

Prova 22
14/06/2026 - 17:52

Masc., 400m Livres

Absolutos
Resultados

Recordes Nacionais 50m Open	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recordes Nacionais 50m Sen	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recordes Nacionais 50m Jun 17	3:57.15	Gustavo Manuel, SANTA	POR	Helsinki (FIN)	14/07/2010
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel, SANTA	POR	Tampere (FIN)	21/07/2009
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29/07/2006
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura, OLIVEIRA	CFB	Badajoz (ESP)	11/07/2004
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura, OLIVEIRA	CFB	Restelo	26/07/2003

Pontos: AQUA 2025

Lugar	Nome	Ano	Licença	Clube	Tempo Final	AQUA	Pts
1.	Ilias, EL FALLAKI	06		Club Natacion Alcala	4:00.42	766	17,00
	50m: 26.92 26.92	150m: 1:26.54 30.25	250m: 2:28.32 30.82	350m: 3:30.15 30.84			
	100m: 56.29 29.37	200m: 1:57.50 30.96	300m: 2:59.31 30.99	400m: 4:00.42 30.27			
2.	Yury, FOMIN	06	208159	Sport Alges e Dafundo	4:11.91	666	15,00
	50m: 28.13 28.13	150m: 1:30.24 31.55	250m: 2:33.90 31.80	350m: 3:39.59 32.92			
	100m: 58.69 30.56	200m: 2:02.10 31.86	300m: 3:06.67 32.77	400m: 4:11.91 32.32			
3.	Sebastian Ramon, CHEKUSHIN	05	226145	Louletano / Loule Aqui e Agora	4:21.55	595	14,00
	50m: 28.20 28.20	150m: 1:33.08 32.70	250m: 2:40.22 33.84	350m: 3:48.54 34.41			
	100m: 1:00.38 32.18	200m: 2:06.38 33.30	300m: 3:14.13 33.91	400m: 4:21.55 33.01			
4.	Salvador Freitas, ANDRADE	09	208851	Naval Do Funchal	4:22.85	586	13,00
	50m: 29.69 29.69	150m: 1:36.16 33.56	250m: 2:43.69 33.91	350m: 3:51.78 34.14			
	100m: 1:02.60 32.91	200m: 2:09.78 33.62	300m: 3:17.64 33.95	400m: 4:22.85 31.07			
5.	Victor, BURGER JEAN	10	2592231	Erstein Aquatic	4:24.13	578	12,00
	50m: 29.21 29.21	150m: 1:36.69 34.25	250m: 2:45.62 34.59	350m: 3:52.93 33.12			
	100m: 1:02.44 33.23	200m: 2:11.03 34.34	300m: 3:19.81 34.19	400m: 4:24.13 31.20			
6.	Diogo Rodrigues, SOUSA	10	214212	Sport Alges e Dafundo	4:27.51	556	11,00
	50m: 29.71 29.71	150m: 1:37.23 34.04	250m: 2:47.25 34.79	350m: 3:54.75 33.85			
	100m: 1:03.19 33.48	200m: 2:12.46 35.23	300m: 3:20.90 33.65	400m: 4:27.51 32.76			
7.	Goncalo Gualberto, BARBARA	00	118851	Lagoa Academico Clube	4:30.75	537	10,00
	50m: 29.49 29.49	150m: 1:35.62 33.58	250m: 2:44.93 34.79	350m: 3:55.94 35.31			
	100m: 1:02.04 32.55	200m: 2:10.14 34.52	300m: 3:20.63 35.70	400m: 4:30.75 34.81			
8.	Goncalo Alexandre, RETRE	10	212248	Louletano / Loule Aqui e Agora	4:31.72	531	9,00
	50m: 29.84 29.84	150m: 1:37.32 33.67	250m: 2:47.31 35.11	350m: 3:58.04 34.84			
	100m: 1:03.65 33.81	200m: 2:12.20 34.88	300m: 3:23.20 35.89	400m: 4:31.72 33.68			
9.	Rafael Alexandre, SILVA	09	212573	Louletano / Loule Aqui e Agora	4:33.69	519	8,00
	50m: 29.99 29.99	150m: 1:37.43 34.22	250m: 2:47.31 35.18	350m: 3:58.65 35.85			
	100m: 1:03.21 33.22	200m: 2:12.13 34.70	300m: 3:22.80 35.49	400m: 4:33.69 35.04			
10.	Uriel Farauste, CAMACHO	10	1174675	C.N. Huelva	4:35.63	508	7,00
	50m: 30.14 30.14	150m: 1:38.41 34.63	250m: 2:49.68 35.56	350m: 4:00.88 35.25			
	100m: 1:03.78 33.64	200m: 2:14.12 35.71	300m: 3:25.63 35.95	400m: 4:35.63 34.75			
11.	Jose Pedro, MINHALMA	10	210690	Cng	4:39.48	488	6,00
	50m: 29.29 29.29	150m: 1:39.87 35.91	250m: 2:53.26 36.52	350m: 4:05.63 35.87			
	100m: 1:03.96 34.67	200m: 2:16.74 36.87	300m: 3:29.76 36.50	400m: 4:39.48 33.85			
12.	Alexandre Antonio, SILVA	11	216245	Naval Do Funchal	4:41.17	479	5,00
	50m: 30.77 30.77	150m: 1:42.14 36.07	250m: 2:54.70 35.98	350m: 4:06.60 35.43			
	100m: 1:06.07 35.30	200m: 2:18.72 36.58	300m: 3:31.17 36.47	400m: 4:41.17 34.57			
13.	Samuel Andre, MARIANO	02	132931	Analentejo	4:46.22	454	4,00
	50m: 32.13 32.13	150m: 1:43.56 35.63	250m: 2:57.24 36.72	350m: 4:10.41 36.50			
	100m: 1:07.93 35.80	200m: 2:20.52 36.96	300m: 3:33.91 36.67	400m: 4:46.22 35.81			
14.	Tomas Alves, COSTA	00	120573	Aquatico Silves	4:50.34	435	3,00
	50m: 32.49 32.49	150m: 1:44.84 36.57	250m: 2:59.88 37.90	350m: 4:15.04 37.48			
	100m: 1:08.27 35.78	200m: 2:21.98 37.14	300m: 3:37.56 37.68	400m: 4:50.34 35.30			
15.	Francisco Antonio, ROMAO	09	206155	Louletano / Loule Aqui e Agora	4:51.70	429	2,00
	50m: 30.32 30.32	150m: 1:41.90 35.93	250m: 2:56.71 36.83	350m: 4:14.64 38.81			
	100m: 1:05.97 35.65	200m: 2:19.88 37.98	300m: 3:35.83 39.12	400m: 4:51.70 37.06			
16.	Tiago Romaneiro, JANEIRINHO	10	208921	Aminata	4:51.83	428	1,00
	50m: 31.82 31.82	150m: 1:43.29 35.71	250m: 2:57.54 36.59	350m: 4:14.51 38.52			
	100m: 1:07.58 35.76	200m: 2:20.95 37.66	300m: 3:35.99 38.45	400m: 4:51.83 37.32			
17.	Rodrigo Ferreira, PLACIDO	10	213280	Louletano / Loule Aqui e Agora	4:52.82	424	-
	50m: 30.29 30.29	150m: 1:41.70 36.49	250m: 2:56.85 38.04	350m: 4:14.38 38.96			
	100m: 1:05.21 34.92	200m: 2:18.81 37.11	300m: 3:35.42 38.57	400m: 4:52.82 38.44			
18.	Daniel Filipe, O	11	218175	Cng	5:01.61	388	-
	50m: 30.86 30.86	150m: 1:47.24 39.25	250m: 3:05.95 38.85	350m: 4:25.05 39.50			
	100m: 1:07.99 37.13	200m: 2:27.10 39.86	300m: 3:45.55 39.60	400m: 5:01.61 36.56			
19.	Francisco Miguel, SILVA	12	214537	Portinado	5:10.24	356	-
	50m: 34.94 34.94	150m: 1:54.17 39.76	250m: 3:13.94 39.78	350m: 4:32.38 39.01			
	100m: 1:14.41 39.47	200m: 2:34.16 39.99	300m: 3:53.37 39.43	400m: 5:10.24 37.86			

Prova 22, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA	Pts
20.	Nelson Manuel, FLORINDO	12	222767	Aminata	5:13.65	345	-
	50m: 35.43 35.43	150m: 1:54.84 39.85	250m: 3:14.16 39.09	350m: 4:34.12 39.64			
	100m: 1:14.99 39.56	200m: 2:35.07 40.23	300m: 3:54.48 40.32	400m: 5:13.65 39.53			
21.	Francisco Miguel, MARTELO	12	216259	Louletano / Loule Aqui e Agora	5:14.52	342	-
	50m: 34.34 34.34	150m: 1:54.13 40.16	250m: 3:14.52 40.11	350m: 4:35.21 39.92			
	100m: 1:13.97 39.63	200m: 2:34.41 40.28	300m: 3:55.29 40.77	400m: 5:14.52 39.31			
22.	Lourenco Miguel, LUCAS	12	216613	FC Ferreiras/AlgarExperience	5:20.88	322	-
	50m: 34.86 34.86	150m: 1:55.92 41.41	250m: 3:19.16 41.58	350m: 4:41.94 41.24			
	100m: 1:14.51 39.65	200m: 2:37.58 41.66	300m: 4:00.70 41.54	400m: 5:20.88 38.94			
23.	Francisco Pinto, BARROCA	12	219371	Portinado	5:51.53	245	-
	50m: 37.45 37.45	150m: 2:05.49 45.06	250m: 3:35.89 44.91	350m: 5:07.64 45.79			
	100m: 1:20.43 42.98	200m: 2:50.98 45.49	300m: 4:21.85 45.96	400m: 5:51.53 43.89			
24.	Miguel Maria, ALVES	13	214701	Aminata	5:53.75	240	-
	50m: 38.55 38.55	150m: 2:07.50 45.64	250m: 3:38.54 45.21	350m: 5:09.62 45.51			
	100m: 1:21.86 43.31	200m: 2:53.33 45.83	300m: 4:24.11 45.57	400m: 5:53.75 44.13			