

Medzinárodné Majstrovstvá SR v plávaní masters  
 Košice, 28. - 29.3.2026

disciplína 9  
 28.03.2026 - 13:00

muži, 400m polohové preteky

20 ro . a st.  
 Výsledky

bodovanie:

por.			Ro .			as	body	
25 - 29 ro .								
1.	Gi ovský Ján		98	TJ Slávia PU Prešov			<b>5:34.05</b>	
	50m:	31.35 31.35	150m:	1:52.33 43.85	250m:	3:24.59 48.92	350m:	4:54.88 40.88
	100m:	1:08.48 37.13	200m:	2:35.67 43.34	300m:	4:14.00 49.41	400m:	5:34.05 39.17
30 - 34 ro .								
1.	Dobra Vladut-Alexandru		94	Universitatea Cluj			<b>5:40.19</b>	
	50m:	31.78 31.78	150m:	1:57.40 48.24	250m:	3:32.66 48.99	350m:	5:00.78 39.42
	100m:	1:09.16 37.38	200m:	2:43.67 46.27	300m:	4:21.36 48.70	400m:	5:40.19 39.41
35 - 39 ro .								
1.	Tomkuliak Martin		90	MPK Tvrdošín			<b>5:43.27</b>	
	50m:	33.33 33.33	150m:	2:03.70 47.69	250m:	3:38.55 47.44	350m:	5:06.07 39.37
	100m:	1:16.01 42.68	200m:	2:51.11 47.41	300m:	4:26.70 48.15	400m:	5:43.27 37.20
40 - 44 ro .								
1.	Mil ák Peter		83	PSK Spišská Nová Ves			<b>6:27.42</b>	
	50m:	38.93 38.93	150m:	2:16.25 49.91	250m:	3:59.52 54.22	350m:	5:41.94 46.47
	100m:	1:26.34 47.41	200m:	3:05.30 49.05	300m:	4:55.47 55.95	400m:	6:27.42 45.48
45 - 49 ro .								
1.	Jetel David		78	V Aquatics Swimming Academy			<b>5:42.54</b>	
	50m:	32.83 32.83	150m:	1:57.97 46.36	250m:	3:33.93 50.77	350m:	5:04.71 39.87
	100m:	1:11.61 38.78	200m:	2:43.16 45.19	300m:	4:24.84 50.91	400m:	5:42.54 37.83
2.	amaj Ján		78	PK Banská Štiavnica			<b>5:55.98</b>	
	50m:	36.22 36.22	150m:	2:08.44 44.46	250m:	3:45.05 52.56	350m:	5:16.59 39.57
	100m:	1:23.98 47.76	200m:	2:52.49 44.05	300m:	4:37.02 51.97	400m:	5:55.98 39.39
50 - 54 ro .								
1.	Me iar Martin		74	STU Trnava			<b>6:42.22</b>	
	50m:	36.68 36.68	150m:	2:20.53 56.68	250m:	4:11.62 58.32	350m:	5:58.88 47.55
	100m:	1:23.85 47.17	200m:	3:13.30 52.77	300m:	5:11.33 59.71	400m:	6:42.22 43.34
55 - 59 ro .								
1.	Škodný Pavel		69	Kúpele Pieš any			<b>6:03.11</b>	
	50m:	37.07 37.07	150m:	2:11.47 47.32	250m:	3:49.68 51.19	350m:	5:23.06 41.16
	100m:	1:24.15 47.08	200m:	2:58.49 47.02	300m:	4:41.90 52.22	400m:	6:03.11 40.05
2.	Turanský Branislav		67	Tur ianski raci			<b>6:30.76</b>	
	50m:	41.23 41.23	150m:	2:15.70 48.27	250m:	4:00.62 58.13	350m:	5:46.52 47.51
	100m:	1:27.43 46.20	200m:	3:02.49 46.79	300m:	4:59.01 58.39	400m:	6:30.76 44.24
3.	Pischlöger Christian		67	Wiener Sport-Club			<b>8:43.35</b>	
	50m:	56.64 56.64	150m:	3:16.15 1:08.86	250m:	5:37.29 1:13.42	350m:	7:46.53 58.94
	100m:	2:07.29 1:10.65	200m:	4:23.87 1:07.72	300m:	6:47.59 1:10.30	400m:	8:43.35 56.82
4.	Budaj Jaroslav		67	Tur ianski raci			<b>8:59.18</b>	
	50m:	1:02.99 1:02.99	150m:	3:22.33 1:08.45	250m:	5:47.03 1:14.34	350m:	8:00.16 59.99
	100m:	2:13.88 1:10.89	200m:	4:32.69 1:10.36	300m:	7:00.17 1:13.14	400m:	8:59.18 59.02

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60 - 64 ro .

1. Zboák Ivan	65	Turianski raci	<b>7:43.38</b>
50m: 50.10 50.10	150m: 2:53.83 1:03.28	250m: 4:58.20 1:02.64	350m: 6:54.76 51.47
100m: 1:50.55 1:00.45	200m: 3:55.56 1:01.73	300m: 6:03.29 1:05.09	400m: 7:43.38 48.62

65 - 69 ro .

1. Hámorský Ladislav	61	SCPA Pardubice	<b>6:15.61</b>
50m: 37.05 37.05	150m: 2:11.10 49.28	250m: 3:52.42 52.61	350m: 5:31.63 44.02
100m: 1:21.82 44.77	200m: 2:59.81 48.71	300m: 4:47.61 55.19	400m: 6:15.61 43.98

70 - 74 ro .

1. Valtr Václav	56	PK MASTERS Ústí nad Labem	<b>7:25.97</b>
50m: 49.95 49.95	150m: 2:42.36 56.00	250m: 4:41.20 1:02.56	350m: 6:38.26 51.72
100m: 1:46.36 56.41	200m: 3:38.64 56.28	300m: 5:46.54 1:05.34	400m: 7:25.97 47.71
2. Sebök János	56	Kiskun SE	<b>7:26.65</b>
50m: 47.75 47.75	150m: 2:47.35 59.08	250m: 4:50.12 1:04.28	350m: 6:44.16 48.70
100m: 1:48.27 1:00.52	200m: 3:45.84 58.49	300m: 5:55.46 1:05.34	400m: 7:26.65 42.49
3. Vanko Ján	55	Turianski raci	<b>8:54.15</b>
50m: 54.34 54.34	150m: 3:13.83 1:10.96	250m: 5:43.19 1:18.40	350m: 7:58.23 55.47
100m: 2:02.87 1:08.53	200m: 4:24.79 1:10.96	300m: 7:02.76 1:19.57	400m: 8:54.15 55.92

75 - 79 ro .

1. Gulyás Péter	51	Törökbalint Senior Úszó Club	<b>7:16.26</b>
50m: 44.32 44.32	150m: 2:41.99 1:00.15	250m: 4:40.49 1:00.89	350m: 6:29.83 49.14
100m: 1:41.84 57.52	200m: 3:39.60 57.61	300m: 5:40.69 1:00.20	400m: 7:16.26 46.43

OPEN

1. Gulyás Péter	51	Törökbalint Senior Úszó Club	<b>7:16.26</b>
50m: 44.32 44.32	150m: 2:41.99 1:00.15	250m: 4:40.49 1:00.89	350m: 6:29.83 49.14
100m: 1:41.84 57.52	200m: 3:39.60 57.61	300m: 5:40.69 1:00.20	400m: 7:16.26 46.43
2. Hámorský Ladislav	61	SCPA Pardubice	<b>6:15.61</b>
50m: 37.05 37.05	150m: 2:11.10 49.28	250m: 3:52.42 52.61	350m: 5:31.63 44.02
100m: 1:21.82 44.77	200m: 2:59.81 48.71	300m: 4:47.61 55.19	400m: 6:15.61 43.98
3. Jetel David	78	V Aquatics Swimming Academy	<b>5:42.54</b>
50m: 32.83 32.83	150m: 1:57.97 46.36	250m: 3:33.93 50.77	350m: 5:04.71 39.87
100m: 1:11.61 38.78	200m: 2:43.16 45.19	300m: 4:24.84 50.91	400m: 5:42.54 37.83
4. Škodný Pavel	69	Kúpele Piešťany	<b>6:03.11</b>
50m: 37.07 37.07	150m: 2:11.47 47.32	250m: 3:49.68 51.19	350m: 5:23.06 41.16
100m: 1:24.15 47.08	200m: 2:58.49 47.02	300m: 4:41.90 52.22	400m: 6:03.11 40.05
5. Tomkuliak Martin	90	MPK Tvrdošín	<b>5:43.27</b>
50m: 33.33 33.33	150m: 2:03.70 47.69	250m: 3:38.55 47.44	350m: 5:06.07 39.37
100m: 1:16.01 42.68	200m: 2:51.11 47.41	300m: 4:26.70 48.15	400m: 5:43.27 37.20
6. amaj Ján	78	PK Banská Štiavnica	<b>5:55.98</b>
50m: 36.22 36.22	150m: 2:08.44 44.46	250m: 3:45.05 52.56	350m: 5:16.59 39.57
100m: 1:23.98 47.76	200m: 2:52.49 44.05	300m: 4:37.02 51.97	400m: 5:55.98 39.39
7. Gišovský Ján	98	TJ Slávia PU Prešov	<b>5:34.05</b>
50m: 31.35 31.35	150m: 1:52.33 43.85	250m: 3:24.59 48.92	350m: 4:54.88 40.88
100m: 1:08.48 37.13	200m: 2:35.67 43.34	300m: 4:14.00 49.41	400m: 5:34.05 39.17
8. Dobra Vladut-Alexandru	94	Universitatea Cluj	<b>5:40.19</b>
50m: 31.78 31.78	150m: 1:57.40 48.24	250m: 3:32.66 48.99	350m: 5:00.78 39.42
100m: 1:09.16 37.38	200m: 2:43.67 46.27	300m: 4:21.36 48.70	400m: 5:40.19 39.41
9. Turanský Branislav	67	Turianski raci	<b>6:30.76</b>
50m: 41.23 41.23	150m: 2:15.70 48.27	250m: 4:00.62 58.13	350m: 5:46.52 47.51
100m: 1:27.43 46.20	200m: 3:02.49 46.79	300m: 4:59.01 58.39	400m: 6:30.76 44.24

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por.					Ro .					as	body	
10.	Valtr Václav				56	PK MASTERS Ústí nad Labem				<b>7:25.97</b>		
	50m:	49.95	49.95	150m:	2:42.36	56.00	250m:	4:41.20	1:02.56	350m:	6:38.26	51.72
	100m:	1:46.36	56.41	200m:	3:38.64	56.28	300m:	5:46.54	1:05.34	400m:	7:25.97	47.71
11.	Sebök János				56	Kiskun SE				<b>7:26.65</b>		
	50m:	47.75	47.75	150m:	2:47.35	59.08	250m:	4:50.12	1:04.28	350m:	6:44.16	48.70
	100m:	1:48.27	1:00.52	200m:	3:45.84	58.49	300m:	5:55.46	1:05.34	400m:	7:26.65	42.49
12.	Milák Peter				83	PSK Spišská Nová Ves				<b>6:27.42</b>		
	50m:	38.93	38.93	150m:	2:16.25	49.91	250m:	3:59.52	54.22	350m:	5:41.94	46.47
	100m:	1:26.34	47.41	200m:	3:05.30	49.05	300m:	4:55.47	55.95	400m:	6:27.42	45.48
13.	Mešiar Martin				74	STU Trnava				<b>6:42.22</b>		
	50m:	36.68	36.68	150m:	2:20.53	56.68	250m:	4:11.62	58.32	350m:	5:58.88	47.55
	100m:	1:23.85	47.17	200m:	3:13.30	52.77	300m:	5:11.33	59.71	400m:	6:42.22	43.34
14.	Zbožák Ivan				65	Turianski raci				<b>7:43.38</b>		
	50m:	50.10	50.10	150m:	2:53.83	1:03.28	250m:	4:58.20	1:02.64	350m:	6:54.76	51.47
	100m:	1:50.55	1:00.45	200m:	3:55.56	1:01.73	300m:	6:03.29	1:05.09	400m:	7:43.38	48.62
15.	Vanko Ján				55	Turianski raci				<b>8:54.15</b>		
	50m:	54.34	54.34	150m:	3:13.83	1:10.96	250m:	5:43.19	1:18.40	350m:	7:58.23	55.47
	100m:	2:02.87	1:08.53	200m:	4:24.79	1:10.96	300m:	7:02.76	1:19.57	400m:	8:54.15	55.92
16.	Pischlöger Christian				67	Wiener Sport-Club				<b>8:43.35</b>		
	50m:	56.64	56.64	150m:	3:16.15	1:08.86	250m:	5:37.29	1:13.42	350m:	7:46.53	58.94
	100m:	2:07.29	1:10.65	200m:	4:23.87	1:07.72	300m:	6:47.59	1:10.30	400m:	8:43.35	56.82
17.	Budaj Jaroslav				67	Turianski raci				<b>8:59.18</b>		
	50m:	1:02.99	1:02.99	150m:	3:22.33	1:08.45	250m:	5:47.03	1:14.34	350m:	8:00.16	59.99
	100m:	2:13.88	1:10.89	200m:	4:32.69	1:10.36	300m:	7:00.17	1:13.14	400m:	8:59.18	59.02