

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 2
28.02.2026 - 10:16

ženy, 400m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: AQUA 2025

por.	Ro .	as	body
17 - 18 ro .			
1. Peknušová Sophia	08	PK TENAX Žilina	4:43.69 571
100m: 1:07.51 1:07.51	200m: 2:19.40 1:11.89	300m: 3:32.09 1:12.69	400m: 4:43.69 1:11.60
2. Smoleková Ella	08	Po Ružomberok	5:43.84 320
100m: 1:18.13 1:18.13	200m: 2:44.34 1:26.21	300m: 4:14.23 1:29.89	400m: 5:43.84 1:29.61
3. Hudecová Lucia	09	Nereus Žilina	5:59.73 280
100m: 1:18.11 1:18.11	200m: 2:48.30 1:30.19	300m: 4:24.54 1:36.24	400m: 5:59.73 1:35.19
15 - 16 ro .			
1. Vytýká ová Stela	11	PK Martin	4:43.31 573
100m: 1:07.31 1:07.31	200m: 2:18.89 1:11.58	300m: 3:31.67 1:12.78	400m: 4:43.31 1:11.64
2. Novinská Kristína	11	PK Martin	4:48.20 544
100m: 1:07.92 1:07.92	200m: 2:20.43 1:12.51	300m: 3:33.98 1:13.55	400m: 4:48.20 1:14.22
3. Valachová Ela	11	Pk Rimavská Sobota	4:55.75 504
100m: 1:08.72 1:08.72	200m: 2:23.25 1:14.53	300m: 3:40.35 1:17.10	400m: 4:55.75 1:15.40
4. Benková Sára	11	Nereus Žilina	5:05.59 456
100m: 1:12.11 1:12.11	200m: 2:29.54 1:17.43	300m: 3:49.92 1:20.38	400m: 5:05.59 1:15.67
5. Látková Sofia	11	Pk Rimavská Sobota	5:21.76 391
100m: 1:11.44 1:11.44	200m: 2:33.86 1:22.42	300m: 3:59.08 1:25.22	400m: 5:21.76 1:22.68
6. Ivan íková Nina	11	Nereus Žilina	5:21.85 391
100m: 1:15.17 1:15.17	200m: 2:38.58 1:23.41	300m: 4:02.31 1:23.73	400m: 5:21.85 1:19.54
7. Schedlingová Emília	11	Pk Rimavská Sobota	5:22.28 389
100m: 1:13.80 1:13.80	200m: 2:36.21 1:22.41	300m: 4:01.36 1:25.15	400m: 5:22.28 1:20.92
8. Calíková Karolína	11	Nereus Žilina	5:38.58 335
100m: 1:18.75 1:18.75	200m: 2:44.94 1:26.19	300m: 4:13.28 1:28.34	400m: 5:38.58 1:25.30
9. Šáľková Lucia	10	Pk Nanti	5:40.41 330
100m: 1:19.76 1:19.76	200m: 2:46.34 1:26.58	300m: 4:14.81 1:28.47	400m: 5:40.41 1:25.60
10. Staníková Diana	11	PK TENAX Žilina	5:46.00 314
100m: 1:21.31 1:21.31	200m: 2:50.82 1:29.51	300m: 4:20.20 1:29.38	400m: 5:46.00 1:25.80
11. Slovjakova Dominika	10	PK Žabka adca	5:57.25 286
100m: 1:20.10 1:20.10	200m: 2:51.07 1:30.97	300m: 4:26.38 1:35.31	400m: 5:57.25 1:30.87
12. Slovjaková Diana	11	PK Žabka adca	6:01.66 275
100m: 1:21.09 1:21.09	200m: 2:52.60 1:31.51	300m: 4:26.71 1:34.11	400m: 6:01.66 1:34.95
13. Šefranková Lucia	11	Po Ružomberok	6:02.43 273
100m: 1:19.44 1:19.44	200m: 2:52.74 1:33.30	300m: 4:29.09 1:36.35	400m: 6:02.43 1:33.34
14. Staníková Lilien	11	PK TENAX Žilina	6:06.33 265
100m: 1:22.65 1:22.65	200m: 3:00.22 1:37.57	300m: 4:37.15 1:36.93	400m: 6:06.33 1:29.18
15. imborová Viktória	10	PK Žabka adca	6:24.67 229
100m: 1:29.19 1:29.19	200m: 3:07.58 1:38.39	300m: 4:47.58 1:40.00	400m: 6:24.67 1:37.09
16. Poloncová Zuzana	11	PK Martin	6:27.37 224
100m: 1:33.20 1:33.20	200m: 3:12.23 1:39.03	300m: 4:51.37 1:39.14	400m: 6:27.37 1:36.00
17. Smereková Tamara	11	UMB Banská Bystrica	6:35.66 210
100m: 1:31.93 1:31.93	200m: 3:15.43 1:43.50	300m: 4:59.30 1:43.87	400m: 6:35.66 1:36.36

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14 ro .

1.	Hlavajová Tea	12	PK Martin	4:52.72	519
	100m: 1:09.41 1:09.41	200m: 2:24.56 1:15.15	300m: 3:39.41 1:14.85	400m: 4:52.72 1:13.31	
2.	Šrobová Simona	12	MPK Tvrdošín	5:11.28	432
	100m: 1:15.20 1:15.20	200m: 2:34.52 1:19.32	300m: 3:54.25 1:19.73	400m: 5:11.28 1:17.03	
3.	Štrbáková Simona	12	PK Martin	5:21.20	393
	100m: 1:11.16 1:11.16	200m: 2:35.54 1:24.38	300m: 3:58.74 1:23.20	400m: 5:21.20 1:22.46	
4.	Gyéňová Natalia	12	PK Martin	5:34.75	347
	100m: 1:20.55 1:20.55	200m: 2:47.47 1:26.92	300m: 4:12.79 1:25.32	400m: 5:34.75 1:21.96	
5.	Brózová Laura	12	Nereus Žilina	5:44.26	319
	100m: 1:19.17 1:19.17	200m: 2:46.92 1:27.75	300m: 4:17.05 1:30.13	400m: 5:44.26 1:27.21	
6.	Gilianová Tereza	12	PK Martin	5:45.35	316
	100m: 1:20.67 1:20.67	200m: 2:47.82 1:27.15	300m: 4:16.65 1:28.83	400m: 5:45.35 1:28.70	
7.	Jur ová Dorota	12	Pk Nanti	6:00.63	278
	100m: 1:20.23 1:20.23	200m: 2:58.68 1:38.45	300m: 4:35.63 1:36.95	400m: 6:00.63 1:25.00	
8.	Sedlá ková Laura	12	Pk Nanti	6:29.06	221
	100m: 1:29.69 1:29.69	200m: 3:13.89 1:44.20	300m: 4:56.35 1:42.46	400m: 6:29.06 1:32.71	
9.	Janovská Natália	12	PK Martin	6:45.24	195
	100m: 1:36.78 1:36.78	200m: 3:18.80 1:42.02	300m: 5:04.79 1:45.99	400m: 6:45.24 1:40.45	

13 ro .

1.	Hodo ová Kristínka	13	TT Dolný Kubín	5:04.03	464
	100m: 1:11.31 1:11.31	200m: 2:27.85 1:16.54	300m: 3:46.95 1:19.10	400m: 5:04.03 1:17.08	
2.	Leš ovská Miriama	13	MPK Dolný Kubín	5:15.75	414
	100m: 1:12.64 1:12.64	200m: 2:33.74 1:21.10	300m: 3:56.08 1:22.34	400m: 5:15.75 1:19.67	
3.	Krebesová Ema	13	PK TENAX Žilina	5:18.30	404
	100m: 1:13.78 1:13.78	200m: 2:34.38 1:20.60	300m: 3:56.48 1:22.10	400m: 5:18.30 1:21.82	
4.	Ma ošková Barbora	13	MPK Tvrdošín	5:28.51	367
	100m: 1:17.04 1:17.04	200m: 2:41.51 1:24.47	300m: 4:07.18 1:25.67	400m: 5:28.51 1:21.33	
5.	Krivdová Michaela	13	MPK Tvrdošín	5:28.69	367
	100m: 1:18.57 1:18.57	200m: 2:44.97 1:26.40	300m: 4:09.36 1:24.39	400m: 5:28.69 1:19.33	
6.	Laukova Alexis	13	PK Martin	5:43.15	322
	100m: 1:19.80 1:19.80	200m: 2:48.66 1:28.86	300m: 4:17.09 1:28.43	400m: 5:43.15 1:26.06	
7.	Medlová Simona	13	PK Martin	5:53.61	294
	100m: 1:20.03 1:20.03	200m: 2:49.61 1:29.58	300m: 4:21.08 1:31.47	400m: 5:53.61 1:32.53	
8.	Balejova Simona	13	Pk Nanti	6:03.06	272
	100m: 1:20.09 1:20.09	200m: 2:54.66 1:34.57	300m: 4:30.21 1:35.55	400m: 6:03.06 1:32.85	
9.	Lejová Dorota	13	PK Martin	6:10.17	257
	100m: 1:25.63 1:25.63	200m: 3:00.99 1:35.36	300m: 4:36.76 1:35.77	400m: 6:10.17 1:33.41	
10.	Balková Ema	13	TT Dolný Kubín	6:15.14	247
	100m: 1:25.49 1:25.49	200m: 3:03.54 1:38.05	300m: 4:42.44 1:38.90	400m: 6:15.14 1:32.70	
11.	Ki ková Kristina	13	Pk Nanti	6:29.23	221
	100m: 1:28.18 1:28.18	200m: 3:08.66 1:40.48	300m: 4:50.74 1:42.08	400m: 6:29.23 1:38.49	
12.	Džuponová Barbora	13	PK Žabka adca	6:36.84	208
	100m: 1:32.06 1:32.06	200m: 3:14.69 1:42.63	300m: 4:58.38 1:43.69	400m: 6:36.84 1:38.46	
13.	Fliegová Angie Rachel	13	Po Ružomberok	6:37.34	207
	100m: 1:30.68 1:30.68	200m: 3:12.77 1:42.09	300m: 4:57.95 1:45.18	400m: 6:37.34 1:39.39	
14.	urková Paulína	13	PK TENAX Žilina	6:49.09	190
	100m: 1:32.09 1:32.09	200m: 3:18.19 1:46.10	300m: 5:05.79 1:47.60	400m: 6:49.09 1:43.30	

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por.	Ro .		as		body	
15.	Polónyiová Stella	13	PK TENAX Žilina	6:59.97	176	
	100m: 1:33.75	1:33.75	200m: 3:20.99	1:47.24	300m: 5:12.35	1:51.36
			400m: 6:59.97			1:47.62
12 ro .						
1.	Gajanová Dorota	14	PK TENAX Žilina	5:16.05	413	
	100m: 1:14.85	1:14.85	200m: 2:36.85	1:22.00	300m: 3:58.61	1:21.76
			400m: 5:16.05			1:17.44
2.	Šišková Eliška	14	MPK Dolný Kubín	5:18.25	404	
	100m: 1:14.58	1:14.58	200m: 2:36.37	1:21.79	300m: 3:59.48	1:23.11
			400m: 5:18.25			1:18.77
3.	Machavová Nina	14	UMB Banská Bystrica	5:30.28	361	
	100m: 1:19.85	1:19.85	200m: 2:44.49	1:24.64	300m: 4:08.33	1:23.84
			400m: 5:30.28			1:21.95
4.	Klincková Viktória	14	Pk Rimavská Sobota	5:39.81	332	
	100m: 1:18.24	1:18.24	200m: 2:46.11	1:27.87	300m: 4:15.92	1:29.81
			400m: 5:39.81			1:23.89
5.	Hnilicová Isabella	14	PK Martin	5:39.95	331	
	100m: 1:19.04	1:19.04	200m: 2:48.30	1:29.26	300m: 4:17.53	1:29.23
			400m: 5:39.95			1:22.42
6.	Figei Vivien	14	Pk Rimavská Sobota	5:46.95	312	
	100m: 1:19.72	1:19.72	200m: 2:49.70	1:29.98	300m: 4:20.01	1:30.31
			400m: 5:46.95			1:26.94
7.	Hanusová Jesica	14	Nereus Žilina	5:47.06	311	
	100m: 1:23.17	1:23.17	200m: 2:53.24	1:30.07	300m: 4:22.84	1:29.60
			400m: 5:47.06			1:24.22
8.	Troupová Lea	14	MPK Dolný Kubín	5:48.54	308	
	100m: 1:21.85	1:21.85	200m: 2:51.11	1:29.26	300m: 4:21.05	1:29.94
			400m: 5:48.54			1:27.49
9.	Blahušiaková Nelka	14	PK Martin	5:59.34	281	
	100m: 1:23.88	1:23.88	200m: 2:57.86	1:33.98	300m: 4:32.34	1:34.48
			400m: 5:59.34			1:27.00
10.	Puchová Zuzana	14	MPK Tvrdošín	6:02.87	272	
	100m: 1:24.85	1:24.85	200m: 2:59.69	1:34.84	300m: 4:34.67	1:34.98
			400m: 6:02.87			1:28.20
11.	Dziurová Ela	14	PK Martin	6:10.56	256	
	100m: 1:23.43	1:23.43	200m: 2:59.02	1:35.59	300m: 4:35.75	1:36.73
			400m: 6:10.56			1:34.81
12.	Glezková Rebeka	14	UMB Banská Bystrica	6:26.11	226	
	100m: 1:27.92	1:27.92	200m: 3:08.36	1:40.44	300m: 4:50.24	1:41.88
			400m: 6:26.11			1:35.87
13.	Celecova Anna	14	MPK Dolný Kubín	6:28.49	222	
	100m: 1:31.34	1:31.34	200m: 3:12.74	1:41.40	300m: 4:55.39	1:42.65
			400m: 6:28.49			1:33.10
14.	Božová Tamara	14	MPK Dolný Kubín	6:32.21	216	
	100m: 1:30.23	1:30.23	200m: 3:12.43	1:42.20	300m: 4:55.66	1:43.23
			400m: 6:32.21			1:36.55
15.	Hrúzová Katarina	14	PK Martin	6:35.04	211	
	100m: 1:32.70	1:32.70	200m: 3:17.97	1:45.27	300m: 5:01.25	1:43.28
			400m: 6:35.04			1:33.79
16.	Weisová Stela	14	Nereus Žilina	6:39.53	204	
	100m: 1:32.41	1:32.41	200m: 3:16.34	1:43.93	300m: 5:00.73	1:44.39
			400m: 6:39.53			1:38.80
17.	Lopatko Yelyzaveta	14	Nereus Žilina	6:51.58	187	
	100m: 1:27.74	1:27.74	200m: 3:16.11	1:48.37	300m: 5:06.59	1:50.48
			400m: 6:51.58			1:44.99
18.	Bohinská Natália	14	Pk Rimavská Sobota	6:58.71	177	
	100m: 1:35.52	1:35.52	200m: 3:23.56	1:48.04	300m: 5:12.52	1:48.96
			400m: 6:58.71			1:46.19
19.	Pyvovarova Kira	14	PK TENAX Žilina	6:59.38	176	
	100m: 1:39.20	1:39.20	200m: 3:31.69	1:52.49	300m: 5:23.15	1:51.46
			400m: 6:59.38			1:36.23
20.	Miksová Zaira	14	Pk Nanti	7:01.71	173	
	100m: 1:37.55	1:37.55	200m: 3:27.78	1:50.23	300m: 5:19.32	1:51.54
			400m: 7:01.71			1:42.39
21.	Póiková Zuzana	14	PK TENAX Žilina	7:05.18	169	
	100m: 1:31.33	1:31.33	200m: 3:24.28	1:52.95	300m: 5:19.00	1:54.72
			400m: 7:05.18			1:46.18
22.	Kazíková Soňa	14	PK TENAX Žilina	7:10.50	163	
	100m: 1:40.68	1:40.68	200m: 3:34.38	1:53.70	300m: 5:27.13	1:52.75
			400m: 7:10.50			1:43.37

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disciplína 2, žia ky, 400m vo ný spôsob, 12 ro .

por.	Ro .	as	body
23.	Hrušková Sofia 100m: 1:41.74 1:41.74 200m: 3:31.48 1:49.74 300m: 5:24.18 1:52.70 400m: 7:10.90 1:46.72	14 Nereus Žilina	7:10.90 162
11 ro .			
1.	Gregorová Sofia 100m: 1:24.52 1:24.52 200m: 2:56.44 1:31.92 300m: 4:24.35 1:27.91 400m: 5:47.60 1:23.25	15 PK Martin	5:47.60 310
2.	Vrobelová Zara 100m: 1:24.36 1:24.36 200m: 2:59.11 1:34.75 300m: 4:34.24 1:35.13 400m: 6:01.24 1:27.00	15 MPK Tvrdošín	6:01.24 276
3.	Krná ová Patrícia 100m: 1:22.68 1:22.68 200m: 2:56.50 1:33.82 300m: 4:33.75 1:37.25 400m: 6:06.56 1:32.81	15 UMB Banská Bystrica	6:06.56 264
4.	Gilianová Simona 100m: 1:25.63 1:25.63 200m: 3:01.53 1:35.90 300m: 4:37.84 1:36.31 400m: 6:08.69 1:30.85	15 PK Martin	6:08.69 260
5.	Buvalová Elizabeth 100m: 1:25.99 1:25.99 200m: 3:03.00 1:37.01 300m: 4:40.45 1:37.45 400m: 6:12.40 1:31.95	15 PK Martin	6:12.40 252
6.	Bayerova Tereza 100m: 1:27.98 1:27.98 200m: 3:05.66 1:37.68 300m: 4:43.13 1:37.47 400m: 6:16.91 1:33.78	15 PK Martin	6:16.91 243
7.	Polá ková Paulína 100m: 1:26.73 1:26.73 200m: 3:04.84 1:38.11 300m: 4:46.94 1:42.10 400m: 6:32.02 1:45.08	15 PK Žabka adca	6:32.02 216
8.	Húsková Dorota 100m: 1:32.97 1:32.97 200m: 3:17.04 1:44.07 300m: 5:00.37 1:43.33 400m: 6:39.57 1:39.20	15 PK Martin	6:39.57 204
9.	Roháriková Barbora 100m: 1:31.66 1:31.66 200m: 3:14.69 1:43.03 300m: 5:00.22 1:45.53 400m: 6:40.83 1:40.61	15 Pk Rimavská Sobota	6:40.83 202
10.	Pátareková Lilien 100m: 1:27.86 1:27.86 200m: 3:11.45 1:43.59 300m: 4:57.83 1:46.38 400m: 6:42.63 1:44.80	15 Pk Nanti	6:42.63 199
11.	Džuponová Eliška 100m: 1:32.43 1:32.43 200m: 3:16.73 1:44.30 300m: 5:02.49 1:45.76 400m: 6:43.24 1:40.75	15 PK Žabka adca	6:43.24 198
12.	Kollárová Linda 100m: 1:31.40 1:31.40 200m: 3:16.72 1:45.32 300m: 5:04.66 1:47.94 400m: 6:45.82 1:41.16	15 PK Martin	6:45.82 195
13.	Šufáková Laura 100m: 1:33.34 1:33.34 200m: 3:18.16 1:44.82 300m: 5:06.54 1:48.38 400m: 6:46.30 1:39.76	15 Nereus Žilina	6:46.30 194
14.	Slavkovská Veronika 100m: 1:30.07 1:30.07 200m: 3:17.75 1:47.68 300m: 5:05.75 1:48.00 400m: 6:50.58 1:44.83	15 PK TENAX Žilina	6:50.58 188
15.	Látková Laura 100m: 1:33.73 1:33.73 200m: 3:21.22 1:47.49 300m: 5:10.00 1:48.78 400m: 6:51.90 1:41.90	15 Pk Rimavská Sobota	6:51.90 186
16.	Krivdová Katarína 100m: 1:33.31 1:33.31 200m: 3:23.13 1:49.82 300m: 5:11.44 1:48.31 400m: 6:53.41 1:41.97	15 MPK Tvrdošín	6:53.41 184
17.	Mihaliková Mia 100m: 1:35.45 1:35.45 200m: 3:25.96 1:50.51 300m: 5:18.58 1:52.62 400m: 7:06.52 1:47.94	15 PK Martin	7:06.52 168
18.	Žuffová Liliana 100m: 1:39.24 1:39.24 200m: 3:34.19 1:54.95 300m: 5:30.31 1:56.12 400m: 7:20.03 1:49.72	15 MPK Tvrdošín	7:20.03 153
19.	Rišková Eliška 100m: 1:45.05 1:45.05 200m: 3:41.05 1:56.00 300m: 5:38.73 1:57.68 400m: 7:30.38 1:51.65	15 PK Martin	7:30.38 142
20.	Onuferová Barbora 100m: 1:43.73 1:43.73 200m: 3:41.66 1:57.93 300m: 5:41.16 1:59.50 400m: 7:34.39 1:53.23	15 PK Martin	7:34.39 139
21.	Jaššová Anna 100m: 1:55.14 1:55.14 200m: 4:08.81 2:13.67 300m: 6:18.69 2:09.88 400m: 8:22.88 2:04.19	15 PK TENAX Žilina	8:22.88 102
22.	Hesová Katarína 100m: 1:58.95 1:58.95 200m: 4:17.41 2:18.46 300m: 6:37.01 2:19.60 400m: 8:48.02 2:11.01	15 PK Martin	8:48.02 88