

DEFI CALAC
LaSalle, 31-1- - 1-2-2026

Event 207
2026-01-31 - 17:18

Men, 400m Medley

11 years and older
Results

Points: AQUA 2025

| Rank | | | | Age | | | | | | Time | Pts | |
|---------------------------|-------------------------|---------|---------|-------|---------------------------|-------|-------|---------|---------|----------------|---------|-------|
| 11 - 12 years | | | | | | | | | | | | |
| 1. | HILL, Daniel | | | 12 | Natation Gatineau | | | | | 5:58.27 | 310 | |
| | 50m: | 38.32 | 38.32 | 150m: | 2:09.53 | 45.15 | 250m: | 3:44.73 | 52.34 | 350m: | 5:19.13 | 40.56 |
| | 100m: | 1:24.38 | 46.06 | 200m: | 2:52.39 | 42.86 | 300m: | 4:38.57 | 53.84 | 400m: | 5:58.27 | 39.14 |
| 2. | CHAN, Alvin | | | 11 | Calac | | | | | 7:01.30 | 190 | |
| | 50m: | 48.14 | 48.14 | 150m: | 2:41.43 | 55.67 | 250m: | 4:34.05 | 58.49 | 350m: | | |
| | 100m: | 1:45.76 | 57.62 | 200m: | 3:35.56 | 54.13 | 300m: | 5:32.88 | 58.83 | 400m: | 7:01.30 | |
| 3. | BARRETTE, Oliver | | | 11 | Calac | | | | | 7:03.67 | 187 | |
| | 50m: | | | 150m: | | | 250m: | 4:30.10 | 1:00.86 | 350m: | | |
| | 100m: | 1:46.22 | | 200m: | 3:29.24 | | 300m: | 5:30.67 | 1:00.57 | 400m: | 7:03.67 | |
| 4. | KHUDIK, Lukian | | | 11 | Calac | | | | | 7:43.09 | 143 | |
| | 50m: | 53.61 | 53.61 | 150m: | | | 250m: | 4:52.51 | 1:05.33 | 350m: | | |
| | 100m: | 1:56.92 | 1:03.31 | 200m: | 3:47.18 | | 300m: | 6:00.41 | 1:07.90 | 400m: | 7:43.09 | |
| 13 - 14 years | | | | | | | | | | | | |
| 1. | BIROLLEAU-SGARD, Sam | | | 13 | Natation Gatineau | | | | | 5:51.35 | 328 | |
| | 50m: | 35.75 | 35.75 | 150m: | 2:01.71 | 44.67 | 250m: | 3:38.47 | 51.10 | 350m: | 5:11.94 | 40.96 |
| | 100m: | 1:17.04 | 41.29 | 200m: | 2:47.37 | 45.66 | 300m: | 4:30.98 | 52.51 | 400m: | 5:51.35 | 39.41 |
| 2. | LE NEGARET, Come | | | 14 | Calac | | | | | 6:23.46 | 252 | |
| | 50m: | 43.56 | 43.56 | 150m: | 2:25.47 | 47.01 | 250m: | 4:04.74 | 51.04 | 350m: | 5:40.95 | 41.63 |
| | 100m: | 1:38.46 | 54.90 | 200m: | 3:13.70 | 48.23 | 300m: | 4:59.32 | 54.58 | 400m: | 6:23.46 | 42.51 |
| 15 years and older | | | | | | | | | | | | |
| 1. | NAULT, Xavier | | | 16 | Club Natation Bois Francs | | | | | 4:43.84 | 623 | |
| | 50m: | 28.90 | 28.90 | 150m: | 1:39.15 | 36.60 | 250m: | 2:58.89 | 42.87 | 350m: | 4:12.74 | 31.78 |
| | 100m: | 1:02.55 | 33.65 | 200m: | 2:16.02 | 36.87 | 300m: | 3:40.96 | 42.07 | 400m: | 4:43.84 | 31.10 |
| 2. | JONES, Emile-Olivier | | | 16 | Natation Gatineau | | | | | 4:47.01 | 603 | |
| | 50m: | 29.83 | 29.83 | 150m: | 1:41.61 | 38.46 | 250m: | 3:00.47 | 41.39 | 350m: | 4:16.15 | 33.05 |
| | 100m: | 1:03.15 | 33.32 | 200m: | 2:19.08 | 37.47 | 300m: | 3:43.10 | 42.63 | 400m: | 4:47.01 | 30.86 |
| 3. | BIROLLEAU-SGARD, Charly | | | 15 | Natation Gatineau | | | | | 4:55.18 | 554 | |
| | 50m: | 29.82 | 29.82 | 150m: | 1:42.42 | 37.82 | 250m: | 3:01.04 | 40.85 | 350m: | 4:18.54 | 34.80 |
| | 100m: | 1:04.60 | 34.78 | 200m: | 2:20.19 | 37.77 | 300m: | 3:43.74 | 42.70 | 400m: | 4:55.18 | 36.64 |
| 4. | LAVOIE, Xavier | | | 18 | Natation Gatineau | | | | | 5:12.18 | 468 | |
| | 50m: | 33.69 | 33.69 | 150m: | 1:51.86 | 42.07 | 250m: | 3:19.07 | 47.65 | 350m: | 4:38.67 | 34.52 |
| | 100m: | 1:09.79 | 36.10 | 200m: | 2:31.42 | 39.56 | 300m: | 4:04.15 | 45.08 | 400m: | 5:12.18 | 33.51 |
| 5. | BLAIS, Jerome | | | 17 | Club Natation Bois Francs | | | | | 5:18.56 | 441 | |
| | 50m: | 30.63 | 30.63 | 150m: | 1:51.97 | 44.52 | 250m: | 3:19.69 | 44.44 | 350m: | 4:42.40 | 37.34 |
| | 100m: | 1:07.45 | 36.82 | 200m: | 2:35.25 | 43.28 | 300m: | 4:05.06 | 45.37 | 400m: | 5:18.56 | 36.16 |