

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 2
14/02/2026

Dames, 400m 4 nages

Cat. générale
Liste résultats Eliminatoires

TL FFBN 15: 6:20.00; 16: 6:10.00; 17: 6:00.00; 18: 5:50.00; 19 +: 5:45.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	FTIME	S-TIME	WA			
15 ans											
Q	1.	DELSAER, Laurien	11	LGN	BEL	5:09.18	5:17.10	579			
		<i>Mistral, Trident</i>									
		50m: 32.97 32.97		150m: 1:52.89 41.46		250m: 3:20.70 47.58		350m: 4:42.37 35.76			
		100m: 1:11.43 38.46		200m: 2:33.12 40.23		300m: 4:06.61 45.91		400m: 5:17.10 34.73			
Q	2.	WÉGRIA, Elena	11	LGN	BEL	5:25.26	5:19.54	566			
		<i>Mistral, Trident</i>									
		50m: 33.39 33.39		150m: 1:50.71 39.35		250m: 3:17.90 48.81		350m: 4:43.05 36.95			
		100m: 1:11.36 37.97		200m: 2:29.09 38.38		300m: 4:06.10 48.20		400m: 5:19.54 36.49			
Q	3.	ABDELKHALEK, Lina	11	ENW	BEL	5:25.22	5:23.81	544			
		<i>Mistral, Trident</i>									
		50m: 34.05 34.05		150m: 1:56.16 43.07		250m: 3:22.51 44.70		350m: 4:46.78 37.67			
		100m: 1:13.09 39.04		200m: 2:37.81 41.65		300m: 4:09.11 46.60		400m: 5:23.81 37.03			
Q	4.	DELARGE, Claire	11	PERRON	BEL	5:34.37	5:36.53	484			
		<i>Mistral</i>									
		50m: 36.24 36.24		150m: 2:02.23 42.48		250m: 3:33.03 48.32		350m: 4:59.13 38.19			
		100m: 1:19.75 43.51		200m: 2:44.71 42.48		300m: 4:20.94 47.91		400m: 5:36.53 37.40			
R	5.	MARTENS, Ries	11	LGN	BEL	5:57.83	5:51.22	426			
		50m: 36.89 36.89		150m: 2:06.34 46.09		250m: 3:39.65 49.05		350m: 5:10.54 42.01			
		100m: 1:20.25 43.36		200m: 2:50.60 44.26		300m: 4:28.53 48.88		400m: 5:51.22 40.68			
R	6.	VANHOUTTE, Thais	11	PERRON	FRA	6:03.82	6:04.58	381			
		50m: 40.85 40.85		150m: 2:19.31 47.53		250m: 3:53.87 48.27		350m: 5:24.98 42.02			
		100m: 1:31.78 50.93		200m: 3:05.60 46.29		300m: 4:42.96 49.09		400m: 6:04.58 39.60			
R	7.	LECLERCQ, Elin	11	HELIOS	BEL	5:56.54	6:06.06	376			
		50m: 36.09 36.09		150m: 2:11.40 48.51		250m: 3:22.57 26.09		350m: 5:24.22 44.26			
		100m: 1:22.89 46.80		200m: 2:56.48 45.08		300m: 4:39.96 1:17.39		400m: 6:06.06 41.84			
16 ans											
Q	1.	LHOIR, Eloïse	10	AQUABLA	BEL	5:09.34	5:15.78	586			
		<i>Mistral, Trident</i>									
		50m: 32.78 32.78		150m: 1:52.14 41.48		250m: 3:18.31 46.04		350m: 4:39.85 36.98			
		100m: 1:10.66 37.88		200m: 2:32.27 40.13		300m: 4:02.87 44.56		400m: 5:15.78 35.93			
R **	2.	CORBISIER, Morgane	10	MHN	BEL	6:08.05	6:16.58	346			
		50m: 38.01 38.01		150m: 2:11.55 43.86		250m: 3:50.88 56.39		350m: 5:33.61 43.81			
		100m: 1:27.69 49.68		200m: 2:54.49 42.94		300m: 4:49.80 58.92		400m: 6:16.58 42.97			
		disq. CARLOS DA SILVA, Ilana-Luisa	10	LGN	BEL	5:38.53	5:30.51				
		<i>SW 9.4.8.4 - A la fin du partie papillon, le nageur n'a pas touché le mur des 2 mains simultanément ou mains superp</i>									
		50m: 34.39 34.39		150m: 1:58.52 42.93		250m: 3:26.80 45.86		350m: 4:53.02 37.87			
		100m: 1:15.59 41.20		200m: 2:40.94 42.42		300m: 4:15.15 48.35		400m: 5:30.51 37.49			
17 - 18 ans											
Q	1.	VACHAUDEZ, Ella	09	ENLN	BEL	4:58.30	5:13.50	599			
		<i>Mistral, Trident</i>									
		50m: 32.77 32.77		150m: 1:50.93 40.80		250m: 3:16.59 46.72		350m: 4:38.57 36.46			
		100m: 1:10.13 37.36		200m: 2:29.87 38.94		300m: 4:02.11 45.52		400m: 5:13.50 34.93			
Q	2.	DYS, Maja	09	CNSN	BEL	5:32.56	5:37.92	478			
		50m: 35.84 35.84		150m: 2:00.27 44.42		250m: 3:32.61 50.16		350m: 5:00.84 39.44			
		100m: 1:15.85 40.01		200m: 2:42.45 42.18		300m: 4:21.40 48.79		400m: 5:37.92 37.08			

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19 ans et plus

Q	1. DUMONT, Sarah	07	NOC	BEL	4:45.64	4:53.72	729				
	<i>Mistral, Trident</i>										
	50m: 29.64	29.64	150m: 1:42.37	39.43	250m: 3:03.74	44.30	350m: 4:20.85	33.97			
	100m: 1:02.94	33.30	200m: 2:19.44	37.07	300m: 3:46.88	43.14	400m: 4:53.72	32.87			
R	2. GRAHAM, Jil	06	HOZT	BEL	5:13.67	5:40.07	469				
	50m: 36.93	36.93	150m: 2:03.08	42.31	250m: 3:34.49	49.45	350m: 5:01.97	37.66			
	100m: 1:20.77	43.84	200m: 2:45.04	41.96	300m: 4:24.31	49.82	400m: 5:40.07	38.10			

Cat. générale

Q	1. DUMONT, Sarah	07	NOC	BEL	4:45.64	4:53.72	729				
	<i>Mistral, Trident</i>										
	50m: 29.64	29.64	150m: 1:42.37	39.43	250m: 3:03.74	44.30	350m: 4:20.85	33.97			
	100m: 1:02.94	33.30	200m: 2:19.44	37.07	300m: 3:46.88	43.14	400m: 4:53.72	32.87			
Q	2. VACHAUDEZ, Ella	09	ENLN	BEL	4:58.30	5:13.50	599				
	<i>Mistral, Trident</i>										
	50m: 32.77	32.77	150m: 1:50.93	40.80	250m: 3:16.59	46.72	350m: 4:38.57	36.46			
	100m: 1:10.13	37.36	200m: 2:29.87	38.94	300m: 4:02.11	45.52	400m: 5:13.50	34.93			
Q	3. LHOIR, Eloïse	10	AQUABLA	BEL	5:09.34	5:15.78	586				
	<i>Mistral, Trident</i>										
	50m: 32.78	32.78	150m: 1:52.14	41.48	250m: 3:18.31	46.04	350m: 4:39.85	36.98			
	100m: 1:10.66	37.88	200m: 2:32.27	40.13	300m: 4:02.87	44.56	400m: 5:15.78	35.93			
Q	4. DELSAER, Laurien	11	LGN	BEL	5:09.18	5:17.10	579				
	<i>Mistral, Trident</i>										
	50m: 32.97	32.97	150m: 1:52.89	41.46	250m: 3:20.70	47.58	350m: 4:42.37	35.76			
	100m: 1:11.43	38.46	200m: 2:33.12	40.23	300m: 4:06.61	45.91	400m: 5:17.10	34.73			
Q	5. WÉGRIA, Elena	11	LGN	BEL	5:25.26	5:19.54	566				
	<i>Mistral, Trident</i>										
	50m: 33.39	33.39	150m: 1:50.71	39.35	250m: 3:17.90	48.81	350m: 4:43.05	36.95			
	100m: 1:11.36	37.97	200m: 2:29.09	38.38	300m: 4:06.10	48.20	400m: 5:19.54	36.49			
Q	6. ABDELKHALEK, Lina	11	ENW	BEL	5:25.22	5:23.81	544				
	<i>Mistral, Trident</i>										
	50m: 34.05	34.05	150m: 1:56.16	43.07	250m: 3:22.51	44.70	350m: 4:46.78	37.67			
	100m: 1:13.09	39.04	200m: 2:37.81	41.65	300m: 4:09.11	46.60	400m: 5:23.81	37.03			
Q	7. DELARGE, Claire	11	PERRON	BEL	5:34.37	5:36.53	484				
	<i>Mistral</i>										
	50m: 36.24	36.24	150m: 2:02.23	42.48	250m: 3:33.03	48.32	350m: 4:59.13	38.19			
	100m: 1:19.75	43.51	200m: 2:44.71	42.48	300m: 4:20.94	47.91	400m: 5:36.53	37.40			
Q	8. DYS, Maja	09	CNSN	BEL	5:32.56	5:37.92	478				
	50m: 35.84	35.84	150m: 2:00.27	44.42	250m: 3:32.61	50.16	350m: 5:00.84	39.44			
	100m: 1:15.85	40.01	200m: 2:42.45	42.18	300m: 4:21.40	48.79	400m: 5:37.92	37.08			
R	9. GRAHAM, Jil	06	HOZT	BEL	5:13.67	5:40.07	469				
	50m: 36.93	36.93	150m: 2:03.08	42.31	250m: 3:34.49	49.45	350m: 5:01.97	37.66			
	100m: 1:20.77	43.84	200m: 2:45.04	41.96	300m: 4:24.31	49.82	400m: 5:40.07	38.10			
R	10. MARTENS, Ries	11	LGN	BEL	5:57.83	5:51.22	426				
	50m: 36.89	36.89	150m: 2:06.34	46.09	250m: 3:39.65	49.05	350m: 5:10.54	42.01			
	100m: 1:20.25	43.36	200m: 2:50.60	44.26	300m: 4:28.53	48.88	400m: 5:51.22	40.68			
R	11. VANHOUTTE, Thais	11	PERRON	FRA	6:03.82	6:04.58	381				
	50m: 40.85	40.85	150m: 2:19.31	47.53	250m: 3:53.87	48.27	350m: 5:24.98	42.02			
	100m: 1:31.78	50.93	200m: 3:05.60	46.29	300m: 4:42.96	49.09	400m: 6:04.58	39.60			
R	12. LECLERCQ, Elin	11	HELIOS	BEL	5:56.54	6:06.06	376				
	50m: 36.09	36.09	150m: 2:11.40	48.51	250m: 3:22.57	26.09	350m: 5:24.22	44.26			
	100m: 1:22.89	46.80	200m: 2:56.48	45.08	300m: 4:39.96	1:17.39	400m: 6:06.06	41.84			
R **	13. CORBISIER, Morgane	10	MHN	BEL	6:08.05	6:16.58	346				
	50m: 38.01	38.01	150m: 2:11.55	43.86	250m: 3:50.88	56.39	350m: 5:33.61	43.81			
	100m: 1:27.69	49.68	200m: 2:54.49	42.94	300m: 4:49.80	58.92	400m: 6:16.58	42.97			

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Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA				
	disq.	CARLOS DA SILVA, Ilana-Luisa	10	LGN	BEL	5:38.53	5:30.51					
	<i>SW 9.4.8.4 - A la fin du partie papillon, le nageur n'a pas touché le mur des 2 mains simultanément ou mains superp</i>											
	50m:	34.39	34.39	150m:	1:58.52	42.93	250m:	3:26.80	45.86	350m:	4:53.02	37.87
	100m:	1:15.59	41.20	200m:	2:40.94	42.42	300m:	4:15.15	48.35	400m:	5:30.51	37.49