

Jarná cena Žiliny / Spring Prix of Zilina
Žilina, 20. - 22.3.2026

disciplína 1 ženy, 400m polohové preteky 11 ro . a st.
20.03.2026 - 16:00 Výsledky

Meeting record / Rekord mítingu 4:48.21 Sebestyén Dalma HUN Žilina 18.03.2022
Rekord SR sen. 4:48.72 Trníková Nikoleta PBPO Eindhoven (NED) 09.04.2022

bodovanie: AQUA 2025

por.	Ro .	as	RT	body
15 ro . a st.				
1.	Horváthová Terézia	07	ŠKP Košice	5:00.49 +0,60 681
	50m: 30.01 30.01	150m: 1:43.79 38.67	250m: 3:04.94 43.62	350m: 4:25.29 36.08
	100m: 1:05.12 35.11	200m: 2:21.32 37.53	300m: 3:49.21 44.27	400m: 5:00.49 35.20
2.	Martišovi ová Nella	09	SPORT CLUB senec	5:08.66 628 + 8.17
	50m: 30.64 30.64	150m: 1:47.19 40.14	250m: 3:12.37 45.37	350m: 4:33.36 35.96
	100m: 1:07.05 36.41	200m: 2:27.00 39.81	300m: 3:57.40 45.03	400m: 5:08.66 35.30
3.	Pašková Barbora	09	XBS swimming	5:20.08 +0,77 563 + 19.59
	50m: 32.95 32.95	150m: 1:53.88 43.30	250m: 3:18.99 44.37	350m: 4:43.54 39.25
	100m: 1:10.58 37.63	200m: 2:34.62 40.74	300m: 4:04.29 45.30	400m: 5:20.08 36.54
4.	Slámová Lucia	10	Kúpele Pieš any	5:24.85 +0,73 539 + 24.36
	50m: 33.59 33.59	150m: 1:52.09 39.65	250m: 3:20.52 49.13	350m: 4:46.89 36.30
	100m: 1:12.44 38.85	200m: 2:31.39 39.30	300m: 4:10.59 50.07	400m: 5:24.85 37.96
5.	Hermelijn Jaydee	11	XBS swimming	5:29.06 518 + 28.57
	50m: 33.47 33.47	150m: 1:58.35 46.40	250m: 3:28.94 45.64	350m: 4:53.17 37.56
	100m: 1:11.95 38.48	200m: 2:43.30 44.95	300m: 4:15.61 46.67	400m: 5:29.06 35.89
6.	Kacera Hana	11	XBS swimming	5:29.08 518 + 28.59
	50m: 34.21 34.21	150m: 1:57.46 42.75	250m: 3:26.99 47.00	350m: 4:52.07 37.63
	100m: 1:14.71 40.50	200m: 2:39.99 42.53	300m: 4:14.44 47.45	400m: 5:29.08 37.01
7.	Királová Kristína	10	Kúpele Pieš any	5:34.12 +0,54 495 + 33.63
	50m: 33.32 33.32	150m: 1:58.48 46.31	250m: 3:29.48 47.40	350m: 4:56.40 39.85
	100m: 1:12.17 38.85	200m: 2:42.08 43.60	300m: 4:16.55 47.07	400m: 5:34.12 37.72
8.	Kontrorádová Sára	08	TJ Znojmo	5:45.28 +0,61 448 + 44.79
	50m: 35.02 35.02	150m: 2:01.76 44.89	250m: 3:34.25 48.00	350m: 5:05.27 39.20
	100m: 1:16.87 41.85	200m: 2:46.25 44.49	300m: 4:26.07 51.82	400m: 5:45.28 40.01
9.	Gronichová Melánia	09	STU Trnava	5:46.40 444 + 45.91
	50m: 36.57 36.57	150m: 2:06.84 46.20	250m: 3:39.83 47.63	350m: 5:09.19 40.87
	100m: 1:20.64 44.07	200m: 2:52.20 45.36	300m: 4:28.32 48.49	400m: 5:46.40 37.21
10.	Klimentová Katarína	10	PK ORCA Bratislava	5:48.90 +0,77 435 + 48.41
	50m: 38.54 38.54	150m: 2:11.82 47.32	250m: 3:43.13 46.91	350m: 5:10.28 40.94
	100m: 1:24.50 45.96	200m: 2:56.22 44.40	300m: 4:29.34 46.21	400m: 5:48.90 38.62
11.	Spišáková Alexandra	08	VŠK FTVŠ UK Lafranconi	5:50.69 +0,72 428 + 50.20
	50m: 36.99 36.99	150m: 2:07.45 44.65	250m: 3:40.24 46.93	350m: 5:11.76 40.04
	100m: 1:22.80 45.81	200m: 2:53.31 45.86	300m: 4:31.72 51.48	400m: 5:50.69 38.93
12.	Bošanská Svetlana	10	PK ORCA Bratislava	5:51.47 425 + 50.98
	50m: 36.82 36.82	150m: 2:06.74 46.34	250m: 3:40.63 49.43	350m: 5:12.26 40.35
	100m: 1:20.40 43.58	200m: 2:51.20 44.46	300m: 4:31.91 51.28	400m: 5:51.47 39.21
13.	Malovcová Monika	11	Pieš anský PK	5:56.86 +0,68 406 + 56.37
	50m: 35.94 35.94	150m: 2:07.03 47.66	250m: 3:43.83 50.44	350m: 5:16.00 42.02
	100m: 1:19.37 43.43	200m: 2:53.39 46.36	300m: 4:33.98 50.15	400m: 5:56.86 40.86
14.	Drozdíková Kamila	10	PK ORCA Bratislava	6:07.78 371 + 1:07.29
	50m: 39.61 39.61	150m: 2:14.11 46.49	250m: 3:49.69 50.43	350m: 5:25.79 44.07
	100m: 1:27.62 48.01	200m: 2:59.26 45.15	300m: 4:41.72 52.03	400m: 6:07.78 41.99
15.	Hubináková Liliana	11	STU Trnava	6:07.90 371 + 1:07.41
	50m: 40.61 40.61	150m: 2:22.04 50.13	250m: 3:57.45 46.95	350m: 5:28.51 41.73
	100m: 1:31.91 51.30	200m: 3:10.50 48.46	300m: 4:46.78 49.33	400m: 6:07.90 39.39
16.	Cáková Alžbeta	10	PK ORCA Bratislava	6:10.69 +0,87 362 + 1:10.20
	50m: 38.98 38.98	150m: 2:15.98 49.19	250m: 3:55.08 52.20	350m: 5:30.29 42.95
	100m: 1:26.79 47.81	200m: 3:02.88 46.90	300m: 4:47.34 52.26	400m: 6:10.69 40.40

Jarná cena Žiliny / Spring Prix of Zilina
Žilina, 20. - 22.3.2026

disciplína 1, ženy, 400m polohové preteky, 15 ro . a st.

por.				Ro .				as	RT	body		
17.	Antalová Jaroslava			11	OCEÁN Bratislava			7:12.34	+0,71	228	+ 2:11.85	
	50m:	43.92	43.92	150m:	2:38.14	55.97	250m:	4:30.94	56.74	350m:	6:23.02	52.43
	100m:	1:42.17	58.25	200m:	3:34.20	56.06	300m:	5:30.59	59.65	400m:	7:12.34	49.32
13 - 14 ro .												
1.	Hlavajová Tea			12	PK Martin			5:15.24		589		
	50m:	32.17	32.17	150m:	1:51.30	40.12	250m:	3:14.55	43.52	350m:	4:38.27	37.85
	100m:	1:11.18	39.01	200m:	2:31.03	39.73	300m:	4:00.42	45.87	400m:	5:15.24	36.97
2.	Veškrnová Klára			12	TJ Znojmo			5:30.59		511	+ 15.35	
	50m:	33.57	33.57	150m:	1:56.97	43.73	250m:	3:27.34	46.92	350m:	4:53.72	38.20
	100m:	1:13.24	39.67	200m:	2:40.42	43.45	300m:	4:15.52	48.18	400m:	5:30.59	36.87
3.	Šmigurová Ivana			12	Matador Púchov			5:42.76	+0,84	458	+ 27.52	
	50m:	35.67	35.67	150m:	2:03.85	46.17	250m:	3:36.34	47.87	350m:	5:04.78	40.76
	100m:	1:17.68	42.01	200m:	2:48.47	44.62	300m:	4:24.02	47.68	400m:	5:42.76	37.98
4.	Tarbajová Radka			12	PK Nanti			5:48.98		434	+ 33.74	
	50m:	35.08	35.08	150m:	2:03.16	43.08	250m:	3:36.34	49.77	350m:	5:08.92	40.32
	100m:	1:20.08	45.00	200m:	2:46.57	43.41	300m:	4:28.60	52.26	400m:	5:48.98	40.06
5.	Babiná Terézia			13	XBS swimming			5:51.12	+0,50	426	+ 35.88	
	50m:	40.31	40.31	150m:	2:12.63	45.90	250m:	3:45.13	48.26	350m:	5:13.58	39.57
	100m:	1:26.73	46.42	200m:	2:56.87	44.24	300m:	4:34.01	48.88	400m:	5:51.12	37.54
6.	Šimkovi Lillien			13	XBS swimming			5:51.51		425	+ 36.27	
	50m:	38.81	38.81	150m:	2:09.92	44.83	250m:	3:42.01	46.88	350m:	5:12.73	39.17
	100m:	1:25.09	46.28	200m:	2:55.13	45.21	300m:	4:33.56	51.55	400m:	5:51.51	38.78
7.	Serbousková Karolína			12	Elite Standard Academy			5:56.24		408	+ 41.00	
	50m:	36.27	36.27	150m:	2:07.81	45.44	250m:	3:43.70	51.59	350m:	5:16.03	40.33
	100m:	1:22.37	46.10	200m:	2:52.11	44.30	300m:	4:35.70	52.00	400m:	5:56.24	40.21
8.	Marková Kristína			12	PK ORCA Bratislava			5:58.62	+0,80	400	+ 43.38	
	50m:	39.13	39.13	150m:	2:14.57	47.46	250m:	3:49.07	47.68	350m:	5:18.70	41.00
	100m:	1:27.11	47.98	200m:	3:01.39	46.82	300m:	4:37.70	48.63	400m:	5:58.62	39.92
9.	Laukova Alexis			13	PK Martin			6:01.38		391	+ 46.14	
	50m:	37.33	37.33	150m:	2:08.33	46.42	250m:	3:45.98	52.06	350m:	5:20.40	41.60
	100m:	1:21.91	44.58	200m:	2:53.92	45.59	300m:	4:38.80	52.82	400m:	6:01.38	40.98
10.	Taha Malak Antonia			13	XBS swimming			6:06.47	+0,55	375	+ 51.23	
	50m:	40.61	40.61	150m:	2:14.27	45.98	250m:	3:52.64	51.65	350m:	5:25.80	41.96
	100m:	1:28.29	47.68	200m:	3:00.99	46.72	300m:	4:43.84	51.20	400m:	6:06.47	40.67
11.	Lajchová Karolína			13	Kúpele Pieš any			6:08.03		370	+ 52.79	
	50m:	38.18	38.18	150m:	2:14.76	48.08	250m:	3:50.21	48.51	350m:	5:26.48	45.75
	100m:	1:26.68	48.50	200m:	3:01.70	46.94	300m:	4:40.73	50.52	400m:	6:08.03	41.55
12.	Tapušíková Alexandra			13	Kúpele Pieš any			6:08.98	+0,82	367	+ 53.74	
	50m:	39.27	39.27	150m:	2:13.55	46.11	250m:	3:54.42	55.02	350m:	5:30.28	42.20
	100m:	1:27.44	48.17	200m:	2:59.40	45.85	300m:	4:48.08	53.66	400m:	6:08.98	38.70
13.	Špaárová Lujza			12	OCEÁN Bratislava			6:09.95	+0,54	364	+ 54.71	
	50m:	41.59	41.59	150m:	2:20.68	44.93	250m:	3:57.52	49.43	350m:	5:29.73	42.05
	100m:	1:35.75	54.16	200m:	3:08.09	47.41	300m:	4:47.68	50.16	400m:	6:09.95	40.22
14.	Jamnická Tereza			13	OCEÁN Bratislava			6:13.30		355	+ 58.06	
	50m:	41.93	41.93	150m:	2:20.38	48.49	250m:	3:54.72	45.69	350m:	5:28.91	46.12
	100m:	1:31.89	49.96	200m:	3:09.03	48.65	300m:	4:42.79	48.07	400m:	6:13.30	44.39
15.	Deáková Lucia			12	OCEÁN Bratislava			6:33.33	+0,56	303	+ 1:18.09	
	50m:	40.81	40.81	150m:	2:25.30	48.99	250m:	4:11.29	55.32	350m:	5:52.19	43.44
	100m:	1:36.31	55.50	200m:	3:15.97	50.67	300m:	5:08.75	57.46	400m:	6:33.33	41.14
16.	Krejčíková Veronika			12	Elite Standard Academy			6:36.29		296	+ 1:21.05	
	50m:	41.86	41.86	150m:	2:20.67	49.47	250m:	4:06.74	56.12	350m:	5:51.41	48.40
	100m:	1:31.20	49.34	200m:	3:10.62	49.95	300m:	5:03.01	56.27	400m:	6:36.29	44.88

Jarná cena Žiliny / Spring Prix of Zilina
 Žilina, 20. - 22.3.2026

disciplína 1, žia ky, 400m polohové preteky, 13 - 14 ro .

por.					Ro .					as	RT	body	
17.	Plu inská Stela				12	OCEÁN Bratislava				6:37.55		294	+ 1:22.31
	50m:	43.76	43.76	150m:	2:24.23	48.77	250m:	4:07.57	54.65	350m:	5:52.37	49.81	
	100m:	1:35.46	51.70	200m:	3:12.92	48.69	300m:	5:02.56	54.99	400m:	6:37.55	45.18	
DSQ	Novotná Adéla				13	Elite Standard Academy							
	<i>SW 8.5b - M: Hlava nepre ala hladinu vody na alebo pred zna kou 15 m po štarte alebo obrátke. (as: 16:34)</i>												

11 - 12 ro .

1.	Gajanová Dorota				14	PK TENAX Žilina				5:49.36		433	
	50m:	35.35	35.35	150m:	2:05.89	46.49	250m:	3:41.38	49.64	350m:	5:11.49	38.57	
	100m:	1:19.40	44.05	200m:	2:51.74	45.85	300m:	4:32.92	51.54	400m:	5:49.36	37.87	
2.	Andrejiová Nela				14	ŠKP Košice				5:55.68		410	+ 6.32
	50m:	34.26	34.26	150m:	2:03.83	46.29	250m:	3:40.26	50.05	350m:	5:15.98	40.13	
	100m:	1:17.54	43.28	200m:	2:50.21	46.38	300m:	4:35.85	55.59	400m:	5:55.68	39.70	
3.	Samo ová Zuzana				14	ŠKP Košice				6:01.65		390	+ 12.29
	50m:	41.66	41.66	150m:	2:18.42	46.66	250m:	3:51.65	47.24	350m:	5:22.28	42.72	
	100m:	1:31.76	50.10	200m:	3:04.41	45.99	300m:	4:39.56	47.91	400m:	6:01.65	39.37	