

Epreuve 9

Dames, 400m 4 nages

Cat. générale

2026-02-14 - 17:12

Liste résultats Finales

Records championnat USPORTS	4:34.76	SELTENREICH HODGSON, Erika				2014-01-01
Records universitaires RSEQ	4:37.01	CALDWELL, Kathleen	MCGILL	Sainte-Foy		2013-02-10

RSEQ (2025-2026) : 5:21.30 / USPORTS (2025-2026) : 4:57.50

Points: AQUA 2025

Rang				Age				Temps	AQUA	Points		
Finale A												
1.	TREMBLAY, Raphaelle			21	Université Laval			4:44.61	723 U	20,00		
	50m:	30.24	30.24	150m:	1:41.68	36.83	250m:	2:58.68	40.64	350m:	4:12.95	33.04
	100m:	1:04.85	34.61	200m:	2:18.04	36.36	300m:	3:39.91	41.23	400m:	4:44.61	31.66
2.	VÉZINA, Corinne			21	Université Laval			4:49.33	688 U	17,00		
	50m:	30.73	30.73	150m:	1:43.58	38.22	250m:	3:01.13	40.01	350m:	4:16.07	34.29
	100m:	1:05.36	34.63	200m:	2:21.12	37.54	300m:	3:41.78	40.65	400m:	4:49.33	33.26
3.	FROST, Natasha			22	McGILL			4:53.66	658 U	16,00		
	50m:	32.08	32.08	150m:	1:45.43	36.67	250m:	3:04.65	43.69	350m:	4:22.11	33.27
	100m:	1:08.76	36.68	200m:	2:20.96	35.53	300m:	3:48.84	44.19	400m:	4:53.66	31.55
4.	MARIGAUX, Maika			21	Université de Montréal			4:53.83	657 U	15,00		
	50m:	32.71	32.71	150m:	1:48.64	37.49	250m:	3:05.98	41.37	350m:	4:21.40	33.85
	100m:	1:11.15	38.44	200m:	2:24.61	35.97	300m:	3:47.55	41.57	400m:	4:53.83	32.43
5.	HERENG, Romane			20	Université de Montréal			4:59.69	619	14,00		
	50m:	32.10	32.10	150m:	1:48.81	40.27	250m:	3:07.58	38.90	350m:	4:24.49	36.50
	100m:	1:08.54	36.44	200m:	2:28.68	39.87	300m:	3:47.99	40.41	400m:	4:59.69	35.20
6.	LANGRIDGE, Isabel			20	University of Ottawa Gee-Gees			5:04.26	592	13,00		
	50m:	32.03	32.03	150m:	1:50.66	40.43	250m:	3:11.47	42.82	350m:	4:30.25	34.99
	100m:	1:10.23	38.20	200m:	2:28.65	37.99	300m:	3:55.26	43.79	400m:	5:04.26	34.01
7.	MICHAUD, Anne-Sophie			22	Université de Montréal			5:06.80	577	12,00		
	50m:	33.21	33.21	150m:	1:52.93	41.31	250m:	3:15.04	42.39	350m:	4:32.62	35.18
	100m:	1:11.62	38.41	200m:	2:32.65	39.72	300m:	3:57.44	42.40	400m:	5:06.80	34.18
8.	BROUSSEAU, Merielle			20	McGILL			5:11.73	550	11,00		
	50m:	32.72	32.72	150m:	1:51.81	41.54	250m:	3:16.36	44.15	350m:	4:37.26	36.25
	100m:	1:10.27	37.55	200m:	2:32.21	40.40	300m:	4:01.01	44.65	400m:	5:11.73	34.47
Finale B												
9.	CHALIFOUR, Mathilde			20	Université Laval			5:19.87	509	9,00		
	50m:	35.09	35.09	150m:	1:59.27	44.08	250m:	3:24.52	42.24	350m:	4:44.66	36.81
	100m:	1:15.19	40.10	200m:	2:42.28	43.01	300m:	4:07.85	43.33	400m:	5:19.87	35.21
10.	LACHANCE, Émily			21	Université Laval			5:32.26	454 *	-		
	50m:	33.78	33.78	150m:	1:59.28	45.23	250m:	3:30.86	47.62	350m:	4:57.47	37.11
	100m:	1:14.05	40.27	200m:	2:43.24	43.96	300m:	4:20.36	49.50	400m:	5:32.26	34.79