

Wettkampf 14

Damen, 400m Freistil

allg. Kategorie

18.04.2026 - 10:20

Rangliste

Swiss National Records 4:03.73 Flavia Rigamonti Debrecen (HUN) 15.12.2007

Punkte: AQUA 2025

| Rang |                    |         | Jg.   | Abk.  | RT      | Zeit           | Pkt.  |         |       |       |         |       |
|------|--------------------|---------|-------|-------|---------|----------------|-------|---------|-------|-------|---------|-------|
| 1.   | Emma Fredersdorf   |         | 05    | BA    | +0.68   | <b>4:26.23</b> | 646   |         |       |       |         |       |
|      | 50m:               | 30.19   | 30.19 | 150m: | 1:36.80 | 33.55          | 250m: | 2:45.40 | 34.21 | 350m: | 3:53.90 | 34.28 |
|      | 100m:              | 1:03.25 | 33.06 | 200m: | 2:11.19 | 34.39          | 300m: | 3:19.62 | 34.22 | 400m: | 4:26.23 | 32.33 |
| 2.   | Micol D'Iorio      |         | 09    | TURR  | +0.73   | <b>4:26.52</b> | 644   |         |       |       |         |       |
|      | 50m:               | 30.94   | 30.94 | 150m: | 1:37.60 | 33.54          | 250m: | 2:45.07 | 33.79 | 350m: | 3:53.66 | 34.30 |
|      | 100m:              | 1:04.06 | 33.12 | 200m: | 2:11.28 | 33.68          | 300m: | 3:19.36 | 34.29 | 400m: | 4:26.52 | 32.86 |
| 3.   | Chiara Koch        |         | 06    | SCU   | +0.71   | <b>4:27.58</b> | 637   |         |       |       |         |       |
|      | 50m:               | 30.70   | 30.70 | 150m: | 1:37.60 | 33.73          | 250m: | 2:45.32 | 33.78 | 350m: | 3:53.76 | 34.22 |
|      | 100m:              | 1:03.87 | 33.17 | 200m: | 2:11.54 | 33.94          | 300m: | 3:19.54 | 34.22 | 400m: | 4:27.58 | 33.82 |
| 4.   | Sofia Mantegani    |         | 09    | LUGA  | +0.79   | <b>4:27.65</b> | 636   |         |       |       |         |       |
|      | 50m:               | 30.96   | 30.96 | 150m: | 1:38.25 | 33.82          | 250m: | 2:46.09 | 33.95 | 350m: | 3:54.57 | 34.27 |
|      | 100m:              | 1:04.43 | 33.47 | 200m: | 2:12.14 | 33.89          | 300m: | 3:20.30 | 34.21 | 400m: | 4:27.65 | 33.08 |
| 5.   | Jaël Müller        |         | 10    | SVSW  | +0.65   | <b>4:35.34</b> | 584   |         |       |       |         |       |
|      | 50m:               | 31.12   | 31.12 | 150m: | 1:40.73 | 35.29          | 250m: | 2:50.44 | 35.25 | 350m: | 4:01.67 | 35.32 |
|      | 100m:              | 1:05.44 | 34.32 | 200m: | 2:15.19 | 34.46          | 300m: | 3:26.35 | 35.91 | 400m: | 4:35.34 | 33.67 |
| 6.   | Anouk Schmidberger |         | 07    | WINT  | +0.69   | <b>4:39.94</b> | 556   |         |       |       |         |       |
|      | 50m:               | 32.19   | 32.19 | 150m: | 1:42.82 | 35.89          | 250m: | 2:55.08 | 36.00 | 350m: | 4:05.66 | 35.06 |
|      | 100m:              | 1:06.93 | 34.74 | 200m: | 2:19.08 | 36.26          | 300m: | 3:30.60 | 35.52 | 400m: | 4:39.94 | 34.28 |
| 7.   | Sara Müller        |         | 07    | BAAR  | +0.70   | <b>4:43.07</b> | 538   |         |       |       |         |       |
|      | 50m:               | 32.36   | 32.36 | 150m: | 1:42.23 | 34.98          | 250m: | 2:54.24 | 36.36 | 350m: | 4:07.62 | 37.24 |
|      | 100m:              | 1:07.25 | 34.89 | 200m: | 2:17.88 | 35.65          | 300m: | 3:30.38 | 36.14 | 400m: | 4:43.07 | 35.45 |
| 8.   | Olha Ferludina     |         | 10    | LIMM  | +0.71   | <b>4:43.11</b> | 537   |         |       |       |         |       |
|      | 50m:               | 32.19   | 32.19 | 150m: | 1:42.98 | 35.99          | 250m: | 2:55.15 | 36.44 | 350m: | 4:07.96 | 36.78 |
|      | 100m:              | 1:06.99 | 34.80 | 200m: | 2:18.71 | 35.73          | 300m: | 3:31.18 | 36.03 | 400m: | 4:43.11 | 35.15 |
| 9.   | Emma Mecic         |         | 07    | NSL   | +0.94   | <b>4:44.44</b> | 530   |         |       |       |         |       |
|      | 50m:               | 32.31   | 32.31 | 150m: | 1:42.73 | 35.80          | 250m: | 2:55.03 | 36.31 | 350m: | 4:08.49 | 36.82 |
|      | 100m:              | 1:06.93 | 34.62 | 200m: | 2:18.72 | 35.99          | 300m: | 3:31.67 | 36.64 | 400m: | 4:44.44 | 35.95 |
| 10.  | Fanny Nussberger   |         | 02    | NSG   | +0.75   | <b>4:48.08</b> | 510   |         |       |       |         |       |
|      | 50m:               | 32.10   | 32.10 | 150m: | 1:42.17 | 35.52          | 250m: | 2:55.71 | 36.92 | 350m: | 4:10.99 | 37.83 |
|      | 100m:              | 1:06.65 | 34.55 | 200m: | 2:18.79 | 36.62          | 300m: | 3:33.16 | 37.45 | 400m: | 4:48.08 | 37.09 |
| 11.  | Inès Stettler      |         | 12    | LYN   | +0.72   | <b>4:49.88</b> | 501   |         |       |       |         |       |
|      | 50m:               | 33.75   | 33.75 | 150m: | 1:46.66 | 36.64          | 250m: | 3:00.86 | 37.41 | 350m: | 4:14.30 | 36.64 |
|      | 100m:              | 1:10.02 | 36.27 | 200m: | 2:23.45 | 36.79          | 300m: | 3:37.66 | 36.80 | 400m: | 4:49.88 | 35.58 |
| 12.  | Aurelia Scheurer   |         | 11    | BIEL  | +0.74   | <b>4:54.62</b> | 477   |         |       |       |         |       |
|      | 50m:               | 32.95   | 32.95 | 150m: | 1:47.88 | 37.87          | 250m: | 3:03.25 | 37.41 | 350m: | 4:17.93 | 37.31 |
|      | 100m:              | 1:10.01 | 37.06 | 200m: | 2:25.84 | 37.96          | 300m: | 3:40.62 | 37.37 | 400m: | 4:54.62 | 36.69 |