

Wettkampf 22
11.04.2026 - 18:15

Damen, 400m Freistil

allg. Kategorie
Rangliste Finals

Swiss National Records 4:09.29 Rigamonti, Flavia AST Austin (USA) 06.06.2008

Limite : 4:42.77 / Limite 2x : 4:48.77 / Limite 3x : 4:54.77

Punkte: AQUA 2026

Rang			An						RT	Temps	Pkt.	
Final A												
1.	Djakovic, Vanna		2005 SC Uster						+0.78	4:17.63	751	
	50m:	29.91	29.91	150m:	1:34.05	32.26	250m:	2:39.63	32.63	350m:	3:45.90	33.13
	100m:	1:01.79	31.88	200m:	2:07.00	32.95	300m:	3:12.77	33.14	400m:	4:17.63	31.73
2.	Bertschi, Amelie		2005 AST Savosa						+0.70	4:25.96	682	
	50m:	30.00	30.00	150m:	1:36.13	33.64	250m:	2:44.04	34.19	350m:	3:52.72	34.52
	100m:	1:02.49	32.49	200m:	2:09.85	33.72	300m:	3:18.20	34.16	400m:	4:25.96	33.24
3.	Balthasar, Julia		2006 Lausanne Aquatique						+0.78	4:26.43	679	
	50m:	30.83	30.83	150m:	1:38.25	33.86	250m:	2:46.71	33.81	350m:	3:54.87	33.78
	100m:	1:04.39	33.56	200m:	2:12.90	34.65	300m:	3:21.09	34.38	400m:	4:26.43	31.56
4.	Papais, Suami		2008 AST Savosa						+0.70	4:27.74	669	
	50m:	30.50	30.50	150m:	1:37.02	33.81	250m:	2:45.67	34.85	350m:	3:54.90	34.70
	100m:	1:03.21	32.71	200m:	2:10.82	33.80	300m:	3:20.20	34.53	400m:	4:27.74	32.84
5.	Bruhin, Anina		2006 SC Uster						+0.72	4:28.62	662	
	50m:	31.23	31.23	150m:	1:37.41	32.95	250m:	2:44.87	33.64	350m:	3:53.91	34.72
	100m:	1:04.46	33.23	200m:	2:11.23	33.82	300m:	3:19.19	34.32	400m:	4:28.62	34.71
6.	Mani, Nina		2009 Swim Regio Solothurn						+0.71	4:32.61	633	
	50m:	31.24	31.24	150m:	1:39.33	34.64	250m:	2:49.08	35.39	350m:	3:59.36	35.55
	100m:	1:04.69	33.45	200m:	2:13.69	34.36	300m:	3:23.81	34.73	400m:	4:32.61	33.25
7.	Déverin, Soyala		2007 SC Aarefisch						+0.69	4:33.67	626	
	50m:	31.16	31.16	150m:	1:39.46	34.33	250m:	2:49.10	34.78	350m:	3:59.59	35.19
	100m:	1:05.13	33.97	200m:	2:14.32	34.86	300m:	3:24.40	35.30	400m:	4:33.67	34.08
8.	Piccirilli, Lisa		2006 Red-Fish Neuchâtel						+0.76	4:34.51	620	
	50m:	31.28	31.28	150m:	1:39.56	34.71	250m:	2:49.85	35.09	350m:	4:00.83	35.10
	100m:	1:04.85	33.57	200m:	2:14.76	35.20	300m:	3:25.73	35.88	400m:	4:34.51	33.68
9.	Rossi, Elisabetta		2007 Mendrisiotto Nuoto						+0.77	4:36.42	608	
	50m:	30.90	30.90	150m:	1:38.01	34.01	250m:	2:48.43	36.02	350m:	4:00.63	36.56
	100m:	1:04.00	33.10	200m:	2:12.41	34.40	300m:	3:24.07	35.64	400m:	4:36.42	35.79
10.	von Burg, Alicia		2008 Swim Regio Solothurn						+0.83	4:42.46	569	
	50m:	31.35	31.35	150m:	1:40.69	35.30	250m:	2:53.03	36.01	350m:	4:07.51	37.07
	100m:	1:05.39	34.04	200m:	2:17.02	36.33	300m:	3:30.44	37.41	400m:	4:42.46	34.95
Final B												
11.	D'Iorio, Micol		2009 Turríta Nuoto						+0.74	4:28.49	663	
	50m:	30.87	30.87	150m:	1:37.16	33.45	250m:	2:45.57	34.64	350m:	3:55.27	35.17
	100m:	1:03.71	32.84	200m:	2:10.93	33.77	300m:	3:20.10	34.53	400m:	4:28.49	33.22
12.	Rochat, Leane		2010 Lausanne Aquatique						+0.73	4:34.60	620	
	50m:	31.00	31.00	150m:	1:40.07	34.86	250m:	2:50.77	35.30	350m:	4:01.76	35.37
	100m:	1:05.21	34.21	200m:	2:15.47	35.40	300m:	3:26.39	35.62	400m:	4:34.60	32.84
13.	Benelli, Lou Anna		2010 SK Bern						+0.70	4:35.49	614	
	50m:	32.05	32.05	150m:	1:40.89	34.83	250m:	2:51.72	35.86	350m:	4:02.22	34.71
	100m:	1:06.06	34.01	200m:	2:15.86	34.97	300m:	3:27.51	35.79	400m:	4:35.49	33.27
14.	Egger, Linda		2007 SC Aarefisch						+0.81	4:36.83	605	
	50m:	31.37	31.37	150m:	1:40.03	34.71	250m:	2:51.24	35.47	350m:	4:02.56	35.44
	100m:	1:05.32	33.95	200m:	2:15.77	35.74	300m:	3:27.12	35.88	400m:	4:36.83	34.27
15.	Fontana, Sofia		2010 Turríta Nuoto						+0.74	4:37.23	602	
	50m:	31.20	31.20	150m:	1:39.83	34.89	250m:	2:51.34	36.14	350m:	4:02.87	35.96
	100m:	1:04.94	33.74	200m:	2:15.20	35.37	300m:	3:26.91	35.57	400m:	4:37.23	34.36

Wettkampf 22, Damen, 400m Freistil, Final, allg. Kategorie

Rang	An						RT	Temps	Pkt.			
16.	Pitzer, Anna						2005	Basel Aquatics	+0.79	4:40.69	580	
	50m:	32.39	32.39	150m:	1:43.19	35.56	250m:	2:54.29	35.46	350m:	4:05.52	35.43
	100m:	1:07.63	35.24	200m:	2:18.83	35.64	300m:	3:30.09	35.80	400m:	4:40.69	35.17
17.	Hirsch, Frida						2011	SC Kreuzlingen	+0.75	4:42.28	570	
	50m:	31.91	31.91	150m:	1:42.32	35.45	250m:	2:54.99	36.47	350m:	4:07.88	36.68
	100m:	1:06.87	34.96	200m:	2:18.52	36.20	300m:	3:31.20	36.21	400m:	4:42.28	34.40
18.	Waser, Shayenne						2010	Swim Team Lucerne	+0.69	4:43.74	562 *	
	50m:	32.24	32.24	150m:	1:42.99	35.81	250m:	2:55.54	36.32	350m:	4:08.56	36.24
	100m:	1:07.18	34.94	200m:	2:19.22	36.23	300m:	3:32.32	36.78	400m:	4:43.74	35.18
19.	Schnellmann, Aline						2011	SV St.Gallen-Witten	+0.62	4:43.99	560 *	
	50m:	32.23	32.23	150m:	1:43.37	36.41	250m:	2:56.46	37.13	350m:	4:09.36	36.38
	100m:	1:06.96	34.73	200m:	2:19.33	35.96	300m:	3:32.98	36.52	400m:	4:43.99	34.63
20.	Giglio, Lara						2010	SV Baar	+0.65	4:47.26	541 *	
	50m:	32.13	32.13	150m:	1:43.12	35.70	250m:	2:57.18	37.27	350m:	4:10.91	37.02
	100m:	1:07.42	35.29	200m:	2:19.91	36.79	300m:	3:33.89	36.71	400m:	4:47.26	36.35