

Coupe Espoir #1 groupe B  
Gatineau, 13 - 15/2/2026

Epreuve 32  
2/15/2026 - 11:19

Garçons, 400m 4 nages

17 ans et moins  
Liste résultats

Canadian Age Group Records 15 - 17	4:09.22	PRATT, Cole	CASC	Toronto	12/13/2019
Canadian Age Group Records 13 - 14	4:21.08	KIM, Laon	HYACK	Coquitlam	11/13/2022
Canadian Age Group Records 11 - 12	4:48.64	JUNG, Justin	HYACK	Vancouver	2/22/2019
Quebec Provincial Age Group Records 17	4:18.56	PAQUIN-FOISY, Etienne	ELITE	Toronto	12/5/2014
Quebec Provincial Age Group Records 16	4:22.15	GONZALEZ BARBOZA, Sebastian	CAMO	Montreal	5/6/2022
Quebec Provincial Age Group Records 15	4:26.93	DUBORD, Marshal	PPO	Tualatin Hills (USA)	12/13/2013
Quebec Provincial Age Group Records 14	4:31.15	DUBORD, Marshal	PPO	Pointe-Claire	12/14/2012
Quebec Provincial Age Group Records 13	4:45.52	BUSTAMANTE, Kevin	CAMO	Montreal	12/16/2007
Quebec Provincial Age Group Records - 12	4:54.20	ORIWOL, Tobias	PCSC	???	3/1/1998

Points: AQUA 2025

Rang	Age	Temps	Pts
<b>13 ans et moins</b>			
1. LABRIE, Philippe Qc A	13 Elite	<b>4:48.12</b>	541
50m: 31.31 31.31	150m: 1:43.53 36.44	250m: 2:58.58 39.98	350m: 4:14.55 35.05
100m: 1:07.09 35.78	200m: 2:18.60 35.07	300m: 3:39.50 40.92	400m: 4:48.12 33.57
2. HERBERT, Liam	13 C.N. Dollard-des-Ormeaux	<b>5:06.17</b>	451
50m: 31.06 31.06	150m: 1:46.59 38.88	250m: 3:11.92 46.56	350m: 4:32.70 34.12
100m: 1:07.71 36.65	200m: 2:25.36 38.77	300m: 3:58.58 46.66	400m: 5:06.17 33.47
3. LEBLANC, Jérémy	13 Club de natation Mégophias	<b>5:16.35</b>	408
50m:	150m:	250m: 3:17.17	350m:
100m: 1:10.15	200m:	300m: 4:04.04 46.87	400m: 5:16.35
4. ONESI, Liam	13 C.N. Dollard-des-Ormeaux	<b>5:21.40</b>	389
50m: 32.55 32.55	150m: 1:54.04 42.20	250m: 3:23.43 48.13	350m: 4:47.28 35.10
100m: 1:11.84 39.29	200m: 2:35.30 41.26	300m: 4:12.18 48.75	400m: 5:21.40 34.12
5. JOYAL BEAUMIER, Elliot	12 Elite	<b>5:22.88</b>	384
50m: 38.12 38.12	150m: 2:01.49 40.18	250m: 3:26.95 44.63	350m: 4:47.67 36.11
100m: 1:21.31 43.19	200m: 2:42.32 40.83	300m: 4:11.56 44.61	400m: 5:22.88 35.21
6. GENNARELLI, Liam	12 C.N. Dollard-des-Ormeaux	<b>5:24.72</b>	378
50m: 34.61 34.61	150m: 1:58.76 43.24	250m: 3:26.34 45.80	350m:
100m: 1:15.52 40.91	200m: 2:40.54 41.78	300m: 4:12.71 46.37	400m: 5:24.72
7. BARIL, Émerik	12 Elite	<b>5:31.25</b>	356
50m: 36.76 36.76	150m: 1:59.66 40.96	250m: 3:31.19 49.02	350m: 4:55.18 36.17
100m: 1:18.70 41.94	200m: 2:42.17 42.51	300m: 4:19.01 47.82	400m: 5:31.25 36.07
8. CHEN, Andrew	13 Club de natation Saint-Laurent	<b>5:33.99</b>	347
50m:	150m: 2:02.09	250m:	350m: 4:58.65 37.64
100m:	200m:	300m: 4:21.01	400m: 5:33.99 35.34
9. BEAUDOIN, Nathan	12 C.N. Dollard-des-Ormeaux	<b>5:36.02</b>	341
50m: 37.24 37.24	150m: 2:05.36 45.52	250m: 3:35.89 45.76	350m: 4:59.34 38.07
100m: 1:19.84 42.60	200m: 2:50.13 44.77	300m: 4:21.27 45.38	400m: 5:36.02 36.68
10. WEN, Lingfeng	13 Côte-des-Neiges Notre-Dame-de-	<b>5:38.53</b>	333
50m: 36.82 36.82	150m: 2:00.84 41.93	250m: 3:30.95 47.75	350m: 5:00.61 39.24
100m: 1:18.91 42.09	200m: 2:43.20 42.36	300m: 4:21.37 50.42	400m: 5:38.53 37.92

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Epreuve 32, Garçons, 400m 4 nages, 13 ans et moins

Rang					Age					Temps	Pts	
11.	BIROLLEAU-SGARD, Sam				13	Natation Gatineau				<b>5:40.25</b>	328	
	50m:	35.23	35.23	150m:	2:00.77	44.75	250m:	3:35.40	50.67	350m:	5:40.35	1:13.75
	100m:	1:16.02	40.79	200m:	2:44.73	43.96	300m:	4:26.60	51.20	400m:	5:40.25	
12.	RENAUD, Félix				13	Club Aquatique Charlesbourg				<b>5:41.08</b>	326	
	50m:	35.79	35.79	150m:	2:02.46	43.06	250m:	3:36.62	52.76	350m:	5:07.16	38.53
	100m:	1:19.40	43.61	200m:	2:43.86	41.40	300m:	4:28.63	52.01	400m:	5:41.08	33.92
13.	AMBROSONE, Karson				13	Beaconsfield Bluefins				<b>5:41.97</b>	323	
	50m:	36.35	36.35	150m:	2:07.23		250m:	3:39.56	51.03	350m:	5:06.05	35.47
	100m:			200m:	2:48.53	41.30	300m:	4:30.58	51.02	400m:	5:41.97	35.92
14.	GOULET, Nathaniel				13	Elite				<b>5:42.35</b>	322	
	50m:			150m:	2:09.69		250m:	3:40.92		350m:	5:06.12	35.94
	100m:			200m:			300m:	4:30.18	49.26	400m:	5:42.35	36.23
15.	ANGLEHART, Simon				12	Rouge et Or/Université Laval				<b>5:42.68</b>	321	
	50m:	37.31	37.31	150m:	2:04.70	45.25	250m:	3:37.29	48.92	350m:	5:06.64	39.09
	100m:	1:19.45	42.14	200m:	2:48.37	43.67	300m:	4:27.55	50.26	400m:	5:42.68	36.04
16.	DESBIENS, Gabriel				12	LMRL Rivière-du-Loup				<b>5:44.82</b>	315	
	50m:	39.13	39.13	150m:	2:06.03		250m:	3:40.25	48.65	350m:	5:07.61	38.31
	100m:			200m:	2:51.60	45.57	300m:	4:29.30	49.05	400m:	5:44.82	37.21
	WILDI, Elliot				12	Rouge et Or/Université Laval				<b>5:44.82</b>	315	
	50m:	37.30	37.30	150m:	2:07.69	44.78	250m:	3:39.44	47.66	350m:	5:07.76	40.38
	100m:	1:22.91	45.61	200m:	2:51.78	44.09	300m:	4:27.38	47.94	400m:	5:44.82	37.06
18.	GOYER, Philippe				13	Club De Natation Sherbrooke				<b>5:45.39</b>	314	
	50m:	35.05	35.05	150m:	2:01.89	44.39	250m:	3:34.81	49.27	350m:	5:05.87	40.66
	100m:	1:17.50	42.45	200m:	2:45.54	43.65	300m:	4:25.21	50.40	400m:	5:45.39	39.52
19.	HILL, Daniel				12	Natation Gatineau				<b>5:47.01</b>	309	
	50m:	38.12	38.12	150m:	2:10.09	44.80	250m:	3:42.25	48.38	350m:	5:12.37	39.56
	100m:	1:25.29	47.17	200m:	2:53.87	43.78	300m:	4:32.81	50.56	400m:	5:47.01	34.64
20.	TANG, Bryan				13	Côte-des-Neiges Notre-Dame-de-				<b>5:48.27</b>	306	
	50m:	37.50	37.50	150m:	2:10.14	47.83	250m:	3:39.41	42.93	350m:	5:08.13	42.62
	100m:	1:22.31	44.81	200m:	2:56.48	46.34	300m:	4:25.51	46.10	400m:	5:48.27	40.14
21.	SERVIO, Aidan				13	C.N. Dollard-des-Ormeaux				<b>5:49.52</b>	303	
	50m:	32.85	32.85	150m:			250m:	3:40.09	54.71	350m:		
	100m:	1:14.02	41.17	200m:	2:45.38		300m:			400m:	5:49.52	
22.	LAFRENIERE, Edouard				13	LMRL Rivière-du-Loup				<b>5:51.37</b>	298	
	50m:	38.85	38.85	150m:	2:06.46	44.49	250m:	3:45.44	55.20	350m:	5:14.48	
	100m:	1:21.97	43.12	200m:	2:50.24	43.78	300m:			400m:	5:51.37	36.89
23.	RANGO, Benjamin				12	Elite				<b>5:53.94</b>	291	
	50m:	38.28	38.28	150m:			250m:	3:49.51	51.22	350m:	5:19.51	
	100m:	1:27.35	49.07	200m:	2:58.29		300m:			400m:	5:53.94	34.43
24.	ST-AUBIN, Eliott				13	Club aquatique St-Eustache				<b>5:55.31</b>	288	
	50m:	40.08	40.08	150m:	2:16.72	44.39	250m:	3:48.56	50.21	350m:	5:19.16	38.47
	100m:	1:32.33	52.25	200m:	2:58.35	41.63	300m:	4:40.69	52.13	400m:	5:55.31	36.15

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Epreuve 32, Garçons, 400m 4 nages, 13 ans et moins

Rang					Age					Temps	Pts	
25.	BULOTA, Jules				13	Elite				<b>5:58.04</b>	282	
	50m:	40.29	40.29	150m:	2:13.95	46.94	250m:	3:50.75	50.86	350m:	5:20.30	39.45
	100m:	1:27.01	46.72	200m:	2:59.89	45.94	300m:	4:40.85	50.10	400m:	5:58.04	37.74
26.	TAJ, Younes				13	Côte-des-Neiges Notre-Dame-de-				<b>5:59.95</b>	277	
	50m:			150m:			250m:			350m:	5:23.50	36.35
	100m:			200m:	2:59.39		300m:	4:47.15		400m:	5:59.95	36.45
27.	HASSAN, Adam				10	C.N. Dollard-des-Ormeaux				<b>6:03.98</b>	268	
	50m:			150m:	2:14.28	45.71	250m:	3:52.75	52.86	350m:	5:25.46	38.89
	100m:	1:28.57		200m:	2:59.89	45.61	300m:	4:46.57	53.82	400m:	6:03.98	38.52
28.	NADEAU, Ludovic				11	Rouge et Or/Université Laval				<b>6:05.47</b>	265	
	50m:	38.90	38.90	150m:	2:11.71	47.06	250m:	3:50.08	52.95	350m:	5:26.60	42.11
	100m:	1:24.65	45.75	200m:	2:57.13	45.42	300m:	4:44.49	54.41	400m:	6:05.47	38.87
29.	TAJ, Youssef				13	Côte-des-Neiges Notre-Dame-de-				<b>6:05.70</b>	264	
	50m:	40.75	40.75	150m:	2:13.83		250m:	3:50.92	55.18	350m:	5:26.63	40.31
	100m:			200m:	2:55.74	41.91	300m:	4:46.32	55.40	400m:	6:05.70	39.07
30.	BENTALEB, Adam				11	Elite				<b>6:15.81</b>	243	
	50m:	41.16	41.16	150m:	2:16.47	46.15	250m:	3:57.69	36.75	350m:	5:34.22	42.15
	100m:	1:30.32	49.16	200m:	3:20.94	1:04.47	300m:	4:52.07	54.38	400m:	6:15.81	41.59
31.	KANG-AUGER, Cédric				12	Club de natation Saint-Laurent				<b>6:15.98</b>	243	
	50m:			150m:	2:19.61		250m:	3:59.33	55.91	350m:	5:35.67	
	100m:			200m:	3:03.42	43.81	300m:			400m:	6:15.98	40.31
32.	BERTRAND, Antoine				12	Elite				<b>6:16.20</b>	243	
	50m:	41.53	41.53	150m:	2:22.77	46.58	250m:	4:00.90	52.25	350m:	5:36.08	
	100m:	1:36.19	54.66	200m:	3:08.65	45.88	300m:			400m:	6:16.20	40.12
33.	LY, Sacha				11	Côte-des-Neiges Notre-Dame-de-				<b>6:19.16</b>	237	
	50m:	44.80	44.80	150m:	2:22.44	48.45	250m:	4:04.22	51.49	350m:	5:40.18	43.66
	100m:	1:33.99	49.19	200m:	3:12.73	50.29	300m:	4:56.52	52.30	400m:	6:19.16	38.98
34.	LI, Vincent				12	Club de natation Saint-Laurent				<b>6:20.44</b>	235	
	50m:	42.91	42.91	150m:	2:19.69	45.26	250m:			350m:	5:40.04	41.20
	100m:	1:34.43	51.52	200m:	3:07.75	48.06	300m:	4:58.84		400m:	6:20.44	40.40
35.	MADER, Noren				12	C.N. Dollard-des-Ormeaux				<b>6:23.00</b>	230	
	50m:			150m:	2:25.82		250m:	4:06.47		350m:	5:42.08	41.69
	100m:			200m:			300m:	5:00.39	53.92	400m:	6:23.00	40.92
36.	GUAY, Theo				11	Côte-des-Neiges Notre-Dame-de-				<b>6:33.57</b>	212	
	50m:	47.45	47.45	150m:	2:31.34		250m:	4:14.48	54.41	350m:	5:53.04	40.99
	100m:			200m:	3:20.07	48.73	300m:	5:12.05	57.57	400m:	6:33.57	40.53
disq.	LAGHNEJ, Mohamed Ali				13	C.N. Dollard-des-Ormeaux						

Coupe Espoir #1 groupe B  
Gatineau, 13 - 15/2/2026

Epreuve 32, Garçons, 400m 4 nages

14 - 15 ans

1.	MENARD, Thomas	15	LMRL Rivière-du-Loup	<b>4:40.80</b>	584
	Qc A				
	50m: 30.67 30.67	150m: 1:42.96	37.32	250m: 2:56.89	37.79
	100m: 1:05.64 34.97	200m: 2:19.10	36.14	300m: 3:35.99	39.10
				350m: 4:09.46	33.47
				400m: 4:40.80	31.34
2.	BIROLLEAU-SGARD, Charly	15	Natation Gatineau	<b>4:45.70</b>	555
	Qc A				
	50m: 30.13 30.13	150m: 1:41.63	37.19	250m: 2:58.06	39.40
	100m: 1:04.44 34.31	200m: 2:18.66	37.03	300m: 3:39.21	41.15
				350m: 4:12.84	33.63
				400m: 4:45.70	32.86
3.	AMBROSONE, London	15	C.N. Dollard-des-Ormeaux	<b>5:00.18</b>	478
	50m: 30.91 30.91	150m: 1:45.20	38.01	250m: 3:06.51	42.67
	100m: 1:07.19 36.28	200m: 2:23.84	38.64	300m: 3:50.48	43.97
				350m: 4:26.62	36.14
				400m: 5:00.18	33.56
4.	POTEL, Logan	14	C.N. Dollard-des-Ormeaux	<b>5:00.77</b>	475
	50m: 32.57 32.57	150m: 1:47.16	39.23	250m:	350m: 4:28.36
	100m: 1:07.93 35.36	200m: 3:09.47	1:22.31	300m:	400m: 5:00.77
					32.41
5.	MORNEAU, Thomas	14	LMRL Rivière-du-Loup	<b>5:01.03</b>	474
	50m: 34.32 34.32	150m: 1:51.32		250m: 3:11.77	41.96
	100m:	200m: 2:29.81	38.49	300m: 3:53.64	41.87
				350m: 4:28.28	34.64
				400m: 5:01.03	32.75
6.	WILDI, Jake	14	Rouge et Or/Université Laval	<b>5:02.60</b>	467
	50m: 32.70 32.70	150m: 1:49.94	39.00	250m: 3:10.51	40.97
	100m: 1:10.94 38.24	200m: 2:29.54	39.60	300m: 3:53.48	42.97
				350m: 4:28.75	35.27
				400m: 5:02.60	33.85
7.	GAO, Simon	15	Club de natation Saint-Laurent	<b>5:06.94</b>	447
	50m: 31.80 31.80	150m: 1:49.18	40.84	250m: 3:13.14	43.94
	100m: 1:08.34 36.54	200m: 2:29.20	40.02	300m: 3:57.81	44.67
				350m: 4:32.91	35.10
				400m: 5:06.94	34.03
8.	PIETTE, Florent	14	Côte-des-Neiges Notre-Dame-de-	<b>5:08.78</b>	439
	50m: 34.23 34.23	150m: 1:54.78		250m: 3:17.72	42.97
	100m:	200m: 2:34.75	39.97	300m: 3:58.16	40.44
				350m: 4:33.94	35.78
				400m: 5:08.78	34.84
9.	SAYAH, Adam	14	Elite	<b>5:09.09</b>	438
	50m: 34.50 34.50	150m: 1:57.03	40.80	250m: 3:17.41	40.57
	100m: 1:16.23 41.73	200m: 2:36.84	39.81	300m: 3:58.81	41.40
				350m: 4:35.55	36.74
				400m: 5:09.09	33.54
10.	MCDONALD, Jacob	14	C.N. Dollard-des-Ormeaux	<b>5:09.49</b>	436
	50m: 33.41 33.41	150m: 1:50.84	39.44	250m: 3:15.54	
	100m: 1:11.40 37.99	200m:		300m: 4:00.38	44.84
				350m: 4:35.45	35.07
				400m: 5:09.49	34.04
11.	TROTIER, Charles	14	C.N. Dollard-des-Ormeaux	<b>5:10.28</b>	433
	50m: 35.08 35.08	150m: 1:52.32	37.90	250m: 3:16.27	
	100m: 1:14.42 39.34	200m:		300m: 4:02.18	45.91
				350m: 4:37.47	35.29
				400m: 5:10.28	32.81
12.	ZWEIG, Harley	15	C.N. Dollard-des-Ormeaux	<b>5:11.83</b>	426
	50m: 33.11 33.11	150m: 1:50.10	40.48	250m: 3:14.64	44.91
	100m: 1:09.62 36.51	200m: 2:29.73	39.63	300m: 4:01.25	46.61
				350m: 4:37.38	36.13
				400m: 5:11.83	34.45
13.	DAIGLE, Pierre-Alexandre	14	Elite	<b>5:14.18</b>	417
	50m: 32.49 32.49	150m: 1:52.33	40.41	250m: 3:16.29	43.84
	100m: 1:11.92 39.43	200m: 2:32.45	40.12	300m: 3:59.59	43.30
				350m: 4:37.87	38.28
				400m: 5:14.18	36.31

Coupe Espoir #1 groupe B  
Gatineau, 13 - 15/2/2026

Epreuve 32, Garçons, 400m 4 nages, 14 - 15 ans

Rang					Age					Temps	Pts	
14.	ST-LAURENT, Elliot				15	Club Aquatique Charlesbourg				<b>5:14.36</b>	416	
	50m:	32.19	32.19	150m:	1:51.79	39.98	250m:	3:18.21	47.37	350m:	4:39.60	35.40
	100m:	1:11.81	39.62	200m:	2:30.84	39.05	300m:	4:04.20	45.99	400m:	5:14.36	34.76
15.	MAATOUG, Yessine				15	Elite				<b>5:15.53</b>	412	
	50m:	35.55	35.55	150m:	1:57.04	40.77	250m:	3:20.35	44.25	350m:	4:40.88	36.26
	100m:	1:16.27	40.72	200m:	2:36.10	39.06	300m:	4:04.62	44.27	400m:	5:15.53	34.65
16.	XUE, Eric				14	C.N. Dollard-des-Ormeaux				<b>5:15.96</b>	410	
	50m:	32.94	32.94	150m:	1:53.06	42.15	250m:	3:20.78	45.41	350m:	4:42.26	35.91
	100m:	1:10.91	37.97	200m:	2:35.37	42.31	300m:	4:06.35	45.57	400m:	5:15.96	33.70
17.	ATEGA, Jah Ayver				14	C.N. Dollard-des-Ormeaux				<b>5:16.70</b>	407	
	50m:	36.17	36.17	150m:			250m:	3:21.37	41.89	350m:		
	100m:	1:18.36	42.19	200m:	2:39.48		300m:	4:05.12	43.75	400m:	5:16.70	
18.	BAUTISTA, Mikaelangelo				14	Côte-des-Neiges Notre-Dame-de-				<b>5:16.91</b>	406	
	50m:	32.33	32.33	150m:	1:50.48	40.42	250m:	3:17.21	47.95	350m:	4:41.35	36.71
	100m:	1:10.06	37.73	200m:	2:29.26	38.78	300m:	4:04.64	47.43	400m:	5:16.91	35.56
19.	LIN, Lucas				14	C.N. Dollard-des-Ormeaux				<b>5:18.07</b>	402	
	50m:	33.29	33.29	150m:	1:50.76	41.55	250m:	3:18.35	46.50	350m:	4:42.84	36.79
	100m:	1:09.21	35.92	200m:	2:31.85	41.09	300m:	4:06.05	47.70	400m:	5:18.07	35.23
20.	KARKOUTI, Marcus-Xavier				15	C.N. Dollard-des-Ormeaux				<b>5:18.11</b>	402	
	50m:			150m:	1:55.66		250m:	3:23.80	43.88	350m:		
	100m:			200m:	2:39.92	44.26	300m:	4:09.11	45.31	400m:	5:18.11	
21.	GAUDREAU, Émile				15	Club Aquatique Charlesbourg				<b>5:23.91</b>	380	
	50m:	32.49	32.49	150m:	1:55.08	43.67	250m:	3:21.55	43.42	350m:	4:45.85	39.14
	100m:	1:11.41	38.92	200m:	2:38.13	43.05	300m:	4:06.71	45.16	400m:	5:23.91	38.06
22.	BOUDREAU, Owen				14	Beaconsfield Bluefins				<b>5:25.25</b>	376	
	50m:	33.96	33.96	150m:	1:57.31	43.82	250m:	3:24.31	45.35	350m:	4:49.24	38.84
	100m:	1:13.49	39.53	200m:	2:38.96	41.65	300m:	4:10.40	46.09	400m:	5:25.25	36.01
23.	MARTEL DE LÉRY, Gaël				15	Cote Saint-Luc Aquatics				<b>5:25.42</b>	375	
	50m:	34.01	34.01	150m:	1:56.54	41.06	250m:	3:25.59	48.81	350m:	4:51.38	36.28
	100m:	1:15.48	41.47	200m:	2:36.78	40.24	300m:	4:15.10	49.51	400m:	5:25.42	34.04
24.	CONSTANTIN, Kristofer				15	Elite				<b>5:26.38</b>	372	
	50m:	33.88	33.88	150m:	1:53.57	39.69	250m:	3:20.59	46.20	350m:	4:48.24	39.43
	100m:	1:13.88	40.00	200m:	2:34.39	40.82	300m:	4:08.81	48.22	400m:	5:26.38	38.14
25.	SESEN, Alinur				14	Côte-des-Neiges Notre-Dame-de-				<b>5:27.75</b>	367	
	50m:			150m:	1:57.84	43.20	250m:	3:26.17	46.84	350m:	4:52.47	37.46
	100m:	1:14.64		200m:	2:39.33	41.49	300m:	4:15.01	48.84	400m:	5:27.75	35.28
26.	PACHEBAT, Gabriel				14	Natation Gatineau				<b>5:27.97</b>	366	
	50m:	34.86	34.86	150m:	1:56.92	41.23	250m:	3:26.15	49.16	350m:	4:52.76	36.90
	100m:	1:15.69	40.83	200m:	2:36.99	40.07	300m:	4:15.86	49.71	400m:	5:27.97	35.21
27.	MAJEAU, Édouard				14	Club De Natation Sherbrooke				<b>5:31.09</b>	356	
	50m:	35.80	35.80	150m:	2:01.83	42.77	250m:	3:29.42	44.89	350m:	4:54.79	38.13
	100m:	1:19.06	43.26	200m:	2:44.53	42.70	300m:	4:16.66	47.24	400m:	5:31.09	36.30

Coupe Espoir #1 groupe B  
Gatineau, 13 - 15/2/2026

Epreuve 32, Garçons, 400m 4 nages, 14 - 15 ans

Rang	Age	Temps	Pts
28. PINEAU, Charles	15	<b>5:36.35</b>	340
Club Aquatique Charlesbourg			
50m: 32.56 32.56 150m: 1:58.82 43.14 250m: 3:32.24 50.23 350m:			
100m: 1:15.68 43.12 200m: 2:42.01 43.19 300m: 4:58.91 1:26.67 400m: 5:36.35			
29. MANLAPAZ, Aaron Matthew	15	<b>5:41.17</b>	326
Côte-des-Neiges Notre-Dame-de-			
50m: 33.91 33.91 150m: 2:00.97 43.54 250m: 3:31.22 47.73 350m: 5:00.62 41.57			
100m: 1:17.43 43.52 200m: 2:43.49 42.52 300m: 4:19.05 47.83 400m: 5:41.17 40.55			
30. GALLO, Dante	14	<b>5:42.33</b>	322
C.N. Dollard-des-Ormeaux			
50m: 150m: 250m: 3:35.82 48.28 350m:			
100m: 200m: 2:47.54 300m: 400m: 5:42.33			
31. LECLERC, Simon	14	<b>5:45.14</b>	314
Rouge et Or/Université Laval			
50m: 38.38 38.38 150m: 2:10.79 44.97 250m: 3:41.66 46.97 350m: 5:08.82 39.46			
100m: 1:25.82 47.44 200m: 2:54.69 43.90 300m: 4:29.36 47.70 400m: 5:45.14 36.32			
32. KUCHINSKY, Simon	14	<b>5:56.32</b>	286
Cote Saint-Luc Aquatics			
50m: 38.37 38.37 150m: 2:11.35 47.27 250m: 3:48.32 50.28 350m: 5:17.63 38.15			
100m: 1:24.08 45.71 200m: 2:58.04 46.69 300m: 4:39.48 51.16 400m: 5:56.32 38.69			

16 - 17 ans

1. EDDRIEF, Wassim	17	<b>4:57.24</b>	492
Elite			
Qc B			
50m: 30.42 30.42 150m: 1:45.00 38.67 250m: 3:05.60 42.97 350m: 4:24.56 35.10			
100m: 1:06.33 35.91 200m: 2:22.63 37.63 300m: 3:49.46 43.86 400m: 4:57.24 32.68			
2. ONORATI, Matteo	16	<b>4:57.72</b>	490
C.N. Dollard-des-Ormeaux			
50m: 31.58 31.58 150m: 1:46.08 37.59 250m: 3:07.28 44.01 350m: 4:25.64 33.82			
100m: 1:08.49 36.91 200m: 2:23.27 37.19 300m: 3:51.82 44.54 400m: 4:57.72 32.08			
3. ASMAR, Damian	16	<b>5:04.04</b>	460
Club aquatique St-Eustache			
50m: 32.32 32.32 150m: 1:50.68 39.43 250m: 3:13.17 43.92 350m: 4:31.05 34.24			
100m: 1:11.25 38.93 200m: 2:29.25 38.57 300m: 3:56.81 43.64 400m: 5:04.04 32.99			
4. BARCOMA, Rafael Jacob	16	<b>5:16.54</b>	408
Côte-des-Neiges Notre-Dame-de-			
50m: 31.77 31.77 150m: 1:53.42 42.19 250m: 3:17.39 42.75 350m: 4:40.17 38.87			
100m: 1:11.23 39.46 200m: 2:34.64 41.22 300m: 4:01.30 43.91 400m: 5:16.54 36.37			
5. KANG, Joseph	16	<b>5:28.45</b>	365
Elite			
50m: 34.01 34.01 150m: 1:53.94 40.27 250m: 3:18.51 44.41 350m: 4:46.18 41.34			
100m: 1:13.67 39.66 200m: 2:34.10 40.16 300m: 4:04.84 46.33 400m: 5:28.45 42.27			
6. LÉVESQUE, Étienne	17	<b>5:37.16</b>	337
Club Aquatique Charlesbourg			
50m: 35.58 35.58 150m: 2:01.60 43.66 250m: 3:32.32 47.13 350m: 5:00.04 38.23			
100m: 1:17.94 42.36 200m: 2:45.19 43.59 300m: 4:21.81 49.49 400m: 5:37.16 37.12			
disq. LANGLAIS, Liam	16		
Club Aquatique Charlesbourg			