Wettkampf 11 | 400m Freistil | Jahrgang 2007 und älter
25.10.2026 - 9:40 | Rangliste

Pre-Masters -- 19 - 24 Jahre, Damen

provisorische Rangliste

Rang		Jg.		Zeit	Masters
1.	Elena Streun	02	Schwimmklub Bern	**4:50.00**	669
	Masters-Schweizermeisterin Altersklasse 19 - 24 Jahre				

50m:	34.52	34.52	150m:	1:49.04	37.15	250m:	3:01.54	35.94	350m:	4:14.24	36.35
100m:	1:11.89	37.37	200m:	2:25.60	36.56	300m:	3:37.89	36.35	400m:	4:50.00	35.76

50m:	33.44	33.44	150m:	1:47.32	37.16	250m:	3:04.08	38.59	350m:	4:20.66	38.00
100m:	1:10.16	36.72	200m:	2:25.49	38.17	300m:	3:42.66	38.58	400m:	4:58.16	37.50

2. Mia Boldt — 04 — Schwimmklub Bern — **4:58.16** — 616

50m:	35.74	35.74	150m:	1:50.36	37.35	250m:	3:05.34	37.58	350m:	4:23.92	39.88
100m:	1:13.01	37.27	200m:	2:27.76	37.40	300m:	3:44.04	38.70	400m:	5:03.05	39.13

3. Anna Picard — 02 — Lausanne Aquatique — **5:03.05** — 586

50m:	35.55	35.55	150m:	1:53.93	39.53	250m:	3:13.62	39.65	350m:	4:31.59	39.39
100m:	1:14.40	38.85	200m:	2:33.97	40.04	300m:	3:52.20	38.58	400m:	5:09.38	37.79

4. Viktoria Rüssmann — 07 — SC Winterthur — **5:09.38** — 551

50m:	35.66	35.66	150m:	1:54.52	39.46	250m:	3:14.58	40.18	350m:	4:34.62	39.91
100m:	1:15.06	39.40	200m:	2:34.40	39.88	300m:	3:54.71	40.13	400m:	5:13.48	38.86

5. Nathalie Bovier — 07 — SK Region Murten — **5:13.48** — 530

50m:	36.75	36.75	150m:	1:59.69	42.07	250m:	3:26.02	43.53	350m:	4:53.05	43.61
100m:	1:17.62	40.87	200m:	2:42.49	42.80	300m:	4:09.44	43.42	400m:	5:35.94	42.89

6. Caroline Mauroux — 03 — Fribourg Aquatics — **5:35.94** — 430

50m:	39.41	39.41	150m:	2:13.21	49.10	250m:	3:53.91	50.41	350m:	5:35.55	50.24
100m:	1:24.11	44.70	200m:	3:03.50	50.29	300m:	4:45.31	51.40	400m:	6:21.62	46.07

7. Céline Oehy — 05 — Wassersport-Club Kloten — **6:21.62** — 293

Pre-Masters -- 19 - 24 Jahre, Herren

provisorische Rangliste

1.	Louis Ramuz	07	Fribourg Aquatics	**4:38.88**	560						
	Masters-Schweizermeister Altersklasse 19 - 24 Jahre										
50m:	30.95	30.95	150m:	1:41.27	35.95	250m:	2:53.76	36.44	350m:	4:04.17	35.90
100m:	1:05.32	34.37	200m:	2:17.32	36.05	300m:	3:28.27	34.51	400m:	4:38.88	34.71

Masters -- 25 - 29 Jahre, Damen

provisorische Rangliste

1.	Flavia Schildknecht	98	Schwimmverein St.Gallen-Witten	**4:54.12**	641						
	Masters-Schweizermeisterin Altersklasse 25 - 29 Jahre										
50m:	33.71	33.71	150m:	1:47.38	37.21	250m:	3:01.45	37.01	350m:	4:16.64	37.50
100m:	1:10.17	36.46	200m:	2:24.44	37.06	300m:	3:39.14	37.69	400m:	4:54.12	37.48

2. Giulia Capati — 99 — Lausanne Aquatique — **5:02.98** — 587

50m:	34.87	34.87	150m:	1:50.27	38.14	250m:	3:07.29	38.59	350m:	4:24.38	38.30
100m:	1:12.13	37.26	200m:	2:28.70	38.43	300m:	3:46.08	38.79	400m:	5:02.98	38.60

3. Felicitas Cahenzli — 98 — SC Chur — **5:04.65** — 577

50m:	33.24	33.24	150m:	1:46.85	37.35	250m:	3:04.64	39.34	350m:	4:25.42	40.63
100m:	1:09.50	36.26	200m:	2:25.30	38.45	300m:	3:44.79	40.15	400m:	5:04.65	39.23

4. Asia Cogliati — 00 — Lugano Aquatics — **5:12.33** — 536

50m:	35.00	35.00	150m:	1:51.26	38.99	250m:	3:10.70	39.85	350m:	4:33.90	42.01
100m:	1:12.27	37.27	200m:	2:30.85	39.59	300m:	3:51.89	41.19	400m:	5:12.33	38.43

5. Paula Desire Valdor — 99 — Natation Sportive Genève — **5:12.55** — 534

50m:	35.56	35.56	150m:	1:54.48	39.54	250m:	3:14.29	39.91	350m:	4:33.87	39.58
100m:	1:14.94	39.38	200m:	2:34.38	39.90	300m:	3:54.29	40.00	400m:	5:12.55	38.68

6. Bigna Schall — 99 — Fribourg Aquatics — **5:19.24** — 501

50m:	35.95	35.95	150m:	1:56.22	40.20	250m:	3:17.65	40.56	350m:	4:39.24	40.86
100m:	1:16.02	40.07	200m:	2:37.09	40.87	300m:	3:58.38	40.73	400m:	5:19.24	40.00

7. Dominyka Juseviciute — 97 — A-Club Swimming Team Savosa — **5:41.97** — 408

50m:	38.97	38.97	150m:	2:05.11	43.52	250m:	3:32.65	43.28	350m:	5:00.36	43.63
100m:	1:21.59	42.62	200m:	2:49.37	44.26	300m:	4:16.73	44.08	400m:	5:41.97	41.61

8. Belinda Cabrea — 97 — Schwimmclub Aarefisch — **5:56.34** — 360

50m:	41.18	41.18	150m:	2:11.23	45.90	250m:	3:43.07	45.81	350m:	5:13.97	44.94
100m:	1:25.33	44.15	200m:	2:57.26	46.03	300m:	4:29.03	45.96	400m:	5:56.34	42.37

naSt. Fiona Rüttimann — 01 — Schwimmklub Zollikon

Myrtha Pools WATER. VISION. CREATION. arena NOSERGROUP Sporthilfe SWISSLOS LOTERIE ROMANDE

Wettkampf 11, 400m Freistil

Masters -- 25 - 29 Jahre, Herren

provisorische Rangliste

1. Adrien Jaussi 99 Meyrin-Natation **4:39.84** 554
Masters-Schweizermeister Altersklasse 25 - 29 Jahre

50m:	30.59	30.59	150m:	1:42.26	36.50	250m:	2:54.65	35.87	350m:	4:06.13	35.16
100m:	1:05.76	35.17	200m:	2:18.78	36.52	300m:	3:30.97	36.32	400m:	4:39.84	33.71

Masters -- 30 - 34 Jahre, Damen

provisorische Rangliste

1. Joanna Dembska 95 Lausanne Aquatique **5:13.47** 535
Masters-Schweizermeisterin Altersklasse 30 - 34 Jahre

50m:	35.94	35.94	150m:	1:55.17	39.79	250m:	3:15.77	40.32	350m:	4:36.01	40.12
100m:	1:15.38	39.44	200m:	2:35.45	40.28	300m:	3:55.89	40.12	400m:	5:13.47	37.46

2. Caroline Giacomin 92 SC Winterthur **5:49.11** 387

50m:	35.47	35.47	150m:	1:58.81	42.96	250m:	3:30.79	46.83	350m:	5:04.13	46.28
100m:	1:15.85	40.38	200m:	2:43.96	45.15	300m:	4:17.85	47.06	400m:	5:49.11	44.98

Masters -- 30 - 34 Jahre, Herren

provisorische Rangliste

1. Ivan Pagani 92 Turrita Nuoto **4:42.97** 526
Masters-Schweizermeister Altersklasse 30 - 34 Jahre

50m:	31.71	31.71	150m:	1:41.50	35.29	250m:	2:53.66	36.17	350m:	4:07.62	37.03
100m:	1:06.21	34.50	200m:	2:17.49	35.99	300m:	3:30.59	36.93	400m:	4:42.97	35.35

2. Manuel Gutjahr 94 Swim Team Biel-Bienne **5:31.54** 327

50m:	35.59	35.59	150m:	1:57.71	41.78	250m:	3:22.70	42.79	350m:	4:49.90	43.64
100m:	1:15.93	40.34	200m:	2:39.91	42.20	300m:	4:06.26	43.56	400m:	5:31.54	41.64

3. Axel Schneider 93 Schwimm Club Flös **5:58.91** 258

50m:	38.46	38.46	150m:	2:06.47	45.19	250m:	3:39.79	47.44	350m:	5:15.27	48.00
100m:	1:21.28	42.82	200m:	2:52.35	45.88	300m:	4:27.27	47.48	400m:	5:58.91	43.64

Masters -- 35 - 39 Jahre, Damen

provisorische Rangliste

1. Christina Albert 91 Limmat Sharks Zürich **5:15.04** 561
Masters-Schweizermeisterin Altersklasse 35 - 39 Jahre

50m:	35.13	35.13	150m:	1:53.43	39.86	250m:	3:14.56	40.86	350m:	4:36.07	40.73
100m:	1:13.57	38.44	200m:	2:33.70	40.27	300m:	3:55.34	40.78	400m:	5:15.04	38.97

Masters -- 35 - 39 Jahre, Herren

provisorische Rangliste

1. Eugenio Bianchi 89 SC Thalwil **4:30.90** 676
Masters-Schweizermeister Altersklasse 35 - 39 Jahre

50m:	30.59	30.59	150m:	1:38.96	34.20	250m:	2:46.88	33.90	350m:	3:56.04	34.80
100m:	1:04.76	34.17	200m:	2:12.98	34.02	300m:	3:21.24	34.36	400m:	4:30.90	34.86

2. Brtosz Turla 88 Lugano Aquatics **5:50.01** 313

50m:	35.98	35.98	150m:	1:59.24	42.78	250m:	3:30.54	46.49	350m:	5:05.26	47.74
100m:	1:16.46	40.48	200m:	2:44.05	44.81	300m:	4:17.52	46.98	400m:	5:50.01	44.75

Masters -- 40 - 44 Jahre, Damen

provisorische Rangliste

1. Stéphanie Fracheboud 86 Fribourg Aquatics **6:21.56** 322
Masters-Schweizermeisterin Altersklasse 40 - 44 Jahre

50m:	41.90	41.90	150m:	2:17.02	48.68	250m:	3:55.00	49.23	350m:	5:34.91	49.53
100m:	1:28.34	46.44	200m:	3:05.77	48.75	300m:	4:45.38	50.38	400m:	6:21.56	46.65

2. Cécile Cousin 86 CN Plan-les-Ouates **6:21.95** 321

50m:	42.74	42.74	150m:	2:18.70	48.82	250m:	3:56.89	49.00	350m:	5:34.56	48.60
100m:	1:29.88	47.14	200m:	3:07.89	49.19	300m:	4:45.96	49.07	400m:	6:21.95	47.39

Masters -- 40 - 44 Jahre, Herren

provisorische Rangliste

1. Cyrill Hess 83 Schwimmclub Aarefisch **5:07.44** 479
Masters-Schweizermeister Altersklasse 40 - 44 Jahre

50m:	34.33	34.33	150m:	1:49.89	38.24	250m:	3:09.54	40.00	350m:	4:29.42	39.96
100m:	1:11.65	37.32	200m:	2:29.54	39.65	300m:	3:49.46	39.92	400m:	5:07.44	38.02

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Masters -- 45 - 49 Jahre, Damen

provisorische Rangliste

1. Chimène Sudan 80 CN La Chaux-de-Fonds **5:56.94** 408
Masters-Schweizermeisterin Altersklasse 45 - 49 Jahre

50m:	40.43	40.43	150m:	2:09.51	44.95	250m:	3:41.82	46.38	350m:	5:13.22	44.70
100m:	1:24.56	44.13	200m:	2:55.44	45.93	300m:	4:28.52	46.70	400m:	5:56.94	43.72

2. Nicole Purtschert-Haag 77 Schwimmclub Aarefisch **6:31.92** 308

50m:	42.38	42.38	150m:	2:16.39	47.61	250m:	3:56.31	50.60	350m:	5:40.33	52.42
100m:	1:28.78	46.40	200m:	3:05.71	49.32	300m:	4:47.91	51.60	400m:	6:31.92	51.59

Masters -- 45 - 49 Jahre, Herren

provisorische Rangliste

1. Julien Baillod 80 Red-Fish Neuchâtel **4:39.89** 655
Masters-Schweizermeister Altersklasse 45 - 49 Jahre

50m:	32.81	32.81	150m:	1:43.57	35.67	250m:	2:55.21	35.81	350m:	4:06.09	35.11
100m:	1:07.90	35.09	200m:	2:19.40	35.83	300m:	3:30.98	35.77	400m:	4:39.89	33.80

2. Kacper Wojtal 77 Swiss Alumni Swimming **4:40.79** 648

50m:	31.38	31.38	150m:	1:42.08	35.77	250m:	2:54.68	36.26	350m:	4:06.93	35.98
100m:	1:06.31	34.93	200m:	2:18.42	36.34	300m:	3:30.95	36.27	400m:	4:40.79	33.86

3. Marco Vedovatti 81 SC Thalwil **4:50.04** 588

50m:	33.93	33.93	150m:	1:46.86	36.66	250m:	3:00.12	36.80	350m:	4:13.80	36.76
100m:	1:10.20	36.27	200m:	2:23.32	36.46	300m:	3:37.04	36.92	400m:	4:50.04	36.24

4. Nicolas Le Bouteiller Desforges 79 Lausanne Aquatique **4:57.25** 547

50m:	32.77	32.77	150m:	1:48.12	38.28	250m:	3:04.98	38.36	350m:	4:20.88	37.42
100m:	1:09.84	37.07	200m:	2:26.62	38.50	300m:	3:43.46	38.48	400m:	4:57.25	36.37

5. Dana Allen 80 Renens-Natation **5:19.07** 442

50m:	35.64	35.64	150m:	1:55.58	40.48	250m:	3:18.61	41.38	350m:	4:40.65	40.90
100m:	1:15.10	39.46	200m:	2:37.23	41.65	300m:	3:59.75	41.14	400m:	5:19.07	38.42

6. Antonio Di Marzo 81 Schwimmklub Zollikon **5:20.25** 437

50m:	35.99	35.99	150m:	1:55.78	40.49	250m:	3:17.39	41.06	350m:	4:40.97	42.13
100m:	1:15.29	39.30	200m:	2:36.33	40.55	300m:	3:58.84	41.45	400m:	5:20.25	39.28

Masters -- 50 - 54 Jahre, Damen

provisorische Rangliste

1. Oksana Boyko 75 Wolfpack Sport Club **5:31.14** 565
Masters-Schweizermeisterin Altersklasse 50 - 54 Jahre

50m:	36.54	36.54	150m:	1:59.42	42.24	250m:	3:24.12	42.38	350m:	4:49.36	42.58
100m:	1:17.18	40.64	200m:	2:41.74	42.32	300m:	4:06.78	42.66	400m:	5:31.14	41.78

2. Andrea Horni 72 SC Delphin Uetendorf **6:02.36** 431

50m:	40.31	40.31	150m:	2:09.89	45.11	250m:	3:41.14	45.82	350m:	5:15.96	48.10
100m:	1:24.78	44.47	200m:	2:55.32	45.43	300m:	4:27.86	46.72	400m:	6:02.36	46.40

3. Sabina Luethi 73 Wassersport-Club Kloten **6:09.33** 407

50m:	39.08	39.08	150m:	2:09.79	46.47	250m:	3:44.66	47.71	350m:	5:21.12	48.49
100m:	1:23.32	44.24	200m:	2:56.95	47.16	300m:	4:32.63	47.97	400m:	6:09.33	48.21

Masters -- 50 - 54 Jahre, Herren

provisorische Rangliste

1. Vincent Gremeaux 76 Lausanne Aquatique **4:53.62** 577
Masters-Schweizermeister Altersklasse 50 - 54 Jahre

50m:	33.44	33.44	150m:	1:46.04	37.03	250m:	3:00.98	37.73	350m:	4:16.80	37.90
100m:	1:09.01	35.57	200m:	2:23.25	37.21	300m:	3:38.90	37.92	400m:	4:53.62	36.82

2. Frédéric Menu 73 CN Plan-les-Ouates **5:04.41** 518

50m:	35.24	35.24	150m:	1:50.61	38.03	250m:	3:07.54	38.45	350m:	4:25.96	39.44
100m:	1:12.58	37.34	200m:	2:29.09	38.48	300m:	3:46.52	38.98	400m:	5:04.41	38.45

3. Peter Bezak 76 Limmat Sharks Zürich **5:29.51** 408

50m:	35.30	35.30	150m:	1:56.34	41.66	250m:	3:21.18	42.86	350m:	4:47.53	43.62
100m:	1:14.68	39.38	200m:	2:38.32	41.98	300m:	4:03.91	42.73	400m:	5:29.51	41.98

Masters -- 55 - 59 Jahre, Damen

provisorische Rangliste

1. Noémie Behar 71 Lausanne Aquatique **5:46.24** 513
Masters-Schweizermeisterin Altersklasse 55 - 59 Jahre

50m:	37.64	37.64	150m:	2:02.31	43.10	250m:	3:30.83	44.41	350m:	5:02.28	45.78
100m:	1:19.21	41.57	200m:	2:46.42	44.11	300m:	4:16.50	45.67	400m:	5:46.24	43.96

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Masters -- 55 - 59 Jahre, Herren

provisorische Rangliste

1.	Reginald Beelaerts	71	Schwimmklub Zollikon	**4:52.13**	673
	Masters-Schweizermeister Altersklasse 55 - 59 Jahre				

50m:	33.47	33.47	150m:	1:47.72	37.52	250m:	3:02.66	37.07	350m:	4:16.49	36.74
100m:	1:10.20	36.73	200m:	2:25.59	37.87	300m:	3:39.75	37.09	400m:	4:52.13	35.64

2.	Jan Schmalhorst	70	Swiss Alumni Swimming	**5:56.80**	369

50m:	37.71	37.71	150m:	2:05.53	44.96	250m:	3:38.45	46.29	350m:	5:12.44	47.05
100m:	1:20.57	42.86	200m:	2:52.16	46.63	300m:	4:25.39	46.94	400m:	5:56.80	44.36

3.	Frank Malter	67	Swiss Alumni Swimming	**6:03.00**	350

50m:	40.06	40.06	150m:	2:11.60	46.05	250m:	3:46.45	48.03	350m:	5:18.73	45.63
100m:	1:25.55	45.49	200m:	2:58.42	46.82	300m:	4:33.10	46.65	400m:	6:03.00	44.27

Masters -- 60 - 64 Jahre, Damen

provisorische Rangliste

1.	Rita Bohnet	64	SC Schaffhausen	**5:53.01**	512
	Masters-Schweizermeisterin Altersklasse 60 - 64 Jahre				

50m:	40.51	40.51	150m:	2:09.28	44.45	250m:	3:39.65	45.47	350m:	5:09.86	44.99
100m:	1:24.83	44.32	200m:	2:54.18	44.90	300m:	4:24.87	45.22	400m:	5:53.01	43.15

Masters -- 60 - 64 Jahre, Herren

provisorische Rangliste

1.	Arnd Brandenburg	63	Basel Aquatics	**5:05.27**	673
	Masters-Schweizermeister Altersklasse 60 - 64 Jahre				

50m:	34.22	34.22	150m:	1:51.48	39.19	250m:	3:10.12	39.59	350m:	4:28.41	38.99
100m:	1:12.29	38.07	200m:	2:30.53	39.05	300m:	3:49.42	39.30	400m:	5:05.27	36.86

2.	Fredy Portmann	65	Swiss Alumni Swimming	**5:42.23**	477

50m:	38.67	38.67	150m:	2:05.12	43.36	250m:	3:32.10	43.37	350m:	5:00.13	44.63
100m:	1:21.76	43.09	200m:	2:48.73	43.61	300m:	4:15.50	43.40	400m:	5:42.23	42.10

naSt.	Massimiliano Visintin	65	Aquatic Masters Team

Masters -- 65 - 69 Jahre, Herren

provisorische Rangliste

1.	Luc-Yves Thierrin	60	Fribourg Aquatics	**5:46.63**	461
	Masters-Schweizermeister Altersklasse 65 - 69 Jahre				

50m:	40.44	40.44	150m:	2:08.90	44.68	250m:	3:38.91	44.62	350m:	5:08.24	44.06
100m:	1:24.22	43.78	200m:	2:54.29	45.39	300m:	4:24.18	45.27	400m:	5:46.63	38.39

Masters -- 70 - 74 Jahre, Damen

provisorische Rangliste

1.	Françoise Constantin	55	Lausanne Aquatique	**7:56.17**	298
	Masters-Schweizermeisterin Altersklasse 70 - 74 Jahre				

50m:	56.86	56.86	150m:	2:57.70	1:01.11	250m:	4:59.38	1:00.72	350m:	6:58.81	59.74
100m:	1:56.59	59.73	200m:	3:58.66	1:00.96	300m:	5:59.07	59.69	400m:	7:56.17	57.36