

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 31
15/02/2026

Dames, 400m Libre

Cat. générale
Liste résultats Finales

TL FFBN 15: 5:17.00; 16: 5:13.00; 17: 5:05.00; 18: 4:59.00; 19 +: 4:55.00 / TL NON FFBN/OPEN : 4:36.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	FTIME	S-TIME	WA			
Finale A											
	1.	PAQUES, Célya	09	LGN	BEL	4:31.12	4:31.17	654			
		<i>Mistral, Trident</i>									
		50m: 31.86 31.86	150m: 1:40.26 35.00	250m: 2:50.46 35.41	350m: 3:58.51 33.59						
		100m: 1:05.26 33.40	200m: 2:15.05 34.79	300m: 3:24.92 34.46	400m: 4:31.17 32.66						
	2.	JORISSEN, Janne	11	LGN	BEL	4:32.54	4:31.59	650			
		<i>Mistral, Trident</i>									
		50m: 31.36 31.36	150m: 1:40.25 35.20	250m: 2:50.85 35.46	350m: 3:59.54 34.12						
		100m: 1:05.05 33.69	200m: 2:15.39 35.14	300m: 3:25.42 34.57	400m: 4:31.59 32.05						
	3.	PAQUES, Typhanie	09	LGN	BEL	4:33.06	4:35.89	621			
		<i>Mistral, Trident</i>									
		50m: 32.25 32.25	150m: 1:41.38 35.13	250m: 2:51.90 35.71	350m: 4:01.42 34.71						
		100m: 1:06.25 34.00	200m: 2:16.19 34.81	300m: 3:26.71 34.81	400m: 4:35.89 34.47						
	4.	DELSAER, Laurien	11	LGN	BEL	4:32.12	4:39.32	598			
		<i>Mistral, Trident</i>									
		50m: 32.28 32.28	150m: 1:40.97 34.95	250m: 2:51.98 35.96	350m: 4:04.28 36.63						
		100m: 1:06.02 33.74	200m: 2:16.02 35.05	300m: 3:27.65 35.67	400m: 4:39.32 35.04						
	5.	ABDELKHALEK, Lina	11	ENW	BEL	4:42.34	4:40.29	592			
		<i>Mistral, Trident</i>									
		50m: 32.48 32.48	150m: 1:42.78 35.78	250m: 2:54.22 35.74	350m: 4:05.50 35.52						
		100m: 1:07.00 34.52	200m: 2:18.48 35.70	300m: 3:29.98 35.76	400m: 4:40.29 34.79						
	6.	WÉGRIA, Elena	11	LGN	BEL	4:40.73	4:43.97	569			
		<i>Mistral, Trident</i>									
		50m: 31.62 31.62	150m: 1:41.72 35.76	250m: 2:54.40 36.68	350m: 4:07.54 36.55						
		100m: 1:05.96 34.34	200m: 2:17.72 36.00	300m: 3:30.99 36.59	400m: 4:43.97 36.43						
	7.	VANDAMME, Louna	11	DM	BEL	4:40.93	4:46.63	553			
		<i>Mistral, Trident</i>									
		50m: 32.30 32.30	150m: 1:43.85 36.57	250m: 2:58.34 37.65	350m: 4:11.63 36.64						
		100m: 1:07.28 34.98	200m: 2:20.69 36.84	300m: 3:34.99 36.65	400m: 4:46.63 35.00						
	8.	MERCIER, Sophie	10	CNBA	FRA	4:41.15	4:52.82	519			
		<i>Mistral</i>									
		50m: 33.91 33.91	150m: 1:48.95 37.54	250m: 3:03.43 36.19	350m: 4:16.80 36.85						
		100m: 1:11.41 37.50	200m: 2:27.24 38.29	300m: 3:39.95 36.52	400m: 4:52.82 36.02						
Finale B											
	9.	MARDAGA, Anaïs	10	LGN	BEL	4:49.27	4:48.91	540			
		<i>Mistral</i>									
		50m: 33.20 33.20	150m: 1:45.84 37.11	250m: 2:59.62 37.29	350m: 4:13.56 37.23						
		100m: 1:08.73 35.53	200m: 2:22.33 36.49	300m: 3:36.33 36.71	400m: 4:48.91 35.35						
	10.	GRILLO MACHADO, Diana	11	CNB	LUX	4:59.64	4:56.37	500			
		<i>Mistral</i>									
		50m: 33.89 33.89	150m: 1:50.15 38.96	250m: 3:06.52 38.75	350m: 4:21.38 37.25						
		100m: 1:11.19 37.30	200m: 2:27.77 37.62	300m: 3:44.13 37.61	400m: 4:56.37 34.99						
	11.	MACHALE, Julia	09	CNSW	BEL	5:00.40	4:57.09	497			
		50m: 33.75 33.75	150m: 1:48.82 38.41	250m: 3:06.60 38.80	350m: 4:21.42 37.14						
		100m: 1:10.41 36.66	200m: 2:27.80 38.98	300m: 3:44.28 37.68	400m: 4:57.09 35.67						
	12.	DELARGE, Claire	11	PERRON	BEL	5:03.49	4:59.38	486			
		50m: 34.56 34.56	150m: 1:50.78 38.26	250m: 3:07.22 38.05	350m: 4:22.53 37.60						
		100m: 1:12.52 37.96	200m: 2:29.17 38.39	300m: 3:44.93 37.71	400m: 4:59.38 36.85						
	13.	LECLERCQ, Elin	11	HELIOS	BEL	5:15.53	5:10.19	436			
		50m: 34.53 34.53	150m: 1:53.43 39.24	250m: 3:13.08 38.93	350m: 4:32.53 39.06						
		100m: 1:14.19 39.66	200m: 2:34.15 40.72	300m: 3:53.47 40.39	400m: 5:10.19 37.66						

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Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
	14.	DOHN, Ninon	10	NOC	BEL	5:08.79	5:10.48	435			
		50m: 34.79	34.79	150m: 1:53.43	40.01	250m: 3:13.53	39.81	350m: 4:32.91		39.30	
		100m: 1:13.42	38.63	200m: 2:33.72	40.29	300m: 3:53.61	40.08	400m: 5:10.48		37.57	
	15.	CREMER, Louane	11	PERRON	BEL	5:08.86	5:13.21	424			
		50m: 34.79	34.79	150m: 1:44.70	32.61	250m: 3:10.85	39.69	350m: 4:33.18		40.48	
		100m: 1:12.09	37.30	200m: 2:31.16	46.46	300m: 3:52.70	41.85	400m: 5:13.21		40.03	