

Epreuve 1 Filles, 400m Libre 17 ans et moins
2026-02-13 - 17:00 Liste résultats

Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	2022-12-17
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2007-02-16
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2004-02-19
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2013-02-23
Quebec Provincial Age Group Records - 124:23.93		SHEWCHUCK, Stephanie	PCSC	???	1987-02-01
Canadian Age Group Records 15 - 17	3:52.80	MCINTOSH, Summer	UNCAN	Toronto	2022-10-28
Canadian Age Group Records 13 - 14	4:08.31	KEIRE, Jacqueline	ESWIM	Charlottetown	2009-08-26
Canadian Age Group Records 11 - 12	4:14.64	MCINTOSH, Summer	ESWIM	Etobicoke	2019-07-10

Coupe Québec standard A - 16: 4:33.98 / Coupe Québec standard B 17 +: 5:06.44

Points: AQUA 2025

Rang			Age			Temps	Pts
13 ans et moins							
1.	VACHON, Julianne		12	Club de Natation Régional de I		4:40.83	551
	50m: 31.60	31.60	150m: 1:41.06	35.31	250m: 2:52.73	35.98	350m: 4:04.14
	100m: 1:05.75	34.15	200m: 2:16.75	35.69	300m: 3:28.43	35.70	400m: 4:40.83
2.	MARIN, Elizabeth		13	Groupe aquatique Mille-Îles No		4:44.03	532
	50m: 32.09	32.09	150m: 1:43.61	35.99	250m: 2:56.55	36.16	350m: 4:09.43
	100m: 1:07.62	35.53	200m: 2:20.39	36.78	300m: 3:33.06	36.51	400m: 4:44.03
3.	MARTIN, Alizé		13	Centre de Mauricie		4:44.13	532
	50m: 32.03	32.03	150m: 1:43.53	35.96	250m: 2:56.72	36.71	350m: 4:10.01
	100m: 1:07.57	35.54	200m: 2:20.01	36.48	300m: 3:33.82	37.10	400m: 4:44.13
4.	LORD, Roslyn		13	Club Natation Bois Francs		4:53.71	481
	50m: 32.91	32.91	150m: 1:45.90	36.84	250m: 3:00.61	37.51	350m: 4:16.54
	100m: 1:09.06	36.15	200m: 2:23.10	37.20	300m: 3:38.57	37.96	400m: 4:53.71
5.	CARON, Mia-Jade		13	Club de Natation NATAQUI		4:56.12	470
	50m: 32.86	32.86	150m: 1:47.31	37.98	250m: 3:03.35	38.11	350m: 4:20.16
	100m: 1:09.33	36.47	200m: 2:25.24	37.93	300m: 3:41.70	38.35	400m: 4:56.12
6.	TRUDEL, Léanne		13	Unik		4:57.22	464
	50m: 33.81	33.81	150m: 1:48.22	37.54	250m: 3:03.50	37.66	350m: 4:19.65
	100m: 1:10.68	36.87	200m: 2:25.84	37.62	300m: 3:41.54	38.04	400m: 4:57.22
7.	DESSUREAULT, Laurence		13	Club de Natation Mont-Tremblan		5:03.11	438
	50m: 33.47	33.47	150m: 1:49.24	38.12	250m: 3:07.85	39.44	350m: 4:26.18
	100m: 1:11.12	37.65	200m: 2:28.41	39.17	300m: 3:47.27	39.42	400m: 5:03.11
8.	TREMBLAY, Laura-Lou		12	Velox Natation		5:03.95	434
	50m: 34.35	34.35	150m: 1:50.96	38.81	250m: 3:09.68	39.49	350m: 4:26.82
	100m: 1:12.15	37.80	200m: 2:30.19	39.23	300m: 3:48.73	39.05	400m: 5:03.95
9.	DINH, Marie-Anne		12	Club Citadins de Vaudreuil		5:05.91	426
	50m: 34.46	34.46	150m: 1:51.68	38.41	250m: 3:10.02	39.31	350m: 4:28.07
	100m: 1:13.27	38.81	200m: 2:30.71	39.03	300m: 3:49.09	39.07	400m: 5:05.91
10.	POIRIER, Adèle		13	Unik		5:06.83	422
	50m: 33.73	33.73	150m: 1:51.01	39.28	250m: 3:10.04	39.69	350m: 4:28.90
	100m: 1:11.73	38.00	200m: 2:30.35	39.34	300m: 3:49.43	39.39	400m: 5:06.83
11.	HUNG-FOURNIER, Ava		13	Barracudas de Gaspé		5:11.88	402
	50m: 34.96	34.96	150m: 1:54.05	40.17	250m: 3:14.84	40.31	350m: 4:34.02
	100m: 1:13.88	38.92	200m: 2:34.53	40.48	300m: 3:54.74	39.90	400m: 5:11.88
12.	PAQUETTE, Élizabeth		11	Club Citadins de Vaudreuil		5:17.48	381
	50m: 36.89	36.89	150m: 1:59.68	41.95	250m: 3:21.44	40.08	350m: 4:42.12
	100m: 1:17.73	40.84	200m: 2:41.36	41.68	300m: 4:02.43	40.99	400m: 5:17.48

Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts	
13.	OUELLET, Audrey				12	Club Citadins de Vaudreuil				5:18.31	378	
	50m:	35.47	35.47	150m:	1:56.17	40.71	250m:	3:18.41	41.42	350m:	4:39.75	40.26
	100m:	1:15.46	39.99	200m:	2:36.99	40.82	300m:	3:59.49	41.08	400m:	5:18.31	38.56
14.	ZORRO, Andrée-Louise				12	Minabichi La Sarre				5:19.28	375	
	50m:	35.27	35.27	150m:	1:56.36	40.71	250m:	3:18.63	40.60	350m:	4:40.55	40.41
	100m:	1:15.65	40.38	200m:	2:38.03	41.67	300m:	4:00.14	41.51	400m:	5:19.28	38.73
15.	JOLY, Charlie				13	Chibougamau				5:19.36	374	
	50m:	35.98	35.98	150m:	1:57.89	41.24	250m:	3:20.35	40.85	350m:	4:41.35	39.94
	100m:	1:16.65	40.67	200m:	2:39.50	41.61	300m:	4:01.41	41.06	400m:	5:19.36	38.01
16.	HOSNY, Lily				13	É.N. St Lambert				5:22.03	365	
	50m:	35.43	35.43	150m:	1:56.38	40.96	250m:	3:18.71	41.05	350m:	4:42.50	41.65
	100m:	1:15.42	39.99	200m:	2:37.66	41.28	300m:	4:00.85	42.14	400m:	5:22.03	39.53
17.	SAVARD, Alexanne				13	Club de Natation Nautilus de				5:22.29	364	
	50m:	34.31	34.31	150m:	1:52.46	39.67	250m:	3:15.79	41.72	350m:	4:33.94	39.95
	100m:	1:12.79	38.48	200m:	2:34.07	41.61	300m:	3:53.99	38.20	400m:	5:22.29	48.35
18.	LEBEAU, Alexia				12	Club Natation Bois Francs				5:24.58	356	
	50m:	35.37	35.37	150m:	1:58.78	42.59	250m:	3:23.42	41.93	350m:	4:46.42	41.03
	100m:	1:16.19	40.82	200m:	2:41.49	42.71	300m:	4:05.39	41.97	400m:	5:24.58	38.16
19.	RENAUD, Juliette				13	Équipe de natation de Cowansvi				5:25.05	355	
	50m:	35.11	35.11	150m:	1:56.20	41.34	250m:	3:19.66	41.88	350m:	4:44.70	42.56
	100m:	1:14.86	39.75	200m:	2:37.78	41.58	300m:	4:02.14	42.48	400m:	5:25.05	40.35
20.	HOUSE, Danahé				13	C. A. Régional De L'Abitibi-Te				5:26.42	350	
	50m:	34.55	34.55	150m:	1:55.75	41.55	250m:	3:21.53	42.51	350m:	4:46.32	42.13
	100m:	1:14.20	39.65	200m:	2:39.02	43.27	300m:	4:04.19	42.66	400m:	5:26.42	40.10
21.	ROY, ann-sophie				13	Club Natation Bois Francs				5:26.85	349	
	50m:	36.92	36.92	150m:	2:02.03	42.73	250m:	3:26.18	41.59	350m:	4:49.06	41.03
	100m:	1:19.30	42.38	200m:	2:44.59	42.56	300m:	4:08.03	41.85	400m:	5:26.85	37.79
22.	BELEC, Milie				13	Club de Natation Juvaqua Alma				5:27.39	347	
	50m:	36.94	36.94	150m:	2:00.90	42.35	250m:	3:24.25	41.69	350m:	4:48.22	42.17
	100m:	1:18.55	41.61	200m:	2:42.56	41.66	300m:	4:06.05	41.80	400m:	5:27.39	39.17
23.	TREPANIER, Thaliy				11	Club Natation Bois Francs				5:28.95	342	
	50m:	35.54	35.54	150m:	1:57.75	42.20	250m:	3:23.25	42.12	350m:	4:48.58	42.57
	100m:	1:15.55	40.01	200m:	2:41.13	43.38	300m:	4:06.01	42.76	400m:	5:28.95	40.37
24.	PAQUIN, Elizabeth				12	Équipe de natation de Cowansvi				5:31.43	335	
	50m:	37.10	37.10	150m:	2:02.46	42.89	250m:	3:28.50	42.85	350m:	4:51.19	42.18
	100m:	1:19.57	42.47	200m:	2:45.65	43.19	300m:	4:09.01	40.51	400m:	5:31.43	40.24
25.	DESGROSEILLIERS, Eve				12	Club Aquatique du Roussillon				5:32.77	331	
	50m:	38.54	38.54	150m:	2:03.00	43.03	250m:	3:28.06	42.46	350m:	4:52.44	41.81
	100m:	1:19.97	41.43	200m:	2:45.60	42.60	300m:	4:10.63	42.57	400m:	5:32.77	40.33
26.	BEAUDET, Rose				12	Club de Natation Juvaqua Alma				5:34.32	326	
	50m:	36.93	36.93	150m:	2:00.54	42.54	250m:	3:26.78	43.24	350m:	4:53.62	43.47
	100m:	1:18.00	41.07	200m:	2:43.54	43.00	300m:	4:10.15	43.37	400m:	5:34.32	40.70
27.	MALTAIS, Maélie				13	Club de Natation Juvaqua Alma				5:35.57	323	
	50m:	39.86	39.86	150m:	2:05.07	42.91	250m:	3:31.14	43.16	350m:	4:55.17	41.44
	100m:	1:22.16	42.30	200m:	2:47.98	42.91	300m:	4:13.73	42.59	400m:	5:35.57	40.40
28.	ARANGO DONNEYS, Manuella				13	Club Citadins de Vaudreuil				5:36.04	321	
	50m:	36.62	36.62	150m:	1:59.59	41.79	250m:	3:25.82	43.18	350m:	4:53.35	43.48
	100m:	1:17.80	41.18	200m:	2:42.64	43.05	300m:	4:09.87	44.05	400m:	5:36.04	42.69

Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts	
29.	EHLERMANN, Lana Lou				12	C.N. Chambly				5:36.25	321	
	50m:	37.82	37.82	150m:	2:03.06	43.14	250m:	3:29.33	42.97	350m:	4:55.05	43.06
	100m:	1:19.92	42.10	200m:	2:46.36	43.30	300m:	4:11.99	42.66	400m:	5:36.25	41.20
30.	VINET, Juliette				12	C.N. Chambly				5:37.29	318	
	50m:	36.83	36.83	150m:	2:00.26	42.17	250m:	3:26.57	43.63	350m:	4:54.36	43.70
	100m:	1:18.09	41.26	200m:	2:42.94	42.68	300m:	4:10.66	44.09	400m:	5:37.29	42.93
31.	TAZI, Ines				12	É.N. St Lambert				5:38.80	313	
	50m:	36.96	36.96	150m:	2:02.19	43.47	250m:	3:30.43	44.49	350m:	4:57.45	42.39
	100m:	1:18.72	41.76	200m:	2:45.94	43.75	300m:	4:15.06	44.63	400m:	5:38.80	41.35
32.	CHÉNARD, Elsie				12	Cadac				5:42.10	304	
	50m:	36.87	36.87	150m:	2:05.55	44.78	250m:	3:33.91	43.71	350m:	5:01.93	43.70
	100m:	1:20.77	43.90	200m:	2:50.20	44.65	300m:	4:18.23	44.32	400m:	5:42.10	40.17
33.	BEAUMONT, Emilie				11	É.N. St Lambert				5:48.05	289	
	50m:	39.70	39.70	150m:	2:10.84	45.00	250m:	3:40.80	44.84	350m:	5:07.35	42.14
	100m:	1:25.84	46.14	200m:	2:55.96	45.12	300m:	4:25.21	44.41	400m:	5:48.05	40.70
34.	VACHON, Romy				10	Club de Natation Régional de I				5:50.06	284	
	50m:	39.11	39.11	150m:	2:08.19	44.67	250m:	3:38.30	44.82	350m:	5:08.75	45.05
	100m:	1:23.52	44.41	200m:	2:53.48	45.29	300m:	4:23.70	45.40	400m:	5:50.06	41.31
	ELSAYED, Hana				12	É.N. St Lambert				5:50.06	284	
	50m:	39.02	39.02	150m:	2:06.32	43.79	250m:	3:35.60	44.54	350m:	5:06.37	45.51
	100m:	1:22.53	43.51	200m:	2:51.06	44.74	300m:	4:20.86	45.26	400m:	5:50.06	43.69
36.	JOLY, Lexie				12	Chibougamau				5:53.36	276	
	50m:	38.74	38.74	150m:	2:08.92	45.74	250m:	3:42.05	46.53	350m:	5:13.30	45.34
	100m:	1:23.18	44.44	200m:	2:55.52	46.60	300m:	4:27.96	45.91	400m:	5:53.36	40.06
37.	LABRECQUE, Laurie-Anne				12	Cadac				5:54.14	274	
	50m:	38.33	38.33	150m:	2:05.15	44.05	250m:	3:35.38	45.47	350m:	5:07.12	45.76
	100m:	1:21.10	42.77	200m:	2:49.91	44.76	300m:	4:21.36	45.98	400m:	5:54.14	47.02
38.	PAQUET, Charlie				13	Minabichi La Sarre				5:55.71	271	
	50m:	38.88	38.88	150m:	2:08.11	45.29	250m:	3:40.03	45.80	350m:	5:11.33	45.65
	100m:	1:22.82	43.94	200m:	2:54.23	46.12	300m:	4:25.68	45.65	400m:	5:55.71	44.38
39.	LEMIEUX, Rose-Aly				12	Club de Natation Juvaqua Alma				5:59.08	263	
	50m:	37.38	37.38	150m:	2:06.53	45.73	250m:	3:39.20	46.34	350m:	5:13.58	46.90
	100m:	1:20.80	43.42	200m:	2:52.86	46.33	300m:	4:26.68	47.48	400m:	5:59.08	45.50
40.	CHABOT, Lea				12	Club de Natation Mont-Tremblan				5:59.18	263	
	50m:	38.24	38.24	150m:	2:07.75	45.71	250m:	3:40.37	46.62	350m:	5:13.61	46.93
	100m:	1:22.04	43.80	200m:	2:53.75	46.00	300m:	4:26.68	46.31	400m:	5:59.18	45.57
disq.	HADJ BENAMANE, Léa				11	Groupe aquatique Mille-Îles No						

14 - 15 ans

1.	NAULT, Laurence				15	Club Natation Bois Francs				4:35.51	583	
	50m:	31.33	31.33	150m:	1:40.76	34.55	250m:	2:51.74	35.73	350m:	4:02.29	34.83
	100m:	1:06.21	34.88	200m:	2:16.01	35.25	300m:	3:27.46	35.72	400m:	4:35.51	33.22
2.	PLANTE, Élizabéth				15	Club de Natation Juvaqua Alma				4:36.01	580	
	50m:	31.30	31.30	150m:	1:40.80	35.02	250m:	2:51.55	35.50	350m:	4:02.19	35.11
	100m:	1:05.78	34.48	200m:	2:16.05	35.25	300m:	3:27.08	35.53	400m:	4:36.01	33.82
3.	MATHIEU, Lyvia				14	Velox Natation				4:40.55	552	
	50m:	31.69	31.69	150m:	1:43.25	36.17	250m:	2:54.97	35.81	350m:	4:06.53	35.71
	100m:	1:07.08	35.39	200m:	2:19.16	35.91	300m:	3:30.82	35.85	400m:	4:40.55	34.02

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang				Age					Temps	Pts		
4.	VILLEMURE, Joséphine			14	Velox Natation				4:41.12	549		
	50m:	31.92	31.92	150m:	1:43.09	36.09	250m:	2:55.38	36.18	350m:	4:06.96	35.66
	100m:	1:07.00	35.08	200m:	2:19.20	36.11	300m:	3:31.30	35.92	400m:	4:41.12	34.16
5.	CLOUÂTRE, Maélie			15	Velox Natation				4:44.30	531		
	50m:	32.22	32.22	150m:	1:43.38	36.06	250m:	2:55.85	36.25	350m:	4:08.49	36.51
	100m:	1:07.32	35.10	200m:	2:19.60	36.22	300m:	3:31.98	36.13	400m:	4:44.30	35.81
6.	BOISSONNEAULT, Mathilde			15	Club Natation Bois Francs				4:48.34	509		
	50m:	32.19	32.19	150m:	1:44.97	36.63	250m:	2:58.40	36.90	350m:	4:12.30	37.06
	100m:	1:08.34	36.15	200m:	2:21.50	36.53	300m:	3:35.24	36.84	400m:	4:48.34	36.04
7.	LAVOIE, Anabelle			14	Club de Natation Juvaqua Alma				4:51.42	493		
	50m:	32.13	32.13	150m:	1:44.65	36.60	250m:	2:58.58	36.81	350m:	4:14.00	38.02
	100m:	1:08.05	35.92	200m:	2:21.77	37.12	300m:	3:35.98	37.40	400m:	4:51.42	37.42
8.	COMEAU, Simone			15	Joliette Équipe Triathlon 1				4:54.32	478		
	50m:	32.06	32.06	150m:	1:45.16	37.18	250m:	3:00.80	38.11	350m:	4:17.46	38.37
	100m:	1:07.98	35.92	200m:	2:22.69	37.53	300m:	3:39.09	38.29	400m:	4:54.32	36.86
9.	BAZINET, Anais			15	Club de natation St-Hyacinthe				4:57.86	461		
	50m:	33.37	33.37	150m:	1:47.11	37.45	250m:	3:04.11	38.71	350m:	4:20.86	38.18
	100m:	1:09.66	36.29	200m:	2:25.40	38.29	300m:	3:42.68	38.57	400m:	4:57.86	37.00
10.	MÉNARD, Charlotte			14	Club Citadins de Vaudreuil				4:58.60	458		
	50m:	33.60	33.60	150m:	1:49.07	38.20	250m:	3:06.01	38.54	350m:	4:22.10	37.68
	100m:	1:10.87	37.27	200m:	2:27.47	38.40	300m:	3:44.42	38.41	400m:	4:58.60	36.50
11.	HÉROUX, Maelle			14	Club Citadins de Vaudreuil				4:58.83	457		
	50m:	33.46	33.46	150m:	1:48.98	38.19	250m:	3:05.52	38.28	350m:	4:21.53	38.11
	100m:	1:10.79	37.33	200m:	2:27.24	38.26	300m:	3:43.42	37.90	400m:	4:58.83	37.30
12.	BOULANGER-BERTHIAUME, Zoé			14	Calac				4:59.70	453		
	50m:	32.59	32.59	150m:	1:47.57	38.26	250m:	3:04.91	38.60	350m:	4:23.11	38.70
	100m:	1:09.31	36.72	200m:	2:26.31	38.74	300m:	3:44.41	39.50	400m:	4:59.70	36.59
13.	GEMME, Raphaëlle			14	Velox Natation				5:01.77	444		
	50m:	32.53	32.53	150m:	1:47.67	38.36	250m:	3:06.04	39.53	350m:	4:24.19	38.99
	100m:	1:09.31	36.78	200m:	2:26.51	38.84	300m:	3:45.20	39.16	400m:	5:01.77	37.58
14.	PINET, Lilly			15	Sorel Tracy Natation				5:02.49	441		
	50m:	35.11	35.11	150m:	1:52.31	38.99	250m:	3:10.42	38.88	350m:	4:26.78	38.01
	100m:	1:13.32	38.21	200m:	2:31.54	39.23	300m:	3:48.77	38.35	400m:	5:02.49	35.71
15.	NAVROTCHI, Leya			15	Groupe aquatique Mille-Îles No				5:02.78	439		
	50m:	34.43	34.43	150m:	1:49.63	37.92	250m:	3:06.47	38.61	350m:	4:23.65	38.68
	100m:	1:11.71	37.28	200m:	2:27.86	38.23	300m:	3:44.97	38.50	400m:	5:02.78	39.13
	LAVOIE, Florence			15	Club de natation Phoenix Sague				5:02.78	439		
	50m:	35.07	35.07	150m:	1:50.40	37.86	250m:	3:07.12	38.30	350m:	4:24.76	38.81
	100m:	1:12.54	37.47	200m:	2:28.82	38.42	300m:	3:45.95	38.83	400m:	5:02.78	38.02
17.	BROUILLETTE, Emma-Rose			15	Centre de Mauricie				5:02.96	438		
	50m:	33.10	33.10	150m:	1:48.28	38.06	250m:	3:06.10	38.79	350m:	4:25.08	39.36
	100m:	1:10.22	37.12	200m:	2:27.31	39.03	300m:	3:45.72	39.62	400m:	5:02.96	37.88
18.	CARDINAL, Frederique			15	É.N. St Lambert				5:03.22	437		
	50m:	34.66	34.66	150m:	1:50.98	38.57	250m:	3:08.72	39.15	350m:	4:26.14	38.74
	100m:	1:12.41	37.75	200m:	2:29.57	38.59	300m:	3:47.40	38.68	400m:	5:03.22	37.08
19.	AN, Cathy			14	Calac				5:04.62	431		
	50m:	32.94	32.94	150m:	1:48.22	38.64	250m:	3:07.18	39.50	350m:	4:26.13	38.95
	100m:	1:09.58	36.64	200m:	2:27.68	39.46	300m:	3:47.18	40.00	400m:	5:04.62	38.49

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang					Age					Temps	Pts	
20.	ZORRO, Laura-Marie				14	Minabichi La Sarre				5:06.68	423	
	50m:	34.63	34.63	150m:	1:50.45	38.24	250m:	3:08.21	39.10	350m:	4:27.61	40.08
	100m:	1:12.21	37.58	200m:	2:29.11	38.66	300m:	3:47.53	39.32	400m:	5:06.68	39.07
21.	CAMPAGNA, Maude				14	Minabichi La Sarre				5:07.14	421	
	50m:	36.65	36.65	150m:	1:54.21	38.98	250m:	3:12.21	38.98	350m:	4:29.14	37.87
	100m:	1:15.23	38.58	200m:	2:33.23	39.02	300m:	3:51.27	39.06	400m:	5:07.14	38.00
22.	MARTEL, Maelie				14	Club de natation Les Requins d				5:10.15	409	
	50m:	34.42	34.42	150m:	1:52.97	39.80	250m:	3:13.24	39.99	350m:	4:31.79	39.35
	100m:	1:13.17	38.75	200m:	2:33.25	40.28	300m:	3:52.44	39.20	400m:	5:10.15	38.36
23.	LEMAY PRESCOTT, Jeanne				15	Club de Natation Juvaqua Alma				5:15.70	387	
	50m:	34.49	34.49	150m:	1:51.84	39.58	250m:	3:12.56	40.68	350m:	4:34.88	41.43
	100m:	1:12.26	37.77	200m:	2:31.88	40.04	300m:	3:53.45	40.89	400m:	5:15.70	40.82
24.	PRIEUR, Lily				14	Club Citadins de Vaudreuil				5:17.78	380	
	50m:	34.99	34.99	150m:	1:55.00	41.11	250m:	3:16.52	41.03	350m:	4:38.25	40.73
	100m:	1:13.89	38.90	200m:	2:35.49	40.49	300m:	3:57.52	41.00	400m:	5:17.78	39.53
25.	TREMBLAY, Somali				15	Club de Natation Memphrémagog				5:18.95	376	
	50m:	34.19	34.19	150m:	1:56.15	41.59	250m:	3:18.78	40.91	350m:	4:40.79	41.45
	100m:	1:14.56	40.37	200m:	2:37.87	41.72	300m:	3:59.34	40.56	400m:	5:18.95	38.16
26.	DUFORT, Alice				14	Club Aquatique les Piranhas du				5:19.43	374	
	50m:	35.23	35.23	150m:	1:56.37	41.42	250m:	3:18.34	40.91	350m:	4:40.51	40.94
	100m:	1:14.95	39.72	200m:	2:37.43	41.06	300m:	3:59.57	41.23	400m:	5:19.43	38.92
27.	LABERGE, Dora				15	Équipe de natation de Cowansvi				5:22.58	363	
	50m:	34.97	34.97	150m:	1:54.81	40.49	250m:	3:18.00	41.81	350m:	4:42.01	41.86
	100m:	1:14.32	39.35	200m:	2:36.19	41.38	300m:	4:00.15	42.15	400m:	5:22.58	40.57
28.	AUDET, Rosalie				15	Minabichi La Sarre				5:25.08	355	
	50m:	36.82	36.82	150m:	1:58.21	41.34	250m:	3:22.90	41.98	350m:	4:45.80	40.94
	100m:	1:16.87	40.05	200m:	2:40.92	42.71	300m:	4:04.86	41.96	400m:	5:25.08	39.28
29.	PRESSEAU, Jeanne				14	Unik				5:25.58	353	
	50m:	36.65	36.65	150m:	1:57.95	41.26	250m:	3:21.70	41.76	350m:	4:45.05	41.23
	100m:	1:16.69	40.04	200m:	2:39.94	41.99	300m:	4:03.82	42.12	400m:	5:25.58	40.53
30.	DOYON, Marie Laurence				14	Club Natation Bois Francs				5:26.65	350	
	50m:	35.53	35.53	150m:	1:58.06	41.52	250m:	3:22.41	41.95	350m:	4:47.47	42.44
	100m:	1:16.54	41.01	200m:	2:40.46	42.40	300m:	4:05.03	42.62	400m:	5:26.65	39.18
31.	RUIZ SALMERON, Camila Andrea				15	Groupe aquatique Mille-Îles No				5:27.86	346	
	50m:	35.96	35.96	150m:	1:57.96	41.95	250m:	3:23.01	42.63	350m:	4:48.60	42.45
	100m:	1:16.01	40.05	200m:	2:40.38	42.42	300m:	4:06.15	43.14	400m:	5:27.86	39.26
32.	LESSARD, Ilana				14	Club de Natation Régional de I				5:27.96	346	
	50m:	36.00	36.00	150m:	1:56.77	40.95	250m:	3:21.03	42.47	350m:	4:46.06	42.26
	100m:	1:15.82	39.82	200m:	2:38.56	41.79	300m:	4:03.80	42.77	400m:	5:27.96	41.90
33.	BOULANGER, Madi-Sun				15	Club de Natation Juvaqua Alma				5:28.34	344	
	50m:	34.41	34.41	150m:	1:55.40	41.72	250m:	3:21.21	42.62	350m:	4:47.01	43.07
	100m:	1:13.68	39.27	200m:	2:38.59	43.19	300m:	4:03.94	42.73	400m:	5:28.34	41.33
34.	GIMAEL, Penelope				14	Club de Natation Juvaqua Alma				5:31.84	334	
	50m:	36.70	36.70	150m:	1:59.45	42.00	250m:	3:24.30	41.98	350m:	4:49.64	42.45
	100m:	1:17.45	40.75	200m:	2:42.32	42.87	300m:	4:07.19	42.89	400m:	5:31.84	42.20
35.	AUDY, Alice				14	Club Aquatique du Roussillon				5:33.07	330	
	50m:	36.09	36.09	150m:	1:59.30	42.46	250m:	3:25.83	43.05	350m:	4:51.94	43.06
	100m:	1:16.84	40.75	200m:	2:42.78	43.48	300m:	4:08.88	43.05	400m:	5:33.07	41.13

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang				Age					Temps	Pts		
36.	CHOUCHANE, Zeineb			15	Club de Natation Juvaqua Alma				5:35.11	324		
	50m:	35.89	35.89	150m:	1:57.34	42.16	250m:	3:24.33	43.89	350m:	4:52.85	43.98
	100m:	1:15.18	39.29	200m:	2:40.44	43.10	300m:	4:08.87	44.54	400m:	5:35.11	42.26
16 - 17 ans												
1.	DUBUC, Gabrielle			17	Minabichi La Sarre				4:38.19	566		
	<i>Qc B</i>											
	50m:	32.46	32.46	150m:	1:42.99	35.38	250m:	2:54.08	35.61	350m:	4:04.74	35.02
	100m:	1:07.61	35.15	200m:	2:18.47	35.48	300m:	3:29.72	35.64	400m:	4:38.19	33.45
2.	DOYON, Béatrice			16	Minabichi La Sarre				4:42.50	541		
	50m:	33.17	33.17	150m:	1:45.58	36.28	250m:	2:57.27	35.77	350m:	4:08.39	35.61
	100m:	1:09.30	36.13	200m:	2:21.50	35.92	300m:	3:32.78	35.51	400m:	4:42.50	34.11
3.	GINGRAS, Flavie			16	Velox Natation				4:46.04	521		
	50m:	33.70	33.70	150m:	1:46.23	36.38	250m:	2:59.20	36.32	350m:	4:11.23	35.69
	100m:	1:09.85	36.15	200m:	2:22.88	36.65	300m:	3:35.54	36.34	400m:	4:46.04	34.81
4.	DELLO SBARBA, Clara			16	Cadac				4:48.18	510		
	50m:	33.29	33.29	150m:	1:47.90	37.54	250m:	3:01.34	35.83	350m:	4:13.62	36.18
	100m:	1:10.36	37.07	200m:	2:25.51	37.61	300m:	3:37.44	36.10	400m:	4:48.18	34.56
5.	CAREY, Laurie-Anne			16	Club Citadins de Vaudreuil				4:51.33	493		
	50m:	35.03	35.03	150m:	1:49.05	37.53	250m:	3:03.82	37.24	350m:	4:17.17	36.72
	100m:	1:11.52	36.49	200m:	2:26.58	37.53	300m:	3:40.45	36.63	400m:	4:51.33	34.16
6.	TANGUAY, Jade			16	Club de Natation Régional de I				4:51.57	492		
	50m:	33.31	33.31	150m:	1:47.82	37.66	250m:	3:02.53	37.08	350m:	4:16.60	37.22
	100m:	1:10.16	36.85	200m:	2:25.45	37.63	300m:	3:39.38	36.85	400m:	4:51.57	34.97
7.	SINCOVICI, Ana-Maria			17	Groupe aquatique Mille-Îles No				4:53.11	484		
	<i>Qc B</i>											
	50m:	33.74	33.74	150m:	1:46.98	36.71	250m:	3:01.61	37.34	350m:	4:16.60	37.52
	100m:	1:10.27	36.53	200m:	2:24.27	37.29	300m:	3:39.08	37.47	400m:	4:53.11	36.51
8.	COLLARD, Florence			17	Minabichi La Sarre				4:55.71	472		
	<i>Qc B</i>											
	50m:	34.25	34.25	150m:	1:49.18	37.87	250m:	3:04.49	37.62	350m:	4:19.77	37.75
	100m:	1:11.31	37.06	200m:	2:26.87	37.69	300m:	3:42.02	37.53	400m:	4:55.71	35.94
9.	BOUCHARD, Lydia-Maude			17	Chibougamau				4:56.94	466		
	<i>Qc B</i>											
	50m:	32.05	32.05	150m:	1:46.51	38.21	250m:	3:03.62	38.70	350m:	4:20.19	38.50
	100m:	1:08.30	36.25	200m:	2:24.92	38.41	300m:	3:41.69	38.07	400m:	4:56.94	36.75
10.	GAGNON, Catherine			17	Club Natation Haut-Richelieu				4:57.71	462		
	<i>Qc B</i>											
	50m:	34.80	34.80	150m:			250m:	3:04.55	37.99	350m:	4:21.02	38.03
	100m:	1:11.58	36.78	200m:	2:26.56		300m:	3:42.99	38.44	400m:	4:57.71	36.69
11.	GUHA, Anjali			17	Club de natation Phoenix Sague				4:57.84	462		
	<i>Qc B</i>											
	50m:	34.05	34.05	150m:	1:47.86	37.28	250m:	3:02.85	37.16	350m:	4:19.33	38.77
	100m:	1:10.58	36.53	200m:	2:25.69	37.83	300m:	3:40.56	37.71	400m:	4:57.84	38.51
12.	ALLIE, Alexia			16	Club Natation Bois Francs				4:58.72	457		
	50m:	32.03	32.03	150m:	1:46.49	37.61	250m:	3:03.02	38.22	350m:	4:21.26	39.10
	100m:	1:08.88	36.85	200m:	2:24.80	38.31	300m:	3:42.16	39.14	400m:	4:58.72	37.46

Epreuve 1, Filles, 400m Libre, 16 - 17 ans

Rang			Age							Temps	Pts	
13.	GERMAIN, Leanne Qc B		17	Velox Natation						4:59.93	452	
	50m:	34.46	34.46	150m:	1:50.43	38.19	250m:	3:07.28	38.40	350m:	4:23.31	37.94
	100m:	1:12.24	37.78	200m:	2:28.88	38.45	300m:	3:45.37	38.09	400m:	4:59.93	36.62
14.	TURBIDE, Florence		16	Club.Natation. Sept-Iles						5:02.45	441	
	50m:	32.89	32.89	150m:	1:48.28	38.33	250m:	3:06.33	39.46	350m:	4:24.76	38.99
	100m:	1:09.95	37.06	200m:	2:26.87	38.59	300m:	3:45.77	39.44	400m:	5:02.45	37.69
15.	LAVIGNE, Gabrielle		16	Cadac						5:02.60	440	
	50m:	33.20	33.20	150m:	1:49.34	39.29	250m:	3:07.20	39.08	350m:	4:24.79	38.77
	100m:	1:10.05	36.85	200m:	2:28.12	38.78	300m:	3:46.02	38.82	400m:	5:02.60	37.81
16.	BERNATCHEZ, Léa		16	Barracudas de Gaspé						5:05.01	430	
	50m:	34.80	34.80	150m:	1:51.55	38.92	250m:	3:09.63	39.09	350m:	4:27.51	38.58
	100m:	1:12.63	37.83	200m:	2:30.54	38.99	300m:	3:48.93	39.30	400m:	5:05.01	37.50
17.	DULAC, Julia		16	Club de Natation Régional de I						5:05.21	429	
	50m:	33.66	33.66	150m:	1:51.70	39.70	250m:	3:10.91	39.58	350m:	4:29.46	38.39
	100m:	1:12.00	38.34	200m:	2:31.33	39.63	300m:	3:51.07	40.16	400m:	5:05.21	35.75
18.	HACHEY, Laurianne		16	É.N. St Lambert						5:17.57	381	
	50m:	35.50	35.50	150m:	1:53.30	39.56	250m:	3:14.12	40.79	350m:	4:37.07	41.40
	100m:	1:13.74	38.24	200m:	2:33.33	40.03	300m:	3:55.67	41.55	400m:	5:17.57	40.50
19.	CAMPAGNA, Alicia		16	Club Natation Bois Francs						5:22.16	365	
	50m:	34.71	34.71	150m:	1:54.06	40.46	250m:	3:17.25	42.05	350m:	4:40.82	42.21
	100m:	1:13.60	38.89	200m:	2:35.20	41.14	300m:	3:58.61	41.36	400m:	5:22.16	41.34
20.	ROY, Florence		16	Club Aquatique Rosemont Petite						5:22.80	362	
	50m:	33.28	33.28	150m:	1:51.39	40.53	250m:	3:14.20	41.47	350m:	4:40.93	43.73
	100m:	1:10.86	37.58	200m:	2:32.73	41.34	300m:	3:57.20	43.00	400m:	5:22.80	41.87
21.	MERIMS, Julia		16	Eau Laval						5:28.89	343	
	50m:	34.94	34.94	150m:	1:55.90	41.24	250m:	3:21.12	43.18	350m:	4:47.45	42.91
	100m:	1:14.66	39.72	200m:	2:37.94	42.04	300m:	4:04.54	43.42	400m:	5:28.89	41.44