

Prova 7  
14/03/2026 - 17:10

Femin., 800m Livres

10 anos e mais velhos  
Resultados

RN Adaptada 50m S1	59:00.00	start,							
RN Adaptada 50m S2	59:00.00	start,							
RN Adaptada 50m S3	59:00.00	,							
RN Adaptada 50m S4	59:00.00	,							
RN Adaptada 50m S5	59:00.00	,							
RN Adaptada 50m S6	59:00.00	,							01/01/1800
RN Adaptada 50m S7	59:00.00	,							
RN Adaptada 50m S8	59:00.00	,							01/01/1800
RN Adaptada 50m S9	10:50.45	Susana Pereira, Veiga	CFB	Coimbra					19/01/2025
RN Adaptada 50m S10	59:00.00	,							
RN Adaptada 50m S11	59:00.00	,							
RN Adaptada 50m S12	59:00.00	,							
RN Adaptada 50m S13	59:00.00	,							
RN Adaptada 50m S14	13:19.38	Diana Vieira, Simoes	SCA	Póvoa de Varzim					01/06/2024
RN Adaptada 50m S15	13:10.81	Susana Maria, Lourenco	SFP	Loulé					28/06/2013
RN Adaptada 50m S16	59:00.00	,							
RN Adaptada 50m S17	10:59.66	Joana Lopes, Salgueiro	RIAAC	Loulé					04/07/2025
RN Adaptada 50m S21	14:14.44	Matilde Lucia, Gaspar	APCC	Porto					08/03/2025
RN Adaptada 50m M	59:00.00	,							

S14 - Esperanças Esp S14 50m: 20:38.48 - 25m: 20:19.11 / S14 - Seniores Sen S14 50m: 18:45.89 - 25m: 18:36.36 / S15 - Esperanças Esp S15 50m: 20:25.20 - 25m: 17:17.30 / S15 - Seniores Sen S15 50m: 18:33.82 - 25m: 15:34.93 / S17 - Esperanças Esp S17 50m: 18:42.00 - 25m: 16:16.18 / S17 - Seniores Sen S17 50m: 17:00.00 - 25m: 17:29.24 / S21 - Esperanças Esp S21 50m: 22:03.78 - 25m: 21:40.15 / S21 - Seniores Sen S21 50m: 20:03.44 - 25m: 20:21.21 / MO - Esperanças Esp M 50m: 22:03.78 - 25m: 21:40.15 / MO - Seniores Sen M 50m: 20:03.44 - 25m: 20:21.21

Pontos: KNZB NED WPS 2025

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo final WPS/AQUA				
<b>Classe S21-Absoluto</b>										
1.	Matilde Lucia, Gaspar	06	S21	201275	APC Coimbra	14:32.77				171
	100m: 1:43.44	1:43.44	300m: 5:23.84	1:50.11	500m: 9:10.20	1:53.05	700m: 12:50.06	1:49.68		
	200m: 3:33.73	1:50.29	400m: 7:17.15	1:53.31	600m: 11:00.38	1:50.18	800m: 14:32.77	1:42.71		
<b>Classe MO-Absoluto</b>										
1.	Sofia Luz, Fonseca	12	M	212685	Bombeiros de Ponta Delgada	14:25.43				175
	<i>Recorde Nacional</i>									
	100m: 1:42.39	1:42.39	300m: 5:18.58	1:47.46	500m: 9:00.55	1:51.44	700m: 12:40.72	1:50.06		
	200m: 3:31.12	1:48.73	400m: 7:09.11	1:50.53	600m: 10:50.66	1:50.11	800m: 14:25.43	1:44.71		
<b>Classe S21-Seniores</b>										
1.	Matilde Lucia, Gaspar	06	S21	201275	APC Coimbra	14:32.77				171
	100m: 1:43.44	1:43.44	300m: 5:23.84	1:50.11	500m: 9:10.20	1:53.05	700m: 12:50.06	1:49.68		
	200m: 3:33.73	1:50.29	400m: 7:17.15	1:53.31	600m: 11:00.38	1:50.18	800m: 14:32.77	1:42.71		
<b>Classe MO-Esperanças</b>										
1.	Sofia Luz, Fonseca	12	M	212685	Bombeiros de Ponta Delgada	14:25.43				175
	<i>Recorde Nacional</i>									
	100m: 1:42.39	1:42.39	300m: 5:18.58	1:47.46	500m: 9:00.55	1:51.44	700m: 12:40.72	1:50.06		
	200m: 3:31.12	1:48.73	400m: 7:09.11	1:50.53	600m: 10:50.66	1:50.11	800m: 14:25.43	1:44.71		