

Prova 11
14/03/2026 - 18:00

Femin., 200m Estilos

10 anos e mais velhos
Resultados

RN Adaptada 50m SM1	59:00.00	start,							
RN Adaptada 50m SM2	59:00.00	start,							
RN Adaptada 50m SM3	59:00.00	,							
RN Adaptada 50m SM4	59:00.00	,							
RN Adaptada 50m SM5	4:26.08	Simone Silva, Fragoso	POR	Rio de Janeiro (BRA)					15/09/2016
RN Adaptada 50m SM6	59:00.00	start,							01/01/1800
RN Adaptada 50m SM7	59:00.00	start,							01/01/1800
RN Adaptada 50m SM8	3:16.26	Ana Filipa, Castro	FCP	Barcelona (ESP)					22/03/2025
RN Adaptada 50m SM9	2:48.70	Susana Pereira, Veiga	CFB	Coimbra					25/07/2025
RN Adaptada 50m SM10	2:50.03	Teresa Lamego, Neves	SCP	Vila Franca de Xira					23/02/2014
RN Adaptada 50m SM11	59:00.00	start,							01/01/1800
RN Adaptada 50m SM12	59:00.00	start,							01/01/1800
RN Adaptada 50m SM13	59:00.00	start,							01/01/1800
RN Adaptada 50m SM14	3:15.72	Sonia Castanheiro, Resende	SCA	Póvoa de Varzim					19/06/2016
RN Adaptada 50m SM15	3:10.42	Susana Maria, Lourenco	SCP	Póvoa de Varzim					10/05/2015
RN Adaptada 50m SM16	59:00.00	start,							01/01/1800
RN Adaptada 50m SM17	2:52.72	Joana Lopes, Salgueiro	RIAACT	Loulé					04/07/2025
RN Adaptada 50m SM21	3:49.75	Matilde Lucia, Gaspar	APCC	Rio Maior					01/06/2025
RN Adaptada 50m M	59:00.00	,							

S5 - Esperanças Esp S5 50m: 6:46.04 - 25m: 7:13.78 / S5 - Seniores Sen S5 50m: 6:12.51 - 25m: 6:37.96 / S6 - Esperanças Esp S6 50m: 5:04.88 - 25m: 5:05.88 / S6 - Seniores Sen S6 50m: 4:39.71 - 25m: 4:40.62 / S7 - Esperanças Esp S7 50m: 5:05.70 - 25m: 8:54.09 / S7 - Seniores Sen S7 50m: 4:40.46 - 25m: 8:09.99 / S8 - Esperanças Esp S8 50m: 5:04.67 - 25m: 5:06.26 / S8 - Seniores Sen S8 50m: 4:39.51 - 25m: 4:40.97 / S9 - Esperanças Esp S9 50m: 4:21.68 - 25m: 4:22.18 / S9 - Seniores Sen S9 50m: 4:00.07 - 25m: 4:00.53 / S10 - Esperanças Esp S10 50m: 4:19.46 - 25m: 4:26.94 / S10 - Seniores Sen S10 50m: 3:58.04 - 25m: 4:04.90 / S110 - Esperanças Esp S110 50m: 4:19.46 - 25m: 4:26.94 / S110 - Seniores Sen S110 50m: 3:58.04 - 25m: 4:04.90 / S11 - Esperanças Esp S11 50m: 4:27.20 - 25m: 4:20.75 / S11 - Seniores Sen S11 50m: 4:05.14 - 25m: 3:59.22 / S12 - Esperanças Esp S12 50m: 5:04.43 - 25m: 5:15.11 / S12 - Seniores Sen S12 50m: 4:39.29 - 25m: 4:49.09 / S13 - Esperanças Esp S13 50m: 4:09.53 - 25m: 4:14.62 / S13 - Seniores Sen S13 50m: 3:48.93 - 25m: 3:53.60 / S113 - Esperanças Esp S113 50m: 4:09.53 - 25m: 4:14.62 / S113 - Seniores Sen S113 50m: 3:48.93 - 25m: 3:53.60 / S14 - Esperanças Esp S14 50m: 4:58.67 - 25m: 5:40.33 / S14 - Seniores Sen S14 50m: 4:34.01 - 25m: 5:12.23 / S15 - Esperanças Esp S15 50m: 4:50.58 - 25m: 4:54.13 / S15 - Seniores Sen S15 50m: 4:26.59 - 25m: 4:29.84 / S16 - Esperanças Esp S16 50m: 4:13.39 - 25m: 4:21.02 / S16 - Seniores Sen S16 50m: 3:52.47 - 25m: 3:59.47 / S17 - Esperanças Esp S17 50m: 4:40.21 - 25m: 4:30.09 / S17 - Seniores Sen S17 50m: 4:17.07 - 25m: 4:07.79 / S21 - Esperanças Esp S21 50m: 5:55.65 - 25m: 5:42.40 / S21 - Seniores Sen S21 50m: 5:26.28 - 25m: 5:14.13 / MO - Esperanças Esp M 50m: 5:55.65 - 25m: 5:42.40 / MO - Seniores Sen M 50m: 5:26.28 - 25m: 5:14.13

Pontos: KNZB NED WPS 2025

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo final	WPS/AQUA	50m	100m	150m	200m
Classe SM5-SM14-Absolutos											
1.	Susana Pereira, Veiga	00	SM9	121936	CFB	2:55.35	588	35.38	43.92	58.22	37.83
2.	Maria Ines, Cristovao	99	SM8	148384	ASC	4:13.37	238	58.07	56.81	1:26.68	51.81
Classe SM21-Absolutos											
1.	Matilde Lucia, Gaspar	06	SM21	201275	APCC	3:48.44	168	54.37	1:01.65	1:01.18	51.24
<i>Recorde Nacional</i>											
2.	Barbara Ines, Gomes	91	SM21	148265	APCC	4:48.12	83	1:08.49	1:17.62	1:14.66	1:07.35
Classe SM8-Seniores											
1.	Maria Ines, Cristovao	99	SM8	148384	ASC	4:13.37	238	58.07	56.81	1:26.68	51.81

Prova 11, Femin., 200m Estilos

Classe SM9-Seniores

1.	Susana Pereira, Veiga	00	SM9	121936	CFB	2:55.35	588	35.38	43.92	58.22	37.83
----	-----------------------	----	-----	--------	-----	---------	-----	-------	-------	-------	-------

Classe SM21-Seniores

1.	Matilde Lucia, Gaspar	06	SM21	201275	APCC	3:48.44	168	54.37	1:01.65	1:01.18	51.24
	<i>Recorde Nacional</i>										
2.	Barbara Ines, Gomes	91	SM21	148265	APCC	4:48.12	83	1:08.49	1:17.62	1:14.66	1:07.35