

Epreuve 12
10.04.2026 - 9:30

Messieurs, 400m 4 nages

Cat. générale
Liste résultats Eliminatoires

Swiss National Records 4:12.86 Desplanches, Jérémy GEN Rennes (FRA) 16.04.2019

Limite : 4:58.95 / Limite 2x : 5:04.95 / Limite 3x : 5:10.95

Points: AQUA 2026

Rang				An				TR	Temps	Pts		
1.	Toscan, Marius			2002	SC Uster			+0.72	4:24.14	773	A	
	50m:	27.54	27.54	150m:	1:32.97	34.32	250m:	2:44.08	37.63	350m:	3:54.19	31.50
	100m:	58.65	31.11	200m:	2:06.45	33.48	300m:	3:22.69	38.61	400m:	4:24.14	29.95
2.	Schreiber, Christian			2002	SC Uster			+0.72	4:35.29	683	A	
	50m:	29.60	29.60	150m:	1:40.13	35.86	250m:	2:54.43	40.22	350m:	4:05.49	30.89
	100m:	1:04.27	34.67	200m:	2:14.21	34.08	300m:	3:34.60	40.17	400m:	4:35.29	29.80
3.	Niederberger, Julien			2005	Lausanne Aquatique			+0.67	4:35.35	683	A	
	50m:	29.06	29.06	150m:	1:39.63	36.54	250m:	2:53.96	38.92	350m:	4:05.81	32.93
	100m:	1:03.09	34.03	200m:	2:15.04	35.41	300m:	3:32.88	38.92	400m:	4:35.35	29.54
4.	Guidotti, Lorenzo			2008	Geneve Natation 1885			+0.66	4:35.66	680	A	
	50m:	28.17	28.17	150m:	1:36.88	36.46	250m:	2:52.06	38.35	350m:	4:03.23	31.68
	100m:	1:00.42	32.25	200m:	2:13.71	36.83	300m:	3:31.55	39.49	400m:	4:35.66	32.43
5.	Polster, Attila			2007	SC Uster			+0.67	4:38.97	656	A	
	50m:	28.37	28.37	150m:	1:37.94	36.83	250m:	2:53.18	39.55	350m:	4:06.39	33.44
	100m:	1:01.11	32.74	200m:	2:13.63	35.69	300m:	3:32.95	39.77	400m:	4:38.97	32.58
6.	D'Iorio, Ian			2006	Turrita Nuoto			+0.65	4:41.50	639	A	
	50m:	28.63	28.63	150m:	1:40.87	38.75	250m:	2:58.72	41.28	350m:	4:10.47	32.23
	100m:	1:02.12	33.49	200m:	2:17.44	36.57	300m:	3:38.24	39.52	400m:	4:41.50	31.03
7.	Baur, Luca			2007	Lausanne Aquatique			+0.67	4:42.69	631	A	
	50m:	30.09	30.09	150m:	1:40.88	36.16	250m:	2:56.49	40.10	350m:	4:10.77	33.41
	100m:	1:04.72	34.63	200m:	2:16.39	35.51	300m:	3:37.36	40.87	400m:	4:42.69	31.92
8.	Gerdes, Eder			2004	SV St.Gallen-Witten			+0.67	4:45.29	614	A	
	50m:	28.95	28.95	150m:	1:40.11	36.84	250m:	2:57.07	40.58	350m:	4:12.41	33.88
	100m:	1:03.27	34.32	200m:	2:16.49	36.38	300m:	3:38.53	41.46	400m:	4:45.29	32.88
9.	Schiedt, Julius			2007	SG Liechtenstein			+0.80	4:45.60	612	A	
	50m:	29.23	29.23	150m:	1:40.74	37.15	250m:	2:57.91	40.54	350m:	4:13.73	33.81
	100m:	1:03.59	34.36	200m:	2:17.37	36.63	300m:	3:39.92	42.01	400m:	4:45.60	31.87
10.	Rykov, Vladyslav			2008	SC Bülach			+0.75	4:47.06	602	A	
	50m:	30.26	30.26	150m:	1:42.43	37.88	250m:	3:01.21	42.58	350m:	4:15.40	32.14
	100m:	1:04.55	34.29	200m:	2:18.63	36.20	300m:	3:43.26	42.05	400m:	4:47.06	31.66
11.	Knab, Yannick			2006	SC Liestal			+0.68	4:48.22	595	B	
	50m:	28.99	28.99	150m:	1:41.30	36.46	250m:	2:59.07	40.97	350m:	4:15.17	34.18
	100m:	1:04.84	35.85	200m:	2:18.10	36.80	300m:	3:40.99	41.92	400m:	4:48.22	33.05
12.	Birrer, Tobias			2008	Swim Regio Solothurn			+0.74	4:48.94	591	B	
	50m:	29.46	29.46	150m:	1:43.70	38.80	250m:	3:03.76	41.59	350m:	4:17.98	32.40
	100m:	1:04.90	35.44	200m:	2:22.17	38.47	300m:	3:45.58	41.82	400m:	4:48.94	30.96
13.	Donati, Ernesto			2011	Lausanne Aquatique			+0.61	4:49.68	586	B	
	50m:	30.26	30.26	150m:	1:45.51	39.66	250m:	3:03.91	40.15	350m:	4:17.67	33.12
	100m:	1:05.85	35.59	200m:	2:23.76	38.25	300m:	3:44.55	40.64	400m:	4:49.68	32.01
14.	Yotsumoto, Yuuki			2010	Limmat Sharks Zürich			+0.66	4:49.94	585	B	
	50m:	31.71	31.71	150m:	1:47.54	39.08	250m:	3:04.37	39.26	350m:	4:17.97	33.35
	100m:	1:08.46	36.75	200m:	2:25.11	37.57	300m:	3:44.62	40.25	400m:	4:49.94	31.97
15.	Tschanz, Adrian			2009	SK Bern			+0.79	4:50.45	581	B	
	50m:	30.15	30.15	150m:	1:42.41	37.03	250m:	3:00.93	40.42	350m:	4:17.52	34.11
	100m:	1:05.38	35.23	200m:	2:20.51	38.10	300m:	3:43.41	42.48	400m:	4:50.45	32.93
16.	Alberti, Davide			2010	AST Savosa			+0.77	4:51.33	576	B	
	50m:	30.72	30.72	150m:	1:42.78	35.69	250m:	3:02.36	42.66	350m:	4:19.03	34.11
	100m:	1:07.09	36.37	200m:	2:19.70	36.92	300m:	3:44.92	42.56	400m:	4:51.33	32.30

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Rang				An				TR	Temps	Pts		
17.	Salzmann, Elias			2011	Nuoto Sport Locarno			+0.77	4:51.73	574	B	
	50m:	31.46	31.46	150m:	1:44.72	38.21	250m:	3:02.90	41.30	350m:	4:18.70	34.62
	100m:	1:06.51	35.05	200m:	2:21.60	36.88	300m:	3:44.08	41.18	400m:	4:51.73	33.03
18.	Mosconi, Pietro			2009	Geneve Natation 1885			+0.64	4:53.29	565	B	
	50m:	28.91	28.91	150m:	1:41.73	39.57	250m:	3:03.39	43.83	350m:	4:20.47	33.84
	100m:	1:02.16	33.25	200m:	2:19.56	37.83	300m:	3:46.63	43.24	400m:	4:53.29	32.82
19.	Gabellieri, Tommaso			2010	Renens-Natation			+0.69	4:53.57	563	B	
	50m:	30.84	30.84	150m:	1:44.76	38.19	250m:	3:03.72	40.05	350m:	4:19.83	33.73
	100m:	1:06.57	35.73	200m:	2:23.67	38.91	300m:	3:46.10	42.38	400m:	4:53.57	33.74
20.	Michalis, Leo			2011	Geneve Natation 1885			+0.79	4:59.11	532	B *	
	50m:	30.41	30.41	150m:	1:44.65	38.54	250m:	3:06.50	45.67	350m:	4:25.51	34.10
	100m:	1:06.11	35.70	200m:	2:20.83	36.18	300m:	3:51.41	44.91	400m:	4:59.11	33.60
21.	Weidner, Paul			2008	Swim Team Biel-Bienne			+0.72	5:00.23	526	R *	
	50m:	30.48	30.48	150m:	1:46.33	39.78	250m:	3:05.98	42.35	350m:	4:25.05	36.50
	100m:	1:06.55	36.07	200m:	2:23.63	37.30	300m:	3:48.55	42.57	400m:	5:00.23	35.18
22.	Feld, Alessandro			2008	SC Thalwil			+0.71	5:00.37	526	*	
	50m:	29.57	29.57	150m:	1:44.99	39.82	250m:	3:06.63	42.80	350m:	4:25.73	35.67
	100m:	1:05.17	35.60	200m:	2:23.83	38.84	300m:	3:50.06	43.43	400m:	5:00.37	34.64
23.	Dziuba, Valerii			2008	CN Delémont			+0.69	5:09.05	483	**	
	50m:	30.95	30.95	150m:	1:45.56	38.59	250m:	3:07.25	43.85	350m:	4:30.70	38.16
	100m:	1:06.97	36.02	200m:	2:23.40	37.84	300m:	3:52.54	45.29	400m:	5:09.05	38.35
forf.déc.	Tirri, Gerardo			2009	Lugano Aquatics							