

Wettkampf 12  
10.04.2026 - 9:30

Herren, 400m Lagen

allg. Kategorie  
Rangliste Vorläufe

Swiss National Records 4:12.86 Desplanches, Jérémy GEN Rennes (FRA) 16.04.2019

Limite : 4:58.95 / Limite 2x : 5:04.95 / Limite 3x : 5:10.95

Punkte: AQUA 2026

Rang	An			RT			Temps	Pkt.
1. Toscan, Marius	2002 SC Uster			+0.72	<b>4:24.14</b>	773	A	
50m: 27.54	27.54	150m: 1:32.97	34.32	250m: 2:44.08	37.63	350m: 3:54.19	31.50	
100m: 58.65	31.11	200m: 2:06.45	33.48	300m: 3:22.69	38.61	400m: 4:24.14	29.95	
2. Schreiber, Christian	2002 SC Uster			+0.72	<b>4:35.29</b>	683	A	
50m: 29.60	29.60	150m: 1:40.13	35.86	250m: 2:54.43	40.22	350m: 4:05.49	30.89	
100m: 1:04.27	34.67	200m: 2:14.21	34.08	300m: 3:34.60	40.17	400m: 4:35.29	29.80	
3. Niederberger, Julien	2005 Lausanne Aquatique			+0.67	<b>4:35.35</b>	683	A	
50m: 29.06	29.06	150m: 1:39.63	36.54	250m: 2:53.96	38.92	350m: 4:05.81	32.93	
100m: 1:03.09	34.03	200m: 2:15.04	35.41	300m: 3:32.88	38.92	400m: 4:35.35	29.54	
4. Guidotti, Lorenzo	2008 Geneve Natation 1885			+0.66	<b>4:35.66</b>	680	A	
50m: 28.17	28.17	150m: 1:36.88	36.46	250m: 2:52.06	38.35	350m: 4:03.23	31.68	
100m: 1:00.42	32.25	200m: 2:13.71	36.83	300m: 3:31.55	39.49	400m: 4:35.66	32.43	
5. Polster, Attila	2007 SC Uster			+0.67	<b>4:38.97</b>	656	A	
50m: 28.37	28.37	150m: 1:37.94	36.83	250m: 2:53.18	39.55	350m: 4:06.39	33.44	
100m: 1:01.11	32.74	200m: 2:13.63	35.69	300m: 3:32.95	39.77	400m: 4:38.97	32.58	
6. D'Iorio, Ian	2006 Turrita Nuoto			+0.65	<b>4:41.50</b>	639	A	
50m: 28.63	28.63	150m: 1:40.87	38.75	250m: 2:58.72	41.28	350m: 4:10.47	32.23	
100m: 1:02.12	33.49	200m: 2:17.44	36.57	300m: 3:38.24	39.52	400m: 4:41.50	31.03	
7. Baur, Luca	2007 Lausanne Aquatique			+0.67	<b>4:42.69</b>	631	A	
50m: 30.09	30.09	150m: 1:40.88	36.16	250m: 2:56.49	40.10	350m: 4:10.77	33.41	
100m: 1:04.72	34.63	200m: 2:16.39	35.51	300m: 3:37.36	40.87	400m: 4:42.69	31.92	
8. Gerdes, Eder	2004 SV St.Gallen-Witten			+0.67	<b>4:45.29</b>	614	A	
50m: 28.95	28.95	150m: 1:40.11	36.84	250m: 2:57.07	40.58	350m: 4:12.41	33.88	
100m: 1:03.27	34.32	200m: 2:16.49	36.38	300m: 3:38.53	41.46	400m: 4:45.29	32.88	
9. Schiedt, Julius	2007 SG Liechtenstein			+0.80	<b>4:45.60</b>	612	A	
50m: 29.23	29.23	150m: 1:40.74	37.15	250m: 2:57.91	40.54	350m: 4:13.73	33.81	
100m: 1:03.59	34.36	200m: 2:17.37	36.63	300m: 3:39.92	42.01	400m: 4:45.60	31.87	
10. Rykov, Vladyslav	2008 SC Bülach			+0.75	<b>4:47.06</b>	602	A	
50m: 30.26	30.26	150m: 1:42.43	37.88	250m: 3:01.21	42.58	350m: 4:15.40	32.14	
100m: 1:04.55	34.29	200m: 2:18.63	36.20	300m: 3:43.26	42.05	400m: 4:47.06	31.66	
11. Knab, Yannick	2006 SC Liestal			+0.68	<b>4:48.22</b>	595	B	
50m: 28.99	28.99	150m: 1:41.30	36.46	250m: 2:59.07	40.97	350m: 4:15.17	34.18	
100m: 1:04.84	35.85	200m: 2:18.10	36.80	300m: 3:40.99	41.92	400m: 4:48.22	33.05	
12. Birrer, Tobias	2008 Swim Regio Solothurn			+0.74	<b>4:48.94</b>	591	B	
50m: 29.46	29.46	150m: 1:43.70	38.80	250m: 3:03.76	41.59	350m: 4:17.98	32.40	
100m: 1:04.90	35.44	200m: 2:22.17	38.47	300m: 3:45.58	41.82	400m: 4:48.94	30.96	
13. Donati, Ernesto	2011 Lausanne Aquatique			+0.61	<b>4:49.68</b>	586	B	
50m: 30.26	30.26	150m: 1:45.51	39.66	250m: 3:03.91	40.15	350m: 4:17.67	33.12	
100m: 1:05.85	35.59	200m: 2:23.76	38.25	300m: 3:44.55	40.64	400m: 4:49.68	32.01	
14. Yotsumoto, Yuuki	2010 Limmat Sharks Zürich			+0.66	<b>4:49.94</b>	585	B	
50m: 31.71	31.71	150m: 1:47.54	39.08	250m: 3:04.37	39.26	350m: 4:17.97	33.35	
100m: 1:08.46	36.75	200m: 2:25.11	37.57	300m: 3:44.62	40.25	400m: 4:49.94	31.97	
15. Tschanz, Adrian	2009 SK Bern			+0.79	<b>4:50.45</b>	581	B	
50m: 30.15	30.15	150m: 1:42.41	37.03	250m: 3:00.93	40.42	350m: 4:17.52	34.11	
100m: 1:05.38	35.23	200m: 2:20.51	38.10	300m: 3:43.41	42.48	400m: 4:50.45	32.93	
16. Alberti, Davide	2010 AST Savosa			+0.77	<b>4:51.33</b>	576	B	
50m: 30.72	30.72	150m: 1:42.78	35.69	250m: 3:02.36	42.66	350m: 4:19.03	34.11	
100m: 1:07.09	36.37	200m: 2:19.70	36.92	300m: 3:44.92	42.56	400m: 4:51.33	32.30	

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Rang				An				RT	Temps	Pkt.		
17.	Salzmann, Elias			2011 Nuoto Sport Locarno			+0.77	<b>4:51.73</b>	574	B		
	50m:	31.46	31.46	150m:	1:44.72	38.21	250m:	3:02.90	41.30	350m:	4:18.70	34.62
	100m:	1:06.51	35.05	200m:	2:21.60	36.88	300m:	3:44.08	41.18	400m:	4:51.73	33.03
18.	Mosconi, Pietro			2009 Geneve Natation 1885			+0.64	<b>4:53.29</b>	565	B		
	50m:	28.91	28.91	150m:	1:41.73	39.57	250m:	3:03.39	43.83	350m:	4:20.47	33.84
	100m:	1:02.16	33.25	200m:	2:19.56	37.83	300m:	3:46.63	43.24	400m:	4:53.29	32.82
19.	Gabellieri, Tommaso			2010 Renens-Natation			+0.69	<b>4:53.57</b>	563	B		
	50m:	30.84	30.84	150m:	1:44.76	38.19	250m:	3:03.72	40.05	350m:	4:19.83	33.73
	100m:	1:06.57	35.73	200m:	2:23.67	38.91	300m:	3:46.10	42.38	400m:	4:53.57	33.74
20.	Michalis, Leo			2011 Geneve Natation 1885			+0.79	<b>4:59.11</b>	532	B *		
	50m:	30.41	30.41	150m:	1:44.65	38.54	250m:	3:06.50	45.67	350m:	4:25.51	34.10
	100m:	1:06.11	35.70	200m:	2:20.83	36.18	300m:	3:51.41	44.91	400m:	4:59.11	33.60
21.	Weidner, Paul			2008 Swim Team Biel-Bienne			+0.72	<b>5:00.23</b>	526	R *		
	50m:	30.48	30.48	150m:	1:46.33	39.78	250m:	3:05.98	42.35	350m:	4:25.05	36.50
	100m:	1:06.55	36.07	200m:	2:23.63	37.30	300m:	3:48.55	42.57	400m:	5:00.23	35.18
22.	Feld, Alessandro			2008 SC Thalwil			+0.71	<b>5:00.37</b>	526	*		
	50m:	29.57	29.57	150m:	1:44.99	39.82	250m:	3:06.63	42.80	350m:	4:25.73	35.67
	100m:	1:05.17	35.60	200m:	2:23.83	38.84	300m:	3:50.06	43.43	400m:	5:00.37	34.64
23.	Dziuba, Valerii			2008 CN Delémont			+0.69	<b>5:09.05</b>	483	**		
	50m:	30.95	30.95	150m:	1:45.56	38.59	250m:	3:07.25	43.85	350m:	4:30.70	38.16
	100m:	1:06.97	36.02	200m:	2:23.40	37.84	300m:	3:52.54	45.29	400m:	5:09.05	38.35
abg.	Tirri, Gerardo			2009 Lugano Aquatics								