

Wettkampf 22

Damen, 400m Lagen

allg. Kategorie

18.04.2026 - 11:56

Rangliste

Swiss National Records 4:33.51 Maria Ugolkova SCU Budapest (HUN) 08.10.2021

Punkte: AQUA 2025

Rang	Jg.	Abk.	RT	Zeit	Pkt.							
1.	09	TURR	+0.74	5:02.22	604							
	50m:	31.44	31.44	150m:	1:47.26	40.41	250m:	3:10.90	45.17	350m:	4:30.02	34.58
	100m:	1:06.85	35.41	200m:	2:25.73	38.47	300m:	3:55.44	44.54	400m:	5:02.22	32.20
2.	11	SVSW	+0.48	5:05.23	586							
	50m:	32.53	32.53	150m:	1:49.38	39.21	250m:	3:11.85	44.13	350m:	4:31.70	34.92
	100m:	1:10.17	37.64	200m:	2:27.72	38.34	300m:	3:56.78	44.93	400m:	5:05.23	33.53
3.	01	SCU	+0.72	5:08.21	569							
	50m:	32.09	32.09	150m:	1:47.91	39.30	250m:	3:11.48	45.15	350m:	4:33.28	36.85
	100m:	1:08.61	36.52	200m:	2:26.33	38.42	300m:	3:56.43	44.95	400m:	5:08.21	34.93
4.	09	BAAR	+0.86	5:09.56	562							
	50m:	32.37	32.37	150m:	1:52.11	41.47	250m:	3:14.93	42.93	350m:	4:34.59	36.02
	100m:	1:10.64	38.27	200m:	2:32.00	39.89	300m:	3:58.57	43.64	400m:	5:09.56	34.97
5.	05	BA	+0.73	5:10.24	558							
	50m:	33.30	33.30	150m:	1:51.43	39.92	250m:	3:16.17	45.35	350m:	4:36.64	35.27
	100m:	1:11.51	38.21	200m:	2:30.82	39.39	300m:	4:01.37	45.20	400m:	5:10.24	33.60
6.	08	WINT	+0.66	5:13.72	540							
	50m:	32.09	32.09	150m:	1:50.98	40.97	250m:	3:16.09	44.88	350m:	4:37.77	37.53
	100m:	1:10.01	37.92	200m:	2:31.21	40.23	300m:	4:00.24	44.15	400m:	5:13.72	35.95
7.	12	LUGA	+0.67	5:15.61	530							
	50m:	33.64	33.64	150m:	1:54.75	42.57	250m:	3:18.21	42.24	350m:	4:39.20	38.22
	100m:	1:12.18	38.54	200m:	2:35.97	41.22	300m:	4:00.98	42.77	400m:	5:15.61	36.41
8.	10	LIMM	+0.65	5:24.91	486							
	50m:	34.16	34.16	150m:	1:58.52	44.68	250m:	3:26.32	45.01	350m:	4:49.55	37.84
	100m:	1:13.84	39.68	200m:	2:41.31	42.79	300m:	4:11.71	45.39	400m:	5:24.91	35.36
9.	05	NSG	+0.70	5:28.08	472							
	50m:	32.79	32.79	150m:	1:54.47	42.57	250m:	3:23.56	46.49	350m:	4:49.49	39.11
	100m:	1:11.90	39.11	200m:	2:37.07	42.60	300m:	4:10.38	46.82	400m:	5:28.08	38.59
10.	08	LYN	+0.65	5:31.87	456							
	50m:	33.81	33.81	150m:	1:56.75	42.81	250m:	3:24.43	45.43	350m:	4:52.38	41.49
	100m:	1:13.94	40.13	200m:	2:39.00	42.25	300m:	4:10.89	46.46	400m:	5:31.87	39.49
11.	07	NSL		5:33.39	450							
	50m:	36.26	36.26	150m:	1:59.31	40.97	250m:	3:29.71	50.59	350m:	4:58.02	36.78
	100m:	1:18.34	42.08	200m:	2:39.12	39.81	300m:	4:21.24	51.53	400m:	5:33.39	35.37
disq. 10%	10	BIEL	+0.81	5:35.52	397							
	<i>303 - Nicht mit beiden Händen gleichzeitig angeschlagen (Wende 3) (Zeit: 11:49), Dritte Brust Wende</i>											
	50m:	36.05	36.05	150m:	2:02.80	43.71	250m:	3:33.20	47.94	350m:	4:59.30	38.30
	100m:	1:19.09	43.04	200m:	2:45.26	42.46	300m:	4:21.00	47.80	400m:	5:35.52	36.22