

Epreuve 12
 10.04.2026 - 18:17

Messieurs, 400m 4 nages

 Cat. générale
 Liste résultats Finales

Swiss National Records 4:12.86 Desplanches, Jérémy GEN Rennes (FRA) 16.04.2019

Limite : 4:58.95 / Limite 2x : 5:04.95 / Limite 3x : 5:10.95

Points: AQUA 2026

Rang			An				TR	Temps	Pts
Finale A									
1.	Toscan, Marius		2002 SC Uster				+0.70	4:17.60	834
	50m:	27.04 27.04	150m:	1:31.51 33.66	250m:	2:41.11 36.40	350m:	3:48.23 30.19	
	100m:	57.85 30.81	200m:	2:04.71 33.20	300m:	3:18.04 36.93	400m:	4:17.60 29.37	
2.	Niederberger, Julien		2005 Lausanne Aquatique				+0.65	4:27.03	748
	50m:	28.17 28.17	150m:	1:34.92 34.01	250m:	2:45.86 37.31	350m:	3:55.82 31.56	
	100m:	1:00.91 32.74	200m:	2:08.55 33.63	300m:	3:24.26 38.40	400m:	4:27.03 31.21	
3.	Guidotti, Lorenzo		2008 Geneve Natation 1885				+0.66	4:31.26	714
	50m:	28.56 28.56	150m:	1:38.05 36.05	250m:	2:52.01 38.32	350m:	4:01.82 31.10	
	100m:	1:02.00 33.44	200m:	2:13.69 35.64	300m:	3:30.72 38.71	400m:	4:31.26 29.44	
4.	Polster, Attila		2007 SC Uster				+0.65	4:32.50	704
	50m:	28.14 28.14	150m:	1:36.85 36.11	250m:	2:50.19 38.03	350m:	4:00.85 32.34	
	100m:	1:00.74 32.60	200m:	2:12.16 35.31	300m:	3:28.51 38.32	400m:	4:32.50 31.65	
5.	D'Iorio, Ian		2006 Turrita Nuoto				+0.67	4:33.52	696
	50m:	28.54 28.54	150m:	1:38.89 37.54	250m:	2:53.46 39.00	350m:	4:03.70 31.75	
	100m:	1:01.35 32.81	200m:	2:14.46 35.57	300m:	3:31.95 38.49	400m:	4:33.52 29.82	
6.	Schreiber, Christian		2002 SC Uster				+0.73	4:33.91	693
	50m:	29.01 29.01	150m:	1:37.59 35.19	250m:	2:52.63 40.94	350m:	4:03.72 30.51	
	100m:	1:02.40 33.39	200m:	2:11.69 34.10	300m:	3:33.21 40.58	400m:	4:33.91 30.19	
7.	Baur, Luca		2007 Lausanne Aquatique				+0.69	4:41.03	642
	50m:	29.38 29.38	150m:	1:40.01 36.20	250m:	2:55.04 39.43	350m:	4:09.30 33.52	
	100m:	1:03.81 34.43	200m:	2:15.61 35.60	300m:	3:35.78 40.74	400m:	4:41.03 31.73	
8.	Rykov, Vladyslav		2008 SC Bülach				+0.74	4:44.61	618
	50m:	29.47 29.47	150m:	1:40.72 37.20	250m:	2:59.96 42.46	350m:	4:14.35 31.93	
	100m:	1:03.52 34.05	200m:	2:17.50 36.78	300m:	3:42.42 42.46	400m:	4:44.61 30.26	
9.	Gerdes, Eder		2004 SV St.Gallen-Witten				+0.67	4:48.28	595
	50m:	28.95 28.95	150m:	1:40.84 38.16	250m:	2:59.87 41.77	350m:	4:15.52 33.73	
	100m:	1:02.68 33.73	200m:	2:18.10 37.26	300m:	3:41.79 41.92	400m:	4:48.28 32.76	
10.	Schiedt, Julius		2007 SG Liechtenstein				+0.81	4:52.19	571
	50m:	29.13 29.13	150m:	1:41.40 37.30	250m:	3:01.10 41.26	350m:	4:19.39 33.21	
	100m:	1:04.10 34.97	200m:	2:19.84 38.44	300m:	3:46.18 45.08	400m:	4:52.19 32.80	
Finale B									
11.	Birrer, Tobias		2008 Swim Regio Solothurn				+0.75	4:43.90	623
	50m:	28.94 28.94	150m:	1:41.94 38.77	250m:	3:01.22 41.18	350m:	4:14.24 31.65	
	100m:	1:03.17 34.23	200m:	2:20.04 38.10	300m:	3:42.59 41.37	400m:	4:43.90 29.66	
12.	Knab, Yannick		2006 SC Liestal				+0.69	4:45.92	610
	50m:	28.48 28.48	150m:	1:39.41 37.55	250m:	2:57.08 40.84	350m:	4:13.44 34.82	
	100m:	1:01.86 33.38	200m:	2:16.24 36.83	300m:	3:38.62 41.54	400m:	4:45.92 32.48	
13.	Yotsumoto, Yuuki		2010 Limmat Sharks Zürich				+0.70	4:45.96	609
	50m:	30.30 30.30	150m:	1:44.85 38.86	250m:	3:01.89 39.32	350m:	4:14.31 33.21	
	100m:	1:05.99 35.69	200m:	2:22.57 37.72	300m:	3:41.10 39.21	400m:	4:45.96 31.65	
14.	Alberti, Davide		2010 AST Savosa				+0.83	4:46.87	604
	50m:	30.17 30.17	150m:	1:42.39 36.95	250m:	3:00.99 42.15	350m:	4:15.79 34.52	
	100m:	1:05.44 35.27	200m:	2:18.84 36.45	300m:	3:41.27 40.28	400m:	4:46.87 31.08	
15.	Donati, Ernesto		2011 Lausanne Aquatique				+0.61	4:48.39	594
	50m:	29.95 29.95	150m:	1:43.58 38.57	250m:	3:02.79 40.97	350m:	4:16.74 33.24	
	100m:	1:05.01 35.06	200m:	2:21.82 38.24	300m:	3:43.50 40.71	400m:	4:48.39 31.65	

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Rang	An						TR	Temps	Pts			
16.	Tschanz, Adrian						2009 SK Bern	+0.71	4:49.74	586		
	50m:	30.18	30.18	150m:	1:42.45	37.31	250m:	3:00.46	41.07	350m:	4:16.88	33.91
	100m:	1:05.14	34.96	200m:	2:19.39	36.94	300m:	3:42.97	42.51	400m:	4:49.74	32.86
17.	Salzmann, Elias						2011 Nuoto Sport Locarno	+0.77	4:49.81	585		
	50m:	30.76	30.76	150m:	1:42.41	37.07	250m:	3:01.55	41.30	350m:	4:16.69	33.14
	100m:	1:05.34	34.58	200m:	2:20.25	37.84	300m:	3:43.55	42.00	400m:	4:49.81	33.12
18.	Gabellieri, Tommaso						2010 Renens-Natation	+0.68	4:49.88	585		
	50m:	31.55	31.55	150m:	1:44.70	37.57	250m:	3:02.94	39.87	350m:	4:17.74	33.61
	100m:	1:07.13	35.58	200m:	2:23.07	38.37	300m:	3:44.13	41.19	400m:	4:49.88	32.14
19.	Mosconi, Pietro						2009 Geneve Natation 1885	+0.68	4:53.84	562		
	50m:	29.05	29.05	150m:	1:41.25	38.91	250m:	3:03.24	43.96	350m:	4:20.59	33.58
	100m:	1:02.34	33.29	200m:	2:19.28	38.03	300m:	3:47.01	43.77	400m:	4:53.84	33.25
20.	Michalis, Leo						2011 Geneve Natation 1885	+0.75	5:01.68	519 *		
	50m:	30.08	30.08	150m:	1:45.43	39.40	250m:	3:08.90	46.32	350m:	4:29.50	34.68
	100m:	1:06.03	35.95	200m:	2:22.58	37.15	300m:	3:54.82	45.92	400m:	5:01.68	32.18