



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF  
Coruche, 28 Fevereiro e 1 Maro 2026

Prova 33 Misto, 4 x 100m Estilos Infantilis  
01/03/2026 - 11:28 Resultados

Pontos: AQUA 2025

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. CLAC-Entroncamento 2		CLAC-Entroncamento	<b>5:59.11</b>		201						
50m:	40.69	40.69	150m:	2:12.26	50.81	250m:	3:52.64	41.89	350m:	5:18.79	36.32
100m:	1:21.45	40.76	200m:	3:10.75	58.49	300m:	4:42.47	49.83	400m:	5:59.11	40.32

Prova 33 Misto, 4 x 100m Estilos Juvenil  
01/03/2026 - 11:28 Resultados

Pontos: AQUA 2025

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. Rio Maior 5		Rio Maior	<b>4:36.73</b>		440						
50m:	34.22	34.22	150m:	1:49.42	38.90	250m:	3:04.36	28.70	350m:	4:06.76	27.90
100m:	1:10.52	36.30	200m:	2:35.66	46.24	300m:	3:38.86	34.50	400m:	4:36.73	29.97
2. BUZIOS-Coruche 1		BUZIOS-Coruche	<b>4:39.52</b>		427						
50m:	36.08	36.08	150m:	1:53.51	38.06	250m:	3:04.64	28.82	350m:	4:06.82	29.35
100m:	1:15.45	39.37	200m:	2:35.82	42.31	300m:	3:37.47	32.83	400m:	4:39.52	32.70
3. Torres Novas 2		Torres Novas	<b>4:40.47</b>		423						
50m:	34.58	34.58	150m:	1:52.43	40.47	250m:	3:07.32	29.04	350m:	4:09.27	28.50
100m:	1:11.96	37.38	200m:	2:38.28	45.85	300m:	3:40.77	33.45	400m:	4:40.47	31.20
4. Viver Santarem 2		Viver Santarem	<b>4:48.05</b>		390						
50m:	33.10	33.10	150m:	1:44.62	35.88	250m:	2:59.61	33.52	350m:	4:11.80	32.68
100m:	1:08.74	35.64	200m:	2:26.09	41.47	300m:	3:39.12	39.51	400m:	4:48.05	36.25

Prova 33 Misto, 4 x 100m Estilos Junior  
01/03/2026 - 11:28 Resultados

Pontos: AQUA 2025

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. Torres Novas 1		Torres Novas	<b>4:31.67</b>		465						
50m:	29.74	29.74	150m:	1:39.36	37.85	250m:	2:51.38	30.30	350m:	3:56.93	31.44
100m:	1:01.51	31.77	200m:	2:21.08	41.72	300m:	3:25.49	34.11	400m:	4:31.67	34.74
2. Rio Maior 6		Rio Maior	<b>5:00.10</b>		345						
50m:	39.35	39.35	150m:	2:04.03	42.06	250m:	3:19.78	30.58	350m:	4:25.67	31.47
100m:	1:21.97	42.62	200m:	2:49.20	45.17	300m:	3:54.20	34.42	400m:	5:00.10	34.43
3. Nautico Abrantes 3		Nautico Abrantes	<b>5:02.66</b>		336						
50m:	30.00	30.00	150m:	1:49.93	46.83	250m:	3:14.35	31.55	350m:	4:24.67	32.48
100m:	1:03.10	33.10	200m:	2:42.80	52.87	300m:	3:52.19	37.84	400m:	5:02.66	37.99

Prova 33 Misto, 4 x 100m Estilos Seniores  
01/03/2026 - 11:28 Resultados

Pontos: AQUA 2025

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. CLAC-Entroncamento 1		CLAC-Entroncamento	<b>4:51.09</b>		378						
50m:	34.67	34.67	150m:	1:43.42	31.60	250m:	2:54.97	35.11	350m:	4:13.73	35.00
100m:	1:11.82	37.15	200m:	2:19.86	36.44	300m:	3:38.73	43.76	400m:	4:51.09	37.36
2. BUZIOS-Coruche 2		BUZIOS-Coruche	<b>4:52.92</b>		371						
50m:	39.04	39.04	150m:	2:04.47	41.64	250m:	3:20.51	27.20	350m:	4:21.51	27.51
100m:	1:22.83	43.79	200m:	2:53.31	48.84	300m:	3:54.00	33.49	400m:	4:52.92	31.41