

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 3
28.02.2026 - 11:43

muži, 1500m vo vlnný spôsob

13 ro . a st.
Výsledky

bodovanie: AQUA 2025

por.	Ro .	as	body
19 ro . a st.			
1.	ernák Adam	07	PK Martin
	100m: 1:06.85 1:06.85	500m: 6:01.33 1:13.75	900m: 10:54.64 1:14.00
	200m: 2:20.24 1:13.39	600m: 7:14.70 1:13.37	1000m: 12:08.70 1:14.06
	300m: 3:34.12 1:13.88	700m: 8:27.76 1:13.06	1100m: 13:23.02 1:14.32
	400m: 4:47.58 1:13.46	800m: 9:40.64 1:12.88	1200m: 14:37.95 1:14.93
			1300m: 15:52.51 1:14.56
			1400m: 17:05.70 1:13.19
			1500m: 18:16.04 1:10.34
2.	Cigánik Marián	07	Nereus Žilina
	100m: 1:05.94 1:05.94	500m: 6:02.28 1:15.63	900m: 11:06.90 1:16.88
	200m: 2:18.06 1:12.12	600m: 7:17.33 1:15.05	1000m: 12:24.28 1:17.38
	300m: 3:32.00 1:13.94	700m: 8:33.66 1:16.33	1100m: 13:40.74 1:16.46
	400m: 4:46.65 1:14.65	800m: 9:50.02 1:16.36	1200m: 14:57.95 1:17.21
			1300m: 16:15.06 1:17.11
			1400m: 17:32.69 1:17.63
			1500m: 18:48.19 1:15.50
3.	Podhorský Samuel	96	Tur ianski raci
	100m: 1:19.16 1:19.16	500m: 7:03.16 1:26.96	900m: 12:53.78 1:26.62
	200m: 2:44.03 1:24.87	600m: 8:31.16 1:28.00	1000m: 14:21.63 1:27.85
	300m: 4:09.78 1:25.75	700m: 9:59.48 1:28.32	1100m: 15:50.03 1:28.40
	400m: 5:36.20 1:26.42	800m: 11:27.16 1:27.68	1200m: 17:19.31 1:29.28
			1300m: 18:47.23 1:27.92
			1400m: 20:15.63 1:28.40
			1500m: 21:39.03 1:23.40
4.	Neuwirth Jakub	07	MPK Prievidza
	100m: 1:22.72 1:22.72	500m: 7:24.13 1:32.64	900m: 13:32.80 1:31.47
	200m: 2:50.94 1:28.22	600m: 8:56.94 1:32.81	1000m: 15:03.56 1:30.76
	300m: 4:20.35 1:29.41	700m: 10:29.20 1:32.26	1100m: 16:35.45 1:31.89
	400m: 5:51.49 1:31.14	800m: 12:01.33 1:32.13	1200m: 18:10.25 1:34.80
			1300m: 19:44.97 1:34.72
			1400m: 21:17.46 1:32.49
			1500m: 22:45.57 1:28.11
5.	Pavlí ek Dominik	95	Po Ružomberok
	100m: 1:17.98 1:17.98	500m: 7:46.67 1:39.50	900m: 14:31.67 1:42.18
	200m: 2:49.54 1:31.56	600m: 9:27.61 1:40.94	1000m: 16:15.17 1:43.50
	300m: 4:27.49 1:37.95	700m: 11:08.30 1:40.69	1100m: 17:56.45 1:41.28
	400m: 6:07.17 1:39.68	800m: 12:49.49 1:41.19	1200m: 19:37.79 1:41.34
			1300m: 21:18.98 1:41.19
			1400m: 22:59.85 1:40.87
			1500m: 24:37.43 1:37.58
6.	Zbo ák Ivan	65	Tur ianski raci
	100m: 1:34.28 1:34.28	500m: 8:51.25 1:50.79	900m: 16:17.97 1:52.06
	200m: 3:21.20 1:46.92	600m: 10:42.89 1:51.64	1000m: 18:10.15 1:52.18
	300m: 5:10.22 1:49.02	700m: 12:33.86 1:50.97	1100m: 20:01.78 1:51.63
	400m: 7:00.46 1:50.24	800m: 14:25.91 1:52.05	1200m: 21:54.08 1:52.30
			1300m: 23:46.17 1:52.09
			1400m: 25:36.73 1:50.56
			1500m: 27:22.67 1:45.94
17 - 18 ro .			
1.	Liptai Matej	08	PK Martin
	100m: 1:07.27 1:07.27	500m: 5:58.45 1:13.25	900m: 10:47.31 1:12.11
	200m: 2:19.77 1:12.50	600m: 7:10.84 1:12.39	1000m: 11:59.17 1:11.86
	300m: 3:32.42 1:12.65	700m: 8:23.20 1:12.36	1100m: 13:10.62 1:11.45
	400m: 4:45.20 1:12.78	800m: 9:35.20 1:12.00	1200m: 14:22.35 1:11.73
			1300m: 15:33.56 1:11.21
			1400m: 16:44.17 1:10.61
			1500m: 17:52.59 1:08.42
2.	Go altovský Daniel	09	PK Martin
	100m: 1:05.67 1:05.67	500m: 5:59.07 1:14.75	900m: 10:58.49 1:14.17
	200m: 2:17.52 1:11.85	600m: 7:14.35 1:15.28	1000m: 12:13.57 1:15.08
	300m: 3:30.27 1:12.75	700m: 8:29.71 1:15.36	1100m: 13:30.39 1:16.82
	400m: 4:44.32 1:14.05	800m: 9:44.32 1:14.61	1200m: 14:45.67 1:15.28
			1300m: 16:04.17 1:18.50
			1400m: 17:21.96 1:17.79
			1500m: 18:37.82 1:15.86
3.	Bursa Samuel	09	Po Ružomberok
	100m: 1:26.06 1:26.06	500m: 8:09.66 1:42.27	900m: 14:59.30 1:42.79
	200m: 3:04.28 1:38.22	600m: 9:51.73 1:42.07	1000m: 16:41.82 1:42.52
	300m: 4:45.16 1:40.88	700m: 11:33.73 1:42.00	1100m: 18:26.09 1:44.27
	400m: 6:27.39 1:42.23	800m: 13:16.51 1:42.78	1200m: 20:09.20 1:43.11
			1300m: 21:51.34 1:42.14
			1400m: 23:35.09 1:43.75
			1500m: 25:14.60 1:39.51

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 3, muži, 1500m vo ný spôsob

15 - 16 ro .

1.	amaj Ján	10	PK Banská Štiavnica	17:48.79	540
	100m: 1:06.13 1:06.13	500m: 5:50.94 1:12.44	900m: 10:43.04 1:13.31	1300m: 15:32.75 1:11.33	
	200m: 2:15.60 1:09.47	600m: 7:03.85 1:12.91	1000m: 11:55.98 1:12.94	1400m: 16:42.73 1:09.98	
	300m: 3:26.87 1:11.27	700m: 8:17.19 1:13.34	1100m: 13:08.38 1:12.40	1500m: 17:48.79 1:06.06	
	400m: 4:38.50 1:11.63	800m: 9:29.73 1:12.54	1200m: 14:21.42 1:13.04		
2.	Reich Dávid	10	PK Martin	18:12.17	506
	100m: 1:07.67 1:07.67	500m: 6:01.85 1:14.00	900m: 10:55.92 1:13.87	1300m: 15:50.30 1:13.81	
	200m: 2:21.11 1:13.44	600m: 7:15.49 1:13.64	1000m: 12:09.49 1:13.57	1400m: 17:03.49 1:13.19	
	300m: 3:34.29 1:13.18	700m: 8:28.80 1:13.31	1100m: 13:23.05 1:13.56	1500m: 18:12.17 1:08.68	
	400m: 4:47.85 1:13.56	800m: 9:42.05 1:13.25	1200m: 14:36.49 1:13.44		
3.	Be o Jakub	10	PK Banská Štiavnica	18:41.64	467
	100m: 1:10.30 1:10.30	500m: 6:11.20 1:16.90	900m: 11:15.29 1:15.59	1300m: 16:13.48 1:14.47	
	200m: 2:24.10 1:13.80	600m: 7:26.67 1:15.47	1000m: 12:29.84 1:14.55	1400m: 17:27.71 1:14.23	
	300m: 3:39.17 1:15.07	700m: 8:44.16 1:17.49	1100m: 13:44.47 1:14.63	1500m: 18:41.64 1:13.93	
	400m: 4:54.30 1:15.13	800m: 9:59.70 1:15.54	1200m: 14:59.01 1:14.54		
4.	Bela Ivan	11	PK Martin	19:26.19	416
	100m: 1:10.01 1:10.01	500m: 6:24.18 1:19.77	900m: 11:41.20 1:19.36	1300m: 16:56.81 1:19.31	
	200m: 2:25.73 1:15.72	600m: 7:43.68 1:19.50	1000m: 12:59.53 1:18.33	1400m: 18:13.66 1:16.85	
	300m: 3:44.90 1:19.17	700m: 9:03.09 1:19.41	1100m: 14:17.90 1:18.37	1500m: 19:26.19 1:12.53	
	400m: 5:04.41 1:19.51	800m: 10:21.84 1:18.75	1200m: 15:37.50 1:19.60		
5.	Janza Simon	11	Nereus Žilina	19:56.21	385
	100m: 1:13.77 1:13.77	500m: 6:36.30 1:20.81	900m: 11:55.98 1:18.99	1300m: 17:18.25 1:20.53	
	200m: 2:33.92 1:20.15	600m: 7:57.16 1:20.86	1000m: 13:15.99 1:20.01	1400m: 18:39.14 1:20.89	
	300m: 3:54.64 1:20.72	700m: 9:16.90 1:19.74	1100m: 14:36.81 1:20.82	1500m: 19:56.21 1:17.07	
	400m: 5:15.49 1:20.85	800m: 10:36.99 1:20.09	1200m: 15:57.72 1:20.91		
6.	Danaj Dominik	10	PK TENAX Žilina	20:03.00	379
	100m: 1:14.72 1:14.72	500m: 6:40.50 1:21.42	900m: 12:02.83 1:20.97	1300m: 17:24.58 1:19.93	
	200m: 2:35.25 1:20.53	600m: 8:00.72 1:20.22	1000m: 13:23.00 1:20.17	1400m: 18:45.58 1:21.00	
	300m: 3:56.68 1:21.43	700m: 9:21.40 1:20.68	1100m: 14:43.86 1:20.86	1500m: 20:03.00 1:17.42	
	400m: 5:19.08 1:22.40	800m: 10:41.86 1:20.46	1200m: 16:04.65 1:20.79		
7.	Shkliar Andrii	10	PK TENAX Žilina	20:03.88	378
	100m: 1:14.23 1:14.23	500m: 6:39.39 1:20.42	900m: 12:00.94 1:20.77	1300m: 17:25.68 1:21.21	
	200m: 2:35.42 1:21.19	600m: 7:59.56 1:20.17	1000m: 13:21.72 1:20.78	1400m: 18:46.30 1:20.62	
	300m: 3:56.78 1:21.36	700m: 9:19.77 1:20.21	1100m: 14:42.86 1:21.14	1500m: 20:03.88 1:17.58	
	400m: 5:18.97 1:22.19	800m: 10:40.17 1:20.40	1200m: 16:04.47 1:21.61		
8.	Minek Filip	10	PK Martin	20:18.85	364
	100m: 1:11.17 1:11.17	500m: 6:36.54 1:23.18	900m: 12:06.49 1:22.88	1300m: 17:38.67 1:23.24	
	200m: 2:30.67 1:19.50	600m: 7:59.24 1:22.70	1000m: 13:28.73 1:22.24	1400m: 19:00.11 1:21.44	
	300m: 3:50.73 1:20.06	700m: 9:21.11 1:21.87	1100m: 14:52.54 1:23.81	1500m: 20:18.85 1:18.74	
	400m: 5:13.36 1:22.63	800m: 10:43.61 1:22.50	1200m: 16:15.43 1:22.89		
9.	Jaško Tobias	11	PK TENAX Žilina	20:24.85	359
	100m: 1:17.01 1:17.01	500m: 6:52.21 1:23.18	900m: 12:18.91 1:20.19	1300m: 17:45.76 1:22.08	
	200m: 2:41.44 1:24.43	600m: 8:14.49 1:22.28	1000m: 13:41.18 1:22.27	1400m: 19:06.55 1:20.79	
	300m: 4:04.86 1:23.42	700m: 9:37.23 1:22.74	1100m: 15:02.13 1:20.95	1500m: 20:24.85 1:18.30	
	400m: 5:29.03 1:24.17	800m: 10:58.72 1:21.49	1200m: 16:23.68 1:21.55		
10.	erný Matúš	10	Nereus Žilina	21:19.30	315
	100m: 1:18.87 1:18.87	500m: 7:06.25 1:32.42	900m: 12:57.37 1:27.47	1300m: 18:39.47 1:24.57	
	200m: 2:44.00 1:25.13	600m: 8:34.55 1:28.30	1000m: 14:23.69 1:26.32	1400m: 20:03.58 1:24.11	
	300m: 4:09.79 1:25.79	700m: 10:02.65 1:28.10	1100m: 15:49.94 1:26.25	1500m: 21:19.30 1:15.72	
	400m: 5:33.83 1:24.04	800m: 11:29.90 1:27.25	1200m: 17:14.90 1:24.96		
	Machaj Jakub	10	TT Dolný Kubín	21:19.30	315
	100m: 1:18.87 1:18.87	500m: 7:06.25 1:28.42	900m: 12:57.37 1:27.47	1300m: 18:38.47 1:23.57	
	200m: 2:44.00 1:25.13	600m: 8:34.55 1:28.30	1000m: 14:23.69 1:26.32	1400m: 20:03.58 1:25.11	
	300m: 4:09.79 1:25.79	700m: 10:02.65 1:28.10	1100m: 15:49.94 1:26.25	1500m: 21:19.30 1:15.72	
	400m: 5:37.83 1:28.04	800m: 11:29.90 1:27.25	1200m: 17:14.90 1:24.96		

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 3, žiaci, 1500m vo ný spôsob, 15 - 16 ro .

por.	Ro .										as	body						
12.	Ma or Benjamín										10	Pk Nanti	21:29.81	307				
	100m:	1:18.06	1:18.06	500m:	7:05.40	1:27.60	900m:	12:56.02	1:27.70	1300m:	18:42.02	1:27.44	1400m:	20:07.74	1:25.72	1500m:	21:29.81	1:22.07
	200m:	2:44.78	1:26.72	600m:	8:32.95	1:27.55	1000m:	14:23.75	1:27.73	1400m:	20:07.74	1:25.72						
	300m:	4:10.68	1:25.90	700m:	10:00.88	1:27.93	1100m:	15:48.02	1:24.27	1500m:	21:29.81	1:22.07						
	400m:	5:37.80	1:27.12	800m:	11:28.32	1:27.44	1200m:	17:14.58	1:26.56									
13.	Holúbek Jakub										10	UMB Banská Bystrica	22:03.27	284				
	100m:	1:16.88	1:16.88	500m:	7:09.88	1:29.30	900m:	13:09.76	1:30.43	1300m:	19:12.82	1:32.18	1400m:	20:40.88	1:28.06	1500m:	22:03.27	1:22.39
	200m:	2:44.02	1:27.14	600m:	8:39.82	1:29.94	1000m:	14:39.39	1:29.63	1400m:	20:40.88	1:28.06						
	300m:	4:12.39	1:28.37	700m:	10:09.39	1:29.57	1100m:	16:10.64	1:31.25	1500m:	22:03.27	1:22.39						
	400m:	5:40.58	1:28.19	800m:	11:39.33	1:29.94	1200m:	17:40.64	1:30.00									
14.	urica Martin										11	UMB Banská Bystrica	22:24.69	271				
	100m:	1:19.91	1:19.91	500m:	7:15.44	1:32.10	900m:	13:27.94	1:32.39	1300m:	19:31.02	1:31.26	1400m:	21:02.94	1:31.92	1500m:	22:24.69	1:21.75
	200m:	2:46.55	1:26.64	600m:	8:49.09	1:33.65	1000m:	15:00.16	1:32.22	1400m:	21:02.94	1:31.92						
	300m:	4:14.55	1:28.00	700m:	10:22.19	1:33.10	1100m:	16:29.12	1:28.96	1500m:	22:24.69	1:21.75						
	400m:	5:43.34	1:28.79	800m:	11:55.55	1:33.36	1200m:	17:59.76	1:30.64									
15.	Go altovský Marek										11	PVK Vrútky	22:36.52	264				
	100m:	1:21.28	1:21.28	500m:	7:23.33	1:30.59	900m:	13:32.07	1:33.68	1300m:	19:41.56	1:32.51	1400m:	21:11.21	1:29.65	1500m:	22:36.52	1:25.31
	200m:	2:51.31	1:30.03	600m:	8:54.85	1:31.52	1000m:	15:04.53	1:32.46	1400m:	21:11.21	1:29.65						
	300m:	4:21.49	1:30.18	700m:	10:25.78	1:30.93	1100m:	16:36.82	1:32.29	1500m:	22:36.52	1:25.31						
	400m:	5:52.74	1:31.25	800m:	11:58.39	1:32.61	1200m:	18:09.05	1:32.23									
16.	Knecht Maximilian										11	PK Martin	26:18.77	167				
	100m:	1:25.09	1:25.09	500m:	8:13.34	1:45.42	900m:	15:22.86	1:51.16	1300m:	22:51.91	1:53.05	1400m:	24:37.19	1:45.28	1500m:	26:18.77	1:41.58
	200m:	3:01.39	1:36.30	600m:	9:57.82	1:44.48	1000m:	17:15.17	1:52.31	1400m:	24:37.19	1:45.28						
	300m:	4:43.39	1:42.00	700m:	11:42.77	1:44.95	1100m:	19:07.83	1:52.66	1500m:	26:18.77	1:41.58						
	400m:	6:27.92	1:44.53	800m:	13:31.70	1:48.93	1200m:	20:58.86	1:51.03									

14 ro .

1.	Mi o Tomáš										12	PK Martin	19:12.31	431				
	100m:	1:13.09	1:13.09	500m:	6:21.34	1:17.60	900m:	11:31.71	1:17.62	1300m:	16:42.46	1:17.47	1400m:	17:59.49	1:17.03	1500m:	19:12.31	1:12.82
	200m:	2:29.84	1:16.75	600m:	7:38.99	1:17.65	1000m:	12:49.53	1:17.82	1400m:	17:59.49	1:17.03						
	300m:	3:46.59	1:16.75	700m:	8:56.92	1:17.93	1100m:	14:07.59	1:18.06	1500m:	19:12.31	1:12.82						
	400m:	5:03.74	1:17.15	800m:	10:14.09	1:17.17	1200m:	15:24.99	1:17.40									
2.	Vrobel Michael										12	MPK Tvrdošín	19:39.81	401				
	100m:	1:12.16	1:12.16	500m:	6:31.09	1:19.68	900m:	11:48.69	1:19.35	1300m:	17:07.09	1:19.36	1400m:	18:25.76	1:18.67	1500m:	19:39.81	1:14.05
	200m:	2:31.23	1:19.07	600m:	7:50.51	1:19.42	1000m:	13:08.34	1:19.65	1400m:	18:25.76	1:18.67						
	300m:	3:51.51	1:20.28	700m:	9:10.34	1:19.83	1100m:	14:27.84	1:19.50	1500m:	19:39.81	1:14.05						
	400m:	5:11.41	1:19.90	800m:	10:29.34	1:19.00	1200m:	15:47.73	1:19.89									
3.	Hudák Richard										12	PK TENAX Žilina	20:43.44	343				
	100m:	1:14.76	1:14.76	500m:	6:42.07	1:22.27	900m:	12:19.87	1:24.25	1300m:	17:57.87	1:24.68	1400m:	19:21.44	1:23.57	1500m:	20:43.44	1:22.00
	200m:	2:34.67	1:19.91	600m:	8:06.32	1:24.25	1000m:	13:42.93	1:23.06	1400m:	19:21.44	1:23.57						
	300m:	3:56.73	1:22.06	700m:	9:31.00	1:24.68	1100m:	15:07.81	1:24.88	1500m:	20:43.44	1:22.00						
	400m:	5:19.80	1:23.07	800m:	10:55.62	1:24.62	1200m:	16:33.19	1:25.38									
4.	Jelšovský Milan										12	PK Martin	20:44.89	342				
	100m:	1:14.05	1:14.05	500m:	6:46.69	1:24.20	900m:	12:25.19	1:24.69	1300m:	18:02.50	1:24.25	1400m:	19:27.56	1:25.06	1500m:	20:44.89	1:17.33
	200m:	2:35.79	1:21.74	600m:	8:11.87	1:25.18	1000m:	13:49.74	1:24.55	1400m:	19:27.56	1:25.06						
	300m:	3:59.05	1:23.26	700m:	9:35.69	1:23.82	1100m:	15:14.44	1:24.70	1500m:	20:44.89	1:17.33						
	400m:	5:22.49	1:23.44	800m:	11:00.50	1:24.81	1200m:	16:38.25	1:23.81									
5.	Buc Tomáš										12	Po Ružomberok	21:07.00	324				
	100m:	1:16.61	1:16.61	500m:	6:59.28	1:26.72	900m:	12:43.56	1:24.22	1300m:	18:30.16	1:24.89	1400m:	19:55.68	1:25.52	1500m:	21:07.00	1:11.32
	200m:	2:41.50	1:24.89	600m:	8:26.88	1:27.60	1000m:	14:08.45	1:24.89	1400m:	19:55.68	1:25.52						
	300m:	4:06.24	1:24.74	700m:	9:53.52	1:26.64	1100m:	15:36.32	1:27.87	1500m:	21:07.00	1:11.32						
	400m:	5:32.56	1:26.32	800m:	11:19.34	1:25.82	1200m:	17:05.27	1:28.95									
6.	Šmajda Marián										12	PK Martin	21:55.90	289				
	100m:	1:20.81	1:20.81	500m:	7:08.44	1:27.98	900m:	13:02.49	1:28.20	1300m:	19:03.02	1:30.45	1400m:	20:32.33	1:29.31	1500m:	21:55.90	1:23.57
	200m:	2:46.96	1:26.15	600m:	8:37.55	1:29.11	1000m:	14:31.76	1:29.27	1400m:	20:32.33	1:29.31						
	300m:	4:13.14	1:26.18	700m:	10:05.57	1:28.02	1100m:	16:01.56	1:29.80	1500m:	21:55.90	1:23.57						
	400m:	5:40.46	1:27.32	800m:	11:34.29	1:28.72	1200m:	17:32.57	1:31.01									

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 3, žiaci, 1500m vo ný spôsob, 14 ro .

por.	Ro .		as		body	
7.	Hrúz Jakub		12	PK Martin		21:56.58 289
	100m: 1:19.07	1:19.07	500m: 7:14.78	1:28.64	900m: 13:13.43	1:29.59 1300m: 19:08.74 1:30.02
	200m: 2:46.34	1:27.27	600m: 8:43.14	1:28.36	1000m: 14:43.07	1:29.64 1400m: 20:34.75 1:26.01
	300m: 4:15.39	1:29.05	700m: 10:13.95	1:30.81	1100m: 16:11.36	1:28.29 1500m: 21:56.58 1:21.83
	400m: 5:46.14	1:30.75	800m: 11:43.84	1:29.89	1200m: 17:38.72	1:27.36
8.	Slovík Samuel		12	Pk Nanti		22:27.50 269
	100m: 1:23.25	1:23.25	500m: 7:20.69	1:30.53	900m: 13:25.06	1:31.30 1300m: 19:32.34 1:30.87
	200m: 2:50.84	1:27.59	600m: 8:52.02	1:31.33	1000m: 14:56.74	1:31.68 1400m: 21:01.90 1:29.56
	300m: 4:19.93	1:29.09	700m: 10:22.94	1:30.92	1100m: 16:29.50	1:32.76 1500m: 22:27.50 1:25.60
	400m: 5:50.16	1:30.23	800m: 11:53.76	1:30.82	1200m: 18:01.47	1:31.97
9.	Domenik Samuel		12	Po Ružomberok		23:47.03 227
	100m: 1:22.39	1:22.39	500m: 7:47.00	1:36.54	900m: 14:10.22	1:36.73 1300m: 20:39.45 1:37.72
	200m: 2:57.94	1:35.55	600m: 9:23.17	1:36.17	1000m: 15:46.66	1:36.44 1400m: 22:15.94 1:36.49
	300m: 4:33.98	1:36.04	700m: 10:58.51	1:35.34	1100m: 17:24.06	1:37.40 1500m: 23:47.03 1:31.09
	400m: 6:10.46	1:36.48	800m: 12:33.49	1:34.98	1200m: 19:01.73	1:37.67
10.	Šimov ek Oliver		12	PK Martin		25:47.51 178
	100m: 1:31.46	1:31.46	500m: 8:23.10	1:43.65	900m: 15:16.84	1:44.60 1300m: 22:23.17 1:46.76
	200m: 3:12.67	1:41.21	600m: 10:04.77	1:41.67	1000m: 17:02.55	1:45.71 1400m: 24:10.31 1:47.14
	300m: 4:56.38	1:43.71	700m: 11:48.32	1:43.55	1100m: 18:49.32	1:46.77 1500m: 25:47.51 1:37.20
	400m: 6:39.45	1:43.07	800m: 13:32.24	1:43.92	1200m: 20:36.41	1:47.09
13 ro .						
1.	Svitek Artur		13	PK Martin		20:29.94 354
	100m: 1:19.02	1:19.02	500m: 6:52.26	1:22.57	900m: 12:22.44	1:22.36 1300m: 17:53.89 1:22.62
	200m: 2:42.50	1:23.48	600m: 8:15.04	1:22.78	1000m: 13:45.58	1:23.14 1400m: 19:15.86 1:21.97
	300m: 4:05.94	1:23.44	700m: 9:37.91	1:22.87	1100m: 15:08.35	1:22.77 1500m: 20:29.94 1:14.08
	400m: 5:29.69	1:23.75	800m: 11:00.08	1:22.17	1200m: 16:31.27	1:22.92
2.	Gavula Stanislav		13	MPK Tvrdošín		21:04.12 326
	100m: 1:19.23	1:19.23	500m: 6:58.58	1:26.00	900m: 12:39.83	1:25.81 1300m: 18:19.30 1:25.18
	200m: 2:44.13	1:24.90	600m: 8:23.76	1:25.18	1000m: 14:03.93	1:24.10 1400m: 19:42.69 1:23.39
	300m: 4:07.88	1:23.75	700m: 9:48.76	1:25.00	1100m: 15:28.98	1:25.05 1500m: 21:04.12 1:21.43
	400m: 5:32.58	1:24.70	800m: 11:14.02	1:25.26	1200m: 16:54.12	1:25.14
3.	Urban Adam		13	PK Martin		21:08.98 322
	100m: 1:19.45	1:19.45	500m: 7:03.30	1:25.52	900m: 12:46.89	1:26.14 1300m: 18:27.18 1:25.04
	200m: 2:46.34	1:26.89	600m: 8:29.73	1:26.43	1000m: 14:13.05	1:26.16 1400m: 19:50.42 1:23.24
	300m: 4:11.78	1:25.44	700m: 9:55.68	1:25.95	1100m: 15:38.04	1:24.99 1500m: 21:08.98 1:18.56
	400m: 5:37.78	1:26.00	800m: 11:20.75	1:25.07	1200m: 17:02.14	1:24.10
4.	Dziura Alex		13	PK Martin		22:23.66 272
	100m: 1:25.22	1:25.22	500m: 7:25.19	1:29.85	900m: 13:22.81	1:30.83 1300m: 19:26.49 1:30.15
	200m: 2:53.16	1:27.94	600m: 8:52.59	1:27.40	1000m: 14:53.20	1:30.39 1400m: 20:56.84 1:30.35
	300m: 4:25.02	1:31.86	700m: 10:22.51	1:29.92	1100m: 16:24.73	1:31.53 1500m: 22:23.66 1:26.82
	400m: 5:55.34	1:30.32	800m: 11:51.98	1:29.47	1200m: 17:56.34	1:31.61
5.	Benko Adam		13	PK TENAX Žilina		23:16.32 242
	100m: 1:27.79	1:27.79	500m: 7:46.73	1:34.49	900m: 14:02.24	1:34.70 1300m: 20:16.03 1:32.27
	200m: 3:02.36	1:34.57	600m: 9:20.05	1:33.32	1000m: 15:35.99	1:33.75 1400m: 21:47.54 1:31.51
	300m: 4:37.67	1:35.31	700m: 10:54.05	1:34.00	1100m: 17:10.01	1:34.02 1500m: 23:16.32 1:28.78
	400m: 6:12.24	1:34.57	800m: 12:27.54	1:33.49	1200m: 18:43.76	1:33.75
6.	Vierik Samuel		13	Po Ružomberok		23:34.26 233
	100m: 1:25.26	1:25.26	500m: 7:45.81	1:34.15	900m: 14:08.02	1:35.43 1300m: 20:31.16 1:34.68
	200m: 3:00.34	1:35.08	600m: 9:22.09	1:36.28	1000m: 15:44.23	1:36.21 1400m: 22:06.87 1:35.71
	300m: 4:36.19	1:35.85	700m: 10:57.56	1:35.47	1100m: 17:20.06	1:35.83 1500m: 23:34.26 1:27.39
	400m: 6:11.66	1:35.47	800m: 12:32.59	1:35.03	1200m: 18:56.48	1:36.42
7.	Plešinský Miroslav		13	MPK Dolný Kubín		23:44.51 228
	100m: 1:26.20	1:26.20	500m: 7:48.29	1:35.21	900m: 14:10.30	1:35.77 1300m: 20:37.46 1:36.12
	200m: 3:02.04	1:35.84	600m: 9:23.92	1:35.63	1000m: 15:46.88	1:36.58 1400m: 22:12.45 1:34.99
	300m: 4:37.85	1:35.81	700m: 10:59.50	1:35.58	1100m: 17:23.11	1:36.23 1500m: 23:44.51 1:32.06
	400m: 6:13.08	1:35.23	800m: 12:34.53	1:35.03	1200m: 19:01.34	1:38.23

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 3, žiaci, 1500m vo ný spôsob, 13 ro .

por.	Ro .										as	body
8.	Liptai Tomáš										24:50.55	199
	100m:	1:30.82	1:30.82	500m:	8:03.44	1:39.43	900m:	14:42.81	1:40.75	1300m:	21:30.56	1:43.06
	200m:	3:09.19	1:38.37	600m:	9:43.29	1:39.85	1000m:	16:23.53	1:40.72	1400m:	23:12.94	1:42.38
	300m:	4:44.56	1:35.37	700m:	11:22.86	1:39.57	1100m:	18:05.78	1:42.25	1500m:	24:50.55	1:37.61
	400m:	6:24.01	1:39.45	800m:	13:02.06	1:39.20	1200m:	19:47.50	1:41.72			
9.	Oravec Alex										25:59.01	174
	100m:	1:31.97	1:31.97	500m:	8:31.20	1:45.37	900m:	15:40.05	1:48.83	1300m:	22:39.69	1:41.94
	200m:	3:12.66	1:40.69	600m:	10:16.50	1:45.30	1000m:	17:24.90	1:44.85	1400m:	24:23.80	1:44.11
	300m:	4:58.63	1:45.97	700m:	12:05.56	1:49.06	1100m:	19:15.00	1:50.10	1500m:	25:59.01	1:35.21
	400m:	6:45.83	1:47.20	800m:	13:51.22	1:45.66	1200m:	20:57.75	1:42.75			