



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Março 2026

Prova 1 Masc., 1500m Livres Infantil A
28/02/2026 - 9:16 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007

: 23:40.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Martim Rocha Silva	12		Gualdim Pais	19:11.72		397	
	50m: 35.79	300m: 3:49.24	550m: 7:02.69	800m: 10:13.92	1050m: 13:27.43	1300m: 16:41.56		
	100m: 1:14.73	350m: 4:28.84	600m: 7:40.84	850m: 10:52.65	1100m: 14:06.15	1350m: 17:19.66		
	150m: 1:52.68	400m: 5:07.49	650m: 8:18.95	900m: 11:31.17	1150m: 14:44.93	1400m: 17:57.83		
	200m: 2:31.38	450m: 5:45.40	700m: 8:56.98	950m: 12:09.93	1200m: 15:22.84	1450m: 18:35.22		
	250m: 3:10.34	500m: 6:24.42	750m: 9:35.52	1000m: 12:48.90	1250m: 16:01.92	1500m: 19:11.72		
2.	Salvador Henrique Vieira	12		Torres Novas	19:58.60		352	
	50m: 34.99	300m: 3:54.10	550m: 7:14.82	800m: 10:37.67	1050m: 13:59.65	1300m: 17:21.08		
	100m: 1:14.29	350m: 4:34.23	600m: 7:55.10	850m: 11:18.49	1100m: 14:39.88	1350m: 18:01.85		
	150m: 1:54.05	400m: 5:13.75	650m: 8:35.52	900m: 11:58.97	1150m: 15:20.17	1400m: 18:42.26		
	200m: 2:34.15	450m: 5:54.20	700m: 9:16.20	950m: 12:39.24	1200m: 16:00.26	1450m: 19:21.97		
	250m: 3:14.09	500m: 6:34.57	750m: 9:56.85	1000m: 13:19.42	1250m: 16:40.69	1500m: 19:58.60		
3.	Rodrigo Miranda Rosa	12		Uniao Samorense	20:18.01		336	
	50m: 35.14	300m: 3:58.83	550m: 7:24.72	800m: 10:46.91	1050m: 14:10.97	1300m: 17:37.03		
	100m: 1:14.93	350m: 4:39.96	600m: 8:05.28	850m: 11:27.21	1100m: 14:52.06	1350m: 18:18.36		
	150m: 1:55.48	400m: 5:20.94	650m: 8:45.47	900m: 12:07.96	1150m: 15:33.63	1400m: 18:59.73		
	200m: 2:36.50	450m: 6:02.19	700m: 9:25.55	950m: 12:49.04	1200m: 16:14.34	1450m: 19:40.04		
	250m: 3:17.75	500m: 6:43.30	750m: 10:05.94	1000m: 13:29.99	1250m: 16:55.58	1500m: 20:18.01		

Prova 1 Masc., 1500m Livres Juvenil B
28/02/2026 - 9:16 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003

: 23:05.00

Pontos: AQUA 2025

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Heliodoro Joao Sombreiro	11		BUZIOS-Coruche	19:11.12		398	
	50m: 32.20	300m: 3:41.15	550m: 6:55.87	800m: 10:12.12	1050m: 13:27.82	1300m: 16:42.03		
	100m: 1:08.86	350m: 4:20.13	600m: 7:34.91	850m: 10:51.39	1100m: 14:06.55	1350m: 17:19.99		
	150m: 1:46.76	400m: 4:58.90	650m: 8:14.29	900m: 11:30.39	1150m: 14:45.35	1400m: 17:58.25		
	200m: 2:24.55	450m: 5:37.44	700m: 8:53.63	950m: 12:09.76	1200m: 15:24.70	1450m: 18:36.21		
	250m: 3:02.90	500m: 6:16.70	750m: 9:32.87	1000m: 12:48.71	1250m: 16:03.71	1500m: 19:11.12		
2.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	19:52.74		357	
	50m: 35.75	300m: 3:52.94	550m: 7:12.45	800m: 10:32.96	1050m: 13:54.19	1300m: 17:15.20		
	100m: 1:14.70	350m: 4:33.02	600m: 7:52.80	850m: 11:13.31	1100m: 14:34.82	1350m: 17:54.95		
	150m: 1:54.77	400m: 5:12.59	650m: 8:32.66	900m: 11:53.76	1150m: 15:14.64	1400m: 18:34.67		
	200m: 2:34.26	450m: 5:52.45	700m: 9:12.76	950m: 12:34.05	1200m: 15:54.72	1450m: 19:14.76		
	250m: 3:13.65	500m: 6:32.37	750m: 9:53.10	1000m: 13:14.30	1250m: 16:35.23	1500m: 19:52.74		
3.	Artur Alexandre Silva	11		20Km de Almeirim	20:10.21		342	
	50m: 35.84	300m: 3:56.86	550m: 7:21.04	800m: 10:46.01	1050m: 14:11.47	1300m: 17:36.02		
	100m: 1:15.64	350m: 4:38.02	600m: 8:02.32	850m: 11:26.86	1100m: 14:52.23	1350m: 18:16.82		
	150m: 1:55.71	400m: 5:19.10	650m: 8:43.59	900m: 12:07.57	1150m: 15:33.64	1400m: 18:56.35		
	200m: 2:36.42	450m: 5:59.88	700m: 9:24.36	950m: 12:48.14	1200m: 16:13.92	1450m: 19:34.98		
	250m: 3:16.72	500m: 6:40.56	750m: 10:04.83	1000m: 13:29.03	1250m: 16:55.08	1500m: 20:10.21		
4.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	20:10.68		342	
	50m: 35.15	300m: 3:58.27	550m: 7:22.10	800m: 10:45.26	1050m: 14:09.74	1300m: 17:36.10		
	100m: 1:15.01	350m: 4:39.26	600m: 8:02.43	850m: 11:26.06	1100m: 14:51.50	1350m: 18:15.49		
	150m: 1:55.66	400m: 5:19.55	650m: 8:42.83	900m: 12:07.15	1150m: 15:32.79	1400m: 18:56.04		
	200m: 2:36.35	450m: 6:00.54	700m: 9:23.85	950m: 12:48.51	1200m: 16:13.93	1450m: 19:33.68		
	250m: 3:17.08	500m: 6:41.71	750m: 10:04.04	1000m: 13:29.66	1250m: 16:55.55	1500m: 20:10.68		



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Março 2026

Prova 1, Masc., 1500m Livres, Juvenil B

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Abel Elias Ramos	11	Gualdim Pais	21:55.54			266
	50m: 38.43	300m: 4:15.67	550m: 7:52.61	800m: 11:34.33	1050m: 15:19.65	1300m: 19:01.43	
	100m: 1:21.01	350m: 4:59.30	600m: 8:37.10	850m: 12:19.57	1100m: 16:04.05	1350m: 19:45.27	
	150m: 2:05.52	400m: 5:42.56	650m: 9:21.19	900m: 13:04.87	1150m: 16:48.46	1400m: 20:29.30	
	200m: 2:48.61	450m: 6:25.48	700m: 10:05.71	950m: 13:50.05	1200m: 17:33.68	1450m: 21:13.41	
	250m: 3:32.40	500m: 7:08.91	750m: 10:49.60	1000m: 14:35.56	1250m: 18:17.80	1500m: 21:55.54	
6.	Rodrigo Miguel Alcobia	11 S10	Nata��o Ferreira do Zezer	22:24.64			249
	50m: 36.68	300m: 4:11.20	550m: 7:53.59	800m: 11:41.37	1050m: 15:33.72	1300m: 19:23.62	
	100m: 1:16.92	350m: 4:55.86	600m: 8:38.40	850m: 12:27.55	1100m: 16:19.93	1350m: 20:09.77	
	150m: 1:59.83	400m: 5:41.24	650m: 9:23.29	900m: 13:13.55	1150m: 17:06.02	1400m: 20:55.68	
	200m: 2:43.33	450m: 6:24.74	700m: 10:08.89	950m: 14:01.45	1200m: 17:52.69	1450m: 21:41.19	
	250m: 3:26.60	500m: 7:08.47	750m: 10:55.19	1000m: 14:48.65	1250m: 18:38.20	1500m: 22:24.64	

Prova 1 Masc., 1500m Livres Juvenil A
28/02/2026 - 9:16 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008

: 22:49.00

Pontos: AQUA 2025

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10	BUZIOS-Coruche	17:16.72			545
	50m: 29.62	300m: 3:18.41	550m: 6:12.77	800m: 9:07.90	1050m: 12:03.42	1300m: 14:59.75	
	100m: 1:02.65	350m: 3:53.01	600m: 6:47.75	850m: 9:42.70	1100m: 12:38.44	1350m: 15:34.66	
	150m: 1:36.31	400m: 4:27.82	650m: 7:22.98	900m: 10:18.18	1150m: 13:13.59	1400m: 16:09.04	
	200m: 2:10.38	450m: 5:03.01	700m: 7:58.09	950m: 10:52.91	1200m: 13:49.04	1450m: 16:43.57	
	250m: 2:44.46	500m: 5:37.85	750m: 8:32.91	1000m: 11:28.09	1250m: 14:24.43	1500m: 17:16.72	
2.	Tiago Frazao Barra	10	Rio Maior	17:38.43			512
	50m: 31.25	300m: 3:27.28	550m: 6:25.05	800m: 9:23.73	1050m: 12:20.91	1300m: 15:19.20	
	100m: 1:05.68	350m: 4:02.91	600m: 7:00.67	850m: 9:59.62	1100m: 12:56.53	1350m: 15:54.73	
	150m: 1:40.95	400m: 4:38.40	650m: 7:36.46	900m: 10:35.33	1150m: 13:32.19	1400m: 16:30.09	
	200m: 2:16.25	450m: 5:14.05	700m: 8:12.60	950m: 11:11.13	1200m: 14:07.61	1450m: 17:04.76	
	250m: 2:51.90	500m: 5:49.56	750m: 8:48.17	1000m: 11:45.93	1250m: 14:43.51	1500m: 17:38.43	
3.	Lourenco Vicente Gead	10	Torres Novas	18:50.11			420
	50m: 32.21	300m: 3:38.58	550m: 6:50.20	800m: 10:01.19	1050m: 13:11.96	1300m: 16:22.46	
	100m: 1:07.79	350m: 4:16.73	600m: 7:28.22	850m: 10:39.54	1100m: 13:49.86	1350m: 17:00.36	
	150m: 1:44.81	400m: 4:55.03	650m: 8:06.43	900m: 11:17.82	1150m: 14:27.95	1400m: 17:38.29	
	200m: 2:22.33	450m: 5:33.60	700m: 8:44.65	950m: 11:55.86	1200m: 15:06.19	1450m: 18:15.08	
	250m: 3:00.37	500m: 6:12.15	750m: 9:22.81	1000m: 12:34.10	1250m: 15:44.32	1500m: 18:50.11	
4.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	20:24.38			330
	50m: 35.41	300m: 3:57.95	550m: 7:23.63	800m: 10:50.67	1050m: 14:17.50	1300m: 17:45.07	
	100m: 1:14.90	350m: 4:38.96	600m: 8:04.80	850m: 11:31.99	1100m: 14:59.12	1350m: 18:25.83	
	150m: 1:55.36	400m: 5:19.84	650m: 8:46.14	900m: 12:13.41	1150m: 15:40.76	1400m: 19:06.84	
	200m: 2:36.53	450m: 6:01.03	700m: 9:27.48	950m: 12:54.83	1200m: 16:22.36	1450m: 19:47.30	
	250m: 3:17.22	500m: 6:42.41	750m: 10:09.14	1000m: 13:36.26	1250m: 17:04.07	1500m: 20:24.38	



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Março 2026

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Junior
28/02/2026 - 9:16 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS 18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS 17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 21:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08	Rio Maior	17:14.12		549	
	50m: 30.52	300m: 3:18.12	550m: 6:06.79	800m: 8:57.71	1050m: 11:53.64	1300m: 14:54.18	
	100m: 1:03.39	350m: 3:51.43	600m: 6:40.32	850m: 9:32.57	1100m: 12:29.41	1350m: 15:29.74	
	150m: 1:36.80	400m: 4:25.00	650m: 7:14.34	900m: 10:07.82	1150m: 13:05.51	1400m: 16:06.09	
	200m: 2:10.70	450m: 4:58.85	700m: 7:48.73	950m: 10:42.88	1200m: 13:40.98	1450m: 16:40.51	
	250m: 2:44.41	500m: 5:32.77	750m: 8:23.18	1000m: 11:18.13	1250m: 14:17.53	1500m: 17:14.12	
2.	Gabriel Antunes Ramos	09	Rio Maior	17:36.90		514	
	50m: 31.60	300m: 3:28.25	550m: 6:26.31	800m: 9:24.59	1050m: 12:21.42	1300m: 15:19.70	
	100m: 1:06.49	350m: 4:03.84	600m: 7:01.61	850m: 10:00.51	1100m: 12:56.82	1350m: 15:55.13	
	150m: 1:42.02	400m: 4:39.58	650m: 7:37.61	900m: 10:35.97	1150m: 13:32.06	1400m: 16:30.47	
	200m: 2:17.18	450m: 5:15.33	700m: 8:13.18	950m: 11:11.12	1200m: 14:08.10	1450m: 17:04.65	
	250m: 2:53.04	500m: 5:50.89	750m: 8:48.92	1000m: 11:46.20	1250m: 14:43.81	1500m: 17:36.90	
3.	Luis Suissas Rato	09	Nautico Salvaterra Magos	19:05.94		403	
	50m: 32.20	300m: 3:40.94	550m: 6:55.04	800m: 10:04.62	1050m: 13:21.44	1300m: 16:31.88	
	100m: 1:08.25	350m: 4:19.87	600m: 7:33.31	850m: 10:43.66	1100m: 13:59.73	1350m: 17:11.24	
	150m: 1:45.81	400m: 4:58.59	650m: 8:11.80	900m: 11:23.17	1150m: 14:38.00	1400m: 17:50.42	
	200m: 2:23.82	450m: 5:37.25	700m: 8:49.95	950m: 12:02.34	1200m: 15:17.41	1450m: 18:28.79	
	250m: 3:02.27	500m: 6:16.27	750m: 9:26.55	1000m: 12:41.77	1250m: 15:54.60	1500m: 19:05.94	

Prova 1 Masc., 1500m Livres Senior
28/02/2026 - 9:16 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023

Jun/Sen: 21:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Eliseu Manuel Tavares	99	Uniao Samorense	19:32.31		376	
	50m: 32.61	300m: 3:42.72	550m: 6:58.29	800m: 10:16.52	1050m: 13:36.32	1300m: 16:56.64	
	100m: 1:09.07	350m: 4:21.40	600m: 7:37.37	850m: 10:55.94	1100m: 14:16.30	1350m: 17:37.04	
	150m: 1:46.93	400m: 4:59.89	650m: 8:17.47	900m: 11:36.07	1150m: 14:56.25	1400m: 18:16.46	
	200m: 2:24.86	450m: 5:38.92	700m: 8:56.59	950m: 12:15.86	1200m: 15:36.58	1450m: 18:55.76	
	250m: 3:03.55	500m: 6:18.60	750m: 9:36.52	1000m: 12:55.81	1250m: 16:16.24	1500m: 19:32.31	



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Maro 2026

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres S10
28/02/2026 - 9:16 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023
Recorde Distrital ANDS 18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS 17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Inf B	17:52.60	Paulo Bruno Janeiro	CNLA	Sines	01/04/2007

Inf A: 23:40.00; Inf B: 24:58.00; Juv B: 23:05.00; Juv A: 22:49.00; Jun/Sen: 21:04.00

Pontos: AQUA 2025

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Alberto Padre	08	Rio Maior	17:14.12		549	
	50m: 30.52	300m: 3:18.12	550m: 6:06.79	800m: 8:57.71	1050m: 11:53.64	1300m: 14:54.18	
	100m: 1:03.39	350m: 3:51.43	600m: 6:40.32	850m: 9:32.57	1100m: 12:29.41	1350m: 15:29.74	
	150m: 1:36.80	400m: 4:25.00	650m: 7:14.34	900m: 10:07.82	1150m: 13:05.51	1400m: 16:06.09	
	200m: 2:10.70	450m: 4:58.85	700m: 7:48.73	950m: 10:42.88	1200m: 13:40.98	1450m: 16:40.51	
	250m: 2:44.41	500m: 5:32.77	750m: 8:23.18	1000m: 11:18.13	1250m: 14:17.53	1500m: 17:14.12	
2.	David Filipe Pacheco	10	BUZIOS-Coruche	17:16.72		545	
	50m: 29.62	300m: 3:18.41	550m: 6:12.77	800m: 9:07.90	1050m: 12:03.42	1300m: 14:59.75	
	100m: 1:02.65	350m: 3:53.01	600m: 6:47.75	850m: 9:42.70	1100m: 12:38.44	1350m: 15:34.66	
	150m: 1:36.31	400m: 4:27.82	650m: 7:22.98	900m: 10:18.18	1150m: 13:13.59	1400m: 16:09.04	
	200m: 2:10.38	450m: 5:03.01	700m: 7:58.09	950m: 10:52.91	1200m: 13:49.04	1450m: 16:43.57	
	250m: 2:44.46	500m: 5:37.85	750m: 8:32.91	1000m: 11:28.09	1250m: 14:24.43	1500m: 17:16.72	
3.	Gabriel Antunes Ramos	09	Rio Maior	17:36.90		514	
	50m: 31.60	300m: 3:28.25	550m: 6:26.31	800m: 9:24.59	1050m: 12:21.42	1300m: 15:19.70	
	100m: 1:06.49	350m: 4:03.84	600m: 7:01.61	850m: 10:00.51	1100m: 12:56.82	1350m: 15:55.13	
	150m: 1:42.02	400m: 4:39.58	650m: 7:37.61	900m: 10:35.97	1150m: 13:32.06	1400m: 16:30.47	
	200m: 2:17.18	450m: 5:15.33	700m: 8:13.18	950m: 11:11.12	1200m: 14:08.10	1450m: 17:04.65	
	250m: 2:53.04	500m: 5:50.89	750m: 8:48.92	1000m: 11:46.20	1250m: 14:43.81	1500m: 17:36.90	
4.	Tiago Frazao Barra	10	Rio Maior	17:38.43		512	
	50m: 31.25	300m: 3:27.28	550m: 6:25.05	800m: 9:23.73	1050m: 12:20.91	1300m: 15:19.20	
	100m: 1:05.68	350m: 4:02.91	600m: 7:00.67	850m: 9:59.62	1100m: 12:56.53	1350m: 15:54.73	
	150m: 1:40.95	400m: 4:38.40	650m: 7:36.46	900m: 10:35.33	1150m: 13:32.19	1400m: 16:30.09	
	200m: 2:16.25	450m: 5:14.05	700m: 8:12.60	950m: 11:11.13	1200m: 14:07.61	1450m: 17:04.76	
	250m: 2:51.90	500m: 5:49.56	750m: 8:48.17	1000m: 11:45.93	1250m: 14:43.51	1500m: 17:38.43	
5.	Lourenco Vicente Geada	10	Torres Novas	18:50.11		420	
	50m: 32.21	300m: 3:38.58	550m: 6:50.20	800m: 10:01.19	1050m: 13:11.96	1300m: 16:22.46	
	100m: 1:07.79	350m: 4:16.73	600m: 7:28.22	850m: 10:39.54	1100m: 13:49.86	1350m: 17:00.36	
	150m: 1:44.81	400m: 4:55.03	650m: 8:06.43	900m: 11:17.82	1150m: 14:27.95	1400m: 17:38.29	
	200m: 2:22.33	450m: 5:33.60	700m: 8:44.65	950m: 11:55.86	1200m: 15:06.19	1450m: 18:15.08	
	250m: 3:00.37	500m: 6:12.15	750m: 9:22.81	1000m: 12:34.10	1250m: 15:44.32	1500m: 18:50.11	
6.	Luis Suissas Rato	09	Nautico Salvaterra Magos	19:05.94		403	
	50m: 32.20	300m: 3:40.94	550m: 6:55.04	800m: 10:04.62	1050m: 13:21.44	1300m: 16:31.88	
	100m: 1:08.25	350m: 4:19.87	600m: 7:33.31	850m: 10:43.66	1100m: 13:59.73	1350m: 17:11.24	
	150m: 1:45.81	400m: 4:58.59	650m: 8:11.80	900m: 11:23.17	1150m: 14:38.00	1400m: 17:50.42	
	200m: 2:23.82	450m: 5:37.25	700m: 8:49.95	950m: 12:02.34	1200m: 15:17.41	1450m: 18:28.79	
	250m: 3:02.27	500m: 6:16.27	750m: 9:26.55	1000m: 12:41.77	1250m: 15:54.60	1500m: 19:05.94	
7.	Heliodoro Joao Sombreiro	11	BUZIOS-Coruche	19:11.12		398	
	50m: 32.20	300m: 3:41.15	550m: 6:55.87	800m: 10:12.12	1050m: 13:27.82	1300m: 16:42.03	
	100m: 1:08.86	350m: 4:20.13	600m: 7:34.91	850m: 10:51.39	1100m: 14:06.55	1350m: 17:19.99	
	150m: 1:46.76	400m: 4:58.90	650m: 8:14.29	900m: 11:30.39	1150m: 14:45.35	1400m: 17:58.25	
	200m: 2:24.55	450m: 5:37.44	700m: 8:53.63	950m: 12:09.76	1200m: 15:24.70	1450m: 18:36.21	
	250m: 3:02.90	500m: 6:16.70	750m: 9:32.87	1000m: 12:48.71	1250m: 16:03.71	1500m: 19:11.12	
8.	Martim Rocha Silva	12	Gualdim Pais	19:11.72		397	
	50m: 35.79	300m: 3:49.24	550m: 7:02.69	800m: 10:13.92	1050m: 13:27.43	1300m: 16:41.56	
	100m: 1:14.73	350m: 4:28.84	600m: 7:40.84	850m: 10:52.65	1100m: 14:06.15	1350m: 17:19.66	
	150m: 1:52.68	400m: 5:07.49	650m: 8:18.95	900m: 11:31.17	1150m: 14:44.93	1400m: 17:57.83	
	200m: 2:31.38	450m: 5:45.40	700m: 8:56.98	950m: 12:09.93	1200m: 15:22.84	1450m: 18:35.22	
	250m: 3:10.34	500m: 6:24.42	750m: 9:35.52	1000m: 12:48.90	1250m: 16:01.92	1500m: 19:11.72	



Campeonato Distrital de ABS, JUV, JUN, SEN (PC)- PREP INF
Coruche, 28 Fevereiro e 1 Março 2026

Prova 1, Masc., 1500m Livres, S10

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Eliseu Manuel Tavares	99		Uniao Samorense	19:32.31			376
	50m: 32.61	300m: 3:42.72	550m: 6:58.29	800m: 10:16.52	1050m: 13:36.32	1300m: 16:56.64		
	100m: 1:09.07	350m: 4:21.40	600m: 7:37.37	850m: 10:55.94	1100m: 14:16.30	1350m: 17:37.04		
	150m: 1:46.93	400m: 4:59.89	650m: 8:17.47	900m: 11:36.07	1150m: 14:56.25	1400m: 18:16.46		
	200m: 2:24.86	450m: 5:38.92	700m: 8:56.59	950m: 12:15.86	1200m: 15:36.58	1450m: 18:55.76		
	250m: 3:03.55	500m: 6:18.60	750m: 9:36.52	1000m: 12:55.81	1250m: 16:16.24	1500m: 19:32.31		
10.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	19:52.74			357
	50m: 35.75	300m: 3:52.94	550m: 7:12.45	800m: 10:32.96	1050m: 13:54.19	1300m: 17:15.20		
	100m: 1:14.70	350m: 4:33.02	600m: 7:52.80	850m: 11:13.31	1100m: 14:34.82	1350m: 17:54.95		
	150m: 1:54.77	400m: 5:12.59	650m: 8:32.66	900m: 11:53.76	1150m: 15:14.64	1400m: 18:34.67		
	200m: 2:34.26	450m: 5:52.45	700m: 9:12.76	950m: 12:34.05	1200m: 15:54.72	1450m: 19:14.76		
	250m: 3:13.65	500m: 6:32.37	750m: 9:53.10	1000m: 13:14.30	1250m: 16:35.23	1500m: 19:52.74		
11.	Salvador Henrique Vieira	12		Torres Novas	19:58.60			352
	50m: 34.99	300m: 3:54.10	550m: 7:14.82	800m: 10:37.67	1050m: 13:59.65	1300m: 17:21.08		
	100m: 1:14.29	350m: 4:34.23	600m: 7:55.10	850m: 11:18.49	1100m: 14:39.88	1350m: 18:01.85		
	150m: 1:54.05	400m: 5:13.75	650m: 8:35.52	900m: 11:58.97	1150m: 15:20.17	1400m: 18:42.26		
	200m: 2:34.15	450m: 5:54.20	700m: 9:16.20	950m: 12:39.24	1200m: 16:00.26	1450m: 19:21.97		
	250m: 3:14.09	500m: 6:34.57	750m: 9:56.85	1000m: 13:19.42	1250m: 16:40.69	1500m: 19:58.60		
12.	Artur Alexandre Silva	11		20Km de Almeirim	20:10.21			342
	50m: 35.84	300m: 3:56.86	550m: 7:21.04	800m: 10:46.01	1050m: 14:11.47	1300m: 17:36.02		
	100m: 1:15.64	350m: 4:38.02	600m: 8:02.32	850m: 11:26.86	1100m: 14:52.23	1350m: 18:16.82		
	150m: 1:55.71	400m: 5:19.10	650m: 8:43.59	900m: 12:07.57	1150m: 15:33.64	1400m: 18:56.35		
	200m: 2:36.42	450m: 5:59.88	700m: 9:24.36	950m: 12:48.14	1200m: 16:13.92	1450m: 19:34.98		
	250m: 3:16.72	500m: 6:40.56	750m: 10:04.83	1000m: 13:29.03	1250m: 16:55.08	1500m: 20:10.21		
13.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	20:10.68			342
	50m: 35.15	300m: 3:58.27	550m: 7:22.10	800m: 10:45.26	1050m: 14:09.74	1300m: 17:36.10		
	100m: 1:15.01	350m: 4:39.26	600m: 8:02.43	850m: 11:26.06	1100m: 14:51.50	1350m: 18:15.49		
	150m: 1:55.66	400m: 5:19.55	650m: 8:42.83	900m: 12:07.15	1150m: 15:32.79	1400m: 18:56.04		
	200m: 2:36.35	450m: 6:00.54	700m: 9:23.85	950m: 12:48.51	1200m: 16:13.93	1450m: 19:33.68		
	250m: 3:17.08	500m: 6:41.71	750m: 10:04.04	1000m: 13:29.66	1250m: 16:55.55	1500m: 20:10.68		
14.	Rodrigo Miranda Rosa	12		Uniao Samorense	20:18.01			336
	50m: 35.14	300m: 3:58.83	550m: 7:24.72	800m: 10:46.91	1050m: 14:10.97	1300m: 17:37.03		
	100m: 1:14.93	350m: 4:39.96	600m: 8:05.28	850m: 11:27.21	1100m: 14:52.06	1350m: 18:18.36		
	150m: 1:55.48	400m: 5:20.94	650m: 8:45.47	900m: 12:07.96	1150m: 15:33.63	1400m: 18:59.73		
	200m: 2:36.50	450m: 6:02.19	700m: 9:25.55	950m: 12:49.04	1200m: 16:14.34	1450m: 19:40.04		
	250m: 3:17.75	500m: 6:43.30	750m: 10:05.94	1000m: 13:29.99	1250m: 16:55.58	1500m: 20:18.01		
15.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	20:24.38			330
	50m: 35.41	300m: 3:57.95	550m: 7:23.63	800m: 10:50.67	1050m: 14:17.50	1300m: 17:45.07		
	100m: 1:14.90	350m: 4:38.96	600m: 8:04.80	850m: 11:31.99	1100m: 14:59.12	1350m: 18:25.83		
	150m: 1:55.36	400m: 5:19.84	650m: 8:46.14	900m: 12:13.41	1150m: 15:40.76	1400m: 19:06.84		
	200m: 2:36.53	450m: 6:01.03	700m: 9:27.48	950m: 12:54.83	1200m: 16:22.36	1450m: 19:47.30		
	250m: 3:17.22	500m: 6:42.41	750m: 10:09.14	1000m: 13:36.26	1250m: 17:04.07	1500m: 20:24.38		
16.	Abel Elias Ramos	11		Gualdim Pais	21:55.54			266
	50m: 38.43	300m: 4:15.67	550m: 7:52.61	800m: 11:34.33	1050m: 15:19.65	1300m: 19:01.43		
	100m: 1:21.01	350m: 4:59.30	600m: 8:37.10	850m: 12:19.57	1100m: 16:04.05	1350m: 19:45.27		
	150m: 2:05.52	400m: 5:42.56	650m: 9:21.19	900m: 13:04.87	1150m: 16:48.46	1400m: 20:29.30		
	200m: 2:48.61	450m: 6:25.48	700m: 10:05.71	950m: 13:50.05	1200m: 17:33.68	1450m: 21:13.41		
	250m: 3:32.40	500m: 7:08.91	750m: 10:49.60	1000m: 14:35.56	1250m: 18:17.80	1500m: 21:55.54		
17.	Rodrigo Miguel Alcobia	11	S10	Nata�s�o Ferreira do Zezer	22:24.64			249
	50m: 36.68	300m: 4:11.20	550m: 7:53.59	800m: 11:41.37	1050m: 15:33.72	1300m: 19:23.62		
	100m: 1:16.92	350m: 4:55.86	600m: 8:38.40	850m: 12:27.55	1100m: 16:19.93	1350m: 20:09.77		
	150m: 1:59.83	400m: 5:41.24	650m: 9:23.29	900m: 13:13.55	1150m: 17:06.02	1400m: 20:55.68		
	200m: 2:43.33	450m: 6:24.74	700m: 10:08.89	950m: 14:01.45	1200m: 17:52.69	1450m: 21:41.19		
	250m: 3:26.60	500m: 7:08.47	750m: 10:55.19	1000m: 14:48.65	1250m: 18:38.20	1500m: 22:24.64		