

Medzinárodné Majstrovstvá SR v plávaní masters
 Košice, 28. - 29.3.2026

disciplína 34
 29.03.2026 - 10:40

muži, 400m vo ný spôsob

20 ro . a st.
 Výsledky

bodovanie:

por.			Ro .			as	body	
30 - 34 ro .								
1.	Podhorský Samuel		96	Tur ianski raci			5:07.68	
	50m:	34.66 34.66	150m:	1:51.03 38.05	250m:	3:09.53 38.81	350m:	4:29.32 39.52
	100m:	1:12.98 38.32	200m:	2:30.72 39.69	300m:	3:49.80 40.27	400m:	5:07.68 38.36
2.	Kliment Michal		95	OCEÁN Malacky			5:15.12	
	50m:	34.62 34.62	150m:	1:52.60 39.62	250m:	3:14.30 41.15	350m:	4:36.72 40.99
	100m:	1:12.98 38.36	200m:	2:33.15 40.55	300m:	3:55.73 41.43	400m:	5:15.12 38.40
3.	Tome ek Róbert		94	VITALE			8:18.24	
	50m:	53.92 53.92	150m:	2:59.62 1:04.38	250m:	5:08.62 1:04.84	350m:	7:14.69 1:04.30
	100m:	1:55.24 1:01.32	200m:	4:03.78 1:04.16	300m:	6:10.39 1:01.77	400m:	8:18.24 1:03.55
35 - 39 ro .								
1.	Horváth Roland		91	Szentesi Delfin ESC			5:14.52	
	50m:	34.34 34.34	150m:	1:51.90 39.24	250m:	3:14.18 41.17	350m:	4:36.20 40.68
	100m:	1:12.66 38.32	200m:	2:33.01 41.11	300m:	3:55.52 41.34	400m:	5:14.52 38.32
40 - 44 ro .								
1.	Stoica Sorin Octavian		84	FLY KICK Baia Mare			5:14.48	
	50m:	35.49 35.49	150m:	1:54.41 39.86	250m:	3:15.16 40.53	350m:	4:36.20 40.11
	100m:	1:14.55 39.06	200m:	2:34.63 40.22	300m:	3:56.09 40.93	400m:	5:14.48 38.28
2.	Redaj ubomír		86	TRIKLUB Poprad			5:23.13	
	50m:	36.49 36.49	150m:	1:56.98 40.66	250m:	3:20.21 41.43	350m:	4:43.08 41.65
	100m:	1:16.32 39.83	200m:	2:38.78 41.80	300m:	4:01.43 41.22	400m:	5:23.13 40.05
3.	Lewandowski Juraj		84	MPK Tvrdošín			5:32.17	
	50m:	36.43 36.43	150m:	1:59.10 42.41	250m:	3:26.32 43.63	350m:	4:52.62 42.84
	100m:	1:16.69 40.26	200m:	2:42.69 43.59	300m:	4:09.78 43.46	400m:	5:32.17 39.55
45 - 49 ro .								
1.	Nicule Bogdan		77	Universitatea Cluj			5:32.34	
	50m:	35.74 35.74	150m:	1:56.09 40.60	250m:	3:20.65 42.77	350m:	4:47.83 44.29
	100m:	1:15.49 39.75	200m:	2:37.88 41.79	300m:	4:03.54 42.89	400m:	5:32.34 44.51
2.	Mészáros Imrich		81	ŠKP Košice			5:38.02	
	50m:	37.83 37.83	150m:	2:02.12 43.45	250m:	3:32.27 45.20	350m:	5:00.87 42.11
	100m:	1:18.67 40.84	200m:	2:47.07 44.95	300m:	4:18.76 46.49	400m:	5:38.02 37.15
3.	Horák Jaroslav		78	PSK Žilina			5:54.64	
	50m:	39.64 39.64	150m:	2:08.86 44.77	250m:	3:39.88 45.28	350m:	5:11.29 45.67
	100m:	1:24.09 44.45	200m:	2:54.60 45.74	300m:	4:25.62 45.74	400m:	5:54.64 43.35
4.	avojský Ján		80	PSK Žilina			6:39.94	
	50m:	42.69 42.69	150m:	2:24.39 51.54	250m:	4:09.85 52.55	350m:	5:54.22 51.14
	100m:	1:32.85 50.16	200m:	3:17.30 52.91	300m:	5:03.08 53.23	400m:	6:39.94 45.72
50 - 54 ro .								
1.	Meliš Marián		75	Matador Púchov			5:39.90	
	50m:	38.35 38.35	150m:	2:04.89 43.97	250m:	3:33.72 44.20	350m:	5:00.12 42.82
	100m:	1:20.92 42.57	200m:	2:49.52 44.63	300m:	4:17.30 43.58	400m:	5:39.90 39.78
2.	Hermann Robert		74	Club Sportiv - CSM ARAD			5:42.27	
	50m:	37.96 37.96	150m:	2:03.21 43.25	250m:	3:30.23 43.87	350m:	4:59.64 44.83
	100m:	1:19.96 42.00	200m:	2:46.36 43.15	300m:	4:14.81 44.58	400m:	5:42.27 42.63
3.	Kocan Michal		73	ŠKP Košice			5:48.36	
	50m:	38.87 38.87	150m:	2:04.52 43.59	250m:	3:33.91 44.61	350m:	5:03.50 44.94
	100m:	1:20.93 42.06	200m:	2:49.30 44.78	300m:	4:18.56 44.65	400m:	5:48.36 44.86

Medzinárodné Majstrovstvá SR v plávaní masters
 Košice, 28. - 29.3.2026

disciplína 34, muži, 400m voľný spôsob, 50 - 54 ro .

por.			Ro .					as	body
4.	Popescu Florin		74	Timisoara Municipal SC				6:40.27	
	50m: 43.81	43.81	150m: 2:22.90	50.41	250m: 4:05.88	51.84	350m: 5:52.16	52.94	
	100m: 1:32.49	48.68	200m: 3:14.04	51.14	300m: 4:59.22	53.34	400m: 6:40.27	48.11	

ODH Bábsky Martin 72 Kúpele Piešťany
 ODH Muránsky Peter 76 PSK Spišská Nová Ves

55 - 59 ro .

1.	Brožani Ivan		67	PSK Žilina				5:35.34	
	50m: 37.37	37.37	150m: 2:01.08	42.75	250m: 3:29.51	44.58	350m: 4:55.94	42.45	
	100m: 1:18.33	40.96	200m: 2:44.93	43.85	300m: 4:13.49	43.98	400m: 5:35.34	39.40	
2.	Pokorný Jiří		69	KPS Ostrava				6:03.36	
	50m: 40.15	40.15	150m: 2:10.26	45.69	250m: 3:42.29	46.54	350m: 5:17.21	47.50	
	100m: 1:24.57	44.42	200m: 2:55.75	45.49	300m: 4:29.71	47.42	400m: 6:03.36	46.15	
3.	Juraško Peter		68	TRIKLUB Poprad				6:32.61	
	50m: 43.20	43.20	150m: 2:23.35	50.84	250m: 4:04.04	49.98	350m: 5:44.76	49.71	
	100m: 1:32.51	49.31	200m: 3:14.06	50.71	300m: 4:55.05	51.01	400m: 6:32.61	47.85	
4.	Matej Ondrej		69	Delfín Prešov				7:24.67	
	50m: 45.35	45.35	150m: 2:37.50	57.91	250m: 4:34.83	58.54	350m: 6:31.75	59.41	
	100m: 1:39.59	54.24	200m: 3:36.29	58.79	300m: 5:32.34	57.51	400m: 7:24.67	52.92	

60 - 64 ro .

1.	Marko Peter		66	NVR swimming				5:13.00	
	50m: 36.71	36.71	150m: 1:56.99	40.93	250m: 3:18.50	40.68	350m: 4:37.23	39.21	
	100m: 1:16.06	39.35	200m: 2:37.82	40.83	300m: 3:58.02	39.52	400m: 5:13.00	35.77	
2.	Kovács Atilla		65	Szentesi Delfin ESC				6:15.16	
	50m: 40.49	40.49	150m: 2:14.24	47.61	250m: 3:51.05	47.87	350m: 5:28.34	49.18	
	100m: 1:26.63	46.14	200m: 3:03.18	48.94	300m: 4:39.16	48.11	400m: 6:15.16	46.82	
3.	Rovňák Milan		62	PVK Bratislava				6:24.30	
	50m: 42.41	42.41	150m: 2:19.70	49.37	250m: 3:59.79	49.56	350m: 5:38.03	49.05	
	100m: 1:30.33	47.92	200m: 3:10.23	50.53	300m: 4:48.98	49.19	400m: 6:24.30	46.27	
4.	Zbořák Ivan		65	Turianski raci				6:41.42	
	50m: 44.35	44.35	150m: 2:25.07	51.26	250m: 4:09.68	52.17	350m: 5:53.15	51.26	
	100m: 1:33.81	49.46	200m: 3:17.51	52.44	300m: 5:01.89	52.21	400m: 6:41.42	48.27	
5.	Hlinka Ivan		64	TRIKLUB Poprad				7:15.14	
	50m: 46.63	46.63	150m: 2:35.09	55.82	250m: 4:27.39	56.69	350m: 6:22.45	57.14	
	100m: 1:39.27	52.64	200m: 3:30.70	55.61	300m: 5:25.31	57.92	400m: 7:15.14	52.69	
6.	Hrivík Miroslav		64	PSK Žilina				7:16.56	
	50m: 45.66	45.66	150m: 2:35.42	56.53	250m: 4:32.43	59.21	350m: 6:25.98	54.76	
	100m: 1:38.89	53.23	200m: 3:33.22	57.80	300m: 5:31.22	58.79	400m: 7:16.56	50.58	

65 - 69 ro .

1.	Hajdú László		61	Bácsvíz KVSC				5:24.78	
	50m: 38.14	38.14	150m: 1:59.09	41.07	250m: 3:22.03	41.58	350m: 4:45.88	42.02	
	100m: 1:18.02	39.88	200m: 2:40.45	41.36	300m: 4:03.86	41.83	400m: 5:24.78	38.90	
2.	Tarnóczy Imrich		57	ŠKP Košice				7:13.50	
	50m: 46.20	46.20	150m: 2:36.25	57.09	250m: 4:30.83	56.82	350m: 6:23.35	56.62	
	100m: 1:39.16	52.96	200m: 3:34.01	57.76	300m: 5:26.73	55.90	400m: 7:13.50	50.15	

70 - 74 ro .

1.	Sebök János		56	Kiskun SE				6:24.99	
	50m: 40.77	40.77	150m: 2:16.54	49.56	250m: 3:56.90	50.34	350m: 5:38.26	50.32	
	100m: 1:26.98	46.21	200m: 3:06.56	50.02	300m: 4:47.94	51.04	400m: 6:24.99	46.73	

Medzinárodné Majstrovstvá SR v plávaní masters
Košice, 28. - 29.3.2026

disciplína 34, muži, 400m vo ný spôsob

25 ro . a st.

1.	Marko Peter		66	NVR swimming		5:13.00
	50m: 36.71	36.71	150m: 1:56.99	40.93	250m: 3:18.50	40.68
	100m: 1:16.06	39.35	200m: 2:37.82	40.83	300m: 3:58.02	39.52
					350m: 4:37.23	39.21
					400m: 5:13.00	35.77
2.	Hajdú László		61	Bácsvíz KVSC		5:24.78
	50m: 38.14	38.14	150m: 1:59.09	41.07	250m: 3:22.03	41.58
	100m: 1:18.02	39.88	200m: 2:40.45	41.36	300m: 4:03.86	41.83
					350m: 4:45.88	42.02
					400m: 5:24.78	38.90
3.	Bro ani Ivan		67	PSK Žilina		5:35.34
	50m: 37.37	37.37	150m: 2:01.08	42.75	250m: 3:29.51	44.58
	100m: 1:18.33	40.96	200m: 2:44.93	43.85	300m: 4:13.49	43.98
					350m: 4:55.94	42.45
					400m: 5:35.34	39.40
4.	Stoica Sorin Octavian		84	FLY KICK Baia Mare		5:14.48
	50m: 35.49	35.49	150m: 1:54.41	39.86	250m: 3:15.16	40.53
	100m: 1:14.55	39.06	200m: 2:34.63	40.22	300m: 3:56.09	40.93
					350m: 4:36.20	40.11
					400m: 5:14.48	38.28
5.	Podhorský Samuel		96	Tur ianski raci		5:07.68
	50m: 34.66	34.66	150m: 1:51.03	38.05	250m: 3:09.53	38.81
	100m: 1:12.98	38.32	200m: 2:30.72	39.69	300m: 3:49.80	40.27
					350m: 4:29.32	39.52
					400m: 5:07.68	38.36
6.	Sebök János		56	Kiskun SE		6:24.99
	50m: 40.77	40.77	150m: 2:16.54	49.56	250m: 3:56.90	50.34
	100m: 1:26.98	46.21	200m: 3:06.56	50.02	300m: 4:47.94	51.04
					350m: 5:38.26	50.32
					400m: 6:24.99	46.73
7.	Nicule Bogdan		77	Universitatea Cluj		5:32.34
	50m: 35.74	35.74	150m: 1:56.09	40.60	250m: 3:20.65	42.77
	100m: 1:15.49	39.75	200m: 2:37.88	41.79	300m: 4:03.54	42.89
					350m: 4:47.83	44.29
					400m: 5:32.34	44.51
8.	Redaj ubomír		86	TRIKLUB Poprad		5:23.13
	50m: 36.49	36.49	150m: 1:56.98	40.66	250m: 3:20.21	41.43
	100m: 1:16.32	39.83	200m: 2:38.78	41.80	300m: 4:01.43	41.22
					350m: 4:43.08	41.65
					400m: 5:23.13	40.05
9.	Horváth Roland		91	Szentesi Delfin ESC		5:14.52
	50m: 34.34	34.34	150m: 1:51.90	39.24	250m: 3:14.18	41.17
	100m: 1:12.66	38.32	200m: 2:33.01	41.11	300m: 3:55.52	41.34
					350m: 4:36.20	40.68
					400m: 5:14.52	38.32
10.	Meliš Marián		75	Matador Púchov		5:39.90
	50m: 38.35	38.35	150m: 2:04.89	43.97	250m: 3:33.72	44.20
	100m: 1:20.92	42.57	200m: 2:49.52	44.63	300m: 4:17.30	43.58
					350m: 5:00.12	42.82
					400m: 5:39.90	39.78
11.	Kliment Michal		95	OCEÁN Malacky		5:15.12
	50m: 34.62	34.62	150m: 1:52.60	39.62	250m: 3:14.30	41.15
	100m: 1:12.98	38.36	200m: 2:33.15	40.55	300m: 3:55.73	41.43
					350m: 4:36.72	40.99
					400m: 5:15.12	38.40
12.	Hermann Robert		74	Club Sportiv - CSM ARAD		5:42.27
	50m: 37.96	37.96	150m: 2:03.21	43.25	250m: 3:30.23	43.87
	100m: 1:19.96	42.00	200m: 2:46.36	43.15	300m: 4:14.81	44.58
					350m: 4:59.64	44.83
					400m: 5:42.27	42.63
13.	Lewandowski Juraj		84	MPK Tvrdošín		5:32.17
	50m: 36.43	36.43	150m: 1:59.10	42.41	250m: 3:26.32	43.63
	100m: 1:16.69	40.26	200m: 2:42.69	43.59	300m: 4:09.78	43.46
					350m: 4:52.62	42.84
					400m: 5:32.17	39.55
14.	Kocan Michal		73	ŠKP Košice		5:48.36
	50m: 38.87	38.87	150m: 2:04.52	43.59	250m: 3:33.91	44.61
	100m: 1:20.93	42.06	200m: 2:49.30	44.78	300m: 4:18.56	44.65
					350m: 5:03.50	44.94
					400m: 5:48.36	44.86
15.	Mészáros Imrich		81	ŠKP Košice		5:38.02
	50m: 37.83	37.83	150m: 2:02.12	43.45	250m: 3:32.27	45.20
	100m: 1:18.67	40.84	200m: 2:47.07	44.95	300m: 4:18.76	46.49
					350m: 5:00.87	42.11
					400m: 5:38.02	37.15
16.	Pokorný Ji í		69	KPS Ostrava		6:03.36
	50m: 40.15	40.15	150m: 2:10.26	45.69	250m: 3:42.29	46.54
	100m: 1:24.57	44.42	200m: 2:55.75	45.49	300m: 4:29.71	47.42
					350m: 5:17.21	47.50
					400m: 6:03.36	46.15
17.	Kovács Atilla		65	Szentesi Delfin ESC		6:15.16
	50m: 40.49	40.49	150m: 2:14.24	47.61	250m: 3:51.05	47.87
	100m: 1:26.63	46.14	200m: 3:03.18	48.94	300m: 4:39.16	48.11
					350m: 5:28.34	49.18
					400m: 6:15.16	46.82
18.	Rov ák Milan		62	PVK Bratislava		6:24.30
	50m: 42.41	42.41	150m: 2:19.70	49.37	250m: 3:59.79	49.56
	100m: 1:30.33	47.92	200m: 3:10.23	50.53	300m: 4:48.98	49.19
					350m: 5:38.03	49.05
					400m: 6:24.30	46.27

