

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1
2/13/2026 - 17:00

Filles, 400m Libre

17 ans et moins
Liste résultats

Canadian Age Group Records 15 - 17	3:52.80	MCINTOSH, Summer	UNCAN	Toronto	10/28/2022
Canadian Age Group Records 13 - 14	4:08.31	KEIRE, Jacqueline	ESWIM	Charlottetown	8/26/2009
Canadian Age Group Records 11 - 12	4:14.64	MCINTOSH, Summer	ESWIM	Etobicoke	7/10/2019
Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	12/17/2016
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	12/17/2022
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2/16/2007
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2/19/2004
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2/23/2013
Quebec Provincial Age Group Records - 12	4:23.93	SHEWCHUCK, Stephanie	PCSC	???	2/1/1987

Points: AQUA 2025

Rang	Age					Temps	Pts	
13 ans et moins								
1.	MORIN, Romy	12	Club De Natation Sherbrooke				4:36.06	580
	50m: 30.59 30.59	150m: 1:40.84	35.66	250m: 2:52.21	35.80	350m: 4:02.78	35.29	
	100m: 1:05.18 34.59	200m: 2:16.41	35.57	300m: 3:27.49	35.28	400m: 4:36.06	33.28	
2.	VEILLETTE, Olivianne	13	Club de natation Mégophias				4:44.24	531
	50m: 31.98 31.98	150m: 1:43.80	36.34	250m: 2:56.23	36.43	350m: 4:08.81	36.24	
	100m: 1:07.46 35.48	200m: 2:19.80	36.00	300m: 3:32.57	36.34	400m: 4:44.24	35.43	
3.	COTE, Lili	13	Elite				4:45.87	522
	50m: 32.07 32.07	150m: 1:43.31	36.16	250m: 2:56.46	36.47	350m: 4:09.30	36.44	
	100m: 1:07.15 35.08	200m: 2:19.99	36.68	300m: 3:32.86	36.40	400m: 4:45.87	36.57	
4.	LINDSAY, Estelle	13	Rouge et Or/Université Laval				4:47.02	516
	50m: 33.24 33.24	150m: 1:44.69	36.19	250m: 2:57.78	36.22	350m: 4:11.31	36.70	
	100m: 1:08.50 35.26	200m: 2:21.56	36.87	300m: 3:34.61	36.83	400m: 4:47.02	35.71	
5.	PIAGET, Ariane	13	Côte-des-Neiges Notre-Dame-de-				4:47.61	513
	50m: 30.90 30.90	150m: 1:41.87	36.42	250m: 2:56.30	36.97	350m: 4:08.67	35.92	
	100m: 1:05.45 34.55	200m: 2:19.33	37.46	300m: 3:32.75	36.45	400m: 4:47.61	38.94	
6.	BEAUCHAMP, Marie	12	Natation Gatineau				4:49.65	502
	50m: 31.63 31.63	150m: 1:43.91	36.55	250m: 2:57.94	36.91	350m: 4:13.11	37.90	
	100m: 1:07.36 35.73	200m: 2:21.03	37.12	300m: 3:35.21	37.27	400m: 4:49.65	36.54	
7.	BEAUDOIN, Olivia	13	Club aquatique St-Eustache				4:51.59	492
	50m: 32.67 32.67	150m: 1:44.99	36.56	250m: 2:58.72	36.96	350m: 4:14.29	38.15	
	100m: 1:08.43 35.76	200m: 2:21.76	36.77	300m: 3:36.14	37.42	400m: 4:51.59	37.30	
8.	SENEZ BARCENAS, Eugénie Elma	11	Club aquatique St-Eustache				4:56.68	467
	50m: 32.58 32.58	150m: 1:45.08	37.01	250m: 3:00.91	38.22	350m: 4:18.71	39.19	
	100m: 1:08.07 35.49	200m: 2:22.69	37.61	300m: 3:39.52	38.61	400m: 4:56.68	37.97	
9.	HUNT, Alexa	13	Dorval Swim Club				4:58.00	461
	50m: 33.76 33.76	150m: 1:48.81	38.00	250m: 3:05.02	37.78	350m: 4:21.54	38.10	
	100m: 1:10.81 37.05	200m: 2:27.24	38.43	300m: 3:43.44	38.42	400m: 4:58.00	36.46	
10.	CÔTÉ, Alexie	12	Club Aquatique Charlesbourg				4:58.69	458
	50m: 32.32 32.32	150m: 1:47.22	37.86	250m: 3:03.43	38.24	350m: 4:22.11	40.05	
	100m: 1:09.36 37.04	200m: 2:25.19	37.97	300m: 3:42.06	38.63	400m: 4:58.69	36.58	
11.	LAFERRIERE, Laurence	13	Elite				5:01.47	445
	50m: 34.17 34.17	150m: 1:48.99	37.81	250m: 3:05.53	38.27	350m: 4:23.82	39.05	
	100m: 1:11.18 37.01	200m: 2:27.26	38.27	300m: 3:44.77	39.24	400m: 5:01.47	37.65	

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Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang				Age				Temps	Pts			
12.	LEBLANC, Naomie			13	Natation Gatineau			5:01.98	443			
	50m:	1:10.45	1:10.45	150m:	250m:	3:06.47	38.34	350m:	4:25.03	39.10		
	100m:			200m:	300m:	3:45.93	39.46	400m:	5:01.98	36.95		
13.	GERVAIS, Florence			13	Rouge et Or/Université Laval			5:03.82	435			
	50m:	34.71	34.71	150m:	1:51.65	39.09	250m:	3:09.56	39.27	350m:	4:27.10	38.50
	100m:	1:12.56	37.85	200m:	2:30.29	38.64	300m:	3:48.60	39.04	400m:	5:03.82	36.72
14.	SOUCY, Satyana			13	Club de natation Mégophias			5:04.64	431			
	50m:	33.64	33.64	150m:	1:51.70	39.34	250m:	3:10.54	39.55	350m:	4:28.73	38.92
	100m:	1:12.36	38.72	200m:	2:30.99	39.29	300m:	3:49.81	39.27	400m:	5:04.64	35.91
15.	CHOUINARD, Annaelle			13	LMRL Rivière-du-Loup			5:04.76	431			
	50m:	33.67	33.67	150m:	1:49.29	38.67	250m:	3:08.08	39.61	350m:	4:27.49	39.77
	100m:	1:10.62	36.95	200m:	2:28.47	39.18	300m:	3:47.72	39.64	400m:	5:04.76	37.27
16.	BOISVERT, Émy			13	Club de natation Mégophias			5:05.12	429			
	50m:	34.78	34.78	150m:	1:51.58	38.79	250m:	3:09.83	39.28	350m:	4:28.34	39.04
	100m:	1:12.79	38.01	200m:	2:30.55	38.97	300m:	3:49.30	39.47	400m:	5:05.12	36.78
17.	D'AMORE, Emilia			13	Côte-des-Neiges Notre-Dame-de-			5:07.59	419			
	50m:	35.18	35.18	150m:	1:53.48	39.29	250m:	3:12.56	39.57	350m:	4:30.26	38.79
	100m:	1:14.19	39.01	200m:	2:32.99	39.51	300m:	3:51.47	38.91	400m:	5:07.59	37.33
18.	LAFRENIÈRE, Sandriane			13	Natation Gatineau			5:08.10	417			
	50m:			150m:	2:31.81	39.34	250m:			350m:		
	100m:	1:52.47		200m:			300m:			400m:	5:08.10	
19.	KIM, Jiyun(Lylian)			13	Côte-des-Neiges Notre-Dame-de-			5:08.12	417			
	50m:			150m:			250m:			350m:		
	100m:	1:12.01		200m:	3:10.13		300m:	3:49.52		400m:	5:08.12	
20.	DION, Callie			12	C.N. Dollard-des-Ormeaux			5:08.34	416			
	50m:	34.03	34.03	150m:	1:51.53	39.47	250m:	3:10.88	39.71	350m:	4:29.96	39.12
	100m:	1:12.06	38.03	200m:	2:31.17	39.64	300m:	3:50.84	39.96	400m:	5:08.34	38.38
21.	AUBIN, Naomie			12	Club De Natation Sherbrooke			5:08.61	415			
	50m:	34.49	34.49	150m:	1:53.88	40.30	250m:	3:12.09	39.16	350m:	4:30.52	39.46
	100m:	1:13.58	39.09	200m:	2:32.93	39.05	300m:	3:51.06	38.97	400m:	5:08.61	38.09
22.	HAESEVELD, Laurence			13	Club aquatique St-Eustache			5:09.25	412			
	50m:	34.73	34.73	150m:	1:51.71	38.79	250m:	3:10.51	39.50	350m:	4:30.66	40.19
	100m:	1:12.92	38.19	200m:	2:31.01	39.30	300m:	3:50.47	39.96	400m:	5:09.25	38.59
23.	GRABOWIECKA, Isca			11	Cote Saint-Luc Aquatics			5:10.42	408			
	50m:	34.41	34.41	150m:	1:53.50	40.12	250m:	3:13.22	39.72	350m:	4:32.52	39.15
	100m:	1:13.38	38.97	200m:	2:33.50	40.00	300m:	3:53.37	40.15	400m:	5:10.42	37.90
24.	CHEN, Skye			12	Natation Gatineau			5:12.21	401			
	50m:	35.41	35.41	150m:	1:55.14		250m:	3:14.33		350m:		
	100m:			200m:			300m:			400m:	5:12.21	
25.	CHUNG, Emma			13	C.N. Dollard-des-Ormeaux			5:12.40	400			
	50m:			150m:	1:53.52	40.02	250m:	3:12.92	39.79	350m:	4:33.14	39.97
	100m:	1:13.50		200m:	2:33.13	39.61	300m:	3:53.17	40.25	400m:	5:12.40	39.26

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Rang					Age					Temps	Pts	
26.	CONSTANTIN, Maélie				12	Club aquatique St-Eustache				5:13.36	396	
	50m:	35.15	35.15	150m:	1:53.19	39.69	250m:	3:13.85	40.60	350m:	4:34.57	40.11
	100m:	1:13.50	38.35	200m:	2:33.25	40.06	300m:	3:54.46	40.61	400m:	5:13.36	38.79
27.	SOZIO, Gabrielle				13	LMRL Rivière-du-Loup				5:13.74	395	
	50m:	34.48	34.48	150m:	1:53.30	40.00	250m:	3:14.01	40.11	350m:	4:34.66	40.85
	100m:	1:13.30	38.82	200m:	2:33.90	40.60	300m:	3:53.81	39.80	400m:	5:13.74	39.08
28.	COLLARD, Aurélie				12	Club De Natation Sherbrooke				5:14.16	393	
	50m:	33.56	33.56	150m:	1:51.21	40.35	250m:	3:13.19	41.49	350m:	4:34.77	40.58
	100m:	1:10.86	37.30	200m:	2:31.70	40.49	300m:	3:54.19	41.00	400m:	5:14.16	39.39
29.	BÉLANGER, Laurence				13	Club Aquatique Charlesbourg				5:14.37	392	
	50m:	34.67	34.67	150m:	1:53.47	39.55	250m:	3:13.76	40.34	350m:	4:33.90	40.23
	100m:	1:13.92	39.25	200m:	2:33.42	39.95	300m:	3:53.67	39.91	400m:	5:14.37	40.47
30.	BROUSSEAU, Emy				12	LMRL Rivière-du-Loup				5:14.61	391	
	50m:	35.33	35.33	150m:	1:53.58	39.56	250m:	3:14.61	40.58	350m:	4:34.56	40.56
	100m:	1:14.02	38.69	200m:	2:34.03	40.45	300m:	3:54.00	39.39	400m:	5:14.61	40.05
31.	PATRUTIU, Anna				10	Natation Gatineau				5:14.92	390	
	50m:	34.05	34.05	150m:			250m:	3:13.97	40.88	350m:	4:35.82	22.13
	100m:	1:52.56	1:18.51	200m:	2:33.09		300m:	4:13.69	59.72	400m:	5:14.92	39.10
32.	WYSE, Maya				13	Cote Saint-Luc Aquatics				5:15.16	389	
	50m:	35.03	35.03	150m:	1:54.17	40.14	250m:	3:15.00	40.18	350m:	4:36.53	41.12
	100m:	1:14.03	39.00	200m:	2:34.82	40.65	300m:	3:55.41	40.41	400m:	5:15.16	38.63
33.	SILES, Elena				12	C.N. Dollard-des-Ormeaux				5:15.17	389	
	50m:	36.29	36.29	150m:	1:55.33	39.90	250m:	3:14.69	39.56	350m:	4:35.89	40.74
	100m:	1:15.43	39.14	200m:	2:35.13	39.80	300m:	3:55.15	40.46	400m:	5:15.17	39.28
34.	BOUHAREVICH, Olivia				13	C.N. Dollard-des-Ormeaux				5:15.33	389	
	50m:	32.53	32.53	150m:	1:46.85	37.60	250m:	3:06.81	40.64	350m:	4:33.58	43.58
	100m:	1:09.25	36.72	200m:	2:26.17	39.32	300m:	3:50.00	43.19	400m:	5:15.33	41.75
35.	ESPOSITO, Sophie				13	C.N. Dollard-des-Ormeaux				5:16.00	386	
	50m:	35.11	35.11	150m:			250m:			350m:	4:35.98	40.49
	100m:	1:13.74	38.63	200m:	2:34.07		300m:	3:55.49		400m:	5:16.00	40.02
36.	ILLOUZ, Justine				11	Dorval Swim Club				5:17.78	380	
	50m:	36.67	36.67	150m:	1:57.09		250m:	3:19.32	41.37	350m:	4:39.08	39.92
	100m:			200m:	2:37.95	40.86	300m:	3:59.16	39.84	400m:	5:17.78	38.70
37.	TUFF, Adara				13	Beaconsfield Bluefins				5:18.19	378	
	50m:	35.56	35.56	150m:	1:55.01	40.44	250m:	3:17.25	41.30	350m:	4:38.42	
	100m:	1:14.57	39.01	200m:	2:35.95	40.94	300m:			400m:	5:18.19	39.77
38.	SINGH, Amodee				13	Cote Saint-Luc Aquatics				5:19.23	375	
	50m:	35.90	35.90	150m:	1:56.44	40.86	250m:	3:17.86	40.42	350m:	4:38.80	40.37
	100m:	1:15.58	39.68	200m:	2:37.44	41.00	300m:	3:58.43	40.57	400m:	5:19.23	40.43
39.	SPINA, Isabella				11	Club de natation Saint-Laurent				5:19.57	374	
	50m:	36.12	36.12	150m:	1:55.92	40.20	250m:	3:17.67	41.13	350m:	4:40.34	41.27
	100m:	1:15.72	39.60	200m:	2:36.54	40.62	300m:	3:59.07	41.40	400m:	5:19.57	39.23

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Rang				Age				Temps	Pts
40.	MCKENNA, Margot			13	Dorval Swim Club			5:21.29	368
	50m:	36.47	36.47	150m:	1:57.02	40.23	250m:	3:19.27	41.53
	100m:	1:16.79	40.32	200m:	2:37.74	40.72	300m:	4:00.18	40.91
							350m:	4:40.73	40.55
							400m:	5:21.29	40.56
41.	EID, Nadine			13	C.N. Dollard-des-Ormeaux			5:21.33	367
	50m:	36.13	36.13	150m:	1:56.80	40.97	250m:	3:19.98	42.75
	100m:	1:15.83	39.70	200m:	2:37.23	40.43	300m:	4:01.26	41.28
							350m:	4:41.78	40.52
							400m:	5:21.33	39.55
42.	LEO, Ava			12	Dorval Swim Club			5:23.46	360
	50m:	36.39	36.39	150m:	1:58.24	40.99	250m:		350m:
	100m:	1:17.25	40.86	200m:	2:39.87	41.63	300m:	4:02.20	41.33
							350m:	4:43.53	41.33
							400m:	5:23.46	39.93
43.	KRASNY, Olivia			13	C.N. Dollard-des-Ormeaux			5:24.52	357
	50m:	36.74	36.74	150m:	1:59.35	41.79	250m:	3:24.56	43.11
	100m:	1:17.56	40.82	200m:	2:41.45	42.10	300m:	4:07.20	42.64
							350m:	4:48.20	41.00
							400m:	5:24.52	36.32
44.	BERGERON, Clara			13	Cote Saint-Luc Aquatics			5:25.90	352
	50m:	36.20	36.20	150m:	1:59.04	42.10	250m:	3:22.01	41.46
	100m:	1:16.94	40.74	200m:	2:40.55	41.51	300m:	4:03.95	41.94
							350m:	4:46.07	42.12
							400m:	5:25.90	39.83
45.	LATULIPPE, Mahée			12	Rouge et Or/Université Laval			5:26.73	349
	50m:	36.48	36.48	150m:	1:58.74	41.44	250m:	3:22.06	41.77
	100m:	1:17.30	40.82	200m:	2:40.29	41.55	300m:	4:03.45	41.39
							350m:	4:46.04	42.59
							400m:	5:26.73	40.69
46.	PARENT, Isabelle			11	Club Aquatique Charlesbourg			5:26.98	349
	50m:	36.08	36.08	150m:			250m:	3:19.54	42.42
	100m:			200m:	2:37.12		300m:		
							350m:		
							400m:	5:26.98	
47.	GHRIB, Kayla Maysun			13	Club de natation Saint-Laurent			5:27.84	346
	50m:	36.36	36.36	150m:	1:58.02	41.64	250m:	3:22.32	42.44
	100m:	1:16.38	40.02	200m:	2:39.88	41.86	300m:	4:05.11	42.79
							350m:	4:47.16	42.05
							400m:	5:27.84	40.68
48.	BERTRAND-BOUGIE, June			13	Beaconsfield Bluefins			5:31.07	336
	50m:	37.24	37.24	150m:	2:01.55	42.85	250m:	3:26.17	42.06
	100m:	1:18.70	41.46	200m:	2:44.11	42.56	300m:	4:08.33	42.16
							350m:	4:50.17	41.84
							400m:	5:31.07	40.90
49.	CAMPEANU, Carina			13	Cote Saint-Luc Aquatics			5:31.51	335
	50m:	36.07	36.07	150m:	1:59.59	42.58	250m:	3:25.25	42.32
	100m:	1:17.01	40.94	200m:	2:42.93	43.34	300m:	4:08.02	42.77
							350m:	4:50.32	42.30
							400m:	5:31.51	41.19
50.	ONORATI, Isabella			13	C.N. Dollard-des-Ormeaux			5:32.87	330
	50m:	36.96	36.96	150m:	2:00.68	43.10	250m:	3:25.27	42.69
	100m:	1:17.58	40.62	200m:	2:42.58	41.90	300m:	4:06.99	41.72
							350m:	4:49.74	42.75
							400m:	5:32.87	43.13
51.	MATTEAU, Florence			12	Côte-des-Neiges Notre-Dame-de-			5:33.02	330
	50m:	36.23	36.23	150m:	2:00.48	42.94	250m:	3:26.25	42.93
	100m:	1:17.54	41.31	200m:	2:43.32	42.84	300m:	4:09.40	43.15
							350m:	4:52.40	43.00
							400m:	5:33.02	40.62
52.	BOURNE, Gabrielle			10	Côte-des-Neiges Notre-Dame-de-			5:33.10	330
	50m:			150m:	2:03.69		250m:	3:29.82	42.98
	100m:			200m:	2:46.84	43.15	300m:	4:13.02	43.20
							350m:		
							400m:	5:33.10	
53.	POIRIER, Lea			11	LMRL Rivière-du-Loup			5:33.80	328
	50m:	36.46	36.46	150m:	2:00.64	42.82	250m:	3:26.34	42.69
	100m:	1:17.82	41.36	200m:	2:43.65	43.01	300m:	4:09.49	43.15
							350m:	4:53.12	43.63
							400m:	5:33.80	40.68

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Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang				Age				Temps	Pts
54.	CHABOT, Estelle			12	Club Aquatique Charlesbourg			5:33.96	327
	50m:	38.30	38.30	150m:	2:04.83	44.09	250m:	3:30.58	42.00
	100m:	1:20.74	42.44	200m:	2:48.58	43.75	300m:	4:13.59	43.01
							350m:	4:54.34	40.75
							400m:	5:33.96	39.62
55.	FLYNN ZAMPRELLI, Estelle			11	Côte-des-Neiges Notre-Dame-de-			5:34.22	326
	50m:	37.40	37.40	150m:	2:02.14	43.02	250m:	3:28.98	43.90
	100m:	1:19.12	41.72	200m:	2:45.08	42.94	300m:	4:12.48	43.50
							350m:	4:54.57	42.09
							400m:	5:34.22	39.65
56.	LANOUILLE, Alice			13	Rouge et Or/Université Laval			5:35.00	324
	50m:	37.42	37.42	150m:	2:01.68	42.57	250m:	3:27.94	43.27
	100m:	1:19.11	41.69	200m:	2:44.67	42.99	300m:	4:11.40	43.46
							350m:	4:54.57	43.17
							400m:	5:35.00	40.43
57.	WYSE, Olivia			11	Cote Saint-Luc Aquatics			5:35.64	322
	50m:	37.06	37.06	150m:	2:02.32	43.30	250m:	3:27.61	41.89
	100m:	1:19.02	41.96	200m:	2:45.72	43.40	300m:	4:10.75	43.14
							350m:	4:53.71	42.96
							400m:	5:35.64	41.93
58.	BOUDREAU, Mila			12	Beaconsfield Bluefins			5:35.95	321
	50m:	37.75	37.75	150m:	2:02.46	42.99	250m:	3:28.76	
	100m:	1:19.47	41.72	200m:			300m:	4:11.74	42.98
							350m:	4:54.79	43.05
							400m:	5:35.95	41.16
59.	READY, Laurence			13	C.N. Dollard-des-Ormeaux			5:36.10	321
	50m:	38.99	38.99	150m:	2:04.82	42.88	250m:	4:13.48	1:25.97
	100m:	1:21.94	42.95	200m:	2:47.51	42.69	300m:		
							350m:	4:56.00	
							400m:	5:36.10	40.10
60.	BOMBARDIER, Simone			12	Club De Natation Sherbrooke			5:36.38	320
	50m:	38.56	38.56	150m:	2:04.63	43.11	250m:	3:32.50	43.66
	100m:	1:21.52	42.96	200m:	2:48.84	44.21	300m:	4:15.57	43.07
							350m:	4:57.45	41.88
							400m:	5:36.38	38.93
61.	PERKINS, Emma			11	C.N. Dollard-des-Ormeaux			5:38.58	314
	50m:	38.94	38.94	150m:			250m:	3:32.22	42.58
	100m:			200m:	2:49.64		300m:		
							350m:	5:01.20	
							400m:	5:38.58	37.38
62.	CABINTA, Amelia Frances			11	Côte-des-Neiges Notre-Dame-de-			5:41.48	306
	50m:	37.12	37.12	150m:	2:02.72	43.80	250m:	3:31.27	
	100m:	1:18.92	41.80	200m:			300m:	4:14.70	43.43
							350m:	4:59.11	44.41
							400m:	5:41.48	42.37
63.	LAWTON, Michelle			11	Beaconsfield Bluefins			5:43.38	301
	50m:	37.38	37.38	150m:	2:03.09		250m:	3:31.78	43.70
	100m:			200m:	2:48.08	44.99	300m:	4:15.69	43.91
							350m:	5:00.12	44.43
							400m:	5:43.38	43.26
64.	BEN-ELI, Lielle			12	Cote Saint-Luc Aquatics			5:44.61	298
	50m:	36.39	36.39	150m:	2:01.87	42.73	250m:	3:30.95	45.29
	100m:	1:19.14	42.75	200m:	2:45.66	43.79	300m:	4:15.74	44.79
							350m:		
							400m:	5:44.61	
	BROCHU, Tessa			13	Natation Gatineau			5:44.61	298
	50m:	39.66	39.66	150m:	2:07.68	44.48	250m:	3:35.05	43.60
	100m:	1:23.20	43.54	200m:	2:51.45	43.77	300m:	4:19.02	43.97
							350m:	5:02.73	43.71
							400m:	5:44.61	41.88
66.	SOUEIDAN, Katryna			11	Club de natation Saint-Laurent			5:44.86	297
	50m:	41.49	41.49	150m:	2:10.87	44.55	250m:	3:38.49	42.69
	100m:	1:26.32	44.83	200m:	2:55.80	44.93	300m:	4:22.61	44.12
							350m:	5:05.45	42.84
							400m:	5:44.86	39.41
67.	GOULET, Ophélie			11	Elite			5:50.04	284
	50m:	38.51	38.51	150m:	2:05.95	44.78	250m:	3:38.29	45.57
	100m:	1:21.17	42.66	200m:	2:52.72	46.77	300m:	4:23.45	45.16
							350m:	5:07.72	44.27
							400m:	5:50.04	42.32

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts
68.	SILES, Sofia				11	C.N. Dollard-des-Ormeaux				5:50.80	282
	50m:	38.85	38.85	150m:	2:54.93	46.01	250m:	350m:	350m:		
	100m:	2:08.92	1:30.07	200m:	3:40.74	45.81	300m:	400m:	400m:	5:50.80	
69.	BLAIS, Abygaile				12	Natation Gatineau				5:53.74	275
	50m:	39.11	39.11	150m:	2:10.11	46.84	250m:	350m:	350m:	4:25.83	
	100m:	1:23.27	44.16	200m:	2:55.09	44.98	300m:	400m:	400m:	5:53.74	1:27.91
70.	BEN SASSI, Selma				12	Nsh				5:58.88	264
	50m:	37.93	37.93	150m:		250m:	350m:	350m:			
	100m:	1:20.95	43.02	200m:		300m:	400m:	400m:	5:58.88		
71.	MACK, Greta				12	Côte-des-Neiges Notre-Dame-de-				6:00.56	260
	50m:	40.98	40.98	150m:	3:02.13		250m:	350m:	350m:		
	100m:			200m:			300m:	400m:	400m:	6:00.56	
72.	ZEMOURI, Luna				11	Côte-des-Neiges Notre-Dame-de-				6:03.82	253
	50m:	38.69	38.69	150m:	2:08.82	46.56	250m:	350m:	350m:	5:18.36	47.94
	100m:	1:22.26	43.57	200m:	2:56.12	47.30	300m:	400m:	400m:	6:03.82	45.46
73.	BOCZKOWSKI, Chloé				12	Côte-des-Neiges Notre-Dame-de-				6:05.78	249
	50m:	40.39	40.39	150m:	2:13.48	46.08	250m:	350m:	350m:	5:21.48	47.88
	100m:	1:27.40	47.01	200m:	3:00.96	47.48	300m:	400m:	400m:	6:05.78	44.30
74.	LISZKOWSKI, Lena				10	Côte-des-Neiges Notre-Dame-de-				6:18.39	225
	50m:	41.60	41.60	150m:	2:17.55	49.41	250m:	350m:	350m:	5:34.08	48.28
	100m:	1:28.14	46.54	200m:	3:07.19	49.64	300m:	400m:	400m:	6:18.39	44.31

14 - 15 ans

1.	MAXIMENCO, Sophia				14	C.N. Dollard-des-Ormeaux				4:30.01	620
	Qc A										
	50m:	30.78	30.78	150m:	1:38.66	34.24	250m:	350m:	350m:	3:55.59	34.58
	100m:	1:04.42	33.64	200m:	2:12.52	33.86	300m:	400m:	400m:	4:30.01	34.42
2.	FORTIER, Charlie-Rose				14	Club De Natation Sherbrooke				4:30.70	615
	Qc A										
	50m:	29.86	29.86	150m:	1:37.37	33.99	250m:	350m:	350m:	3:56.21	35.31
	100m:	1:03.38	33.52	200m:	2:11.44	34.07	300m:	400m:	400m:	4:30.70	34.49
3.	BROCHU, Aleni				14	Natation Gatineau				4:31.51	609
	Qc A										
	50m:	31.01	31.01	150m:	1:39.73	34.60	250m:	350m:	350m:	3:57.64	34.37
	100m:	1:05.13	34.12	200m:	2:14.53	34.80	300m:	400m:	400m:	4:31.51	33.87
4.	BLUMEL, Margaret				15	Club de natation Saint-Laurent				4:38.15	567
	50m:	30.98	30.98	150m:	1:40.23	35.11	250m:	350m:	350m:	4:02.74	36.04
	100m:	1:05.12	34.14	200m:	2:15.63	35.40	300m:	400m:	400m:	4:38.15	35.41
5.	MARCOUX, Livia				15	Natation Gatineau				4:38.28	566
	50m:	31.45	31.45	150m:	1:42.60	35.98	250m:	350m:	350m:	4:04.41	34.97
	100m:	1:06.62	35.17	200m:	2:19.00	36.40	300m:	400m:	400m:	4:38.28	33.87

Coupe Espoir #1 groupe B
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Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang				Age						Temps	Pts
6.	BRAUN, Kate			15	Cote Saint-Luc Aquatics					4:39.52	558
	50m:	31.01	31.01	150m:	1:41.10	35.53	250m:	2:52.39	36.07	350m:	
	100m:	1:05.57	34.56	200m:	2:16.32	35.22	300m:			400m:	4:39.52
7.	PARADIS, Jolianne			14	Natation Gatineau					4:42.79	539
	50m:			150m:	1:44.26	36.90	250m:	2:57.09	36.50	350m:	4:08.24
	100m:	1:07.36		200m:	2:20.59	36.33	300m:	3:32.82	35.73	400m:	4:42.79
8.	OUELLET, Laurence			14	Nsh					4:43.21	537
	50m:	32.32	32.32	150m:			250m:	2:56.18	36.16	350m:	
	100m:	1:07.78	35.46	200m:	2:20.02		300m:	3:32.65	36.47	400m:	4:43.21
9.	ST-AMOUR, Laurence			14	Elite					4:44.31	531
	50m:	31.54	31.54	150m:			250m:			350m:	4:08.77
	100m:	1:06.42	34.88	200m:			300m:			400m:	4:44.31
10.	FORTIN, Flavie			14	Rouge et Or/Université Laval					4:44.67	529
	50m:	32.40	32.40	150m:	1:44.52	36.40	250m:	2:57.61	36.44	350m:	4:10.20
	100m:	1:08.12	35.72	200m:	2:21.17	36.65	300m:	3:34.09	36.48	400m:	4:44.67
11.	HO, Kum Yiu Hebe			15	Côte-des-Neiges Notre-Dame-de-					4:46.90	516
	50m:	30.98	30.98	150m:	1:42.47	36.29	250m:	2:55.49	36.63	350m:	4:10.50
	100m:	1:06.18	35.20	200m:	2:18.86	36.39	300m:	3:32.93	37.44	400m:	4:46.90
12.	DION, Chloe			15	C.N. Dollard-des-Ormeaux					4:48.49	508
	50m:	33.58	33.58	150m:	1:45.36	36.31	250m:	2:58.13	36.39	350m:	4:12.02
	100m:	1:09.05	35.47	200m:	2:21.74	36.38	300m:	3:34.92	36.79	400m:	4:48.49
13.	BOMBARDIER, Cecile			15	Club De Natation Sherbrooke					4:49.71	502
	50m:	32.66	32.66	150m:	1:46.32	36.95	250m:	3:00.15	36.96	350m:	4:13.96
	100m:	1:09.37	36.71	200m:	2:23.19	36.87	300m:	3:37.03	36.88	400m:	4:49.71
14.	TREMBLAY, Béatrice			15	Club de natation Mégophias					4:51.94	490
	50m:	32.85	32.85	150m:	1:46.57	37.10	250m:	3:01.09	37.31	350m:	4:15.53
	100m:	1:09.47	36.62	200m:	2:23.78	37.21	300m:	3:38.41	37.32	400m:	4:51.94
15.	CÔTÉ, Emma			14	Club Aquatique Charlesbourg					4:52.39	488
	50m:	32.54	32.54	150m:	1:46.61	37.67	250m:	3:01.87	37.66	350m:	
	100m:	1:08.94	36.40	200m:	2:24.21	37.60	300m:			400m:	4:52.39
16.	DINU, Maria Ioana			15	Elite					4:54.24	479
	50m:	32.94	32.94	150m:	1:46.66	37.60	250m:	3:00.95	37.14	350m:	4:17.42
	100m:	1:09.06	36.12	200m:	2:23.81	37.15	300m:	3:39.03	38.08	400m:	4:54.24
17.	LEHAD, Milissa			14	Mtl Nord Natation					4:55.11	474
	50m:	32.76	32.76	150m:	1:45.50	36.59	250m:	3:00.61	37.78	350m:	4:18.15
	100m:	1:08.91	36.15	200m:	2:22.83	37.33	300m:	3:39.09	38.48	400m:	4:55.11
18.	SAVARD-FORGET, Rose			14	Nsh					4:55.74	471
	50m:	34.41	34.41	150m:	1:48.16	37.03	250m:	3:03.72	37.87	350m:	4:19.35
	100m:	1:11.13	36.72	200m:	2:25.85	37.69	300m:	3:41.90	38.18	400m:	4:55.74
19.	GAGNON, Chloé			14	Rouge et Or/Université Laval					4:55.78	471
	50m:	33.56	33.56	150m:	1:48.78	37.88	250m:	3:04.25	37.60	350m:	4:19.36
	100m:	1:10.90	37.34	200m:	2:26.65	37.87	300m:	3:41.87	37.62	400m:	4:55.78

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang					Age					Temps	Pts	
20.	LAPERRIÈRE, Flavie				15	Club de natation Mégophias				4:56.04	470	
	50m:	33.47	33.47	150m:	1:47.33	37.29	250m:	3:03.06	37.82	350m:	4:19.74	38.20
	100m:	1:10.04	36.57	200m:	2:25.24	37.91	300m:	3:41.54	38.48	400m:	4:56.04	36.30
21.	MARMOUZ, Siane				14	Dorval Swim Club				4:56.35	469	
	50m:	33.57	33.57	150m:	1:47.08	36.77	250m:	3:01.20	37.18	350m:	4:14.24	35.98
	100m:	1:10.31	36.74	200m:	2:24.02	36.94	300m:	3:38.26	37.06	400m:	4:56.35	42.11
22.	MICHAUD, Aurelie				14	LMRL Rivière-du-Loup				4:56.97	466	
	50m:	34.91	34.91	150m:	1:50.90	38.35	250m:	3:06.94	37.91	350m:	4:21.34	37.11
	100m:	1:12.55	37.64	200m:	2:29.03	38.13	300m:	3:44.23	37.29	400m:	4:56.97	35.63
23.	CONVIÉ, Lucy				15	Cote Saint-Luc Aquatics				4:57.19	465	
	50m:	32.91	32.91	150m:	1:46.80	37.22	250m:	3:01.68	37.53	350m:	4:17.86	38.03
	100m:	1:09.58	36.67	200m:	2:24.15	37.35	300m:	3:39.83	38.15	400m:	4:57.19	39.33
24.	LEMIRE, Zoé				14	Club de natation Mégophias				4:57.92	461	
	50m:	34.07	34.07	150m:	1:50.61	38.62	250m:	3:06.67	37.49	350m:	4:22.49	37.80
	100m:	1:11.99	37.92	200m:	2:29.18	38.57	300m:	3:44.69	38.02	400m:	4:57.92	35.43
25.	BELLE-ISLE, Emilie				15	Club Aquatique Charlesbourg				4:58.82	457	
	50m:	32.95	32.95	150m:	1:46.80	37.48	250m:	3:02.76	38.11	350m:	4:19.91	38.47
	100m:	1:09.32	36.37	200m:	2:24.65	37.85	300m:	3:41.44	38.68	400m:	4:58.82	38.91
26.	DESCENT, Audrey				14	Beaconsfield Bluefins				4:59.45	454	
	50m:	33.43	33.43	150m:	1:48.26	38.17	250m:	3:05.12	38.57	350m:	4:22.67	38.82
	100m:	1:10.09	36.66	200m:	2:26.55	38.29	300m:	3:43.85	38.73	400m:	4:59.45	36.78
27.	CHUPRUN, Annika				15	C.N. Dollard-des-Ormeaux				4:59.46	454	
	50m:	32.99	32.99	150m:	1:46.66	37.38	250m:			350m:	4:21.09	38.63
	100m:	1:09.28	36.29	200m:	2:24.54	37.88	300m:	3:42.46		400m:	4:59.46	38.37
28.	CHEVALIER, Eva				15	Club Aquatique Charlesbourg				5:02.65	440	
	50m:			150m:	1:49.98	37.88	250m:	3:06.07	37.96	350m:	4:24.77	39.21
	100m:	1:12.10		200m:	2:28.11	38.13	300m:	3:45.56	39.49	400m:	5:02.65	37.88
29.	FORTIN, Charlie				14	Club Aquatique Charlesbourg				5:04.04	434	
	50m:	34.02	34.02	150m:	1:50.25	38.25	250m:	3:08.62	39.37	350m:	4:26.28	38.22
	100m:	1:12.00	37.98	200m:	2:29.25	39.00	300m:	3:48.06	39.44	400m:	5:04.04	37.76
30.	PATEL, Anvita				15	C.N. Dollard-des-Ormeaux				5:05.59	427	
	50m:	34.20	34.20	150m:	1:51.78	39.39	250m:	3:09.83	38.70	350m:	4:27.25	38.72
	100m:	1:12.39	38.19	200m:	2:31.13	39.35	300m:	3:48.53	38.70	400m:	5:05.59	38.34
31.	TANNY, Leora				14	Cote Saint-Luc Aquatics				5:06.66	423	
	50m:	33.36	33.36	150m:	1:48.38	37.91	250m:	3:05.87	38.66	350m:	4:27.04	41.28
	100m:	1:10.47	37.11	200m:	2:27.21	38.83	300m:	3:45.76	39.89	400m:	5:06.66	39.62
32.	MOSHUTZ, Laura				14	Club de natation Saint-Laurent				5:07.15	421	
	50m:	34.41	34.41	150m:	1:52.34	39.21	250m:	3:10.03	38.87	350m:	4:29.37	39.39
	100m:	1:13.13	38.72	200m:	2:31.16	38.82	300m:	3:49.98	39.95	400m:	5:07.15	37.78
33.	SAYEGH, Jasmine				15	Rouge et Or/Université Laval				5:07.51	419	
	50m:	34.83	34.83	150m:	1:51.08	38.65	250m:			350m:		
	100m:	1:12.43	37.60	200m:	2:30.54	39.46	300m:			400m:	5:07.51	

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang					Age					Temps	Pts	
34.	PÉLISSIER, Anna Simone				15	Club Aquatique Charlesbourg				5:07.69	419	
	50m:	34.82	34.82	150m:	1:50.87	38.52	250m:	3:08.72	39.18	350m:	4:28.03	39.69
	100m:	1:12.35	37.53	200m:	2:29.54	38.67	300m:	3:48.34	39.62	400m:	5:07.69	39.66
35.	ROMDHANE, Yasmine				15	Nsh				5:09.34	412	
	50m:	34.44	34.44	150m:	1:50.45	38.18	250m:	3:08.75	39.46	350m:	4:29.14	40.28
	100m:	1:12.27	37.83	200m:	2:29.29	38.84	300m:	3:48.86	40.11	400m:	5:09.34	40.20
36.	COROVINA, Elizaveta				14	Cote Saint-Luc Aquatics				5:09.36	412	
	50m:	34.69	34.69	150m:	1:52.42	39.33	250m:	3:13.12	40.40	350m:	4:31.44	38.25
	100m:	1:13.09	38.40	200m:	2:32.72	40.30	300m:	3:53.19	40.07	400m:	5:09.36	37.92
37.	DESCENT, Daphné				15	Beaconsfield Bluefins				5:09.66	411	
	50m:	33.09	33.09	150m:	1:48.18	38.46	250m:	3:08.75	40.38	350m:	4:30.04	40.90
	100m:	1:09.72	36.63	200m:	2:28.37	40.19	300m:	3:49.14	40.39	400m:	5:09.66	39.62
38.	LEMARIE-MORRIS, Celia				15	C.N. Dollard-des-Ormeaux				5:11.97	402	
	50m:			150m:	2:34.64		250m:			350m:		
	100m:			200m:			300m:			400m:	5:11.97	
39.	SVIATNENKO, Ivanna				15	Cote Saint-Luc Aquatics				5:13.62	395	
	50m:	33.43	33.43	150m:	1:51.69	40.04	250m:	3:13.67	40.75	350m:	4:34.75	40.63
	100m:	1:11.65	38.22	200m:	2:32.92	41.23	300m:	3:54.12	40.45	400m:	5:13.62	38.87
40.	HO, Chloe				14	Côte-des-Neiges Notre-Dame-de-				5:14.89	390	
	50m:	34.72	34.72	150m:	1:53.53	40.11	250m:	3:14.51	40.92	350m:	4:36.05	41.20
	100m:	1:13.42	38.70	200m:	2:33.59	40.06	300m:	3:54.85	40.34	400m:	5:14.89	38.84
41.	AVILA, Philippa				14	Dorval Swim Club				5:15.68	388	
	50m:	35.80	35.80	150m:	1:56.02	40.34	250m:	3:15.24	39.31	350m:	4:36.33	40.56
	100m:	1:15.68	39.88	200m:	2:35.93	39.91	300m:	3:55.77	40.53	400m:	5:15.68	39.35
42.	KOTB, Salma				14	C.N. Dollard-des-Ormeaux				5:17.25	382	
	50m:	36.82	36.82	150m:	1:56.89	40.47	250m:	3:18.14	40.98	350m:	4:38.11	39.51
	100m:	1:16.42	39.60	200m:	2:37.16	40.27	300m:	3:58.60	40.46	400m:	5:17.25	39.14
43.	LEVESQUE, Florence				14	Rouge et Or/Université Laval				5:17.51	381	
	50m:	35.84	35.84	150m:	1:57.71		250m:	3:18.96	40.08	350m:	4:38.43	40.22
	100m:			200m:	2:38.88	41.17	300m:	3:58.21	39.25	400m:	5:17.51	39.08
44.	FOISY, Élisabeth				14	Rouge et Or/Université Laval				5:18.05	379	
	50m:	36.68	36.68	150m:	1:57.57	40.72	250m:	3:18.91	40.86	350m:	4:39.22	39.90
	100m:	1:16.85	40.17	200m:	2:38.05	40.48	300m:	3:59.32	40.41	400m:	5:18.05	38.83
45.	TASSE, Megan				14	Cote Saint-Luc Aquatics				5:23.90	359	
	50m:	36.40	36.40	150m:	1:58.67	41.11	250m:	3:21.12	41.09	350m:	4:42.86	39.82
	100m:	1:17.56	41.16	200m:	2:40.03	41.36	300m:	4:03.04	41.92	400m:	5:23.90	41.04
46.	PELLETIER_S10SB9SM10, Floren				14	Club De Natation Sherbrooke				5:24.29	357	
	50m:	35.82	35.82	150m:	2:36.99	1:21.75	250m:	3:59.83	41.65	350m:		
	100m:	1:15.24	39.42	200m:	3:18.18	41.19	300m:	4:42.04	42.21	400m:	5:24.29	
47.	MONETTE, Magalie				14	C.N. Dollard-des-Ormeaux				5:25.27	354	
	50m:	34.89	34.89	150m:	1:54.46	40.66	250m:	3:17.89	41.91	350m:	4:43.93	43.27
	100m:	1:13.80	38.91	200m:	2:35.98	41.52	300m:	4:00.66	42.77	400m:	5:25.27	41.34

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang	Name				Age	Club	Temps				Pts	
48.	BOUCHARD, Sarah				14	Rouge et Or/Université Laval	5:26.23				351	
	50m:	36.79	36.79	150m:	1:56.87	40.46	250m:	3:19.90	41.68	350m:	4:44.09	42.04
	100m:	1:16.41	39.62	200m:	2:38.22	41.35	300m:	4:02.05	42.15	400m:	5:26.23	42.14
49.	LAFOREST, Jeanne				15	LMRL Rivière-du-Loup	5:27.02				349	
	50m:	36.99	36.99	150m:	1:58.55	41.75	250m:	3:21.21	41.37	350m:	4:46.37	42.85
	100m:	1:16.80	39.81	200m:	2:39.84	41.29	300m:	4:03.52	42.31	400m:	5:27.02	40.65
50.	TREMBLAY, Maëlys				15	Club Aquatique Charlesbourg	5:31.57				334	
	50m:	38.00	38.00	150m:	2:01.78	42.30	250m:	3:25.52	41.81	350m:	4:50.32	42.98
	100m:	1:19.48	41.48	200m:	2:43.71	41.93	300m:	4:07.34	41.82	400m:	5:31.57	41.25
51.	LABBÉ, Camille				15	Nsh	5:32.19				332	
	50m:	36.90	36.90	150m:	2:00.00	42.59	250m:	3:24.98	42.38	350m:	4:50.12	42.18
	100m:	1:17.41	40.51	200m:	2:42.60	42.60	300m:	4:07.94	42.96	400m:	5:32.19	42.07
52.	GROLEAU, Olivia				15	Rouge et Or/Université Laval	5:33.48				329	
	50m:	37.33	37.33	150m:	2:01.11	42.22	250m:	3:25.20	41.93	350m:	4:50.92	42.84
	100m:	1:18.89	41.56	200m:	2:43.27	42.16	300m:	4:08.08	42.88	400m:	5:33.48	42.56
53.	GOUDREAU, Marianne				15	Club Aquatique Charlesbourg	5:36.19				321	
	50m:	35.39	35.39	150m:	1:57.46	42.38	250m:	3:24.91	43.80	350m:	4:53.61	44.40
	100m:	1:15.08	39.69	200m:	2:41.11	43.65	300m:	4:09.21	44.30	400m:	5:36.19	42.58

16 - 17 ans

1.	ST-LAURENT, Charlie				16	Elite	4:36.21				579	
	50m:	31.53	31.53	150m:	1:42.06	35.60	250m:	2:52.80		350m:	4:02.74	34.92
	100m:	1:06.46	34.93	200m:			300m:	3:27.82	35.02	400m:	4:36.21	33.47
2.	FELX, Lily Qc B				17	Elite	4:38.97				562	
	50m:	31.66	31.66	150m:			250m:	2:52.72	35.16	350m:		
	100m:	1:07.04	35.38	200m:	2:17.56		300m:			400m:	4:38.97	
3.	LABERGE, Élise				16	Rouge et Or/Université Laval	4:41.54				546	
	50m:	31.43	31.43	150m:	1:42.15	35.96	250m:	2:53.95	35.79	350m:	4:06.27	36.32
	100m:	1:06.19	34.76	200m:	2:18.16	36.01	300m:	3:29.95	36.00	400m:	4:41.54	35.27
4.	MICHAUD, Roxane				16	LMRL Rivière-du-Loup	4:45.96				522	
	50m:	32.24	32.24	150m:			250m:			350m:	4:09.66	
	100m:	1:07.34	35.10	200m:			300m:			400m:	4:45.96	36.30
5.	TRUDEL, Marjorie Qc B				17	Elite	4:48.95				505	
	50m:	32.14	32.14	150m:	1:43.90	36.27	250m:	2:57.72	37.16	350m:	4:12.23	37.33
	100m:	1:07.63	35.49	200m:	2:20.56	36.66	300m:	3:34.90	37.18	400m:	4:48.95	36.72
6.	GIBEROVITCH, Ella				16	Cote Saint-Luc Aquatics	4:50.53				497	
	50m:	32.18	32.18	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:50.53	
7.	COMAND, Christina				16	C.N. Dollard-des-Ormeaux	4:50.82				496	
	50m:	33.29	33.29	150m:	1:46.14	36.70	250m:	3:00.52	37.19	350m:	4:14.88	37.04
	100m:	1:09.44	36.15	200m:	2:23.33	37.19	300m:	3:37.84	37.32	400m:	4:50.82	35.94

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1, Filles, 400m Libre, 16 - 17 ans

Rang			Age			Temps	Pts			
8.	BERUBE, Marie-Maude		17	LMRL Rivière-du-Loup		4:51.75	491			
	<i>Qc B</i>									
	50m:	32.14	32.14	150m:	1:45.90	36.85	250m: 2:59.49	36.69	350m: 4:14.27	37.47
	100m:	1:09.05	36.91	200m:	2:22.80	36.90	300m: 3:36.80	37.31	400m: 4:51.75	37.48
9.	GAGNON-BOULAY, Emma		16	Rouge et Or/Université Laval		4:54.24	479			
	50m:	34.01	34.01	150m:	1:48.40	37.72	250m: 3:03.40	37.65	350m:	
	100m:	1:10.68	36.67	200m:	2:25.75	37.35	300m: 4:17.80	1:14.40	400m:	4:54.24
10.	JACOB, Fanny		16	Club de natation Mégophias		4:55.23	474			
	50m:	34.65	34.65	150m:	1:48.96		250m: 3:02.91	36.74	350m:	4:18.01
	100m:			200m:	2:26.17	37.21	300m: 3:40.06	37.15	400m:	4:55.23
11.	DROUIN, Marilou		17	Club aquatique St-Eustache		4:57.68	462			
	<i>Qc B</i>									
	50m:			150m:	1:46.34	37.60	250m:		350m:	4:20.18
	100m:	1:08.74		200m:			300m:		400m:	4:57.68
12.	BOUCHARD, Marie		16	Rouge et Or/Université Laval		4:59.09	456			
	50m:	34.04	34.04	150m:	1:48.60	37.65	250m: 3:04.88	38.34	350m:	4:21.83
	100m:	1:10.95	36.91	200m:	2:26.54	37.94	300m: 3:43.54	38.66	400m:	4:59.09
13.	BÉRUBÉ, Alizée		16	Club aquatique St-Eustache		5:01.24	446			
	50m:	33.60	33.60	150m:	1:47.81	37.41	250m: 3:04.59	38.65	350m:	4:23.12
	100m:	1:10.40	36.80	200m:	2:25.94	38.13	300m: 3:43.72	39.13	400m:	5:01.24
14.	AN, Vivian		16	Club de natation Saint-Laurent		5:01.31	446			
	50m:	33.94	33.94	150m:	1:48.62	37.78	250m: 3:05.50	38.71	350m:	4:23.76
	100m:	1:10.84	36.90	200m:	2:26.79	38.17	300m:		400m:	5:01.31
15.	VICTOR, Abigail		17	Dorval Swim Club		5:01.61	444			
	<i>Qc B</i>									
	50m:	33.33	33.33	150m:	1:48.19	37.82	250m:		350m:	4:23.66
	100m:	1:10.37	37.04	200m:	2:26.81	38.62	300m: 3:44.42		400m:	5:01.61
16.	PELLETIER, Saskia		16	Natation Gatineau		5:02.95	439			
	50m:	34.11	34.11	150m:	1:50.30	37.79	250m: 3:07.10	38.56	350m:	4:25.93
	100m:	1:12.51	38.40	200m:	2:28.54	38.24	300m: 3:46.06	38.96	400m:	5:02.95
17.	PEART, Kaya		16	Côte-des-Neiges Notre-Dame-de-		5:03.60	436			
	50m:			150m:	2:26.99	1:17.97	250m: 3:06.27		350m:	
	100m:	1:09.02		200m:			300m: 4:25.31	1:19.04	400m:	5:03.60
18.	HAMMOND, Clara		16	LMRL Rivière-du-Loup		5:05.53	427			
	50m:	35.10	35.10	150m:	1:52.84	38.97	250m: 3:10.04	38.63	350m:	4:27.84
	100m:	1:13.87	38.77	200m:	2:31.41	38.57	300m: 3:49.04	39.00	400m:	5:05.53
19.	CÔTÉ, Maxime		16	Club Aquatique Charlesbourg		5:08.80	414			
	50m:	34.12	34.12	150m:	1:51.58	39.17	250m: 3:11.12	39.85	350m:	4:30.43
	100m:	1:12.41	38.29	200m:	2:31.27	39.69	300m: 3:50.81	39.69	400m:	5:08.80
20.	TASSE, Elizabeth		16	Cote Saint-Luc Aquatics		5:08.92	414			
	50m:	34.37	34.37	150m:	1:53.01	39.62	250m: 3:13.02	40.44	350m:	4:32.96
	100m:	1:13.39	39.02	200m:	2:32.58	39.57	300m: 3:53.32	40.30	400m:	5:08.92

Coupe Espoir #1 groupe B
Gatineau, 13 - 15/2/2026

Epreuve 1, Filles, 400m Libre, 16 - 17 ans

Rang				Age						Temps	Pts	
21.	GRIFFIN, Maya			16	C.N. Dollard-des-Ormeaux					5:15.59	388	
	50m:	34.51	34.51	150m:	1:52.19	39.37	250m:	3:12.42	40.20	350m:	4:34.40	40.98
	100m:	1:12.82	38.31	200m:	2:32.22	40.03	300m:	3:53.42	41.00	400m:	5:15.59	41.19