

Championnats FFBN Jeunes
La Louvière, 7 - 8/2/2026

Epreuve 62
08/02/2026

Filles, 400m Libre

13 - 14 ans
Liste résultats

Temps-limite FFBN 13 ans 13: 5:35.00 / Temps-limite FFBN 14 ans 14: 5:23.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUNTRY	I-TIME	S-TIME	WA			
13 ans											
	1.	HOEBEKE, Sofia	13	DM	BEL	4:51.36	4:52.67	520			
		<i>Mistral, Trident</i>									
		50m: 33.37 33.37	150m: 1:47.72 36.97	250m: 3:02.50 37.26	350m: 4:17.52 37.10						
		100m: 1:10.75 37.38	200m: 2:25.24 37.52	300m: 3:40.42 37.92	400m: 4:52.67 35.15						
	2.	STAS, Lorane	13	LGN	BEL	4:45.82	4:53.79	514			
		<i>Mistral, Trident</i>									
		50m: 33.01 33.01	150m: 1:46.55 37.10	250m: 3:01.80 37.66	350m: 4:17.00 37.64						
		100m: 1:09.45 36.44	200m: 2:24.14 37.59	300m: 3:39.36 37.56	400m: 4:53.79 36.79						
	3.	FERRARIO, Serena Rachel	13	LSSC	ITA	4:52.40	4:59.60	484			
		<i>Mistral, Trident</i>									
		50m: 33.39 33.39	150m: 1:49.72 38.56	250m: 3:06.47 38.23	350m: 4:22.92 37.95						
		100m: 1:11.16 37.77	200m: 2:28.24 38.52	300m: 3:44.97 38.50	400m: 4:59.60 36.68						
	4.	COTAN, Bianca	13	MHN	BEL	5:02.94	4:59.62	484			
		<i>Mistral, Trident</i>									
		50m: 34.13 34.13	150m: 1:50.41 38.25	250m: 3:07.95 39.02	350m: 4:24.95 38.39						
		100m: 1:12.16 38.03	200m: 2:28.93 38.52	300m: 3:46.56 38.61	400m: 4:59.62 34.67						
	5.	MASSCHELEIN, Sophie	13	WN	BEL	5:02.36	4:59.68	484			
		<i>Mistral, Trident</i>									
		50m: 34.33 34.33	150m: 1:49.81 38.04	250m: 3:06.62 38.59	350m: 4:23.74 38.36						
		100m: 1:11.77 37.44	200m: 2:28.03 38.22	300m: 3:45.38 38.76	400m: 4:59.68 35.94						
	6.	GENOT, Alix	13	ENW	BEL	4:57.02	5:03.06	468			
		<i>Mistral, Trident</i>									
		50m: 33.59 33.59	150m: 1:50.61 38.80	250m: 3:08.36 38.62	350m: 4:26.03 38.66						
		100m: 1:11.81 38.22	200m: 2:29.74 39.13	300m: 3:47.37 39.01	400m: 5:03.06 37.03						
	7.	MUNSCH, Marie	13	LSSC	LUX	5:07.14	5:04.65	461			
		<i>Mistral, Trident</i>									
		50m: 33.95 33.95	150m: 1:52.47 39.49	250m: 3:10.54 38.82	350m: 4:26.98 38.12						
		100m: 1:12.98 39.03	200m: 2:31.72 39.25	300m: 3:48.86 38.32	400m: 5:04.65 37.67						
	8.	RAFIOU, Morayo	13	TAN	BEL	4:55.22	5:07.31	449			
		<i>Mistral, Trident</i>									
		50m: 33.82 33.82	150m: 1:50.37 38.72	250m: 3:08.24 39.03	350m: 4:27.14 38.85						
		100m: 1:11.65 37.83	200m: 2:29.21 38.84	300m: 3:48.29 40.05	400m: 5:07.31 40.17						
	9.	OMEROVIC, Ema	13	LSSC	LUX	5:06.31	5:08.19	445			
		<i>Mistral</i>									
		50m: 35.55 35.55	150m: 1:54.64 39.74	250m: 3:13.55 39.27	350m: 4:31.10 38.68						
		100m: 1:14.90 39.35	200m: 2:34.28 39.64	300m: 3:52.42 38.87	400m: 5:08.19 37.09						
	10.	VAN HOVE, Pauline	13	LGN	BEL	4:47.69	5:08.27	445			
		<i>Mistral</i>									
		50m: 34.63 34.63	150m: 1:51.59 39.01	250m: 3:10.60 39.76	350m: 4:29.83 39.91						
		100m: 1:12.58 37.95	200m: 2:30.84 39.25	300m: 3:49.92 39.32	400m: 5:08.27 38.44						
	11.	ARTAMONOVA, Anastasia	13	CNB	LUX	5:19.15	5:09.48	439			
		<i>Mistral</i>									
		50m: 34.78 34.78	150m: 1:52.41 39.82	250m: 3:11.09 39.57	350m: 4:30.80 39.84						
		100m: 1:12.59 37.81	200m: 2:31.52 39.11	300m: 3:50.96 39.87	400m: 5:09.48 38.68						
	12.	ROLL, Eloïse	13	LSSC	FRA	5:04.22	5:12.08	429			
		<i>Mistral</i>									
		50m: 34.73 34.73	150m: 1:53.74 39.55	250m: 3:13.84 40.01	350m: 4:33.60 39.82						
		100m: 1:14.19 39.46	200m: 2:33.83 40.09	300m: 3:53.78 39.94	400m: 5:12.08 38.48						

Championnats FFBN Jeunes
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Epreuve 62, Filles, 400m Libre, 13 ans

Q	PL	NAME	YB	CLUB	COUNTRY	I-TIME	S-TIME	WA		
	13.	BARDI SAM-GIAO, Gabrielle	13	MOSAN	FRA	5:11.70	5:16.97	409		
		<i>Mistral</i>								
		50m: 36.64 36.64	150m: 1:55.53 39.34	250m: 3:15.58 39.98	350m: 4:37.27 41.22					
		100m: 1:16.19 39.55	200m: 2:35.60 40.07	300m: 3:56.05 40.47	400m: 5:16.97 39.70					
	14.	VALERIO, Inès	13	ENLN	BEL	5:24.54	5:18.43	403		
		<i>Mistral</i>								
		50m: 35.04 35.04	150m: 1:56.21 41.28	250m: 3:17.70 40.54	350m: 4:39.96 40.94					
		100m: 1:14.93 39.89	200m: 2:37.16 40.95	300m: 3:59.02 41.32	400m: 5:18.43 38.47					
	15.	TOUSSAINT, Anaëlle	13	ESN	BEL	5:19.13	5:18.66	403		
		<i>Mistral</i>								
		50m: 35.61 35.61	150m: 1:54.42 40.12	250m: 3:15.87 41.74	350m: 4:38.61 41.99					
		100m: 1:14.30 38.69	200m: 2:34.13 39.71	300m: 3:56.62 40.75	400m: 5:18.66 40.05					
	16.	ACCOH, Paxcaeli	13	SCD	FRA	5:24.82	5:19.29	400		
		<i>Mistral</i>								
		50m: 35.20 35.20	150m: 1:56.54 40.81	250m: 3:18.96 41.28	350m: 4:42.09 40.89					
		100m: 1:15.73 40.53	200m: 2:37.68 41.14	300m: 4:01.20 42.24	400m: 5:19.29 37.20					
	17.	KACEJKO, Victoria	13	WN	POL	5:22.93	5:19.59	399		
		50m: 36.14 36.14	150m: 1:57.54 41.11	250m: 3:19.73 40.67	350m: 4:40.80 40.45					
		100m: 1:16.43 40.29	200m: 2:39.06 41.52	300m: 4:00.35 40.62	400m: 5:19.59 38.79					
	18.	BULTOT EL KOUCHI, Inès	13	WN	BEL	5:07.94	5:22.00	390		
		50m: 35.15 35.15	150m: 1:56.20 41.06	250m: 3:19.11 41.79	350m: 4:41.93 40.67					
		100m: 1:15.14 39.99	200m: 2:37.32 41.12	300m: 4:01.26 42.15	400m: 5:22.00 40.07					
	19.	MAGHUE, Laly	13	ENLN	BEL	5:16.57	5:22.47	388		
		50m: 35.95 35.95	150m: 1:57.27 40.98	250m: 3:20.53 41.66	350m: 4:43.71 41.31					
		100m: 1:16.29 40.34	200m: 2:38.87 41.60	300m: 4:02.40 41.87	400m: 5:22.47 38.76					
	20.	SARANCHUK, Milana	13	BOUST	UKR	5:19.19	5:26.97	373		
		50m: 37.46 37.46	150m: 1:59.30 41.05	250m: 3:23.38 41.96	350m: 4:47.52 41.79					
		100m: 1:18.25 40.79	200m: 2:41.42 42.12	300m: 4:05.73 42.35	400m: 5:26.97 39.45					
	21.	BRUNO, Juliette	13	HELIOS	BEL	5:32.81	5:34.11	349		
		50m: 36.87 36.87	150m: 2:01.83 43.20	250m: 3:27.95 43.20	350m: 4:54.03 42.37					
		100m: 1:18.63 41.76	200m: 2:44.75 42.92	300m: 4:11.66 43.71	400m: 5:34.11 40.08					
**	22.	CORNEA, Lea	13	CNDU	ROU	5:30.85	5:35.80	344		
		50m: 39.07 39.07	150m: 2:05.83 43.07	250m: 3:31.25 42.32	350m: 4:55.48 41.42					
		100m: 1:22.76 43.69	200m: 2:48.93 43.10	300m: 4:14.06 42.81	400m: 5:35.80 40.32					

14 ans

	1.	MANISE, Naëlle	12	AQUABLA	BEL	4:37.72	4:42.49	578		
		<i>Mistral, Trident</i>								
		50m: 32.30 32.30	150m: 1:43.14 35.51	250m: 2:55.44 36.20	350m: 4:08.27 35.88					
		100m: 1:07.63 35.33	200m: 2:19.24 36.10	300m: 3:32.39 36.95	400m: 4:42.49 34.22					
	2.	LA PLACA, Livia	12	MOSAN	BEL	4:44.44	4:52.50	521		
		<i>Mistral, Trident</i>								
		50m: 33.22 33.22	150m: 1:45.48 36.37	250m: 2:59.85 37.49	350m: 4:15.86 37.98					
		100m: 1:09.11 35.89	200m: 2:22.36 36.88	300m: 3:37.88 38.03	400m: 4:52.50 36.64					
	3.	CAFFAREY, Audrey	12	AQUABLA	BEL	4:53.40	4:54.11	512		
		<i>Mistral, Trident</i>								
		50m: 32.66 32.66	150m: 1:45.41 37.06	250m: 3:01.82 38.36	350m: 4:18.10 37.97					
		100m: 1:08.35 35.69	200m: 2:23.46 38.05	300m: 3:40.13 38.31	400m: 4:54.11 36.01					
	4.	CETIN, Noeline	12	PERRON	BEL	4:49.34	4:57.23	496		
		<i>Mistral</i>								
		50m: 33.94 33.94	150m: 1:49.95 38.36	250m: 3:04.56 36.94	350m: 4:20.90 38.17					
		100m: 1:11.59 37.65	200m: 2:27.62 37.67	300m: 3:42.73 38.17	400m: 4:57.23 36.33					
	5.	DE GEEST, Manon	12	AQUABLA	BEL	5:02.61	5:04.41	462		
		<i>Mistral</i>								
		50m: 34.30 34.30	150m: 1:50.93 38.53	250m: 3:09.30 39.38	350m: 4:27.32 38.99					
		100m: 1:12.40 38.10	200m: 2:29.92 38.99	300m: 3:48.33 39.03	400m: 5:04.41 37.09					

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Epreuve 62, Filles, 400m Libre, 14 ans

Q	PL	NAME	YB	CLUB	COUNTRY	I-TIME	S-TIME	WA	
	6.	BARSZCZEWSKA, Julia	12	WN	BEL	4:52.93	5:04.77	460	
		Mistral							
		50m: 33.79 33.79	150m: 1:50.12 38.88	250m: 3:08.02 38.83	350m: 4:26.46 39.13				
		100m: 1:11.24 37.45	200m: 2:29.19 39.07	300m: 3:47.33 39.31	400m: 5:04.77 38.31				
	7.	TERRIER, Elise	12	EC	BEL	5:04.66	5:06.74	451	
		50m: 34.72 34.72	150m: 1:53.65 39.77	250m: 3:12.59 39.13	350m: 4:30.07 38.07				
		100m: 1:13.88 39.16	200m: 2:33.46 39.81	300m: 3:52.00 39.41	400m: 5:06.74 36.67				
	8.	HAVELANGE, Océane	12	HELIOS	BEL	5:04.51	5:07.62	447	
		50m: 33.89 33.89	150m: 1:51.22 38.81	250m: 3:10.16 39.52	350m: 4:29.88 39.68				
		100m: 1:12.41 38.52	200m: 2:30.64 39.42	300m: 3:50.20 40.04	400m: 5:07.62 37.74				
	9.	GRENADE RAETS, Lison	12	PERRON	BEL	5:04.75	5:07.68	447	
		50m: 35.14 35.14	150m: 1:52.29 38.93	250m: 3:10.85 39.24	350m: 4:30.53 39.79				
		100m: 1:13.36 38.22	200m: 2:31.61 39.32	300m: 3:50.74 39.89	400m: 5:07.68 37.15				
	10.	PECIREP, Lana	12	CNB	LUX	5:00.98	5:08.57	443	
		50m: 33.86 33.86	150m: 1:52.35 39.96	250m: 3:11.68 39.85	350m: 4:31.89 39.33				
		100m: 1:12.39 38.53	200m: 2:31.83 39.48	300m: 3:52.56 40.88	400m: 5:08.57 36.68				
	11.	BILLET, Soline	12	DM	BEL	5:13.38	5:14.28	420	
		50m: 35.67 35.67	150m: 1:55.94 40.18	250m: 3:16.21 40.12	350m: 4:35.67 39.47				
		100m: 1:15.76 40.09	200m: 2:36.09 40.15	300m: 3:56.20 39.99	400m: 5:14.28 38.61				
	12.	DORMAL, Elise	12	FNCS	BEL	5:01.47	5:15.57	414	
		50m: 34.63 34.63	150m: 1:54.08 39.96	250m: 3:15.18 40.53	350m: 4:36.23 40.68				
		100m: 1:14.12 39.49	200m: 2:34.65 40.57	300m: 3:55.55 40.37	400m: 5:15.57 39.34				
	13.	DELEPLANQUE, Erin	12	HELIOS	BEL	5:10.61	5:16.89	409	
		50m: 35.40 35.40	150m: 1:54.27 39.54	250m: 3:15.29 40.65	350m: 4:37.77 40.97				
		100m: 1:14.73 39.33	200m: 2:34.64 40.37	300m: 3:56.80 41.51	400m: 5:16.89 39.12				
	14.	MAENE, Lea	12	MHN	BEL	5:13.73	5:17.31	408	
		50m: 36.70 36.70	150m: 1:57.15 40.47	250m: 3:18.91 40.73	350m: 4:39.06 39.51				
		100m: 1:16.68 39.98	200m: 2:38.18 41.03	300m: 3:59.55 40.64	400m: 5:17.31 38.25				
	15.	ABOUABDERRAHMANE, Inès	12	ENW	BEL	5:12.04	5:21.21	393	
		50m: 36.93 36.93	150m: 1:57.86 40.52	250m: 3:19.72 40.32	350m: 4:41.67 40.48				
		100m: 1:17.34 40.41	200m: 2:39.40 41.54	300m: 4:01.19 41.47	400m: 5:21.21 39.54				