

"Sandanski" Cup 2026
Sandanski, 1. - 3.5.2026

Event 26
2.5.2026 . - 19:27

Women, 400m Freestyle

11 years and older
Results

Points: AQUA 2026

Rank			YB			Time	Pts	
11 - 12 years								
1.	Nikol METODIEVA		14	Levski		5:05.87	448	
	50m:	35.30 35.30	150m:	1:52.99 38.96	250m:	3:10.74 38.85	350m:	4:27.96 38.34
	100m:	1:14.03 38.73	200m:	2:31.89 38.90	300m:	3:49.62 38.88	400m:	5:05.87 37.91
2.	Siana SIMEONOVA		14	Atomik		5:16.00	406	
	50m:	34.27 34.27	150m:	1:54.84 40.67	250m:	3:17.12 40.97	350m:	4:38.22 39.92
	100m:	1:14.17 39.90	200m:	2:36.15 41.31	300m:	3:58.30 41.18	400m:	5:16.00 37.78
3.	Angela TODOROVA		14	Vsi		5:18.88	396	
	50m:	37.04 37.04	150m:	1:56.98 40.46	250m:	3:18.28 40.82	350m:	4:40.08 40.96
	100m:	1:16.52 39.48	200m:	2:37.46 40.48	300m:	3:59.12 40.84	400m:	5:18.88 38.80
4.	Viktoriya CHAKUROVA		14	Vsi		5:33.80	345	
	50m:	38.72 38.72	150m:	2:03.16 43.05	250m:	3:29.51 43.97	350m:	4:55.17 43.48
	100m:	1:20.11 41.39	200m:	2:45.54 42.38	300m:	4:11.69 42.18	400m:	5:33.80 38.63
5.	Melanija KJULAVKOVSKA		15	Vardar		5:37.32	334	
	50m:	37.55 37.55	150m:	2:04.66 43.76	250m:	3:30.88 41.99	350m:	4:56.90 41.78
	100m:	1:20.90 43.35	200m:	2:48.89 44.23	300m:	4:15.12 44.24	400m:	5:37.32 40.42
6.	Stela POPOVA		15	Trayana		5:52.28	293	
	50m:	36.45 36.45	150m:	2:06.52 45.81	250m:	3:36.54 44.69	350m:	5:08.43 45.90
	100m:	1:20.71 44.26	200m:	2:51.85 45.33	300m:	4:22.53 45.99	400m:	5:52.28 43.85
7.	Aleksandra SHUMAROVA		14	G.D.S		5:55.90	284	
	50m:	36.37 36.37	150m:	2:05.04 45.58	250m:	3:38.48 46.79	350m:	5:12.04 46.03
	100m:	1:19.46 43.09	200m:	2:51.69 46.65	300m:	4:26.01 47.53	400m:	5:55.90 43.86
8.	Katja POPOV		15	Vardar		5:59.04	277	
	50m:	41.35 41.35	150m:	2:13.82 45.41	250m:	3:45.11 44.53	350m:	5:15.52 44.41
	100m:	1:28.41 47.06	200m:	3:00.58 46.76	300m:	4:31.11 46.00	400m:	5:59.04 43.52
13 - 14 years								
1.	Eliya DASKALOVA		12	Vsi		4:48.72	533	
	50m:	32.19 32.19	150m:	1:46.27 37.81	250m:	3:00.46 37.34	350m:	4:14.08 37.19
	100m:	1:08.46 36.27	200m:	2:23.12 36.85	300m:	3:36.89 36.43	400m:	4:48.72 34.64
2.	Bozhidara GERZILOVA		12	Smolian		5:04.50	454	
	50m:	33.73 33.73	150m:	1:49.61 39.19	250m:	3:08.99 40.25	350m:	4:27.30 39.28
	100m:	1:10.42 36.69	200m:	2:28.74 39.13	300m:	3:48.02 39.03	400m:	5:04.50 37.20
3.	Mihaela UZUNOVA		12	Smolian		5:06.98	443	
	50m:	33.15 33.15	150m:	1:50.64 38.83	250m:	3:09.87 39.47	350m:	4:28.73 38.84
	100m:	1:11.81 38.66	200m:	2:30.40 39.76	300m:	3:49.89 40.02	400m:	5:06.98 38.25
4.	Sofia SIMEONOVA		13	Levski		5:07.68	440	
	50m:	33.56 33.56	150m:	1:51.72 40.27	250m:	3:13.33 41.16	350m:	4:30.76 36.77
	100m:	1:11.45 37.89	200m:	2:32.17 40.45	300m:	3:53.99 40.66	400m:	5:07.68 36.92
5.	Laura DIMITROVA		12	Vihren		5:08.93	435	
	50m:	34.04 34.04	150m:	1:53.07 40.41	250m:	3:12.93 40.11	350m:	4:31.70 38.97
	100m:	1:12.66 38.62	200m:	2:32.82 39.75	300m:	3:52.73 39.80	400m:	5:08.93 37.23
6.	Mariya SHOPOVA		12	Smolian		5:09.35	433	
	50m:	32.74 32.74	150m:	1:49.81 39.30	250m:	3:10.33 40.69	350m:	4:31.18 40.39
	100m:	1:10.51 37.77	200m:	2:29.64 39.83	300m:	3:50.79 40.46	400m:	5:09.35 38.17
7.	Yana DOBREVA		13	Smolian		5:12.55	420	
	50m:	34.09 34.09	150m:	1:51.88 39.58	250m:	3:12.58 40.33	350m:	4:34.01 40.29
	100m:	1:12.30 38.21	200m:	2:32.25 40.37	300m:	3:53.72 41.14	400m:	5:12.55 38.54
8.	Yordanka GADZHEVA		13	Smolian		5:18.76	396	
	50m:	35.64 35.64	150m:	1:56.03 40.89	250m:	3:18.09 41.05	350m:	4:39.82 41.18
	100m:	1:15.14 39.50	200m:	2:37.04 41.01	300m:	3:58.64 40.55	400m:	5:18.76 38.94

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Event 26, Girls, 400m Freestyle, 13 - 14 years

Rank			YB							Time	Pts
9.	Anja ANASTASOVSKA		12	Neptun						5:34.18	344
	50m:	38.63 38.63	150m:	2:04.47	43.09	250m:	3:30.80	43.20	350m:	4:55.55	41.95
	100m:	1:21.38 42.75	200m:	2:47.60	43.13	300m:	4:13.60	42.80	400m:	5:34.18	38.63
10.	Niya IVANOVA		12	Cska						5:53.05	291
	50m:	36.04 36.04	150m:	2:03.73	45.49	250m:	3:35.85	46.81	350m:	5:08.62	46.78
	100m:	1:18.24 42.20	200m:	2:49.04	45.31	300m:	4:21.84	45.99	400m:	5:53.05	44.43
11.	Kristina DIMOVA		13	Levski						6:08.12	257
	50m:	39.37 39.37	150m:	2:14.05	48.96	250m:	3:50.99	48.72	350m:	5:26.34	47.74
	100m:	1:25.09 45.72	200m:	3:02.27	48.22	300m:	4:38.60	47.61	400m:	6:08.12	41.78
12.	Teodora POPOVA		13	Nsa						6:15.52	242
	50m:	41.67 41.67	150m:	2:17.92	48.69	250m:	3:54.18	47.97	350m:	5:30.67	48.14
	100m:	1:29.23 47.56	200m:	3:06.21	48.29	300m:	4:42.53	48.35	400m:	6:15.52	44.85

15 - 17 years

1.	Bozhidara BORISOVA		11	Vihren						4:34.62	620
	50m:	31.36 31.36	150m:	1:40.18	34.91	250m:	2:50.63	35.35	350m:	4:00.79	34.88
	100m:	1:05.27 33.91	200m:	2:15.28	35.10	300m:	3:25.91	35.28	400m:	4:34.62	33.83
2.	Vanesa GOSHEVA		11	G.D.S						4:46.92	543
	50m:	32.07 32.07	150m:	1:44.52	37.04	250m:	2:59.32	37.61	350m:	4:13.56	36.75
	100m:	1:07.48 35.41	200m:	2:21.71	37.19	300m:	3:36.81	37.49	400m:	4:46.92	33.36
3.	Andrea GEORGIEVA		11	Vsi						4:49.46	529
	50m:	31.88 31.88	150m:	1:44.03	36.93	250m:	2:58.81	37.74	350m:	4:13.39	37.35
	100m:	1:07.10 35.22	200m:	2:21.07	37.04	300m:	3:36.04	37.23	400m:	4:49.46	36.07
4.	Maya DRYANKOVA		10	Smolian						5:01.83	467
	50m:	33.14 33.14	150m:	1:49.42	38.99	250m:	3:07.88	39.26	350m:	4:25.62	38.43
	100m:	1:10.43 37.29	200m:	2:28.62	39.20	300m:	3:47.19	39.31	400m:	5:01.83	36.21
5.	Daria TUNCHEVA		11	Nsa						5:05.48	450
	50m:	34.54 34.54	150m:	1:50.40	37.97	250m:	3:09.30	39.35	350m:	4:28.09	38.85
	100m:	1:12.43 37.89	200m:	2:29.95	39.55	300m:	3:49.24	39.94	400m:	5:05.48	37.39
6.	Katerina RAICHEVA		11	Vsi						5:08.15	438
	50m:	35.30 35.30	150m:	1:52.68	39.43	250m:	3:11.47	39.76	350m:	4:29.67	39.16
	100m:	1:13.25 37.95	200m:	2:31.71	39.03	300m:	3:50.51	39.04	400m:	5:08.15	38.48
7.	Ekaterina STOYNEVA		11	Olimp						5:09.83	431
	50m:	33.54 33.54	150m:	1:50.36	39.22	250m:	3:10.34	40.54	350m:	4:31.02	40.53
	100m:	1:11.14 37.60	200m:	2:29.80	39.44	300m:	3:50.49	40.15	400m:	5:09.83	38.81
8.	Mariya TRIFONOVA		10	Levski 2014						5:14.98	410
	50m:	33.85 33.85	150m:	1:53.18	40.62	250m:	3:14.02	40.23	350m:	4:35.65	39.67
	100m:	1:12.56 38.71	200m:	2:33.79	40.61	300m:	3:55.98	41.96	400m:	5:14.98	39.33
9.	Viktoria DIMITROVA		10	Nsa						5:16.16	406
	50m:	33.72 33.72	150m:	1:53.88	40.82	250m:	3:16.01	40.87	350m:	4:37.54	40.42
	100m:	1:13.06 39.34	200m:	2:35.14	41.26	300m:	3:57.12	41.11	400m:	5:16.16	38.62
10.	Tsveta DIMOVA		10	Levski						5:28.89	360
	50m:	35.06 35.06	150m:	1:58.79	42.60	250m:	3:24.74	43.43	350m:	4:48.72	41.65
	100m:	1:16.19 41.13	200m:	2:41.31	42.52	300m:	4:07.07	42.33	400m:	5:28.89	40.17
11.	Yanna SESTRIMSKA		09	Sandanski						5:37.02	335
	50m:	37.59 37.59	150m:	2:01.92	42.70	250m:	3:27.63	42.99	350m:	4:54.84	43.67
	100m:	1:19.22 41.63	200m:	2:44.64	42.72	300m:	4:11.17	43.54	400m:	5:37.02	42.18