gomes Rites		14	Desportiva de Viana		7:00.01	164
	50m: 46.23	46.23	150m:	250m:	350m:		
	100m: 1:38.82	52.59	200m: 3:28.37	300m: 5:17.65	400m: 7:00.01		
19.	Maria Francisca Campanario		14	Desportiva de Viana		7:03.74	160
	50m: 45.39	45.39	150m:	250m:	350m:		
	100m: 1:38.81	53.42	200m: 3:28.76	300m: 5:18.84	400m: 7:03.74		
20.	Leonor Vieira Sa		14	Desportiva Limiana		7:04.07	160
	50m: 47.94	47.94	150m:	250m:	350m:		
	100m: 1:40.80	52.86	200m: 3:30.54	300m: 5:20.90	400m: 7:04.07		
21.	Maria Luis Lima		14	Braga		7:29.50	134
	50m: 47.34	47.34	150m:	250m:	350m:		
	100m: 1:43.17	55.83	200m: 3:39.81	300m: 5:36.15	400m: 7:29.50		
22.	Stefanie Nayume Figueiredo		14	Amigos da Montanha		7:35.05	129
	50m: 48.13	48.13	150m:	250m:	350m:		
	100m: 1:43.83	55.70	200m: 3:42.26	300m: 5:41.86	400m: 7:35.05		