

Epreuve 32  
2026-02-15 - 11:38

Garçons, 400m 4 nages

17 ans et moins  
Liste résultats

Quebec Provincial Age Group Records 17	4:18.56	PAQUIN-FOISY, Etienne	ELITE	Toronto	2014-12-05
Quebec Provincial Age Group Records 16	4:22.15	GONZALEZ BARBOZA, Sebastian	CAMO	Montreal	2022-05-06
Quebec Provincial Age Group Records 15	4:26.93	DUBORD, Marshal	PPO	Tualatin Hills (USA)	2013-12-13
Quebec Provincial Age Group Records 14	4:31.15	DUBORD, Marshal	PPO	Pointe-Claire	2012-12-14
Quebec Provincial Age Group Records 13	4:45.52	BUSTAMANTE, Kevin	CAMO	Montreal	2007-12-16
Quebec Provincial Age Group Records - 124:54.20		ORIWOL, Tobias	PCSC	???	1998-03-01
Canadian Age Group Records 15 - 17	4:09.22	PRATT, Cole	CASC	Toronto	2019-12-13
Canadian Age Group Records 13 - 14	4:21.08	KIM, Laon	HYACK	Coquitlam	2022-11-13
Canadian Age Group Records 11 - 12	4:48.64	JUNG, Justin	HYACK	Vancouver	2019-02-22

Coupe Québec standard A - 16: 4:50.41 / Coupe Québec standard B 17 +: 5:22.53

Points: AQUA 2025

Rang	Age				Temps				Pts			
<b>13 ans et moins</b>												
1.	ROSENBLATT, Corbin				13	Groupe aquatique Mille-Îles No				<b>5:00.12</b>	478	
	50m:	31.67	31.67	150m:	1:50.58	40.63	250m:	3:10.33	39.19	350m:	4:27.26	35.72
	100m:	1:09.95	38.28	200m:	2:31.14	40.56	300m:	3:51.54	41.21	400m:	5:00.12	32.86
2.	OCHMAN-ARSENAULT, Benjamin				13	Velox Natation				<b>5:22.15</b>	387	
	50m:	32.87	32.87	150m:	1:55.90	42.87	250m:	3:23.15	45.54	350m:	4:46.76	37.55
	100m:	1:13.03	40.16	200m:	2:37.61	41.71	300m:	4:09.21	46.06	400m:	5:22.15	35.39
3.	AUDET, Alexis				13	Minabichi La Sarre				<b>5:33.15</b>	350	
	50m:	36.82	36.82	150m:	2:00.94	42.25	250m:	3:29.92	48.52	350m:	4:57.85	39.03
	100m:	1:18.69	41.87	200m:	2:41.40	40.46	300m:	4:18.82	48.90	400m:	5:33.15	35.30
4.	DESHAIES, Victor				11	Minabichi La Sarre				<b>5:52.32</b>	296	
	50m:	38.96	38.96	150m:	2:09.44	45.68	250m:	3:45.17	50.60	350m:	5:16.30	38.10
	100m:	1:23.76	44.80	200m:	2:54.57	45.13	300m:	4:38.20	53.03	400m:	5:52.32	36.02
5.	BILODEAU, Nathan				12	Groupe aquatique Mille-Îles No				<b>6:07.67</b>	260	
	50m:	41.65	41.65	150m:	2:15.88	45.32	250m:	3:53.73	54.39	350m:	5:29.09	40.55
	100m:	1:30.56	48.91	200m:	2:59.34	43.46	300m:	4:48.54	54.81	400m:	6:07.67	38.58
6.	BOYKO, Tomas				13	Calac				<b>6:12.40</b>	250	
	50m:	40.62	40.62	150m:	2:17.17	46.27	250m:	3:57.74	54.95	350m:	5:33.94	42.86
	100m:	1:30.90	50.28	200m:	3:02.79	45.62	300m:	4:51.08	53.34	400m:	6:12.40	38.46
7.	KIM, James				12	Groupe aquatique Mille-Îles No				<b>6:14.83</b>	245	
	50m:	40.22	40.22	150m:	2:16.49	46.20	250m:	3:57.83	54.97	350m:	5:34.97	41.06
	100m:	1:30.29	50.07	200m:	3:02.86	46.37	300m:	4:53.91	56.08	400m:	6:14.83	39.86
8.	BORDONARO, Leo				12	C.N. Chambly				<b>6:26.88</b>	223	
	50m:	41.35	41.35	150m:	2:19.86	48.98	250m:	4:05.87	58.06	350m:	5:45.74	42.52
	100m:	1:30.88	49.53	200m:	3:07.81	47.95	300m:	5:03.22	57.35	400m:	6:26.88	41.14

14 - 15 ans

1.	DUBUC, Vincent				14	Minabichi La Sarre				<b>4:54.51</b>	506	
	50m:	32.18	32.18	150m:	1:48.68	38.04	250m:	3:08.85	42.93	350m:	4:23.46	34.61
	100m:	1:10.64	38.46	200m:	2:25.92	37.24	300m:	3:48.85	40.00	400m:	4:54.51	31.05
2.	CASEY, Mathew				15	Club de Natation Mont-Tremblan				<b>5:09.39</b>	437	
	50m:	31.90	31.90	150m:	1:46.77	38.48	250m:	3:10.63	45.60	350m:	4:33.79	36.57
	100m:	1:08.29	36.39	200m:	2:25.03	38.26	300m:	3:57.22	46.59	400m:	5:09.39	35.60
3.	JUBINVILLE, Laurier				15	É.N. St Lambert				<b>5:11.29</b>	429	
	50m:	33.95	33.95	150m:	1:56.80	42.88	250m:	3:20.52	41.97	350m:	4:39.17	34.44
	100m:	1:13.92	39.97	200m:	2:38.55	41.75	300m:	4:04.73	44.21	400m:	5:11.29	32.12
4.	GRENON, Mathis				15	Groupe aquatique Mille-Îles No				<b>5:12.40</b>	424	
	50m:	33.55	33.55	150m:	1:55.03	41.78	250m:	3:17.98	40.83	350m:	4:37.74	37.30
	100m:	1:13.25	39.70	200m:	2:37.15	42.12	300m:	4:00.44	42.46	400m:	5:12.40	34.66

Epreuve 32, Garçons, 400m 4 nages, 14 - 15 ans

Rang					Age					Temps	Pts	
5.	BALTARU, Mark				14	Club Aquatique les Piranhas du				<b>5:16.54</b>	408	
	50m:	32.66	32.66	150m:	1:55.90	42.91	250m:	3:21.77	45.40	350m:	4:42.82	35.97
	100m:	1:12.99	40.33	200m:	2:36.37	40.47	300m:	4:06.85	45.08	400m:	5:16.54	33.72
6.	BEAUDET, Alexis				15	Club de Natation Juvaqua Alma				<b>5:24.98</b>	377	
	50m:	34.72	34.72	150m:	1:58.21	42.08	250m:	3:25.55	45.92	350m:	4:50.26	37.22
	100m:	1:16.13	41.41	200m:	2:39.63	41.42	300m:	4:13.04	47.49	400m:	5:24.98	34.72
7.	MEUNIER, Achille				14	Club de Natation Memphrémagog				<b>5:25.54</b>	375	
	50m:	37.38	37.38	150m:	2:01.98	40.54	250m:	3:29.20	48.29	350m:	4:51.94	36.29
	100m:	1:21.44	44.06	200m:	2:40.91	38.93	300m:	4:15.65	46.45	400m:	5:25.54	33.60
8.	VACHON, Raphaël				15	Club.Natation. Sept-Iles				<b>5:29.90</b>	360	
	50m:	34.06	34.06	150m:	2:03.62	45.11	250m:	3:30.16	43.71	350m:	4:54.97	38.42
	100m:	1:18.51	44.45	200m:	2:46.45	42.83	300m:	4:16.55	46.39	400m:	5:29.90	34.93
9.	LIU, Mark				15	Calac				<b>5:31.77</b>	354	
	50m:	35.82	35.82	150m:	1:58.75	42.43	250m:	3:27.51	46.64	350m:	4:54.56	38.58
	100m:	1:16.32	40.50	200m:	2:40.87	42.12	300m:	4:15.98	48.47	400m:	5:31.77	37.21
10.	BARAN, Andre				14	Club Aquatique du Roussillon				<b>5:45.32</b>	314	
	50m:	36.18	36.18	150m:	2:00.08	40.61	250m:	3:34.93	55.06	350m:	5:08.59	38.34
	100m:	1:19.47	43.29	200m:	2:39.87	39.79	300m:	4:30.25	55.32	400m:	5:45.32	36.73
11.	MEUNIER, Alex				14	Les Loutres				<b>5:46.04</b>	312	
	50m:	34.33	34.33	150m:	1:59.47	43.69	250m:	3:34.09	51.82	350m:	5:08.31	40.72
	100m:	1:15.78	41.45	200m:	2:42.27	42.80	300m:	4:27.59	53.50	400m:	5:46.04	37.73

16 - 17 ans

1.	HANS, Charles Qc A				16	Groupe aquatique Mille-Îles No				<b>4:46.26</b>	551	
	50m:	30.44	30.44	150m:	1:40.93	36.44	250m:	2:56.97	39.68	350m:	4:12.92	35.33
	100m:	1:04.49	34.05	200m:	2:17.29	36.36	300m:	3:37.59	40.62	400m:	4:46.26	33.34
2.	GAUTHIER, Olivier Qc B				17	Groupe aquatique Mille-Îles No				<b>4:54.85</b>	505	
	50m:	31.63	31.63	150m:	1:45.40	37.96	250m:	3:03.96	41.23	350m:	4:21.76	33.78
	100m:	1:07.44	35.81	200m:	2:22.73	37.33	300m:	3:47.98	44.02	400m:	4:54.85	33.09
3.	BAZINET, Antoine Qc B				17	Club de natation St-Hyacinthe				<b>5:22.09</b>	387	
	50m:	36.49	36.49	150m:	2:00.67	40.97	250m:	3:24.26	43.34	350m:	4:47.28	36.69
	100m:	1:19.70	43.21	200m:	2:40.92	40.25	300m:	4:10.59	46.33	400m:	5:22.09	34.81
4.	PACHECO, Liam				17	Club Aquatique du Roussillon				<b>5:23.93</b>	380	
	50m:	31.68	31.68	150m:	1:51.29	41.62	250m:	3:20.05	47.52	350m:	4:46.40	39.08
	100m:	1:09.67	37.99	200m:	2:32.53	41.24	300m:	4:07.32	47.27	400m:	5:23.93	37.53
5.	DESCHESNE, Gabriel				17	Club de Natation Juvaqua Alma				<b>5:40.81</b>	327	
	50m:	32.70	32.70	150m:	2:01.38	47.19	250m:	3:32.76	46.37	350m:	5:00.99	42.60
	100m:	1:14.19	41.49	200m:	2:46.39	45.01	300m:	4:18.39	45.63	400m:	5:40.81	39.82
disq.	ROBERT, Léo				16	Velox Natation						