



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Março 2026

Prova 35 Femin., 1500m Livres Infantil B
01/03/2026 - 15:30 Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Inf B	18:45.41	Mafalda Sofia Rosa	CNRM	Tomar	14/11/2015

: 25:30.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts				
1.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	22:28.32		305					
	50m:	39.70	300m:	4:23.44	550m:	8:08.41	800m:	11:56.42	1050m:	15:45.89	1300m:	19:30.57
	100m:	1:23.92	350m:	5:08.86	600m:	8:54.06	850m:	12:42.60	1100m:	16:30.87	1350m:	20:15.92
	150m:	2:08.19	400m:	5:53.57	650m:	9:39.06	900m:	13:28.76	1150m:	17:15.85	1400m:	21:01.04
	200m:	2:52.91	450m:	6:38.86	700m:	10:24.61	950m:	14:14.77	1200m:	18:01.25	1450m:	21:46.50
	250m:	3:38.36	500m:	7:23.79	750m:	11:10.73	1000m:	15:00.52	1250m:	18:45.79	1500m:	22:28.32

Prova 35 Femin., 1500m Livres Infantil A
01/03/2026 - 15:30 Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Inf A	17:57.44	Mafalda Sofia Rosa	CNRM	Santarem	15/01/2017

: 24:50.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts				
1.	Matilde Abelho Vaz	12		CLAC-Entroncamento	22:56.86		287					
	50m:	40.31	300m:	4:30.57	550m:	8:21.83	800m:	12:13.45	1050m:	16:02.71	1300m:	19:55.90
	100m:	1:25.97	350m:	5:16.03	600m:	9:08.27	850m:	12:59.66	1100m:	16:49.45	1350m:	20:41.98
	150m:	2:11.85	400m:	6:03.05	650m:	9:54.81	900m:	13:44.71	1150m:	17:35.49	1400m:	21:29.56
	200m:	2:58.07	450m:	6:49.29	700m:	10:41.48	950m:	14:30.51	1200m:	18:22.66	1450m:	22:15.79
	250m:	3:44.90	500m:	7:34.96	750m:	11:27.76	1000m:	15:17.16	1250m:	19:09.80	1500m:	22:56.86
2.	Ines Santos Pina	12		CLAC-Entroncamento	23:10.99		278					
	50m:	41.42	300m:	4:30.86	550m:	8:24.11	800m:	12:16.82	1050m:	16:11.66	1300m:	20:07.46
	100m:	1:26.10	350m:	5:17.53	600m:	9:10.78	850m:	13:03.69	1100m:	16:59.00	1350m:	20:54.11
	150m:	2:11.87	400m:	6:04.19	650m:	9:57.04	900m:	13:50.88	1150m:	17:46.11	1400m:	21:40.59
	200m:	2:58.63	450m:	6:50.51	700m:	10:43.58	950m:	14:38.01	1200m:	18:33.16	1450m:	22:27.94
	250m:	3:44.52	500m:	7:37.32	750m:	11:30.31	1000m:	15:25.00	1250m:	19:20.41	1500m:	23:10.99
3.	Maria Vitoria Martinho	12		Gualdim Pais	23:45.75		258					
	50m:	39.87	300m:	4:33.71	550m:	8:33.35	800m:	12:33.97	1050m:	16:34.90	1300m:	20:37.02
	100m:	1:25.57	350m:	5:21.60	600m:	9:20.95	850m:	13:22.30	1100m:	17:23.03	1350m:	21:25.13
	150m:	2:12.18	400m:	6:09.55	650m:	10:09.43	900m:	14:10.89	1150m:	18:11.12	1400m:	22:13.53
	200m:	2:59.12	450m:	6:57.69	700m:	10:57.60	950m:	14:58.40	1200m:	18:59.98	1450m:	23:01.05
	250m:	3:46.23	500m:	7:45.85	750m:	11:45.29	1000m:	15:46.63	1250m:	19:48.80	1500m:	23:45.75

Prova 35 Femin., 1500m Livres Juvenil A
01/03/2026 - 15:30 Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Juv A	17:03.84	Mafalda Sofia Rosa	CNRM	CORUCHE	15/03/2019

: 23:49.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts				
1.	Leonor Sombreiro Martins	10		BUZIOS-Coruche	18:12.31		574					
	50m:	31.81	300m:	3:33.29	550m:	6:36.92	800m:	9:41.04	1050m:	12:44.97	1300m:	15:49.43
	100m:	1:05.36	350m:	4:10.26	600m:	7:13.89	850m:	10:17.82	1100m:	13:22.08	1350m:	16:26.16
	150m:	1:43.38	400m:	4:46.91	650m:	7:50.92	900m:	10:54.74	1150m:	13:58.95	1400m:	17:02.92
	200m:	2:20.19	450m:	5:23.69	700m:	8:27.59	950m:	11:31.58	1200m:	14:35.82	1450m:	17:39.07
	250m:	2:56.76	500m:	6:00.36	750m:	9:04.40	1000m:	12:08.59	1250m:	15:12.58	1500m:	18:12.31
2.	Angela Maria Pereira	10		Nautico Salvaterra Magos	21:39.02		341					
	50m:	38.47	300m:	4:15.59	550m:	7:53.87	800m:	11:32.35	1050m:	15:09.96	1300m:	18:47.53
	100m:	1:21.21	350m:	4:59.04	600m:	8:37.91	850m:	12:15.90	1100m:	15:52.94	1350m:	19:30.61
	150m:	2:04.19	400m:	5:42.77	650m:	9:20.79	900m:	12:59.34	1150m:	16:36.13	1400m:	20:14.56
	200m:	2:48.04	450m:	6:26.49	700m:	10:05.01	950m:	13:42.59	1200m:	17:19.76	1450m:	20:57.74
	250m:	3:31.96	500m:	7:10.32	750m:	10:48.44	1000m:	14:26.44	1250m:	18:03.80	1500m:	21:39.02



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Maro 2026

Prova 35, Femin., 1500m Livres

Prova 35 Femin., 1500m Livres Senior
01/03/2026 - 15:30 Resultados

Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS 18 +	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023

Jun/Sen: 23:17.00

Pontos: AQUA 2025

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Chambel Dias	02	CLAC-Entroncamento	20:42.21		390	
	50m: 37.33	300m: 4:02.54	550m: 7:28.60	800m: 10:58.06	1050m: 14:26.27	1300m: 17:58.26	
	100m: 1:17.72	350m: 4:43.28	600m: 8:10.29	850m: 11:40.07	1100m: 15:08.58	1350m: 18:40.19	
	150m: 1:59.18	400m: 5:24.46	650m: 8:51.95	900m: 12:21.72	1150m: 15:52.07	1400m: 19:21.89	
	200m: 2:40.61	450m: 6:05.64	700m: 9:33.62	950m: 13:03.59	1200m: 16:34.79	1450m: 20:03.25	
	250m: 3:21.43	500m: 6:46.96	750m: 10:15.64	1000m: 13:45.19	1250m: 17:16.99	1500m: 20:42.21	