

Prova 20  
14/06/2026 - 17:41

Masc., 400m Estilos

Absolutos  
Resultados

Recordes Nacionais 50m Open	4:15.84	Alexis Manacas, SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Recordes Nacionais 50m Sen	4:15.84	Alexis Manacas, SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Recordes Nacionais 50m Jun 18	4:21.42	Jose Paulo, LOPES	POR	Helsinki (FIN)	08/07/2018
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre, VITAL	ADRCIMM	Coimbra	01/06/2014
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre, VITAL	POR	Utrecht (NED)	16/07/2013
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas, RUIVO	DNMG	S. Joao da Madeira	12/07/2013

Pontos: AQUA 2025

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA	Pts
1.	Yury, FOMIN	06	208159	Sport Alges e Dafundo	<b>4:44.84</b>	617	17,00
	50m: 28.54 28.54	150m: 1:38.65 36.92	250m: 2:55.05 40.80	350m: 4:11.02 34.79			
	100m: 1:01.73 33.19	200m: 2:14.25 35.60	300m: 3:36.23 41.18	400m: 4:44.84 33.82			
2.	Mikhael, ONUTSKYY	08	207253	Pimpoes/Cimai	<b>4:49.09</b>	590	15,00
	50m: 28.70 28.70	150m: 1:38.98 36.52	250m: 2:58.10 42.82	350m: 4:15.50 34.61			
	100m: 1:02.46 33.76	200m: 2:15.28 36.30	300m: 3:40.89 42.79	400m: 4:49.09 33.59			
3.	Pedro Afonso, LOPES	11	216877	Portinado	<b>5:04.81</b>	503	14,00
	50m: 32.39 32.39	150m: 1:49.26 40.55	250m: 3:12.96 43.62	350m: 4:31.91 35.89			
	100m: 1:08.71 36.32	200m: 2:29.34 40.08	300m: 3:56.02 43.06	400m: 5:04.81 32.90			
4.	Lourenco Perestrelo, LUCIO	11	211340	Naval Do Funchal	<b>5:08.36</b>	486	13,00
	50m: 31.57 31.57	150m: 1:51.14 41.48	250m: 3:14.29 41.37	350m: 4:33.79 35.98			
	100m: 1:09.66 38.09	200m: 2:32.92 41.78	300m: 3:57.81 43.52	400m: 5:08.36 34.57			
5.	Edgar Van, RAMOS	10	209505	Aminata	<b>5:44.21</b>	349	12,00
	50m: 36.26 36.26	150m: 2:03.86 45.03	250m: 3:34.25 48.61	350m: 5:05.52 41.63			
	100m: 1:18.83 42.57	200m: 2:45.64 41.78	300m: 4:23.89 49.64	400m: 5:44.21 38.69			
6.	Sebastiao Vieira, GUERREIRO	13	224338	Lagoa Academico Clube	<b>6:28.71</b>	242	11,00
	50m: 42.23 42.23	150m: 2:22.99 50.65	250m: 4:06.92 53.51	350m: 5:46.06 44.89			
	100m: 1:32.34 50.11	200m: 3:13.41 50.42	300m: 5:01.17 54.25	400m: 6:28.71 42.65			