



Event 5 Women, 200m Backstroke 18 - 24 years  
2026-04-24 - 16:09 Results

Canadian Master Records	2:23.25	ING, Erika	MPEX	Etobicoke	2023-05-07
Quebec Provincial Master Records	2:29.34	CHARTIER, Rachelle	UDEM	Montreal	2007-12-08

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	HOULE, Rosalie				20	Groupe aquatique Mille-Iles Nord				<b>2:35.02</b>	594	
	50m:	36.29	36.29	100m:	1:16.00	39.71	150m:	1:56.10	40.10	200m:	2:35.02	38.92
2.	DUPUIS, Marie-Kali				24	Cachalots Port-Cartier				<b>2:54.42</b>	417	
	50m:	41.80	41.80	100m:	1:26.87	45.07	150m:	2:11.58	44.71	200m:	2:54.42	42.84
3.	MONGRAIN, Juliette				24	Club de natation Megophias				<b>3:01.52</b>	370	
	50m:	40.61	40.61	100m:	1:26.16	45.55	150m:	2:14.17	48.01	200m:	3:01.52	47.35
4.	BELVAL DUMOULIN, Maxyme				20	Club des Maitres-Nageurs de St-Laurent				<b>3:02.22</b>	366	
	50m:	43.27	43.27	100m:	1:29.21	45.94	150m:	2:15.84	46.63	200m:	3:02.22	46.38

Event 5 Women, 200m Backstroke 25 - 29 years  
2026-04-24 - 16:09 Results

Canadian Master Records	2:16.35	LAVIGNA, Lauren	CDM	???	2014-11-09
Quebec Provincial Master Records	2:23.18	PLANTE, Sophie	LON	???	1992-01-01

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	GIRARD, Noemie				26	Club de Natation des Riverains				<b>2:43.62</b>	505	
	50m:	37.38	37.38	100m:	1:18.70	41.32	150m:	2:01.54	42.84	200m:	2:43.62	42.08
2.	SIINO, Veronique				28	Mtl Nord Natation				<b>2:46.70</b>	478	
	50m:	39.64	39.64	100m:	1:21.76	42.12	150m:	2:04.69	42.93	200m:	2:46.70	42.01
3.	BRAVO, Magda Mariana				25	Westmount YMCA Maitres-Nageurs				<b>2:46.72</b>	478	
	50m:	39.10	39.10	100m:	1:21.19	42.09	150m:	2:05.85	44.66	200m:	2:46.72	40.87
4.	DUBUC, Alexia				27	Club de natation Sainte-Foy Haute-Saint-C2:				<b>53.71</b>	422	
	50m:	38.83	38.83	100m:	1:21.91	43.08	150m:	2:07.25	45.34	200m:	2:53.71	46.46
5.	BUREAU, Laurence				27	Club aquatique Montreal				<b>2:59.24</b>	384	
	50m:	40.87	40.87	100m:	1:25.81	44.94	150m:	2:12.59	46.78	200m:	2:59.24	46.65
6.	LEBEL-GUERIN, Roxanne				29	Club de Natation Calac Lasalle				<b>3:00.35</b>	377	
	50m:	42.77	42.77	100m:	1:27.85	45.08	150m:	2:13.64	45.79	200m:	3:00.35	46.71
7.	GAUVREAU, Justine				25	Cachalots Port-Cartier				<b>3:07.76</b>	334	
	50m:	43.01	43.01	100m:	1:29.33	46.32	150m:	2:18.60	49.27	200m:	3:07.76	49.16
8.	TESSIER, Laurence				28	Club Maitres-Nageurs Saguenay				<b>3:09.35</b>	326	
	50m:	42.18	42.18	100m:	1:29.39	47.21	150m:	2:19.57	50.18	200m:	3:09.35	49.78
9.	BLAIS, Andrea				29	Club de natation Megophias				<b>3:09.42</b>	326	
	50m:	42.33	42.33	100m:	1:29.73	47.40	150m:	2:19.06	49.33	200m:	3:09.42	50.36
10.	PARKER, Megan				29	C.N. Dollard-des-Ormeaux				<b>3:27.04</b>	249	
	50m:	49.27	49.27	100m:	1:41.65	52.38	150m:	2:35.49	53.84	200m:	3:27.04	51.55



## Event 5, Women, 200m Backstroke

 Event 5  
 2026-04-24 - 16:09  
 Women, 200m Backstroke  
 30 - 34 years  
 Results

Canadian Master Records	2:21.41	HADD, Valerie	EBMSC	Toronto	2009-05-15
Quebec Provincial Master Records	2:26.72	PLANTE, Sophie	PPO	???	1995-01-01

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	ST-DENIS, Ariane				33	McGill Masters				<b>2:35.14</b>	613	
	50m:	37.17	37.17	100m:	1:16.52	39.35	150m:	1:55.80	39.28	200m:	2:35.14	39.34
2.	DIONNE, Laura				30	Club Maitres-Nageurs Saguenay				<b>2:42.92</b>	530	
	50m:	38.69	38.69	100m:	1:20.33	41.64	150m:	2:01.95	41.62	200m:	2:42.92	40.97

 Event 5  
 2026-04-24 - 16:09  
 Women, 200m Backstroke  
 35 - 39 years  
 Results

Canadian Master Records	2:19.13	HEVEY, Sarah-Lee	CSLA	Drummondville	2024-01-27
Quebec Provincial Master Records	2:19.13	HEVEY, Sarah-Lee	CSLA	Drummondville	2024-01-27

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	CHEN, Yuan				38	Westmount YMCA Maitres-Nageurs				<b>2:44.74</b>	530	
	50m:	38.35	38.35	100m:	1:19.13	40.78	150m:	2:01.48	42.35	200m:	2:44.74	43.26
2.	BERUBE, Marie-Pierre				36	Club Natation Haut-Richelieu				<b>2:57.34</b>	425	
	50m:	42.02	42.02	100m:	1:27.28	45.26	150m:	2:13.19	45.91	200m:	2:57.34	44.15
3.	LAJOIE, Josiane Kenis				37	LMRL Riviere-du-Loup				<b>3:12.08</b>	334	
	50m:	45.24	45.24	150m:	2:23.51	1:38.27	200m:	3:12.08	48.57			
4.	COUTURIER, Shona				36	Maitres A Contre Courant				<b>3:18.21</b>	304	
	50m:	47.38	47.38	100m:	1:37.21	49.83	150m:	2:28.38	51.17	200m:	3:18.21	49.83
5.	DESROCHERS, Stephanie				35	Mtl Nord Natation				<b>3:23.32</b>	282	
	50m:	46.09	46.09	100m:	1:35.74	49.65	150m:	2:29.46	53.72	200m:	3:23.32	53.86

 Event 5  
 2026-04-24 - 16:09  
 Women, 200m Backstroke  
 40 - 44 years  
 Results

Canadian Master Records	2:22.02	MABEE, Cindy	VICM	Vancouver	2009-04-17
Quebec Provincial Master Records	2:32.20	PLANTE, Nathalie	CAMO	Montreal	2015-05-15

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	RIOUX, Julie				43	Natation Gatineau				<b>2:46.48</b>	515	
	50m:	38.53	38.53	100m:	1:20.93	42.40	150m:	2:04.22	43.29	200m:	2:46.48	42.26
2.	GREGOIRE, Marie-Eve				42	C.N. Dollard-des-Ormeaux				<b>2:47.86</b>	502	
	50m:	39.21	39.21	100m:	1:21.88	42.67	150m:	2:05.44	43.56	200m:	2:47.86	42.42
3.	LEFEBVRE-SAUVE, Audrey				41	Mtl Nord Natation				<b>2:49.66</b>	487	
	50m:	39.49	39.49	100m:	1:22.34	42.85	150m:	2:06.56	44.22	200m:	2:49.66	43.10
4.	MENARD, Madeleine				41	Maitres nageurs de la Capitale				<b>2:59.56</b>	410	
	50m:	43.19	43.19	100m:	1:27.67	44.48	150m:	2:13.75	46.08	200m:	2:59.56	45.81
5.	LEMOINE, Danielle				42	McGill Masters				<b>3:12.11</b>	335	
	50m:	45.11	45.11	100m:	1:33.07	47.96	150m:	2:23.01	49.94	200m:	3:12.11	49.10



Event 5, Women, 200m Backstroke, 40 - 44 years

Rank	Name		Age	Club	Time	Pts
6.	HURTUBISE, Emily		41	C.N. Dollard-des-Ormeaux	<b>3:36.89</b>	233
	50m:	51.04	51.04	100m:	1:47.64	56.60
				150m:	2:43.55	55.91
				200m:	3:36.89	53.34
7.	LAYTON, Kimberly		44	C.N. Dollard-des-Ormeaux	<b>3:39.85</b>	223
	50m:	51.85	51.85	100m:	1:47.39	55.54
				150m:	2:45.08	57.69
				200m:	3:39.85	54.77
DNS	WILLIAMS, Sarah		42	Club De Natation Sherbrooke		
DNS	EVANS, Meredith		43	Westmount YMCA Maitres-Nageurs		

Event 5 Women, 200m Backstroke 45 - 49 years Results

Canadian Master Records	2:23.92	MABEE, Cindy	VICM	Toronto	2016-05-20
Quebec Provincial Master Records	2:36.71	SCHULZ, Tara	CSLA	Quebec	2025-12-13

Points: AQUA Master 2025

Rank	Name		Age	Club	Time	Pts
1.	BEAUCHAMP, Arianne		45	Maitres A Contre Courant	<b>2:38.46</b>	662
	50m:	37.89	37.89	100m:	1:18.11	40.22
				150m:	1:58.50	40.39
				200m:	2:38.46	39.96
2.	FABES, Melanie		46	Maitres A Contre Courant	<b>2:44.60</b>	591
	50m:	39.66	39.66	100m:	1:21.59	41.93
				150m:	2:03.43	41.84
				200m:	2:44.60	41.17
3.	BROTT, Talia		46	Pointe-Claire Masters	<b>2:48.44</b>	551
	50m:	39.57	39.57	100m:	1:22.64	43.07
				150m:	2:06.26	43.62
				200m:	2:48.44	42.18
4.	DESCHAMPS, Stephanie		48	Club de Natation Mont-Tremblant	<b>2:49.96</b>	537
	50m:	39.79	39.79	100m:	1:22.66	42.87
				150m:	2:06.47	43.81
				200m:	2:49.96	43.49
5.	D'AMBOISE, Marie-Eve		48	Club des Maitres-Nageurs de St-Laurent	<b>2:54.78</b>	493
	50m:	42.11	42.11	100m:	1:26.78	44.67
				150m:	2:11.44	44.66
				200m:	2:54.78	43.34
6.	CHARRON, Marie-Claude		48	Club Aquatique Charlesbourg	<b>3:01.21</b>	443
	50m:	43.53	43.53	100m:	1:29.67	46.14
				150m:	2:16.31	46.64
				200m:	3:01.21	44.90
7.	TYO, Maia		48	C.N. Dollard-des-Ormeaux	<b>3:13.51</b>	363
	50m:	46.18	46.18	100m:	1:34.20	48.02
				150m:	2:23.98	49.78
				200m:	3:13.51	49.53
8.	LAVOIE, Catherine		46	Club Aquatique Charlesbourg	<b>3:15.15</b>	354
	50m:	45.53	45.53	100m:	1:34.70	49.17
				150m:	2:25.18	50.48
				200m:	3:15.15	49.97
9.	HUBBARD, Jocelyn		49	C.N. Dollard-des-Ormeaux	<b>3:18.61</b>	336
	50m:	46.67	46.67	100m:	1:37.01	50.34
				150m:	2:29.19	52.18
				200m:	3:18.61	49.42
10.	MOREAU, Brigitte		49	Club Natation Haut-Richelieu	<b>3:30.09</b>	284
	50m:	50.41	50.41	100m:	1:44.32	53.91
				150m:	2:39.14	54.82
				200m:	3:30.09	50.95
11.	SANDOVAL, Mariana		48	C.N. Dollard-des-Ormeaux	<b>3:40.33</b>	246
	50m:	53.89	53.89	100m:	1:49.52	55.63
				150m:	2:46.04	56.52
				200m:	3:40.33	54.29
12.	CAYOUILLE-GUILLOTEAU, Valeri		45	Club de Natation des Riverains	<b>3:52.11</b>	210
	50m:	56.42	56.42	100m:	1:56.92	1:00.50
				150m:	2:56.26	59.34
				200m:	3:52.11	55.85
13.	NGUYEN-DANG, Thuy-Tien		45	Club de Natation NATAQUI	<b>4:06.71</b>	175
	50m:	58.28	58.28	100m:	2:02.91	1:04.63
				150m:	3:08.42	1:05.51
				200m:	4:06.71	58.29
DNS	CHABOT, Marie-Eve		45	Club de natation Les Requins de Drummondville		



## Event 5, Women, 200m Backstroke

 Event 5  
 2026-04-24 - 16:09  
 Women, 200m Backstroke  
 50 - 54 years  
 Results

Canadian Master Records	2:25.94	MARSHALL, Lynn	CARMA	???	2011-01-09
Quebec Provincial Master Records	2:37.13	LOWENSTEYN, Ilka	CSLA	Quebec	2015-04-18

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	BELANGER, Annie				51	Maitres A Contre Courant				<b>2:55.15</b>	537	
	50m:	43.22	43.22	100m:	1:28.84	45.62	150m:	2:12.80	43.96	200m:	2:55.15	42.35
2.	DESROSIERS, Ingrid				52	Cote Saint-Luc Aquatics				<b>2:59.77</b>	496	
	50m:	42.49	42.49	100m:	1:27.59	45.10	150m:	2:13.70	46.11	200m:	2:59.77	46.07
3.	TANGUAY, Veronique				50	Mtl Nord Natation				<b>2:59.98</b>	494	
	50m:	43.79	43.79	100m:	1:29.46	45.67	150m:	2:15.93	46.47	200m:	2:59.98	44.05
4.	HUOT, Violaine				53	Club Citadins de Vaudreuil				<b>3:06.08</b>	447	
	50m:	44.55	44.55	100m:	1:32.09	47.54	150m:	2:20.11	48.02	200m:	3:06.08	45.97
5.	LEVESQUE, Edith				52	LMRL Riviere-du-Loup				<b>3:22.01</b>	350	
	50m:	46.97	46.97	100m:	1:38.60	51.63	200m:	3:22.01	1:43.41			
6.	BOUSSER, Beatrice				53	Westmount YMCA Maitres-Nageurs				<b>4:19.83</b>	164	
	50m:	59.57	59.57	100m:	2:04.10	1:04.53	150m:	3:11.97	1:07.87	200m:	4:19.83	1:07.86

 Event 5  
 2026-04-24 - 16:09  
 Women, 200m Backstroke  
 55 - 59 years  
 Results

Canadian Master Records	2:31.71	MARSHALL, Lynn	CARMA	???	2016-11-19
Quebec Provincial Master Records	2:40.01	KREMER, Ann	MFC	Dollard-Des-Ormeaux	2016-03-19

Points: AQUA Master 2025

Rank					Age					Time	Pts	
1.	CASSIVI, Natasha				56	La Vague de Brossard				<b>3:11.23</b>	438	
	50m:	46.05	46.05	100m:	1:33.77	47.72	150m:	2:22.87	49.10	200m:	3:11.23	48.36
2.	BROSSEAU, Cynthia				56	Club aquatique Montreal				<b>3:16.39</b>	404	
	50m:	47.48	47.48	100m:	1:36.81	49.33	150m:	2:27.82	51.01	200m:	3:16.39	48.57
3.	CHAPDELAINE, Josee				59	Mtl Nord Natation				<b>3:19.32</b>	387	
	50m:	48.54	48.54	100m:	1:39.44	50.90	150m:	2:30.11	50.67	200m:	3:19.32	49.21
4.	LEITH, Beverly				57	C.N. Dollard-des-Ormeaux				<b>3:25.60</b>	352	
	50m:	48.23	48.23	100m:	1:39.03	50.80	150m:	2:32.12	53.09	200m:	3:25.60	53.48
5.	AUGER, Marie-Josée				56	C.N. Dollard-des-Ormeaux				<b>3:34.49</b>	310	
	50m:	49.75	49.75	100m:	1:42.78	53.03	150m:	2:40.16	57.38	200m:	3:34.49	54.33
6.	TURCOT, Isabelle				59	Joliette Equipe Triathlon 1				<b>3:34.55</b>	310	
	50m:	50.16	50.16	100m:	1:44.54	54.38	150m:	2:40.22	55.68	200m:	3:34.55	54.33
7.	PATRY, Claude				59	Westmount YMCA Maitres-Nageurs				<b>3:36.38</b>	302	
	50m:	50.20	50.20	100m:	1:45.15	54.95	150m:	2:41.74	56.59	200m:	3:36.38	54.64
8.	PITRE, Jackie				55	Club Natation Haut-Richelieu				<b>3:46.10</b>	265	
	50m:	55.25	55.25	100m:	1:52.94	57.69	150m:	2:50.86	57.92	200m:	3:46.10	55.24
9.	PRIEUR, Isabelle				59	Pointe-Claire Masters				<b>3:49.56</b>	253	
	50m:	53.39	53.39	100m:	1:52.51	59.12	150m:	2:51.18	58.67	200m:	3:49.56	58.38



Event 5, Women, 200m Backstroke, 55 - 59 years

Rank	Age	Time	Pts
10. KIPLING, Arlene	57 Westmount YMCA Maitres-Nageurs	<b>4:42.34</b>	136
	50m: 1:06.08 1:06.08 100m: 2:19.01 1:12.93 150m: 3:32.16 1:13.15 200m: 4:42.34 1:10.18		

Event 5 Women, 200m Backstroke 60 - 64 years Results

Canadian Master Records	2:34.72	MARSHALL, Lynn	CARMA	Sherbrooke	2022-04-24
Quebec Provincial Master Records	2:41.44	LOWENSTEYN, Ilka	CSLA	Saskatoon	2025-05-17

Points: AQUA Master 2025

Rank	Age	Time	Pts
1. LOWENSTEYN, Ilka	61 Cote Saint-Luc Aquatics	<b>2:44.33</b>	694
	50m: 39.57 39.57 100m: 1:20.90 41.33 150m: 2:02.90 42.00 200m: 2:44.33 41.43		
2. FULLER, Josee	60 Swim Ontario Masters	<b>2:58.18</b>	545
	50m: 42.77 42.77 100m: 1:28.17 45.40 150m: 2:13.81 45.64 200m: 2:58.18 44.37		
3. LECLERC, Manon	64 Club Natation Haut-Richelieu	<b>3:09.19</b>	455
	50m: 44.96 44.96 100m: 1:32.69 47.73 150m: 2:21.41 48.72 200m: 3:09.19 47.78		
4. MARSHALL, Sarah	64 Pointe-Claire Masters	<b>3:24.52</b>	360
	50m: 48.55 48.55 100m: 1:40.33 51.78 150m: 2:32.38 52.05 200m: 3:24.52 52.14		
5. DIAS ROY, Teri	62 C.N. Dollard-des-Ormeaux	<b>3:51.74</b>	247
	50m: 55.04 55.04 100m: 1:52.93 57.89 150m: 2:52.94 1:00.01 200m: 3:51.74 58.80		
6. TREMBLAY, Daniele	61 Club des Maitres-Nageurs de St-Laurent	<b>3:51.86</b>	247
	50m: 55.29 55.29 100m: 1:52.66 57.37 150m: 2:52.71 1:00.05 200m: 3:51.86 59.15		
7. CAMPBELL, Helen	60 Westmount YMCA Maitres-Nageurs	<b>5:35.52</b>	81
	50m: 1:20.13 1:20.13 100m: 2:49.19 1:29.06 150m: 4:16.84 1:27.65 200m: 5:35.52 1:18.68		

Event 5 Women, 200m Backstroke 65 - 69 years Results

Canadian Master Records	2:48.32	MARSHALL, Lynn	CARMA	Orlando (USA)	2026-02-01
Quebec Provincial Master Records	2:53.83	KREMER, Ann	MPC	Dollard-des-Ormeaux	2026-03-21

Points: AQUA Master 2025

Rank	Age	Time	Pts
1. BOIVIN, Ginette	68 Club de Natation Mont-Tremblant	<b>3:28.21</b>	478
	50m: 48.88 48.88 100m: 1:41.15 52.27 150m: 2:35.68 54.53 200m: 3:28.21 52.53		
2. MALCOLM, Ginny	69 Pointe-Claire Masters	<b>3:28.34</b>	477
	50m: 49.36 49.36 100m: 1:41.64 52.28 150m: 2:36.61 54.97 200m: 3:28.34 51.73		
3. HOULE, Anne-Marie	66 Pointe-Claire Masters	<b>3:45.42</b>	377
	50m: 54.97 54.97 100m: 1:50.70 55.73 150m: 2:48.45 57.75 200m: 3:45.42 56.97		
4. GREGORY, Diana	65 Westmount YMCA Maitres-Nageurs	<b>4:03.32</b>	299
	50m: 57.16 57.16 100m: 2:00.34 1:03.18 150m: 3:04.45 1:04.11 200m: 4:03.32 58.87		
5. MORNEAU, Joanne	67 Club de natation St-Hyacinthe	<b>4:06.15</b>	289
	50m: 58.58 58.58 100m: 2:01.36 1:02.78 150m: 3:04.81 1:03.45 200m: 4:06.15 1:01.34		
6. BEAULIEU, Louise	65 Club aquatique Montreal	<b>4:07.68</b>	284
	50m: 1:01.86 1:01.86 100m: 2:05.87 1:04.01 150m: 3:09.27 1:03.40 200m: 4:07.68 58.41		



Event 5, Women, 200m Backstroke, 65 - 69 years

Rank			Age				Time	Pts
7.	LARAMÉE, Marie-Therese		66	C.N. Dollard-des-Ormeaux			<b>4:29.04</b>	221
	50m:	1:05.94 1:05.94	100m:	2:15.10 1:09.16	150m:	3:23.32 1:08.22	200m:	4:29.04 1:05.72
8.	REITER, Sylvia		68	Westmount YMCA Maitres-Nageurs			<b>4:36.97</b>	203
	50m:	1:06.47 1:06.47	100m:	2:18.49 1:12.02	150m:	3:28.20 1:09.71	200m:	4:36.97 1:08.77

Event 5 Women, 200m Backstroke 70 - 74 years  
2026-04-24 - 16:09 Results

Canadian Master Records	3:12.77	LATREILLE, Denise	UNMNQ	Drummondville	2026-03-28
Quebec Provincial Master Records	3:12.77	LATREILLE, Denise	UNMNQ	Drummondville	2026-03-28

Points: AQUA Master 2025

Rank			Age				Time	Pts
1.	WOOLEY, Christine		71	Pointe-Claire Masters			<b>3:47.64</b>	372
	50m:	54.68 54.68	100m:	1:52.57 57.89	150m:	2:52.10 59.53	200m:	3:47.64 55.54
2.	VAN WYCK, Deborah		73	Westmount YMCA Maitres-Nageurs			<b>4:30.65</b>	221
	50m:	1:05.03 1:05.03	100m:	2:14.13 1:09.10	150m:	3:25.43 1:11.30	200m:	4:30.65 1:05.22
3.	HOTTE, Francine		74	Westmount YMCA Maitres-Nageurs			<b>4:38.95</b>	202
	50m:	1:05.62 1:05.62	100m:	2:16.96 1:11.34	150m:	3:28.72 1:11.76	200m:	4:38.95 1:10.23

Event 5 Women, 200m Backstroke 75 - 79 years  
2026-04-24 - 16:09 Results

Canadian Master Records	3:41.22	OLIVER, Judith	NYG	Toronto	2009-05-15
Quebec Provincial Master Records	3:57.37	WALDIE, Mae	MFC	Kelowna	2012-05-18

Points: AQUA Master 2025

Rank			Age				Time	Pts
1.	NELSON, Nancy		76	Westmount YMCA Maitres-Nageurs			<b>3:59.46</b>	503
	50m:	55.97 55.97	100m:	1:57.10 1:01.13	150m:	2:59.15 1:02.05	200m:	3:59.46 1:00.31
2.	GONTHIER, Martine		75	Club.Natation. Sept-Iles			<b>4:13.07</b>	426
	50m:	1:00.72 1:00.72	100m:	2:04.42 1:03.70	150m:	3:08.69 1:04.27	200m:	4:13.07 1:04.38
3.	DESJARDINS, Gail		76	La Vague de Brossard			<b>4:55.86</b>	267
	50m:	1:11.40 1:11.40	100m:	2:27.82 1:16.42	150m:	3:42.84 1:15.02	200m:	4:55.86 1:13.02
4.	CARDINAL, Liliane		77	Pointe-Claire Masters			<b>5:53.62</b>	156
	50m:	1:23.33 1:23.33	100m:	2:53.59 1:30.26	150m:	4:26.34 1:32.75	200m:	5:53.62 1:27.28



Event 5, Women, 200m Backstroke

Event 5 Women, 200m Backstroke 90 - 94 years  
2026-04-24 - 16:09 Results

Canadian Master Records	4:49.90	WALDIE, Mae	MFC	Quebec	2025-12-13
Quebec Provincial Master Records	4:49.90	WALDIE, Mae	MFC	Quebec	2025-12-13

Points: AQUA Master 2025

Rank	Age		Time				Pts					
1.	WALDIE, Mae		91	Pointe-Claire Masters				<b>5:13.95</b>	600			
	50m:	1:16.78	1:16.78	100m:	2:37.21	1:20.43	150m:	3:57.83	1:20.62	200m:	5:13.95	1:16.12