

Championnats FFBN Open 2026  
Charleroi, 14 - 15/2/2026

Epreuve 22  
15/02/2026

Messieurs, 400m 4 nages

Cat. générale  
Liste résultats Eliminatoires

TL FFBN 15: 5:55.00; 16: 5:40.00; 17: 5:30.00; 18: 5:20.00; 19 +: 5:15.00 / TL NON FFBN/OPEN : 4:55.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA
<b>15 ans</b>								
Q	1.	GLODKIEWICZ, alexandre	11	PERRON	BEL	4:50.70	<b>4:57.30</b>	542
		<i>Mistral, Trident</i>						
		50m: 31.17 31.17	150m: 1:45.07 38.77	250m: 3:06.26 43.32	350m: 4:25.86 35.68			
		100m: 1:06.30 35.13	200m: 2:22.94 37.87	300m: 3:50.18 43.92	400m: 4:57.30 31.44			
Q	2.	ALBORES-SANCHEZ, Rafael	11	PERRON	BEL	4:59.63	<b>4:57.58</b>	541
		<i>Mistral, Trident</i>						
		50m: 31.49 31.49	150m: 1:44.70 37.05	250m: 3:05.46 44.26	350m: 4:25.12 34.39			
		100m: 1:07.65 36.16	200m: 2:21.20 36.50	300m: 3:50.73 45.27	400m: 4:57.58 32.46			
R	3.	JAENEN, Per	11	ENW	BEL	5:02.86	<b>5:03.10</b>	512
		<i>Mistral, Trident</i>						
		50m: 32.86 32.86	150m: 1:48.63 39.13	250m: 3:10.18 44.07	350m: 4:29.55 36.29			
		100m: 1:09.50 36.64	200m: 2:26.11 37.48	300m: 3:53.26 43.08	400m: 5:03.10 33.55			
R	4.	CHAU, Duarte	11	ENW	BEL	5:05.85	<b>5:08.65</b>	484
		<i>Mistral, Trident</i>						
		50m: 33.57 33.57	150m: 1:51.63 39.52	250m: 3:13.08 44.11	350m: 4:34.18 35.88			
		100m: 1:12.11 38.54	200m: 2:28.97 37.34	300m: 3:58.30 45.22	400m: 5:08.65 34.47			
R	5.	FERRARI, Maxime	11	PERRON	BEL	5:13.59	<b>5:11.42</b>	472
		<i>Mistral</i>						
		50m: 31.92 31.92	150m: 1:52.64 41.20	250m: 3:05.82 33.77	350m: 4:29.32 27.99			
		100m: 1:11.44 39.52	200m: 2:32.05 39.41	300m: 4:01.33 55.51	400m: 5:11.42 42.10			
	6.	KONAKCI, Baris	11	NOC	BEL	5:17.85	<b>5:23.92</b>	419
		50m: 32.53 32.53	150m: 1:51.71 40.14	250m: 3:20.12 49.02	350m: 4:46.18 36.41			
		100m: 1:11.57 39.04	200m: 2:31.10 39.39	300m: 4:09.77 49.65	400m: 5:23.92 37.74			
	7.	ROMBAUX, Romain	11	BCSG	BEL	5:40.60	<b>5:47.52</b>	339
		50m: 35.65 35.65	150m: 2:06.44 44.65	250m: 3:37.39 48.57	350m: 5:08.98 42.03			
		100m: 1:21.79 46.14	200m: 2:48.82 42.38	300m: 4:26.95 49.56	400m: 5:47.52 38.54			
<b>16 ans</b>								
Q	1.	EMARA, Nael	10	DM	BEL	4:53.07	<b>4:48.89</b>	591
		<i>Mistral, Trident</i>						
		50m: 31.52 31.52	150m: 1:46.04 39.06	250m: 3:02.58 39.49	350m: 4:16.08 34.96			
		100m: 1:06.98 35.46	200m: 2:23.09 37.05	300m: 3:41.12 38.54	400m: 4:48.89 32.81			
Q	2.	VOS, Sem	10	SCR	BEL	4:49.17	<b>4:52.03</b>	572
		<i>Mistral, Trident</i>						
		50m: 30.82 30.82	150m: 1:43.62 38.51	250m: 3:03.54 42.44	350m: 4:18.86 35.08			
		100m: 1:05.11 34.29	200m: 2:21.10 37.48	300m: 3:43.78 40.24	400m: 4:52.03 33.17			
Q	3.	EL YOUSFI, Ilyès	10	MHN	BEL	5:10.37	<b>5:01.05</b>	522
		<i>Mistral, Trident</i>						
		50m: 30.82 30.82	150m: 1:49.90 41.58	250m: 3:11.55 42.26	350m: 4:28.26 33.88			
		100m: 1:08.32 37.50	200m: 2:29.29 39.39	300m: 3:54.38 42.83	400m: 5:01.05 32.79			
Q	4.	COUNARD, Matéo	10	ENW	BEL	5:05.02	<b>5:02.58</b>	514
		<i>Mistral</i>						
		50m: 31.64 31.64	150m: 1:47.61 39.03	250m: 3:10.02 43.07	350m: 4:29.87 35.01			
		100m: 1:08.58 36.94	200m: 2:26.95 39.34	300m: 3:54.86 44.84	400m: 5:02.58 32.71			

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17 - 18 ans

Q	1. GARCIA ZAMORA, Esteban	09	PERRON	BEL	4:44.47	<b>4:50.18</b>	583				
	<i>Mistral, Trident</i>										
	50m: 30.12	30.12	150m: 1:42.80	37.99	250m: 3:00.59	40.72	350m: 4:17.39	34.94			
	100m: 1:04.81	34.69	200m: 2:19.87	37.07	300m: 3:42.45	41.86	400m: 4:50.18	32.79			
Q	2. URBAIN, Raphael	08	SSSV	BEL	5:03.32	<b>5:00.51</b>	525				
	<i>Mistral</i>										
	50m: 30.54	30.54	150m: 1:44.77	37.45	250m: 3:06.26	42.61	350m: 4:26.60	36.90			
	100m: 1:07.32	36.78	200m: 2:23.65	38.88	300m: 3:49.70	43.44	400m: 5:00.51	33.91			
R	3. SCAGLIOLA, Léandro	08	PERRON	BEL	5:04.35	<b>5:05.75</b>	498				
	50m: 30.24	30.24	150m: 1:46.15	40.72	250m: 3:10.94	44.78	350m: 4:31.73	34.75			
	100m: 1:05.43	35.19	200m: 2:26.16	40.01	300m: 3:56.98	46.04	400m: 5:05.75	34.02			
R	4. DENISON, Martin	09	PERRON	BEL	5:27.73	<b>5:12.97</b>	465				
	50m: 32.26	32.26	150m: 1:51.33	42.50	250m: 3:14.72	42.27	350m: 4:36.03	37.76			
	100m: 1:08.83	36.57	200m: 2:32.45	41.12	300m: 3:58.27	43.55	400m: 5:12.97	36.94			
	5. MAKA, Nicolas	09	ESN	BEL	5:24.67	<b>5:22.23</b>	426				
	50m: 34.13	34.13	150m: 1:57.73	42.92	250m: 3:22.94	42.55	350m: 4:46.39	37.05			
	100m: 1:14.81	40.68	200m: 2:40.39	42.66	300m: 4:09.34	46.40	400m: 5:22.23	35.84			

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Q	1. EMARA, Nael	10	DM	BEL	4:53.07	<b>4:48.89</b>	591				
	<i>Mistral, Trident</i>										
	50m: 31.52	31.52	150m: 1:46.04	39.06	250m: 3:02.58	39.49	350m: 4:16.08	34.96			
	100m: 1:06.98	35.46	200m: 2:23.09	37.05	300m: 3:41.12	38.54	400m: 4:48.89	32.81			
Q	2. GARCIA ZAMORA, Esteban	09	PERRON	BEL	4:44.47	<b>4:50.18</b>	583				
	<i>Mistral, Trident</i>										
	50m: 30.12	30.12	150m: 1:42.80	37.99	250m: 3:00.59	40.72	350m: 4:17.39	34.94			
	100m: 1:04.81	34.69	200m: 2:19.87	37.07	300m: 3:42.45	41.86	400m: 4:50.18	32.79			
Q	3. VOS, Sem	10	SCR	BEL	4:49.17	<b>4:52.03</b>	572				
	<i>Mistral, Trident</i>										
	50m: 30.82	30.82	150m: 1:43.62	38.51	250m: 3:03.54	42.44	350m: 4:18.86	35.08			
	100m: 1:05.11	34.29	200m: 2:21.10	37.48	300m: 3:43.78	40.24	400m: 4:52.03	33.17			
Q	4. GLODKIEWICZ, alexandre	11	PERRON	BEL	4:50.70	<b>4:57.30</b>	542				
	<i>Mistral, Trident</i>										
	50m: 31.17	31.17	150m: 1:45.07	38.77	250m: 3:06.26	43.32	350m: 4:25.86	35.68			
	100m: 1:06.30	35.13	200m: 2:22.94	37.87	300m: 3:50.18	43.92	400m: 4:57.30	31.44			
Q	5. ALBORES-SANCHEZ, Rafael	11	PERRON	BEL	4:59.63	<b>4:57.58</b>	541				
	<i>Mistral, Trident</i>										
	50m: 31.49	31.49	150m: 1:44.70	37.05	250m: 3:05.46	44.26	350m: 4:25.12	34.39			
	100m: 1:07.65	36.16	200m: 2:21.20	36.50	300m: 3:50.73	45.27	400m: 4:57.58	32.46			
Q	6. URBAIN, Raphael	08	SSSV	BEL	5:03.32	<b>5:00.51</b>	525				
	<i>Mistral</i>										
	50m: 30.54	30.54	150m: 1:44.77	37.45	250m: 3:06.26	42.61	350m: 4:26.60	36.90			
	100m: 1:07.32	36.78	200m: 2:23.65	38.88	300m: 3:49.70	43.44	400m: 5:00.51	33.91			
Q	7. EL YOUSFI, Ilyès	10	MHN	BEL	5:10.37	<b>5:01.05</b>	522				
	<i>Mistral, Trident</i>										
	50m: 30.82	30.82	150m: 1:49.90	41.58	250m: 3:11.55	42.26	350m: 4:28.26	33.88			
	100m: 1:08.32	37.50	200m: 2:29.29	39.39	300m: 3:54.38	42.83	400m: 5:01.05	32.79			
Q	8. COUNARD, Matéo	10	ENW	BEL	5:05.02	<b>5:02.58</b>	514				
	<i>Mistral</i>										
	50m: 31.64	31.64	150m: 1:47.61	39.03	250m: 3:10.02	43.07	350m: 4:29.87	35.01			
	100m: 1:08.58	36.94	200m: 2:26.95	39.34	300m: 3:54.86	44.84	400m: 5:02.58	32.71			
R	9. JAENEN, Per	11	ENW	BEL	5:02.86	<b>5:03.10</b>	512				
	<i>Mistral, Trident</i>										
	50m: 32.86	32.86	150m: 1:48.63	39.13	250m: 3:10.18	44.07	350m: 4:29.55	36.29			
	100m: 1:09.50	36.64	200m: 2:26.11	37.48	300m: 3:53.26	43.08	400m: 5:03.10	33.55			

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Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA				
R	10.	SCAGLIOLA, Léandro	08	PERRON	BEL	5:04.35	<b>5:05.75</b>	498				
		50m: 30.24	30.24	150m: 1:46.15	40.72	250m: 3:10.94	44.78	350m: 4:31.73	34.75			
		100m: 1:05.43	35.19	200m: 2:26.16	40.01	300m: 3:56.98	46.04	400m: 5:05.75	34.02			
R	11.	CHAU, Duarte	11	ENW	BEL	5:05.85	<b>5:08.65</b>	484				
		<i>Mistral, Trident</i>										
		50m: 33.57	33.57	150m: 1:51.63	39.52	250m: 3:13.08	44.11	350m: 4:34.18	35.88			
		100m: 1:12.11	38.54	200m: 2:28.97	37.34	300m: 3:58.30	45.22	400m: 5:08.65	34.47			
R	12.	FERRARI, Maxime	11	PERRON	BEL	5:13.59	<b>5:11.42</b>	472				
		<i>Mistral</i>										
		50m: 31.92	31.92	150m: 1:52.64	41.20	250m: 3:05.82	33.77	350m: 4:29.32	27.99			
		100m: 1:11.44	39.52	200m: 2:32.05	39.41	300m: 4:01.33	55.51	400m: 5:11.42	42.10			
R	13.	DENISON, Martin	09	PERRON	BEL	5:27.73	<b>5:12.97</b>	465				
		50m: 32.26	32.26	150m: 1:51.33	42.50	250m: 3:14.72	42.27	350m: 4:36.03	37.76			
		100m: 1:08.83	36.57	200m: 2:32.45	41.12	300m: 3:58.27	43.55	400m: 5:12.97	36.94			
	14.	MAKA, Nicolas	09	ESN	BEL	5:24.67	<b>5:22.23</b>	426				
		50m: 34.13	34.13	150m: 1:57.73	42.92	250m: 3:22.94	42.55	350m: 4:46.39	37.05			
		100m: 1:14.81	40.68	200m: 2:40.39	42.66	300m: 4:09.34	46.40	400m: 5:22.23	35.84			
	15.	KONAKCI, Baris	11	NOC	BEL	5:17.85	<b>5:23.92</b>	419				
		50m: 32.53	32.53	150m: 1:51.71	40.14	250m: 3:20.12	49.02	350m: 4:46.18	36.41			
		100m: 1:11.57	39.04	200m: 2:31.10	39.39	300m: 4:09.77	49.65	400m: 5:23.92	37.74			
	16.	ROMBAUX, Romain	11	BCSG	BEL	5:40.60	<b>5:47.52</b>	339				
		50m: 35.65	35.65	150m: 2:06.44	44.65	250m: 3:37.39	48.57	350m: 5:08.98	42.03			
		100m: 1:21.79	46.14	200m: 2:48.82	42.38	300m: 4:26.95	49.56	400m: 5:47.52	38.54			