

Wettkampf 14

Damen, 400m Freistil

allg. Kategorie

18.04.2026 - 16:40

Rangliste

Swiss National Records 4:03.73 Flavia Rigamonti Debrecen (HUN) 15.12.2007

Punkte: AQUA 2025

Rang	Jg.	Abk.	RT	Zeit	Pkt.							
1.	05	AST	+0.69	<b>4:14.21</b>	743							
	50m:	29.08	29.08	150m:	1:32.82	32.33	250m:	2:37.96	32.43	350m:	3:42.84	32.27
	100m:	1:00.49	31.41	200m:	2:05.53	32.71	300m:	3:10.57	32.61	400m:	4:14.21	31.37
2.	06	LA	+0.79	<b>4:20.04</b>	694							
	50m:	30.24	30.24	150m:	1:36.36	33.27	250m:	2:42.61	32.97	350m:	3:48.36	32.72
	100m:	1:03.09	32.85	200m:	2:09.64	33.28	300m:	3:15.64	33.03	400m:	4:20.04	31.68
3.	06	SCU	+0.63	<b>4:21.47</b>	682							
	50m:	30.38	30.38	150m:	1:36.72	33.36	250m:	2:43.53	33.34	350m:	3:49.49	32.66
	100m:	1:03.36	32.98	200m:	2:10.19	33.47	300m:	3:16.83	33.30	400m:	4:21.47	31.98
4.	09	SRSO	+0.68	<b>4:21.88</b>	679							
	50m:	30.51	30.51	150m:	1:36.72	33.42	250m:	2:43.62	33.40	350m:	3:50.04	32.97
	100m:	1:03.30	32.79	200m:	2:10.22	33.50	300m:	3:17.07	33.45	400m:	4:21.88	31.84
5.	09	RFN	+0.63	<b>4:21.96</b>	679							
	50m:	31.32	31.32	150m:	1:38.68	33.83	250m:	2:45.44	33.12	350m:	3:50.83	32.52
	100m:	1:04.85	33.53	200m:	2:12.32	33.64	300m:	3:18.31	32.87	400m:	4:21.96	31.13
6.	07	NUM	+0.78	<b>4:22.70</b>	673							
	50m:	30.32	30.32	150m:	1:36.48	33.25	250m:	2:43.12	33.29	350m:	3:49.76	33.34
	100m:	1:03.23	32.91	200m:	2:09.83	33.35	300m:	3:16.42	33.30	400m:	4:22.70	32.94
7.	07	AARE	+0.68	<b>4:25.90</b>	649							
	50m:	30.34	30.34	150m:	1:36.88	33.48	250m:	2:44.37	33.53	350m:	3:52.37	33.92
	100m:	1:03.40	33.06	200m:	2:10.84	33.96	300m:	3:18.45	34.08	400m:	4:25.90	33.53
8.	10	SKBE	+0.48	<b>4:28.47</b>	630							
	50m:	30.65	30.65	150m:	1:38.40	34.00	250m:	2:47.00	34.35	350m:	3:55.27	34.23
	100m:	1:04.40	33.75	200m:	2:12.65	34.25	300m:	3:21.04	34.04	400m:	4:28.47	33.20
9.	96	GEN	+0.74	<b>4:31.17</b>	612							
	50m:	31.40	31.40	150m:	1:40.19	34.64	250m:	2:48.72	34.22	350m:	3:57.58	34.45
	100m:	1:05.55	34.15	200m:	2:14.50	34.31	300m:	3:23.13	34.41	400m:	4:31.17	33.59
10.	11	LIMM	+0.70	<b>4:33.68</b>	595							
	50m:	30.43	30.43	150m:	1:38.57	34.37	250m:	2:47.64	34.74	350m:	3:58.13	35.33
	100m:	1:04.20	33.77	200m:	2:12.90	34.33	300m:	3:22.80	35.16	400m:	4:33.68	35.55
11.	10	STL	+0.67	<b>4:37.70</b>	569							
	50m:	31.70	31.70	150m:	1:40.43	35.03	250m:	2:50.40	35.12	350m:	4:02.48	36.05
	100m:	1:05.40	33.70	200m:	2:15.28	34.85	300m:	3:26.43	36.03	400m:	4:37.70	35.22
12.	10	LIES	+0.66	<b>4:41.78</b>	545							
	50m:	31.37	31.37	150m:	1:39.92	34.64	250m:	2:51.05	35.81	350m:	4:04.84	37.31
	100m:	1:05.28	33.91	200m:	2:15.24	35.32	300m:	3:27.53	36.48	400m:	4:41.78	36.94