

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 15
14/02/2026

Messieurs, 400m Libre

Cat. générale
Liste résultats Eliminatoires

TL FFBN 15: 5:04.00; 16: 4:56.00; 17: 4:48.00; 18: 4:40.00; 19 +: 4:32.00 / TL NON FFBN/OPEN : 4:18.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	FTIME	S-TIME	WA			
15 ans											
B	1.	ALBORES-SANCHEZ, Rafael	11	PERRON	BEL	4:18.84	4:22.41	589			
		<i>Mistral, Trident</i>									
		50m: 29.26 29.26		150m: 1:34.66 33.20		250m: 2:42.47 34.11		350m: 3:50.94 34.36			
		100m: 1:01.46 32.20		200m: 2:08.36 33.70		300m: 3:16.58 34.11		400m: 4:22.41 31.47			
B	2.	GLODKIEWICZ, alexandre	11	PERRON	BEL	4:18.48	4:26.69	561			
		<i>Mistral, Trident</i>									
		50m: 30.68 30.68		150m: 1:37.01 33.99		250m: 2:45.71 34.62		350m: 3:54.92 34.62			
		100m: 1:03.02 32.34		200m: 2:11.09 34.08		300m: 3:20.30 34.59		400m: 4:26.69 31.77			
B	3.	CHAU, Duarte	11	ENW	BEL	4:23.81	4:30.26	539			
		<i>Mistral</i>									
		50m: 30.78 30.78		150m: 1:37.68 34.13		250m: 2:46.63 34.18		350m: 3:56.30 34.94			
		100m: 1:03.55 32.77		200m: 2:12.45 34.77		300m: 3:21.36 34.73		400m: 4:30.26 33.96			
R	4.	FERRARI, Maxime	11	PERRON	BEL	4:35.57	4:34.70	514			
		<i>Mistral</i>									
		50m: 30.91 30.91		150m: 1:41.58 35.42		250m: 2:52.90 35.73		350m: 4:03.41 34.49			
		100m: 1:06.16 35.25		200m: 2:17.17 35.59		300m: 3:28.92 36.02		400m: 4:34.70 31.29			
	5.	WESTER, Liam	11	CNB	LUX	4:43.58	4:46.89	451			
		50m: 31.48 31.48		150m: 1:41.12 34.61		250m: 2:54.18 36.76		350m: 4:09.73 38.20			
		100m: 1:06.51 35.03		200m: 2:17.42 36.30		300m: 3:31.53 37.35		400m: 4:46.89 37.16			
	6.	GARCIA, Thomas	11	CNSW	ITA	4:44.59	4:57.60	404			
		50m: 33.07 33.07		150m: 1:48.37 38.08		250m: 3:04.87 38.47		350m: 4:20.59 37.60			
		100m: 1:10.29 37.22		200m: 2:26.40 38.03		300m: 3:42.99 38.12		400m: 4:57.60 37.01			
	7.	TAZMI, Ilias	11	CNBA	BEL	5:03.29	4:59.71	395			
		50m: 34.11 34.11		150m: 1:50.51 39.19		250m: 3:06.82 38.89		350m: 4:22.95 38.07			
		100m: 1:11.32 37.21		200m: 2:27.93 37.42		300m: 3:44.88 38.06		400m: 4:59.71 36.76			
	8.	GORINI, Federico	11	CNSW	BEL	5:02.13	5:02.60	384			
		50m: 34.44 34.44		150m: 1:53.89 40.55		250m: 3:10.17 39.40		350m: 4:27.31 39.16			
		100m: 1:13.34 38.90		200m: 2:30.77 36.88		300m: 3:48.15 37.98		400m: 5:02.60 35.29			
**	9.	AFALLAH, Houdhayfa	11	CNBA	BEL	5:03.56	5:26.53	306			
		50m: 35.59 35.59		150m: 1:56.85 41.81		250m: 3:20.83 42.40		350m: 4:44.83 42.20			
		100m: 1:15.04 39.45		200m: 2:38.43 41.58		300m: 4:02.63 41.80		400m: 5:26.53 41.70			
**	10.	FRAUENKRON, Luca	11	SSSV	BEL	5:34.38	5:42.32	265			
		50m: 38.64 38.64		150m: 2:04.86 44.62		250m: 3:33.12 45.15		350m: 5:01.71 44.64			
		100m: 1:20.24 41.60		200m: 2:47.97 43.11		300m: 4:17.07 43.95		400m: 5:42.32 40.61			
16 ans											
A	1.	LAMBERT, Noah	10	LGN	BEL	4:09.16	4:16.61	630			
		<i>Mistral, Trident</i>									
		50m: 28.54 28.54		150m: 1:31.64 32.40		250m: 2:37.16 33.09		350m: 3:44.11 33.81			
		100m: 59.24 30.70		200m: 2:04.07 32.43		300m: 3:10.30 33.14		400m: 4:16.61 32.50			
A	2.	LAIME, Oscar	10	LGN	BEL	4:23.37	4:19.56	609			
		<i>Mistral, Trident</i>									
		50m: 29.72 29.72		150m: 1:33.80 32.26		250m: 2:39.82 33.04		350m: 3:46.93 33.34			
		100m: 1:01.54 31.82		200m: 2:06.78 32.98		300m: 3:13.59 33.77		400m: 4:19.56 32.63			
A	3.	WATTIAUX, Thomas	10	MHN	BEL	4:30.86	4:22.37	590			
		<i>Mistral, Trident</i>									
		50m: 29.00 29.00		150m: 1:35.49 33.68		250m: 2:43.00 33.59		350m: 3:50.59 33.24			
		100m: 1:01.81 32.81		200m: 2:09.41 33.92		300m: 3:17.35 34.35		400m: 4:22.37 31.78			
B	4.	DUREZ, Oliver	10	ENLN	BEL	4:25.08	4:25.26	571			
		<i>Mistral</i>									
		50m: 29.64 29.64		150m: 1:36.29 33.47		250m: 2:44.83 33.78		350m: 3:52.72 33.59			
		100m: 1:02.82 33.18		200m: 2:11.05 34.76		300m: 3:19.13 34.30		400m: 4:25.26 32.54			

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, Eliminatoire, 16 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
B	5.	EL YOUSFI, Ilyès	10	MHN	BEL	4:25.74	4:27.22	558			
		<i>Mistral</i>									
		50m: 29.18 29.18			150m: 1:36.59 34.13	250m: 2:45.68 34.84	350m: 3:54.77 34.37				
		100m: 1:02.46 33.28			200m: 2:10.84 34.25	300m: 3:20.40 34.72	400m: 4:27.22 32.45				
B	6.	COUNARD, Matéo	10	ENW	BEL	4:31.16	4:29.84	542			
		<i>Mistral</i>									
		50m: 31.13 31.13			150m: 1:37.68 34.59	250m: 2:46.96 34.80	350m: 3:56.84 35.50				
		100m: 1:03.09 31.96			200m: 2:12.16 34.48	300m: 3:21.34 34.38	400m: 4:29.84 33.00				
B	7.	KHEDIMALLAH, Rayan	10	ENW	BEL	4:42.91	4:32.30	527			
		<i>Mistral</i>									
		50m: 31.89 31.89			150m: 1:40.04 34.90	250m: 2:50.14 35.81	350m: 3:59.59 34.51				
		100m: 1:05.14 33.25			200m: 2:14.33 34.29	300m: 3:25.08 34.94	400m: 4:32.30 32.71				
R	8.	GILLARD, Sacha	10	LGN	BEL	4:41.48	4:32.91	524			
		<i>Mistral</i>									
		50m: 31.07 31.07			150m: 1:39.18 34.84	250m: 2:48.84 35.08	350m: 3:59.24 35.67				
		100m: 1:04.34 33.27			200m: 2:13.76 34.58	300m: 3:23.57 34.73	400m: 4:32.91 33.67				
	9.	ROOSEN, Lukas	10	PZC	BEL	4:31.54	4:35.19	511			
		50m: 30.84 30.84			150m: 1:40.44 35.19	250m: 2:51.43 35.67	350m: 4:02.20 35.78				
		100m: 1:05.25 34.41			200m: 2:15.76 35.32	300m: 3:26.42 34.99	400m: 4:35.19 32.99				
	10.	JANS, Ruben	10	PERRON	BEL	4:37.30	4:40.04	485			
		50m: 31.52 31.52			150m: 1:42.17 35.72	250m: 2:53.73 35.63	350m: 4:05.64 35.84				
		100m: 1:06.45 34.93			200m: 2:18.10 35.93	300m: 3:29.80 36.07	400m: 4:40.04 34.40				
	11.	DE BECKER, Aurélien	10	WN	BEL	4:52.15	4:48.87	442			
		50m: 32.03 32.03			150m: 1:44.86 36.47	250m: 2:59.63 37.15	350m: 4:13.61 36.37				
		100m: 1:08.39 36.36			200m: 2:22.48 37.62	300m: 3:37.24 37.61	400m: 4:48.87 35.26				

17 - 18 ans

A	1.	SOBRIE, Gautier	08	DM	BEL	4:04.12	4:07.49	703			
		<i>Mistral, Trident</i>									
		50m: 28.05 28.05			150m: 1:30.58 31.87	250m: 2:34.00 31.98	350m: 3:37.39 31.78				
		100m: 58.71 30.66			200m: 2:02.02 31.44	300m: 3:05.61 31.61	400m: 4:07.49 30.10				
A	2.	VAN HEIRWEGHE, Maxime	08	AQUABLA	BEL	4:03.80	4:14.24	648			
		<i>Mistral, Trident</i>									
		50m: 28.65 28.65			150m: 1:32.99 33.11	250m: 2:38.72 33.03	350m: 3:44.07 32.75				
		100m: 59.88 31.23			200m: 2:05.69 32.70	300m: 3:11.32 32.60	400m: 4:14.24 30.17				
A	3.	DEVILLE, Manu	08	PERRON	BEL	4:11.51	4:17.84	621			
		<i>Mistral, Trident</i>									
		50m: 29.49 29.49			150m: 1:34.40 32.83	250m: 2:39.98 33.12	350m: 3:45.82 32.98				
		100m: 1:01.57 32.08			200m: 2:06.86 32.46	300m: 3:12.84 32.86	400m: 4:17.84 32.02				
A	4.	DUFOND, Nathan	08	ENLN	BEL	4:16.61	4:21.01	599			
		<i>Mistral</i>									
		50m: 28.96 28.96			150m: 1:34.06 33.02	250m: 2:40.48 33.22	350m: 3:48.54 34.16				
		100m: 1:01.04 32.08			200m: 2:07.26 33.20	300m: 3:14.38 33.90	400m: 4:21.01 32.47				
R	5.	URBAIN, Raphael	08	SSSV	BEL	4:31.24	4:34.11	517			
		50m: 31.08 31.08			150m: 1:40.16 35.49	250m: 2:50.57 35.50	350m: 4:00.89 35.42				
		100m: 1:04.67 33.59			200m: 2:15.07 34.91	300m: 3:25.47 34.90	400m: 4:34.11 33.22				
	6.	MANJON-GARCIA, Aitor	09	AQUABLA	ESP	4:42.77	4:37.09	500			
		50m: 30.82 30.82			150m: 1:39.66 34.95	250m: 2:51.73 36.32	350m: 4:02.73 35.86				
		100m: 1:04.71 33.89			200m: 2:15.41 35.75	300m: 3:26.87 35.14	400m: 4:37.09 34.36				
	7.	CHRISTIAENS, Théo	08	PERRON	BEL	4:37.21	4:38.24	494			
		50m: 31.46 31.46			150m: 1:40.20 34.38	250m: 2:51.18 35.99	350m: 4:03.79 36.12				
		100m: 1:05.82 34.36			200m: 2:15.19 34.99	300m: 3:27.67 36.49	400m: 4:38.24 34.45				
	8.	NEGRIN, Samuel	09	MHN	BEL	4:33.36	4:39.17	489			
		50m: 32.00 32.00			150m: 1:44.07 35.83	250m: 2:55.15 34.69	350m: 4:05.08 34.95				
		100m: 1:08.24 36.24			200m: 2:20.46 36.39	300m: 3:30.13 34.98	400m: 4:39.17 34.09				
	9.	CHAUVEHEID, Théotime	09	MOSAN	BEL	4:44.63	4:42.34	473			
		50m: 30.73 30.73			150m: 1:39.81 34.75	250m: 2:52.37 36.08	350m: 4:06.30 36.84				
		100m: 1:05.06 34.33			200m: 2:16.29 36.48	300m: 3:29.46 37.09	400m: 4:42.34 36.04				

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, Eliminatoire, 17 - 18 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
	10.	GUELTON, Mathias	09	CNT	BEL	4:28.88	4:47.30	449			
		50m: 31.42	31.42	150m: 1:43.07	36.09	250m: 2:56.93	36.75	350m: 4:11.39	36.89		
		100m: 1:06.98	35.56	200m: 2:20.18	37.11	300m: 3:34.50	37.57	400m: 4:47.30	35.91		
**	11.	HENRY, Milo	08	PERRON	BEL	4:39.00	5:01.41	389			
		50m: 31.74	31.74	150m: 1:43.13	37.02	250m: 3:02.01	40.11	350m: 4:22.55	40.65		
		100m: 1:06.11	34.37	200m: 2:21.90	38.77	300m: 3:41.90	39.89	400m: 5:01.41	38.86		

19 ans et plus

A	1.	HESSENS, Tristan	07	MOSAN	BEL	4:06.77	4:14.85	643			
		<i>Mistral</i>									
		50m: 29.14	29.14	150m: 1:33.10	32.90	250m: 2:38.75	33.05	350m: 3:44.24	32.99		
		100m: 1:00.20	31.06	200m: 2:05.70	32.60	300m: 3:11.25	32.50	400m: 4:14.85	30.61		
B	2.	ZEIMES, Elric	07	HN	BEL	4:19.09	4:28.13	552			
		50m: 29.63	29.63	150m: 1:35.63	33.25	250m: 2:44.46	34.42	350m: 3:54.69	35.17		
		100m: 1:02.38	32.75	200m: 2:10.04	34.41	300m: 3:19.52	35.06	400m: 4:28.13	33.44		
R **	3.	LECLERCQ, Justin	04	HELIOS	BEL	4:31.67	4:34.30	516			
		50m: 31.92	31.92	150m: 1:41.06	35.12	250m: 2:50.82	35.17	350m: 4:01.26	35.59		
		100m: 1:05.94	34.02	200m: 2:15.65	34.59	300m: 3:25.67	34.85	400m: 4:34.30	33.04		
R **	4.	CABO, Esteban	07	ENLN	BEL	4:19.34	4:35.02	512			
		50m: 29.52	29.52	150m: 1:37.82	34.01	250m: 2:48.96	35.56	350m: 4:00.50	35.32		
		100m: 1:03.81	34.29	200m: 2:13.40	35.58	300m: 3:25.18	36.22	400m: 4:35.02	34.52		

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A	1.	SOBRIE, Gautier	08	DM	BEL	4:04.12	4:07.49	703			
		<i>Mistral, Trident</i>									
		50m: 28.05	28.05	150m: 1:30.58	31.87	250m: 2:34.00	31.98	350m: 3:37.39	31.78		
		100m: 58.71	30.66	200m: 2:02.02	31.44	300m: 3:05.61	31.61	400m: 4:07.49	30.10		
A	2.	VAN HEIRWEGHE, Maxime	08	AQUABLA	BEL	4:03.80	4:14.24	648			
		<i>Mistral, Trident</i>									
		50m: 28.65	28.65	150m: 1:32.99	33.11	250m: 2:38.72	33.03	350m: 3:44.07	32.75		
		100m: 59.88	31.23	200m: 2:05.69	32.70	300m: 3:11.32	32.60	400m: 4:14.24	30.17		
A	3.	HESSENS, Tristan	07	MOSAN	BEL	4:06.77	4:14.85	643			
		<i>Mistral</i>									
		50m: 29.14	29.14	150m: 1:33.10	32.90	250m: 2:38.75	33.05	350m: 3:44.24	32.99		
		100m: 1:00.20	31.06	200m: 2:05.70	32.60	300m: 3:11.25	32.50	400m: 4:14.85	30.61		
A	4.	LAMBERT, Noah	10	LGN	BEL	4:09.16	4:16.61	630			
		<i>Mistral, Trident</i>									
		50m: 28.54	28.54	150m: 1:31.64	32.40	250m: 2:37.16	33.09	350m: 3:44.11	33.81		
		100m: 59.24	30.70	200m: 2:04.07	32.43	300m: 3:10.30	33.14	400m: 4:16.61	32.50		
A	5.	DEVILLE, Manu	08	PERRON	BEL	4:11.51	4:17.84	621			
		<i>Mistral, Trident</i>									
		50m: 29.49	29.49	150m: 1:34.40	32.83	250m: 2:39.98	33.12	350m: 3:45.82	32.98		
		100m: 1:01.57	32.08	200m: 2:06.86	32.46	300m: 3:12.84	32.86	400m: 4:17.84	32.02		
A	6.	LAIME, Oscar	10	LGN	BEL	4:23.37	4:19.56	609			
		<i>Mistral, Trident</i>									
		50m: 29.72	29.72	150m: 1:33.80	32.26	250m: 2:39.82	33.04	350m: 3:46.93	33.34		
		100m: 1:01.54	31.82	200m: 2:06.78	32.98	300m: 3:13.59	33.77	400m: 4:19.56	32.63		
A	7.	DUFOND, Nathan	08	ENLN	BEL	4:16.61	4:21.01	599			
		<i>Mistral</i>									
		50m: 28.96	28.96	150m: 1:34.06	33.02	250m: 2:40.48	33.22	350m: 3:48.54	34.16		
		100m: 1:01.04	32.08	200m: 2:07.26	33.20	300m: 3:14.38	33.90	400m: 4:21.01	32.47		
A	8.	WATTIAUX, Thomas	10	MHN	BEL	4:30.86	4:22.37	590			
		<i>Mistral, Trident</i>									
		50m: 29.00	29.00	150m: 1:35.49	33.68	250m: 2:43.00	33.59	350m: 3:50.59	33.24		
		100m: 1:01.81	32.81	200m: 2:09.41	33.92	300m: 3:17.35	34.35	400m: 4:22.37	31.78		

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 15, Messieurs, 400m Libre, Eliminatoire, Cat. générale

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
B	9.	ALBORES-SANCHEZ, Rafael	11	PERRON	BEL	4:18.84	4:22.41	589			
		<i>Mistral, Trident</i>									
		50m: 29.26 29.26	150m: 1:34.66 33.20	250m: 2:42.47 34.11	350m: 3:50.94 34.36						
		100m: 1:01.46 32.20	200m: 2:08.36 33.70	300m: 3:16.58 34.11	400m: 4:22.41 31.47						
B	10.	DUREZ, Oliver	10	ENLN	BEL	4:25.08	4:25.26	571			
		<i>Mistral</i>									
		50m: 29.64 29.64	150m: 1:36.29 33.47	250m: 2:44.83 33.78	350m: 3:52.72 33.59						
		100m: 1:02.82 33.18	200m: 2:11.05 34.76	300m: 3:19.13 34.30	400m: 4:25.26 32.54						
B	11.	GLODKIEWICZ, alexandre	11	PERRON	BEL	4:18.48	4:26.69	561			
		<i>Mistral, Trident</i>									
		50m: 30.68 30.68	150m: 1:37.01 33.99	250m: 2:45.71 34.62	350m: 3:54.92 34.62						
		100m: 1:03.02 32.34	200m: 2:11.09 34.08	300m: 3:20.30 34.59	400m: 4:26.69 31.77						
B	12.	EL YOUSFI, Ilyès	10	MHN	BEL	4:25.74	4:27.22	558			
		<i>Mistral</i>									
		50m: 29.18 29.18	150m: 1:36.59 34.13	250m: 2:45.68 34.84	350m: 3:54.77 34.37						
		100m: 1:02.46 33.28	200m: 2:10.84 34.25	300m: 3:20.40 34.72	400m: 4:27.22 32.45						
B	13.	ZEIMES, Elric	07	HN	BEL	4:19.09	4:28.13	552			
		50m: 29.63 29.63	150m: 1:35.63 33.25	250m: 2:44.46 34.42	350m: 3:54.69 35.17						
		100m: 1:02.38 32.75	200m: 2:10.04 34.41	300m: 3:19.52 35.06	400m: 4:28.13 33.44						
B	14.	COUNARD, Matéo	10	ENW	BEL	4:31.16	4:29.84	542			
		<i>Mistral</i>									
		50m: 31.13 31.13	150m: 1:37.68 34.59	250m: 2:46.96 34.80	350m: 3:56.84 35.50						
		100m: 1:03.09 31.96	200m: 2:12.16 34.48	300m: 3:21.34 34.38	400m: 4:29.84 33.00						
B	15.	CHAU, Duarte	11	ENW	BEL	4:23.81	4:30.26	539			
		<i>Mistral</i>									
		50m: 30.78 30.78	150m: 1:37.68 34.13	250m: 2:46.63 34.18	350m: 3:56.30 34.94						
		100m: 1:03.55 32.77	200m: 2:12.45 34.77	300m: 3:21.36 34.73	400m: 4:30.26 33.96						
B	16.	KHEDIMALLAH, Rayan	10	ENW	BEL	4:42.91	4:32.30	527			
		<i>Mistral</i>									
		50m: 31.89 31.89	150m: 1:40.04 34.90	250m: 2:50.14 35.81	350m: 3:59.59 34.51						
		100m: 1:05.14 33.25	200m: 2:14.33 34.29	300m: 3:25.08 34.94	400m: 4:32.30 32.71						
R	17.	GILLARD, Sacha	10	LGN	BEL	4:41.48	4:32.91	524			
		<i>Mistral</i>									
		50m: 31.07 31.07	150m: 1:39.18 34.84	250m: 2:48.84 35.08	350m: 3:59.24 35.67						
		100m: 1:04.34 33.27	200m: 2:13.76 34.58	300m: 3:23.57 34.73	400m: 4:32.91 33.67						
R	18.	URBAIN, Raphael	08	SSSV	BEL	4:31.24	4:34.11	517			
		50m: 31.08 31.08	150m: 1:40.16 35.49	250m: 2:50.57 35.50	350m: 4:00.89 35.42						
		100m: 1:04.67 33.59	200m: 2:15.07 34.91	300m: 3:25.47 34.90	400m: 4:34.11 33.22						
R **	19.	LECLERCQ, Justin	04	HELIOS	BEL	4:31.67	4:34.30	516			
		50m: 31.92 31.92	150m: 1:41.06 35.12	250m: 2:50.82 35.17	350m: 4:01.26 35.59						
		100m: 1:05.94 34.02	200m: 2:15.65 34.59	300m: 3:25.67 34.85	400m: 4:34.30 33.04						
R	20.	FERRARI, Maxime	11	PERRON	BEL	4:35.57	4:34.70	514			
		<i>Mistral</i>									
		50m: 30.91 30.91	150m: 1:41.58 35.42	250m: 2:52.90 35.73	350m: 4:03.41 34.49						
		100m: 1:06.16 35.25	200m: 2:17.17 35.59	300m: 3:28.92 36.02	400m: 4:34.70 31.29						
R **	21.	CABO, Esteban	07	ENLN	BEL	4:19.34	4:35.02	512			
		50m: 29.52 29.52	150m: 1:37.82 34.01	250m: 2:48.96 35.56	350m: 4:00.50 35.32						
		100m: 1:03.81 34.29	200m: 2:13.40 35.58	300m: 3:25.18 36.22	400m: 4:35.02 34.52						
	22.	ROOSEN, Lukas	10	PZC	BEL	4:31.54	4:35.19	511			
		50m: 30.84 30.84	150m: 1:40.44 35.19	250m: 2:51.43 35.67	350m: 4:02.20 35.78						
		100m: 1:05.25 34.41	200m: 2:15.76 35.32	300m: 3:26.42 34.99	400m: 4:35.19 32.99						
	23.	MANJON-GARCIA, Aitor	09	AQUABLA	ESP	4:42.77	4:37.09	500			
		50m: 30.82 30.82	150m: 1:39.66 34.95	250m: 2:51.73 36.32	350m: 4:02.73 35.86						
		100m: 1:04.71 33.89	200m: 2:15.41 35.75	300m: 3:26.87 35.14	400m: 4:37.09 34.36						
	24.	CHRISTIAENS, Théo	08	PERRON	BEL	4:37.21	4:38.24	494			
		50m: 31.46 31.46	150m: 1:40.20 34.38	250m: 2:51.18 35.99	350m: 4:03.79 36.12						
		100m: 1:05.82 34.36	200m: 2:15.19 34.99	300m: 3:27.67 36.49	400m: 4:38.24 34.45						

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 15, Messieurs, 400m Libre, Eliminatoire, Cat. générale

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
	25.	NEGRIN, Samuel	09	MHN	BEL	4:33.36	4:39.17	489			
		50m: 32.00	32.00	150m: 1:44.07	35.83	250m: 2:55.15	34.69	350m: 4:05.08	34.95		
		100m: 1:08.24	36.24	200m: 2:20.46	36.39	300m: 3:30.13	34.98	400m: 4:39.17	34.09		
	26.	JANS, Ruben	10	PERRON	BEL	4:37.30	4:40.04	485			
		50m: 31.52	31.52	150m: 1:42.17	35.72	250m: 2:53.73	35.63	350m: 4:05.64	35.84		
		100m: 1:06.45	34.93	200m: 2:18.10	35.93	300m: 3:29.80	36.07	400m: 4:40.04	34.40		
	27.	CHAUVEHEID, Théotime	09	MOSAN	BEL	4:44.63	4:42.34	473			
		50m: 30.73	30.73	150m: 1:39.81	34.75	250m: 2:52.37	36.08	350m: 4:06.30	36.84		
		100m: 1:05.06	34.33	200m: 2:16.29	36.48	300m: 3:29.46	37.09	400m: 4:42.34	36.04		
	28.	WESTER, Liam	11	CNB	LUX	4:43.58	4:46.89	451			
		50m: 31.48	31.48	150m: 1:41.12	34.61	250m: 2:54.18	36.76	350m: 4:09.73	38.20		
		100m: 1:06.51	35.03	200m: 2:17.42	36.30	300m: 3:31.53	37.35	400m: 4:46.89	37.16		
	29.	GUELTON, Mathias	09	CNT	BEL	4:28.88	4:47.30	449			
		50m: 31.42	31.42	150m: 1:43.07	36.09	250m: 2:56.93	36.75	350m: 4:11.39	36.89		
		100m: 1:06.98	35.56	200m: 2:20.18	37.11	300m: 3:34.50	37.57	400m: 4:47.30	35.91		
	30.	DE BECKER, Aurélien	10	WN	BEL	4:52.15	4:48.87	442			
		50m: 32.03	32.03	150m: 1:44.86	36.47	250m: 2:59.63	37.15	350m: 4:13.61	36.37		
		100m: 1:08.39	36.36	200m: 2:22.48	37.62	300m: 3:37.24	37.61	400m: 4:48.87	35.26		
	31.	GARCIA, Thomas	11	CNSW	ITA	4:44.59	4:57.60	404			
		50m: 33.07	33.07	150m: 1:48.37	38.08	250m: 3:04.87	38.47	350m: 4:20.59	37.60		
		100m: 1:10.29	37.22	200m: 2:26.40	38.03	300m: 3:42.99	38.12	400m: 4:57.60	37.01		
	32.	TAZMI, Ilias	11	CNBA	BEL	5:03.29	4:59.71	395			
		50m: 34.11	34.11	150m: 1:50.51	39.19	250m: 3:06.82	38.89	350m: 4:22.95	38.07		
		100m: 1:11.32	37.21	200m: 2:27.93	37.42	300m: 3:44.88	38.06	400m: 4:59.71	36.76		
**	33.	HENRY, Milo	08	PERRON	BEL	4:39.00	5:01.41	389			
		50m: 31.74	31.74	150m: 1:43.13	37.02	250m: 3:02.01	40.11	350m: 4:22.55	40.65		
		100m: 1:06.11	34.37	200m: 2:21.90	38.77	300m: 3:41.90	39.89	400m: 5:01.41	38.86		
	34.	GORINI, Federico	11	CNSW	BEL	5:02.13	5:02.60	384			
		50m: 34.44	34.44	150m: 1:53.89	40.55	250m: 3:10.17	39.40	350m: 4:27.31	39.16		
		100m: 1:13.34	38.90	200m: 2:30.77	36.88	300m: 3:48.15	37.98	400m: 5:02.60	35.29		
**	35.	AFALLAH, Houdhayfa	11	CNBA	BEL	5:03.56	5:26.53	306			
		50m: 35.59	35.59	150m: 1:56.85	41.81	250m: 3:20.83	42.40	350m: 4:44.83	42.20		
		100m: 1:15.04	39.45	200m: 2:38.43	41.58	300m: 4:02.63	41.80	400m: 5:26.53	41.70		
**	36.	FRAUENKRON, Luca	11	SSSV	BEL	5:34.38	5:42.32	265			
		50m: 38.64	38.64	150m: 2:04.86	44.62	250m: 3:33.12	45.15	350m: 5:01.71	44.64		
		100m: 1:20.24	41.60	200m: 2:47.97	43.11	300m: 4:17.07	43.95	400m: 5:42.32	40.61		