

**gara 1**  
**09.05.2026 - 13:00**
**5000m Stile Libero**
**14 anni e più vecchi**  
**Risultati**

Limite gen. Donne: 1:10:00.00; gen. Uomini: 1:10:00.00

Pointi: AQUA 2025

Rango	An	Tempo	Pt.
<b>14 - 15 anni, Ragazze</b>			
<b>1. Sara SCARFONE</b>	<b>11</b>	<b>Mendrisiotto Nuoto</b>	<b>1:06:59.06 444</b>
100m: 1:16.75 1:16.75	1400m: 18:33.76 1:19.21	2700m: 35:58.18 1:20.89	4000m: 53:28.99 1:21.85
200m: 2:37.29 1:20.54	1500m: 19:53.45 1:19.69	2800m: 37:18.85 1:20.67	4100m: 54:50.07 1:21.08
300m: 3:59.29 1:22.00	1600m: 21:12.78 1:19.33	2900m: 38:39.90 1:21.05	4200m: 56:12.20 1:22.13
400m: 5:20.27 1:20.98	1700m: 22:32.68 1:19.90	3000m: 40:01.06 1:21.16	4300m: 57:34.71 1:22.51
500m: 6:40.55 1:20.28	1800m: 23:52.64 1:19.96	3100m: 41:22.04 1:20.98	4400m: 58:58.17 1:23.46
600m: 8:00.32 1:19.77	1900m: 25:13.68 1:21.04	3200m: 42:42.45 1:20.41	4500m: 1:00:20.28 1:22.11
700m: 9:20.11 1:19.79	2000m: 26:34.18 1:20.50	3300m: 44:03.62 1:21.17	4600m: 1:01:41.91 1:21.63
800m: 10:39.54 1:19.43	2100m: 27:54.94 1:20.76	3400m: 45:23.75 1:20.13	4700m: 1:03:02.16 1:20.25
900m: 11:59.73 1:20.19	2200m: 29:15.77 1:20.83	3500m: 46:44.05 1:20.30	4800m: 1:04:22.37 1:20.21
1000m: 13:18.24 1:18.51	2300m: 30:36.11 1:20.34	3600m: 48:04.20 1:20.15	4900m: 1:05:41.76 1:19.39
1100m: 14:37.17 1:18.93	2400m: 31:56.62 1:20.51	3700m: 49:25.13 1:20.93	5000m: 1:06:59.06 1:17.30
1200m: 15:55.91 1:18.74	2500m: 33:16.55 1:19.93	3800m: 50:45.92 1:20.79	
1300m: 17:14.55 1:18.64	2600m: 34:37.29 1:20.74	3900m: 52:07.14 1:21.22	
<b>2. Moana Finja HARDEGGER</b>	<b>11</b>	<b>SC Flös</b>	<b>1:08:54.24 408</b>
100m: 1:14.68 1:14.68	1400m: 18:55.30 1:21.68	2700m: 36:55.67 1:23.89	4000m: 55:01.73 1:23.73
200m: 2:35.01 1:20.33	1500m: 20:17.52 1:22.22	2800m: 38:19.48 1:23.81	4100m: 56:25.20 1:23.47
300m: 3:56.03 1:21.02	1600m: 21:40.85 1:23.33	2900m: 39:43.60 1:24.12	4200m: 57:49.87 1:24.67
400m: 5:17.29 1:21.26	1700m: 23:03.15 1:22.30	3000m: 41:07.35 1:23.75	4300m: 59:12.94 1:23.07
500m: 6:39.14 1:21.85	1800m: 24:26.09 1:22.94	3100m: 42:30.61 1:23.26	4400m: 1:00:35.96 1:23.02
600m: 8:00.72 1:21.58	1900m: 25:48.76 1:22.67	3200m: 43:54.20 1:23.59	4500m: 1:01:58.72 1:22.76
700m: 9:22.27 1:21.55	2000m: 27:11.24 1:22.48	3300m: 45:17.59 1:23.39	4600m: 1:03:23.17 1:24.45
800m: 10:43.50 1:21.23	2100m: 28:34.52 1:23.28	3400m: 46:40.98 1:23.39	4700m: 1:04:47.39 1:24.22
900m: 12:05.35 1:21.85	2200m: 29:57.74 1:23.22	3500m: 48:04.15 1:23.17	4800m: 1:06:10.73 1:23.34
1000m: 13:27.66 1:22.31	2300m: 31:21.25 1:23.51	3600m: 49:26.83 1:22.68	4900m: 1:07:35.00 1:24.27
1100m: 14:49.36 1:21.70	2400m: 32:44.58 1:23.33	3700m: 50:50.44 1:23.61	5000m: 1:08:54.24 1:19.24
1200m: 16:11.13 1:21.77	2500m: 34:08.05 1:23.47	3800m: 52:14.16 1:23.72	
1300m: 17:33.62 1:22.49	2600m: 35:31.78 1:23.73	3900m: 53:38.00 1:23.84	
<b>3. Elena TAMAGNI</b>	<b>11</b>	<b>Lugano Aquatics</b>	<b>1:08:57.16 407</b>
100m: 1:13.58 1:13.58	1400m: 18:33.78 1:19.90	2700m: 36:13.75 1:23.18	4000m: 54:34.24 1:25.34
200m: 2:33.46 1:19.88	1500m: 19:54.06 1:20.28	2800m: 37:36.97 1:23.22	4100m: 56:01.15 1:26.91
300m: 3:52.57 1:19.11	1600m: 21:14.91 1:20.85	2900m: 39:00.27 1:23.30	4200m: 57:27.65 1:26.50
400m: 5:13.11 1:20.54	1700m: 22:36.10 1:21.19	3000m: 40:23.63 1:23.36	4300m: 58:55.04 1:27.39
500m: 6:32.96 1:19.85	1800m: 23:57.78 1:21.68	3100m: 41:47.64 1:24.01	4400m: 1:00:22.71 1:27.67
600m: 7:52.00 1:19.04	1900m: 25:19.23 1:21.45	3200m: 43:11.99 1:24.35	4500m: 1:01:50.50 1:27.79
700m: 9:11.69 1:19.69	2000m: 26:39.04 1:19.81	3300m: 44:36.20 1:24.21	4600m: 1:03:17.27 1:26.77
800m: 10:31.41 1:19.72	2100m: 27:59.68 1:20.64	3400m: 46:00.13 1:23.93	4700m: 1:04:44.95 1:27.68
900m: 11:51.29 1:19.88	2200m: 29:20.64 1:20.96	3500m: 47:25.49 1:25.36	4800m: 1:06:12.04 1:27.09
1000m: 13:11.50 1:20.21	2300m: 30:42.82 1:22.18	3600m: 48:51.21 1:25.72	4900m: 1:07:37.36 1:25.32
1100m: 14:31.60 1:20.10	2400m: 32:05.08 1:22.26	3700m: 50:16.47 1:25.26	5000m: 1:08:57.16 1:19.80
1200m: 15:52.44 1:20.84	2500m: 33:27.16 1:22.08	3800m: 51:42.57 1:26.10	
1300m: 17:13.88 1:21.44	2600m: 34:50.57 1:23.41	3900m: 53:08.90 1:26.33	
<b>4. Zoe SPÖRRI</b>	<b>11</b>	<b>SC Uster</b>	<b>1:12:39.56 348 *</b>
100m: 1:17.38 1:17.38	1400m: 19:51.85 1:28.01	2700m: 38:52.35 1:27.05	4000m: 58:05.87 1:29.99
200m: 2:40.90 1:23.52	1500m: 21:18.45 1:26.60	2800m: 40:20.04 1:27.69	4100m: 59:33.30 1:27.43
300m: 4:05.78 1:24.88	1600m: 22:47.27 1:28.82	2900m: 41:47.58 1:27.54	4200m: 1:01:02.67 1:29.37
400m: 5:31.24 1:25.46	1700m: 24:16.24 1:28.97	3000m: 43:15.59 1:28.01	4300m: 1:02:31.68 1:29.01
500m: 6:56.63 1:25.39	1800m: 25:46.40 1:30.16	3100m: 44:43.24 1:27.65	4400m: 1:03:59.72 1:28.04
600m: 8:22.05 1:25.42	1900m: 27:15.86 1:29.46	3200m: 46:11.65 1:28.41	4500m: 1:05:27.15 1:27.43
700m: 9:47.01 1:24.96	2000m: 28:44.35 1:28.49	3300m: 47:40.20 1:28.55	4600m: 1:06:53.33 1:26.18
800m: 11:12.30 1:25.29	2100m: 30:11.69 1:27.34	3400m: 49:09.97 1:29.77	4700m: 1:08:19.72 1:26.39
900m: 12:37.63 1:25.33	2200m: 31:37.73 1:26.04	3500m: 50:39.30 1:29.33	4800m: 1:09:46.67 1:26.95
1000m: 14:03.95 1:26.32	2300m: 33:04.80 1:27.07	3600m: 52:08.04 1:28.74	4900m: 1:11:13.48 1:26.81
1100m: 15:29.53 1:25.58	2400m: 34:32.57 1:27.77	3700m: 53:37.45 1:29.41	5000m: 1:12:39.56 1:26.08
1200m: 16:56.28 1:26.75	2500m: 35:59.84 1:27.27	3800m: 55:06.44 1:28.99	
1300m: 18:23.84 1:27.56	2600m: 37:25.30 1:25.46	3900m: 56:35.88 1:29.44	

**gara 1, 5000m Stile Libero**
**16 - 17 anni, Ragazze**

<b>1. Nina MANI</b>	<b>09</b>	<b>Swim Regio Solothurn</b>	<b>1:02:18.02</b>	<b>553</b>
100m: 1:10.63 1:10.63	1400m: 17:22.53	1:15.04 2700m: 33:48.20	1:15.34 4000m: 50:01.76	1:14.40
200m: 2:24.64 1:14.01	1500m: 18:37.38	1:14.85 2800m: 35:03.77	1:15.57 4100m: 51:15.98	1:14.22
300m: 3:38.95 1:14.31	1600m: 19:52.65	1:15.27 2900m: 36:19.18	1:15.41 4200m: 52:29.72	1:13.74
400m: 4:53.72 1:14.77	1700m: 21:08.20	1:15.55 3000m: 37:34.89	1:15.71 4300m: 53:43.42	1:13.70
500m: 6:08.01 1:14.29	1800m: 22:23.75	1:15.55 3100m: 38:50.61	1:15.72 4400m: 54:57.06	1:13.64
600m: 7:22.74 1:14.73	1900m: 23:39.53	1:15.78 3200m: 40:06.08	1:15.47 4500m: 56:10.74	1:13.68
700m: 8:37.34 1:14.60	2000m: 24:55.45	1:15.92 3300m: 41:21.45	1:15.37 4600m: 57:24.58	1:13.84
800m: 9:52.35 1:15.01	2100m: 26:11.44	1:15.99 3400m: 42:36.24	1:14.79 4700m: 58:39.04	1:14.46
900m: 11:06.94 1:14.59	2200m: 27:27.90	1:16.46 3500m: 43:50.36	1:14.12 4800m: 59:53.53	1:14.49
1000m: 12:22.14 1:15.20	2300m: 28:44.27	1:16.37 3600m: 45:04.41	1:14.05 4900m: 1:01:07.23	1:13.70
1100m: 13:37.73 1:15.59	2400m: 30:00.88	1:16.61 3700m: 46:18.74	1:14.33 5000m: 1:02:18.02	1:10.79
1200m: 14:52.63 1:14.90	2500m: 31:17.26	1:16.38 3800m: 47:32.89	1:14.15	
1300m: 16:07.49 1:14.86	2600m: 32:32.86	1:15.60 3900m: 48:47.36	1:14.47	

<b>2. Sofia MANTEGANI</b>	<b>09</b>	<b>Lugano Aquatics</b>	<b>1:02:48.28</b>	<b>539</b>
100m: 1:10.00 1:10.00	1400m: 17:21.78	1:14.89 2700m: 33:47.58	1:15.42 4000m: 50:04.45	1:14.94
200m: 2:23.89 1:13.89	1500m: 18:36.87	1:15.09 2800m: 35:03.20	1:15.62 4100m: 51:19.06	1:14.61
300m: 3:40.40 1:13.81	1600m: 19:51.83	1:14.96 2900m: 36:18.59	1:15.39 4200m: 52:34.83	1:15.77
400m: 4:53.05 1:14.90	1700m: 21:07.38	1:15.55 3000m: 37:34.18	1:15.59 4300m: 53:51.44	1:16.61
500m: 6:07.69 1:14.64	1800m: 22:22.94	1:15.56 3100m: 38:50.03	1:15.85 4400m: 55:08.05	1:16.61
600m: 7:22.38 1:14.69	1900m: 23:38.56	1:15.62 3200m: 40:05.74	1:15.71 4500m: 56:24.72	1:16.67
700m: 8:37.32 1:14.94	2000m: 24:54.79	1:16.23 3300m: 41:21.16	1:15.42 4600m: 57:41.72	1:17.00
800m: 9:52.05 1:14.73	2100m: 26:10.89	1:16.10 3400m: 42:36.20	1:15.04 4700m: 58:59.21	1:17.49
900m: 11:07.12 1:15.07	2200m: 27:27.37	1:16.48 3500m: 43:50.66	1:14.46 4800m: 1:00:15.93	1:16.72
1000m: 12:22.31 1:15.19	2300m: 28:43.82	1:16.45 3600m: 45:04.98	1:14.32 4900m: 1:01:32.48	1:16.55
1100m: 13:37.34 1:15.03	2400m: 30:00.22	1:16.40 3700m: 46:19.54	1:14.56 5000m: 1:02:48.28	1:15.80
1200m: 14:52.07 1:14.73	2500m: 31:16.53	1:16.31 3800m: 47:34.60	1:15.06	
1300m: 16:06.89 1:14.82	2600m: 32:32.16	1:15.63 3900m: 48:49.51	1:14.91	

<b>3. Sofia FONTANA</b>	<b>10</b>	<b>Turrita Nuoto</b>	<b>1:04:47.05</b>	<b>491</b>
100m: 1:11.73 1:11.73	1400m: 17:25.10	1:15.63 2700m: 34:02.69	1:17.93 4000m: 51:05.68	1:19.94
200m: 2:26.59 1:14.86	1500m: 18:40.70	1:15.60 2800m: 35:20.65	1:17.96 4100m: 52:26.07	1:20.39
300m: 3:40.40 1:13.81	1600m: 19:56.32	1:15.62 2900m: 36:38.43	1:17.78 4200m: 53:47.13	1:21.06
400m: 4:55.01 1:14.61	1700m: 21:12.11	1:15.79 3000m: 37:56.78	1:18.35 4300m: 55:08.78	1:21.65
500m: 6:09.29 1:14.28	1800m: 22:28.68	1:16.57 3100m: 39:14.80	1:18.02 4400m: 56:31.14	1:22.36
600m: 7:23.87 1:14.58	1900m: 23:44.90	1:16.22 3200m: 40:33.05	1:18.25 4500m: 57:53.63	1:22.49
700m: 8:38.46 1:14.59	2000m: 25:01.54	1:16.64 3300m: 41:51.36	1:18.31 4600m: 59:15.96	1:22.33
800m: 9:53.00 1:14.54	2100m: 26:18.44	1:16.90 3400m: 43:10.14	1:18.78 4700m: 1:00:39.09	1:23.13
900m: 11:07.79 1:14.79	2200m: 27:35.50	1:17.06 3500m: 44:28.71	1:18.57 4800m: 1:02:01.93	1:22.84
1000m: 12:23.17 1:15.38	2300m: 28:52.46	1:16.96 3600m: 45:47.50	1:18.79 4900m: 1:03:24.55	1:22.62
1100m: 13:38.50 1:15.33	2400m: 30:09.85	1:17.39 3700m: 47:06.38	1:18.88 5000m: 1:04:47.05	1:22.50
1200m: 14:53.78 1:15.28	2500m: 31:27.44	1:17.59 3800m: 48:25.77	1:19.39	
1300m: 16:09.47 1:15.69	2600m: 32:44.76	1:17.32 3900m: 49:45.74	1:19.97	

<b>4. Lou Anna BENELLI</b>	<b>10</b>	<b>SK Bern</b>	<b>1:05:38.88</b>	<b>472</b>
100m: 1:10.90 1:10.90	1400m: 17:34.98	1:17.20 2700m: 34:39.01	1:19.89 4000m: 52:11.08	1:21.30
200m: 2:25.49 1:14.59	1500m: 18:51.75	1:16.77 2800m: 35:58.44	1:19.43 4100m: 53:31.97	1:20.89
300m: 3:39.77 1:14.28	1600m: 20:09.15	1:17.40 2900m: 37:19.15	1:20.71 4200m: 54:53.78	1:21.81
400m: 4:54.51 1:14.74	1700m: 21:27.17	1:18.02 3000m: 38:39.62	1:20.47 4300m: 56:16.36	1:22.58
500m: 6:09.23 1:14.72	1800m: 22:45.40	1:18.23 3100m: 40:00.45	1:20.83 4400m: 57:37.40	1:21.04
600m: 7:24.22 1:14.99	1900m: 24:03.65	1:18.25 3200m: 41:21.47	1:21.02 4500m: 58:58.05	1:20.65
700m: 8:39.27 1:15.05	2000m: 25:22.25	1:18.60 3300m: 42:41.24	1:19.77 4600m: 1:00:17.66	1:19.61
800m: 9:54.40 1:15.13	2100m: 26:40.78	1:18.53 3400m: 44:01.95	1:20.71 4700m: 1:01:37.47	1:19.81
900m: 11:09.82 1:15.42	2200m: 28:00.32	1:19.54 3500m: 45:23.40	1:21.45 4800m: 1:02:56.87	1:19.40
1000m: 12:25.97 1:16.15	2300m: 29:20.06	1:19.74 3600m: 46:45.25	1:21.85 4900m: 1:04:18.47	1:21.60
1100m: 13:42.45 1:16.48	2400m: 30:39.42	1:19.36 3700m: 48:06.96	1:21.71 5000m: 1:05:38.88	1:20.41
1200m: 15:00.14 1:17.69	2500m: 31:59.21	1:19.79 3800m: 49:29.23	1:22.27	
1300m: 16:17.78 1:17.64	2600m: 33:19.12	1:19.91 3900m: 50:49.78	1:20.55	

**gara 1, Ragazze, 5000m Stile Libero, 16 - 17 anni**

Rango			An			Tempo	Pt.	
<b>5.</b>	<b>Shayenne WASER</b>		<b>10</b>	<b>ST Lucerne</b>		<b>1:07:30.50</b>	<b>434</b>	
	100m: 1:14.11	1:14.11	1400m: 18:33.74	1:20.21	2700m: 36:00.81	1:22.20	4000m: 54:00.65	1:23.21
	200m: 2:33.01	1:18.90	1500m: 19:53.30	1:19.56	2800m: 37:23.58	1:22.77	4100m: 55:23.85	1:23.20
	300m: 3:52.44	1:19.43	1600m: 21:13.00	1:19.70	2900m: 38:46.87	1:23.29	4200m: 56:46.02	1:22.17
	400m: 5:11.87	1:19.43	1700m: 22:33.11	1:20.11	3000m: 40:10.18	1:23.31	4300m: 58:07.30	1:21.28
	500m: 6:31.19	1:19.32	1800m: 23:53.70	1:20.59	3100m: 41:33.17	1:22.99	4400m: 59:28.38	1:21.08
	600m: 7:51.01	1:19.82	1900m: 25:14.86	1:21.16	3200m: 42:56.42	1:23.25	4500m: 1:00:48.68	1:20.30
	700m: 9:11.14	1:20.13	2000m: 26:36.44	1:21.58	3300m: 44:19.46	1:23.04	4600m: 1:02:08.83	1:20.15
	800m: 10:31.92	1:20.78	2100m: 27:55.52	1:19.08	3400m: 45:42.30	1:22.84	4700m: 1:03:29.28	1:20.45
	900m: 11:52.47	1:20.55	2200m: 29:15.94	1:20.42	3500m: 47:05.43	1:23.13	4800m: 1:04:50.46	1:21.18
	1000m: 13:12.79	1:20.32	2300m: 30:36.25	1:20.31	3600m: 48:28.68	1:23.25	4900m: 1:06:11.83	1:21.37
	1100m: 14:33.62	1:20.83	2400m: 31:56.65	1:20.40	3700m: 49:51.71	1:23.03	5000m: 1:07:30.50	1:18.67
	1200m: 15:53.50	1:19.88	2500m: 33:17.00	1:20.35	3800m: 51:14.84	1:23.13		
	1300m: 17:13.53	1:20.03	2600m: 34:38.61	1:21.61	3900m: 52:37.44	1:22.60		
<b>6.</b>	<b>Aisha MAURI</b>		<b>10</b>	<b>Limmat Sharks Zürich</b>		<b>1:07:40.40</b>	<b>431</b>	
	100m: 1:15.98	1:15.98	1400m: 18:59.39	1:22.23	2700m: 36:36.21	1:21.63	4000m: 54:16.28	1:21.54
	200m: 2:38.08	1:22.10	1500m: 20:17.97	1:18.58	2800m: 37:57.99	1:21.78	4100m: 55:38.75	1:22.47
	300m: 4:00.22	1:22.14	1600m: 21:42.52	1:24.55	2900m: 39:20.02	1:22.03	4200m: 57:00.80	1:22.05
	400m: 5:22.58	1:22.36	1700m: 23:03.33	1:20.81	3000m: 40:41.78	1:21.76	4300m: 58:21.55	1:20.75
	500m: 6:44.61	1:22.03	1800m: 24:24.63	1:21.30	3100m: 42:03.17	1:21.39	4400m: 59:42.56	1:21.01
	600m: 8:06.53	1:21.92	1900m: 25:46.60	1:21.97	3200m: 43:24.53	1:21.36	4500m: 1:01:03.40	1:20.84
	700m: 9:28.70	1:22.17	2000m: 27:07.71	1:21.11	3300m: 44:46.37	1:21.84	4600m: 1:02:23.91	1:20.51
	800m: 10:49.75	1:21.05	2100m: 28:28.74	1:21.03	3400m: 46:07.77	1:21.40	4700m: 1:03:44.27	1:20.36
	900m: 12:11.52	1:21.77	2200m: 29:50.38	1:21.64	3500m: 47:29.00	1:21.23	4800m: 1:05:03.88	1:19.61
	1000m: 13:32.91	1:21.39	2300m: 31:11.83	1:21.45	3600m: 48:49.97	1:20.97	4900m: 1:06:23.36	1:19.48
	1100m: 14:54.82	1:21.91	2400m: 32:33.25	1:21.42	3700m: 50:11.46	1:21.49	5000m: 1:07:40.40	1:17.04
	1200m: 16:16.03	1:21.21	2500m: 33:54.18	1:20.93	3800m: 51:32.96	1:21.50		
	1300m: 17:37.16	1:21.13	2600m: 35:14.58	1:20.40	3900m: 52:54.74	1:21.78		

**14 anni e più vecchi, Donne**

<b>1.</b>	<b>Nina MANI</b>		<b>09</b>	<b>Swim Regio Solothurn</b>		<b>1:02:18.02</b>	<b>553</b>	
	100m: 1:10.63	1:10.63	1400m: 17:22.53	1:15.04	2700m: 33:48.20	1:15.34	4000m: 50:01.76	1:14.40
	200m: 2:24.64	1:14.01	1500m: 18:37.38	1:14.85	2800m: 35:03.77	1:15.57	4100m: 51:15.98	1:14.22
	300m: 3:38.95	1:14.31	1600m: 19:52.65	1:15.27	2900m: 36:19.18	1:15.41	4200m: 52:29.72	1:13.74
	400m: 4:53.72	1:14.77	1700m: 21:08.20	1:15.55	3000m: 37:34.89	1:15.71	4300m: 53:43.42	1:13.70
	500m: 6:08.01	1:14.29	1800m: 22:23.75	1:15.55	3100m: 38:50.61	1:15.72	4400m: 54:57.06	1:13.64
	600m: 7:22.74	1:14.73	1900m: 23:39.53	1:15.78	3200m: 40:06.08	1:15.47	4500m: 56:10.74	1:13.68
	700m: 8:37.34	1:14.60	2000m: 24:55.45	1:15.92	3300m: 41:21.45	1:15.37	4600m: 57:24.58	1:13.84
	800m: 9:52.35	1:15.01	2100m: 26:11.44	1:15.99	3400m: 42:36.24	1:14.79	4700m: 58:39.04	1:14.46
	900m: 11:06.94	1:14.59	2200m: 27:27.90	1:16.46	3500m: 43:50.36	1:14.12	4800m: 59:53.53	1:14.49
	1000m: 12:22.14	1:15.20	2300m: 28:44.27	1:16.37	3600m: 45:04.41	1:14.05	4900m: 1:01:07.23	1:13.70
	1100m: 13:37.73	1:15.59	2400m: 30:00.88	1:16.61	3700m: 46:18.74	1:14.33	5000m: 1:02:18.02	1:10.79
	1200m: 14:52.63	1:14.90	2500m: 31:17.26	1:16.38	3800m: 47:32.89	1:14.15		
	1300m: 16:07.49	1:14.86	2600m: 32:32.86	1:15.60	3900m: 48:47.36	1:14.47		
<b>2.</b>	<b>Sofia MANTEGANI</b>		<b>09</b>	<b>Lugano Aquatics</b>		<b>1:02:48.28</b>	<b>539</b>	
	100m: 1:10.00	1:10.00	1400m: 17:21.78	1:14.89	2700m: 33:47.58	1:15.42	4000m: 50:04.45	1:14.94
	200m: 2:23.89	1:13.89	1500m: 18:36.87	1:15.09	2800m: 35:03.20	1:15.62	4100m: 51:19.06	1:14.61
	300m: 3:38.15	1:14.26	1600m: 19:51.83	1:14.96	2900m: 36:18.59	1:15.39	4200m: 52:34.83	1:15.77
	400m: 4:53.05	1:14.90	1700m: 21:07.38	1:15.55	3000m: 37:34.18	1:15.59	4300m: 53:51.44	1:16.61
	500m: 6:07.69	1:14.64	1800m: 22:22.94	1:15.56	3100m: 38:50.03	1:15.85	4400m: 55:08.05	1:16.61
	600m: 7:22.38	1:14.69	1900m: 23:38.56	1:15.62	3200m: 40:05.74	1:15.71	4500m: 56:24.72	1:16.67
	700m: 8:37.32	1:14.94	2000m: 24:54.79	1:16.23	3300m: 41:21.16	1:15.42	4600m: 57:41.72	1:17.00
	800m: 9:52.05	1:14.73	2100m: 26:10.89	1:16.10	3400m: 42:36.20	1:15.04	4700m: 58:59.21	1:17.49
	900m: 11:07.12	1:15.07	2200m: 27:27.37	1:16.48	3500m: 43:50.66	1:14.46	4800m: 1:00:15.93	1:16.72
	1000m: 12:22.31	1:15.19	2300m: 28:43.82	1:16.45	3600m: 45:04.98	1:14.32	4900m: 1:01:32.48	1:16.55
	1100m: 13:37.34	1:15.03	2400m: 30:00.22	1:16.40	3700m: 46:19.54	1:14.56	5000m: 1:02:48.28	1:15.80
	1200m: 14:52.07	1:14.73	2500m: 31:16.53	1:16.31	3800m: 47:34.60	1:15.06		
	1300m: 16:06.89	1:14.82	2600m: 32:32.16	1:15.63	3900m: 48:49.51	1:14.91		

**gara 1, Donne, 5000m Stile Libero, 14 anni e più vecchi**

Rango			An					Tempo	Pt.
<b>3.</b>	<b>Sofia FONTANA</b>		<b>10</b>	<b>Turrita Nuoto</b>				<b>1:04:47.05</b>	<b>491</b>
	100m: 1:11.73	1:11.73	1400m: 17:25.10	1:15.63	2700m: 34:02.69	1:17.93	4000m: 51:05.68	1:19.94	
	200m: 2:26.59	1:14.86	1500m: 18:40.70	1:15.60	2800m: 35:20.65	1:17.96	4100m: 52:26.07	1:20.39	
	300m: 3:40.40	1:13.81	1600m: 19:56.32	1:15.62	2900m: 36:38.43	1:17.78	4200m: 53:47.13	1:21.06	
	400m: 4:55.01	1:14.61	1700m: 21:12.11	1:15.79	3000m: 37:56.78	1:18.35	4300m: 55:08.78	1:21.65	
	500m: 6:09.29	1:14.28	1800m: 22:28.68	1:16.57	3100m: 39:14.80	1:18.02	4400m: 56:31.14	1:22.36	
	600m: 7:23.87	1:14.58	1900m: 23:44.90	1:16.22	3200m: 40:33.05	1:18.25	4500m: 57:53.63	1:22.49	
	700m: 8:38.46	1:14.59	2000m: 25:01.54	1:16.64	3300m: 41:51.36	1:18.31	4600m: 59:15.96	1:22.33	
	800m: 9:53.00	1:14.54	2100m: 26:18.44	1:16.90	3400m: 43:10.14	1:18.78	4700m: 1:00:39.09	1:23.13	
	900m: 11:07.79	1:14.79	2200m: 27:35.50	1:17.06	3500m: 44:28.71	1:18.57	4800m: 1:02:01.93	1:22.84	
	1000m: 12:23.17	1:15.38	2300m: 28:52.46	1:16.96	3600m: 45:47.50	1:18.79	4900m: 1:03:24.55	1:22.62	
	1100m: 13:38.50	1:15.33	2400m: 30:09.85	1:17.39	3700m: 47:06.38	1:18.88	5000m: 1:04:47.05	1:22.50	
	1200m: 14:53.78	1:15.28	2500m: 31:27.44	1:17.59	3800m: 48:25.77	1:19.39			
	1300m: 16:09.47	1:15.69	2600m: 32:44.76	1:17.32	3900m: 49:45.74	1:19.97			
<b>4.</b>	<b>Emma MECIC</b>		<b>07</b>	<b>Nuoto Sport Locarno</b>				<b>1:05:21.48</b>	<b>478</b>
	100m: 1:14.82	1:14.82	1400m: 18:05.80	1:18.00	2700m: 35:08.27	1:19.41	4000m: 52:18.70	1:19.45	
	200m: 2:33.36	1:18.54	1500m: 19:23.79	1:17.99	2800m: 36:27.43	1:19.16	4100m: 53:38.23	1:19.53	
	300m: 3:51.03	1:17.67	1600m: 20:41.94	1:18.15	2900m: 37:46.70	1:19.27	4200m: 54:57.38	1:19.15	
	400m: 5:08.82	1:17.79	1700m: 22:00.35	1:18.41	3000m: 39:05.77	1:19.07	4300m: 56:16.40	1:19.02	
	500m: 6:26.66	1:17.84	1800m: 23:18.87	1:18.52	3100m: 40:25.49	1:19.72	4400m: 57:35.46	1:19.06	
	600m: 7:44.18	1:17.52	1900m: 24:37.63	1:18.76	3200m: 41:44.85	1:19.36	4500m: 58:54.84	1:19.38	
	700m: 9:02.06	1:17.88	2000m: 25:56.06	1:18.43	3300m: 43:04.12	1:19.27	4600m: 1:00:13.04	1:18.20	
	800m: 10:20.02	1:17.96	2100m: 27:14.35	1:18.29	3400m: 44:23.42	1:19.30	4700m: 1:01:30.85	1:17.81	
	900m: 11:37.45	1:17.43	2200m: 28:33.18	1:18.83	3500m: 45:42.19	1:18.77	4800m: 1:02:48.68	1:17.83	
	1000m: 12:54.88	1:17.43	2300m: 29:51.90	1:18.72	3600m: 47:01.28	1:19.09	4900m: 1:04:06.34	1:17.66	
	1100m: 14:12.51	1:17.63	2400m: 31:10.80	1:18.90	3700m: 48:20.71	1:19.43	5000m: 1:05:21.48	1:15.14	
	1200m: 15:30.24	1:17.73	2500m: 32:29.85	1:19.05	3800m: 49:40.03	1:19.32			
	1300m: 16:47.80	1:17.56	2600m: 33:48.86	1:19.01	3900m: 50:59.25	1:19.22			
<b>5.</b>	<b>Lou Anna BENELLI</b>		<b>10</b>	<b>SK Bern</b>				<b>1:05:38.88</b>	<b>472</b>
	100m: 1:10.90	1:10.90	1400m: 17:34.98	1:17.20	2700m: 34:39.01	1:19.89	4000m: 52:11.08	1:21.30	
	200m: 2:25.49	1:14.59	1500m: 18:51.75	1:16.77	2800m: 35:58.44	1:19.43	4100m: 53:31.97	1:20.89	
	300m: 3:39.77	1:14.28	1600m: 20:09.15	1:17.40	2900m: 37:19.15	1:20.71	4200m: 54:53.78	1:21.81	
	400m: 4:54.51	1:14.74	1700m: 21:27.17	1:18.02	3000m: 38:39.62	1:20.47	4300m: 56:16.36	1:22.58	
	500m: 6:09.23	1:14.72	1800m: 22:45.40	1:18.23	3100m: 40:00.45	1:20.83	4400m: 57:37.40	1:21.04	
	600m: 7:24.22	1:14.99	1900m: 24:03.65	1:18.25	3200m: 41:21.47	1:21.02	4500m: 58:58.05	1:20.65	
	700m: 8:39.27	1:15.05	2000m: 25:22.25	1:18.60	3300m: 42:41.24	1:19.77	4600m: 1:00:17.66	1:19.61	
	800m: 9:54.40	1:15.13	2100m: 26:40.78	1:18.53	3400m: 44:01.95	1:20.71	4700m: 1:01:37.47	1:19.81	
	900m: 11:09.82	1:15.42	2200m: 28:00.32	1:19.54	3500m: 45:23.40	1:21.45	4800m: 1:02:56.87	1:19.40	
	1000m: 12:25.97	1:16.15	2300m: 29:20.06	1:19.74	3600m: 46:45.25	1:21.85	4900m: 1:04:18.47	1:21.60	
	1100m: 13:42.45	1:16.48	2400m: 30:39.42	1:19.36	3700m: 48:06.96	1:21.71	5000m: 1:05:38.88	1:20.41	
	1200m: 15:00.14	1:17.69	2500m: 31:59.21	1:19.79	3800m: 49:29.23	1:22.27			
	1300m: 16:17.78	1:17.64	2600m: 33:19.12	1:19.91	3900m: 50:49.78	1:20.55			
<b>6.</b>	<b>Leona GIAIMO</b>		<b>08</b>	<b>ST Lucerne</b>				<b>1:06:07.21</b>	<b>462</b>
	100m: 1:12.66	1:12.66	1400m: 17:53.82	1:16.89	2700m: 34:34.17	1:17.20	4000m: 51:57.27	1:22.85	
	200m: 2:29.54	1:16.88	1500m: 19:10.71	1:16.89	2800m: 35:51.62	1:17.45	4100m: 53:20.38	1:23.11	
	300m: 3:46.53	1:16.99	1600m: 20:27.72	1:17.01	2900m: 37:09.63	1:18.01	4200m: 54:44.08	1:23.70	
	400m: 5:03.48	1:16.95	1700m: 21:44.37	1:16.65	3000m: 38:27.72	1:18.09	4300m: 56:08.72	1:24.64	
	500m: 6:21.21	1:17.73	1800m: 23:01.16	1:16.79	3100m: 39:46.45	1:18.73	4400m: 57:34.16	1:25.44	
	600m: 7:38.04	1:16.83	1900m: 24:17.78	1:16.62	3200m: 41:05.64	1:19.19	4500m: 58:59.89	1:25.73	
	700m: 8:55.25	1:17.21	2000m: 25:34.75	1:16.97	3300m: 42:25.31	1:19.67	4600m: 1:00:24.90	1:25.01	
	800m: 10:12.59	1:17.34	2100m: 26:52.08	1:17.33	3400m: 43:45.33	1:20.02	4700m: 1:01:50.42	1:25.52	
	900m: 11:29.93	1:17.34	2200m: 28:09.40	1:17.32	3500m: 45:06.55	1:21.22	4800m: 1:03:16.63	1:26.21	
	1000m: 12:47.08	1:17.15	2300m: 29:26.64	1:17.24	3600m: 46:27.73	1:21.18	4900m: 1:04:42.29	1:25.66	
	1100m: 14:03.54	1:16.46	2400m: 30:43.56	1:16.92	3700m: 47:49.37	1:21.64	5000m: 1:06:07.21	1:24.92	
	1200m: 15:20.06	1:16.52	2500m: 32:00.46	1:16.90	3800m: 49:11.88	1:22.51			
	1300m: 16:36.93	1:16.87	2600m: 33:16.97	1:16.51	3900m: 50:34.42	1:22.54			

**gara 1, Donne, 5000m Stile Libero, 14 anni e più vecchi**

Rango			An				Tempo	Pt.
<b>7.</b>	<b>Sara SCARFONE</b>		<b>11</b>		<b>Mendrisiotto Nuoto</b>		<b>1:06:59.06</b>	<b>444</b>
	100m: 1:16.75	1:16.75	1400m: 18:33.76	1:19.21	2700m: 35:58.18	1:20.89	4000m: 53:28.99	1:21.85
	200m: 2:37.29	1:20.54	1500m: 19:53.45	1:19.69	2800m: 37:18.85	1:20.67	4100m: 54:50.07	1:21.08
	300m: 3:59.29	1:22.00	1600m: 21:12.78	1:19.33	2900m: 38:39.90	1:21.05	4200m: 56:12.20	1:22.13
	400m: 5:20.27	1:20.98	1700m: 22:32.68	1:19.90	3000m: 40:01.06	1:21.16	4300m: 57:34.71	1:22.51
	500m: 6:40.55	1:20.28	1800m: 23:52.64	1:19.96	3100m: 41:22.04	1:20.98	4400m: 58:58.17	1:23.46
	600m: 8:00.32	1:19.77	1900m: 25:13.68	1:21.04	3200m: 42:42.45	1:20.41	4500m: 1:00:20.28	1:22.11
	700m: 9:20.11	1:19.79	2000m: 26:34.18	1:20.50	3300m: 44:03.62	1:21.17	4600m: 1:01:41.91	1:21.63
	800m: 10:39.54	1:19.43	2100m: 27:54.94	1:20.76	3400m: 45:23.75	1:20.13	4700m: 1:03:02.16	1:20.25
	900m: 11:59.73	1:20.19	2200m: 29:15.77	1:20.83	3500m: 46:44.05	1:20.30	4800m: 1:04:22.37	1:20.21
	1000m: 13:18.24	1:18.51	2300m: 30:36.11	1:20.34	3600m: 48:04.20	1:20.15	4900m: 1:05:41.76	1:19.39
	1100m: 14:37.17	1:18.93	2400m: 31:56.62	1:20.51	3700m: 49:25.13	1:20.93	5000m: 1:06:59.06	1:17.30
	1200m: 15:55.91	1:18.74	2500m: 33:16.55	1:19.93	3800m: 50:45.92	1:20.79		
	1300m: 17:14.55	1:18.64	2600m: 34:37.29	1:20.74	3900m: 52:07.14	1:21.22		
<b>8.</b>	<b>Shayenne WASER</b>		<b>10</b>		<b>ST Lucerne</b>		<b>1:07:30.50</b>	<b>434</b>
	100m: 1:14.11	1:14.11	1400m: 18:33.74	1:20.21	2700m: 36:00.81	1:22.20	4000m: 54:00.65	1:23.21
	200m: 2:33.01	1:18.90	1500m: 19:53.30	1:19.56	2800m: 37:23.58	1:22.77	4100m: 55:23.85	1:23.20
	300m: 3:52.44	1:19.43	1600m: 21:13.00	1:19.70	2900m: 38:46.87	1:23.29	4200m: 56:46.02	1:22.17
	400m: 5:11.87	1:19.43	1700m: 22:33.11	1:20.11	3000m: 40:10.18	1:23.31	4300m: 58:07.30	1:21.28
	500m: 6:31.19	1:19.32	1800m: 23:53.70	1:20.59	3100m: 41:33.17	1:22.99	4400m: 59:28.38	1:21.08
	600m: 7:51.01	1:19.82	1900m: 25:14.86	1:21.16	3200m: 42:56.42	1:23.25	4500m: 1:00:48.68	1:20.30
	700m: 9:11.14	1:20.13	2000m: 26:36.44	1:21.58	3300m: 44:19.46	1:23.04	4600m: 1:02:08.83	1:20.15
	800m: 10:31.92	1:20.78	2100m: 27:55.52	1:19.08	3400m: 45:42.30	1:22.84	4700m: 1:03:29.28	1:20.45
	900m: 11:52.47	1:20.55	2200m: 29:15.94	1:20.42	3500m: 47:05.43	1:23.13	4800m: 1:04:50.46	1:21.18
	1000m: 13:12.79	1:20.32	2300m: 30:36.25	1:20.31	3600m: 48:28.68	1:23.25	4900m: 1:06:11.83	1:21.37
	1100m: 14:33.62	1:20.83	2400m: 31:56.65	1:20.40	3700m: 49:51.71	1:23.03	5000m: 1:07:30.50	1:18.67
	1200m: 15:53.50	1:19.88	2500m: 33:17.00	1:20.35	3800m: 51:14.84	1:23.13		
	1300m: 17:13.53	1:20.03	2600m: 34:38.61	1:21.61	3900m: 52:37.44	1:22.60		
<b>9.</b>	<b>Aisha MAURI</b>		<b>10</b>		<b>Limmat Sharks Zürich</b>		<b>1:07:40.40</b>	<b>431</b>
	100m: 1:15.98	1:15.98	1400m: 18:59.39	1:22.23	2700m: 36:36.21	1:21.63	4000m: 54:16.28	1:21.54
	200m: 2:38.08	1:22.10	1500m: 20:17.97	1:18.58	2800m: 37:57.99	1:21.78	4100m: 55:38.75	1:22.47
	300m: 4:00.22	1:22.14	1600m: 21:42.52	1:24.55	2900m: 39:20.02	1:22.03	4200m: 57:00.80	1:22.05
	400m: 5:22.58	1:22.36	1700m: 23:03.33	1:20.81	3000m: 40:41.78	1:21.76	4300m: 58:21.55	1:20.75
	500m: 6:44.61	1:22.03	1800m: 24:24.63	1:21.30	3100m: 42:03.17	1:21.39	4400m: 59:42.56	1:21.01
	600m: 8:06.53	1:21.92	1900m: 25:46.60	1:21.97	3200m: 43:24.53	1:21.36	4500m: 1:01:03.40	1:20.84
	700m: 9:28.70	1:22.17	2000m: 27:07.71	1:21.11	3300m: 44:46.37	1:21.84	4600m: 1:02:23.91	1:20.51
	800m: 10:49.75	1:21.05	2100m: 28:28.74	1:21.03	3400m: 46:07.77	1:21.40	4700m: 1:03:44.27	1:20.36
	900m: 12:11.52	1:21.77	2200m: 29:50.38	1:21.64	3500m: 47:29.00	1:21.23	4800m: 1:05:03.88	1:19.61
	1000m: 13:32.91	1:21.39	2300m: 31:11.83	1:21.45	3600m: 48:49.97	1:20.97	4900m: 1:06:23.36	1:19.48
	1100m: 14:54.82	1:21.91	2400m: 32:33.25	1:21.42	3700m: 50:11.46	1:21.49	5000m: 1:07:40.40	1:17.04
	1200m: 16:16.03	1:21.21	2500m: 33:54.18	1:20.93	3800m: 51:32.96	1:21.50		
	1300m: 17:37.16	1:21.13	2600m: 35:14.58	1:20.40	3900m: 52:54.74	1:21.78		
<b>10.</b>	<b>Sophie LUPICA</b>		<b>07</b>		<b>Lugano Aquatics</b>		<b>1:07:54.62</b>	<b>426</b>
	100m: 1:15.57	1:15.57	1400m: 18:33.88	1:19.99	2700m: 36:08.87	1:21.82	4000m: 54:03.01	1:23.19
	200m: 2:34.97	1:19.40	1500m: 19:53.75	1:19.87	2800m: 37:31.19	1:22.32	4100m: 55:26.49	1:23.48
	300m: 3:54.97	1:20.00	1600m: 21:14.09	1:20.34	2900m: 38:53.29	1:22.10	4200m: 56:49.80	1:23.31
	400m: 5:14.64	1:19.67	1700m: 22:35.34	1:21.25	3000m: 40:15.27	1:21.98	4300m: 58:13.58	1:23.78
	500m: 6:34.43	1:19.79	1800m: 23:56.25	1:20.91	3100m: 41:37.88	1:22.61	4400m: 59:37.11	1:23.53
	600m: 7:53.75	1:19.32	1900m: 25:17.92	1:21.67	3200m: 43:00.20	1:22.32	4500m: 1:01:00.79	1:23.68
	700m: 9:13.79	1:20.04	2000m: 26:39.00	1:21.08	3300m: 44:22.97	1:22.77	4600m: 1:02:24.25	1:23.46
	800m: 10:33.73	1:19.94	2100m: 27:59.76	1:20.76	3400m: 45:45.58	1:22.61	4700m: 1:03:48.23	1:23.98
	900m: 11:53.81	1:20.08	2200m: 29:20.80	1:21.04	3500m: 47:07.85	1:22.27	4800m: 1:05:10.97	1:22.74
	1000m: 13:13.68	1:19.87	2300m: 30:42.60	1:21.80	3600m: 48:31.14	1:23.29	4900m: 1:06:34.17	1:23.20
	1100m: 14:33.37	1:19.69	2400m: 32:04.12	1:21.52	3700m: 49:54.23	1:23.09	5000m: 1:07:54.62	1:20.45
	1200m: 15:53.59	1:20.22	2500m: 33:25.29	1:21.17	3800m: 51:17.14	1:22.91		
	1300m: 17:13.89	1:20.30	2600m: 34:47.05	1:21.76	3900m: 52:39.82	1:22.68		

**gara 1, Donne, 5000m Stile Libero, 14 anni e più vecchi**

Rango			An					Tempo	Pt.
<b>11.</b>	<b>Moana Finja HARDEGGER</b>		<b>11</b>	<b>SC Flös</b>				<b>1:08:54.24</b>	<b>408</b>
	100m: 1:14.68	1:14.68	1400m: 18:55.30	1:21.68	2700m: 36:55.67	1:23.89	4000m: 55:01.73	1:23.73	
	200m: 2:35.01	1:20.33	1500m: 20:17.52	1:22.22	2800m: 38:19.48	1:23.81	4100m: 56:25.20	1:23.47	
	300m: 3:56.03	1:21.02	1600m: 21:40.85	1:23.33	2900m: 39:43.60	1:24.12	4200m: 57:49.87	1:24.67	
	400m: 5:17.29	1:21.26	1700m: 23:03.15	1:22.30	3000m: 41:07.35	1:23.75	4300m: 59:12.94	1:23.07	
	500m: 6:39.14	1:21.85	1800m: 24:26.09	1:22.94	3100m: 42:30.61	1:23.26	4400m: 1:00:35.96	1:23.02	
	600m: 8:00.72	1:21.58	1900m: 25:48.76	1:22.67	3200m: 43:54.20	1:23.59	4500m: 1:01:58.72	1:22.76	
	700m: 9:22.27	1:21.55	2000m: 27:11.24	1:22.48	3300m: 45:17.59	1:23.39	4600m: 1:03:23.17	1:24.45	
	800m: 10:43.50	1:21.23	2100m: 28:34.52	1:23.28	3400m: 46:40.98	1:23.39	4700m: 1:04:47.39	1:24.22	
	900m: 12:05.35	1:21.85	2200m: 29:57.74	1:23.22	3500m: 48:04.15	1:23.17	4800m: 1:06:10.73	1:23.34	
	1000m: 13:27.66	1:22.31	2300m: 31:21.25	1:23.51	3600m: 49:26.83	1:22.68	4900m: 1:07:35.00	1:24.27	
	1100m: 14:49.36	1:21.70	2400m: 32:44.58	1:23.33	3700m: 50:50.44	1:23.61	5000m: 1:08:54.24	1:19.24	
	1200m: 16:11.13	1:21.77	2500m: 34:08.05	1:23.47	3800m: 52:14.16	1:23.72			
	1300m: 17:33.62	1:22.49	2600m: 35:31.78	1:23.73	3900m: 53:38.00	1:23.84			
<b>12.</b>	<b>Elena TAMAGNI</b>		<b>11</b>	<b>Lugano Aquatics</b>				<b>1:08:57.16</b>	<b>407</b>
	100m: 1:13.58	1:13.58	1400m: 18:33.78	1:19.90	2700m: 36:13.75	1:23.18	4000m: 54:34.24	1:25.34	
	200m: 2:33.46	1:19.88	1500m: 19:54.06	1:20.28	2800m: 37:36.97	1:23.22	4100m: 56:01.15	1:26.91	
	300m: 3:52.57	1:19.11	1600m: 21:14.91	1:20.85	2900m: 39:00.27	1:23.30	4200m: 57:27.65	1:26.50	
	400m: 5:13.11	1:20.54	1700m: 22:36.10	1:21.19	3000m: 40:23.63	1:23.36	4300m: 58:55.04	1:27.39	
	500m: 6:32.96	1:19.85	1800m: 23:57.78	1:21.68	3100m: 41:47.64	1:24.01	4400m: 1:00:22.71	1:27.67	
	600m: 7:52.00	1:19.04	1900m: 25:19.23	1:21.45	3200m: 43:11.99	1:24.35	4500m: 1:01:50.50	1:27.79	
	700m: 9:11.69	1:19.69	2000m: 26:39.04	1:19.81	3300m: 44:36.20	1:24.21	4600m: 1:03:17.27	1:26.77	
	800m: 10:31.41	1:19.72	2100m: 27:59.68	1:20.64	3400m: 46:00.13	1:23.93	4700m: 1:04:44.95	1:27.68	
	900m: 11:51.29	1:19.88	2200m: 29:20.64	1:20.96	3500m: 47:25.49	1:25.36	4800m: 1:06:12.04	1:27.09	
	1000m: 13:11.50	1:20.21	2300m: 30:42.82	1:22.18	3600m: 48:51.21	1:25.72	4900m: 1:07:37.36	1:25.32	
	1100m: 14:31.60	1:20.10	2400m: 32:05.08	1:22.26	3700m: 50:16.47	1:25.26	5000m: 1:08:57.16	1:19.80	
	1200m: 15:52.44	1:20.84	2500m: 33:27.16	1:22.08	3800m: 51:42.57	1:26.10			
	1300m: 17:13.88	1:21.44	2600m: 34:50.57	1:23.41	3900m: 53:08.90	1:26.33			
<b>13.</b>	<b>Giovanna BEVIVINO</b>		<b>05</b>	<b>SC Flös</b>				<b>1:09:11.30</b>	<b>403</b>
	100m: 1:16.26	1:16.26	1400m: 19:00.60	1:22.45	2700m: 36:47.78	1:22.84	4000m: 54:49.27	1:24.33	
	200m: 2:37.88	1:21.62	1500m: 20:21.68	1:21.08	2800m: 38:10.14	1:22.36	4100m: 56:12.96	1:23.69	
	300m: 4:00.28	1:22.40	1600m: 21:43.46	1:21.78	2900m: 39:32.11	1:21.97	4200m: 57:37.37	1:24.41	
	400m: 5:22.29	1:22.01	1700m: 23:05.90	1:22.44	3000m: 40:53.83	1:21.72	4300m: 59:03.12	1:25.75	
	500m: 6:44.37	1:22.08	1800m: 24:27.96	1:22.06	3100m: 42:16.37	1:22.54	4400m: 1:00:29.43	1:26.31	
	600m: 8:06.43	1:22.06	1900m: 25:50.24	1:22.28	3200m: 43:37.78	1:21.41	4500m: 1:01:55.83	1:26.40	
	700m: 9:28.58	1:22.15	2000m: 27:12.10	1:21.86	3300m: 45:00.03	1:22.25	4600m: 1:03:22.59	1:26.76	
	800m: 10:49.79	1:21.21	2100m: 28:34.22	1:22.12	3400m: 46:23.25	1:23.22	4700m: 1:04:49.37	1:26.78	
	900m: 12:11.42	1:21.63	2200m: 29:56.74	1:22.52	3500m: 47:46.46	1:23.21	4800m: 1:06:16.38	1:27.01	
	1000m: 13:33.32	1:21.90	2300m: 31:19.02	1:22.28	3600m: 49:10.71	1:24.25	4900m: 1:07:44.85	1:28.47	
	1100m: 14:54.73	1:21.41	2400m: 32:41.20	1:22.18	3700m: 50:35.99	1:25.28	5000m: 1:09:11.30	1:26.45	
	1200m: 16:16.92	1:22.19	2500m: 34:02.90	1:21.70	3800m: 52:00.27	1:24.28			
	1300m: 17:38.15	1:21.23	2600m: 35:24.94	1:22.04	3900m: 53:24.94	1:24.67			
<b>14.</b>	<b>Zoe SPÖRRI</b>		<b>11</b>	<b>SC Uster</b>				<b>1:12:39.56</b>	<b>348 *</b>
	100m: 1:17.38	1:17.38	1400m: 19:51.85	1:28.01	2700m: 38:52.35	1:27.05	4000m: 58:05.87	1:29.99	
	200m: 2:40.90	1:23.52	1500m: 21:18.45	1:26.60	2800m: 40:20.04	1:27.69	4100m: 59:33.30	1:27.43	
	300m: 4:05.78	1:24.88	1600m: 22:47.27	1:28.82	2900m: 41:47.58	1:27.54	4200m: 1:01:02.67	1:29.37	
	400m: 5:31.24	1:25.46	1700m: 24:16.24	1:28.97	3000m: 43:15.59	1:28.01	4300m: 1:02:31.68	1:29.01	
	500m: 6:56.63	1:25.39	1800m: 25:46.40	1:30.16	3100m: 44:43.24	1:27.65	4400m: 1:03:59.72	1:28.04	
	600m: 8:22.05	1:25.42	1900m: 27:15.86	1:29.46	3200m: 46:11.65	1:28.41	4500m: 1:05:27.15	1:27.43	
	700m: 9:47.01	1:24.96	2000m: 28:44.35	1:28.49	3300m: 47:40.20	1:28.55	4600m: 1:06:53.33	1:26.18	
	800m: 11:12.30	1:25.29	2100m: 30:11.69	1:27.34	3400m: 49:09.97	1:29.77	4700m: 1:08:19.72	1:26.39	
	900m: 12:37.63	1:25.33	2200m: 31:37.73	1:26.04	3500m: 50:39.30	1:29.33	4800m: 1:09:46.67	1:26.95	
	1000m: 14:03.95	1:26.32	2300m: 33:04.80	1:27.07	3600m: 52:08.04	1:28.74	4900m: 1:11:13.48	1:26.81	
	1100m: 15:29.53	1:25.58	2400m: 34:32.57	1:27.77	3700m: 53:37.45	1:29.41	5000m: 1:12:39.56	1:26.08	
	1200m: 16:56.28	1:26.75	2500m: 35:59.84	1:27.27	3800m: 55:06.44	1:28.99			
	1300m: 18:23.84	1:27.56	2600m: 37:25.30	1:25.46	3900m: 56:35.88	1:29.44			

**14 - 15 anni, Ragazzi**

**gara 1, Ragazzi, 5000m Stile Libero, 14 - 15 anni**

Rango			An					Tempo	Pt.
<b>1.</b>	<b>Elias SALZMANN</b>		<b>11</b>	<b>Nuoto Sport Locarno</b>				<b>59:24.22</b>	<b>539</b>
	100m:	1:08.47	1:08.47	1400m:	16:40.44	1:11.64	2700m:	32:04.18	1:10.81
	200m:	2:20.44	1:11.97	1500m:	17:51.77	1:11.33	2800m:	33:15.52	1:11.34
	300m:	3:32.78	1:12.34	1600m:	19:03.19	1:11.42	2900m:	34:26.62	1:11.10
	400m:	4:44.86	1:12.08	1700m:	20:14.39	1:11.20	3000m:	35:37.42	1:10.80
	500m:	5:56.61	1:11.75	1800m:	21:25.98	1:11.59	3100m:	36:48.62	1:11.20
	600m:	7:08.16	1:11.55	1900m:	22:37.50	1:11.52	3200m:	37:59.84	1:11.22
	700m:	8:19.58	1:11.42	2000m:	23:48.44	1:10.94	3300m:	39:11.28	1:11.44
	800m:	9:31.06	1:11.48	2100m:	24:59.09	1:10.65	3400m:	40:22.55	1:11.27
	900m:	10:42.67	1:11.61	2200m:	26:10.07	1:10.98	3500m:	41:34.35	1:11.80
	1000m:	11:54.67	1:12.00	2300m:	27:20.39	1:10.32	3600m:	42:45.03	1:10.68
	1100m:	13:06.07	1:11.40	2400m:	28:31.39	1:11.00	3700m:	43:56.63	1:11.60
	1200m:	14:17.42	1:11.35	2500m:	29:42.16	1:10.77	3800m:	45:07.64	1:11.01
	1300m:	15:28.80	1:11.38	2600m:	30:53.37	1:11.21	3900m:	46:19.20	1:11.56
<b>2.</b>	<b>Martin MILICEVIC</b>		<b>11</b>	<b>Turrita Nuoto</b>				<b>1:01:54.67</b>	<b>476</b>
	100m:	1:09.83	1:09.83	1400m:	16:49.31	1:11.57	2700m:	32:43.69	1:14.02
	200m:	2:22.65	1:12.82	1500m:	18:00.75	1:11.44	2800m:	33:58.09	1:14.40
	300m:	3:34.48	1:11.83	1600m:	19:12.84	1:12.09	2900m:	35:13.08	1:14.99
	400m:	4:46.22	1:11.74	1700m:	20:24.91	1:12.07	3000m:	36:27.49	1:14.41
	500m:	5:57.91	1:11.69	1800m:	21:36.90	1:11.99	3100m:	37:42.17	1:14.68
	600m:	7:10.21	1:12.30	1900m:	22:50.16	1:13.26	3200m:	38:57.02	1:14.85
	700m:	8:22.56	1:12.35	2000m:	24:03.61	1:13.45	3300m:	40:11.79	1:14.77
	800m:	9:35.01	1:12.45	2100m:	25:17.34	1:13.73	3400m:	41:27.48	1:15.69
	900m:	10:47.50	1:12.49	2200m:	26:32.09	1:14.75	3500m:	42:43.20	1:15.72
	1000m:	12:00.15	1:12.65	2300m:	27:46.24	1:14.15	3600m:	43:59.66	1:16.46
	1100m:	13:12.52	1:12.37	2400m:	29:00.55	1:14.31	3700m:	45:15.69	1:16.03
	1200m:	14:25.27	1:12.75	2500m:	30:15.50	1:14.95	3800m:	46:32.08	1:16.39
	1300m:	15:37.74	1:12.47	2600m:	31:29.67	1:14.17	3900m:	47:48.78	1:16.70
<b>3.</b>	<b>Damian RYSER</b>		<b>11</b>	<b>Turrita Nuoto</b>				<b>1:03:27.93</b>	<b>442</b>
	100m:	1:09.86	1:09.86	1400m:	17:17.70	1:14.64	2700m:	33:34.32	1:15.91
	200m:	2:23.63	1:13.77	1500m:	18:32.01	1:14.31	2800m:	34:50.05	1:15.73
	300m:	3:37.99	1:14.36	1600m:	19:46.79	1:14.78	2900m:	36:06.29	1:16.24
	400m:	4:52.33	1:14.34	1700m:	21:01.95	1:15.16	3000m:	37:22.61	1:16.32
	500m:	6:07.19	1:14.86	1800m:	22:16.98	1:15.03	3100m:	38:39.36	1:16.75
	600m:	7:22.20	1:15.01	1900m:	23:32.42	1:15.44	3200m:	39:55.48	1:16.12
	700m:	8:36.61	1:14.41	2000m:	24:47.50	1:15.08	3300m:	41:11.96	1:16.48
	800m:	9:51.50	1:14.89	2100m:	26:02.44	1:14.94	3400m:	42:28.92	1:16.96
	900m:	11:05.83	1:14.33	2200m:	27:18.00	1:15.56	3500m:	43:45.83	1:16.91
	1000m:	12:20.38	1:14.55	2300m:	28:32.69	1:14.69	3600m:	45:02.47	1:16.64
	1100m:	13:34.33	1:13.95	2400m:	29:47.81	1:15.12	3700m:	46:19.21	1:16.74
	1200m:	14:48.89	1:14.56	2500m:	31:02.97	1:15.16	3800m:	47:36.06	1:16.85
	1300m:	16:03.06	1:14.17	2600m:	32:18.41	1:15.44	3900m:	48:53.24	1:17.18
<b>4.</b>	<b>Andrea TIRRI</b>		<b>12</b>	<b>Lugano Aquatics</b>				<b>1:03:54.78</b>	<b>433</b>
	100m:	1:08.73	1:08.73	1400m:	17:05.15	1:15.77	2700m:	33:29.38	1:18.70
	200m:	2:22.26	1:13.53	1500m:	18:21.30	1:16.15	2800m:	34:47.93	1:18.55
	300m:	3:35.47	1:13.21	1600m:	19:37.33	1:16.03	2900m:	36:07.84	1:19.91
	400m:	4:48.70	1:13.23	1700m:	20:51.81	1:14.48	3000m:	37:26.75	1:18.91
	500m:	6:01.12	1:12.42	1800m:	22:08.67	1:16.86	3100m:	38:39.86	1:13.11
	600m:	7:14.03	1:12.91	1900m:	23:24.40	1:15.73	3200m:	39:54.50	1:14.64
	700m:	8:27.66	1:13.63	2000m:	24:38.22	1:13.82	3300m:	41:11.24	1:16.74
	800m:	9:41.00	1:13.34	2100m:	25:51.36	1:13.14	3400m:	42:30.89	1:19.65
	900m:	10:54.51	1:13.51	2200m:	27:04.81	1:13.45	3500m:	43:51.76	1:20.87
	1000m:	12:07.91	1:13.40	2300m:	28:19.57	1:14.76	3600m:	45:12.18	1:20.42
	1100m:	13:21.08	1:13.17	2400m:	29:37.56	1:17.99	3700m:	46:33.71	1:21.53
	1200m:	14:34.99	1:13.91	2500m:	30:53.56	1:16.00	3800m:	47:55.53	1:21.82
	1300m:	15:49.38	1:14.39	2600m:	32:10.68	1:17.12	3900m:	49:17.10	1:21.57

**gara 1, Ragazzi, 5000m Stile Libero, 14 - 15 anni**

Rango	An		Tempo		Pt.			
<b>5.</b>	<b>Gian FIABANE</b>		<b>11</b>	<b>Nuoto Sport Locarno</b>	<b>1:05:01.90</b> 411			
	100m: 1:11.40	1:11.40	1400m: 17:41.05	1:17.41	2700m: 34:30.91	1:17.16	4000m: 51:35.01	1:20.14
	200m: 2:26.05	1:14.65	1500m: 18:57.91	1:16.86	2800m: 35:48.74	1:17.83	4100m: 52:55.56	1:20.55
	300m: 3:41.44	1:15.39	1600m: 20:15.20	1:17.29	2900m: 37:06.98	1:18.24	4200m: 54:16.40	1:20.84
	400m: 4:57.35	1:15.91	1700m: 21:32.52	1:17.32	3000m: 38:25.46	1:18.48	4300m: 55:37.29	1:20.89
	500m: 6:13.44	1:16.09	1800m: 22:50.17	1:17.65	3100m: 39:44.06	1:18.60	4400m: 56:57.73	1:20.44
	600m: 7:29.37	1:15.93	1900m: 24:07.86	1:17.69	3200m: 41:02.24	1:18.18	4500m: 58:18.45	1:20.72
	700m: 8:45.26	1:15.89	2000m: 25:25.68	1:17.82	3300m: 42:20.66	1:18.42	4600m: 59:39.02	1:20.57
	800m: 10:01.23	1:15.97	2100m: 26:43.39	1:17.71	3400m: 43:38.94	1:18.28	4700m: 1:01:00.21	1:21.19
	900m: 11:18.00	1:16.77	2200m: 28:01.15	1:17.76	3500m: 44:57.34	1:18.40	4800m: 1:02:21.12	1:20.91
	1000m: 12:34.19	1:16.19	2300m: 29:19.04	1:17.89	3600m: 46:16.18	1:18.84	4900m: 1:03:41.86	1:20.74
	1100m: 13:50.41	1:16.22	2400m: 30:37.40	1:18.36	3700m: 47:35.23	1:19.05	5000m: 1:05:01.90	1:20.04
	1200m: 15:06.94	1:16.53	2500m: 31:56.16	1:18.76	3800m: 48:55.03	1:19.80		
	1300m: 16:23.64	1:16.70	2600m: 33:13.75	1:17.59	3900m: 50:14.87	1:19.84		

**16 - 17 anni, Ragazzi**

<b>1.</b>	<b>Gerardo TIRRI</b>		<b>09</b>	<b>Lugano Aquatics</b>	<b>56:42.91</b> 620			
	100m: 1:05.03	1:05.03	1400m: 15:49.10	1:07.16	2700m: 30:31.43	1:07.79	4000m: 45:20.08	1:08.62
	200m: 2:12.60	1:07.57	1500m: 16:56.33	1:07.23	2800m: 31:39.31	1:07.88	4100m: 46:28.80	1:08.72
	300m: 3:20.78	1:08.18	1600m: 18:03.57	1:07.24	2900m: 32:47.51	1:08.20	4200m: 47:37.56	1:08.76
	400m: 4:29.15	1:08.37	1700m: 19:11.04	1:07.47	3000m: 33:55.68	1:08.17	4300m: 48:46.41	1:08.85
	500m: 5:37.72	1:08.57	1800m: 20:18.57	1:07.53	3100m: 35:03.85	1:08.17	4400m: 49:54.81	1:08.40
	600m: 6:46.36	1:08.64	1900m: 21:25.98	1:07.41	3200m: 36:12.40	1:08.55	4500m: 51:03.13	1:08.32
	700m: 7:54.76	1:08.40	2000m: 22:34.00	1:08.02	3300m: 37:20.88	1:08.48	4600m: 52:12.02	1:08.89
	800m: 9:02.96	1:08.20	2100m: 23:41.88	1:07.88	3400m: 38:29.12	1:08.24	4700m: 53:20.59	1:08.57
	900m: 10:11.56	1:08.60	2200m: 24:50.03	1:08.15	3500m: 39:37.55	1:08.43	4800m: 54:29.77	1:09.18
	1000m: 11:19.68	1:08.12	2300m: 25:58.18	1:08.15	3600m: 40:45.71	1:08.16	4900m: 55:38.84	1:09.07
	1100m: 12:27.16	1:07.48	2400m: 27:06.87	1:08.69	3700m: 41:54.19	1:08.48	5000m: 56:42.91	1:04.07
	1200m: 13:34.59	1:07.43	2500m: 28:15.74	1:08.87	3800m: 43:03.07	1:08.88		
	1300m: 14:41.94	1:07.35	2600m: 29:23.64	1:07.90	3900m: 44:11.46	1:08.39		
<b>2.</b>	<b>Matteo CIMEN</b>		<b>10</b>	<b>Lugano Aquatics</b>	<b>1:00:46.27</b> 504			
	100m: 1:06.39	1:06.39	1400m: 16:44.92	1:12.41	2700m: 32:31.68	1:13.44	4000m: 48:33.79	1:13.84
	200m: 2:18.05	1:11.66	1500m: 17:57.41	1:12.49	2800m: 33:45.22	1:13.54	4100m: 49:47.82	1:14.03
	300m: 3:30.08	1:12.03	1600m: 19:10.37	1:12.96	2900m: 34:59.70	1:14.48	4200m: 51:01.28	1:13.46
	400m: 4:43.49	1:13.41	1700m: 20:23.79	1:13.42	3000m: 36:12.60	1:12.90	4300m: 52:14.64	1:13.36
	500m: 5:55.75	1:12.26	1800m: 21:35.70	1:11.91	3100m: 37:26.23	1:13.63	4400m: 53:28.48	1:13.84
	600m: 7:07.57	1:11.82	1900m: 22:48.25	1:12.55	3200m: 38:40.30	1:14.07	4500m: 54:41.79	1:13.31
	700m: 8:18.88	1:11.31	2000m: 24:00.92	1:12.67	3300m: 39:54.05	1:13.75	4600m: 55:55.11	1:13.32
	800m: 9:30.92	1:12.04	2100m: 25:13.62	1:12.70	3400m: 41:07.93	1:13.88	4700m: 57:07.72	1:12.61
	900m: 10:42.68	1:11.76	2200m: 26:26.62	1:13.00	3500m: 42:22.33	1:14.40	4800m: 58:21.06	1:13.34
	1000m: 11:55.02	1:12.34	2300m: 27:39.61	1:12.99	3600m: 43:36.42	1:14.09	4900m: 59:34.58	1:13.52
	1100m: 13:07.09	1:12.07	2400m: 28:52.34	1:12.73	3700m: 44:50.76	1:14.34	5000m: 1:00:46.27	1:11.69
	1200m: 14:19.79	1:12.70	2500m: 30:05.01	1:12.67	3800m: 46:05.01	1:14.25		
	1300m: 15:32.51	1:12.72	2600m: 31:18.24	1:13.23	3900m: 47:19.95	1:14.94		
<b>3.</b>	<b>Julian DIEZ</b>		<b>10</b>	<b>SC Flös</b>	<b>1:08:05.66</b> 358			
	100m: 1:07.07	1:07.07	1400m: 17:35.21	1:18.49	2700m: 35:03.87	1:22.97	4000m: 53:25.52	1:26.42
	200m: 2:21.07	1:14.00	1500m: 18:53.86	1:18.65	2800m: 36:27.28	1:23.41	4100m: 54:52.71	1:27.19
	300m: 3:35.14	1:14.07	1600m: 20:13.38	1:19.52	2900m: 37:51.23	1:23.95	4200m: 56:20.13	1:27.42
	400m: 4:49.22	1:14.08	1700m: 21:33.32	1:19.94	3000m: 39:15.17	1:23.94	4300m: 57:48.10	1:27.97
	500m: 6:06.32	1:17.10	1800m: 22:52.62	1:19.30	3100m: 40:39.77	1:24.60	4400m: 59:17.10	1:29.00
	600m: 7:21.25	1:14.93	1900m: 24:13.21	1:20.59	3200m: 42:04.19	1:24.42	4500m: 1:00:47.96	1:30.86
	700m: 8:36.05	1:14.80	2000m: 25:33.36	1:20.15	3300m: 43:28.80	1:24.61	4600m: 1:02:18.13	1:30.17
	800m: 9:52.11	1:16.06	2100m: 26:54.19	1:20.83	3400m: 44:53.33	1:24.53	4700m: 1:03:46.73	1:28.60
	900m: 11:07.53	1:15.42	2200m: 28:15.45	1:21.26	3500m: 46:17.92	1:24.59	4800m: 1:05:14.18	1:27.45
	1000m: 12:23.28	1:15.75	2300m: 29:36.10	1:20.65	3600m: 47:42.77	1:24.85	4900m: 1:06:41.32	1:27.14
	1100m: 13:40.79	1:17.51	2400m: 30:57.17	1:21.07	3700m: 49:07.60	1:24.83	5000m: 1:08:05.66	1:24.34
	1200m: 14:58.35	1:17.56	2500m: 32:19.13	1:21.96	3800m: 50:32.97	1:25.37		
	1300m: 16:16.72	1:18.37	2600m: 33:40.90	1:21.77	3900m: 51:59.10	1:26.13		

**gara 1, 5000m Stile Libero**
**14 anni e più vecchi, Uomini**

<b>1. Claudio LORENZETTI</b>	<b>03</b>	<b>AST Savosa</b>	<b>55:55.05</b>	<b>647</b>
100m: 1:03.08 1:03.08	1400m: 15:20.45 1:06.65	2700m: 29:57.66 1:07.88	4000m: 44:35.95 1:07.73	
200m: 2:08.33 1:05.25	1500m: 16:27.23 1:06.78	2800m: 31:04.82 1:07.16	4100m: 45:43.55 1:07.60	
300m: 3:13.86 1:05.53	1600m: 17:34.23 1:07.00	2900m: 32:12.59 1:07.77	4200m: 46:51.05 1:07.50	
400m: 4:19.43 1:05.57	1700m: 18:41.51 1:07.28	3000m: 33:20.31 1:07.72	4300m: 47:58.77 1:07.72	
500m: 5:25.46 1:06.03	1800m: 19:48.59 1:07.08	3100m: 34:27.61 1:07.30	4400m: 49:07.18 1:08.41	
600m: 6:31.46 1:06.00	1900m: 20:55.72 1:07.13	3200m: 35:35.30 1:07.69	4500m: 50:15.38 1:08.20	
700m: 7:37.48 1:06.02	2000m: 22:03.15 1:07.43	3300m: 36:42.83 1:07.53	4600m: 51:23.25 1:07.87	
800m: 8:43.31 1:05.83	2100m: 23:10.47 1:07.32	3400m: 37:50.58 1:07.75	4700m: 52:31.17 1:07.92	
900m: 9:49.39 1:06.08	2200m: 24:18.33 1:07.86	3500m: 38:58.24 1:07.66	4800m: 53:38.95 1:07.78	
1000m: 10:55.75 1:06.36	2300m: 25:25.42 1:07.09	3600m: 40:05.84 1:07.60	4900m: 54:48.42 1:09.47	
1100m: 12:01.56 1:05.81	2400m: 26:34.01 1:08.59	3700m: 41:12.93 1:07.09	5000m: 55:55.05 1:06.63	
1200m: 13:07.31 1:05.75	2500m: 27:42.19 1:08.18	3800m: 42:20.49 1:07.56		
1300m: 14:13.80 1:06.49	2600m: 28:49.78 1:07.59	3900m: 43:28.22 1:07.73		
<b>2. Gerardo TIRRI</b>	<b>09</b>	<b>Lugano Aquatics</b>	<b>56:42.91</b>	<b>620</b>
100m: 1:05.03 1:05.03	1400m: 15:49.10 1:07.16	2700m: 30:31.43 1:07.79	4000m: 45:20.08 1:08.62	
200m: 2:12.60 1:07.57	1500m: 16:56.33 1:07.23	2800m: 31:39.31 1:07.88	4100m: 46:28.80 1:08.72	
300m: 3:20.78 1:08.18	1600m: 18:03.57 1:07.24	2900m: 32:47.51 1:08.20	4200m: 47:37.56 1:08.76	
400m: 4:29.15 1:08.37	1700m: 19:11.04 1:07.47	3000m: 33:55.68 1:08.17	4300m: 48:46.41 1:08.85	
500m: 5:37.72 1:08.57	1800m: 20:18.57 1:07.53	3100m: 35:03.85 1:08.17	4400m: 49:54.81 1:08.40	
600m: 6:46.36 1:08.64	1900m: 21:25.98 1:07.41	3200m: 36:12.40 1:08.55	4500m: 51:03.13 1:08.32	
700m: 7:54.76 1:08.40	2000m: 22:34.00 1:08.02	3300m: 37:20.88 1:08.48	4600m: 52:12.02 1:08.89	
800m: 9:02.96 1:08.20	2100m: 23:41.88 1:07.88	3400m: 38:29.12 1:08.24	4700m: 53:20.59 1:08.57	
900m: 10:11.56 1:08.60	2200m: 24:50.03 1:08.15	3500m: 39:37.55 1:08.43	4800m: 54:29.77 1:09.18	
1000m: 11:19.68 1:08.12	2300m: 25:58.18 1:08.15	3600m: 40:45.71 1:08.16	4900m: 55:38.84 1:09.07	
1100m: 12:27.16 1:07.48	2400m: 27:06.87 1:08.69	3700m: 41:54.19 1:08.48	5000m: 56:42.91 1:04.07	
1200m: 13:34.59 1:07.43	2500m: 28:15.74 1:08.87	3800m: 43:03.07 1:08.88		
1300m: 14:41.94 1:07.35	2600m: 29:23.64 1:07.90	3900m: 44:11.46 1:08.39		
<b>3. Gioele REZZONICO</b>	<b>08</b>	<b>Turrita Nuoto</b>	<b>58:06.96</b>	<b>576</b>
100m: 1:03.85 1:03.85	1400m: 15:49.25 1:08.61	2700m: 30:49.91 1:10.24	4000m: 46:12.84 1:12.07	
200m: 2:10.90 1:07.05	1500m: 16:58.19 1:08.94	2800m: 32:00.22 1:10.31	4100m: 47:25.19 1:12.35	
300m: 3:18.76 1:07.86	1600m: 18:07.14 1:08.95	2900m: 33:10.96 1:10.74	4200m: 48:37.25 1:12.06	
400m: 4:27.09 1:08.33	1700m: 19:15.45 1:08.31	3000m: 34:21.44 1:10.48	4300m: 49:50.59 1:13.34	
500m: 5:35.35 1:08.26	1800m: 20:24.67 1:09.22	3100m: 35:32.33 1:10.89	4400m: 51:02.76 1:12.17	
600m: 6:43.83 1:08.48	1900m: 21:33.64 1:08.97	3200m: 36:43.19 1:10.86	4500m: 52:14.47 1:11.71	
700m: 7:52.08 1:08.25	2000m: 22:42.50 1:08.86	3300m: 37:52.13 1:08.94	4600m: 53:25.97 1:11.50	
800m: 9:00.21 1:08.13	2100m: 23:51.58 1:09.08	3400m: 39:02.72 1:10.59	4700m: 54:37.33 1:11.36	
900m: 10:08.20 1:07.99	2200m: 25:00.85 1:09.27	3500m: 40:13.22 1:10.50	4800m: 55:47.76 1:10.43	
1000m: 11:16.26 1:08.06	2300m: 26:10.00 1:09.15	3600m: 41:24.31 1:11.09	4900m: 56:57.79 1:10.03	
1100m: 12:24.28 1:08.02	2400m: 27:19.64 1:09.64	3700m: 42:36.38 1:12.07	5000m: 58:06.96 1:09.17	
1200m: 13:32.27 1:07.99	2500m: 28:29.90 1:10.26	3800m: 43:48.31 1:11.93		
1300m: 14:40.64 1:08.37	2600m: 29:39.67 1:09.77	3900m: 45:00.77 1:12.46		
<b>4. Alessio MARBACH</b>	<b>08</b>	<b>AST Savosa</b>	<b>58:15.50</b>	<b>572</b>
100m: 1:07.04 1:07.04	1400m: 16:11.21 1:09.14	2700m: 31:16.07 1:10.60	4000m: 46:35.32 1:11.63	
200m: 2:16.80 1:09.76	1500m: 17:20.86 1:09.65	2800m: 32:26.61 1:10.54	4100m: 47:46.29 1:10.97	
300m: 3:27.56 1:10.76	1600m: 18:30.34 1:09.48	2900m: 33:37.66 1:11.05	4200m: 48:56.70 1:10.41	
400m: 4:37.56 1:10.00	1700m: 19:39.50 1:09.16	3000m: 34:48.56 1:10.90	4300m: 50:07.08 1:10.38	
500m: 5:47.96 1:10.40	1800m: 20:48.31 1:08.81	3100m: 35:59.26 1:10.70	4400m: 51:17.87 1:10.79	
600m: 6:57.85 1:09.89	1900m: 21:57.33 1:09.02	3200m: 37:10.26 1:11.00	4500m: 52:28.06 1:10.19	
700m: 8:07.58 1:09.73	2000m: 23:06.85 1:09.52	3300m: 38:20.60 1:10.34	4600m: 53:37.50 1:09.44	
800m: 9:17.06 1:09.48	2100m: 24:16.44 1:09.59	3400m: 39:30.62 1:10.02	4700m: 54:46.90 1:09.40	
900m: 10:26.04 1:08.98	2200m: 25:26.68 1:10.24	3500m: 40:41.29 1:10.67	4800m: 55:56.29 1:09.39	
1000m: 11:35.43 1:09.39	2300m: 26:36.38 1:09.70	3600m: 41:51.29 1:10.00	4900m: 57:05.87 1:09.58	
1100m: 12:44.24 1:08.81	2400m: 27:45.72 1:09.34	3700m: 43:01.94 1:10.65	5000m: 58:15.50 1:09.63	
1200m: 13:52.88 1:08.64	2500m: 28:55.36 1:09.64	3800m: 44:12.50 1:10.56		
1300m: 15:02.07 1:09.19	2600m: 30:05.47 1:10.11	3900m: 45:23.69 1:11.19		

**gara 1, Uomini, 5000m Stile Libero, 14 anni e più vecchi**

Rango			An					Tempo	Pt.
<b>5.</b>	<b>Elias SALZMANN</b>		<b>11</b>	<b>Nuoto Sport Locarno</b>		<b>59:24.22</b>		<b>539</b>	
	100m: 1:08.47	1:08.47	1400m: 16:40.44	1:11.64	2700m: 32:04.18	1:10.81	4000m: 47:30.78	1:11.58	
	200m: 2:20.44	1:11.97	1500m: 17:51.77	1:11.33	2800m: 33:15.52	1:11.34	4100m: 48:42.44	1:11.66	
	300m: 3:32.78	1:12.34	1600m: 19:03.19	1:11.42	2900m: 34:26.62	1:11.10	4200m: 49:54.29	1:11.85	
	400m: 4:44.86	1:12.08	1700m: 20:14.39	1:11.20	3000m: 35:37.42	1:10.80	4300m: 51:06.05	1:11.76	
	500m: 5:56.61	1:11.75	1800m: 21:25.98	1:11.59	3100m: 36:48.62	1:11.20	4400m: 52:17.72	1:11.67	
	600m: 7:08.16	1:11.55	1900m: 22:37.50	1:11.52	3200m: 37:59.84	1:11.22	4500m: 53:29.25	1:11.53	
	700m: 8:19.58	1:11.42	2000m: 23:48.44	1:10.94	3300m: 39:11.28	1:11.44	4600m: 54:40.94	1:11.69	
	800m: 9:31.06	1:11.48	2100m: 24:59.09	1:10.65	3400m: 40:22.55	1:11.27	4700m: 55:52.43	1:11.49	
	900m: 10:42.67	1:11.61	2200m: 26:10.07	1:10.98	3500m: 41:34.35	1:11.80	4800m: 57:03.62	1:11.19	
	1000m: 11:54.67	1:12.00	2300m: 27:20.39	1:10.32	3600m: 42:45.03	1:10.68	4900m: 58:15.21	1:11.59	
	1100m: 13:06.07	1:11.40	2400m: 28:31.39	1:11.00	3700m: 43:56.63	1:11.60	5000m: 59:24.22	1:09.01	
	1200m: 14:17.42	1:11.35	2500m: 29:42.16	1:10.77	3800m: 45:07.64	1:11.01			
	1300m: 15:28.80	1:11.38	2600m: 30:53.37	1:11.21	3900m: 46:19.20	1:11.56			
<b>6.</b>	<b>Matteo CIMEN</b>		<b>10</b>	<b>Lugano Aquatics</b>		<b>1:00:46.27</b>		<b>504</b>	
	100m: 1:06.39	1:06.39	1400m: 16:44.92	1:12.41	2700m: 32:31.68	1:13.44	4000m: 48:33.79	1:13.84	
	200m: 2:18.05	1:11.66	1500m: 17:57.41	1:12.49	2800m: 33:45.22	1:13.54	4100m: 49:47.82	1:14.03	
	300m: 3:30.08	1:12.03	1600m: 19:10.37	1:12.96	2900m: 34:59.70	1:14.48	4200m: 51:01.28	1:13.46	
	400m: 4:43.49	1:13.41	1700m: 20:23.79	1:13.42	3000m: 36:12.60	1:12.90	4300m: 52:14.64	1:13.36	
	500m: 5:55.75	1:12.26	1800m: 21:35.70	1:11.91	3100m: 37:26.23	1:13.63	4400m: 53:28.48	1:13.84	
	600m: 7:07.57	1:11.82	1900m: 22:48.25	1:12.55	3200m: 38:40.30	1:14.07	4500m: 54:41.79	1:13.31	
	700m: 8:18.88	1:11.31	2000m: 24:00.92	1:12.67	3300m: 39:54.05	1:13.75	4600m: 55:55.11	1:13.32	
	800m: 9:30.92	1:12.04	2100m: 25:13.62	1:12.70	3400m: 41:07.93	1:13.88	4700m: 57:07.72	1:12.61	
	900m: 10:42.68	1:11.76	2200m: 26:26.62	1:13.00	3500m: 42:22.33	1:14.40	4800m: 58:21.06	1:13.34	
	1000m: 11:55.02	1:12.34	2300m: 27:39.61	1:12.99	3600m: 43:36.42	1:14.09	4900m: 59:34.58	1:13.52	
	1100m: 13:07.09	1:12.07	2400m: 28:52.34	1:12.73	3700m: 44:50.76	1:14.34	5000m: 1:00:46.27	1:11.69	
	1200m: 14:19.79	1:12.70	2500m: 30:05.01	1:12.67	3800m: 46:05.01	1:14.25			
	1300m: 15:32.51	1:12.72	2600m: 31:18.24	1:13.23	3900m: 47:19.95	1:14.94			
<b>7.</b>	<b>Martin MILICEVIC</b>		<b>11</b>	<b>Turrita Nuoto</b>		<b>1:01:54.67</b>		<b>476</b>	
	100m: 1:09.83	1:09.83	1400m: 16:49.31	1:11.57	2700m: 32:43.69	1:14.02	4000m: 49:06.13	1:17.35	
	200m: 2:22.65	1:12.82	1500m: 18:00.75	1:11.44	2800m: 33:58.09	1:14.40	4100m: 50:22.46	1:16.33	
	300m: 3:34.48	1:11.83	1600m: 19:12.84	1:12.09	2900m: 35:13.08	1:14.99	4200m: 51:39.51	1:17.05	
	400m: 4:46.22	1:11.74	1700m: 20:24.91	1:12.07	3000m: 36:27.49	1:14.41	4300m: 52:56.47	1:16.96	
	500m: 5:57.91	1:11.69	1800m: 21:36.90	1:11.99	3100m: 37:42.17	1:14.68	4400m: 54:13.58	1:17.11	
	600m: 7:10.21	1:12.30	1900m: 22:50.16	1:13.26	3200m: 38:57.02	1:14.85	4500m: 55:30.80	1:17.22	
	700m: 8:22.56	1:12.35	2000m: 24:03.61	1:13.45	3300m: 40:11.79	1:14.77	4600m: 56:48.06	1:17.26	
	800m: 9:35.01	1:12.45	2100m: 25:17.34	1:13.73	3400m: 41:27.48	1:15.69	4700m: 58:05.04	1:16.98	
	900m: 10:47.50	1:12.49	2200m: 26:32.09	1:14.75	3500m: 42:43.20	1:15.72	4800m: 59:22.61	1:17.57	
	1000m: 12:00.15	1:12.65	2300m: 27:46.24	1:14.15	3600m: 43:59.66	1:16.46	4900m: 1:00:40.12	1:17.51	
	1100m: 13:12.52	1:12.37	2400m: 29:00.55	1:14.31	3700m: 45:15.69	1:16.03	5000m: 1:01:54.67	1:14.55	
	1200m: 14:25.27	1:12.75	2500m: 30:15.50	1:14.95	3800m: 46:32.08	1:16.39			
	1300m: 15:37.74	1:12.47	2600m: 31:29.67	1:14.17	3900m: 47:48.78	1:16.70			
<b>8.</b>	<b>Damian RYSER</b>		<b>11</b>	<b>Turrita Nuoto</b>		<b>1:03:27.93</b>		<b>442</b>	
	100m: 1:09.86	1:09.86	1400m: 17:17.70	1:14.64	2700m: 33:34.32	1:15.91	4000m: 50:10.87	1:17.63	
	200m: 2:23.63	1:13.77	1500m: 18:32.01	1:14.31	2800m: 34:50.05	1:15.73	4100m: 51:29.30	1:18.43	
	300m: 3:37.99	1:14.36	1600m: 19:46.79	1:14.78	2900m: 36:06.29	1:16.24	4200m: 52:48.30	1:19.00	
	400m: 4:52.33	1:14.34	1700m: 21:01.95	1:15.16	3000m: 37:22.61	1:16.32	4300m: 54:07.55	1:19.25	
	500m: 6:07.19	1:14.86	1800m: 22:16.98	1:15.03	3100m: 38:39.36	1:16.75	4400m: 55:27.11	1:19.56	
	600m: 7:22.20	1:15.01	1900m: 23:32.42	1:15.44	3200m: 39:55.48	1:16.12	4500m: 56:46.80	1:19.69	
	700m: 8:36.61	1:14.41	2000m: 24:47.50	1:15.08	3300m: 41:11.96	1:16.48	4600m: 58:06.97	1:20.17	
	800m: 9:51.50	1:14.89	2100m: 26:02.44	1:14.94	3400m: 42:28.92	1:16.96	4700m: 59:27.60	1:20.63	
	900m: 11:05.83	1:14.33	2200m: 27:18.00	1:15.56	3500m: 43:45.83	1:16.91	4800m: 1:00:48.31	1:20.71	
	1000m: 12:20.38	1:14.55	2300m: 28:32.69	1:14.69	3600m: 45:02.47	1:16.64	4900m: 1:02:08.90	1:20.59	
	1100m: 13:34.33	1:13.95	2400m: 29:47.81	1:15.12	3700m: 46:19.21	1:16.74	5000m: 1:03:27.93	1:19.03	
	1200m: 14:48.89	1:14.56	2500m: 31:02.97	1:15.16	3800m: 47:36.06	1:16.85			
	1300m: 16:03.06	1:14.17	2600m: 32:18.41	1:15.44	3900m: 48:53.24	1:17.18			

**gara 1, Uomini, 5000m Stile Libero, 14 anni e più vecchi**

Rango	An		Tempo		Pt.			
<b>9.</b>	<b>Andrea TIRRI</b>		<b>12</b>	<b>Lugano Aquatics</b>	<b>1:03:54.78</b> 433			
	100m: 1:08.73	1:08.73	1400m: 17:05.15	1:15.77	2700m: 33:29.38	1:18.70	4000m: 50:32.83	1:15.73
	200m: 2:22.26	1:13.53	1500m: 18:21.30	1:16.15	2800m: 34:47.93	1:18.55	4100m: 51:53.75	1:20.92
	300m: 3:35.47	1:13.21	1600m: 19:37.33	1:16.03	2900m: 36:07.84	1:19.91	4200m: 53:16.38	1:22.63
	400m: 4:48.70	1:13.23	1700m: 20:51.81	1:14.48	3000m: 37:26.75	1:18.91	4300m: 54:38.88	1:22.50
	500m: 6:01.12	1:12.42	1800m: 22:08.67	1:16.86	3100m: 38:39.86	1:13.11	4400m: 56:02.08	1:23.20
	600m: 7:14.03	1:12.91	1900m: 23:24.40	1:15.73	3200m: 39:54.50	1:14.64	4500m: 57:24.38	1:22.30
	700m: 8:27.66	1:13.63	2000m: 24:38.22	1:13.82	3300m: 41:11.24	1:16.74	4600m: 58:47.12	1:22.74
	800m: 9:41.00	1:13.34	2100m: 25:51.36	1:13.14	3400m: 42:30.89	1:19.65	4700m: 1:00:10.06	1:22.94
	900m: 10:54.51	1:13.51	2200m: 27:04.81	1:13.45	3500m: 43:51.76	1:20.87	4800m: 1:01:31.40	1:21.34
	1000m: 12:07.91	1:13.40	2300m: 28:19.57	1:14.76	3600m: 45:12.18	1:20.42	4900m: 1:02:50.17	1:18.77
	1100m: 13:21.08	1:13.17	2400m: 29:37.56	1:17.99	3700m: 46:33.71	1:21.53	5000m: 1:03:54.78	1:04.61
	1200m: 14:34.99	1:13.91	2500m: 30:53.56	1:16.00	3800m: 47:55.53	1:21.82		
	1300m: 15:49.38	1:14.39	2600m: 32:10.68	1:17.12	3900m: 49:17.10	1:21.57		
<b>10.</b>	<b>Gian FIABANE</b>		<b>11</b>	<b>Nuoto Sport Locarno</b>	<b>1:05:01.90</b> 411			
	100m: 1:11.40	1:11.40	1400m: 17:41.05	1:17.41	2700m: 34:30.91	1:17.16	4000m: 51:35.01	1:20.14
	200m: 2:26.05	1:14.65	1500m: 18:57.91	1:16.86	2800m: 35:48.74	1:17.83	4100m: 52:55.56	1:20.55
	300m: 3:41.44	1:15.39	1600m: 20:15.20	1:17.29	2900m: 37:06.98	1:18.24	4200m: 54:16.40	1:20.84
	400m: 4:57.35	1:15.91	1700m: 21:32.52	1:17.32	3000m: 38:25.46	1:18.48	4300m: 55:37.29	1:20.89
	500m: 6:13.44	1:16.09	1800m: 22:50.17	1:17.65	3100m: 39:44.06	1:18.60	4400m: 56:57.73	1:20.44
	600m: 7:29.37	1:15.93	1900m: 24:07.86	1:17.69	3200m: 41:02.24	1:18.18	4500m: 58:18.45	1:20.72
	700m: 8:45.26	1:15.89	2000m: 25:25.68	1:17.82	3300m: 42:20.66	1:18.42	4600m: 59:39.02	1:20.57
	800m: 10:01.23	1:15.97	2100m: 26:43.39	1:17.71	3400m: 43:38.94	1:18.28	4700m: 1:01:00.21	1:21.19
	900m: 11:18.00	1:16.77	2200m: 28:01.15	1:17.76	3500m: 44:57.34	1:18.40	4800m: 1:02:21.12	1:20.91
	1000m: 12:34.19	1:16.19	2300m: 29:19.04	1:17.89	3600m: 46:16.18	1:18.84	4900m: 1:03:41.86	1:20.74
	1100m: 13:50.41	1:16.22	2400m: 30:37.40	1:18.36	3700m: 47:35.23	1:19.05	5000m: 1:05:01.90	1:20.04
	1200m: 15:06.94	1:16.53	2500m: 31:56.16	1:18.76	3800m: 48:55.03	1:19.80		
	1300m: 16:23.64	1:16.70	2600m: 33:13.75	1:17.59	3900m: 50:14.87	1:19.84		
<b>11.</b>	<b>Julian DIEZ</b>		<b>10</b>	<b>SC Flös</b>	<b>1:08:05.66</b> 358			
	100m: 1:07.07	1:07.07	1400m: 17:35.21	1:18.49	2700m: 35:03.87	1:22.97	4000m: 53:25.52	1:26.42
	200m: 2:21.07	1:14.00	1500m: 18:53.86	1:18.65	2800m: 36:27.28	1:23.41	4100m: 54:52.71	1:27.19
	300m: 3:35.14	1:14.07	1600m: 20:13.38	1:19.52	2900m: 37:51.23	1:23.95	4200m: 56:20.13	1:27.42
	400m: 4:49.22	1:14.08	1700m: 21:33.32	1:19.94	3000m: 39:15.17	1:23.94	4300m: 57:48.10	1:27.97
	500m: 6:06.32	1:17.10	1800m: 22:52.62	1:19.30	3100m: 40:39.77	1:24.60	4400m: 59:17.10	1:29.00
	600m: 7:21.25	1:14.93	1900m: 24:13.21	1:20.59	3200m: 42:04.19	1:24.42	4500m: 1:00:47.96	1:30.86
	700m: 8:36.05	1:14.80	2000m: 25:33.36	1:20.15	3300m: 43:28.80	1:24.61	4600m: 1:02:18.13	1:30.17
	800m: 9:52.11	1:16.06	2100m: 26:54.19	1:20.83	3400m: 44:53.33	1:24.53	4700m: 1:03:46.73	1:28.60
	900m: 11:07.53	1:15.42	2200m: 28:15.45	1:21.26	3500m: 46:17.92	1:24.59	4800m: 1:05:14.18	1:27.45
	1000m: 12:23.28	1:15.75	2300m: 29:36.10	1:20.65	3600m: 47:42.77	1:24.85	4900m: 1:06:41.32	1:27.14
	1100m: 13:40.79	1:17.51	2400m: 30:57.17	1:21.07	3700m: 49:07.60	1:24.83	5000m: 1:08:05.66	1:24.34
	1200m: 14:58.35	1:17.56	2500m: 32:19.13	1:21.96	3800m: 50:32.97	1:25.37		
	1300m: 16:16.72	1:18.37	2600m: 33:40.90	1:21.77	3900m: 51:59.10	1:26.13		