

Epreuve 50  
19.04.2026 - 16:25

Dames, 400m 4 nages

Cat. générale  
Liste résultats

Swiss National Records 4:33.51 Maria Ugolkova SCU Budapest (HUN) 08.10.2021

Points: AQUA 2025

Rang	Jg.	Abk.	RT	Zeit	Pts							
1.	05	SCU		<b>4:48.52</b>	694							
	50m:	29.82	29.82	150m:	1:41.98	37.47	250m:	2:59.35	40.96	350m:	4:15.25	34.65
	100m:	1:04.51	34.69	200m:	2:18.39	36.41	300m:	3:40.60	41.25	400m:	4:48.52	33.27
2.	05	AST		<b>4:52.50</b>	666							
	50m:	30.48	30.48	150m:	1:44.40	38.10	250m:	3:03.71	42.20	350m:	4:20.41	33.54
	100m:	1:06.30	35.82	200m:	2:21.51	37.11	300m:	3:46.87	43.16	400m:	4:52.50	32.09
3.	96	GEN		<b>4:57.49</b>	633							
	50m:	30.95	30.95	150m:	1:43.29	37.18	250m:	3:04.52	45.16	350m:	4:24.17	34.81
	100m:	1:06.11	35.16	200m:	2:19.36	36.07	300m:	3:49.36	44.84	400m:	4:57.49	33.32
4.	08	LA		<b>4:57.86</b>	631							
	50m:	32.12	32.12	150m:	1:49.62	40.49	250m:	3:10.25	41.70	350m:	4:26.54	34.66
	100m:	1:09.13	37.01	200m:	2:28.55	38.93	300m:	3:51.88	41.63	400m:	4:57.86	31.32
5.	07	NUM		<b>4:58.21</b>	628							
	50m:	31.76	31.76	150m:	1:46.35	38.37	250m:	3:06.78	43.03	350m:	4:24.80	34.35
	100m:	1:07.98	36.22	200m:	2:23.75	37.40	300m:	3:50.45	43.67	400m:	4:58.21	33.41
6.	08	STL		<b>5:01.04</b>	611							
	50m:	32.19	32.19	150m:	1:48.80	38.33	250m:	3:09.50	42.75	350m:	4:27.14	34.37
	100m:	1:10.47	38.28	200m:	2:26.75	37.95	300m:	3:52.77	43.27	400m:	5:01.04	33.90
7.	11	LIMM		<b>5:03.27</b>	597							
	50m:	31.64	31.64	150m:	1:48.22	39.26	250m:	3:10.68	44.42	350m:	4:30.30	34.49
	100m:	1:08.96	37.32	200m:	2:26.26	38.04	300m:	3:55.81	45.13	400m:	5:03.27	32.97
8.	07	AARE		<b>5:05.35</b>	585							
	50m:	32.67	32.67	150m:	1:48.55	38.18	250m:	3:11.33	44.60	350m:	4:32.07	34.62
	100m:	1:10.37	37.70	200m:	2:26.73	38.18	300m:	3:57.45	46.12	400m:	5:05.35	33.28
9.	07	SRSO		<b>5:07.05</b>	576							
	50m:	32.88	32.88	150m:	1:52.84	42.28	250m:	3:15.37	41.23	350m:	4:32.67	35.40
	100m:	1:10.56	37.68	200m:	2:34.14	41.30	300m:	3:57.27	41.90	400m:	5:07.05	34.38
10.	07	RFN		<b>5:10.07</b>	559							
	50m:	31.83	31.83	150m:	1:51.80	41.83	250m:	3:15.47	43.62	350m:	4:35.57	36.12
	100m:	1:09.97	38.14	200m:	2:31.85	40.05	300m:	3:59.45	43.98	400m:	5:10.07	34.50
11.	07	SKBE		<b>5:19.91</b>	509							
	50m:	33.75	33.75	150m:	1:55.84	43.37	250m:	3:22.73	44.80	350m:	4:44.72	36.72
	100m:	1:12.47	38.72	200m:	2:37.93	42.09	300m:	4:08.00	45.27	400m:	5:19.91	35.19
12.	10	LIES		<b>5:33.29</b>	450							
	50m:	34.99	34.99	150m:	1:59.49	44.25	250m:	3:29.94	47.22	350m:	4:56.93	38.60
	100m:	1:15.24	40.25	200m:	2:42.72	43.23	300m:	4:18.33	48.39	400m:	5:33.29	36.36