

Prova 19 Femin., 800m Livres Absolutos
14/06/2026 - 17:30 Resultados

Recordes Nacionais 50m Open	8:29.33	Diana Margarida, DURAES	POR	Tarragona (ESP)	23/06/2018
Recordes Nacionais 50m Jun 18	8:38.40	Tamila Hryhorivna, HOLUB	SCB		31/03/2017
Recordes Nacionais 50m Juv A	8:45.53	Tamila Hryhorivna, HOLUB	SCB	Coimbra	30/05/2015
Recordes Nacionais 50m Juv B	8:50.68	Tamila Hryhorivna, HOLUB	SCB	Oeiras	27/07/2014
Recordes Nacionais 50m Inf A	9:07.70	Alexandra Maria, SILVA	POR	Split (CRO)	10/09/1981

Pontos: AQUA 2025

Lugar	Nome	Ano	Licen�a	Clube	Tempo Final	AQUA	Pts
1.	Francisca Sousa, BRANCO	10	203800	Porto	9:46.47	564	17,00
	50m: 33.68 33.68	250m: 3:01.24 37.44	450m: 5:28.90 36.64	650m: 7:56.88 36.93			
	100m: 1:09.41 35.73	300m: 3:38.43 37.19	500m: 6:05.49 36.59	700m: 8:33.96 37.08			
	150m: 1:46.65 37.24	350m: 4:15.48 37.05	550m: 6:42.49 37.00	750m: 9:10.82 36.86			
	200m: 2:23.80 37.15	400m: 4:52.26 36.78	600m: 7:19.95 37.46	800m: 9:46.47 35.65			
2.	Bruna Filipa, BORRALHO	12	216451	Lagoa Academico Clube	9:53.66	544	15,00
	50m: 34.11 34.11	250m: 3:03.69 37.28	450m: 5:31.92 37.07	650m: 8:02.05 37.07			
	100m: 1:11.43 37.32	300m: 3:40.80 37.11	500m: 6:09.97 38.05	700m: 8:39.99 37.94			
	150m: 1:48.95 37.52	350m: 4:17.83 37.03	550m: 6:46.68 36.71	750m: 9:16.13 36.14			
	200m: 2:26.41 37.46	400m: 4:54.85 37.02	600m: 7:24.98 38.30	800m: 9:53.66 37.53			
3.	Ines Filipa, MATEUS	10	212937	Lagoa Academico Clube	9:57.84	533	14,00
	50m: 33.88 33.88	250m: 3:01.28 37.29	450m: 5:31.53 37.89	650m: 8:05.56 39.29			
	100m: 1:10.22 36.34	300m: 3:38.56 37.28	500m: 6:09.34 37.81	700m: 8:44.35 38.79			
	150m: 1:47.05 36.83	350m: 4:16.14 37.58	550m: 6:47.90 38.56	750m: 9:22.88 38.53			
	200m: 2:23.99 36.94	400m: 4:53.64 37.50	600m: 7:26.27 38.37	800m: 9:57.84 34.96			
4.	Margarida Maria, LUIZ	08	211814	FC Ferreiras/AlgarExperience	9:58.26	532	13,00
	50m: 33.01 33.01	250m: 3:01.25 37.77	450m: 5:31.23 37.59	650m: 8:04.30 38.62			
	100m: 1:09.00 35.99	300m: 3:38.56 37.31	500m: 6:09.31 38.08	700m: 8:42.87 38.57			
	150m: 1:46.14 37.14	350m: 4:16.35 37.79	550m: 6:47.51 38.20	750m: 9:21.40 38.53			
	200m: 2:23.48 37.34	400m: 4:53.64 37.29	600m: 7:25.68 38.17	800m: 9:58.26 36.86			
5.	Rylie Crous,	12		South Africa	10:21.04	475	12,00
	50m: 33.69 33.69	250m: 3:05.44 39.11	450m: 5:44.20 39.94	650m: 8:23.20 39.75			
	100m: 1:10.49 36.80	300m: 3:44.94 39.50	500m: 6:24.09 39.89	700m: 9:02.43 39.23			
	150m: 1:48.19 37.70	350m: 4:24.96 40.02	550m: 7:04.18 40.09	750m: 9:42.05 39.62			
	200m: 2:26.33 38.14	400m: 5:04.26 39.30	600m: 7:43.45 39.27	800m: 10:21.04 38.99			
6.	Sira Valentim, FALEIRO	10	209302	Lagoa Academico Clube	10:22.11	473	11,00
	50m: 34.09 34.09	250m: 3:07.74 39.33	450m: 5:45.76 39.50	650m: 8:24.26 39.57			
	100m: 1:11.59 37.50	300m: 3:46.91 39.17	500m: 6:25.31 39.55	700m: 9:03.99 39.73			
	150m: 1:50.01 38.42	350m: 4:26.63 39.72	550m: 7:04.79 39.48	750m: 9:43.64 39.65			
	200m: 2:28.41 38.40	400m: 5:06.26 39.63	600m: 7:44.69 39.90	800m: 10:22.11 38.47			
7.	Julia Laginha, BRAZ	11	216455	Lagoa Academico Clube	10:37.14	440	10,00
	50m: 36.14 36.14	250m: 3:16.82 40.47	450m: 5:58.50 40.48	650m: 8:39.49 40.08			
	100m: 1:16.07 39.93	300m: 3:57.36 40.54	500m: 6:38.89 40.39	700m: 9:19.25 39.76			
	150m: 1:56.15 40.08	350m: 4:37.68 40.32	550m: 7:19.23 40.34	750m: 9:58.78 39.53			
	200m: 2:36.35 40.20	400m: 5:18.02 40.34	600m: 7:59.41 40.18	800m: 10:37.14 38.36			
8.	Lucia Correa, FERNANDEZ	10	212567	C.N. Huelva	10:55.08	405	9,00
	50m: 36.03 36.03	200m: 2:36.60 40.66	350m: 4:39.90 41.67				
	100m: 1:15.43 39.40	250m: 3:17.27 40.67	400m: 5:21.14 41.24				
	150m: 1:55.94 40.51	300m: 3:58.23 40.96	800m: 10:55.08 5:33.94				
9.	Ines Sofia, OLIVEIRA	12	222707	Lagoa Academico Clube	12:15.81	285	8,00
	50m: 40.18 40.18	250m: 3:46.43 46.70	450m: 6:53.35 47.05	700m: 10:46.55 1:32.19			
	100m: 1:26.03 45.85	300m: 4:32.60 46.17	500m: 7:40.24 46.89	800m: 12:15.81 1:29.26			
	150m: 2:12.39 46.36	350m: 5:18.70 46.10	550m: 8:27.36 47.12				
	200m: 2:59.73 47.34	400m: 6:06.30 47.60	600m: 9:14.36 47.00				