

Prueba 1
22/02/2026 - 10:00

400m Libre

20 años y mayores
Resultados

Puntos: AQUA Master 2025

Clasificación	AN		Tiempo	Pts	P.Club	100m	200m	300m	400m
25+, Masc.									
1. COSTA FERNANDEZ Lucas	98	C. Aquatico Aviles Solras	4:35.07	672	12,00	1:05.42	1:10.53	1:10.65	1:08.47
50m:		150m:	250m:			350m:			
100m: 1:05.42		200m: 2:15.95	300m: 3:26.60			400m: 4:35.07			
2. LARA RENUNCIIO Jorge	00	C. Aquatico Aviles Solras	4:35.57	668	10,00	1:03.61	1:11.18	1:11.94	1:08.84
50m:		150m:	250m:			350m:			
100m: 1:03.61		200m: 2:14.79	300m: 3:26.73			400m: 4:35.57			
3. FERNANDEZ FERNANDEZ Diego	97	C.N. Madrid Moscardo	4:46.88	592	8,00	1:07.53	1:13.34	1:13.85	1:12.16
50m:		150m:	250m:			350m:			
100m: 1:07.53		200m: 2:20.87	300m: 3:34.72			400m: 4:46.88			
4. GARCIA DE LA FUENTE David	98	C.N. Cuencas Mineras	5:25.26	406	7,00	1:18.11	1:21.71	1:21.16	1:24.28
50m:		150m:	250m:			350m:			
100m: 1:18.11		200m: 2:39.82	300m: 4:00.98			400m: 5:25.26			
5. FERNANDEZ SUAREZ J.	98	C.N. Cuencas Mineras	5:25.73	404	6,00	1:09.91	1:19.43	1:26.71	1:29.68
50m:		150m:	250m:			350m:			
100m: 1:09.91		200m: 2:29.34	300m: 3:56.05			400m: 5:25.73			
30+, Masc.									
1. DIAZ FERNANDEZ Sergio	93	C.N. Villa De Navia	5:29.10	378	12,00	1:13.82	1:24.11	1:26.88	1:24.29
50m:		150m:	250m:			350m:			
100m: 1:13.82		200m: 2:37.93	300m: 4:04.81			400m: 5:29.10			
35+, Masc.									
1. MENDEZ FERNANDEZ David	91	C.N. Villa De Navia	5:27.00	399	12,00	1:14.17	1:22.64	1:25.93	1:24.26
50m:		150m:	250m:			350m:			
100m: 1:14.17		200m: 2:36.81	300m: 4:02.74			400m: 5:27.00			
2. GULIAS GARCIA Jose Ruben	91	Cn.Master Pons Vetus	6:02.81	292	10,00	1:24.05	1:34.10	1:33.07	1:31.59
50m:		150m:	250m:			350m:			
100m: 1:24.05		200m: 2:58.15	300m: 4:31.22			400m: 6:02.81			
40+, Masc.									
1. PELIZ SOLANA Guillermo	84	C.N. Santa Olaya	4:45.50	645	12,00	1:06.79	1:12.24	1:13.40	1:13.07
50m:		150m:	250m:			350m:			
100m: 1:06.79		200m: 2:19.03	300m: 3:32.43			400m: 4:45.50			
2. SUAREZ-LLEDO ORTEA Claudio	85	R.G.C. Covadonga	5:05.95	524	10,00	1:13.14	1:18.13	1:18.75	1:15.93
50m:		150m:	250m:			350m:			
100m: 1:13.14		200m: 2:31.27	300m: 3:50.02			400m: 5:05.95			
3. BADAL ORTIZ Miguel	82	R.G.C. Covadonga	5:23.28	444	8,00	1:18.11	1:23.10	1:22.84	1:19.23
50m:		150m:	250m:			350m:			
100m: 1:18.11		200m: 2:41.21	300m: 4:04.05			400m: 5:23.28			
4. GARCIA GOMEZ Manuel	86	C.N. Santa Olaya	5:46.13	362	7,00	1:17.47	1:26.66	1:31.76	1:30.24
50m:		150m:	250m:			350m:			
100m: 1:17.47		200m: 2:44.13	300m: 4:15.89			400m: 5:46.13			
5. PEREZ MARCOS Manuel	84	Club Natacion Master Leon	6:10.30	295	6,00	1:23.92	1:34.91	1:36.00	1:35.47
50m:		150m:	250m:			350m:			
100m: 1:23.92		200m: 2:58.83	300m: 4:34.83			400m: 6:10.30			
6. FERNANDEZ FERNANDEZ Marcos	84	C.N. Ovimaster	6:11.46	293	5,00	1:23.65	1:33.89	1:37.80	1:36.12
50m:		150m:	250m:			350m:			
100m: 1:23.65		200m: 2:57.54	300m: 4:35.34			400m: 6:11.46			
7. RODRIGUEZ MESEGUER Richard	84	C.N. Ovimaster	7:14.46	183	4,00	1:42.65	1:52.51	1:54.61	1:44.69
50m:		150m:	250m:			350m:			
100m: 1:42.65		200m: 3:35.16	300m: 5:29.77			400m: 7:14.46			
8. OBESO MUÑIZ Marco	85	C.N. Ovimaster	8:26.64	115	3,00	1:57.28	2:05.96	2:10.57	2:12.83
50m:		150m:	250m:			350m:			
100m: 1:57.28		200m: 4:03.24	300m: 6:13.81			400m: 8:26.64			

Piscina 50 m. / crono manual

Prueba 1, 400m Libre

45+, Masc.

1. MUÑIZ GÓMEZ Daniel	77	E.N. Corvera	4:52.61	621	12,00	1:09.45	1:14.65	1:15.21	1:13.30
<i>Récord de Asturias Master</i>									
50m:		150m:		250m:		350m:			
100m: 1:09.45		200m: 2:24.10		300m: 3:39.31		400m: 4:52.61			
2. JIMENEZ SANCHEZ Pedro	79	C.N. Santa Olaya	5:23.56	459	10,00	1:13.03	1:19.55	1:24.15	1:26.83
50m:		150m:		250m:		350m:			
100m: 1:13.03		200m: 2:32.58		300m: 3:56.73		400m: 5:23.56			
3. FERNANDEZ REQUENA Dario	80	C.N. Ovimaster	6:04.83	320	8,00	1:24.79	1:33.87	1:34.31	1:31.86
50m:		150m:		250m:		350m:			
100m: 1:24.79		200m: 2:58.66		300m: 4:32.97		400m: 6:04.83			
4. REDONDO BAZA Santiago	81	C.N. Ovimaster	6:33.14	256	7,00	1:26.36	1:40.42	1:46.03	1:40.33
50m:		150m:		250m:		350m:			
100m: 1:26.36		200m: 3:06.78		300m: 4:52.81		400m: 6:33.14			

Baja FERNANDEZ MENENDEZ Roberto 80 C.N. Cuencas Mineras -

50+, Masc.

1. ARANGO BERMEJO Isaac	73	C. Aquatico Aviles Solras	5:17.19	525	12,00	1:11.16	1:20.22	1:23.27	1:22.54
50m:		150m:		250m:		350m:			
100m: 1:11.16		200m: 2:31.38		300m: 3:54.65		400m: 5:17.19			
2. MARTINEZ GONZALEZ Raul	72	C.N. Ovimaster	5:28.76	471	10,00	1:15.03	1:23.78	1:25.26	1:24.69
50m:		150m:		250m:		350m:			
100m: 1:15.03		200m: 2:38.81		300m: 4:04.07		400m: 5:28.76			
3. SANTORUM PEREZ Arturo	74	C.N. Ovimaster	5:37.10	437	8,00	1:21.33	1:23.24	1:25.03	1:27.50
50m:		150m:		250m:		350m:			
100m: 1:21.33		200m: 2:44.57		300m: 4:09.60		400m: 5:37.10			
4. LOSA PARRONDO Andres	75	R.G.C. Covadonga	5:43.49	413	7,00	1:20.30	1:26.98	1:28.95	1:27.26
50m:		150m:		250m:		350m:			
100m: 1:20.30		200m: 2:47.28		300m: 4:16.23		400m: 5:43.49			
5. SANTORUM PEREZ Jaime	75	C.N. Ovimaster	6:09.52	332	6,00	1:21.54	1:30.89	1:38.49	1:38.60
50m:		150m:		250m:		350m:			
100m: 1:21.54		200m: 2:52.43		300m: 4:30.92		400m: 6:09.52			
6. RODRIGUEZ DIAZ Rogelio	75	R.G.C. Covadonga	6:32.27	277	5,00	1:27.94	1:39.56	1:41.86	1:42.91
50m:		150m:		250m:		350m:			
100m: 1:27.94		200m: 3:07.50		300m: 4:49.36		400m: 6:32.27			

55+, Masc.

1. RAMON IBAÑEZ Oscar	70	C.N. Las Anclas Castrillon	5:35.59	478	12,00	1:19.49	1:26.00	1:25.62	1:24.48
50m:		150m:		250m:		350m:			
100m: 1:19.49		200m: 2:45.49		300m: 4:11.11		400m: 5:35.59			
2. VEGA ALVAREZ Fernando	71	C.N. Ovimaster	6:14.59	344	10,00	1:26.85	1:47.69	1:25.68	1:34.37
50m:		150m:		250m:		350m:			
100m: 1:26.85		200m: 3:14.54		300m: 4:40.22		400m: 6:14.59			
3. LOPEZ ALONSO Juan Antonio	68	C.N. Bierzo-Ponferrada	6:19.07	332	8,00	1:28.76	1:37.59	1:37.46	1:35.26
50m:		150m:		250m:		350m:			
100m: 1:28.76		200m: 3:06.35		300m: 4:43.81		400m: 6:19.07			

Baja LASTRA RODRIGUEZ Fernando 71 C.N. Santa Olaya -

60+, Masc.

1. ESPI FELGUEROSO Atanasio	66	C.N. Ovimaster	6:56.70	272	12,00	1:37.02	1:45.83	1:48.63	1:45.22
50m:		150m:		250m:		350m:			
100m: 1:37.02		200m: 3:22.85		300m: 5:11.48		400m: 6:56.70			

Piscina 50 m. / crono manual

Prueba 1, 400m Libre

65+, Masc.

1. MENENDEZ PEÑALOSA T.	57	R.G.C. Covadonga	6:48.83	313	12,00	1:34.41	1:45.87	1:45.29	1:43.26
50m:		150m:		250m:		350m:			
100m: 1:34.41		200m: 3:20.28		300m: 5:05.57		400m: 6:48.83			

Baja RODRIGUEZ FERNANDEZ J. 60 C. Aquatico Aviles Solras -

75+, Masc.

1. GALA PLA Francisco	50	E.N. Corvera	9:16.87	185	12,00	2:03.81	2:27.44	2:26.94	2:18.68
50m:		150m:		250m:		350m:			
100m: 2:03.81		200m: 4:31.25		300m: 6:58.19		400m: 9:16.87			

20+, Fem.

1. ALONSO ALVAREZ Blanca	04	C.N. Ovimaster	4:52.87	672	12,00	1:08.30	1:14.87	1:15.26	1:14.44
50m:		150m:		250m:		350m:			
100m: 1:08.30		200m: 2:23.17		300m: 3:38.43		400m: 4:52.87			

2. GARCIA DE CASTRO Victoria	03	C.N. Santa Olaya	5:09.07	572	10,00	1:11.17	1:21.12	1:17.76	1:19.02
50m:		150m:		250m:		350m:			
100m: 1:11.17		200m: 2:32.29		300m: 3:50.05		400m: 5:09.07			

3. LARA RENUNCIÓ Maria	02	C.N. Santa Olaya	6:05.38	346	8,00	1:25.61	1:33.75	1:33.76	1:32.26
50m:		150m:		250m:		350m:			
100m: 1:25.61		200m: 2:59.36		300m: 4:33.12		400m: 6:05.38			

25+, Fem.

1. ORTIZ DE GUINEA BASTON Alba	97	C. Aquatico Aviles Solras	4:48.44	704	12,00	1:06.94	1:12.55	1:14.27	1:14.68
<i>Récord de Asturias Master</i>									

50m:		150m:		250m:		350m:			
100m: 1:06.94		200m: 2:19.49		300m: 3:33.76		400m: 4:48.44			

2. GARCIA GARCIA Aitana	97	C.N. Cuencas Mineras	5:07.47	581	10,00	1:11.50	1:17.20	1:18.75	1:20.02
50m:		150m:		250m:		350m:			
100m: 1:11.50		200m: 2:28.70		300m: 3:47.45		400m: 5:07.47			

3. ALVAREZ ALVAREZ Tania	97	C.N. Cuencas Mineras	6:00.59	360	8,00	1:21.59	1:31.02	1:34.03	1:33.95
50m:		150m:		250m:		350m:			
100m: 1:21.59		200m: 2:52.61		300m: 4:26.64		400m: 6:00.59			

4. ALVAREZ OURAL Angela	00	C. Aquatico Aviles Solras	7:23.04	194	7,00	1:37.50	1:48.76	1:58.56	1:58.22
50m:		150m:		250m:		350m:			
100m: 1:37.50		200m: 3:26.26		300m: 5:24.82		400m: 7:23.04			

30+, Fem.

1. GONZALEZ LOPEZ Susana	96	C.N. Las Anclas Castrillon	5:31.84	473	12,00	1:18.15	1:25.07	1:25.55	1:23.07
50m:		150m:		250m:		350m:			
100m: 1:18.15		200m: 2:43.22		300m: 4:08.77		400m: 5:31.84			

2. GUDIN SUAREZ Barbara	96	C.N. Villa De Navia	5:48.91	407	10,00	1:22.73	1:29.38	1:29.96	1:26.84
50m:		150m:		250m:		350m:			
100m: 1:22.73		200m: 2:52.11		300m: 4:22.07		400m: 5:48.91			

3. BOTANA FERNANDEZ Beatriz	93	E.N. Corvera	6:23.20	307	8,00	1:27.73	1:37.12	1:39.13	1:39.22
50m:		150m:		250m:		350m:			
100m: 1:27.73		200m: 3:04.85		300m: 4:43.98		400m: 6:23.20			

35+, Fem.

1. RODRIGUEZ FERNANDEZ Adriana	89	C.N. Villa De Navia	5:14.05	608	12,00	1:09.92	1:18.24	1:22.74	1:23.15
<i>Récord de Asturias Master</i>									

50m:		150m:		250m:		350m:			
100m: 1:09.92		200m: 2:28.16		300m: 3:50.90		400m: 5:14.05			

2. AGUERA FERNANDEZ Patricia	87	R.G.C. Covadonga	5:22.91	560	10,00	1:18.30	1:22.47	1:22.27	1:19.87
50m:		150m:		250m:		350m:			
100m: 1:18.30		200m: 2:40.77		300m: 4:03.04		400m: 5:22.91			

Piscina 50 m. / crono manual

Prueba 1, Fem., 400m Libre, 35+

Clasificación	AN	Tiempo	Pts	P.Club	100m	200m	300m	400m
3. SANCHEZ GONZALEZ Laura	89 C.N. Villa De Navia	5:25.79	545	8,00	1:15.96	1:21.82	1:23.95	1:24.06
	50m: 1:15.96	150m: 2:37.78	250m: 4:01.73	350m: 5:25.79	100m: 1:15.96	200m: 2:37.78	300m: 4:01.73	400m: 5:25.79

40+, Fem.

1. BLANCO RODRIGUEZ Isabel <i>Récord de Asturias Master</i>	83 R.G.C. Covadonga	5:16.94	570	12,00	1:18.30	1:20.31	1:19.37	1:18.96
	50m: 1:18.30	150m: 2:38.61	250m: 3:57.98	350m: 5:16.94	100m: 1:18.30	200m: 2:38.61	300m: 3:57.98	400m: 5:16.94
2. DE LA LLANA MENENDEZ Leticia	84 R.G.C. Covadonga	5:29.58	507	10,00	1:18.54	1:23.10	1:24.70	1:23.24
	50m: 1:18.54	150m: 2:41.64	250m: 4:06.34	350m: 5:29.58	100m: 1:18.54	200m: 2:41.64	300m: 4:06.34	400m: 5:29.58
3. TRAVIESA PALENCIA Jessica	85 C.N. Las Anclas Castrillon	5:29.90	505	8,00	1:21.76	1:23.12	1:22.81	1:22.21
	50m: 1:21.76	150m: 2:44.88	250m: 4:07.69	350m: 5:29.90	100m: 1:21.76	200m: 2:44.88	300m: 4:07.69	400m: 5:29.90
4. AMADO RODRIGUEZ Laura	83 R.G.C. Covadonga	5:56.30	401	7,00	1:24.63	1:31.71	1:30.69	1:29.27
	50m: 1:24.63	150m: 2:56.34	250m: 4:27.03	350m: 5:56.30	100m: 1:24.63	200m: 2:56.34	300m: 4:27.03	400m: 5:56.30
5. PONTIERE Helene Ivonne G	82 C.N. Ovimaster	6:00.51	387	6,00	1:23.65	1:32.17	1:33.54	1:31.15
	50m: 1:23.65	150m: 2:55.82	250m: 4:29.36	350m: 6:00.51	100m: 1:23.65	200m: 2:55.82	300m: 4:29.36	400m: 6:00.51
6. BERMUDEZ BLANCO Esther	84 C.N. Ovimaster	6:47.11	269	5,00	1:34.73	1:45.19	1:44.90	1:42.29
	50m: 1:34.73	150m: 3:19.92	250m: 5:04.82	350m: 6:47.11	100m: 1:34.73	200m: 3:19.92	300m: 5:04.82	400m: 6:47.11
7. PEREIRAS MENDEZ Lorena	82 C.N. Villa De Navia	6:54.87	254	4,00	1:36.05	1:46.49	1:48.13	1:44.20
	50m: 1:36.05	150m: 3:22.54	250m: 5:10.67	350m: 6:54.87	100m: 1:36.05	200m: 3:22.54	300m: 5:10.67	400m: 6:54.87

45+, Fem.

1. BARREAL VEGA Carmen	81 R.G.C. Covadonga	6:03.61	412	12,00	1:22.90	1:32.63	1:33.50	1:34.58
	50m: 1:22.90	150m: 2:55.53	250m: 4:29.03	350m: 6:03.61	100m: 1:22.90	200m: 2:55.53	300m: 4:29.03	400m: 6:03.61
2. ARAMBURU ZUÑIGA Patricia	77 C.N. Las Anclas Castrillon	6:08.49	396	10,00	1:25.92	1:34.57	1:36.00	1:32.00
	50m: 1:25.92	150m: 3:00.49	250m: 4:36.49	350m: 6:08.49	100m: 1:25.92	200m: 3:00.49	300m: 4:36.49	400m: 6:08.49
3. COUSO FRAIZ Carmen A.	78 C.N. Triton Bierzo	8:05.98	172	8,00	1:58.38	2:04.94	2:03.89	1:58.77
	50m: 1:58.38	150m: 4:03.32	250m: 6:07.21	350m: 8:05.98	100m: 1:58.38	200m: 4:03.32	300m: 6:07.21	400m: 8:05.98

50+, Fem.

1. ROZAS REYES Paloma	74 R.G.C. Covadonga	6:37.48	352	12,00	1:31.52	1:41.97	1:43.21	1:40.78
	50m: 1:31.52	150m: 3:13.49	250m: 4:56.70	350m: 6:37.48	100m: 1:31.52	200m: 3:13.49	300m: 4:56.70	400m: 6:37.48
2. FUERTES LLAMAZALES Begona	73 C.N. Santa Olaya	6:50.32	320	10,00	1:38.27	1:46.86	1:43.48	1:41.71
	50m: 1:38.27	150m: 3:25.13	250m: 5:08.61	350m: 6:50.32	100m: 1:38.27	200m: 3:25.13	300m: 5:08.61	400m: 6:50.32
3. LUNA RABANAL Elena	74 S.D. Venatoria	7:00.73	296	8,00	1:36.11	1:46.62	1:50.57	1:47.43
	50m: 1:36.11	150m: 3:22.73	250m: 5:13.30	350m: 7:00.73	100m: 1:36.11	200m: 3:22.73	300m: 5:13.30	400m: 7:00.73
4. PEREZ GARCIA Patricia	76 C.N. Santa Olaya	7:48.27	215	7,00	1:44.33	2:01.90	2:03.56	1:58.48
	50m: 1:44.33	150m: 3:46.23	250m: 5:49.79	350m: 7:48.27	100m: 1:44.33	200m: 3:46.23	300m: 5:49.79	400m: 7:48.27

Piscina 50 m. / crono manual

Prueba 1, 400m Libre

55+, Fem.

1. ALVAREZ GONZALEZ Ma Teresa	69	C.N. Santa Olaya	6:19.05	417	12,00	1:30.32	1:35.63	1:36.66	1:36.44
50m:		150m:	250m:			350m:			
100m: 1:30.32		200m: 3:05.95	300m: 4:42.61			400m: 6:19.05			
2. ALONSO PRIETO Ines	69	S.D. Venatoria	6:33.45	373	10,00	1:31.88	1:41.84	1:42.24	1:37.49
50m:		150m:	250m:			350m:			
100m: 1:31.88		200m: 3:13.72	300m: 4:55.96			400m: 6:33.45			
3. BENITO VIOQUE Carmen	67	C.N. Ovimaster	7:42.14	230	8,00	1:53.14	1:59.68	1:56.97	1:52.35
50m:		150m:	250m:			350m:			
100m: 1:53.14		200m: 3:52.82	300m: 5:49.79			400m: 7:42.14			
4. FERNANDEZ CORDERO M.	71	C.N. Santa Olaya	7:55.15	212	7,00	1:53.67	2:02.51	2:01.89	1:57.08
50m:		150m:	250m:			350m:			
100m: 1:53.67		200m: 3:56.18	300m: 5:58.07			400m: 7:55.15			
5. DIAZ FERNADEZ Marta	67	C.N. Santa Olaya	8:20.24	181	6,00	1:55.20	2:11.37	2:10.79	2:02.88
50m:		150m:	250m:			350m:			
100m: 1:55.20		200m: 4:06.57	300m: 6:17.36			400m: 8:20.24			

60+, Fem.

1. ELIO VILLANUEVA Maria Cristina	66	R.G.C. Covadonga	5:56.13	532	12,00	1:26.67	1:31.63	1:30.68	1:27.15
<i>Récord de Asturias Master</i>									
50m:		150m:	250m:			350m:			
100m: 1:26.67		200m: 2:58.30	300m: 4:28.98			400m: 5:56.13			
2. MENENDEZ MORIS Emilia	62	R.G.C. Covadonga	6:54.21	338	10,00	1:35.10	1:46.32	1:48.21	1:44.58
50m:		150m:	250m:			350m:			
100m: 1:35.10		200m: 3:21.42	300m: 5:09.63			400m: 6:54.21			
3. MUÑIZ ALVAREZ Emilia	62	C.N. Ovimaster	7:55.30	223	8,00	1:54.45	2:00.96	2:02.38	1:57.51
50m:		150m:	250m:			350m:			
100m: 1:54.45		200m: 3:55.41	300m: 5:57.79			400m: 7:55.30			
4. ALVAREZ RODRIGUEZ Jacoba	64	C.N. Santa Olaya	9:22.53	135	7,00	2:14.80	2:22.79	2:23.61	2:21.33
50m:		150m:	250m:			350m:			
100m: 2:14.80		200m: 4:37.59	300m: 7:01.20			400m: 9:22.53			

65+, Fem.

1. MUÑOZ GARDE Mo Sol Reyes	59	C.N. Santa Olaya	8:05.09	268	12,00	1:57.21	2:04.84	2:03.41	1:59.63
50m:		150m:	250m:			350m:			
100m: 1:57.21		200m: 4:02.05	300m: 6:05.46			400m: 8:05.09			

Piscina 50 m. / crono manual