

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 11
14/02/2026

Messieurs, 400m Libre

Cat. générale
Liste résultats Finales

TL FFBN 15: 5:04.00; 16: 4:56.00; 17: 4:48.00; 18: 4:40.00; 19 +: 4:32.00 / TL NON FFBN/OPEN : 4:18.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
Finale A											
	1.	SOBRIE, Gautier	08	DM	BEL	4:07.49	4:04.51	729			
		<i>Mistral, Trident</i>									
		50m: 28.63 28.63	150m: 1:30.62 31.22	250m: 2:32.72 31.35	350m: 3:34.72 31.08						
		100m: 59.40 30.77	200m: 2:01.37 30.75	300m: 3:03.64 30.92	400m: 4:04.51 29.79						
	2.	HESSENS, Tristan	07	MOSAN	BEL	4:14.85	4:07.97	699			
		<i>Mistral, Trident</i>									
		50m: 28.85 28.85	150m: 1:31.10 31.66	250m: 2:34.33 31.67	350m: 3:37.74 31.96						
		100m: 59.44 30.59	200m: 2:02.66 31.56	300m: 3:05.78 31.45	400m: 4:07.97 30.23						
	3.	VAN HEIRWEGHE, Maxime	08	AQUABLA	BEL	4:14.24	4:09.45	686			
		<i>Mistral, Trident</i>									
		50m: 28.02 28.02	150m: 1:29.70 31.44	250m: 2:33.13 31.89	350m: 3:37.77 32.67						
		100m: 58.26 30.24	200m: 2:01.24 31.54	300m: 3:05.10 31.97	400m: 4:09.45 31.68						
	4.	LAMBERT, Noah	10	LGN	BEL	4:16.61	4:10.69	676			
		<i>Mistral, Trident</i>									
		50m: 28.23 28.23	150m: 1:30.76 31.75	250m: 2:34.37 31.94	350m: 3:39.24 32.76						
		100m: 59.01 30.78	200m: 2:02.43 31.67	300m: 3:06.48 32.11	400m: 4:10.69 31.45						
	5.	DEVILLE, Manu	08	PERRON	BEL	4:17.84	4:20.85	600			
		<i>Mistral</i>									
		50m: 29.54 29.54	150m: 1:35.23 33.08	250m: 2:42.67 33.93	350m: 3:50.57 33.68						
		100m: 1:02.15 32.61	200m: 2:08.74 33.51	300m: 3:16.89 34.22	400m: 4:20.85 30.28						
	6.	DUFOND, Nathan	08	ENLN	BEL	4:21.01	4:20.99	599			
		<i>Mistral</i>									
		50m: 28.99 28.99	150m: 1:34.53 33.33	250m: 2:41.57 33.38	350m: 3:48.70 33.26						
		100m: 1:01.20 32.21	200m: 2:08.19 33.66	300m: 3:15.44 33.87	400m: 4:20.99 32.29						
	7.	LAIME, Oscar	10	LGN	BEL	4:19.56	4:22.56	588			
		<i>Mistral, Trident</i>									
		50m: 29.03 29.03	150m: 1:33.35 32.65	250m: 2:41.07 34.35	350m: 3:44.26 29.04						
		100m: 1:00.70 31.67	200m: 2:06.72 33.37	300m: 3:15.22 34.15	400m: 4:22.56 38.30						
Finale B											
	9.	DUREZ, Oliver	10	ENLN	BEL	4:25.26	4:18.69	615			
		<i>Mistral, Trident</i>									
		50m: 29.69 29.69	150m: 1:34.19 32.82	250m: 2:40.31 33.05	350m: 3:46.73 33.41						
		100m: 1:01.37 31.68	200m: 2:07.26 33.07	300m: 3:13.32 33.01	400m: 4:18.69 31.96						
	10.	ZEIMES, Elric	07	HN	BEL	4:28.13	4:25.61	568			
		50m: 30.60 30.60	150m: 1:37.29 33.91	250m: 2:45.42 34.37	350m: 3:54.29 34.84						
		100m: 1:03.38 32.78	200m: 2:11.05 33.76	300m: 3:19.45 34.03	400m: 4:25.61 31.32						
	11.	GLODKIEWICZ, alexandre	11	PERRON	BEL	4:26.69	4:26.54	562			
		<i>Mistral, Trident</i>									
		50m: 30.84 30.84	150m: 1:36.44 33.39	250m: 2:43.54 33.81	350m: 3:53.15 35.28						
		100m: 1:03.05 32.21	200m: 2:09.73 33.29	300m: 3:17.87 34.33	400m: 4:26.54 33.39						
	12.	CHAU, Duarte	11	ENW	BEL	4:30.26	4:27.03	559			
		<i>Mistral, Trident</i>									
		50m: 31.03 31.03	150m: 1:38.31 34.59	250m: 2:46.92 34.80	350m: 3:54.63 34.16						
		100m: 1:03.72 32.69	200m: 2:12.12 33.81	300m: 3:20.47 33.55	400m: 4:27.03 32.40						
	13.	EL YOUSFI, Ilyès	10	MHN	BEL	4:27.22	4:28.89	548			
		<i>Mistral</i>									
		50m: 30.44 30.44	150m: 1:37.56 33.98	250m: 2:46.68 34.93	350m: 3:55.76 34.15						
		100m: 1:03.58 33.14	200m: 2:11.75 34.19	300m: 3:21.61 34.93	400m: 4:28.89 33.13						
	14.	COUNARD, Matéo	10	ENW	BEL	4:29.84	4:32.52	526			
		<i>Mistral</i>									
		50m: 31.36 31.36	150m: 1:38.87 33.70	250m: 2:48.17 34.89	350m: 3:58.26 34.58						
		100m: 1:05.17 33.81	200m: 2:13.28 34.41	300m: 3:23.68 35.51	400m: 4:32.52 34.26						

Championnats FFBN Open 2026
Charleroi, 14 - 15/2/2026

Epreuve 11, Messieurs, 400m Libre, Finale, Cat. générale

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	WA			
	15.	KHEDIMALLAH, Rayan	10	ENW	BEL	4:32.30	4:33.12	523			
		<i>Mistral</i>									
		50m: 31.53	31.53	150m: 1:40.31	34.45	250m: 2:50.63	35.23	350m: 4:00.57	34.56		
		100m: 1:05.86	34.33	200m: 2:15.40	35.09	300m: 3:26.01	35.38	400m: 4:33.12	32.55		
	16.	GILLARD, Sacha	10	LGN	BEL	4:32.91	4:35.05	512			
		50m: 31.36	31.36	150m: 1:40.00	35.06	250m: 2:50.47	35.58	350m: 4:01.14	35.40		
		100m: 1:04.94	33.58	200m: 2:14.89	34.89	300m: 3:25.74	35.27	400m: 4:35.05	33.91		