

Wettkampf 14

Damen, 400m Freistil

allg. Kategorie

18.04.2026 - 10:20

Rangliste

Swiss National Records 4:03.73 Flavia Rigamonti Debrecen (HUN) 15.12.2007

Punkte: AQUA 2025

Rang			Jg.	Abk.	RT	Zeit	Pkt.					
1.	Emma Fredersdorf		05	BA	+0.68	<b>4:26.23</b>	646					
	50m:	30.19	30.19	150m:	1:36.80	33.55	250m:	2:45.40	34.21	350m:	3:53.90	34.28
	100m:	1:03.25	33.06	200m:	2:11.19	34.39	300m:	3:19.62	34.22	400m:	4:26.23	32.33
2.	Micol D'Iorio		09	TURR	+0.73	<b>4:26.52</b>	644					
	50m:	30.94	30.94	150m:	1:37.60	33.54	250m:	2:45.07	33.79	350m:	3:53.66	34.30
	100m:	1:04.06	33.12	200m:	2:11.28	33.68	300m:	3:19.36	34.29	400m:	4:26.52	32.86
3.	Chiara Koch		06	SCU	+0.71	<b>4:27.58</b>	637					
	50m:	30.70	30.70	150m:	1:37.60	33.73	250m:	2:45.32	33.78	350m:	3:53.76	34.22
	100m:	1:03.87	33.17	200m:	2:11.54	33.94	300m:	3:19.54	34.22	400m:	4:27.58	33.82
4.	Sofia Mantegani		09	LUGA	+0.79	<b>4:27.65</b>	636					
	50m:	30.96	30.96	150m:	1:38.25	33.82	250m:	2:46.09	33.95	350m:	3:54.57	34.27
	100m:	1:04.43	33.47	200m:	2:12.14	33.89	300m:	3:20.30	34.21	400m:	4:27.65	33.08
5.	Jaël Müller		10	SVSW	+0.65	<b>4:35.34</b>	584					
	50m:	31.12	31.12	150m:	1:40.73	35.29	250m:	2:50.44	35.25	350m:	4:01.67	35.32
	100m:	1:05.44	34.32	200m:	2:15.19	34.46	300m:	3:26.35	35.91	400m:	4:35.34	33.67
6.	Anouk Schmidberger		07	WINT	+0.69	<b>4:39.94</b>	556					
	50m:	32.19	32.19	150m:	1:42.82	35.89	250m:	2:55.08	36.00	350m:	4:05.66	35.06
	100m:	1:06.93	34.74	200m:	2:19.08	36.26	300m:	3:30.60	35.52	400m:	4:39.94	34.28
7.	Sara Müller		07	BAAR	+0.70	<b>4:43.07</b>	538					
	50m:	32.36	32.36	150m:	1:42.23	34.98	250m:	2:54.24	36.36	350m:	4:07.62	37.24
	100m:	1:07.25	34.89	200m:	2:17.88	35.65	300m:	3:30.38	36.14	400m:	4:43.07	35.45
8.	Olha Ferlutina		10	LIMM	+0.71	<b>4:43.11</b>	537					
	50m:	32.19	32.19	150m:	1:42.98	35.99	250m:	2:55.15	36.44	350m:	4:07.96	36.78
	100m:	1:06.99	34.80	200m:	2:18.71	35.73	300m:	3:31.18	36.03	400m:	4:43.11	35.15
9.	Emma Mecic		07	NSL	+0.94	<b>4:44.44</b>	530					
	50m:	32.31	32.31	150m:	1:42.73	35.80	250m:	2:55.03	36.31	350m:	4:08.49	36.82
	100m:	1:06.93	34.62	200m:	2:18.72	35.99	300m:	3:31.67	36.64	400m:	4:44.44	35.95
10.	Fanny Nussberger		02	NSG	+0.75	<b>4:48.08</b>	510					
	50m:	32.10	32.10	150m:	1:42.17	35.52	250m:	2:55.71	36.92	350m:	4:10.99	37.83
	100m:	1:06.65	34.55	200m:	2:18.79	36.62	300m:	3:33.16	37.45	400m:	4:48.08	37.09
11.	Inès Stettler		12	LYN	+0.72	<b>4:49.88</b>	501					
	50m:	33.75	33.75	150m:	1:46.66	36.64	250m:	3:00.86	37.41	350m:	4:14.30	36.64
	100m:	1:10.02	36.27	200m:	2:23.45	36.79	300m:	3:37.66	36.80	400m:	4:49.88	35.58
12.	Aurelia Scheurer		11	BIEL	+0.74	<b>4:54.62</b>	477					
	50m:	32.95	32.95	150m:	1:47.88	37.87	250m:	3:03.25	37.41	350m:	4:17.93	37.31
	100m:	1:10.01	37.06	200m:	2:25.84	37.96	300m:	3:40.62	37.37	400m:	4:54.62	36.69