

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15
2/14/2026 - 17:22

Garçons, 400m Libre

17 ans et moins
Liste résultats

| | | | | | |
|--|---------|-----------------------|-------|---------------|------------|
| Canadian Age Group Records 15 - 17 | 3:43.73 | PRATT, Alexander | CASC | Toronto | 12/16/2017 |
| Canadian Age Group Records 13 - 14 | 3:54.19 | KIM, Laon | HYACK | Vancouver | 11/5/2022 |
| Canadian Age Group Records 11 - 12 | 4:15.26 | KIM, Lucas | HYACK | Coquitlam | 11/11/2020 |
| Quebec Provincial Age Group Records 17 | 3:48.39 | FONSECA FLOREZ, Simon | CAMO | Toronto | 12/13/2025 |
| Quebec Provincial Age Group Records 16 | 3:49.39 | FONSECA FLOREZ, Simon | CAMO | Quebec City | 12/1/2024 |
| Quebec Provincial Age Group Records 15 | 3:56.42 | FONSECA FLOREZ, Simon | CAMO | Toronto | 12/16/2023 |
| Quebec Provincial Age Group Records 14 | 4:00.57 | MOSKUN, Nikolas | PCSC | Pointe-Claire | 12/6/2025 |
| Quebec Provincial Age Group Records 13 | 4:03.83 | LUPIEN, Yannick | CAGRA | ??? | 2/1/1994 |
| Quebec Provincial Age Group Records - 12 | 4:13.54 | LUPIEN, Yannick | CAGRA | ??? | 2/1/1993 |

Points: AQUA 2025

| Rang | Age | | | | | | | | | Temps | Pts |
|------------------------|------------------------|-------|----------------------------|-------|---------------|-------|---------------|-------|----------------|-------|-----|
| 13 ans et moins | | | | | | | | | | | |
| 1. | HERBERT, Liam | 13 | C.N. Dollard-des-Ormeaux | | | | | | 4:23.91 | | 520 |
| | 50m: 29.13 | 29.13 | 150m: 1:35.34 | 33.37 | 250m: 2:43.08 | 33.81 | 350m: 3:51.42 | 33.84 | 400m: 4:23.91 | 32.49 | |
| | 100m: 1:01.97 | 32.84 | 200m: 2:09.27 | 33.93 | 300m: 3:17.58 | 34.50 | | | | | |
| 2. | QI, Tianyu Tevin | 13 | Natation Gatineau | | | | | | 4:32.09 | | 474 |
| | 50m: 30.32 | 30.32 | 150m: 1:39.07 | 34.77 | 250m: 2:49.66 | 35.16 | 350m: 3:59.35 | 34.42 | 400m: 4:32.09 | 32.74 | |
| | 100m: 1:04.30 | 33.98 | 200m: 2:14.50 | 35.43 | 300m: 3:24.93 | 35.27 | | | | | |
| 3. | COLOOS, Justin | 13 | Club aquatique St-Eustache | | | | | | 4:33.10 | | 469 |
| | 50m: 31.01 | 31.01 | 150m: 1:39.34 | 34.43 | 250m: 2:49.42 | 35.03 | 350m: 4:33.23 | | 400m: 4:33.10 | | |
| | 100m: 1:04.91 | 33.90 | 200m: 2:14.39 | 35.05 | 300m: | | | | | | |
| 4. | ONESI, Liam | 13 | C.N. Dollard-des-Ormeaux | | | | | | 4:35.12 | | 459 |
| | 50m: 30.18 | 30.18 | 150m: 1:39.84 | 35.63 | 250m: 2:50.97 | 35.81 | 350m: 4:02.24 | 35.63 | 400m: 4:35.12 | 32.88 | |
| | 100m: 1:04.21 | 34.03 | 200m: 2:15.16 | 35.32 | 300m: 3:26.61 | 35.64 | | | | | |
| 5. | MCKENZIE, Lucas | 13 | Cote Saint-Luc Aquatics | | | | | | 4:42.17 | | 425 |
| | 50m: 30.96 | 30.96 | 150m: | | 250m: 2:53.38 | 36.26 | 350m: 4:06.81 | | 400m: 4:42.17 | 35.36 | |
| | 100m: 1:05.49 | 34.53 | 200m: 2:17.12 | | 300m: | | | | | | |
| 6. | LAGHNEJ, Mohamed Ali | 13 | C.N. Dollard-des-Ormeaux | | | | | | 4:44.88 | | 413 |
| | 50m: 31.86 | 31.86 | 150m: 1:44.06 | 36.83 | 250m: 2:57.52 | 36.87 | 350m: 4:10.61 | 36.12 | 400m: 4:44.88 | 34.27 | |
| | 100m: 1:07.23 | 35.37 | 200m: 2:20.65 | 36.59 | 300m: 3:34.49 | 36.97 | | | | | |
| 7. | JOYAL BEAUMIER, Elliot | 12 | Elite | | | | | | 4:45.44 | | 411 |
| | 50m: 33.36 | 33.36 | 150m: 1:45.51 | 36.34 | 250m: 2:58.07 | 36.20 | 350m: 4:10.19 | 36.20 | 400m: 4:45.44 | 35.25 | |
| | 100m: 1:09.17 | 35.81 | 200m: 2:21.87 | 36.36 | 300m: 3:33.99 | 35.92 | | | | | |
| 8. | GENNARELLI, Liam | 12 | C.N. Dollard-des-Ormeaux | | | | | | 4:46.05 | | 408 |
| | 50m: | | 150m: | | 250m: 3:33.10 | | 350m: | | 400m: 4:46.05 | | |
| | 100m: 1:05.89 | | 200m: | | 300m: | | | | | | |
| 9. | LAPARÉ-THIBAUT, Éliott | 13 | Club aquatique St-Eustache | | | | | | 4:46.34 | | 407 |
| | 50m: 31.53 | 31.53 | 150m: 1:43.64 | 36.62 | 250m: 2:57.34 | 36.82 | 350m: 4:11.22 | 36.73 | 400m: 4:46.34 | 35.12 | |
| | 100m: 1:07.02 | 35.49 | 200m: 2:20.52 | 36.88 | 300m: 3:34.49 | 37.15 | | | | | |
| 10. | AMBROSONE, Karson | 13 | Beaconsfield Bluefins | | | | | | 4:51.38 | | 386 |
| | 50m: 31.98 | 31.98 | 150m: 1:46.18 | 37.58 | 250m: 3:00.74 | 37.36 | 350m: 4:15.57 | 36.60 | 400m: 4:51.38 | 35.81 | |
| | 100m: 1:08.60 | 36.62 | 200m: 2:23.38 | 37.20 | 300m: 3:38.97 | 38.23 | | | | | |
| 11. | HILL, Daniel | 12 | Natation Gatineau | | | | | | 4:52.01 | | 384 |
| | 50m: 33.16 | 33.16 | 150m: 1:47.82 | 37.37 | 250m: 3:03.46 | 37.84 | 350m: 4:18.12 | 37.37 | 400m: 4:52.01 | 33.89 | |
| | 100m: 1:10.45 | 37.29 | 200m: 2:25.62 | 37.80 | 300m: 3:40.75 | 37.29 | | | | | |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 13 ans et moins

| Rang | | | | | Age | | | | | Temps | Pts | |
|------|------------------------|---------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 12. | BIROLLEAU-SGARD, Sam | | | | 13 | Natation Gatineau | | | | 4:53.01 | 380 | |
| | 50m: | 32.49 | 32.49 | 150m: | 1:46.25 | 37.19 | 250m: | 3:01.17 | 37.20 | 350m: | 4:16.17 | 37.46 |
| | 100m: | 1:09.06 | 36.57 | 200m: | 2:23.97 | 37.72 | 300m: | 3:38.71 | 37.54 | 400m: | 4:53.01 | 36.84 |
| 13. | AGUENIS, Adam Liam | | | | 12 | Natation Gatineau | | | | 4:53.35 | 378 | |
| | 50m: | 31.62 | 31.62 | 150m: | 1:44.85 | 37.32 | 250m: | 3:00.05 | 37.54 | 350m: | 4:16.46 | 38.26 |
| | 100m: | 1:07.53 | 35.91 | 200m: | 2:22.51 | 37.66 | 300m: | 3:38.20 | 38.15 | 400m: | 4:53.35 | 36.89 |
| 14. | ST-AUBIN, Eliott | | | | 13 | Club aquatique St-Eustache | | | | 4:54.60 | 373 | |
| | 50m: | 32.34 | 32.34 | 150m: | 1:46.13 | 37.36 | 250m: | 3:01.36 | 37.58 | 350m: | 4:17.75 | 38.24 |
| | 100m: | 1:08.77 | 36.43 | 200m: | 2:23.78 | 37.65 | 300m: | 3:39.51 | 38.15 | 400m: | 4:54.60 | 36.85 |
| 15. | RAZZARI, Giulio | | | | 13 | Côte-des-Neiges Notre-Dame-de- | | | | 4:54.70 | 373 | |
| | 50m: | | | 150m: | 1:46.28 | 37.49 | 250m: | 3:01.95 | | 350m: | 4:16.66 | 36.31 |
| | 100m: | 1:08.79 | | 200m: | | | 300m: | 3:40.35 | 38.40 | 400m: | 4:54.70 | 38.04 |
| 16. | NEWTON, Liam | | | | 13 | C.N. Dollard-des-Ormeaux | | | | 4:54.97 | 372 | |
| | 50m: | 33.64 | 33.64 | 150m: | 1:49.10 | 38.27 | 250m: | 3:04.37 | 38.36 | 350m: | 4:19.00 | 36.84 |
| | 100m: | 1:10.83 | 37.19 | 200m: | 2:26.01 | 36.91 | 300m: | 3:42.16 | 37.79 | 400m: | 4:54.97 | 35.97 |
| 17. | BARIL, Émerik | | | | 12 | Elite | | | | 4:56.31 | 367 | |
| | 50m: | | | 150m: | 1:47.92 | 37.71 | 250m: | 3:03.69 | | 350m: | 4:19.63 | 37.99 |
| | 100m: | 1:10.21 | | 200m: | | | 300m: | 3:41.64 | 37.95 | 400m: | 4:56.31 | 36.68 |
| 18. | KNUP, Mason | | | | 13 | Beaconsfield Bluefins | | | | 4:56.33 | 367 | |
| | 50m: | 33.29 | 33.29 | 150m: | 1:48.27 | 37.96 | 250m: | 3:04.66 | 38.47 | 350m: | 4:20.92 | 37.74 |
| | 100m: | 1:10.31 | 37.02 | 200m: | 2:26.19 | 37.92 | 300m: | 3:43.18 | 38.52 | 400m: | 4:56.33 | 35.41 |
| 19. | LAFRENIERE, Edouard | | | | 13 | LMRL Rivière-du-Loup | | | | 4:58.78 | 358 | |
| | 50m: | 34.94 | 34.94 | 150m: | 1:52.08 | 38.75 | 250m: | 3:06.51 | 35.91 | 350m: | 4:22.25 | 36.72 |
| | 100m: | 1:13.33 | 38.39 | 200m: | 2:30.60 | 38.52 | 300m: | 3:45.53 | 39.02 | 400m: | 4:58.78 | 36.53 |
| | SILVERWOOD-YOUNG, Owen | | | | 13 | Dorval Swim Club | | | | 4:58.78 | 358 | |
| | 50m: | 32.77 | 32.77 | 150m: | 1:48.53 | 38.62 | 250m: | 3:06.96 | 39.37 | 350m: | 4:23.47 | 37.10 |
| | 100m: | 1:09.91 | 37.14 | 200m: | 2:27.59 | 39.06 | 300m: | 3:46.37 | 39.41 | 400m: | 4:58.78 | 35.31 |
| 21. | MARTEL, Émile | | | | 13 | Club de natation Mégophias | | | | 4:59.51 | 355 | |
| | 50m: | 31.75 | 31.75 | 150m: | 1:45.95 | 37.66 | 250m: | 3:03.90 | 38.68 | 350m: | 4:22.89 | 39.39 |
| | 100m: | 1:08.29 | 36.54 | 200m: | 2:25.22 | 39.27 | 300m: | 3:43.50 | 39.60 | 400m: | 4:59.51 | 36.62 |
| 22. | TAJ, Younes | | | | 13 | Côte-des-Neiges Notre-Dame-de- | | | | 4:59.63 | 355 | |
| | 50m: | 32.80 | 32.80 | 150m: | 1:46.45 | 37.47 | 250m: | 3:02.72 | 38.28 | 350m: | 4:18.79 | 37.55 |
| | 100m: | 1:08.98 | 36.18 | 200m: | 2:24.44 | 37.99 | 300m: | 3:41.24 | 38.52 | 400m: | 4:59.63 | 40.84 |
| 23. | SERVIO, Aidan | | | | 13 | C.N. Dollard-des-Ormeaux | | | | 4:59.96 | 354 | |
| | 50m: | 33.76 | 33.76 | 150m: | 1:50.64 | 39.22 | 250m: | 3:07.62 | 38.23 | 350m: | 4:24.33 | 37.56 |
| | 100m: | 1:11.42 | 37.66 | 200m: | 2:29.39 | 38.75 | 300m: | 3:46.77 | 39.15 | 400m: | 4:59.96 | 35.63 |
| 24. | GOULET, Nathaniel | | | | 13 | Elite | | | | 5:00.01 | 354 | |
| | 50m: | 33.14 | 33.14 | 150m: | 1:49.71 | 39.01 | 250m: | 3:06.62 | 38.76 | 350m: | 4:23.48 | 38.21 |
| | 100m: | 1:10.70 | 37.56 | 200m: | 2:27.86 | 38.15 | 300m: | 3:45.27 | 38.65 | 400m: | 5:00.01 | 36.53 |
| 25. | BULOTA, Jules | | | | 13 | Elite | | | | 5:00.84 | 351 | |
| | 50m: | 34.89 | 34.89 | 150m: | 1:49.69 | 37.89 | 250m: | 3:07.21 | 38.42 | 350m: | 4:23.39 | 38.51 |
| | 100m: | 1:11.80 | 36.91 | 200m: | 2:28.79 | 39.10 | 300m: | 3:44.88 | 37.67 | 400m: | 5:00.84 | 37.45 |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 13 ans et moins

| Rang | | | | | Age | | | | | Temps | Pts | |
|------|-------------------------|---------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 26. | CARLSEN, Zackary | | | | 13 | Beaconsfield Bluefins | | | | 5:01.78 | 347 | |
| | 50m: | 32.95 | 32.95 | 150m: | 1:48.01 | 38.51 | 250m: | 3:06.32 | 38.95 | 350m: | 4:25.02 | 39.09 |
| | 100m: | 1:09.50 | 36.55 | 200m: | 2:27.37 | 39.36 | 300m: | 3:45.93 | 39.61 | 400m: | 5:01.78 | 36.76 |
| 27. | BEAUDOIN, Nathan | | | | 12 | C.N. Dollard-des-Ormeaux | | | | 5:01.91 | 347 | |
| | 50m: | 34.14 | 34.14 | 150m: | 1:51.40 | 39.00 | 250m: | | | 350m: | 4:24.33 | 37.79 |
| | 100m: | 1:12.40 | 38.26 | 200m: | | | 300m: | 3:46.54 | | 400m: | 5:01.91 | 37.58 |
| 28. | WANG, Samuel | | | | 12 | Nsh | | | | 5:02.63 | 344 | |
| | 50m: | 33.90 | 33.90 | 150m: | 1:50.19 | 38.65 | 250m: | 3:07.73 | 38.79 | 350m: | 4:25.55 | 38.75 |
| | 100m: | 1:11.54 | 37.64 | 200m: | 2:28.94 | 38.75 | 300m: | 3:46.80 | 39.07 | 400m: | 5:02.63 | 37.08 |
| 29. | TAJ, Youssef | | | | 13 | Côte-des-Neiges Notre-Dame-de- | | | | 5:04.05 | 340 | |
| | 50m: | | | 150m: | 1:48.24 | 38.25 | 250m: | 3:06.03 | 39.25 | 350m: | 4:26.04 | 40.36 |
| | 100m: | 1:09.99 | | 200m: | 2:26.78 | 38.54 | 300m: | 3:45.68 | 39.65 | 400m: | 5:04.05 | 38.01 |
| 30. | ANGLEHART, Simon | | | | 12 | Rouge et Or/Université Laval | | | | 5:06.03 | 333 | |
| | 50m: | 34.92 | 34.92 | 150m: | 1:52.33 | 39.20 | 250m: | 3:11.02 | 39.41 | 350m: | 4:29.14 | 39.00 |
| | 100m: | 1:13.13 | 38.21 | 200m: | 2:31.61 | 39.28 | 300m: | 3:50.14 | 39.12 | 400m: | 5:06.03 | 36.89 |
| 31. | LEBLANC, Max | | | | 12 | Club de natation Mégophias | | | | 5:06.75 | 331 | |
| | 50m: | 35.00 | 35.00 | 150m: | | | 250m: | 3:13.16 | 38.62 | 350m: | 4:30.83 | 38.53 |
| | 100m: | 1:14.54 | 39.54 | 200m: | 2:34.54 | | 300m: | 3:52.30 | 39.14 | 400m: | 5:06.75 | 35.92 |
| 32. | RENAUD, Félix | | | | 13 | Club Aquatique Charlesbourg | | | | 5:08.11 | 326 | |
| | 50m: | 34.27 | 34.27 | 150m: | 1:54.04 | 39.91 | 250m: | 3:15.05 | 39.92 | 350m: | 4:32.72 | 37.14 |
| | 100m: | 1:14.13 | 39.86 | 200m: | 2:35.13 | 41.09 | 300m: | 3:55.58 | 40.53 | 400m: | 5:08.11 | 35.39 |
| 33. | RANGO, Benjamin | | | | 12 | Elite | | | | 5:08.19 | 326 | |
| | 50m: | 33.65 | 33.65 | 150m: | 1:51.50 | 39.54 | 250m: | 3:11.78 | 40.25 | 350m: | 4:31.13 | 40.18 |
| | 100m: | 1:11.96 | 38.31 | 200m: | 2:31.53 | 40.03 | 300m: | 3:50.95 | 39.17 | 400m: | 5:08.19 | 37.06 |
| 34. | DUFOUR, Mikaël | | | | 13 | C.N. Dollard-des-Ormeaux | | | | 5:12.22 | 314 | |
| | 50m: | 32.75 | 32.75 | 150m: | 1:50.70 | 39.96 | 250m: | 3:13.29 | 41.64 | 350m: | 4:35.23 | 40.76 |
| | 100m: | 1:10.74 | 37.99 | 200m: | 2:31.65 | 40.95 | 300m: | 3:54.47 | 41.18 | 400m: | 5:12.22 | 36.99 |
| 35. | DEMERS, Gabriel | | | | 11 | Club de natation Saint-Laurent | | | | 5:12.71 | 312 | |
| | 50m: | 35.03 | 35.03 | 150m: | 1:53.78 | 39.91 | 250m: | 3:14.56 | 40.19 | 350m: | 4:34.46 | 39.50 |
| | 100m: | 1:13.87 | 38.84 | 200m: | 2:34.37 | 40.59 | 300m: | 3:54.96 | 40.40 | 400m: | 5:12.71 | 38.25 |
| 36. | BEAUCHAMP, Marc-Antoine | | | | 12 | Club aquatique St-Eustache | | | | 5:13.01 | 311 | |
| | 50m: | 34.01 | 34.01 | 150m: | 1:51.69 | 39.37 | 250m: | 3:11.22 | 39.69 | 350m: | 4:32.88 | 41.33 |
| | 100m: | 1:12.32 | 38.31 | 200m: | 2:31.53 | 39.84 | 300m: | 3:51.55 | 40.33 | 400m: | 5:13.01 | 40.13 |
| 37. | HASSAN, Adam | | | | 10 | C.N. Dollard-des-Ormeaux | | | | 5:14.11 | 308 | |
| | 50m: | 35.84 | 35.84 | 150m: | 1:54.68 | 39.82 | 250m: | 3:14.80 | 39.98 | 350m: | 4:34.82 | 39.75 |
| | 100m: | 1:14.86 | 39.02 | 200m: | 2:34.82 | 40.14 | 300m: | 3:55.07 | 40.27 | 400m: | 5:14.11 | 39.29 |
| 38. | LEVESQUE, Thomas | | | | 12 | LMRL Rivière-du-Loup | | | | 5:14.32 | 307 | |
| | 50m: | 36.04 | 36.04 | 150m: | 1:55.77 | 40.59 | 250m: | 3:16.37 | 40.35 | 350m: | 4:36.43 | 39.64 |
| | 100m: | 1:15.18 | 39.14 | 200m: | 2:36.02 | 40.25 | 300m: | 3:56.79 | 40.42 | 400m: | 5:14.32 | 37.89 |
| 39. | TOUHAMI, Rhali | | | | 11 | C.N. Dollard-des-Ormeaux | | | | 5:16.81 | 300 | |
| | 50m: | 35.94 | 35.94 | 150m: | 1:55.55 | 40.20 | 250m: | 3:16.50 | 40.54 | 350m: | 4:37.89 | 40.75 |
| | 100m: | 1:15.35 | 39.41 | 200m: | 2:35.96 | 40.41 | 300m: | 3:57.14 | 40.64 | 400m: | 5:16.81 | 38.92 |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 13 ans et moins

| Rang | | | | Age | | | | | | Temps | Pts | |
|------|----------------------|---------|-------|-------|--------------------------------|-------|-------|---------|-------|----------------|---------|-------|
| 40. | AUBERTIN, Benjamin | | | 13 | Mtl Nord Natation | | | | | 5:17.32 | 299 | |
| | 50m: | 36.85 | 36.85 | 150m: | 1:56.52 | 39.54 | 250m: | 3:18.82 | 41.34 | 350m: | 4:39.67 | 40.18 |
| | 100m: | 1:16.98 | 40.13 | 200m: | 2:37.48 | 40.96 | 300m: | 3:59.49 | 40.67 | 400m: | 5:17.32 | 37.65 |
| 41. | D'AUTEUIL, Charles | | | 13 | LMRL Rivière-du-Loup | | | | | 5:18.02 | 297 | |
| | 50m: | 35.94 | 35.94 | 150m: | 1:57.46 | 40.86 | 250m: | 3:18.87 | 40.64 | 350m: | 4:39.17 | 39.91 |
| | 100m: | 1:16.60 | 40.66 | 200m: | 2:38.23 | 40.77 | 300m: | 3:59.26 | 40.39 | 400m: | 5:18.02 | 38.85 |
| 42. | JESSE, Oliver | | | 12 | Natation Gatineau | | | | | 5:18.94 | 294 | |
| | 50m: | 35.54 | 35.54 | 150m: | 1:55.41 | | 250m: | 3:17.90 | 41.39 | 350m: | 4:40.36 | 41.37 |
| | 100m: | | | 200m: | 2:36.51 | 41.10 | 300m: | 3:58.99 | 41.09 | 400m: | 5:18.94 | 38.58 |
| 43. | GALLO FRIAS, Pablo | | | 12 | Côte-des-Neiges Notre-Dame-de- | | | | | 5:21.25 | 288 | |
| | 50m: | 37.02 | 37.02 | 150m: | 1:57.11 | 40.39 | 250m: | 3:19.14 | 40.94 | 350m: | 4:42.41 | 41.15 |
| | 100m: | 1:16.72 | 39.70 | 200m: | 2:38.20 | 41.09 | 300m: | 4:01.26 | 42.12 | 400m: | 5:21.25 | 38.84 |
| 44. | CASTRO, Daniel | | | 12 | C.N. Dollard-des-Ormeaux | | | | | 5:25.65 | 276 | |
| | 50m: | 36.74 | 36.74 | 150m: | 2:00.44 | 42.12 | 250m: | 3:24.68 | 41.89 | 350m: | 4:47.12 | 41.17 |
| | 100m: | 1:18.32 | 41.58 | 200m: | 2:42.79 | 42.35 | 300m: | 4:05.95 | 41.27 | 400m: | 5:25.65 | 38.53 |
| 45. | BOUAKKAZ, Badis | | | 11 | Club De Natation Sherbrooke | | | | | 5:26.60 | 274 | |
| | 50m: | 36.26 | 36.26 | 150m: | 1:59.00 | | 250m: | | | 350m: | 4:47.52 | |
| | 100m: | | | 200m: | | | 300m: | | | 400m: | 5:26.60 | 39.08 |
| 46. | NADEAU, Ludovic | | | 11 | Rouge et Or/Université Laval | | | | | 5:27.65 | 271 | |
| | 50m: | 35.16 | 35.16 | 150m: | 1:58.01 | 42.32 | 250m: | 3:23.10 | 42.17 | 350m: | | |
| | 100m: | 1:15.69 | 40.53 | 200m: | 2:40.93 | 42.92 | 300m: | 4:05.99 | 42.89 | 400m: | 5:27.65 | |
| 47. | CARBERY, Alexandre | | | 12 | Club de natation Mégophias | | | | | 5:28.00 | 270 | |
| | 50m: | 36.18 | 36.18 | 150m: | 1:59.53 | 42.27 | 250m: | 3:24.43 | 42.47 | 350m: | 4:48.19 | 41.80 |
| | 100m: | 1:17.26 | 41.08 | 200m: | 2:41.96 | 42.43 | 300m: | 4:06.39 | 41.96 | 400m: | 5:28.00 | 39.81 |
| 48. | CARO LOPEZ, Samuel | | | 12 | Mtl Nord Natation | | | | | 5:28.57 | 269 | |
| | 50m: | 36.49 | 36.49 | 150m: | 2:00.08 | 42.10 | 250m: | 3:25.67 | 43.72 | 350m: | 4:50.12 | 41.72 |
| | 100m: | 1:17.98 | 41.49 | 200m: | 2:41.95 | 41.87 | 300m: | 4:08.40 | 42.73 | 400m: | 5:28.57 | 38.45 |
| 49. | PICHÉ, Raphaël | | | 11 | Nsh | | | | | 5:28.94 | 268 | |
| | 50m: | 36.74 | 36.74 | 150m: | 1:59.16 | 42.22 | 250m: | 3:24.27 | 42.86 | 350m: | 4:48.92 | 42.60 |
| | 100m: | 1:16.94 | 40.20 | 200m: | 2:41.41 | 42.25 | 300m: | 4:06.32 | 42.05 | 400m: | 5:28.94 | 40.02 |
| 50. | MORISSETTE, Jacob | | | 12 | Rouge et Or/Université Laval | | | | | 5:29.06 | 268 | |
| | 50m: | 38.69 | 38.69 | 150m: | 2:03.00 | 42.27 | 250m: | 3:27.11 | 41.84 | 350m: | 4:49.21 | 41.32 |
| | 100m: | 1:20.73 | 42.04 | 200m: | 2:45.27 | 42.27 | 300m: | 4:07.89 | 40.78 | 400m: | 5:29.06 | 39.85 |
| 51. | MORRISON, Sebastian | | | 13 | Cote Saint-Luc Aquatics | | | | | 5:31.70 | 262 | |
| | 50m: | 35.68 | 35.68 | 150m: | | | 250m: | | | 350m: | | |
| | 100m: | 1:16.83 | 41.15 | 200m: | | | 300m: | 4:09.00 | | 400m: | 5:31.70 | |
| 52. | MIR-ALINAGHI, Daniel | | | 12 | C.N. Dollard-des-Ormeaux | | | | | 5:32.36 | 260 | |
| | 50m: | 37.44 | 37.44 | 150m: | 2:00.90 | 41.15 | 250m: | 3:26.34 | | 350m: | | |
| | 100m: | 1:19.75 | 42.31 | 200m: | | | 300m: | 4:09.88 | 43.54 | 400m: | 5:32.36 | |
| 53. | GUAY, Theo | | | 11 | Côte-des-Neiges Notre-Dame-de- | | | | | 5:32.56 | 259 | |
| | 50m: | | | 150m: | 2:00.50 | 42.38 | 250m: | 3:26.19 | | 350m: | | |
| | 100m: | 1:18.12 | | 200m: | | | 300m: | 4:09.06 | 42.87 | 400m: | 5:32.56 | |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 13 ans et moins

| Rang | | | | | Age | | | | | Temps | Pts |
|------|---------------------------|---------|-------|-------|---------|--------------------------------|-------|-------|---------|----------------|-----|
| 54. | KOOMSATIRA, Jackson | | | | 12 | C.N. Dollard-des-Ormeaux | | | | 5:32.60 | 259 |
| | 50m: | 36.57 | 36.57 | 150m: | 1:59.58 | 41.59 | 250m: | 350m: | 4:51.83 | | |
| | 100m: | 1:17.99 | 41.42 | 200m: | 2:42.37 | 42.79 | 300m: | 400m: | 5:32.60 | 40.77 | |
| 55. | BRADSHAW, Brody | | | | 11 | C.N. Dollard-des-Ormeaux | | | | 5:32.92 | 259 |
| | 50m: | 38.37 | 38.37 | 150m: | 2:02.80 | 42.20 | 250m: | 350m: | 4:52.55 | 43.20 | |
| | 100m: | 1:20.60 | 42.23 | 200m: | 2:45.46 | 42.66 | 300m: | 400m: | 5:32.92 | 40.37 | |
| 56. | MADER, Noren | | | | 12 | C.N. Dollard-des-Ormeaux | | | | 5:33.32 | 258 |
| | 50m: | 38.39 | 38.39 | 150m: | 2:02.77 | 42.47 | 250m: | 350m: | 4:52.21 | 42.46 | |
| | 100m: | 1:20.30 | 41.91 | 200m: | 2:44.48 | 41.71 | 300m: | 400m: | 5:33.32 | 41.11 | |
| 57. | BERUBE, Maxence | | | | 12 | Club aquatique St-Eustache | | | | 5:33.71 | 257 |
| | 50m: | 37.87 | 37.87 | 150m: | 2:02.43 | 42.76 | 250m: | 350m: | 4:53.20 | 43.51 | |
| | 100m: | 1:19.67 | 41.80 | 200m: | 2:45.32 | 42.89 | 300m: | 400m: | 5:33.71 | 40.51 | |
| 58. | TABBARAH, Ibrahim Adam | | | | 11 | Club de natation Saint-Laurent | | | | 5:34.75 | 254 |
| | 50m: | 37.42 | 37.42 | 150m: | 2:02.51 | 42.75 | 250m: | 350m: | 4:53.09 | 42.22 | |
| | 100m: | 1:19.76 | 42.34 | 200m: | 2:45.22 | 42.71 | 300m: | 400m: | 5:34.75 | 41.66 | |
| 59. | LY, Sacha | | | | 11 | Côte-des-Neiges Notre-Dame-de- | | | | 5:36.61 | 250 |
| | 50m: | 36.40 | 36.40 | 150m: | 2:00.04 | 42.51 | 250m: | 350m: | 4:54.14 | 44.00 | |
| | 100m: | 1:17.53 | 41.13 | 200m: | 2:43.21 | 43.17 | 300m: | 400m: | 5:36.61 | 42.47 | |
| 60. | OUIMET, Michael | | | | 12 | Club aquatique St-Eustache | | | | 5:36.96 | 249 |
| | 50m: | 37.85 | 37.85 | 150m: | 2:02.49 | 42.49 | 250m: | 350m: | 4:54.63 | 42.95 | |
| | 100m: | 1:20.00 | 42.15 | 200m: | 2:45.15 | 42.66 | 300m: | 400m: | 5:36.96 | 42.33 | |
| 61. | RICQ, Devun | | | | 12 | C.N. Dollard-des-Ormeaux | | | | 5:39.78 | 243 |
| | 50m: | 36.58 | 36.58 | 150m: | 2:02.44 | 43.73 | 250m: | 350m: | 4:58.26 | 43.79 | |
| | 100m: | 1:18.71 | 42.13 | 200m: | 2:45.41 | 42.97 | 300m: | 400m: | 5:39.78 | 41.52 | |
| 62. | DRAGOVIC, Stefan | | | | 12 | Natation Gatineau | | | | 5:41.85 | 239 |
| | 50m: | 37.86 | 37.86 | 150m: | 2:00.91 | 42.19 | 250m: | 350m: | 4:57.46 | 44.28 | |
| | 100m: | 1:18.72 | 40.86 | 200m: | 2:44.22 | 43.31 | 300m: | 400m: | 5:41.85 | 44.39 | |
| 63. | LEFEBVRE-HUOT, Christophe | | | | 11 | Natation Gatineau | | | | 5:44.89 | 233 |
| | 50m: | 39.76 | 39.76 | 150m: | 2:06.72 | 43.16 | 250m: | 350m: | 5:03.31 | 43.44 | |
| | 100m: | 1:23.56 | 43.80 | 200m: | 2:50.98 | 44.26 | 300m: | 400m: | 5:44.89 | 41.58 | |
| 64. | KANG-AUGER, Cédric | | | | 12 | Club de natation Saint-Laurent | | | | 5:47.02 | 228 |
| | 50m: | 39.41 | 39.41 | 150m: | 2:08.03 | 44.89 | 250m: | 350m: | | | |
| | 100m: | 1:23.14 | 43.73 | 200m: | 2:53.22 | 45.19 | 300m: | 400m: | 5:47.02 | | |
| 65. | LI, Vincent | | | | 12 | Club de natation Saint-Laurent | | | | 5:48.21 | 226 |
| | 50m: | 37.34 | 37.34 | 150m: | 2:03.57 | 44.32 | 250m: | 350m: | 5:07.21 | 46.07 | |
| | 100m: | 1:19.25 | 41.91 | 200m: | 2:48.72 | 45.15 | 300m: | 400m: | 5:48.21 | 41.00 | |
| 66. | ANDRADE, Dylan | | | | 13 | Cote Saint-Luc Aquatics | | | | 5:48.28 | 226 |
| | 50m: | 35.36 | 35.36 | 150m: | 1:59.68 | 43.31 | 250m: | 350m: | 5:04.62 | 47.44 | |
| | 100m: | 1:16.37 | 41.01 | 200m: | 2:45.10 | 45.42 | 300m: | 400m: | 5:48.28 | 43.66 | |
| 67. | LAGHNEJ, Mohamed Yassine | | | | 12 | C.N. Dollard-des-Ormeaux | | | | 5:57.44 | 209 |
| | 50m: | 39.06 | 39.06 | 150m: | 2:09.15 | 45.09 | 250m: | 350m: | 5:13.00 | 47.33 | |
| | 100m: | 1:24.06 | 45.00 | 200m: | 2:54.35 | 45.20 | 300m: | 400m: | 5:57.44 | 44.44 | |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 13 ans et moins

| Rang | | | | Age | | | | | Temps | Pts | | |
|-------------|-------------------------|---------|-------|-------|--------------------------------|---------|-------|---------|----------------|---------|---------|-------|
| 68. | NGUYEN, Tristan | | | 11 | Rouge et Or/Université Laval | | | | 6:02.58 | 200 | | |
| | 50m: | 38.71 | 38.71 | 150m: | 250m: | 3:43.46 | 46.50 | 350m: | 5:16.63 | 46.74 | | |
| | 100m: | | | 200m: | 300m: | 4:29.89 | 46.43 | 400m: | 6:02.58 | 45.95 | | |
| disq. | CHEN, Andrew | | | 13 | Club de natation Saint-Laurent | | | | | | | |
| 14 - 15 ans | | | | | | | | | | | | |
| 1. | JASEM RADHE, Kinan | | | 14 | Natation Gatineau | | | | 4:00.33 | 688 | | |
| | Qc A | | | | | | | | | | | |
| | 50m: | 27.62 | 27.62 | 150m: | 1:27.89 | 30.41 | 250m: | 2:29.33 | 30.59 | 350m: | 3:30.61 | 30.47 |
| | 100m: | 57.48 | 29.86 | 200m: | 1:58.74 | 30.85 | 300m: | 3:00.14 | 30.81 | 400m: | 4:00.33 | 29.72 |
| 2. | MENARD, Thomas | | | 15 | LMRL Rivière-du-Loup | | | | 4:09.22 | 617 | | |
| | Qc A | | | | | | | | | | | |
| | 50m: | 28.59 | 28.59 | 150m: | 1:30.96 | 31.51 | 250m: | 2:34.26 | 31.34 | 350m: | 3:37.81 | 31.77 |
| | 100m: | 59.45 | 30.86 | 200m: | 2:02.92 | 31.96 | 300m: | 3:06.04 | 31.78 | 400m: | 4:09.22 | 31.41 |
| 3. | BIROLLEAU-SGARD, Charly | | | 15 | Natation Gatineau | | | | 4:21.71 | 533 | | |
| | 50m: | | | 150m: | | | 250m: | | 350m: | | | |
| | 100m: | | | 200m: | | | 300m: | | 400m: | 4:21.71 | | |
| 4. | LINDSAY, Benjamin | | | 15 | C.N. Dollard-des-Ormeaux | | | | 4:23.13 | 524 | | |
| | 50m: | 29.89 | 29.89 | 150m: | 1:35.06 | | 250m: | 2:42.90 | 33.93 | 350m: | 3:50.43 | 34.02 |
| | 100m: | | | 200m: | 2:08.97 | 33.91 | 300m: | 3:16.41 | 33.51 | 400m: | 4:23.13 | 32.70 |
| 5. | CHAN, Oliver | | | 15 | Rouge et Or/Université Laval | | | | 4:23.26 | 524 | | |
| | 50m: | 29.23 | 29.23 | 150m: | | | 250m: | | 350m: | | | |
| | 100m: | | | 200m: | | | 300m: | 3:15.22 | 400m: | 4:23.26 | | |
| 6. | BISSADA, Brandon | | | 14 | Côte-des-Neiges Notre-Dame-de- | | | | 4:25.82 | 509 | | |
| | 50m: | 30.20 | 30.20 | 150m: | 1:37.73 | 33.97 | 250m: | 2:45.91 | 34.29 | 350m: | 3:54.93 | 34.66 |
| | 100m: | 1:03.76 | 33.56 | 200m: | 2:11.62 | 33.89 | 300m: | 3:20.27 | 34.36 | 400m: | 4:25.82 | 30.89 |
| 7. | MCDONALD, Jacob | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:26.05 | 507 | | |
| | 50m: | 29.83 | 29.83 | 150m: | 1:36.39 | 33.82 | 250m: | 2:44.72 | 33.96 | 350m: | 3:52.94 | 34.04 |
| | 100m: | 1:02.57 | 32.74 | 200m: | 2:10.76 | 34.37 | 300m: | 3:18.90 | 34.18 | 400m: | 4:26.05 | 33.11 |
| 8. | POTEL, Logan | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:29.62 | 487 | | |
| | 50m: | 30.18 | 30.18 | 150m: | 1:37.10 | 33.87 | 250m: | 2:46.76 | 34.79 | 350m: | 3:56.49 | 34.63 |
| | 100m: | 1:03.23 | 33.05 | 200m: | 2:11.97 | 34.87 | 300m: | 3:21.86 | 35.10 | 400m: | 4:29.62 | 33.13 |
| 9. | ST-LAURENT, Elliot | | | 15 | Club Aquatique Charlesbourg | | | | 4:30.30 | 484 | | |
| | 50m: | 29.87 | 29.87 | 150m: | 1:36.78 | 34.27 | 250m: | 2:46.60 | 34.73 | 350m: | 3:56.53 | 34.99 |
| | 100m: | 1:02.51 | 32.64 | 200m: | 2:11.87 | 35.09 | 300m: | 3:21.54 | 34.94 | 400m: | 4:30.30 | 33.77 |
| 10. | WILDI, Jake | | | 14 | Rouge et Or/Université Laval | | | | 4:30.50 | 483 | | |
| | 50m: | 30.57 | 30.57 | 150m: | 1:38.30 | 34.39 | 250m: | 2:47.83 | 34.87 | 350m: | 3:57.57 | 34.75 |
| | 100m: | 1:03.91 | 33.34 | 200m: | 2:12.96 | 34.66 | 300m: | 3:22.82 | 34.99 | 400m: | 4:30.50 | 32.93 |
| 11. | SMALLEY, Kieran | | | 15 | Côte-des-Neiges Notre-Dame-de- | | | | 4:31.02 | 480 | | |
| | 50m: | 29.16 | 29.16 | 150m: | | | 250m: | | 350m: | | | |
| | 100m: | 1:01.84 | 32.68 | 200m: | | | 300m: | | 400m: | 4:31.02 | | |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 14 - 15 ans

| Rang | | | | | Age | | | | | Temps | Pts | |
|------|-----------------------|---------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 12. | GAO, Simon | | | | 15 | Club de natation Saint-Laurent | | | | 4:31.96 | 475 | |
| | 50m: | 30.04 | 30.04 | 150m: | 1:36.36 | 33.72 | 250m: | 2:45.61 | 34.92 | 350m: | 3:57.10 | 35.92 |
| | 100m: | 1:02.64 | 32.60 | 200m: | 2:10.69 | 34.33 | 300m: | 3:21.18 | 35.57 | 400m: | 4:31.96 | 34.86 |
| 13. | FOREST, Garik | | | | 15 | Natation Gatineau | | | | 4:33.06 | 469 | |
| | 50m: | 28.66 | 28.66 | 150m: | 1:35.97 | 34.36 | 250m: | 2:46.70 | 35.59 | 350m: | 3:59.01 | 36.06 |
| | 100m: | 1:01.61 | 32.95 | 200m: | 2:11.11 | 35.14 | 300m: | 3:22.95 | 36.25 | 400m: | 4:33.06 | 34.05 |
| 14. | ZHANG, Yanbin | | | | 15 | Club de natation Saint-Laurent | | | | 4:36.15 | 454 | |
| | 50m: | 29.87 | 29.87 | 150m: | 1:37.69 | 34.45 | 250m: | 2:48.42 | 35.42 | 350m: | 4:00.23 | 36.05 |
| | 100m: | 1:03.24 | 33.37 | 200m: | 2:13.00 | 35.31 | 300m: | 3:24.18 | 35.76 | 400m: | 4:36.15 | 35.92 |
| 15. | REZVANI, Artin | | | | 15 | Natation Gatineau | | | | 4:36.34 | 453 | |
| | 50m: | 31.07 | 31.07 | 150m: | 1:39.06 | | 250m: | 2:49.44 | 35.24 | 350m: | 4:00.89 | 35.90 |
| | 100m: | | | 200m: | 2:14.20 | 35.14 | 300m: | 3:24.99 | 35.55 | 400m: | 4:36.34 | 35.45 |
| 16. | AMBROSONE, London | | | | 15 | C.N. Dollard-des-Ormeaux | | | | 4:36.43 | 452 | |
| | 50m: | 30.43 | 30.43 | 150m: | 1:39.80 | 35.54 | 250m: | 2:51.41 | 35.66 | 350m: | 4:02.35 | 35.38 |
| | 100m: | 1:04.26 | 33.83 | 200m: | 2:15.75 | 35.95 | 300m: | 3:26.97 | 35.56 | 400m: | 4:36.43 | 34.08 |
| 17. | KHOKAZ, Nathan | | | | 14 | Natation Gatineau | | | | 4:36.55 | 452 | |
| | 50m: | 30.94 | 30.94 | 150m: | 1:39.88 | 35.11 | 250m: | 2:50.15 | 35.17 | 350m: | 4:01.20 | 35.65 |
| | 100m: | 1:04.77 | 33.83 | 200m: | 2:14.98 | 35.10 | 300m: | 3:25.55 | 35.40 | 400m: | 4:36.55 | 35.35 |
| 18. | XUE, Eric | | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:38.70 | 441 | |
| | 50m: | 31.43 | 31.43 | 150m: | 1:42.01 | 35.71 | 250m: | 2:53.42 | 35.37 | 350m: | 4:04.81 | 35.79 |
| | 100m: | 1:06.30 | 34.87 | 200m: | 2:18.05 | 36.04 | 300m: | 3:29.02 | 35.60 | 400m: | 4:38.70 | 33.89 |
| 19. | LANDRY, Félix-Antoine | | | | 15 | Club de natation Mégophias | | | | 4:39.40 | 438 | |
| | 50m: | 31.28 | 31.28 | 150m: | 1:41.26 | 35.54 | 250m: | 2:53.11 | 35.53 | 350m: | 4:04.69 | 35.37 |
| | 100m: | 1:05.72 | 34.44 | 200m: | 2:17.58 | 36.32 | 300m: | 3:29.32 | 36.21 | 400m: | 4:39.40 | 34.71 |
| 20. | CARON, Zachary | | | | 14 | Club De Natation Sherbrooke | | | | 4:39.67 | 437 | |
| | 50m: | 30.44 | 30.44 | 150m: | | | 250m: | | | 350m: | 4:04.78 | 36.19 |
| | 100m: | 1:04.67 | 34.23 | 200m: | | | 300m: | 3:28.59 | | 400m: | 4:39.67 | 34.89 |
| 21. | GALLO, Dante | | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:40.54 | 433 | |
| | 50m: | 30.44 | 30.44 | 150m: | 1:39.80 | 35.26 | 250m: | 2:51.46 | 35.90 | 350m: | 4:05.32 | 37.28 |
| | 100m: | 1:04.54 | 34.10 | 200m: | 2:15.56 | 35.76 | 300m: | 3:28.04 | 36.58 | 400m: | 4:40.54 | 35.22 |
| 22. | YANKOV, Daniel | | | | 14 | Côte-des-Neiges Notre-Dame-de- | | | | 4:41.48 | 428 | |
| | 50m: | 30.26 | 30.26 | 150m: | 1:41.27 | 36.28 | 250m: | 2:54.88 | 36.56 | 350m: | | |
| | 100m: | 1:04.99 | 34.73 | 200m: | 2:18.32 | 37.05 | 300m: | 3:31.39 | 36.51 | 400m: | 4:41.48 | |
| 23. | TROTIER, Charles | | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:42.36 | 424 | |
| | 50m: | 31.12 | 31.12 | 150m: | 1:41.88 | 36.00 | 250m: | 2:54.08 | 36.24 | 350m: | 4:06.96 | 36.46 |
| | 100m: | 1:05.88 | 34.76 | 200m: | 2:17.84 | 35.96 | 300m: | 3:30.50 | 36.42 | 400m: | 4:42.36 | 35.40 |
| 24. | ZWEIG, Harley | | | | 15 | C.N. Dollard-des-Ormeaux | | | | 4:42.63 | 423 | |
| | 50m: | 31.78 | 31.78 | 150m: | 1:42.92 | 36.03 | 250m: | 2:54.97 | 36.36 | 350m: | 4:07.86 | 36.34 |
| | 100m: | 1:06.89 | 35.11 | 200m: | 2:18.61 | 35.69 | 300m: | 3:31.52 | 36.55 | 400m: | 4:42.63 | 34.77 |
| 25. | SAYAH, Adam | | | | 14 | Elite | | | | 4:43.23 | 420 | |
| | 50m: | 31.45 | 31.45 | 150m: | 1:42.52 | | 250m: | 2:55.01 | 36.54 | 350m: | 4:08.62 | 36.99 |
| | 100m: | | | 200m: | 2:18.47 | 35.95 | 300m: | 3:31.63 | 36.62 | 400m: | 4:43.23 | 34.61 |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 14 - 15 ans

| Rang | | | | | Age | | | | | Temps | Pts |
|------|--------------------------|---------|-------|-------|---------|--------------------------------|---------|---------|---------|----------------|---------|
| 26. | KARKOUTI, Marcus-Xavier | | | | 15 | C.N. Dollard-des-Ormeaux | | | | 4:43.31 | 420 |
| | 50m: | 31.29 | 31.29 | 150m: | 250m: | 2:55.94 | 350m: | 4:43.31 | | | |
| | 100m: | | | 200m: | 300m: | 3:32.42 | 36.48 | 400m: | 4:43.31 | | |
| 27. | LIN, Lucas | | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:43.76 | 418 |
| | 50m: | 31.12 | 31.12 | 150m: | 1:41.88 | 36.00 | 250m: | 2:54.81 | 350m: | 4:08.18 | |
| | 100m: | 1:05.88 | 34.76 | 200m: | | 300m: | | 400m: | 4:43.76 | 35.58 | |
| 28. | TREMBLAY, Noah | | | | 15 | Rouge et Or/Université Laval | | | | 4:44.35 | 415 |
| | 50m: | 30.60 | 30.60 | 150m: | 1:40.58 | 35.56 | 250m: | 2:54.18 | 37.05 | 350m: | 4:08.63 |
| | 100m: | 1:05.02 | 34.42 | 200m: | 2:17.13 | 36.55 | 300m: | 3:31.34 | 37.16 | 400m: | 4:44.35 |
| 29. | GAUDREAU, Émile | | | | 15 | Club Aquatique Charlesbourg | | | | 4:44.66 | 414 |
| | 50m: | 30.92 | 30.92 | 150m: | 1:42.53 | 36.54 | 250m: | 2:56.28 | 36.77 | 350m: | 4:09.62 |
| | 100m: | 1:05.99 | 35.07 | 200m: | 2:19.51 | 36.98 | 300m: | 3:33.34 | 37.06 | 400m: | 4:44.66 |
| 30. | ATEGA, Jah Ayver | | | | 14 | C.N. Dollard-des-Ormeaux | | | | 4:46.37 | 407 |
| | 50m: | 33.29 | 33.29 | 150m: | 1:45.10 | 36.28 | 250m: | 2:57.66 | 36.24 | 350m: | 4:10.52 |
| | 100m: | 1:08.82 | 35.53 | 200m: | 2:21.42 | 36.32 | 300m: | 3:34.01 | 36.35 | 400m: | 4:46.37 |
| 31. | FAKIH, Mohamad | | | | 15 | Côte-des-Neiges Notre-Dame-de- | | | | 4:46.40 | 407 |
| | 50m: | 31.10 | 31.10 | 150m: | | 250m: | | 350m: | 4:11.47 | 36.73 | |
| | 100m: | 1:06.78 | 35.68 | 200m: | 2:20.71 | 300m: | 3:34.74 | 400m: | 4:46.40 | 34.93 | |
| 32. | MARTEL DE LÉRY, Gaël | | | | 15 | Cote Saint-Luc Aquatics | | | | 4:46.97 | 404 |
| | 50m: | 36.06 | 36.06 | 150m: | 1:43.63 | 34.75 | 250m: | 2:55.29 | 36.07 | 350m: | 4:09.20 |
| | 100m: | 1:08.88 | 32.82 | 200m: | 2:19.22 | 35.59 | 300m: | 3:31.93 | 36.64 | 400m: | 4:46.97 |
| 33. | DAIGLE, Pierre-Alexandre | | | | 14 | Elite | | | | 4:48.14 | 399 |
| | 50m: | 33.21 | 33.21 | 150m: | 1:46.37 | 36.62 | 250m: | 2:59.97 | 36.75 | 350m: | 4:12.61 |
| | 100m: | 1:09.75 | 36.54 | 200m: | 2:23.22 | 36.85 | 300m: | 3:36.08 | 36.11 | 400m: | 4:48.14 |
| 34. | LÉVESQUE, Félix | | | | 14 | Club Aquatique Charlesbourg | | | | 4:48.30 | 399 |
| | 50m: | 30.80 | 30.80 | 150m: | 1:40.27 | 35.47 | 250m: | 2:52.80 | 36.63 | 350m: | 4:10.06 |
| | 100m: | 1:04.80 | 34.00 | 200m: | 2:16.17 | 35.90 | 300m: | 3:31.34 | 38.54 | 400m: | 4:48.30 |
| 35. | PIETTE, Florent | | | | 14 | Côte-des-Neiges Notre-Dame-de- | | | | 4:48.53 | 398 |
| | 50m: | 32.67 | 32.67 | 150m: | 1:44.79 | 36.53 | 250m: | 2:59.09 | 37.15 | 350m: | 4:12.50 |
| | 100m: | 1:08.26 | 35.59 | 200m: | 2:21.94 | 37.15 | 300m: | 3:35.97 | 36.88 | 400m: | 4:48.53 |
| 36. | BEN-ABDALLAH, Adam | | | | 14 | Club de natation Saint-Laurent | | | | 4:49.07 | 395 |
| | 50m: | 32.04 | 32.04 | 150m: | 1:44.77 | 36.91 | 250m: | 2:59.65 | 37.50 | 350m: | 4:13.51 |
| | 100m: | 1:07.86 | 35.82 | 200m: | 2:22.15 | 37.38 | 300m: | 3:36.77 | 37.12 | 400m: | 4:49.07 |
| | ST-AUBIN, Zacharie | | | | 15 | Club aquatique St-Eustache | | | | 4:49.07 | 395 |
| | 50m: | 30.14 | 30.14 | 150m: | 1:41.19 | 36.36 | 250m: | 2:55.84 | 37.56 | 350m: | 4:12.04 |
| | 100m: | 1:04.83 | 34.69 | 200m: | 2:18.28 | 37.09 | 300m: | 3:33.58 | 37.74 | 400m: | 4:49.07 |
| 38. | MERCIER, Adam | | | | 15 | Club Aquatique Charlesbourg | | | | 4:49.71 | 393 |
| | 50m: | 31.83 | 31.83 | 150m: | 1:44.17 | 36.44 | 250m: | 2:58.76 | 37.69 | 350m: | 4:13.78 |
| | 100m: | 1:07.73 | 35.90 | 200m: | 2:21.07 | 36.90 | 300m: | 3:35.92 | 37.16 | 400m: | 4:49.71 |
| 39. | LECLERC, Simon | | | | 14 | Rouge et Or/Université Laval | | | | 4:52.54 | 381 |
| | 50m: | 33.33 | 33.33 | 150m: | 1:47.16 | 37.20 | 250m: | 3:01.70 | 36.96 | 350m: | 4:16.04 |
| | 100m: | 1:09.96 | 36.63 | 200m: | 2:24.74 | 37.58 | 300m: | 3:39.09 | 37.39 | 400m: | 4:52.54 |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 14 - 15 ans

| Rang | | | Age | | | | | | Temps | Pts | | |
|------|-----------------------|---------|-------|--------------------------------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 39. | BOUDREAU, Owen | | 14 | Beaconsfield Bluefins | | | | | 4:52.54 | 381 | | |
| | 50m: | 32.91 | 32.91 | 150m: | 1:45.64 | 36.06 | 250m: | 3:00.42 | 37.54 | 350m: | 4:16.44 | 37.95 |
| | 100m: | 1:09.58 | 36.67 | 200m: | 2:22.88 | 37.24 | 300m: | 3:38.49 | 38.07 | 400m: | 4:52.54 | 36.10 |
| 41. | DRAGOVIC, Marko | | 14 | Natation Gatineau | | | | | 4:53.19 | 379 | | |
| | 50m: | 31.45 | 31.45 | 150m: | 1:45.96 | 38.44 | 250m: | 3:02.46 | 38.09 | 350m: | 4:17.55 | 37.23 |
| | 100m: | 1:07.52 | 36.07 | 200m: | 2:24.37 | 38.41 | 300m: | 3:40.32 | 37.86 | 400m: | 4:53.19 | 35.64 |
| 42. | DÉSILETS, Laurent | | 14 | Club De Natation Sherbrooke | | | | | 4:53.33 | 378 | | |
| | 50m: | 31.90 | 31.90 | 150m: | 1:45.05 | 37.54 | 250m: | 3:01.16 | 37.90 | 350m: | 4:17.20 | 37.80 |
| | 100m: | 1:07.51 | 35.61 | 200m: | 2:23.26 | 38.21 | 300m: | 3:39.40 | 38.24 | 400m: | 4:53.33 | 36.13 |
| 43. | PACHEBAT, Gabriel | | 14 | Natation Gatineau | | | | | 4:54.60 | 373 | | |
| | 50m: | 32.31 | 32.31 | 150m: | 1:45.79 | 37.33 | 250m: | 3:01.47 | 37.16 | 350m: | 4:17.32 | 37.44 |
| | 100m: | 1:08.46 | 36.15 | 200m: | 2:24.31 | 38.52 | 300m: | 3:39.88 | 38.41 | 400m: | 4:54.60 | 37.28 |
| 44. | SESEN, Alinur | | 14 | Côte-des-Neiges Notre-Dame-de- | | | | | 4:55.05 | 372 | | |
| | 50m: | 33.23 | 33.23 | 150m: | 1:48.75 | 38.36 | 250m: | 3:04.62 | 38.06 | 350m: | 4:19.98 | 37.67 |
| | 100m: | 1:10.39 | 37.16 | 200m: | 2:26.56 | 37.81 | 300m: | 3:42.31 | 37.69 | 400m: | 4:55.05 | 35.07 |
| 45. | SFESTAROF, Harald | | 15 | Côte-des-Neiges Notre-Dame-de- | | | | | 4:55.43 | 370 | | |
| | 50m: | 32.32 | 32.32 | 150m: | 1:45.02 | 37.11 | 250m: | 3:01.92 | 38.76 | 350m: | 4:18.64 | 38.10 |
| | 100m: | 1:07.91 | 35.59 | 200m: | 2:23.16 | 38.14 | 300m: | 3:40.54 | 38.62 | 400m: | 4:55.43 | 36.79 |
| 46. | CONSTANTIN, Kristofer | | 15 | Elite | | | | | 4:56.17 | 368 | | |
| | 50m: | 32.26 | 32.26 | 150m: | 1:43.67 | 36.34 | 250m: | 3:00.12 | 38.55 | 350m: | 4:17.84 | 38.90 |
| | 100m: | 1:07.33 | 35.07 | 200m: | 2:21.57 | 37.90 | 300m: | 3:38.94 | 38.82 | 400m: | 4:56.17 | 38.33 |
| 47. | QUEVEDO, Alejandro | | 14 | Elite | | | | | 4:56.60 | 366 | | |
| | 50m: | 33.58 | 33.58 | 150m: | 1:48.25 | 37.61 | 250m: | 3:04.11 | 38.13 | 350m: | | |
| | 100m: | 1:10.64 | 37.06 | 200m: | 2:25.98 | 37.73 | 300m: | | | 400m: | 4:56.60 | |
| 48. | RODGER, Liam | | 14 | Cote Saint-Luc Aquatics | | | | | 4:57.28 | 363 | | |
| | 50m: | 32.72 | 32.72 | 150m: | 1:47.76 | 38.02 | 250m: | 3:04.36 | 37.52 | 350m: | 4:21.48 | 38.63 |
| | 100m: | 1:09.74 | 37.02 | 200m: | 2:26.84 | 39.08 | 300m: | 3:42.85 | 38.49 | 400m: | 4:57.28 | 35.80 |
| 49. | CARBERRY, Tristan | | 14 | Club de natation Mégophias | | | | | 4:58.28 | 360 | | |
| | 50m: | | | 150m: | 1:46.57 | 37.56 | 250m: | | | 350m: | 4:20.86 | 38.70 |
| | 100m: | 1:09.01 | | 200m: | 2:24.60 | 38.03 | 300m: | 3:42.16 | | 400m: | 4:58.28 | 37.42 |
| 50. | RAKOTOHARISON, Kyan | | 14 | Natation Gatineau | | | | | 4:58.40 | 359 | | |
| | 50m: | 32.94 | 32.94 | 150m: | 1:47.51 | 37.60 | 250m: | 3:03.43 | 37.59 | 350m: | 4:21.12 | 39.06 |
| | 100m: | 1:09.91 | 36.97 | 200m: | 2:25.84 | 38.33 | 300m: | 3:42.06 | 38.63 | 400m: | 4:58.40 | 37.28 |
| 51. | TURGEON, Antoine | | 14 | Club aquatique St-Eustache | | | | | 4:59.57 | 355 | | |
| | 50m: | 33.52 | 33.52 | 150m: | 1:49.62 | 38.36 | 250m: | 3:06.87 | 38.52 | 350m: | 4:24.16 | 38.01 |
| | 100m: | 1:11.26 | 37.74 | 200m: | 2:28.35 | 38.73 | 300m: | 3:46.15 | 39.28 | 400m: | 4:59.57 | 35.41 |
| 52. | EL HAJI, Zayd | | 15 | Mtl Nord Natation | | | | | 4:59.78 | 354 | | |
| | 50m: | 32.90 | 32.90 | 150m: | 1:47.80 | 38.06 | 250m: | 3:04.92 | 38.94 | 350m: | 4:22.96 | 39.14 |
| | 100m: | 1:09.74 | 36.84 | 200m: | 2:25.98 | 38.18 | 300m: | 3:43.82 | 38.90 | 400m: | 4:59.78 | 36.82 |
| 53. | CASTONGUAY, Olivier | | 15 | Nsh | | | | | 5:01.65 | 348 | | |
| | 50m: | 33.39 | 33.39 | 150m: | 1:48.61 | 38.08 | 250m: | 3:06.13 | 39.02 | 350m: | 4:24.95 | 39.54 |
| | 100m: | 1:10.53 | 37.14 | 200m: | 2:27.11 | 38.50 | 300m: | 3:45.41 | 39.28 | 400m: | 5:01.65 | 36.70 |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 14 - 15 ans

| Rang | Age | Temps | Pts |
|---------------------------|---------------------|---------------------|---------------------|
| 54. WANG, Elijah Immanuel | 14 Dorval Swim Club | 5:07.50 | 328 |
| 50m: 33.83 33.83 | 150m: 1:49.34 38.52 | 250m: 3:08.76 40.10 | 350m: 4:29.58 40.18 |
| 100m: 1:10.82 36.99 | 200m: 2:28.66 39.32 | 300m: 3:49.40 40.64 | 400m: 5:07.50 37.92 |
| 55. BEN HAMOUDA, Sami | 14 Nsh | 5:13.32 | 310 |
| 50m: 33.65 33.65 | 150m: | 250m: | 350m: |
| 100m: 1:11.34 37.69 | 200m: | 300m: | 400m: 5:13.32 |

16 - 17 ans

| | | | |
|-------------------------|-----------------------------------|---------------------|---------------------|
| 1. BOUAKKAZ, Idris Iyed | 16 Club De Natation Sherbrooke | 4:14.25 | 581 |
| 50m: 28.94 28.94 | 150m: 1:32.90 32.14 | 250m: 2:36.06 31.28 | 350m: 3:41.43 33.08 |
| 100m: 1:00.76 31.82 | 200m: 2:04.78 31.88 | 300m: 3:08.35 32.29 | 400m: 4:14.25 32.82 |
| 2. BELCOURT, Jesse | 16 C.N. Dollard-des-Ormeaux | 4:17.32 | 561 |
| 50m: 28.85 28.85 | 150m: 1:33.01 32.48 | 250m: 2:39.05 32.97 | 350m: 3:45.39 33.07 |
| 100m: 1:00.53 31.68 | 200m: 2:06.08 33.07 | 300m: 3:12.32 33.27 | 400m: 4:17.32 31.93 |
| 3. HUNT, Liam | 17 Dorval Swim Club | 4:18.58 | 553 |
| 50m: 28.68 28.68 | 150m: 1:33.25 32.45 | 250m: 2:39.67 33.13 | 350m: 3:46.27 33.34 |
| 100m: 1:00.80 32.12 | 200m: 2:06.54 33.29 | 300m: 3:12.93 33.26 | 400m: 4:18.58 32.31 |
| 4. ASMAR, Damian | 16 Club aquatique St-Eustache | 4:19.89 | 544 |
| 50m: 29.36 29.36 | 150m: 1:33.90 32.65 | 250m: 2:40.71 33.08 | 350m: 3:47.44 33.38 |
| 100m: 1:01.25 31.89 | 200m: 2:07.63 33.73 | 300m: 3:14.06 33.35 | 400m: 4:19.89 32.45 |
| 5. AMARAL, Dylan | 17 Club de natation Saint-Laurent | 4:24.77 | 515 |
| 50m: 29.08 29.08 | 150m: 1:33.49 32.65 | 250m: 2:40.14 33.41 | 350m: 3:48.57 34.46 |
| 100m: 1:00.84 31.76 | 200m: 2:06.73 33.24 | 300m: 3:14.11 33.97 | 400m: 4:24.77 36.20 |
| 6. EDDRIEF, Wassim | 17 Elite | 4:26.72 | 503 |
| 50m: 28.90 28.90 | 150m: 1:34.46 33.35 | 250m: 2:43.65 34.72 | 350m: 3:52.96 34.59 |
| 100m: 1:01.11 32.21 | 200m: 2:08.93 34.47 | 300m: 3:18.37 34.72 | 400m: 4:26.72 33.76 |
| 7. ONORATI, Matteo | 16 C.N. Dollard-des-Ormeaux | 4:28.12 | 496 |
| 50m: 29.53 29.53 | 150m: 1:35.62 33.67 | 250m: 2:44.95 | 350m: 3:54.45 34.71 |
| 100m: 1:01.95 32.42 | 200m: | 300m: 3:19.74 34.79 | 400m: 4:28.12 33.67 |
| 8. MORNEAU, Oly | 16 LMRL Rivière-du-Loup | 4:29.06 | 490 |
| 50m: 30.98 30.98 | 150m: 1:38.45 34.23 | 250m: 2:46.47 34.22 | 350m: 3:57.04 34.89 |
| 100m: 1:04.22 33.24 | 200m: 2:12.25 33.80 | 300m: 3:22.15 35.68 | 400m: 4:29.06 32.02 |
| 9. BLAIS, Malyk | 16 Club de natation Mégophias | 4:30.92 | 480 |
| 50m: 30.17 30.17 | 150m: 1:39.19 35.08 | 250m: 2:47.83 33.82 | 350m: 3:56.80 34.57 |
| 100m: 1:04.11 33.94 | 200m: 2:14.01 34.82 | 300m: 3:22.23 34.40 | 400m: 4:30.92 34.12 |
| 10. GAGNON, Charles | 16 Rouge et Or/Université Laval | 4:38.00 | 445 |
| 50m: 28.80 28.80 | 150m: 1:34.98 33.80 | 250m: 2:46.53 36.12 | 350m: |
| 100m: 1:01.18 32.38 | 200m: 2:10.41 35.43 | 300m: | 400m: 4:38.00 |

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 15, Garçons, 400m Libre, 16 - 17 ans

| Rang | | | | | Age | | | | | Temps | Pts | |
|------|----------------------------|---------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 11. | SHABALIN F, gregory J | | | | 16 | Elite | | | | 4:38.89 | 440 | |
| | 50m: | 30.03 | 30.03 | 150m: | 1:38.93 | 35.00 | 250m: | 2:50.43 | 35.76 | 350m: | 4:02.76 | 36.17 |
| | 100m: | 1:03.93 | 33.90 | 200m: | 2:14.67 | 35.74 | 300m: | 3:26.59 | 36.16 | 400m: | 4:38.89 | 36.13 |
| 12. | LANGLAIS, Liam | | | | 16 | Club Aquatique Charlesbourg | | | | 4:40.03 | 435 | |
| | 50m: | 30.25 | 30.25 | 150m: | 1:39.96 | 35.28 | 250m: | 2:51.69 | 35.95 | 350m: | 4:03.77 | 36.23 |
| | 100m: | 1:04.68 | 34.43 | 200m: | 2:15.74 | 35.78 | 300m: | 3:27.54 | 35.85 | 400m: | 4:40.03 | 36.26 |
| 13. | BARCOMA, Rafael Jacob | | | | 16 | Côte-des-Neiges Notre-Dame-de- | | | | 4:40.28 | 434 | |
| | 50m: | 30.96 | 30.96 | 150m: | 1:40.38 | 35.13 | 250m: | 2:51.98 | 35.63 | 350m: | 4:04.46 | 36.47 |
| | 100m: | 1:05.25 | 34.29 | 200m: | 2:16.35 | 35.97 | 300m: | 3:27.99 | 36.01 | 400m: | 4:40.28 | 35.82 |
| 14. | KAMGAING OLOMO, Gil Landry | | | | 16 | C.N. Dollard-des-Ormeaux | | | | 4:40.85 | 431 | |
| | 50m: | 30.35 | 30.35 | 150m: | 1:40.22 | 35.24 | 250m: | 2:52.25 | 36.11 | 350m: | 4:05.12 | 36.54 |
| | 100m: | 1:04.98 | 34.63 | 200m: | 2:16.14 | 35.92 | 300m: | 3:28.58 | 36.33 | 400m: | 4:40.85 | 35.73 |
| 15. | ZOTOV, Anton | | | | 17 | Club aquatique St-Eustache | | | | 4:43.96 | 417 | |
| | 50m: | 31.92 | 31.92 | 150m: | 1:42.55 | 35.59 | 250m: | 2:54.73 | 35.94 | 350m: | 4:08.41 | 37.02 |
| | 100m: | 1:06.96 | 35.04 | 200m: | 2:18.79 | 36.24 | 300m: | 3:31.39 | 36.66 | 400m: | 4:43.96 | 35.55 |
| 16. | LÉVESQUE, Étienne | | | | 17 | Club Aquatique Charlesbourg | | | | 4:49.42 | 394 | |
| | 50m: | 30.73 | 30.73 | 150m: | 1:42.41 | 36.64 | 250m: | 2:57.48 | 37.47 | 350m: | 4:13.39 | 37.57 |
| | 100m: | 1:05.77 | 35.04 | 200m: | 2:20.01 | 37.60 | 300m: | 3:35.82 | 38.34 | 400m: | 4:49.42 | 36.03 |