

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 2
14/02/2026

Dames, 400m 4 nages

Cat. générale
Liste résultats Finale

TL FFBN 15: 6:20.00; 16: 6:10.00; 17: 6:00.00; 18: 5:50.00; 19 +: 5:45.00 / TL NON FFBN/OPEN : 5:25.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
	1.	DUMONT, Sarah	07	NOC	BEL	4:53.72	4:51.85	743			
		<i>Mistral, Trident</i>									
		50m: 29.64 29.64	150m: 1:42.86 39.78	250m: 3:02.75 42.67	350m: 4:19.23 33.62						
		100m: 1:03.08 33.44	200m: 2:20.08 37.22	300m: 3:45.61 42.86	400m: 4:51.85 32.62						
	2.	VACHAUDEZ, Ella	09	ENLN	BEL	5:13.50	5:05.05	650			
		<i>Mistral, Trident</i>									
		50m: 32.26 32.26	150m: 1:49.07 40.07	250m: 3:11.16 43.80	350m: 4:31.04 36.19						
		100m: 1:09.00 36.74	200m: 2:27.36 38.29	300m: 3:54.85 43.69	400m: 5:05.05 34.01						
	3.	LHOIR, Eloïse	10	AQUABLA	BEL	5:15.78	5:07.62	634			
		<i>Mistral, Trident</i>									
		50m: 32.44 32.44	150m: 1:50.13 40.84	250m: 3:13.64 44.03	350m: 4:32.78 35.04						
		100m: 1:09.29 36.85	200m: 2:29.61 39.48	300m: 3:57.74 44.10	400m: 5:07.62 34.84						
	4.	DELSAER, Laurien	11	LGN	BEL	5:17.10	5:13.43	600			
		<i>Mistral, Trident</i>									
		50m: 32.48 32.48	150m: 1:49.54 40.10	250m: 3:14.75 46.66	350m: 4:37.51 36.16						
		100m: 1:09.44 36.96	200m: 2:28.09 38.55	300m: 4:01.35 46.60	400m: 5:13.43 35.92						
	5.	WÉGRIA, Elena	11	LGN	BEL	5:19.54	5:21.71	554			
		<i>Mistral, Trident</i>									
		50m: 32.86 32.86	150m: 1:51.79 39.69	250m: 3:19.18 48.51	350m: 4:44.83 36.94						
		100m: 1:12.10 39.24	200m: 2:30.67 38.88	300m: 4:07.89 48.71	400m: 5:21.71 36.88						
	6.	ABDELKHALEK, Lina	11	ENW	BEL	5:23.81	5:29.39	517			
		<i>Mistral, Trident</i>									
		50m: 32.95 32.95	150m: 1:52.25 40.59	250m: 3:12.12 30.65	350m: 4:40.65 26.28						
		100m: 1:11.66 38.71	200m: 2:41.47 49.22	300m: 4:14.37 1:02.25	400m: 5:29.39 48.74						
	7.	GRAHAM, Jil	06	HOZT	BEL	5:40.07	5:31.67	506			
		50m: 36.24 36.24	150m: 2:00.55 42.31	250m: 3:30.50 48.72	350m: 4:56.01 36.47						
		100m: 1:18.24 42.00	200m: 2:41.78 41.23	300m: 4:19.54 49.04	400m: 5:31.67 35.66						
	8.	DELARGE, Claire	11	PERRON	BEL	5:36.53	5:41.93	462			
		<i>Mistral</i>									
		50m: 36.80 36.80	150m: 2:05.87 44.38	250m: 3:37.55 48.88	350m: 5:04.59 38.49						
		100m: 1:21.49 44.69	200m: 2:48.67 42.80	300m: 4:26.10 48.55	400m: 5:41.93 37.34						