

Epreuve 1  
2026-02-13 - 17:00

Filles, 400m Libre

17 ans et moins  
Liste résultats

Coupe Québec standard A - 16: 4:33.98 / Coupe Québec standard B 17 +: 5:06.44

Points: AQUA 2025

Rang			Age					Temps	Pts
13 ans et moins									
									Liste résultats provisoire
	PASTUSAC, Adela		12	Club de Natation des Riverains				<b>5:06.57</b>	423
	50m:	33.57 33.57	150m:	1:51.01 39.30	250m:	3:09.77 39.12	350m:	4:29.30 39.49	
	100m:	1:11.71 38.14	200m:	2:30.65 39.64	300m:	3:49.81 40.04	400m:	5:06.57 37.27	
	GAGNON, Lysanne		13	Club de natation région de Qué				<b>5:08.30</b>	416
	50m:	35.02 35.02	150m:	1:54.11 39.74	250m:	3:12.52 39.41	350m:	4:31.54 39.25	
	100m:	1:14.37 39.35	200m:	2:33.11 39.00	300m:	3:52.29 39.77	400m:	5:08.30 36.76	
	PARIS, Cristiana		13	Club de natation région de Qué				<b>5:09.77</b>	410
	50m:	35.00 35.00	150m:	1:52.82 39.20	250m:	3:11.15 38.94	350m:	4:30.23 39.76	
	100m:	1:13.62 38.62	200m:	2:32.21 39.39	300m:	3:50.47 39.32	400m:	5:09.77 39.54	
	PRUD'HOMME, Béatrice		13	Neptune Natation				<b>5:11.38</b>	404
	50m:	34.72 34.72	150m:	1:52.94 39.78	250m:	3:12.46 40.21	350m:	4:32.28 38.97	
	100m:	1:13.16 38.44	200m:	2:32.25 39.31	300m:	3:53.31 40.85	400m:	5:11.38 39.10	
	LAPERRIÈRE, Alizé		12	Neptune Natation				<b>5:11.94</b>	402
	50m:	34.34 34.34	150m:	1:53.02 39.95	250m:	3:12.70 40.22	350m:	4:31.14 38.03	
	100m:	1:13.07 38.73	200m:	2:32.48 39.46	300m:	3:53.11 40.41	400m:	5:11.94 40.80	
	TREMBLAY, Nellie		13	Club de Natation des Riverains				<b>5:12.11</b>	401
	50m:	33.97 33.97	150m:	1:51.94 39.66	250m:	3:12.06 39.90	350m:	4:32.72 40.37	
	100m:	1:12.28 38.31	200m:	2:32.16 40.22	300m:	3:52.35 40.29	400m:	5:12.11 39.39	
	GRÉGOIRE, Jade		12	Club de natation région de Qué				<b>5:12.52</b>	399
	50m:	35.30 35.30	150m:	1:53.36 39.50	250m:	3:13.68 40.27	350m:	4:33.78 39.53	
	100m:	1:13.86 38.56	200m:	2:33.41 40.05	300m:	3:54.25 40.57	400m:	5:12.52 38.74	
	DEMANCHE, Clara		13	Club Natation Mustang Boucherv				<b>5:12.53</b>	399
	50m:	34.65 34.65	150m:	1:55.82 41.19	250m:	3:18.22 40.74	350m:	4:37.21 38.95	
	100m:	1:14.63 39.98	200m:	2:37.48 41.66	300m:	3:58.26 40.04	400m:	5:12.53 35.32	
	MARTIN, Raphaele		12	Neptune Natation				<b>5:13.08</b>	397
	50m:	35.79 35.79	150m:	1:55.16 40.86	250m:	3:15.88 39.67	350m:	4:36.03 40.46	
	100m:	1:14.30 38.51	200m:	2:36.21 41.05	300m:	3:55.57 39.69	400m:	5:13.08 37.05	
	GRENIER, Flavie		12	Club aquatique Montréal				<b>5:16.88</b>	383
	50m:	36.29 36.29	150m:	1:55.82 39.84	250m:	3:17.03 40.58	350m:	4:38.46 41.06	
	100m:	1:15.98 39.69	200m:	2:36.45 40.63	300m:	3:57.40 40.37	400m:	5:16.88 38.42	
	NADEAU, Emylia		13	Club de Natation SAMAK				<b>5:19.04</b>	375
	50m:	35.60 35.60	150m:	1:56.24 40.79	250m:	3:18.52 41.15	350m:	4:40.08 40.62	
	100m:	1:15.45 39.85	200m:	2:37.37 41.13	300m:	3:59.46 40.94	400m:	5:19.04 38.96	
	ADJAOUDI, Maylis		13	Neptune Natation				<b>5:20.28</b>	371
	50m:	36.20 36.20	150m:	1:57.84 40.90	250m:	3:19.59 40.38	350m:	4:41.00 39.85	
	100m:	1:16.94 40.74	200m:	2:39.21 41.37	300m:	4:01.15 41.56	400m:	5:20.28 39.28	
	ABETTI, Alae		12	Club de natation région de Qué				<b>5:20.62</b>	370
	50m:	35.64 35.64	150m:	1:55.11 39.79	250m:	3:16.33 40.40	350m:	4:40.29 42.21	
	100m:	1:15.32 39.68	200m:	2:35.93 40.82	300m:	3:58.08 41.75	400m:	5:20.62 40.33	
	DELISLE, Nelly		13	Club Natation Mustang Boucherv				<b>5:22.61</b>	363
	50m:	35.36 35.36	150m:	1:59.04 42.62	250m:	3:23.00 42.67	350m:	4:44.75 40.88	
	100m:	1:16.42 41.06	200m:	2:40.33 41.29	300m:	4:03.87 40.87	400m:	5:22.61 37.86	
	GIRARD, Élodie		13	Club de natation région de Qué				<b>5:22.76</b>	363
	50m:	36.74 36.74	150m:	1:59.79 41.73	250m:	3:23.65 41.43	350m:	4:44.69 38.92	
	100m:	1:18.06 41.32	200m:	2:42.22 42.43	300m:	4:05.77 42.12	400m:	5:22.76 38.07	

Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts	
	<b>GINGRAS PARÉ, Charlotte</b>				<b>12</b>	<b>Club de natation région de Qué</b>				<b>5:22.90</b>	<b>362</b>	
	50m:	36.23	36.23	150m:	1:58.63	41.55	250m:	3:22.22	42.06	350m:	4:44.90	40.63
	100m:	1:17.08	40.85	200m:	2:40.16	41.53	300m:	4:04.27	42.05	400m:	5:22.90	38.00
	<b>BELISLE, Alicia</b>				<b>13</b>	<b>Club de Natation des Riverains</b>				<b>5:24.07</b>	<b>358</b>	
	50m:	35.84	35.84	150m:	1:57.81	41.64	250m:	3:21.32	42.13	350m:	4:43.80	40.56
	100m:	1:16.17	40.33	200m:	2:39.19	41.38	300m:	4:03.24	41.92	400m:	5:24.07	40.27
	<b>BRISEBOIS, Marie</b>				<b>12</b>	<b>Neptune Natation</b>				<b>5:25.13</b>	<b>355</b>	
	50m:	35.98	35.98	150m:	1:58.23	41.81	250m:	3:21.72	41.45	350m:	4:45.12	42.11
	100m:	1:16.42	40.44	200m:	2:40.27	42.04	300m:	4:03.01	41.29	400m:	5:25.13	40.01
	<b>GUERRA DOUTRELOUX, Quetzalli</b>				<b>12</b>	<b>Club de Natation des Riverains</b>				<b>5:25.22</b>	<b>354</b>	
	50m:	37.58	37.58	150m:	2:00.47	42.09	250m:	3:24.12	41.95	350m:	4:46.02	40.11
	100m:	1:18.38	40.80	200m:	2:42.17	41.70	300m:	4:05.91	41.79	400m:	5:25.22	39.20
	<b>RODGERS, Pema</b>				<b>13</b>	<b>Pointe-Claire Swim Club</b>				<b>5:25.86</b>	<b>352</b>	
	50m:	37.72	37.72	150m:	2:01.38	41.34	250m:	3:24.96	41.73	350m:	4:48.04	41.00
	100m:	1:20.04	42.32	200m:	2:43.23	41.85	300m:	4:07.04	42.08	400m:	5:25.86	37.82
	<b>PAQUETTE, Florence</b>				<b>11</b>	<b>Pointe-Claire Swim Club</b>				<b>5:26.79</b>	<b>349</b>	
	50m:	36.60	36.60	150m:	2:00.01	41.83	250m:	3:24.28	42.53	350m:	4:48.03	42.05
	100m:	1:18.18	41.58	200m:	2:41.75	41.74	300m:	4:05.98	41.70	400m:	5:26.79	38.76
	<b>NOËL, Victoria</b>				<b>12</b>	<b>Club de natation région de Qué</b>				<b>5:27.98</b>	<b>345</b>	
	50m:	36.78	36.78	150m:	1:58.42	41.21	250m:	3:22.41	42.44	350m:	4:47.49	42.87
	100m:	1:17.21	40.43	200m:	2:39.97	41.55	300m:	4:04.62	42.21	400m:	5:27.98	40.49
	<b>LARIVIÈRE, Andréanne</b>				<b>12</b>	<b>Club de natation région de Qué</b>				<b>5:28.00</b>	<b>345</b>	
	50m:	37.32	37.32	150m:	2:01.42	42.88	250m:	3:25.76	41.77	350m:	4:50.09	41.66
	100m:	1:18.54	41.22	200m:	2:43.99	42.57	300m:	4:08.43	42.67	400m:	5:28.00	37.91
	<b>VAN PARYS, Leah</b>				<b>12</b>	<b>Neptune Natation</b>				<b>5:28.03</b>	<b>345</b>	
	50m:	36.40	36.40	150m:	1:59.33	42.14	250m:	3:22.71	41.43	350m:	4:47.03	41.90
	100m:	1:17.19	40.79	200m:	2:41.28	41.95	300m:	4:05.13	42.42	400m:	5:28.03	41.00
	<b>ABDESSELEM, Anais</b>				<b>13</b>	<b>Neptune Natation</b>				<b>5:28.10</b>	<b>345</b>	
	50m:	36.23	36.23	150m:	1:59.58	41.61	250m:	3:22.83	41.67	350m:	4:47.62	42.71
	100m:	1:17.97	41.74	200m:	2:41.16	41.58	300m:	4:04.91	42.08	400m:	5:28.10	40.48
	<b>DUBREUIL, Éléonore</b>				<b>13</b>	<b>Club de Natation des Riverains</b>				<b>5:28.11</b>	<b>345</b>	
	50m:	33.00	33.00	150m:	1:53.17	41.29	250m:	3:18.96	43.10	350m:	4:46.69	43.95
	100m:	1:11.88	38.88	200m:	2:35.86	42.69	300m:	4:02.74	43.78	400m:	5:28.11	41.42
	<b>BELANGER, Evelyne</b>				<b>12</b>	<b>Club aquatique Montréal</b>				<b>5:28.73</b>	<b>343</b>	
	50m:	36.24	36.24	150m:	1:57.33	40.61	250m:	3:20.92	41.19	350m:	4:45.18	41.54
	100m:	1:16.72	40.48	200m:	2:39.73	42.40	300m:	4:03.64	42.72	400m:	5:28.73	43.55
	<b>ZHOU, Cindy</b>				<b>12</b>	<b>Pointe-Claire Swim Club</b>				<b>5:28.78</b>	<b>343</b>	
	50m:	37.23	37.23	150m:	1:56.84	39.38	250m:	3:21.38	43.06	350m:	4:47.46	42.52
	100m:	1:17.46	40.23	200m:	2:38.32	41.48	300m:	4:04.94	43.56	400m:	5:28.78	41.32
	<b>HILLIER, Julianna</b>				<b>11</b>	<b>Pointe-Claire Swim Club</b>				<b>5:30.27</b>	<b>338</b>	
	50m:	37.16	37.16	150m:	2:01.20	41.57	250m:	3:25.93	42.62	350m:	4:50.60	41.82
	100m:	1:19.63	42.47	200m:	2:43.31	42.11	300m:	4:08.78	42.85	400m:	5:30.27	39.67
	<b>MUSSELY, Maika</b>				<b>11</b>	<b>Club aquatique Montréal</b>				<b>5:30.58</b>	<b>337</b>	
	50m:	37.51	37.51	150m:	2:00.38	42.37	250m:	3:25.55	42.74	350m:	4:50.38	42.71
	100m:	1:18.01	40.50	200m:	2:42.81	42.43	300m:	4:07.67	42.12	400m:	5:30.58	40.20
	<b>GENOIS, Alicia</b>				<b>13</b>	<b>Club de Natation des Riverains</b>				<b>5:31.84</b>	<b>334</b>	
	50m:	37.53	37.53	150m:	2:00.45	42.62	250m:	3:25.26	42.33	350m:	4:51.25	43.01
	100m:	1:17.83	40.30	200m:	2:42.93	42.48	300m:	4:08.24	42.98	400m:	5:31.84	40.59

Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang				Age					Temps	Pts		
	<b>FORTIER, Marianne</b>			<b>13</b>	<b>Neptune Natation</b>				<b>5:31.88</b>	<b>333</b>		
	50m:	36.64	36.64	150m:	2:00.42	41.91	250m:	3:25.76	42.81	350m:	4:50.81	42.72
	100m:	1:18.51	41.87	200m:	2:42.95	42.53	300m:	4:08.09	42.33	400m:	5:31.88	41.07
	<b>FORREST, Gabby</b>			<b>12</b>	<b>Pointe-Claire Swim Club</b>				<b>5:33.40</b>	<b>329</b>		
	50m:	38.04	38.04	150m:	2:01.93	41.96	250m:	3:26.49	42.19	350m:	4:51.96	42.53
	100m:	1:19.97	41.93	200m:	2:44.30	42.37	300m:	4:09.43	42.94	400m:	5:33.40	41.44
	<b>BOURBEAU, Hanna</b>			<b>13</b>	<b>Pointe-Claire Swim Club</b>				<b>5:35.37</b>	<b>323</b>		
	50m:	38.71	38.71	150m:	2:03.78	42.71	250m:	3:29.91	42.84	350m:	4:54.98	41.77
	100m:	1:21.07	42.36	200m:	2:47.07	43.29	300m:	4:13.21	43.30	400m:	5:35.37	40.39
	<b>IMBEAULT, Raphaëlle</b>			<b>10</b>	<b>Club de natation région de Qué</b>				<b>5:35.51</b>	<b>323</b>		
	50m:	40.04	40.04	150m:	2:07.64	43.10	250m:	3:31.97	41.89	350m:	4:54.99	40.76
	100m:	1:24.54	44.50	200m:	2:50.08	42.44	300m:	4:14.23	42.26	400m:	5:35.51	40.52
	<b>GÉLINAS, Lea-Rose</b>			<b>12</b>	<b>Neptune Natation</b>				<b>5:41.20</b>	<b>307</b>		
	50m:	37.79	37.79	150m:	2:02.51	43.06	250m:	3:30.21	44.18	350m:	4:59.90	44.29
	100m:	1:19.45	41.66	200m:	2:46.03	43.52	300m:	4:15.61	45.40	400m:	5:41.20	41.30
	<b>COULOMBE, Mélya</b>			<b>13</b>	<b>Club de Natation des Riverains</b>				<b>5:42.60</b>	<b>303</b>		
	50m:	38.07	38.07	150m:	2:05.84	44.51	250m:	3:34.44	44.58	350m:	5:03.21	43.76
	100m:	1:21.33	43.26	200m:	2:49.86	44.02	300m:	4:19.45	45.01	400m:	5:42.60	39.39
	<b>WYJAD, Olivia</b>			<b>12</b>	<b>Pointe-Claire Swim Club</b>				<b>5:43.25</b>	<b>301</b>		
	50m:	37.43	37.43	150m:	2:05.17	44.43	250m:	3:33.98	44.05	350m:	5:02.74	44.00
	100m:	1:20.74	43.31	200m:	2:49.93	44.76	300m:	4:18.74	44.76	400m:	5:43.25	40.51
	<b>HAMILTON, Olivia</b>			<b>11</b>	<b>Pointe-Claire Swim Club</b>				<b>5:43.52</b>	<b>301</b>		
	50m:	39.64	39.64	150m:	2:06.98	43.98	250m:	3:35.16	44.33	350m:	5:01.85	43.02
	100m:	1:23.00	43.36	200m:	2:50.83	43.85	300m:	4:18.83	43.67	400m:	5:43.52	41.67
	<b>LERESCHE, Heidi</b>			<b>12</b>	<b>Club Natation Mustang Boucherv</b>				<b>5:44.87</b>	<b>297</b>		
	50m:	38.11	38.11	150m:	2:03.93	43.84	250m:	3:32.52	44.44	350m:	5:01.54	44.51
	100m:	1:20.09	41.98	200m:	2:48.08	44.15	300m:	4:17.03	44.51	400m:	5:44.87	43.33
	<b>LAVERRIÈRE, Maïka</b>			<b>13</b>	<b>Neptune Natation</b>				<b>5:46.01</b>	<b>294</b>		
	50m:	38.93	38.93	150m:	2:06.29	43.87	250m:	3:34.49	43.97	350m:	5:03.30	44.78
	100m:	1:22.42	43.49	200m:	2:50.52	44.23	300m:	4:18.52	44.03	400m:	5:46.01	42.71
	<b>HMIDDOUCH, Soraya</b>			<b>12</b>	<b>Pointe-Claire Swim Club</b>				<b>5:47.77</b>	<b>290</b>		
	50m:	40.44	40.44	150m:	2:08.23	44.07	250m:	3:37.23	43.93	350m:	5:05.32	44.10
	100m:	1:24.16	43.72	200m:	2:53.30	45.07	300m:	4:21.22	43.99	400m:	5:47.77	42.45
	<b>GUBET, Juliana</b>			<b>12</b>	<b>Club de Natation des Riverains</b>				<b>5:48.82</b>	<b>287</b>		
	50m:			150m:			250m:	3:40.53	1:04.65	350m:	5:09.15	43.55
	100m:			200m:	2:35.88		300m:	4:25.60	45.07	400m:	5:48.82	39.67
	<b>BAI, Ziqi</b>			<b>12</b>	<b>Club de Natation SAMAK</b>				<b>5:49.69</b>	<b>285</b>		
	50m:	41.43	41.43	150m:	2:10.64	44.64	250m:	3:39.26	44.27	350m:	5:07.64	44.04
	100m:	1:26.00	44.57	200m:	2:54.99	44.35	300m:	4:23.60	44.34	400m:	5:49.69	42.05
	<b>BROWNRIGG, Zoé</b>			<b>12</b>	<b>Club de Natation des Riverains</b>				<b>5:52.55</b>	<b>278</b>		
	50m:	39.27	39.27	150m:	2:09.29	45.57	250m:	3:41.39	46.01	350m:	5:10.48	44.96
	100m:	1:23.72	44.45	200m:	2:55.38	46.09	300m:	4:25.52	44.13	400m:	5:52.55	42.07
	<b>ROY, Mila</b>			<b>10</b>	<b>Club de natation région de Qué</b>				<b>5:54.06</b>	<b>275</b>		
	50m:	40.59	40.59	150m:	2:10.94	45.55	250m:	3:41.83	45.17	350m:	5:11.16	44.56
	100m:	1:25.39	44.80	200m:	2:56.66	45.72	300m:	4:26.60	44.77	400m:	5:54.06	42.90
	<b>SYLVESTRE-ROBILLARD, Alison</b>			<b>12</b>	<b>Neptune Natation</b>				<b>5:54.67</b>	<b>273</b>		
	50m:	39.46	39.46	150m:	2:11.18	46.36	250m:	3:42.32	45.69	350m:	5:12.93	44.47
	100m:	1:24.82	45.36	200m:	2:56.63	45.45	300m:	4:28.46	46.14	400m:	5:54.67	41.74

Epreuve 1, Filles, 400m Libre, 13 ans et moins

Rang				Age					Temps	Pts		
	<b>COSSETTE, Jade</b>			<b>12</b>	<b>Neptune Natation</b>				<b>5:58.43</b>	<b>265</b>		
	50m:	39.19	39.19	150m:	2:10.77	46.69	250m:	3:44.13	46.19	350m:	5:15.84	46.38
	100m:	1:24.08	44.89	200m:	2:57.94	47.17	300m:	4:29.46	45.33	400m:	5:58.43	42.59
	<b>LEPORÉ, Marylou</b>			<b>12</b>	<b>Neptune Natation</b>				<b>5:59.02</b>	<b>263</b>		
	50m:	40.75	40.75	150m:	2:10.54	45.61	250m:	3:40.84	44.77	350m:	5:13.62	45.93
	100m:	1:24.93	44.18	200m:	2:56.07	45.53	300m:	4:27.69	46.85	400m:	5:59.02	45.40
	<b>HAMEL, Maïka</b>			<b>12</b>	<b>Club aquatique Montréal</b>				<b>6:01.03</b>	<b>259</b>		
	50m:	42.40	42.40	150m:	2:14.97	46.05	250m:	3:47.39	45.92	350m:	5:17.01	44.58
	100m:	1:28.92	46.52	200m:	3:01.47	46.50	300m:	4:32.43	45.04	400m:	6:01.03	44.02
disq.	<b>ROUX, Samantha</b>			<b>12</b>	<b>Club Natation Mustang Boucherv</b>							
	50m:	36.48	36.48	150m:	1:59.93	42.84	250m:			350m:		
	100m:	1:17.09	40.61	200m:	3:34.54	1:34.61	300m:			400m:		

14 - 15 ans

Liste résultats provisoire

	<b>FORTIN, Alix</b>			<b>15</b>	<b>Neptune Natation</b>				<b>4:47.29</b>	<b>514</b>		
	50m:	32.34	32.34	150m:	1:43.73	36.21	250m:	2:57.55	36.98	350m:	4:11.58	36.94
	100m:	1:07.52	35.18	200m:	2:20.57	36.84	300m:	3:34.64	37.09	400m:	4:47.29	35.71
	<b>VAN LOON, Adele</b>			<b>14</b>	<b>Pointe-Claire Swim Club</b>				<b>4:48.83</b>	<b>506</b>		
	50m:	32.72	32.72	150m:	1:45.02	36.61	250m:	2:58.54	36.87	350m:	4:12.85	37.29
	100m:	1:08.41	35.69	200m:	2:21.67	36.65	300m:	3:35.56	37.02	400m:	4:48.83	35.98
	<b>THÉORÉT, Alycia</b>			<b>14</b>	<b>Club Natation Mustang Boucherv</b>				<b>4:49.76</b>	<b>501</b>		
	50m:	33.55	33.55	150m:	1:46.57	36.47	250m:	2:59.92	36.67	350m:	4:13.76	37.12
	100m:	1:10.10	36.55	200m:	2:23.25	36.68	300m:	3:36.64	36.72	400m:	4:49.76	36.00
	<b>BRENNAN, Savannah</b>			<b>14</b>	<b>Pointe-Claire Swim Club</b>				<b>4:51.31</b>	<b>493</b>		
	50m:	33.43	33.43	150m:	1:47.33	37.10	250m:	3:01.66	37.10	350m:	4:15.90	36.87
	100m:	1:10.23	36.80	200m:	2:24.56	37.23	300m:	3:39.03	37.37	400m:	4:51.31	35.41
	<b>DÉSILETS, Léanne</b>			<b>14</b>	<b>Neptune Natation</b>				<b>4:51.68</b>	<b>491</b>		
	50m:	32.31	32.31	150m:	1:45.09	36.98	250m:	3:00.11	37.62	350m:	4:15.58	37.76
	100m:	1:08.11	35.80	200m:	2:22.49	37.40	300m:	3:37.82	37.71	400m:	4:51.68	36.10
	<b>MUSSELY, Olivia</b>			<b>14</b>	<b>Club aquatique Montréal</b>				<b>4:52.15</b>	<b>489</b>		
	50m:	32.08	32.08	150m:	1:45.27	37.47	250m:	3:00.37	37.64	350m:	4:15.21	37.55
	100m:	1:07.80	35.72	200m:	2:22.73	37.46	300m:	3:37.66	37.29	400m:	4:52.15	36.94
	<b>MARTEL, Émy</b>			<b>14</b>	<b>Neptune Natation</b>				<b>4:55.19</b>	<b>474</b>		
	50m:	32.85	32.85	150m:	1:47.20	37.49	250m:	3:02.23	37.78	350m:	4:18.60	38.46
	100m:	1:09.71	36.86	200m:	2:24.45	37.25	300m:	3:40.14	37.91	400m:	4:55.19	36.59
	<b>LEMIEUX, Élodie</b>			<b>15</b>	<b>Club de Natation des Riverains</b>				<b>4:56.60</b>	<b>467</b>		
	50m:	32.23	32.23	150m:	1:46.67	37.51	250m:	3:03.38	38.36	350m:	4:20.12	38.23
	100m:	1:09.16	36.93	200m:	2:25.02	38.35	300m:	3:41.89	38.51	400m:	4:56.60	36.48
	<b>MAGHRAOUI, Rimess</b>			<b>15</b>	<b>Club aquatique Montréal</b>				<b>4:57.15</b>	<b>465</b>		
	50m:	32.43	32.43	150m:	1:44.99	36.68	250m:	3:01.47	39.12	350m:	4:19.48	38.74
	100m:	1:08.31	35.88	200m:	2:22.35	37.36	300m:	3:40.74	39.27	400m:	4:57.15	37.67
	<b>STIVALETTA, Valentina</b>			<b>15</b>	<b>Neptune Natation</b>				<b>4:57.24</b>	<b>464</b>		
	50m:	33.01	33.01	150m:	1:47.41	37.58	250m:	3:03.69	38.32	350m:	4:20.67	37.98
	100m:	1:09.83	36.82	200m:	2:25.37	37.96	300m:	3:42.69	39.00	400m:	4:57.24	36.57
	<b>CORTEZ, Grace</b>			<b>14</b>	<b>Club aquatique Montréal</b>				<b>4:59.01</b>	<b>456</b>		
	50m:	33.38	33.38	150m:	1:48.13	38.04	250m:	3:04.99	38.67	350m:	4:21.76	38.30
	100m:	1:10.09	36.71	200m:	2:26.32	38.19	300m:	3:43.46	38.47	400m:	4:59.01	37.25
	<b>PERTH, Kiliana</b>			<b>14</b>	<b>Neptune Natation</b>				<b>5:02.43</b>	<b>441</b>		
	50m:	32.34	32.34	150m:	1:47.26	38.26	250m:	3:05.41	38.85	350m:	4:24.24	39.38
	100m:	1:09.00	36.66	200m:	2:26.56	39.30	300m:	3:44.86	39.45	400m:	5:02.43	38.19

Epreuve 1, Filles, 400m Libre, 14 - 15 ans

Rang					Age					Temps	Pts	
	<b>CHOUINARD, Maélie</b>				14	<b>Club de Natation des Riverains</b>				<b>5:03.29</b>	437	
	50m:	33.72	33.72	150m:	1:49.20	38.19	250m:	3:07.11	38.86	350m:	4:25.73	39.24
	100m:	1:11.01	37.29	200m:	2:28.25	39.05	300m:	3:46.49	39.38	400m:	5:03.29	37.56
	<b>MARK, Avery</b>				15	<b>Pointe-Claire Swim Club</b>				<b>5:03.76</b>	435	
	50m:	33.91	33.91	150m:	1:49.99	37.99	250m:	3:07.30	39.10	350m:	4:25.89	39.40
	100m:	1:12.00	38.09	200m:	2:28.20	38.21	300m:	3:46.49	39.19	400m:	5:03.76	37.87
	<b>HENRIQUES DE SOUZA, Alice Ma</b>				14	<b>Pointe-Claire Swim Club</b>				<b>5:06.95</b>	422	
	50m:	33.96	33.96	150m:	1:50.85	38.96	250m:	3:09.01	39.04	350m:	4:27.79	39.40
	100m:	1:11.89	37.93	200m:	2:29.97	39.12	300m:	3:48.39	39.38	400m:	5:06.95	39.16
	<b>SIMARD, Mariane</b>				14	<b>Club de natation région de Qué</b>				<b>5:09.67</b>	411	
	50m:	33.99	33.99	150m:	1:51.16	39.12	250m:	3:09.97	38.50	350m:	4:30.59	40.53
	100m:	1:12.04	38.05	200m:	2:31.47	40.31	300m:	3:50.06	40.09	400m:	5:09.67	39.08
	<b>ZHANG, Ruoxi</b>				14	<b>Pointe-Claire Swim Club</b>				<b>5:11.12</b>	405	
	50m:	34.93	34.93	150m:	1:54.04	40.14	250m:	3:13.11	39.12	350m:	4:32.96	39.72
	100m:	1:13.90	38.97	200m:	2:33.99	39.95	300m:	3:53.24	40.13	400m:	5:11.12	38.16
	<b>ROUSSEL, Annabelle</b>				14	<b>Club Natation Mustang Boucherv</b>				<b>5:11.35</b>	404	
	50m:	34.78	34.78	150m:	1:53.50	39.30	250m:	3:13.19	39.92	350m:	4:32.24	39.80
	100m:	1:14.20	39.42	200m:	2:33.27	39.77	300m:	3:52.44	39.25	400m:	5:11.35	39.11
	<b>COURTEMANCHE, Marion</b>				14	<b>Neptune Natation</b>				<b>5:16.49</b>	385	
	50m:	35.52	35.52	150m:	1:54.71	40.15	250m:	3:15.97	40.40	350m:	4:37.81	41.11
	100m:	1:14.56	39.04	200m:	2:35.57	40.86	300m:	3:56.70	40.73	400m:	5:16.49	38.68
	<b>BEN AISSIA, Acil</b>				14	<b>Club de natation région de Qué</b>				<b>5:17.53</b>	381	
	50m:	34.35	34.35	150m:	1:52.17	39.30	250m:	3:14.58	41.48	350m:	4:38.35	42.35
	100m:	1:12.87	38.52	200m:	2:33.10	40.93	300m:	3:56.00	41.42	400m:	5:17.53	39.18
	<b>LENET, Cadence</b>				14	<b>Pointe-Claire Swim Club</b>				<b>5:17.64</b>	380	
	50m:	35.86	35.86	150m:	1:55.55	40.04	250m:	3:16.84	40.63	350m:	4:38.29	40.55
	100m:	1:15.51	39.65	200m:	2:36.21	40.66	300m:	3:57.74	40.90	400m:	5:17.64	39.35
	<b>DUPRÉ, Laurie</b>				14	<b>Neptune Natation</b>				<b>5:18.60</b>	377	
	50m:	34.60	34.60	150m:	1:54.55	40.61	250m:	3:16.65	41.20	350m:	4:38.16	40.71
	100m:	1:13.94	39.34	200m:	2:35.45	40.90	300m:	3:57.45	40.80	400m:	5:18.60	40.44
	<b>BELANGER, Laurence</b>				14	<b>Club aquatique Montréal</b>				<b>5:22.19</b>	364	
	50m:	36.06	36.06	150m:	1:56.95	40.97	250m:	3:19.37	41.08	350m:	4:42.21	41.49
	100m:	1:15.98	39.92	200m:	2:38.29	41.34	300m:	4:00.72	41.35	400m:	5:22.19	39.98
	<b>SMITH, Raphaëlle</b>				15	<b>Club de Natation des Riverains</b>				<b>5:23.34</b>	361	
	50m:	35.62	35.62	150m:	1:57.64	41.32	250m:	3:20.43	41.67	350m:	4:43.21	41.15
	100m:	1:16.32	40.70	200m:	2:38.76	41.12	300m:	4:02.06	41.63	400m:	5:23.34	40.13
	<b>BÉLANGER, Eve-Sophie</b>				14	<b>Club de Natation des Riverains</b>				<b>5:23.61</b>	360	
	50m:	35.89	35.89	150m:	1:57.78	41.58	250m:	3:22.09	42.28	350m:	4:45.24	41.15
	100m:	1:16.20	40.31	200m:	2:39.81	42.03	300m:	4:04.09	42.00	400m:	5:23.61	38.37
	<b>NOLET, Charlie</b>				14	<b>Club de Natation des Riverains</b>				<b>5:27.90</b>	346	
	50m:	35.47	35.47	150m:	1:57.97	41.70	250m:	3:22.92	42.87	350m:	4:47.73	42.43
	100m:	1:16.27	40.80	200m:	2:40.05	42.08	300m:	4:05.30	42.38	400m:	5:27.90	40.17

16 - 17 ans

Liste résultats provisoire

	<b>FORTIN, Héloïse</b>				16	<b>Club de Natation des Riverains</b>				<b>4:52.08</b>	489	
	50m:	32.80	32.80	150m:	1:46.10	36.73	250m:	3:00.70	37.67	350m:	4:16.15	38.00
	100m:	1:09.37	36.57	200m:	2:23.03	36.93	300m:	3:38.15	37.45	400m:	4:52.08	35.93
	<b>CHOUINARD, Dalia</b>				16	<b>Club de Natation des Riverains</b>				<b>4:58.14</b>	460	
	50m:	34.42	34.42	150m:	1:50.39	38.23	250m:	3:06.57	38.03	350m:	4:22.41	38.01
	100m:	1:12.16	37.74	200m:	2:28.54	38.15	300m:	3:44.40	37.83	400m:	4:58.14	35.73



Epreuve 1, Filles, 400m Libre, 16 - 17 ans

Rang				Age					Temps	Pts		
	TAILLEUR, Jasmine			16	Neptune Natation				<b>5:04.59</b>	431		
	50m:	34.43	34.43	150m:	1:50.20	38.20	250m:	3:07.92	38.95	350m:	4:26.44	39.35
	100m:	1:12.00	37.57	200m:	2:28.97	38.77	300m:	3:47.09	39.17	400m:	5:04.59	38.15
	GALLANT, Annabelle			16	Club de Natation des Riverains				<b>5:11.74</b>	402		
	50m:	34.53	34.53	150m:	1:53.04	40.10	250m:	3:12.52	39.95	350m:	4:33.07	40.24
	100m:	1:12.94	38.41	200m:	2:32.57	39.53	300m:	3:52.83	40.31	400m:	5:11.74	38.67