

Jarné M-SSO - dlhé trate
Žilina, 28.2.2026

disciplína 1
28.02.2026 - 9:00

muži, 400m voľný spôsob

11 ročník a st.
Výsledky

bodovanie: AQUA 2025

por.	Ročník	Príjmenie a meno	100m	200m	300m	400m	Body
19 ročník a st.							
1.	07	ernák Adam	1:01.93	2:12.69	3:27.17	4:40.70	481
			1:01.93	1:10.76	1:14.48	1:13.53	
2.	96	Podhorský Samuel	1:13.89	2:33.74	3:57.03	5:17.31	333
			1:13.89	1:19.85	1:23.29	1:20.28	
3.	78	amaj Ján	1:14.45	2:37.00	4:00.83	5:21.47	320
			1:14.45	1:22.55	1:23.83	1:20.64	
4.	67	Broani Ivan	1:15.23	2:38.73	4:05.59	5:29.56	297
			1:15.23	1:23.50	1:26.86	1:23.97	
5.	82	Žuffa Michal	1:14.86	2:40.96	4:07.82	5:32.79	289
			1:14.86	1:26.10	1:26.86	1:24.97	
6.	67	Turanský Branislav	1:21.52	2:52.73	4:23.15	5:48.95	250
			1:21.52	1:31.21	1:30.42	1:25.80	
7.	65	Zboák Ivan	1:30.49	3:12.54	4:58.05	6:42.36	163
			1:30.49	1:42.05	1:45.51	1:44.31	
8.	85	Fliega Michal	1:41.94	3:54.26	6:11.44	8:25.94	82
			1:41.94	2:12.32	2:17.18	2:14.50	
17 - 18 ročník							
1.	08	Liptai Matej	1:02.30	2:10.61	3:19.73	4:28.87	548
			1:02.30	1:08.31	1:09.12	1:09.14	
2.	09	Goaltovský Daniel	1:02.81	2:11.59	3:24.66	4:36.56	503
			1:02.81	1:08.78	1:13.07	1:11.90	
3.	09	Varga Jozef	1:22.61	2:51.11	4:19.43	5:44.92	259
			1:22.61	1:28.50	1:28.32	1:25.49	
4.	09	Bursa Samuel	1:23.06	2:58.74	4:37.72	6:12.36	206
			1:23.06	1:35.68	1:38.98	1:34.64	
15 - 16 ročník							
1.	10	amaj Ján	1:02.35	2:12.11	3:24.00	4:31.95	529
			1:02.35	1:09.76	1:11.89	1:07.95	
2.	10	Reich Dávid	1:04.30	2:14.98	3:26.11	4:34.63	514
			1:04.30	1:10.68	1:11.13	1:08.52	
3.	10	Beo Jakub	1:06.81	2:18.59	3:32.23	4:44.58	462
			1:06.81	1:11.78	1:13.64	1:12.35	
4.	11	Bela Ivan	1:06.72	2:20.69	3:35.55	4:49.55	439
			1:06.72	1:13.97	1:14.86	1:14.00	
5.	11	Jaško Tobias	1:08.73	2:24.30	3:42.36	4:59.24	397
			1:08.73	1:15.57	1:18.06	1:16.88	
6.	10	Danaj Dominik	1:10.41	2:27.22	3:45.46	5:01.46	389
			1:10.41	1:16.81	1:18.24	1:16.00	
7.	10	Béreš Samuel	1:10.24	2:26.95	3:44.85	5:02.47	385
			1:10.24	1:16.71	1:17.90	1:17.62	
8.	11	Schmidt Oliver	1:09.72	2:26.86	3:47.02	5:03.81	380
			1:09.72	1:17.14	1:20.16	1:16.79	

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por.	Ro .	as	body
9. Minek Filip	10 PK Martin	5:04.56	377
100m: 1:07.63 1:07.63	200m: 2:25.19 1:17.56	300m: 3:45.44 1:20.25	400m: 5:04.56 1:19.12
10. Machaj Jakub	10 TT Dolný Kubín	5:09.34	360
100m: 1:10.75 1:10.75	200m: 2:28.84 1:18.09	300m: 3:48.53 1:19.69	400m: 5:09.34 1:20.81
11. Shkliar Andrii	10 PK TENAX Žilina	5:10.03	357
100m: 1:11.25 1:11.25	200m: 2:30.81 1:19.56	300m: 3:51.78 1:20.97	400m: 5:10.03 1:18.25
12. Maor Benjamín	10 Pk Nanti	5:14.32	343
100m: 1:13.58 1:13.58	200m: 2:34.34 1:20.76	300m: 3:57.50 1:23.16	400m: 5:14.32 1:16.82
13. Yurlov Daniel	11 Nereus Žilina	5:20.44	323
100m: 1:12.26 1:12.26	200m: 2:34.36 1:22.10	300m: 3:59.34 1:24.98	400m: 5:20.44 1:21.10
14. Grygar Oliver	11 Pk Nanti	5:30.42	295
100m: 1:16.84 1:16.84	200m: 2:41.31 1:24.47	300m: 4:07.53 1:26.22	400m: 5:30.42 1:22.89
15. Goaltovský Marek	11 PVK Vrútky	5:31.48	292
100m: 1:15.37 1:15.37	200m: 2:41.17 1:25.80	300m: 4:08.37 1:27.20	400m: 5:31.48 1:23.11
16. Debnár Jakub Alexander	11 PK Banská Štiavnica	5:37.45	277
100m: 1:16.31 1:16.31	200m: 2:44.27 1:27.96	300m: 4:12.34 1:28.07	400m: 5:37.45 1:25.11
17. Debnár Matej František	11 PK Banská Štiavnica	5:39.75	271
100m: 1:16.40 1:16.40	200m: 2:44.61 1:28.21	300m: 4:14.00 1:29.39	400m: 5:39.75 1:25.75
18. Vallo Patrik	10 Nereus Žilina	5:49.81	248
100m: 1:20.80 1:20.80	200m: 2:50.88 1:30.08	300m: 4:19.65 1:28.77	400m: 5:49.81 1:30.16
19. Volček Šimon	10 Pk Nanti	5:58.69	230
100m: 1:15.90 1:15.90	200m: 2:45.81 1:29.91	300m: 4:22.88 1:37.07	400m: 5:58.69 1:35.81
20. Knecht Maximilian	11 PK Martin	6:19.21	195
100m: 1:21.20 1:21.20	200m: 3:01.24 1:40.04	300m: 4:41.41 1:40.17	400m: 6:19.21 1:37.80
21. Lorer Rodion	11 Pk Nanti	6:55.26	148
100m: 1:33.19 1:33.19	200m: 3:21.09 1:47.90	300m: 5:12.16 1:51.07	400m: 6:55.26 1:43.10

14 ro .

1. Buc Tomáš	12 Po Ružomberok	4:47.60	448
100m: 1:04.79 1:04.79	200m: 2:18.25 1:13.46	300m: 3:33.58 1:15.33	400m: 4:47.60 1:14.02
2. Mišo Tomáš	12 PK Martin	4:56.50	408
100m: 1:09.28 1:09.28	200m: 2:25.14 1:15.86	300m: 3:41.43 1:16.29	400m: 4:56.50 1:15.07
3. Vrobel Michael	12 MPK Tvrdošín	4:57.20	406
100m: 1:10.41 1:10.41	200m: 2:27.57 1:17.16	300m: 3:44.59 1:17.02	400m: 4:57.20 1:12.61
4. Hudák Richard	12 PK TENAX Žilina	5:09.96	357
100m: 1:11.27 1:11.27	200m: 2:30.57 1:19.30	300m: 3:52.16 1:21.59	400m: 5:09.96 1:17.80
5. Jelšovský Milan	12 PK Martin	5:12.44	349
100m: 1:10.96 1:10.96	200m: 2:30.95 1:19.99	300m: 3:52.86 1:21.91	400m: 5:12.44 1:19.58
6. Hruz Jakub	12 PK Martin	5:17.47	333
100m: 1:14.37 1:14.37	200m: 2:37.19 1:22.82	300m: 3:59.84 1:22.65	400m: 5:17.47 1:17.63
7. Jeleniak Matúš	12 PK Martin	5:22.71	317
100m: 1:15.28 1:15.28	200m: 2:37.91 1:22.63	300m: 4:01.53 1:23.62	400m: 5:22.71 1:21.18
8. Šmajda Marián	12 PK Martin	5:31.18	293
100m: 1:18.79 1:18.79	200m: 2:44.61 1:25.82	300m: 4:08.92 1:24.31	400m: 5:31.18 1:22.26
9. Vyskok Maxim	12 Pk Nanti	5:32.25	290
100m: 1:16.29 1:16.29	200m: 2:42.64 1:26.35	300m: 4:08.90 1:26.26	400m: 5:32.25 1:23.35
10. Domenik Samuel	12 Po Ružomberok	5:43.69	262
100m: 1:18.81 1:18.81	200m: 2:46.38 1:27.57	300m: 4:17.48 1:31.10	400m: 5:43.69 1:26.21

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disciplína 1, žiaci, 400m voľný spôsob, 14 ro .

por.	Ro .	as	body
11. Slovík Samuel	12 Pk Nanti	5:47.21	254
100m: 1:19.67 1:19.67	200m: 2:48.39 1:28.72	300m: 4:18.00 1:29.61	400m: 5:47.21 1:29.21
12. Lúaník Filip	12 PK TENAX Žilina	6:36.10	171
100m: 1:29.50 1:29.50	200m: 3:13.77 1:44.27	300m: 4:58.79 1:45.02	400m: 6:36.10 1:37.31
13. Šimovík Oliver	12 PK Martin	6:47.66	157
100m: 1:30.78 1:30.78	200m: 3:15.66 1:44.88	300m: 5:02.90 1:47.24	400m: 6:47.66 1:44.76

13 ro .

1. Svitek Artur	13 PK Martin	4:57.11	406
100m: 1:10.36 1:10.36	200m: 2:27.73 1:17.37	300m: 3:44.98 1:17.25	400m: 4:57.11 1:12.13
2. Kekely Richard	13 PK TENAX Žilina	4:58.10	402
100m: 1:10.52 1:10.52	200m: 2:28.85 1:18.33	300m: 3:44.87 1:16.02	400m: 4:58.10 1:13.23
3. Urban Adam	13 PK Martin	5:13.76	345
100m: 1:13.68 1:13.68	200m: 2:33.88 1:20.20	300m: 3:55.80 1:21.92	400m: 5:13.76 1:17.96
4. Gavula Stanislav	13 MPK Tvrdošín	5:14.38	343
100m: 1:15.15 1:15.15	200m: 2:36.85 1:21.70	300m: 3:56.98 1:20.13	400m: 5:14.38 1:17.40
5. Felbr Ján	13 PK Banská Štiavnica	5:22.20	318
100m: 1:15.23 1:15.23	200m: 2:37.03 1:21.80	300m: 4:01.67 1:24.64	400m: 5:22.20 1:20.53
6. Dziura Alex	13 PK Martin	5:40.59	269
100m: 1:21.59 1:21.59	200m: 2:48.44 1:26.85	300m: 4:16.06 1:27.62	400m: 5:40.59 1:24.53
7. Gallik Filip	13 PK TENAX Žilina	5:44.73	260
100m: 1:21.73 1:21.73	200m: 2:51.30 1:29.57	300m: 4:20.43 1:29.13	400m: 5:44.73 1:24.30
8. Benko Adam	13 PK TENAX Žilina	5:49.53	249
100m: 1:20.56 1:20.56	200m: 2:51.01 1:30.45	300m: 4:21.94 1:30.93	400m: 5:49.53 1:27.59
9. Vierik Samuel	13 Po Ružomberok	5:50.21	248
100m: 1:20.03 1:20.03	200m: 2:50.85 1:30.82	300m: 4:23.46 1:32.61	400m: 5:50.21 1:26.75
10. Liptai Tomáš	13 PK Martin	6:03.78	221
100m: 1:22.00 1:22.00	200m: 2:55.82 1:33.82	300m: 4:32.10 1:36.28	400m: 6:03.78 1:31.68
11. Oravec Alex	13 PK Martin	6:06.29	216
100m: 1:25.27 1:25.27	200m: 3:00.16 1:34.89	300m: 4:35.47 1:35.31	400m: 6:06.29 1:30.82
12. Danaj Dávid	13 PK TENAX Žilina	6:58.86	145
100m: 1:33.40 1:33.40	200m: 3:21.43 1:48.03	300m: 5:10.65 1:49.22	400m: 6:58.86 1:48.21
13. Kútňik Maximilián	13 Po Ružomberok	7:07.97	135
100m: 1:40.65 1:40.65	200m: 3:31.46 1:50.81	300m: 5:25.95 1:54.49	400m: 7:07.97 1:42.02

12 ro .

1. Goaltovský Patrik	14 PK Martin	5:36.53	279
100m: 1:20.56 1:20.56	200m: 2:47.83 1:27.27	300m: 4:14.11 1:26.28	400m: 5:36.53 1:22.42
2. Jašík Martin	14 Nereus Žilina	5:44.50	260
100m: 1:22.05 1:22.05	200m: 2:51.87 1:29.82	300m: 4:19.12 1:27.25	400m: 5:44.50 1:25.38
3. Plešínský Jakub	14 MPK Dolný Kubín	5:46.94	255
100m: 1:21.95 1:21.95	200m: 2:50.22 1:28.27	300m: 4:19.16 1:28.94	400m: 5:46.94 1:27.78
4. Žuffa Michal	14 MPK Tvrdošín	5:54.46	239
100m: 1:23.56 1:23.56	200m: 2:56.89 1:33.33	300m: 4:29.39 1:32.50	400m: 5:54.46 1:25.07
5. Kollár Peter	14 PK TENAX Žilina	6:03.27	222
100m: 1:22.30 1:22.30	200m: 2:56.59 1:34.29	300m: 4:30.70 1:34.11	400m: 6:03.27 1:32.57
6. Machá Sebastián	14 PK TENAX Žilina	6:18.23	196
100m: 1:28.51 1:28.51	200m: 3:07.43 1:38.92	300m: 4:44.00 1:36.57	400m: 6:18.23 1:34.23

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disciplína 1, žiaci, 400m voľný spôsob, 12 ro .

por.	Ro .		as		body
7.	Krivda Tomáš	14	MPK Tvrdošín	6:19.38	195
	100m: 1:30.01	1:30.01	200m: 3:06.56	1:36.55	300m: 4:45.08
				1:38.52	400m: 6:19.38
					1:34.30
8.	Morinec Martin	14	MPK Dolný Kubín	6:19.47	195
	100m: 1:27.90	1:27.90	200m: 3:04.67	1:36.77	300m: 4:43.59
				1:38.92	400m: 6:19.47
					1:35.88
9.	Drdák Teo	14	PK Martin	6:22.19	190
	100m: 1:31.10	1:31.10	200m: 3:06.83	1:35.73	300m: 4:45.95
				1:39.12	400m: 6:22.19
					1:36.24
10.	Vol ek Oliver	14	Pk Nanti	6:34.75	173
	100m: 1:33.19	1:33.19	200m: 3:16.56	1:43.37	300m: 4:59.48
				1:42.92	400m: 6:34.75
					1:35.27
11.	uvada Vratko	14	MPK Dolný Kubín	6:41.74	164
	100m: 1:30.69	1:30.69	200m: 3:13.03	1:42.34	300m: 4:59.04
				1:46.01	400m: 6:41.74
					1:42.70
12.	Kotlár Ján	14	MPK Tvrdošín	6:41.88	164
	100m: 1:27.16	1:27.16	200m: 3:12.51	1:45.35	300m: 5:00.54
				1:48.03	400m: 6:41.88
					1:41.34
13.	Pittner Richard	14	PK Martin	6:50.13	154
	100m: 1:37.05	1:37.05	200m: 3:23.24	1:46.19	300m: 5:10.36
				1:47.12	400m: 6:50.13
					1:39.77
14.	Klu ka Ján	14	PK TENAX Žilina	7:20.97	124
	100m: 1:42.97	1:42.97	200m: 3:38.69	1:55.72	300m: 5:35.41
				1:56.72	400m: 7:20.97
					1:45.56
15.	Frišták Viktor	14	Nereus Žilina	7:24.67	121
	100m: 1:44.61	1:44.61	200m: 3:37.92	1:53.31	300m: 5:34.79
				1:56.87	400m: 7:24.67
					1:49.88
16.	Oce Tomáš	14	Pk Nanti	7:32.13	115
	100m: 1:45.56	1:45.56	200m: 3:42.82	1:57.26	300m: 5:42.32
				1:59.50	400m: 7:32.13
					1:49.81

11 ro .

1.	Buc Patrik	15	Po Ružomberok	5:58.51	231
	100m: 1:22.14	1:22.14	200m: 2:56.81	1:34.67	300m: 4:29.44
				1:32.63	400m: 5:58.51
					1:29.07
2.	Karásek Adam	15	UMB Banská Bystrica	5:59.30	229
	100m: 1:25.17	1:25.17	200m: 2:57.97	1:32.80	300m: 4:30.35
				1:32.38	400m: 5:59.30
					1:28.95
3.	Rýdzik Martin	15	MPK Tvrdošín	6:01.10	226
	100m: 1:27.51	1:27.51	200m: 3:01.60	1:34.09	300m: 4:34.55
				1:32.95	400m: 6:01.10
					1:26.55
4.	Zuzík Matej	15	PK TENAX Žilina	6:18.23	196
	100m: 1:27.28	1:27.28	200m: 3:07.74	1:40.46	300m: 4:47.96
				1:40.22	400m: 6:18.23
					1:30.27
5.	Dubovec Jakub	15	MPK Dolný Kubín	6:44.44	161
	100m: 1:34.30	1:34.30	200m: 3:20.39	1:46.09	300m: 5:08.22
				1:47.83	400m: 6:44.44
					1:36.22
6.	Geššay Oliver	15	MPK Tvrdošín	7:18.27	126
	100m: 1:39.46	1:39.46	200m: 3:34.94	1:55.48	300m: 5:30.23
				1:55.29	400m: 7:18.27
					1:48.04
7.	Vokel Bruno	15	Po Ružomberok	7:21.14	124
	100m: 1:43.42	1:43.42	200m: 3:41.61	1:58.19	300m: 5:36.33
				1:54.72	400m: 7:21.14
					1:44.81
8.	Gally Timotej	15	Nereus Žilina	7:32.09	115
	100m: 1:46.41	1:46.41	200m: 3:42.03	1:55.62	300m: 5:39.42
				1:57.39	400m: 7:32.09
					1:52.67
9.	Dupkala Jonáš	15	Nereus Žilina	7:36.07	112
	100m: 1:48.06	1:48.06	200m: 3:44.00	1:55.94	300m: 5:42.29
				1:58.29	400m: 7:36.07
					1:53.78
10.	Švec Štefan	15	PK TENAX Žilina	7:50.27	102
	100m: 1:49.08	1:49.08	200m: 3:48.36	1:59.28	300m: 5:48.23
				1:59.87	400m: 7:50.27
					2:02.04
11.	Leštinský Richard	15	Po Ružomberok	7:53.05	100
	100m: 1:45.79	1:45.79	200m: 3:48.12	2:02.33	300m: 5:51.75
				2:03.63	400m: 7:53.05
					2:01.30