

DEFI CALAC
LaSalle, 31-1- - 1-2-2026

Event 14 200m Breaststroke 11 years and older
2026-02-01 - 15:30 Results

Points: AQUA 2025

| Rank | Age | | Time | Pts | 50m | 100m | 150m | 200m |
|----------------------------------|------|---------------------------|----------------|-----|-------|---------|---------|---------|
| 11 - 12 years, Girls | | | | | | | | |
| 1. | 12 | E.N. St Lambert | 3:00.59 | 441 | 42.09 | 46.35 | 45.62 | 46.53 |
| 2. | 12 | Natation Gatineau | 3:11.24 | 372 | 43.87 | 49.55 | 49.22 | 48.60 |
| 3. | 12 | Natation Gatineau | 3:12.05 | 367 | 45.13 | 48.69 | 49.67 | 48.56 |
| 4. | 12 | Natation Gatineau | 3:23.88 | 307 | 45.62 | 52.58 | 53.00 | 52.68 |
| 5. | 12 | Club Aquatique du Sud-Oue | 4:06.66 | 173 | | | 1:05.26 | 1:05.13 |
| 6. | 11 | Natation Gatineau | 4:11.37 | 163 | 57.93 | 1:05.04 | 1:03.58 | 1:04.82 |
| 11 - 12 years, Boys | | | | | | | | |
| 1. | 12 | Natation Gatineau | 3:16.82 | 259 | 43.11 | 50.64 | 52.37 | 50.70 |
| 2. | 11 | Natation Gatineau | 3:36.23 | 195 | 49.31 | 54.92 | 55.90 | 56.10 |
| 3. | 11 | Calac | 3:40.04 | 185 | 49.10 | 56.33 | 57.16 | 57.45 |
| 4. | 11 | Calac | 3:52.67 | 156 | 51.95 | 59.17 | 1:00.28 | 1:01.27 |
| 5. | 11 | Calac | 4:13.26 | 121 | 57.45 | 1:06.51 | 1:04.80 | 1:04.50 |
| 13 - 14 years, Girls | | | | | | | | |
| 1. | 14 | Natation Gatineau | 3:11.39 | 371 | | | | |
| 2. | 14 | Calac | 3:15.44 | 348 | 45.46 | 49.33 | 50.83 | 49.82 |
| 3. | 14Z. | Calac | 3:22.85 | 311 | 45.73 | 51.07 | 54.43 | 51.62 |
| 4. | 14 | Club Natation Bois Francs | 3:23.21 | 310 | 46.93 | 51.98 | 53.38 | 50.92 |
| 5. | 14 | Natation Gatineau | 3:31.53 | 274 | 49.20 | 53.98 | 54.67 | 53.68 |
| 6. | 13 | Natation Gatineau | 3:45.53 | 226 | | | | |
| 7. | 14 | Dorval Swim Club | 3:55.40 | 199 | 52.06 | 1:00.23 | 1:02.11 | 1:01.00 |
| 8. | 13 | Calac | 3:55.44 | 199 | 53.79 | 59.29 | 1:01.07 | 1:01.29 |
| 13 - 14 years, Boys | | | | | | | | |
| 1. | 14 | Natation Gatineau | 2:44.38 | 444 | 37.67 | 42.38 | 42.41 | 41.92 |
| 2. | 13 | Natation Gatineau | 2:51.95 | 388 | 39.59 | 43.37 | 45.03 | 43.96 |
| 3. | 13 | E.N. St Lambert | 3:05.61 | 308 | 43.73 | 47.95 | 47.98 | 45.95 |
| 4. | 14 | Dorval Swim Club | 3:07.60 | 299 | 42.40 | 48.05 | 48.63 | 48.52 |
| 5. | 14 | Dorval Swim Club | 3:09.81 | 288 | 44.06 | | | 47.65 |
| 6. | 13 | E.N. St Lambert | 3:21.72 | 240 | 44.39 | 51.16 | 53.69 | 52.48 |
| 7. | 14 | Natation Gatineau | 3:35.66 | 196 | | | | |
| 15 years and older, Women | | | | | | | | |
| 1. | 17 | Natation Gatineau | 2:52.46 | 507 | 40.31 | 43.75 | 43.97 | 44.43 |
| 2. | 15 | Club Natation Bois Francs | 2:54.33 | 491 | | | | |
| 3. | 16 | Club Natation Bois Francs | 3:05.54 | 407 | 41.57 | 47.69 | 47.60 | 48.68 |
| 4. | 18 | Calac | 3:09.95 | 379 | 43.09 | 48.81 | 49.81 | 48.24 |
| 5. | 15 | Natation Gatineau | 3:21.51 | 318 | 45.29 | 51.58 | 52.24 | 52.40 |
| 6. | 15 | Calac | 3:42.24 | 237 | 51.41 | 56.02 | | |

DEFI CALAC
LaSalle, 31-1- - 1-2-2026

Event 14, 200m Breaststroke

15 years and older, Men

| | | | | | | | | | |
|-----|------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | JONES, Emile-Olivier | 16 | Natation Gatineau | 2:38.14 | 499 | 35.47 | 40.91 | 40.83 | 40.93 |
| 2. | BLAIS, Jerome | 17 | Club Natation Bois Francs | 2:38.71 | 494 | 35.11 | 40.95 | 42.44 | 40.21 |
| 3. | ISSAKOV, Eitan | 17 | E.N. St Lambert | 2:40.52 | 477 | | | | |
| 4. | JUBINVILLE, Laurier | 15 | E.N. St Lambert | 2:44.61 | 442 | 37.49 | 41.14 | 42.10 | 43.88 |
| 5. | WANG, Yannick Immanuel | 15 | Dorval Swim Club | 2:49.50 | 405 | 38.88 | 43.57 | 44.61 | 42.44 |
| 6. | BIROLLEAU-SGARD, Charl | 15 | Natation Gatineau | 2:53.30 | 379 | 37.41 | 43.94 | 45.70 | 46.25 |
| 7. | LEVESQUE, Samuel | 27 | E.N. St Lambert | 3:02.84 | 323 | 40.82 | 45.85 | 48.92 | 47.25 |
| 8. | HRISTOV, Adrian | 17 | Dorval Swim Club | 3:07.91 | 297 | 41.69 | 47.87 | 49.76 | 48.59 |
| 9. | MGAIDI, Chadi | 15 | Calac | 3:09.47 | 290 | 44.14 | 49.81 | 48.41 | 47.11 |
| 10. | STARNINO, Alexander | 16 | Dorval Swim Club | 3:11.55 | 281 | 44.01 | 49.14 | 50.39 | 48.01 |